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Grand Opera House Celebrates 125 Years of Entertaining Dubuque

by Frank McClain, Executive and Artistic Director
The Grand Opera House

Interior of the theatre after renovations
Photo by Ronald W. Tigges

August 14th marks a milestone for the Grand Opera House in Dubuque. 125 years ago to the day the Grand first opened its doors to the public. From the Sunday, August 10th edition of the Dubuque Herald:

> *The new opera house is to be opened Thursday evening with a fine performance by the Hess Opera Company. The opening of this fine new building should mark and era in Dubuque. It is by far the finest and largest edifice of its character ever erected in the city, and it is not excelled in the state.*

The article goes on to state:

> *The formal opening of such an edifice should be celebrated in an unusual and striking manner, worthy of such an occasion. It should be made an event in the history of the city.*

The production was of George Bizet's *Carmen*, and a crowd of over 800 turned out and paid a whopping $5.00 each to see the cast of 65 performers plus orchestra.

For the next 28 years the Grand hosted the greatest entertainers of the era including: Al Jolson, Jack Benny, George M. Cohan, Will Roger, Sarah Bernhardt, Ethel Barrymore, John Phillip Sousa, Lillian Russell and in 1923, a young Henry Fonda played Hamlet on the Grand stage.

The popularity of movies grew and in 1928 a major renovation converted the Opera House to the Grand Theatre. For the next 58 years the Grand hosted motion pictures during the Golden Age of Hollywood. In the mid 80s modern Cineplex theaters began to dominate the market and in 1985 the Grand Theater closed but did not remained vacant but not for long. Under the leadership of local theatre icon Sue Riedel a visionary group of civic leaders raised funding to buy the theater and renovations began. August 14, 1986, 96 years after the original opening night, the Grand Opera House reopened and once again became a home for live theatre. With community theatre as its primary mission for the past 29 years the Grand Opera House once again entertaining Dubuque with live theatre, dance and a variety of traveling shows.

The Grand's most recent production Spamalot. The shot features Matthew Carpenter as Patsy (on floor) and Samuel Compton as King Arthur. Photo by Ronald W. Tigges.

Please join the Grand at a very special one night only special performance celebrating 125 years of entertainment on Saturday, August 15th at 7:30 p.m. For more information and to reserve tickets visit the Grand website, ***www.thegrandoperahouse.com*** or call the box office **563-588-1305**.

University of Dubuque Presents 2015-2016 *Live at Heritage Center* Performing Arts Series

by Kristi Lynch

Recycled Percussion – performing October 1, 7:30 p.m.

University of Dubuque announces its 2015-2016 *Live at Heritage Center* Performing Arts Series. The season boasts 14 professional guest artist performances selected from today's national touring circuit, plus the University's signature *Christmas at Heritage Center* presentation. All performances occur in Heritage Center's premier venue, John and Alice Butler Hall.

The 8-event *CenterStage Series* package offers the best value including a host of subscriber benefits including priority seating, ticket discounts, reduced fees, free admission to *Christmas at Heritage Center*, and advance purchasing privileges on additional events. Summer Farber Box Office hours are 11:00 a.m. to 1:30 p.m.

Heritage Center Cont. P. 19

Alzheimer's Fight Goes Presidential

by Cindy Kohlman, Marketing Coordinator Sunset Park Place

(L-R Cindy Kohlman, Presidential Candidate Rand Paul, Alexandra Barton, Program Coordinator Dubuque Alzheimer's Association at Dubuque stop)

You can make a difference in the fight against Alzheimer's disease! Whether it's being a part of the annual walk or participating in one of many activities for Alzheimer's, all are important. Getting involved with the Alzheimer's Association has given me an opportunity to be a part of their new Iowa Caucus Project. The Alzheimer's Association is trying something new this election cycle with this project – to raise awareness of the disease and the funding levels for research with presidential candidates. This

Alzheimer's Fight Cont. P. 10

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Guide To Warm Weather Comfort And Safety

(NAPS)—Warm weather means not just an increase in outdoor activities but emergency room visits as well. By taking a few steps to prepare, you can protect yourself and your family for more fun in the sun.

Dr. Jamison Satterfield, a pediatrician for over 25 years, advises pulling together a bag to bring on your outings to help avoid unnecessary hospital visits. Essential items that should not be overlooked or underestimated include:

First Aid Kit: If left untreated, cuts and scrapes can get infected. Always keep on hand a topical sterilizer—tube of Neosporin—for a quick cleanup. Adhesive bandages, gauze, medical tape, alcohol wipes and an ice pack may also come in handy. Check your kit regularly to replace used items and remove expired products.

Sunblock: The rate of deadly melanoma skin cancer has almost tripled in the last 35 years despite all the warnings. Dr. Satterfield recommends broad-spectrum sunscreens with an SPF of 30 or higher. Water-resistant sunscreens can be less effective so it's best to avoid them unless you're going swimming. In addition, sunscreen containing insect repellent has its SPF cut by more than 30 percent. "When it comes to sunscreen, apply more and do it more often," added Dr. Satterfield. Sunscreen should be applied 30 minutes prior to sun exposure and reapplied generously every two hours.

Protect your family from sunburn, bug bites and infection this summer.

Over time, sunscreens lose effectiveness, changing in color or texture. At the expiration date or yearly, sunscreen should be discarded. Also note, over-the-counter pain relief medications and antihistamines decrease the efficacy of sunscreen. So do some prescription drugs including antibiotics as well as many acne treatments containing benzoyl peroxide.

Mosquito Repellent: Chances of contracting mosquito-borne illnesses are on the rise, especially for children and the elderly. A study by The New England Journal of Medicine found that bath oil, which some people use as a repellent, protects for less than 10 minutes. Other natural repellents such as eucalyptus

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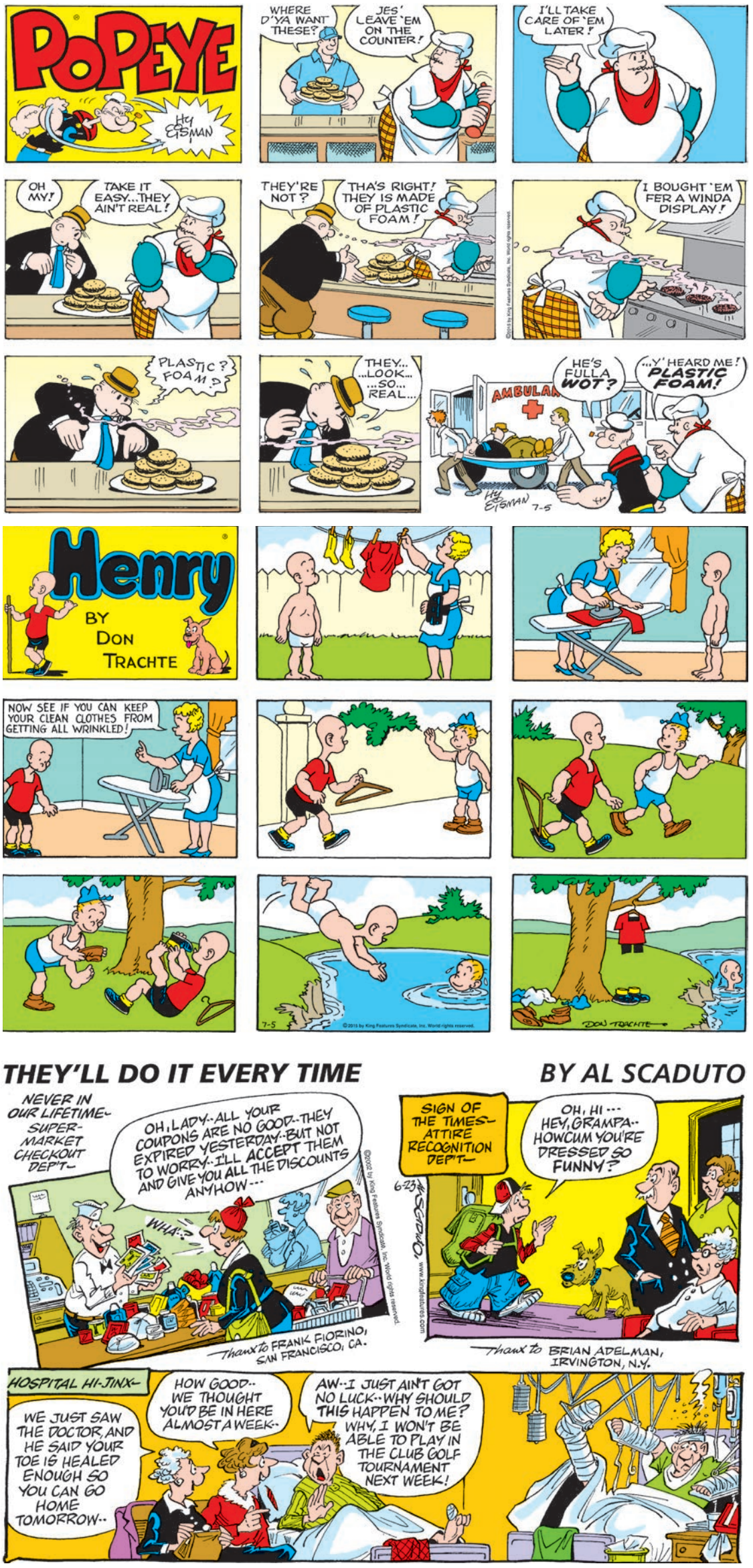
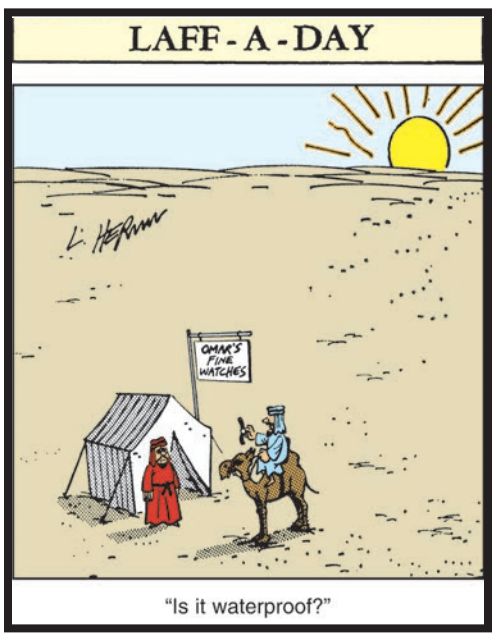


"Did you stop by France for some bread like I told you?"



"Is it waterproof?"

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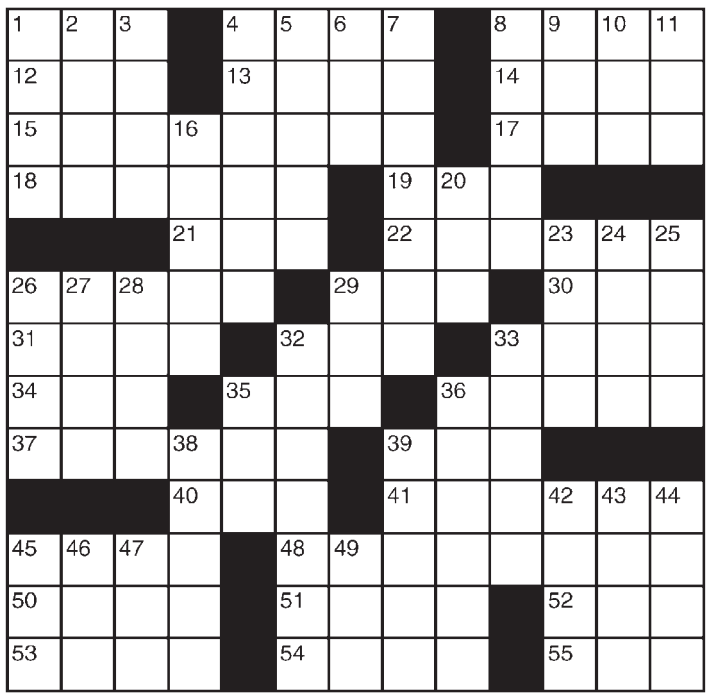

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Crossword Answers on p. 32

Laugh A Lot

My mother cast one of her students as the innkeeper for the Christmas pageant. All the third grader had to do was tell Joseph, "There is no room at the inn."

But during the performance—after Joseph begged for a room for his pregnant wife—the boy didn't have the heart to turn him down.

"Well," he said, "if it's so urgent, come on in."

I arrived home from work to find all the windows and doors wide open. Apparently our puppy had had an accident.

"Yeah, it really stank," my daughter told me. "In fact, when we first walked in, I thought you had come home early and were cooking dinner."

Our 25-year-old son moved back home with an eye toward socking away money to buy a condo. We never bothered asking how long he'd planned to stay, but I got a pretty good idea when I walked into his room recently. In the corner was a milk jug with a few coins in it and a label that read "Condo down payment."

My wife is a by-the-recipe baker. But that attention to detail still hasn't made her chocolate chip cookies taste any better. One day, after the cookies had been in the oven a while, I smelled a familiar odor. "They're burning," I shouted.

"I know," she said nonchalantly.

"Aren't you going to take them out?"

"No. They still have six minutes."

I was not thrilled with the idea of letting my clueless 13-year-old son babysit his younger sisters, even though he begged me to.

"What about a fire?" I asked, referring to my No. 1 concern.

"Mom," he said, rolling his eyes, "I'm a Boy Scout. I know how to start a fire."

Brevity is next to confusion in the insurance business. When a client died, her daughter told our agency that she would cancel the home policy the following week, once her mother's belongings were removed. Simple, right? Here's the note that was placed in the client's file: "Deceased will call next week to cancel moving her things out."

Humor is reason gone mad.
—Groucho Marx

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Fibromyalgia Is Real Disease

DEAR DR. ROACH: I am a 56-year-old female. I recently have been having terrible pain in my joints. It is so bad at night that I can't sleep. Mainly the pain is in my neck, ribs, elbows, knees and wrists. My finger joints have hurt for years. I recently went to a rheumatologist because I had an elevated rheumatoid factor (it wasn't extremely high). I was told I have arthritis and a high risk for rheumatoid arthritis. I was then diagnosed with fibromyalgia. I was shocked and embarrassed! I had always thought that fibro was not a real disease. I feel bad and tired almost every day, and I am so sick of it! — S.S.

ANSWER: Some of my colleagues still doubt it, but I think that fibromyalgia certainly is a real disease. There is no doubt that there are a large number of people with chronic pain in the muscles and soft tissues who meet the diagnostic tests for fibromyalgia, which are all based on history and exam — there's no blood test or X-ray for fibromyalgia, but that doesn't mean it isn't real. The current thinking is that fibromyalgia is due to alterations in the perception of pain by the central nervous system.

The most common symptom is aching in the body, usually in the muscles and joints. Although there are specific commonly tender spots that clinicians look for on exam, the diagnosis of fibromyalgia can be made without them. Fatigue and poor-quality sleep also are nearly universal in fibromyalgia.

Depression is highly prevalent in people with fibromyalgia, and in my opinion, the depression is more likely caused by the chronic pain and fatigue than the other way around.

Before making the diagnosis of fibromyalgia, your rheumatologist had to exclude other possible causes, such as rheumatoid arthritis, restless leg syndrome and thyroid disease. This isn't always easy or straightforward, and requires experience.

My opinion is that it is better to have a diagnosis of fibromyalgia because, even though fibromyalgia isn't completely understood, it is a starting point for understanding and treating chronic pain.

Tricyclic antidepressants are the most common initial treatment of fibromyalgia, because they affect the way pain is processed. They are usually started at far, far below the effective dose for depression.

Feeling a sense of control over the pain, continuing to work and exercising more are all associated with a better outcome in fibromyalgia.

DEAR DR. ROACH: My brother-in-law was prescribed warfarin several years ago after a stroke. He claimed that it was made from rat poison and refused to take it. Is it, in fact, made from rat poison? — D.K.

ANSWER: Yes, warfarin (Coumadin) was used as rat poison. Some rat poisons are still relatives of warfarin.

However, that doesn't mean he shouldn't take it. The difference between a medicine and a poison is often one of dosing. Warfarin is reasonably safe when used correctly, and it can significantly reduce the risk of a second stroke. There are also some newer options, such as Pradaxa and Xarelto. Your brother should reconsider the risks and benefits.

Dr. Roach regrets that he is unable to answer individual letters, but will incorporate them in the column whenever possible. Readers may email questions to ***ToYourGoodHealth@med.cornell.edu.*** *To view and order health pamphlets, visit* ***www.rbmamall.com****, or write to Pamphlets, 628 Virginia Drive, Orlando, FL 32803.*

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Strange But True

By Samantha Weaver

• It was 19th-century French journalist, preacher and political activist Jean-Baptiste Henri-Dominique Lacordaire who made the following sage observation: "Neither genius, fame nor love show the greatness of the soul. Only kindness can do that."

• Walt Disney wanted at first to use the name "Mickey Mouse Park" for what we now know as Disney World.

Strange But True Cont. P. 17

An Uplifting Moment

Rev. David J. Claassen

Visit me on the internet!

www.daveclaassen.com

Grasping God's Grace

You're driving along, minding your own business, when suddenly flashing red and blue lights appear in your rear view mirror! A cop is pulling you over! You roll down your window as the officer saunters up, stoops down to get a look at you, and informs you how you broke the law. Have you ever been extended grace by a police officer? I have; he just gave me a warning and let me go on my way. I felt great! Grace feels great!

It's great to be shown grace by the powers that be. So what's it like to receive grace from God, the greatest power that is? It feels great!

God is in the grace-dispensing business! He wants to extend us His grace in the face of all that's wrong with us. We just have to want Him to apply His grace to us.

This action of turning to God and His grace is called repentance in the Bible. I like the way J. I. Packer explained repentance: "Repentance is turning from all that you know of sin, with all that you know of yourself, to all that you know of God."

God is a God of grace; He's full of grace. When we grasp His grace, we feel great!

"For it is by grace you have been saved, through faith - and this is not from yourselves, it is the gift of God." Ephesians 2:8

DID YOU KNOW?

by Rose Wickler

KNIPPEL'S Religious Gifts & Supplies

The Assumption of Mary, the mother of Jesus, celebrated on August 15, is the oldest feast day of Our Lady. Originally celebrated in Palestine, it spread to Rome in the seventh century. It is believed that her body and soul were taken into heaven surrounded by cherubs and saints. Anglicans view it as a day honoring Mary, The Episcopal Church as a holy day, the Church of England as a festival, Anglo-Catholics as her feast day, Lutherans as a Lesser Feast, and Catholics as Mary's heavenly birthday. Pope Pius XII proclaimed Mary's Assumption a dogma in 1950. In some countries religious parades, festivals, and grape blessings are held in honor of it.

BIBLE TRIVIA

by Wilson Casey

1. Is the book of 3 Chronicles in the Old or New Testament or neither?
2. Job and which other Old Testament book mention the constellation of Orion? *Psalms, Isaiah, Daniel, Amos*
3. What prophet took a wife of whoredom named Gomer? *Hosea, Jonah, Amos, Micah*
4. From Judges 14, what did Samson eat from the carcass of a lion? *Manna, Honey, Berries, Figs*
5. What sin against the Holy Spirit results in eternal guilt? *Blasphemy, Adultery, Murder, Non-tithing*
6. Who was the father of Joshua? *Abraham, Aaron, Nun, Moses*

ANSWERS

1) Neither; 2) Amos; 3) Hosea; 4) Honey; 5) Blasphemy; 6) Nun

Comments? More Trivia? Visit ***www.TriviaGuy.com***

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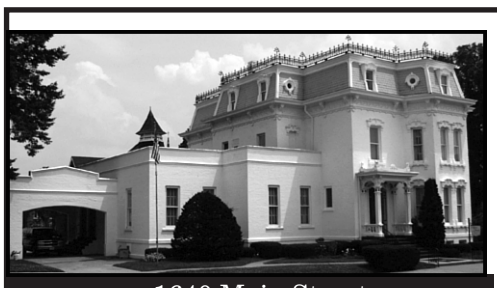

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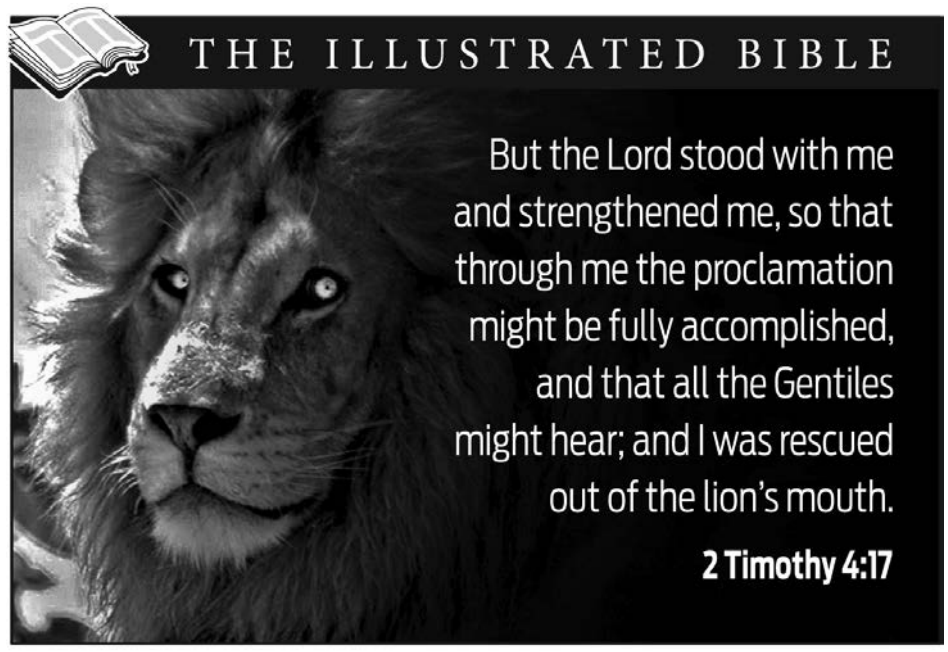

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Are You Part of a Grandparent's Day Celebration? September 13, 2015

Many people honor their grandparents through a range of activities such as gift-giving, and card-giving. Grandchildren invite their grandparents to school for a day where they participate in special lessons or assembly programs. Some school students take part in story-telling activities that relate to their grandparents, as well as art or poster competitions where children often use a story about their grandparents in their artwork. A friend's niece, Jenny as a school project, she interviewed her grandfather about his time during the Korean War/Conflict.

"About four million greeting cards are sent within the United States each year on National Grandparents Day", says Susan Taylor, Human Sciences Specialist, Family Life, Iowa State University Extension and Outreach. This day is an opportunity for people to appreciate and express their love to their grandparents through kind actions such as making a phone call or inviting their grandparents for dinner. People living in retirement villages or nursing homes may receive a visit from their grandchildren or loved ones on this day.

National Grandparents Day is an observance and not a public holiday in the United States. It

Susan Taylor cont. P. 13

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Come Chat With Me

by S. E. Persinger

Greetings! I'm seated upon my fold-down chair in my home office. I've just cleaned off the keys of my computer. I have a cat that likes to jump up on the desk and play with anything she might fish out of the many containers I have to hold pencils, erasers, paper clips, and usually a plate with cookie crumbs on it. A naughty kitty!

And now, the topic of the day. I would like to share some thoughts that were stimulated by the recent interest in the pharaoh, Tutankhamun. I say recently because several magazines I have read included a renewed interest in the historical subject of King Tut and how he might have died, where he was buried, and of the many artifacts buried with him.

To peak my interest on this subject, I went to my computer and printed out a picture of the death mask of King Tutankhamun. The image of this Egyptian pharaoh masked in gold and colored glass of precious stones, is breathing-taking. Oh, by the way, if this topic bores you, just move onto another article in *The Golden View*.

But, I like to read things about tombs and what was buried with deceased royals. Can you imagine going to a garage sale at a pyramid? (HA! HA!) All joking aside, Tutankhamun, the boy king, is well-known today because his tomb contained so many extraordinary treasures, although no women were buried with men. They were buried in the Valley of the Queens.

In the Valley of the Kings in 1922, thirty-four tombs were discovered on this site. The British archeologists Howard Carter and Lord Carnarvon, discovered King Tutankhamun's and there were about 5000 items buried with the King. Most of the items were intact and are now housed at the Egyptian Museum, in Cairo, Egypt. And even though the boy king's tomb was considered only a minor discovery. It is still a main attraction to the public.

As a child, dead bones on display at a museum caused me a fright. So, any comment concerning the unveiling of dead bodies is left out of this article. I am interested in history, antiques, and unusual pottery. These things tell of past cultures and how the people actually lived their daily lives.

Isn't it ironic to know that when our past is dug up, everything about us will be recorded and filed on computers or some other technology will be created to reveal who we were and how we lived? If the space program keeps developing, we'll probably be living in space or somewhere else out in the galaxy!

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VETERANS ★ POST ★

by Freddy Groves

The Risk of Delays in Fiduciary Exams

The intent of the Department of Veterans Affairs' fiduciary program is to help manage the benefits of veterans who can't handle their own money due to age, injury or disease.

An audit of the program was conducted to determine whether the field examinations were happening according to schedule: the first examination to assess the competency of the veteran, and the second to reassess the veteran's ability to manage finances.

Bottom line: In 2013, approximate 42 percent (45,500) of examinations were late. In the first nine months of 2014, that went up 15 percent.

The reason, the audit concluded, was that staff levels didn't keep up with the expansion of the program. The target was one examiner for every 325 veterans. The real numbers came in at one examiner for every 379 veterans. That left $848 million in estate values and benefits floating in the wind without oversight.

Exam times were delayed for months and even years. The first exam is to be completed in 45 days, but some were up to three years late. The second exam should be scheduled within 120 days, but some were almost six years late.

What's at risk here when the second examinations aren't done on time? Everything. More than once they've uncovered fiduciary scams. One involved a fiduciary staffer himself, plus his overseer, who'd been stealing from veterans. I can't help but wonder if there are other scams yet to be revealed.

On the flip side, the VA has caused its own staffing problems by yanking fiduciary power away from competent veterans or their caregivers, and forcing them into a fiduciary situation that they don't want, thereby adding to the workload of examiners.

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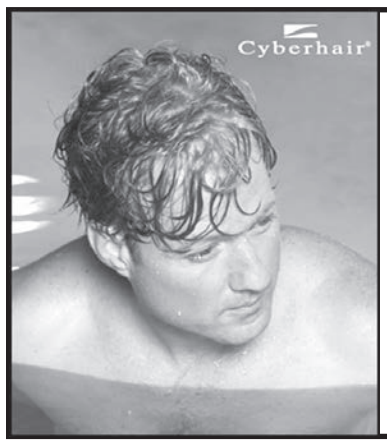

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Centering Prayer. Monday, Aug. 17, 7:00 – 8:00 p.m. Registration not required. Free will offering.

Seasons of Prayer: Exploring the Times of our Lives. Friday, Aug. 28, 5:30 p.m. – Sunday, Aug. 30, 1:00 p.m. Director: Joseph Nassal CPPS. This retreat will explore how when we look outside at the changing seasons we learn how prayer is an inside job. The seasons remind us that prayer, like life itself, is a matter of time. Do we have the time? In a hectic and harried world where we place a premium on speed and convenience, on this retreat we will slow the pace and find the time to pray. We will reflect on the seasons of the soul and what each season can teach us about prayer: autumn, a time to fall; winter, a time to wait; spring, a time to rise; and summer, a time to rest. Daily Eucharistic liturgy. Offering: Overnight $170, Commuter $125. $50 nonrefundable deposit secures your reservation and is credited to the offering for the retreat. Registration deadline: August 24.

YogaCare Classes with Deb May, CYI. First class is free for new students. Mats & props provided. Register by calling 563/556-7141. *Mixed-Level Yoga* - Beginners welcome! Wednesdays, 9:30 –10:30 a.m., 5-classes: Aug. 5 - 26, 4 classes, $32. Wednesdays, 4:30 – 5:40 p.m. OR 6:00 – 7:10 p.m., 4-classes: Aug. 5 - 26, 4 classes, $36. *Yoga Flow* – basic yoga experience required. Mondays, 9:30 – 11:00 a.m., 4-classes: Aug. 3 - 24, 4 classes, $40.

Alzheimer's Fight from P 1

is not a Democrat or Republican project – it is being addressed with candidates of both major political parties. It's estimated 63,000 Iowans are living with the disease this year. The association reports 1,252 Iowans died of Alzheimer's in 2012. It is the sixth leading cause of death in the United States, yet federal funding levels for research remain low. Research funding for Alzheimer's will reach only about $566 million this year, compared to billions spent on other diseases. The goal of the project is to have presidential candidates who are traveling around the state be asked questions on Alzheimer's. I have attended two candidate stops in Dubuque – that of Former Florida Governor Jeb Bush and Senator Rand Paul and been fortunate enough to have been able to ask my questions on funding issues for research for the disease. The question to Bush was in the town hall potion of his meeting in Dubuque and was even covered by CNN. He revealed a familial connection with the disease, saying that his mother-in-law, who's 95, suffers from dementia. In New Hampshire, Bush asked voters to email him with ideas to make Alzheimer's a bigger national priority.

It wasn't long before Maria Shriver, a leading advocate for Alzheimer's research wrote with some ideas. In an open letter penned for the Huffington Post, Shriver urged Bush to continue talking about Alzheimer's and make it a key issue in the 2016 presidential race.

"Much like President Kennedy launched an expedition to the moon, why not launch a national expedition into the brain?"

You never know where one question will lead – you see one person can make a difference - everyone who gets involved is important! So why not join in the effort and be a part of our Dubuque Alzheimer's Walk, scheduled for **Saturday, September 12**, at the Medline/ Bergfeld Recreation Area? You can sign-up for the walk on-line at **www.alz.org/walk** or simply call the Dubuque Alzheimer's Association local office at: 563-589-0030 to sign-up or for more information.

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Moments in time

THE HISTORY CHANNEL

• On Aug. 4, 1892, Andrew and Abby Borden, elderly residents of Fall River, Mass., are found bludgeoned to death in their home. Suspicion soon fell on daughter Lizzie and the axe she'd just bought. At her trial, the jury only took 90 minutes to decide that such a sweet-looking Christian woman could never commit such a heinous crime.

• On Aug. 6, 1928, Andy Warhol, one of the most influential artists of the latter part of the 20th century, is born Andrew Warhola in Pennsylvania. After being incorrectly credited as "Warhol" under an early published drawing, he decided to permanently remove the "a" from his last name.

• On Aug. 9, 1945, a second atom bomb is dropped on Japan by the United States, at Nagasaki, resulting finally in Japan's surrender. The devastation wrought at Hiroshima had not been sufficient to persuade the Japanese War Council to accept the Potsdam Conference's demand for unconditional surrender.

• On Aug. 3, 1958, the U.S. nuclear submarine Nautilus accomplishes the first undersea voyage to the geographic North Pole. The Nautilus dived at Point Barrow, Alaska, and traveled nearly 1,000 miles under the Arctic ice cap to reach the top of the world.

• On Aug. 6, 1964, the United States Congress overwhelmingly approves the Gulf of Tonkin Resolution, giving President Lyndon B. Johnson nearly unlimited powers to oppose "communist aggression" in Southeast Asia. The resolution marked the beginning of an expanded military role for the United States in Vietnam, Laos and Cambodia.

• On Aug. 8, 1988, the Chicago Cubs host the first night game in the history of Wrigley Field. The first-ever night game in professional baseball took place nearly 60 years earlier in Des Moines, Iowa.

• On Aug. 5, 2002, the rusty iron gun turret of the ironclad warship U.S.S. Monitor was raised from the floor of the Atlantic, where it had rested since it went down in a storm off Cape Hatteras, North Carolina, during the Civil War. She sank in December 1862, while being towed from Cape Hatteras.

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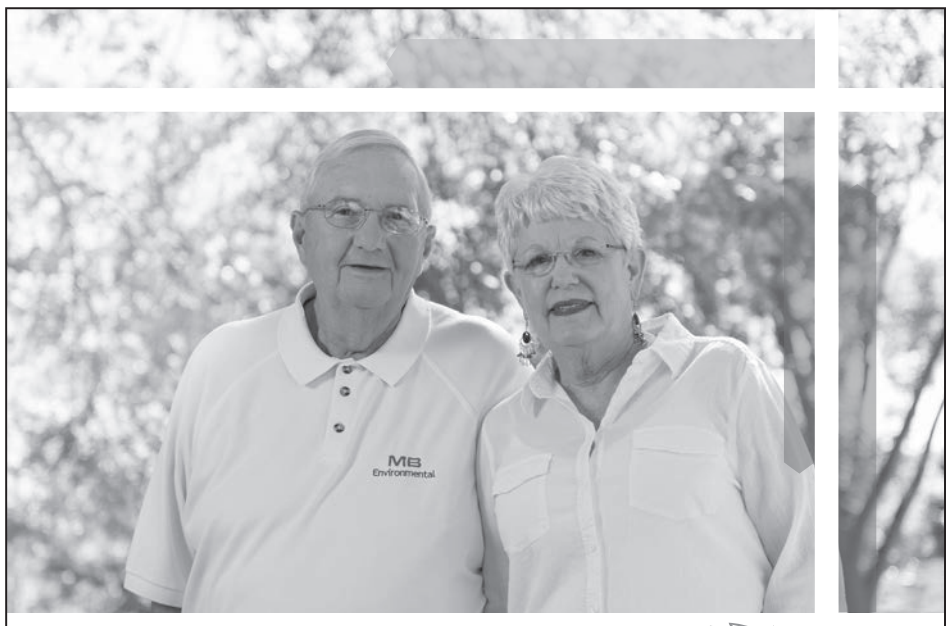

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• To keep the kids' word skills fresh over the summer, we are playing sight word bingo practically every day now. It was really easy to make and laminate bingo cards. And I use the flash cards we got from school to "call" the words. Bingo is a win-win! — *JoAnn*

• "In my house, we love straws. Because we're into recycling, we make sure to get the most out of each one. I keep a small jar at the sink, where we rinse straws before setting them in the jar to dry. Reuse at will." — *F.O. in Pennsylvania*

• "Is there too much food left at the end of the party? When throwing a potluck, make sure you remind your guest to bring some take-home containers. Have them fix a few containers of "seconds" and store them in a big cooler by the front door. Hang a few take-out bags on the doorknob, and your pals won't forget to take their goodies home!" — *M.W. in Florida*

• Kids clamoring about whose turn it is? No fear. You've got the solution in your desk drawer. Simply write each child's name on a self-stick note, and stack them. The kid on top takes the first turn, and then peels his or her name off and moves it to the bottom. Easy peasy.

• Going on a road trip this summer? Check your tire pressure to save money. Maintaining the correct tire pressure can have a direct effect on how many miles you get to the gallon. It can save you in everyday driving, but it really adds up when traveling longer distances. Check your car's manual for the correct pressure. Or, some cars have a sticker in the doorwell or glove box with that information.

Send your tips to Now Here's a Tip, c/o King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475.

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Bret Kuhns,
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80 YEARS OF SOCIAL SECURITY

Social Security has provided critical financial help to people of all ages for the last 80 years, and despite our age, we're far from retiring! As the Social Security program celebrates its historic birthday this August, we're reflecting on our diverse history, our current strengths, and ways we can continue to improve our services to you.

On August 14, 1935, President Franklin D. Roosevelt signed the Social Security Act into law. In doing so, he promised the law would protect "the average citizen and his family against the loss of a job and against poverty-ridden old age." Today, we continue to provide financial security for our country's most vulnerable citizens. In fact, Social Security provides world-class service to millions of people every day — online, on the phone, and in our network of field offices across the country.

As we celebrate 80 years, we're proud to present our "Celebrating the Past and Building the Future" anniversary website. There, you can read 80 interesting facts about an agency that touches everyone's life at some point or another! For example, did you know the original name of the Social Security Act was the Economic Security Act?

The anniversary website also includes a timeline of our history. It begins with the signing of the Act in 1935 and ends with this year's announcement of Vision 2025, our bold vision that will guide the agency as we work to meet the future customer service needs of the public. A memorable spot on the timeline is November 2, 2000, the date when we started taking retirement claims online.

Since our agency's beginning, we've relied on our passionate and hard-working employees to face challenges and provide exceptional service. Throughout the 80 days leading up to our anniversary, we've been posting employee testimonials that answer the question, "Why do you serve?" We also invited you to share your story with us. You can tell us how Social Security has made a difference in your life and/or the lives of your family and friends. We would love to hear from you, the people we serve every day.

When the Social Security program started 80 years ago, our goal was to provide an economic lifeline for people in need. Today, Social Security continues to protect millions of people. Join us in commemorating this significant milestone! Visit ***www.socialsecurity.gov/80thanniversary.***

SOCIAL SECURITY HAS A LOT TO BRING TO THE TABLE!

Take a day to enjoy a fun summer picnic! Whether you plan one for the whole neighborhood, or a quiet day for two, you'll need to bring a basket full of delicious foods. When you're sharing various dishes with family and friends, whether you're at home or away, you'll be sure to make everyone happy with a variety of treats.

Social Security has a bunch of great dishes to bring to the picnic, too. Our table is ready to serve millions of Americans online, by phone, and in person in our network of field offices. It's easy to pick the service method that's best for you from the comfort of your home or on the go.

The quality service you expect from us is easy, secure, and convenient to access when you go online. Signing up for a my Social Security account will give you a secure and efficient way to interact with us and accomplish various tasks, including estimating your future benefits or managing your current benefits. You can sign up for your own account at ***www.socialsecurity.gov/myaccount*** and join the more than 19 million Americans who already conduct business with us online using my Social Security.

Another way you can contact us is toll-free at **1-800-772-1213 (TTY 1-800-325-0778)**. Of course, you can also use the field office locator at ***www.socialsecurity.gov/agency/contact*** to find your local field office, where you can speak with a Social Security employee face-to-face.

What true summer picnic is complete without ice cream? When it comes to great flavors, there's vanilla, mint, chocolate chip, rocky road … who can choose just one? Likewise, Social Security offers all the different types of benefits you'll need at any stage of your life.

Social Security has retirement benefits and the tools to help you plan for your retirement and apply for benefits online. But that's not all. We also provide disability benefits to individuals with medical conditions that prevent them from working. If the disabled individual has dependent family members, they can also receive payments. There are also survivors benefits for widows, widowers, and

Social Security cont. P. 13

Contract Bridge

by
Steve Becker

A MATTER OF GOOD TECHNIQUE

West dealer.
Both sides vulnerable.

NORTH
♠ 9 7 2
♥ K J 7 4
♦ A 10 9
♣ 10 8 3

WEST
♠ K J 10 5 4
♥ 9 8 6 5 3 2
♦ J
♣ 4

EAST
♠ Q 6
♥ 10
♦ K 7 6 5 3 2
♣ 9 7 6 5

SOUTH
♠ A 8 3
♥ A Q
♦ Q 8 4
♣ A K Q J 2

The bidding:

West	North	East	South
Pass	Pass	Pass	1 ♣
Pass	1 ♥	Pass	3 ♣
Pass	3 ♦	Pass	4 NT
Pass	5 ♦	Pass	6 ♣

Opening lead — jack of diamonds.

This deal comes from a rubber-bridge game. South's bidding certainly left something to be desired, but, since the final contract was reasonable and he made the slam, we need not belabor the point.

West led the diamond jack, and the outcome hinged on declarer's play to the first trick. Had he let the jack ride, East would have taken the king and returned a diamond to put the slam down one.

But South recognized the implicit danger of the lead and put up dummy's ace. Moreover, he thoughtfully dropped his queen on the ace, and it was only this careful combination of plays that enabled him to make the slam.

South next drew four rounds of trumps and cashed the A–Q of hearts before leading a diamond to the 10–9. East could do no better than take his king and return a spade. Declarer won with the ace, crossed to dummy with a diamond and discarded two spades on the K–J of hearts to finish with 12 tricks.

Now let's suppose declarer had not played the diamond queen on the ace. In that case, he would have gone down at least one, assuming proper defense.

Thus, if he drew trumps, cashed the A–Q of hearts and then led the queen of diamonds, East would refuse to win the trick, and South would finish down two, losing two spades and a diamond. And, if declarer instead led a low diamond rather than the queen, East would, of course, take the king, and again South would go down two.

By dropping his queen under the ace, declarer assured the slam regardless of how the adverse cards were divided or how the defenders played. The unblock guaranteed scoring four heart tricks by creating a sure entry to dummy later in the play.

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Susan Taylor from P 8

is the first Sunday following Labor Day in September.

Purpose of the day

The three purposes for National Grandparents Day are to:

1. Honor grandparents.

2. Give grandparents an opportunity to show love for their children's children.

3. Help children become aware of the strength, information and guidance older people can offer.

Background

Marian Lucille Herndon McQuade, a housewife in West Virginia, was the main driver for the day of observance. Throughout the 1970s, McQuade worked hard to educate the people about the important contributions senior citizens made and the contributions that they would be willing to make if asked. She also urged people to adopt a grandparent, not for one day a year and not for material giving, but for a lifetime of experience.

In 1978, Jimmy Carter called Marian McQuade indicating the observance would be effective in 1979. September was chosen to signify the "autumn:" years of life.

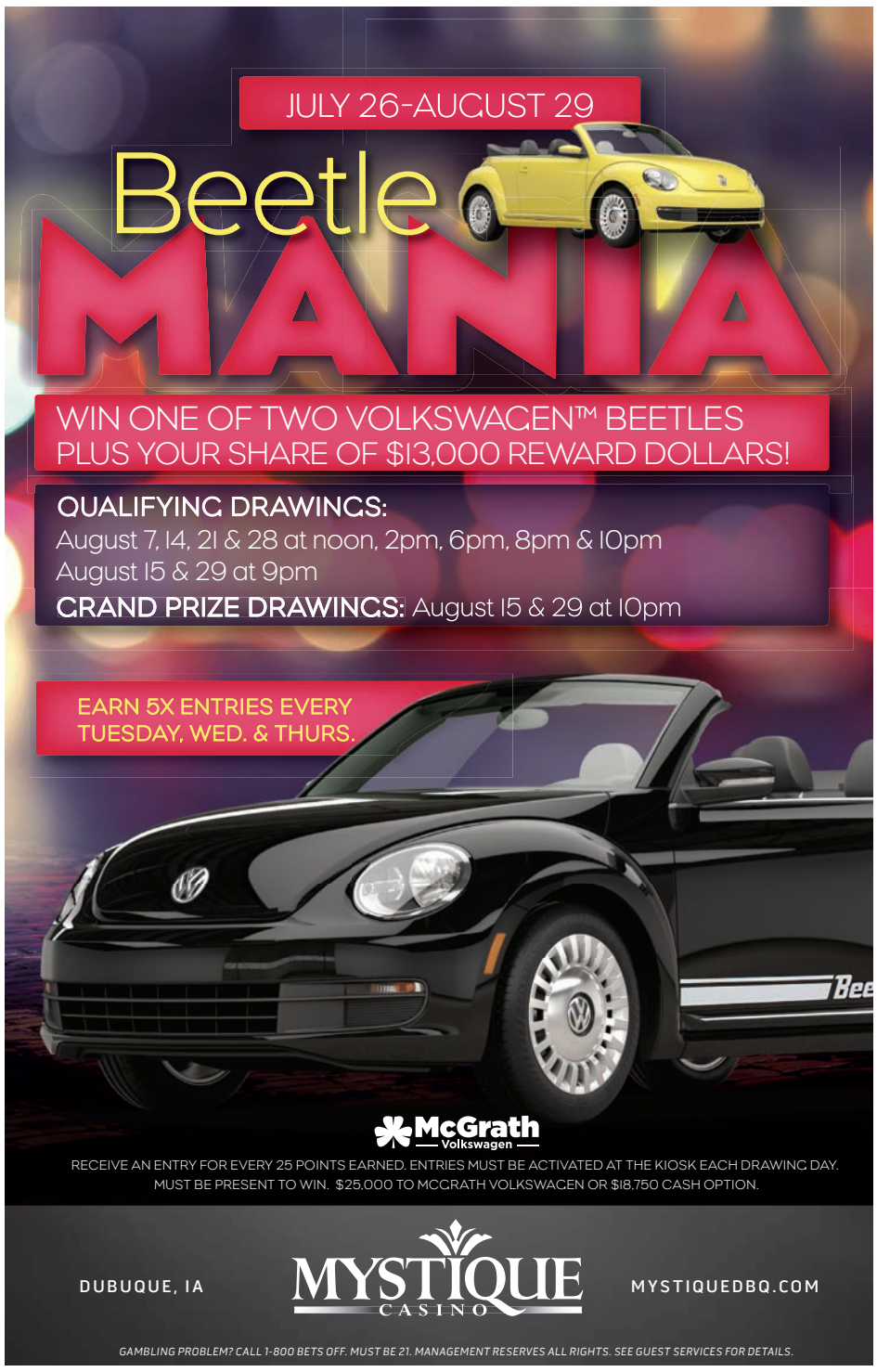
Grandparents are our continuing tie to the near-past, to the events and beliefs and experiences that so strongly affect our lives and the world around us. "Whether they are our own or surrogate grandparents who fill some of the gaps in our mobile society, our senior generation also provides our society a link to our national heritage and traditions" said Taylor.

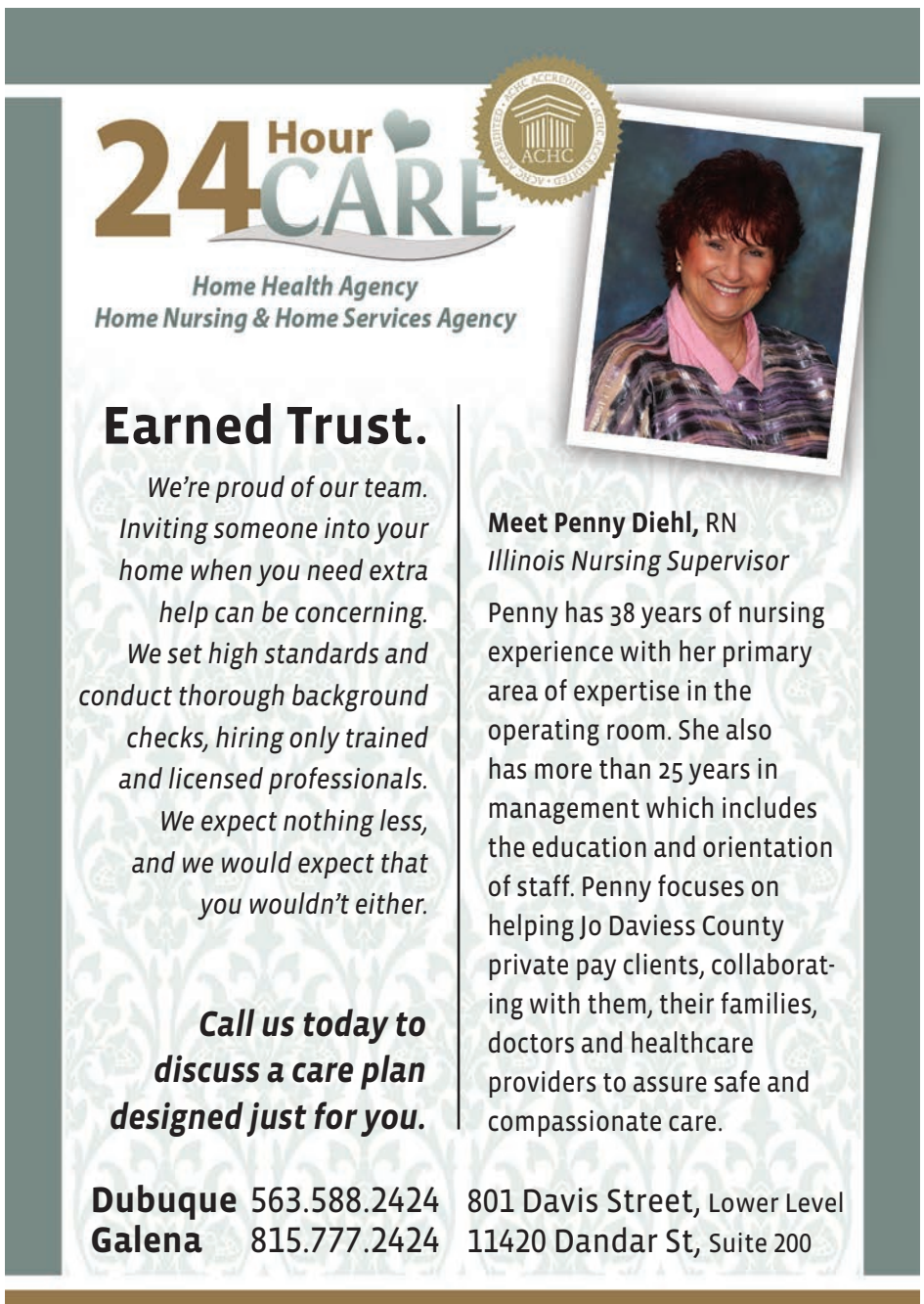
We all know grandparents whose values transcend passing fads and pressures, and who possess the wisdom of distilled pain and joy. Because they are usually free to love and guide and befriend the young without having to take daily responsibility for them, they can often reach out past pride and fear of failure and close the space between generations.

Social Security from Pg. 12

deceased workers' dependent children. When you create your my Social Security account, you can view your Social Security Statement to see estimates of the future retirement, disability, and survivors benefits you and your family may be eligible to receive.

It's a great day for a picnic! Social Security is ready to fire up the grill and share our great services and benefits, and you're invited! Visit www.socialsecurity.gov today, and we'll save you a place.





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Presented annually by the Dubuque Marina & Yardarm
the great cardboard BOAT RACE
making a splash for the Four Mounds' HEART program

Dubuque, Iowa—Four Mounds is preparing for the annual Great Cardboard Boat Race, which takes place at the Dubuque Marina & Yardarm on July 26, 2015 from 1–4 pm. The event consists of a fun-filled, free community day where contestants use their ingenuity (and cardboard, tape, glue and paint) to create and race their boats. This main attraction is supplemented by other fun family activities including a dunk tank, a raffle, and great food and drink. Raffle prizes include three chances to win a night stay at historic Four Mounds.

The event benefits Four Mounds Foundation and the Housing Education and Rehabilitation Training Program, or HEART.

HEART Partners include Four Mounds Foundation, Dubuque Community Schools, Dupaco Community Credit Union, NICC, Four Oaks of Iowa and the City of Dubuque.

Participants work year-round rebuilding the Washington Neighborhood, one house at a time. Under the direction of Four Mounds, participants learn work and life skills through homebuilding, restoring historic houses in Dubuque's most vulnerable residential neighborhood. These young people have converted 38 units of derelict housing back into owner-occupied homes and are achieving a 90% graduation rate. Last year's race helped support the development of HEART Bridge, a new program component where students set career goals, earn

Cardboard Boat Race cont. P. 15

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Upcoming Events at the James Kennedy Public Library in Dyersville: August 2015

Monday, August 3: Books for Lunch Book Discussion @ 12:00 noon. For this meeting we will read and discuss *The Apple Orchard* by Susan Wiggs.

Monday, August 3: Genealogy Club @ Your Library @ 6:30 pm. This group meets the first Monday of each month at 6:30 pm. Helpful handouts and laptop computers are available to use.

Tuesdays & Thursdays, August 4, 6, 11, 13, 18, 20: A Matter of Balance classes @ 9:30 am. A Matter of Balance is fall/injury prevention program that targets older adults who are interested in learning more about flexibility, strength, balance, and how to prevent falls. The two hour classes will be held on Tuesdays and Thursdays for four weeks starting July 28 and are taught by trained leaders. Registration is required and you can register by calling the Northeast Iowa Area Agency on Aging at (563) 588-3970. There is a materials fee of $15 per participant. Scholarships are available to persons 60 years of age and older who express financial need.

Tuesday, August 4: Storytelling with tales from "If the Hills Could Talk" at 6:30 pm. Join David "Buffalo Bill" Nelson, as he entertains us with stories and tales from his new book *If The Hills Could Talk*. This book is a collection of short stories and personal essays of childhood experiences set in Dubuque, Iowa during the 1950s and 60s, and stories of the South where the author has lived his adult life. Copies of the book will be available for purchase and signing.

Wednesdays, August 5, 12, 19 & 26: Sit and Stitch @ 1:00 pm. Join other crafters at this weekly gathering to share crafting and conversation. New members are welcome to join at any time!

Tuesday, August 11: Inspirational Fiction: A Novel Approach to Faith book discussion series @ 7:00 pm. For this meeting we will read and discuss *My Heart Remembers* by Kim Vogel Sawyer.

Tuesday, August 18: Drop-in Computer Help @ Your Library from 4:30-7:00 pm. Bring your basic computer questions to the library and we'll do our best to answer them. Laptop computers will be available for use but participants are encouraged to bring their own.

Thursday, August 27: Visit from Author Jeffrey Westhoff @ 6:30 pm. Westhoff, the author of the recently published teen spy/adventure novel *The Boy Who Knew Too Much* will talk about his book and share excerpts and anecdotes. He is the son of former Dyersville residents Tom and Peggy (Showalter) Westhoff. Copies of the book will be available for purchase from the author.

Friday, August 28: *The Ghost Towns of Hardin County* documentary @ 2:00 pm. As you drive along Highway 20 you'll notice the lack of towns in Hardin County but at one time Hardin County was the wild west of Iowa. This informative documentary tells the fascinating story of the towns and the characters that used to inhabit this county. A discussion will follow.

Library programs are free unless otherwise noted. For information on these and other library programs please call ***563-875-8912*** *or go to* ***www.dyersville.lib.ia.us*** *or contact Dawn Schrandt via email at* ***dschrandt@dyersville.lib.ia.us***

Cardboard Boat Race from P. 14

money for their participation and save toward objectives to reach their goals. If they follow through on their plans, their funding is matched dollar for dollar by partner Dupaco R.W. Hoefer Foundation!

The event is free and open to the public and you need not race to enjoy the day. Individuals, families and companies are encouraged to enter the race with their own handmade boats. The only rules are to restrict building materials to cardboard, tape, glue and paint. A $10 entry fee for each boat goes toward the winner's pot, distributed to the winning participants. Register on-site between 11am–12noon the day of the race.

Visit the Dubuque Marina & Yardarm Facebook page for more on the event. To learn more about Four Mounds and the HEART program, visit ***www.fourmounds.org***. Four Mounds is a non-profit 501(c)3 incorporated under the internal revenue code.

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YESTERDAY AND TODAY
BY MICHAEL GIBSON

The northwest corner of Fourth & Main has been the site of a theater ever since 1840 when the Athenaeum was built. In the 1860s and 70s it was refurbished several times under different ownership and names ranging from the Duncan-Waller Opera House to Bartell's Vaudeville Theater. In 1904, Jacob Rosenthal, assumed ownership and changed the name to the Bijou. A few years later Charles H. Eighmey, President of First National Bank & Harker B. Spensley, a real estate and insurance agent, purchased the theater and completely remodeled it. The stage was lowered from the second floor to the main floor and box seats were installed. Tragedy struck on April 7, 1910 when the theater was destroyed by a fire which resulted in over $60,000 in damages. Fortunately, nobody was seriously injured in the blaze. The building to the right housed the Crystal Pool Hall and the National Hotel Register Co. with apartments on the upper floors. (Photo courtesy of the Center for Dubuque History, MSL p.172 Neg. Hoff. 860).

Yesterday & Today cont. P. 17

Guide from Pg. 3

oil, cactus juice, lemongrass oil, juniper, or even peppermint or vanilla, are no better.

While DEET certainly works, Dr. Satterfield does not recommend it for children under age 1. He does recommend Thermacell Mosquito Repellent products, including lanterns, handheld repellers and backyard torches, which are designed to create a 15x15-foot "bubble" of protection that biting pests cannot penetrate. These products use a repellent that mimics the natural insecticide found in chrysanthemums and are virtually odorless, flameless and portable.

Emergency Car Kit: Keep on hand hand-wipes or sanitizer, bottles of water, and hearty snacks that can take the heat, such as dried fruits, nuts and granola bars, for a quick, protein-rich snack. Other emergency items can include a couple of flares, flashlight, hats, umbrella and blanket. Dr. Satterfield said he also keeps a Thermacell repeller on hand for roadside use and picnics.

Jamison J. Satterfield, M.D., practices pediatric medicine in Charlotte, N.C., and has been included in the Charlotte magazine Top Doctor list for numerous years.

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Yesterday & Today from P. 16

If readers have related memorabilia (post cards, photographs, letters, diaries, scrapbooks, or other documents and reminiscences to share they may contact Mike Gibson at the Center for Dubuque History, Loras College, **(563) 588-7163** *or via email:* **michael.gibson@loras.edu**. *Your comments about this series would be welcome.*

After the fire the theater hired the Chicago firm of Rapp & Rapp to design a new building at a cost of $90,000. Built in the Renaissance-Flemish architectural style designed as a replica of a theater in Paris. The Majestic opened later in 1910 and it began showing motion pictures in 1920. It was renamed The Spensley in 1929 and in 1934 became the RKO Orpheum. In the late 1960s the Orpheum was scheduled for demolition as part of urban renewal. In 1972 several community activists led by Wayne A. Norman, Sr., raised the funds to build an arts exhibition facility known as Five Flags. As part of this complex, the old Orpheum theater was completely restored to its former grandeur and reopened in 1976 with a seating capacity of over 700. Today the Five Flags Theater stands as one of the historic landmarks of the Dubuque community. (Photo by Terry Grant).

Strange But True from Pg. 6

• The first successful human organ transplant occurred in 1950. It was a kidney.

• You might be surprised to learn that manatees have fingernails on their flippers. Flippernails, perhaps?

• Thanks to the schedule of the American school system, U.S. sales of peanut butter increase dramatically in September and suffer an equally dramatic drop in June.

• If you've ever gone to a shoe store and had your foot measured to determine length, width and arch length, you might be interested to learn that the gadget used to make such measurements is called a Brannock device. Charles F. Brannock, the son of a shoe industry entrepreneur, patented his first prototype in 1926, and his invention is still the industry standard. Some early models are even featured in the Smithsonian Institution.

• In India of long ago, it was considered ideal for a man to be three times the age of his wife.

• Those who study such things say that the younger you are, the longer your baths tend to be.

• A friend of Sir Isaac Newton first came up with the symbol we use to represent the concept of infinity, but he originally meant it to mean a very small quantity.

• Until 1836, the river that formed the border between the United States and Mexico was not the Rio Grande; it was the Colorado.

Thought for the Day: "Criticism is prejudice made plausible." — *Henry Louis Mencken*

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Onward
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Eastern Iowa UnityPoint Health Stroke Survivor Retreat is a weekend getaway offered just for stroke survivors, their caregivers and family. Stroke Retreat will be held August 21-22, 2015 at Best Western Hotel in Dubuque. It is sponsored by UnityPoint Health – Cedar Rapids, Dubuque, and Quad Cities.

The weekend's main goal is for participants to enjoy activities that include the areas of socialization, support, education and relaxation. There are opportunities to build bonds with other stroke survivors, enjoy activities stroke survivors feared were lost to them and participate in an experience both heart-warming and life-affirming.

The families and caregivers have respite from the constant pressure of caring for another person. They are pampered and able to share stories and experience the insight of other caregivers — who truly understand what their lives are like.

Costs for the retreat is $20 per person. A retreat registration form is available at *http://bit.ly/1TqaALs*. Registration deadline is August 7. If participants plan to stay at the Best Western, hotel reservations are required by July 22.

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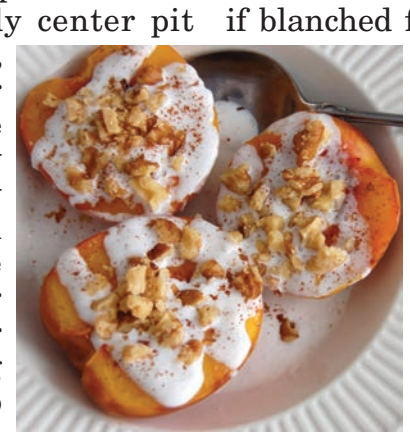
The Kitchen Diva! by Angela Shelf Medearis

Just Peachy

Peaches are the perfect summer fruit. When they're ripe, they are the sweet taste of summer, whether eaten out of hand or in your favorite dessert.

There are two types of peaches: Early peaches are clingstone (woody center pit adheres to flesh), and mid-summer peaches are freestone (woody pit falls out easily when fruit is cut in half). Clingstone peaches are firmer and better for canning, grilling or adding to savory cooked dishes. Freestone peaches are softer, juicer and more flavorful. Best of all, peaches are a good source of potassium, vitamin C, vitamin A, niacin and soluble fiber. Peaches also are considered a diuretic and a mild laxative.



Peaches spoil very easily, even when unripe. Choose fragrant peaches that are unblemished and not too hard — they should yield slightly to the pressure of a thumb. Avoid peaches with green coloring, as they were probably picked too early. They're not as sweet and won't ripen properly. Peaches don't get sweeter after they're harvested, though fruit will become softer and juicer as it matures.

Look for skins that show background color of yellow or cream — the amount of red or pink "blush" on the fruit depends on variety and is not a reliable indicator of ripeness. Watch out for dark-colored, mushy, bruised peaches that are overripe and beginning to spoil. Tan circles or spots on the skin are early signs of decay.

Don't pack peaches too closely, or they'll spoil and cause nearby peaches to rot. Unripe peaches can be left to ripen at room temperature. This process can be hastened by placing them in a paper bag for a few days. Peaches taste best at room temperature and will keep for 3-4 days, slightly longer in the refrigerator. Wash the fruit just before eating.

Peaches peel more easily if blanched for 1 minute, then cooled immediately in ice-cold water to stop the effect of the heat ... do not soak. The flesh of the peach tends to brown on contact with air. To prevent this, eat or cook the peach immediately, or sprinkle it with lemon or orange juice, or an ascorbic-acid product.

Freezing: Select fully ripe fruit. Peel, pit and slice. Treat to prevent darkening. Sugar pack: sprinkle fruit with desired amount of sugar; gently stir; allow fruit to stand until sugar dissolves; pack fruit into freezer container leaving 1/2 inch headspace.

Syrup pack: Prepare a light, medium or heavy syrup of your choice. Add 1/2 cup syrup to freezer container; add sliced fruit and gently shake to pack fruit, leaving 1/2 inch headspace.

Dehydrating: Remove skin and pits. Cut into 1/2 inch slices or circles. Treat to prevent darkening. Dry at 130 F until pliable with no moisture. Drying concentrates the nutrients; dried peaches are especially rich in potassium and iron.

My recipe for Grilled Peaches with Lemon Honey Cream is an easy way to showcase the delicious flavor of summer peaches.

(Additional information provided by Susan Mills-Gray, Nutrition Specialist, Cass County, University of Missouri Extension.)

GRILLED PEACHES WITH TOPPING

4 large, fresh, ripe peaches, halved
1 1/2 tablespoons butter, melted
2 tablespoons sugar
Lemon Honey Cream Topping (recipe follows)
8 gingersnaps or vanilla wafers, crushed

1. Heat grill or stovetop grill pan, and grease the grill or pan with a neutral-flavored oil. When grill is hot, place peaches, cut-side down, on it for 5 minutes or until peaches soften and have grill marks.

2. Turn peaches cut-side up; brush with melted butter and sprinkle each with sugar. Remove peaches from grill. Sprinkle half of crushed cookies on each peach. Top with Lemon

The Kitchen Diva cont. P. 22

Heritage Center from P. 1

weekdays through August 17 when standard 10:00 a.m. to 5:00 p.m. hours commence. For more information or a brochure, call the Farber Box Office at **563.585.SHOW (7469)**.

Subscription orders are being accepted now online, via phone, or at the box office. Individual ticket order forms are being accepted now via fax, mail, and email and processed beginning August 11; online beginning August 11; and via phone or window sales beginning August 17. Order forms can be faxed to **563.589.3482** or submitted online at ***www.dbq.edu/heritagecenter***.

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100 Years of Broadway

October 1, 7:30 p.m.
Recycled Percussion, past "America's Got Talent" honoree

October 16, 7:30 p.m.
Brass Transit:
The Legacy of Chicago

October 25, 2:00 p.m.
Alice in Wonderland
(Pushcart Players of New Jersey)

November 18, 7:30 p.m.
Letters Home performed by Chicago's Griffin Theatre

December 4, 7:30 p.m.
Christmas at Heritage Center: Journey to Bethlehem

December 11, 7:30 p.m.
The Celtic Tenors presented in collaboration with Irish Hooley

February 13, 7:30 p.m.
Jump Rhythm Jazz Project, jazz/tap dance

Jump Rhythm Jazz Project performing February 13, 7:30 p.m.

Ana Gasteyer & Her Jazz Quintet – performing January 9, 7:30 p.m.

January 9, 7:30 p.m.
TH Media presents
SNL Alum Ana Gasteyer & Her Jazz Quintet

January 29, 7:30 p.m.
VoicePlay, a cappella sensation as seen on "The Sing-Off"

Voice Play performing January 29, 7:30 p.m.

February 26, 7:30 p.m.
Improvised Shakespeare Company

February 28, 2:00 p.m.
Junie B's Essential Survival Guide to School - New York's Theatreworks USA

March 9, 7:30 p.m.
Alpin Hong's *Chasing Chopin*, piano virtuoso/storyteller

April 9, 7:30 p.m.
SFJAZZ Collective presents "The Music of Michael Jackson & More"

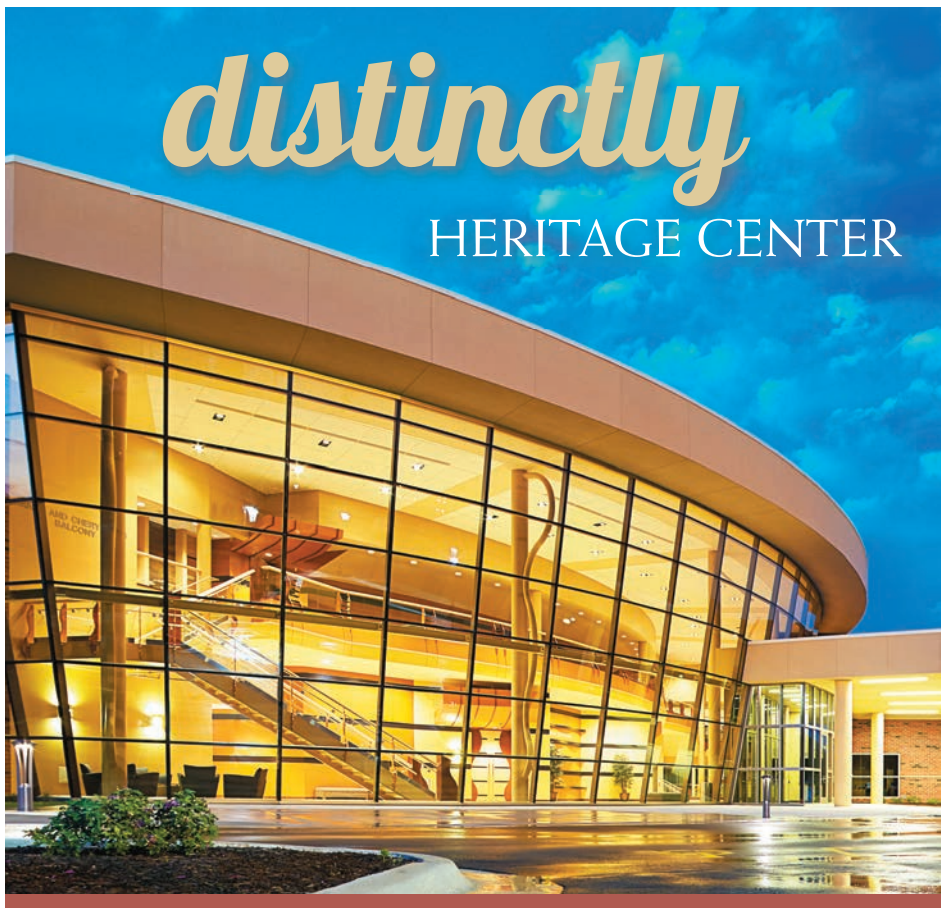
April 15, 7:00 p.m.
Cinderella performed by Opera Iowa

For further information, please contact Kristi Lynch, director of public information, at 563.589.3267.

All you need is love. But a little chocolate now and then doesn't hurt.
—Charles M. Schulz

***

I like long walks, especially when they are taken by people who annoy me.
—Fred Allen



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—Victor Borge

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Liz Lynch is back by popular demand.
The following stories were written by Liz at age 92 as she reminisced about the early days in her life.

The Real Agent

This day was special. The problem of buying an automobile had ripened like the early oats. Papa wanted to keep our driving team, old Pearl and Ruby as our means of transportation. Pa said, "The team ate as much oats and hay if idle. Why waste money on a car?" And good sweet gasoline was 4 cents a gallon. Besides "Papa would never learn to drive the automobile.

Harry, the oldest child, put his hat slightly back on his head, rolled up his shirt sleeves and showed signs of great interest in this automobile story. He had often made decisions for the family before about such things as buying a washing machine. Yes, the machine must wash a heavy horse blanket, buckles and all, without a whimper as the heavy thick wool squeezed itself through the wringer after killing the motor a half dozen times. Harry was well prepare for a wise choice in most things, but a choice of automobiles took a reliable man who had studied motors and cars from a weekly paper called The Kansas City Star.

The salesman, Leo Donovan, arrived, with the top up, and the car polished like a mirror, proclaiming in true Irish style, "It is the neatest and strongest car that can be found in these parts." After a heavy hand shake with the whole family, the invitation to inspect the car was given with gestures of a true polished salesman. He and Pa had reminisced their knowledge of the whole territory as Harry made a thorough inspection of this new car.

"We will buy the car," said Harry, "if it will go over the Sheehan Hills without any trouble."

Little did Leo, the agent, know about the Sheehan Hills. He soon found that a car full of people was a real problem at the foot of these steep hills, because the hills had not been graded, or driven over for 20 years. Sticks, rocks, trees and ditches were so arranged that the riders seldom settled in their seats before the car hopped over other rocks and ditches. And with the steep angle of the hill, they moved as if on a roller coaster in speed and thrills.

Leo felt a failure pang after passing the first hill, but the rest must be mastered or no sale. So the car was put in low gear, the clutch was released, the driver clung to the wheel as the car snorted, plunged and scratched up the last hill. Everyone knew the car was built for service if nothing else.

"Are there any more roads we could travel over?"

Harry smiled with the assurance that the trial was sufficient. Any car that could go up there could go anywhere.

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SENIOR NEWS LINE
by Matilda Charles

AARP RealPad Tablet

Many of us have hesitated to go online because we don't want to deal with a large desktop computer or even a laptop that can weigh several pounds. Researchers at Michigan State University have listened, and they've conducted a study that identifies just what would make it easier for us to go online. The answer: tablets.

Midway between the size of a full laptop and a cellphone, tablets don't need a mouse, something that has held back many of us as we've struggled to get the little cursor in the right place, especially if we lack dexterity or arm control. With a simpler interface and a touch screen, we can be online in no time with a tablet.

One thing the study revealed is that when family suggests a certain tablet and makes sure we have the opportunity to see how others use one, we gain confidence in our own ability.

If we don't have family to recommend a tablet, we have something almost as good: AARP. It designed a tablet called RealPad, with a visually helpful interface, plenty of storage and an internal camera. The bonus: You can reach free 24/7 help.

If you want to know a little more about tablets in general, go online to ***www.dummies.com*** and put "seniors buy tablet" in the search box. If you want to know more about AARP's RealPad, go online to ***www.aarprealpad.org***, or call 1-866-716-9881. It costs $149, and you'll need access to Wi-Fi.

Just think of the things we can do online: read the news, send photos to friends, stay connected, do our own research, borrow library books, listen to music and so much more.

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Rent A Flick by Ron Richeson

Michael

I first saw the movie *Michael* (1996) in Sarasota, Florida - beautiful day, beautiful city, beautiful movie.

When a Chicago based tabloid magazine gets word that a woman in a small town in Iowa has an angel living with her, two reporters and an angel expert are sent to investigate. Granted, when they are introduced to Michael (John Travolta) he does have large wings. However, any resemblance to an angel ends there. Michael is a little portly, has a never ending sweet tooth, and smokes. He also has a certain magnetism that appeals to the ladies, as evident in a dance floor scene that is an absolute hoot. When the magazine trio decides to take Michael back with them to Chicago, we begin to suspect that perhaps Michael has appeared for a specific reason.

There is one scene in particular that will forever be etched in our memories. Michael is called upon to right a tragedy and prove that he is who he claims to be. And then we see it - the glory, the splendor, the majestic power of pure goodness. The scene is so profound that it makes us want to drop to our knees and bow our heads in reverence because we are witnessing a being infinitely better than we are.

His name is Michael. He is an archangel. He is on a mission for God.

This film is rated PG and is available via Netflix mail order.

An Iowa Legend Cloris Leachman (1926 -)

Cloris Leachman almost lost the Miss Chicago contest by laughing so hard at being selected the winner. She eventually ended up in the Miss America Pageant where she impressed judges enough to win a $1,000 talent scholarship.

Born in Des Moines, her family occupied a small house on the outskirts of town that had no running water. She later recalled that because water had to be hauled to the house from a well two city blocks away her mother "would wash the asparagus in the water, then wash Cloris in the same water, then use the water to scrub the kitchen and the floors and throw what was left on the flowers."

As a five-year-old Cloris began music and dancing lessons, practicing the piano on a cardboard keyboard, since the family did not own a piano. After graduating from high school—having obtained some acting experience through the Des Moines Little Theatre—she went to Northwestern University in Chicago on an Edgar Bergen scholarship. She lasted a year and dropped out, going first to Atlantic City for the Miss America Pageant and then directly to New York City.

Within a few days of her arrival, Cloris was working as an extra in a movie. There followed a succession of jobs in the theater, interspersed with studies at the Actors Studio. In the mid fifties she deserted the safety of the stage for the new medium called television, where she played a variety of roles.

In 1970 she landed a key role in the Mary Tyler Moore Show as Phyllis Lindstrom, Mary Richard's obnoxious landlady. Her four Emmies were earned for best supporting actress in a comedy series, in this hallmark role.

Leachman's TV role gave her freedom to follow a movie career at the same time and in 1972 she was awarded an Oscar for best supporting actress of 1971 for her portrayal of Ruth Popper, the unattractive wife of the football coach in *The Last Picture Show*.

One of the busiest actresses, Cloris has captivated critics and audiences alike and, during her 40-year acting career, has been applauded in 30 motion pictures, 75 television series, 30 films for television, a dozen TV specials and two dozen theatrical roles. Most recently she has played an outstanding role in the astounding revival of the traveling musical known as Showboat. Also, her role in Grandma Moses garnered her extraordinary reviews that left critics spellbound.

"I am not an actress," she smiles, "I am an architect. Architecture has to do with ideas more than anything. The context behind what we do gives rise to the expression of ourselves—the way we come into the world."

Cloris Leachman was born April 30, 1926 in DesMoines, IA.

It is cruel, you know, that music should be so beautiful. It has the beauty of loneliness and of pain: of strength and freedom. The beauty of disappointment and never-satisfied love. The cruel beauty of nature, and everlasting beauty of monotony.
—Benjamin Britten

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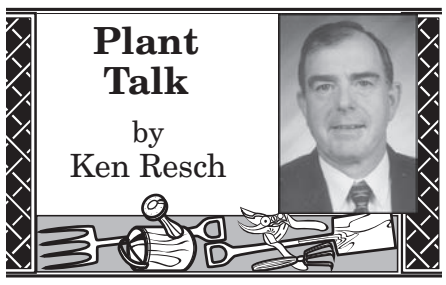

Worm World

The evening was warm as I turned on the garden hose to trickle among the rose bushes. I had been moving it from area to area for the past two hours anticipating the hunt once the sun went down. Later I turned off the hose and sat outside with Mom, Dad, Grandma and Grandpa just talking and waiting. By nine o' clock the sun was well set and Dad said "I think they're up, why don'tcha go get the flashlight and bucket? I darted into the garage and quickly retrieved the needed gear.

The rich black soil of the rose garden glistened with huge night crawlers as my light shone over them. Several darted back into the earth as the light touched them and I quickly learned to avoid too direct a contact with the beam. I eagerly reached out with my hand and gingerly, but firmly, grasped a worm as close to the hole as I could. With but a bit of a tug I held it dangling in the air before I dropped it into the bucket. Within half an hour I had more than two dozen jumbo night crawlers to take with us on our fishing journey in the morning.

Such was a typical Friday evening during the summer of my youth in Chicago. Our soil was so rich in organic nutrients that our worm supply was never exhausted in all the years I collected fishing bait. What they did for my father's rose bed they can do for any of our flower and vegetable gardens today. Worms are nature's earth movers and they will more than repay gardeners willing to offer them a nice habitat. I read that in soil well-populated by worms they can recycle four tons of soil in a year. Now that is real serious soil building!

What the worms need from us is organic matter on which to feed. In return, their castings (worm poop!) contain a whole array of micronutrients including nitrate, phosphorous and potassium—the three essential ingredients found in our lawn fertilizers. In addition, we need to provide moist soil conditions because worms excrete sixty percent of their body weight in urine each day—this is where the nitrogen comes from (about fifty pounds per acre) for the soil. Put lots of worms in the garden soil and you'll help prevent any serious nitrogen depletion. Most Dubuque soils are wonderful homes for worms that prefer clay to loamy soils because clay soils retain organic matter and moisture better.

It's obvious to most gardeners that the earthworm population is largest in the spring. Just ask any Robin—the earthworm's major predator—and you'll receive a cock of its head in affirmation. The dry summer months decrease the population only to see the numbers increase with cooler, wetter weather in the fall.

If you want to have a bumper crop of earthworms each spring, it's imperative you protect the young worms and eggs over the winter. They can freeze solid and live, but we must help avoid the freezing-thawing routines typical of late winter because that will kill most of the young crop. To avoid these problems, make certain you maintain organic matter in the soil. Retain spent green manure products like garden residue on the soil. Use clean grass clipping as a soil cover, and add manure or compost to the surface and avoid excessive tillage which will aerate the soil too much.

Should you wish to get really serious about worm composting consider indoor composting. The Worm Factory (www.naturesfootprint.com) has a really slick worm house named the "360 WF360B Worm Composter." Look at their web site or visit Amazon.com to read all about these marvelous units costing about $110.00.

Oh, and do one more thing. As a kid, I returned all the "unused" worms to the garden when I came home from fishing. If you care about this seemingly lowly animal, you'll have plenty of worms every spring.

The Kitchen Diva from P. 18

Honey Cream Topping and sprinkle with remaining cookie mixture. Serves 4.

LEMON HONEY CREAM

2 cups half-and-half
1/4 cup sugar, stevia or agave nectar
1 tablespoon cornstarch
2 tablespoons honey
1/2 tablespoon lemon juice
1/8 teaspoon salt
3 egg yolks

Whisk together all ingredients in a heavy 3-quart saucepan. Bring to boil over medium heat, whisking constantly. Boil, whisking constantly, for 1 minute. Remove from heat. Serve warm or cold. Makes approximately 2 1/3 cups

***

Angela Shelf Medearis is an award-winning children's author, culinary historian and the author of seven cookbooks. Her new cookbook is "The Kitchen Diva's Diabetic Cookbook." Her website is ***www.divapro.com.*** *To see how-to videos, recipes and much, much more, Like Angela Shelf Medearis, The Kitchen Diva! on Facebook. Recipes may not be reprinted without permission from Angela Shelf Medearis.*

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From The Batt Cave
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Living A Life On Linoleum

Mine was a life lived on linoleum.

Floors, steps and shelves of our old farmhouse were covered in the stuff.

It was back when phonebooks were thick and desired. I dreamed of flying with the Jetsons in their car one day. I was set on conquering the world, but I suffered from dollar deficit disorder. My lone skill in shop class was that I could straighten a nail. My school locker was so messy, a bonfire was the only cure. My unwashed gym clothes were a science project capable of driving mice from the school.

Lunch was when we paid homage to those in charge of our nourishment. Not everyone appreciated school lunches. A friend complained that her chocolate bar had melted and showed the messy wrapper to me as proof that she'd be forced to eat the school lunch instead.

"Oh the humanity!" I wailed, solidifying my reputation as the class nitwit.

Matthew 6:34 says, "Therefore, do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own."

I tried not to worry. I was a follower of Alfred E. Neuman, cover boy of MAD magazine, whose slogan was, "What, me worry?"

We dissected frogs in biology class. I tried giving mine artificial resuscitation. It was the first frog I'd ever lost. I felt terrible. Frogs have hops and dreams.

I consoled myself by quietly singing in the key of off, "Frog went a-courtin' and he did ride. Uh-huh."

Not quietly enough, as my teacher found it necessary to tell me to zip it.

I thought that if I could write a poem about the experience, I'd cover an English assignment as well as do my biology classwork. That should have been easy as frog rhymed with bog, clog, cog, dog, flog, fog, grog, hog, jog, log, slog, smog, etc. How hard could it have been to employ iambic pentameter to produce a stunning sonnet? Dissection provided vivid imagery. I haven't finished that sonnet or the one on procrastination yet.

I built a bridge for physics class. It was constructed from balsa wood and glue. Mine was more glue than balsa. The idea was to build a model bridge and see how much weight it would hold. My class was told that some students just like us, only smarter and with parents who could afford to hire someone to build the bridges, created bridges that carried 200 pounds. My bridge came to a sad end on the school bus. The memory of its demise has mercifully assumed blurred edges. I gathered the broken sticks into a brown paper bag and showed them to my teacher, a fine man who had once tried to explain why most of us wouldn't melt in the rain.

"Gravity," I said in explanation. "We have a lot of it at my house. I think it's the linoleum."

"Good effort," he replied. He owed me one.

That was because I'd answered his annual trick question. He'd asked the class who could start out in Indianapolis, drive 500 miles and still be in Indianapolis. My father listened to the Indianapolis 500 from the Indianapolis Motor Speedway. The radio roared with the sounds of the engines, making it hard to hear the broadcasters. It took a good imagination to listen to the Indianapolis 500 on the radio. Anyway, the answer was a driver in the Indy 500.

This was all during a time when I cavorted and participated in piffle. Hijinks were frequent.

I stopped with a friend at a local restaurant with a linoleum floor. We'd been baling hay, but we hadn't yet been paid. I had only a dime. You couldn't even get a dirty look for a dime. I came along just to watch him eat. He ordered a hamburger and a glass of milk. When the milk arrived, I covered it with my cap. Before he could complain, I said, "I'll bet you a dime that I can drink your milk without moving my hat."

"You're on," he said with a smile. A dime wasn't much, certainly not the price of a glass of milk, but a dime was a dime.

I picked up my hat and drank the milk.

Then I said, "I couldn't do it. You win. Here's your dime."

I'm thankful for the memories.

I don't need to use a weed whacker to find hidden treasures.

They are covered with linoleum.

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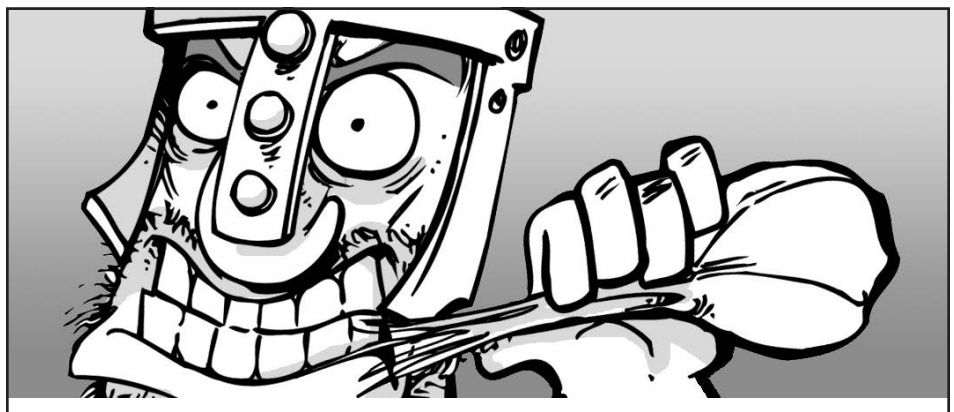

Fennel is one of our oldest cultivated plants and was much used by the Romans. Gladiators consumed fennel prior to battle to make them fierce, while Roman women ate fennel to prevent obesity.

Trivia test by Fifi Rodriguez

1. ADVERTISEMENTS: What kind of product did the animated character Toucan Sam sell?
2. LITERATURE: Who wrote the novel "Watership Down"?
3. MOVIES: Who plays the title character in "Nanny McPhee"?
4. ANATOMY: The temporal bone would be found in what part of the human body?
5. MEASUREMENTS: How long is a cubit?
6. ASTRONOMY: Which planet in our solar system is closest in size to Earth?
7. MUSIC: What is an anthem?
8. INVENTIONS: Who invented the modern-day assembly line?
9. LANGUAGE: What is the only word in English that has three consecutive double letters?
10. GEOGRAPHY: What is the capital of Arkansas?

Answers

1. Froot Loops cereal
2. Richard Adams
3. Emma Thompson
4. The skull
5. The length of a forearm, from the middle finger to the elbow
6. Venus
7. A piece of music intended to be sung to express patriotism, love or commitment.
8. Ransom Olds, who used it to build the first mass-produced automobile.
9. Bookkeeper
10. Little Rock

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Over The Years
by Grandma

The Life of a Hobo

Hobos have been traveling the U.S. and riding the rails since the Civil War. The romanticized image of the hobo peaked during the depression of the 1930s when many took the rails in a desperate search for work. It must be noted that a hobo differs from a tramp or a bum. Most hobos would agree a hobo works and wanders, the tramp dreams and wonders and the bum drinks and wonders.

A hobo or bo is simply a migratory laborer, he may take some longish holidays, but sooner or later he returns to work. The population of hoboes increased greatly during the Great Depression era of the 1930s. With no work and no prospects at home, many decided to travel for free via freight trains. Life as a hobo was a dangerous one. In addition to the problems of being itinerant, poor, far from home and support, and the hostile attitude of many train crews. The railroads employed their own security staff, often nicknamed "bulls," who had a reputation for being rough with trespassers. Many hoboes were killed each year either in accidents or by railroad ("bulls") brutal guards hired by the railroads to make sure the trains carried only paying customers.

In some places, hobos who drifted into town were not always welcome. In other places, they found those who were friendly and willing to help. Knowing where to go or whom to avoid was important to these travelers. So the hobo community developed a written communication system of signs. A symbol on a fence post, mailbox, or tree told other hobos what to expect in the town or from the homeowner.

During the Great Depression, the signs relayed information vital to a hobo's way of life. Some signs appear to have a visual connection to their meaning. (A drawing of a top hat meant a wealthy man lived there.) Others seem to indicate no relationship between the meaning and the symbol such as a cat symbol meant a kind lady lived there, a circle with two arrows through meant leave quickly and a bird meant a telephone was available. Therefore, the definitions and explanations of the approximately fifty different hobo signs had to be passed on. Perhaps the men shared this information while traveling together in a boxcar or while sitting around a campfire of a hobo jungle.

Hobo messages that were routinely exchanged were about where to find work, or a handout or perhaps mark a place that was not good for hoboes These messages were often written with a piece of coal or chalk on fences, signs, trees or just about any place a note was warranted. If a farmer was generous, the hobo would mark the lane so that later hoboes would know this was a good place to beg. These signs contributed to the hoboes sense of kinship with his fellow travelers. They shared a language unique to the hobo community. Like many in the 21st century, modern hobos use the technology of today to communicate. Thus the secret signs and symbols of hobos have passed into history and folklore.

Most hoboes don't go by their given names. If you are around the campfire you will hear names like Harmonica Spike, Cinderbox Cindy, Tiny Leopard, Dirty Feet, and Frog.

The National Hobo Convention is held the second weekend of August since 1900 in the town of Britt, Iowa. It is sponsored by the local Chamber of Commerce. The purpose of the convention was and is to boost the Britt economy. Not unlike the Olympics, the convention starts with a ceremonial lighting of a camp fire. The campfire will remain ablaze through the entire weekend.

On Saturday morning at 10 a.m. there is a parade. Following the parade there is free mulligan stew in the park. Other events include a 5K and 10K walk/run, hobo King and Queen coronation (to be king or queen, you must have ridden the rails), visits to the hobo museum, hobo auction, hobo memorial service at the hobo cemetery, a walk through the hobo jungle, where you will be musically entertained. There is a classic car show, bingo, craft show and carnival entertainment.

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3 cups cut green beans
1/2 cup finely chopped onion
1 full cup diced extra-lean ham
1 cup diced raw potatoes
2 cups water
1 1/2 cups fresh or frozen whole-kernel corn
1/8 teaspoon black pepper

1. In a large skillet, combine green beans, onion, ham, potatoes and water. Cover and cook over medium-low heat for 30 minutes or until vegetables are tender.

2. Stir in corn and black pepper. Continue cooking for 10 minutes, uncovered, or until corn is tender and most of the liquid is evaporated, stirring occasionally. Serves 4 (1 cup each).

• Each serving: About 145 calories, 1g fat, 10g protein, 24g carb., 367mg sodium, 3g fiber; Diabetic Exchanges: 1 1/2 Vegetable, 1 Starch, 1 Meat.

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Collecting
by Larry Cox

Fishing Lures

Q: My dad was quite a fisherman. In fact, most of our family vacations centered around fishing sites and campgrounds. I have several tackle boxes full of lures, and I understand they have value. How can I find out if any that I have are worth keeping? — *Bill, Lafayette, Colorado*

A: There are several excellent references that should be helpful. A personal favorite is "Classic Fishing Lures: Identification & Price Guide," by Russell E. Lewis and published by Krause Books. This comprehensive guide features lures by such companies as Heddon, Paw Paw, Creek Chub, Pflueger, Shakespeare and South Bend. It features more than 1,500 photos in full color, current pricing, history and facts about lure makers, and even tips on collecting and dating lures.

Q: I picked up a Hummel figurine at a garage sale for $50. It is No. 4, "What's That?" When was it made, and how much is it worth? — *Susan, St. Louis, Missouri*

A: I found your figurine referenced in "The Official M.I. Hummel Price Guide" by Heidi Ann Von Ricklinghausen and published by Krause Books. According to this guide, your figurine was issued in 1997 as an exclusive preview edition for members of the M.I. Hummel club. It is valued by Voin Ricklinghausen in the $105-$115 range.

Q: This may seem like an unusual question, but several weeks ago I purchased a salt and pepper set at a flea market, and when I got home, I discovered that I could not unscrew the tops. I don't want to use too much pressure since I could break one or both. Do you have any suggestions? — *Susan, Evergreen, Colorado*

A: Try this. Place your saltshakers upside down in a small bowl of white vinegar. Let the set soak overnight. This should solve your problem.

Q: I have a doll made by Mattel and called "Shopping Sheryl." I think I got it for my birthday in about 1970. — *Elizabeth, Naperville, Illinois*

A: Your doll was, indeed, manufactured in 1970 and is valued at $65. I found it in "200 Years of Dolls" by Dawn Herlocher and published by Krause Books.

*Write to Larry Cox in care of KFWS, 628 Virginia Drive, Orlando, FL 32083, or send e-mail to **questionsforcox@aol.com**. Due to the large volume of mail he receives, Mr. Cox cannot personally answer all reader questions, nor does he do appraisals. Do not send any materials requiring return mail.*

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DUBUQUE SENIOR HIGH SCHOOL

Attention: Alumni

For the first time in the history of Dubuque Senior High School, since 1858, an Alumni Association is being formed. The mission statement of the Alumni Association is: To encourage alumni to participate actively in the Senior High community, to attend events, to volunteer, to create new ways for alumni to stay connected to Senior High, and to contribute to the greatness of our High School.

The Association is starting out with a monthly Enewsletter that will share information on what is happening at Senior and the successes of the current students, share reunion information and important Alumni news.

The Alumni of Senior High School have a lot to share with the school and are an important part of the future successes of Senior and the Student Body, stated Terry Mozena, Association Member. Many of us have fond memories of our time at Senior and now it there is an opportunity to get reconnected. Please send your email address to **DubuqueSeniorAlumni@gmail.com** to be included in the monthly newsletter. Contact Terry Mozena at **563-584-0282** with any questions.

Radio From The 20th Century
by Bill Zwack

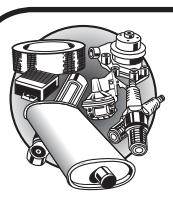
One of my favorites, and that of listeners of *The Big Broadcast* on KDTH on Sunday nights, is *Fibber McGee and Molly*. During their long run on radio, many supporting characters came and went. Here is a list of them as they started on the program.

Bill Thompson, who played many parts (voices) on the show, started 1-17-36 as *Nick Depopolous*. Long before Harold Peary was heard as *Gildersleeve*, he was first heard as *Mayor Applepuss* on 10-4-37, and *Gooey Fooey* on 2-14-38. *Myrt*, the telephone operator's first appearance was on 1-10-38. The first *Throckmorton P. Gildersleeve*, voiced by Harold Peary, was first heard on 9-26-39. *Mrs. Uppington* (Uppy), played by Isabel Randolph, came in to annoy Fibber for the first time on 10-11-38. Then came a favorite sound effect, the *Hall Closet*, first spilling out its entire contents on 3-5-40. Would you believe that during the long radio run of *Fibber McGee and Molly,* the *Hall Closet* was only heard a total of 128 times, although it seemed like it happened every Tuesday night that they were on.

Another favorite character was *Wallace Wimple*, who always got plenty of laughs recalling his situation with his big old wife, *Sweety Face*. Wimple's first appearance came on 4-15-41. Another foil came in the name of *Mayor Latrivia*, played by Gale Gordon, whom Jim Jordan (Fibber) was a little concerned about Gordon's ability to do comedy, since he was known for playing drama on radio. Needless to say, Gordon was very funny as *Mayor Latrivia*, who first appeared on the program on 10-14-41. It was on 9-30-41 that *The Great Gildersleeve* said goodbye to Fibber and Molly. He was moving to Summerfield to be responsible for his sisters two children, Leroy and Margery, and became Uncle Throckmorton to the children, but Throcky to everyone else. To replace Gildersleeve as Fibber's foil, the writers brought on Arthur Q. Bryan as *Doc Gamble*. He first appeared on 4-6-43. As Dr. Gamble, he and Fibber had many verbal battles, by all in good fun. They really did like each other, but hearing them, you would never know it.

Many other characters came and went before the series ended, especially during World War II, when several players enlisted. The writers, wanting to keep up the great humor known as *Fibber McGee and Molly,* went to many extremes, even having a maid for Fibber and Molly, *Beulah*, a black maid played by a white actor. *Beulah* became so popular that Marlin Hurt eventually had his own program. *Beulah* made her first appearance on 1-25-44.

Fibber McGee and Molly has been heard at around 9 p.m. every Sunday night on AM 1370 KDTH's *Big Broadcast* for many years, and will continue to bring smiles to your faces.



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Memories Passed On

(As told to my grandson Maury)

by Jerry Eberhardt

The Best Of Jerry

Tom Breitbach Gave an "Academy Award Performance"!!

At our recent baseball gathering, Maury, (when all my former teammates have lunch at Alverno, which Grandpa really enjoys), this baseball memory was recalled. It was a truly funny incident involving a brilliant "piece of acting" plus beautiful timing and coordination. Maury, here's what occurred:

It was on a night we played one of the best barnstorming Negro teams in the country before a packed house. They were called (at that time) "The Colored House of David." (There was also an equally famous team called "The White House of David" whom we also scheduled....Maury, both teams were so labelled because all these players grew long beards!)

Grandpa doesn't recall the exact inning this occurred but Bob Hoerner, our regular centerfielder, was called upon to relieve Tom Breitbach, our number one pitcher. This didn't happen very often, as Tommy finished the great majority of the games he started. On this occasion Tom did not leave the ball game but "traded" positions with Bob replacing him in centerfield. What happened soon after was an incident the fans in a ball park, packed to the rafters could hardly believe!

Jerry Eberhardt with grandson, Maury Cohn

When a "House of David" batter hit a sharp single to centerfield and would ordinarily stop at first base, Tom fielded the ball cleanly but pretended it went through his legs, immediately turned his back, faked going after the ball for a few steps, suddenly turned around again and made a perfect throw to Bob Schlueter at second base to nail the runner who couldn't believe what happened!! No one, including Tom, plans a play like that! Tom was a great all around smart athlete, but this was amazing! Grandpa thinks it was part Tom's great reflexes, part instinct and part "hotdogging"!! When you try what Tom did the result either makes you a hero or a goat! No wonder, Maury, we had such a great ball club! Grandpa truly believes that if baseball gave Oscars, Tom deserved an Academy Award!!

Much love,
Grandpa

He who joyfully marches in rank and file has already earned my contempt. He has been given a large brain by mistake, since for him the spinal cord would suffice.
—Albert Einstein

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The Shark Days of Summer

The term "Dog Days of Summer" is an expression that has fallen out of favor in recent times, and for sports fans this poses a peculiar dilemma. In today's world it's all about building a brand, and these two months -- when kids are out of school, people go on vacation and women wear bikinis -- have always had an image problem. And besides, hipster millennials are not going to use ancient Gregorian-era terms like "July" or "August." OMG LOL

There are other reasons to take action. If we don't figure out what to call these days, our sports calendars can get out of whack. It's like trying to catch up on sleep. You can't. Schedules will run into one another, and the next thing you know, the Chicago Blackhawks will be playing hockey in June in places like Tampa Bay, which sounds preposterous, but that's exactly the kind of apocalyptic vision that I feel awaits us if we don't act now.

You don't have to slip too far down the slope to see that this could lead to the watering down all of our standards. It would be like calling a team that has won three non-consecutive Stanley Cup championships over a six-year span a "dynasty" instead of the accurate way we refer to such scenarios in our present day, which is "not a dynasty."

Boardwalk vendors say that "dog days" refers to the hot dogs they sell, but I'm skeptical. We've only been calling them "hot dogs" since World War II. I doubt we referred to the summer months as the "Frankfurter Wiener Days" before the war. Anyway, the answer I propose looms a little further off the boardwalk, in waist-deep water, waiting to strike at any moment:

These are the "Shark Days of Summer."

For one, this is the time of year Discovery broadcasts "Shark Week" all month. I'm not quite sure what is left to discover about sharks, but give those producers and scientists credit for giving us what we want, which clearly is taunting sharks. Because I think we have a pretty firm grasp on what sharks do by now. It's not like we're going to suddenly find out something that changes our perception of the sharks.

We will never see the scientist turn to the camera and say something like, "Hey! Guess what? Found out something NEW. Turns out, they're huge Judy Garland fans. We caught some hammerheads sneaking off to the Maldives the other night and heard them singing show tunes with a bunch of leopard seals after hours."

In addition to the headline-grabbing exploits of the sharks trying to eat newspaper editors off our southern coast, "Shark Tank," starring Dallas Mavericks owner Mark Cuban, is enjoying a ratings bonanza on the tube. I am not in any way trivializing the danger of what's been going on — people have legitimate reason to worry — but again, I just want to point out the statistics. As scary as it may seem, the odds of being attacked by Mark Cuban are very low.

My elevator pitch could probably use a little work, though. Enjoy the rest of your summer, folks!

Mark Vasto is a veteran sportswriter who lives in Kansas City.

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Sports Comment

by Gary Dolphin

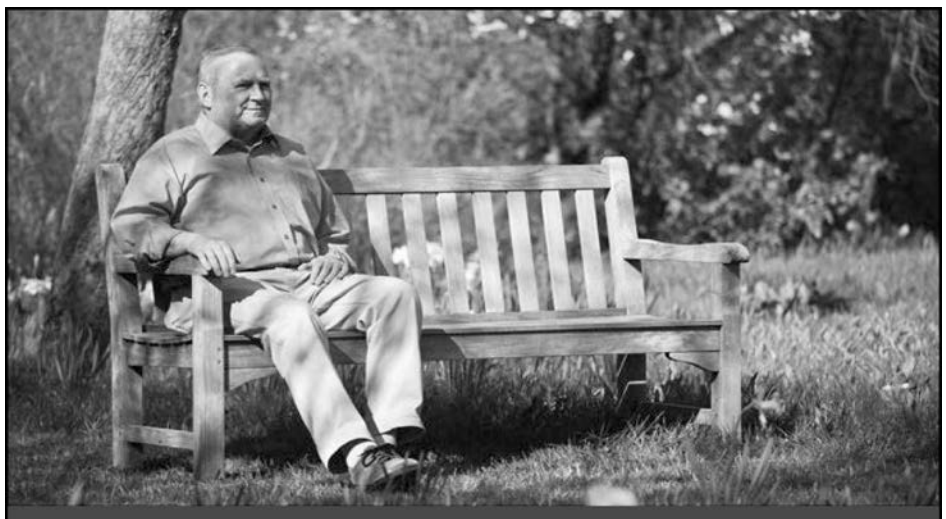
V.P. usbank – Business Development

and Voice of the Iowa Hawkeyes

From Where I Sit

To see the golfers tear up Old St Andrews golf course at the recent Open Championship, especially in round three, was something nobody was prepared for. To have an amateur at the top of the leader board following the round was even more eye popping than Jordan Spieth seekng a third straight leg of the grand slam. You have to go back to 1953 and Ben Hogan to find the last time that happened. Cedar Rapids' Zach Johnson was right in the middle of the mix just three shots from first headed to the rare Monday final. Ironically it was the first time in Tiger Woods career that he missed the cut for the US Open and Open Championships in the same year. Phil Mickelson was under par but never a serious contender. Golf is truly passing the baton from Tiger, Phil, Ernie and Furyk to Spieth, McIroy, Fowler, Dustin Johnson, Jason Day and this fabulous 21 year old amateur Paul Dunne.... in many ways a Zach Johnson type story. Dunne, from Ireland, is a senior at Alabama Birmingham. Like Zach, Dunne wasn't the top player on his collegiate team and yet there he was at 12 under par and tied for first after round three. Zach Johnson didn't wear the number one label at Regis high school or at Drake and yet 11 tour wins including the Masters and 35 million dollars in career earnings later, well he's turned out OK!

Golf is in a good place right now. Junior programs are populated more heavily. Locally, youngsters are eagerly joining up at ages five, six and seven to learn the game that's not for the wealthy anymore. Hats off to Dubuque area local pros, who collectively, through the Telegraph Herald Junior summer tourney tour and their own programs, have energized and developed many good players for the future. Former Wahlert prep and Iowa star Steven Ihm is playing on the South American PGA tour hoping one day stand on the first tee at St Andrews, Augusta, Hazeltine or Whistling Straits.



1. Ron Washington holds the mark for most career wins as manager of the Texas Rangers (664). What was his highest single-season total?
2. In 2014, Neil Walker set a Pittsburgh Pirates record for most home runs by a second baseman (23). Who had held the record?
3. Four NFL teams have been to at least two Super Bowls without winning one. Name three of them.
4. When was the last time before 2014 that the University of Dayton's men's basketball team reached the NCAA Tournament Elite Eight?
5. In 2015, Philadelphia forward Jakub Voracek tied an NHL All-Star Game record with six points. Who else holds the mark?
6. Name the last NASCAR Cup driver before Kevin Harvick in 2014-15 to finish first or second in at least eight consecutive races.
7. Who holds the women's record in the Open Era for most singles championships at tennis' U.S. Open?

Answers

1. His Rangers won 96 games in 2011.
2. Bill Mazeroski, with 19 in 1958.
3. Cincinnati (0-2), Philadelphia (0-2), Buffalo (0-4) and Minnesota (0-4).
4. It was 1984.
5. Mario Lemieux, who did it in 1988.
6. Richard Petty, in 1975.
7. Chris Evert and Serena Williams, each with six titles.

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Be sure to check the Web site TheGoldenViewonline.com

A Rose by Any Other Game

After two consecutive years of rather nice "farewell tours" for Mariano Rivera and Derek Jeter, baseball fans have been treated this year to a different spectacle altogether with Alex Rodriguez and Pete Rose.

For Rodriguez, his is a series-by-series walk of shame. With every legendary name he passes in the record book — Roberto Clemente, Willie Mays, Frank Robinson — it becomes more and more apparent that what you are watching is not some great sporting feat, but rather an asterisk in action. His name will never be enshrined in Cooperstown, and although he is the greatest Yankee third baseman of all-time in terms of statistics, his face will never adorn a monument out in center field.

What you are seeing with A-Rod is how a fan base is willing to forgive a player of his past sins as long as he can still hit, and for everyone else he is still good enough to be a worthwhile foil. His career will be over soon, and he will fade into history quicker than most people would have you believe. There are enough highlights to fill the reels many times over in the baseball archives. His feats will not be missed.

The reason why people suspect we may be talking about Rodriguez is largely due to Pete Rose. Rose — Charlie Hustle — the guy who bowled over Ray Fosse in an All-Star Game in order to score a measly run in an exhibition; the guy who slid head first, and played any position you told him to play without complaint. Rose ... the last of the old-time baseball players, the link to the 1960s for the '80s generation, the last player-manager and the game's all-time hits leader. Rose ... the guy who is banned from baseball for betting on its games.

Rodriguez won't be banned from the game. He'll still come back to old-timer's games. So will Roger Clemens and Barry Bonds. Mark McGwire will still be a coach in the league. Rose, however, will always be the guy on the outside of the fence, desperate and longing for one brief glimpse of what lies on the other side. No other disgraced athlete has captured our imagination in much the same way as Rose, and there have been plenty of disgraceful athletes. No, it's Rose's lifelong campaign to end his lifelong ban that keeps him alive in our minds.

Rose will be allowed to participate in the All-Star Weekend this season, and as in every other year, there will be talk about lifting the ban so he can enter the Hall of Fame. Rose will point at A-Rod and the dopers of the game and say his crime wasn't any worse, and he will try again for reinstatement to the game he loves.

Don't bet on it, Pete. If it was any other game, you'd have that shot, but baseball keeps two sets of books, and you'll always be in the wrong one.

Mark Vasto is a veteran sportswriter who lives in Kansas City.

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Good Housekeeping

Kansas City Ribs

Baby back ribs with a gooey tomato-based sauce are a summertime tradition, whether you enjoy them as a main dish or serve them as an appetizer.

Ribs

3 racks pork baby back ribs (about 1 pound each)
1 onion, cut into quarters
1 orange, cut into quarters
1 tablespoon whole black peppercorns
1 tablespoon whole coriander seeds

Barbecue Sauce

3 tablespoons margarine or butter
1 medium onion, chopped
4 garlic cloves, finely chopped
1 can (15 ounces) tomato sauce
1/4 cup cider vinegar
1/4 cup packed brown sugar
1 teaspoon salt
1/4 teaspoon coarsely ground black pepper

1. Prepare ribs: In 8-quart saucepot, place ribs, onion, orange, peppercorns, coriander and enough water to cover; heat to boiling over high heat. Reduce heat to low; partially cover and cook 50 minutes to 1 hour or until ribs are fork-tender. Transfer ribs to platter. If not serving right away, cover and refrigerate until ready to serve. Serves 6.

2. Meanwhile, prepare barbecue sauce: In 2-quart saucepan, heat margarine over medium heat until melted. Add onion and garlic and cook 8 minutes or until softened, stirring occasionally. Add tomato sauce, vinegar, sugar, salt and pepper; heat to boiling over high heat. Reduce heat to low; simmer 40 minutes or until thickened, stirring occasionally. Makes about 2 2/3 cups.

• Each serving: About 380 calories, 24g protein, 9g carbohydrate, 27g total fat (9g saturated), 58mg cholesterol, 520mg sodium.

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Down Memory Lane

Exerpts From The Pages Of "The Avalon" A Newsletter Of The Dubuque Packing Company

Softball 1953

Softball 1953

SOFTBALL

The Dubuque Pack Canners softball club was organized last season and has entered the local Twilight league this year. Manager Ben Belling's combination suffered only one loss in independent competition last season while defeating some of the strongest clubs in the Tri-State area. Pitchers Jack Schnee and C. J. Richards will do the hurling for the Canners who are garbed in yellow and black shirts with the Canned Meats insignia. They rank as a top team in the Twilight loop this season.

CANNERS (above) Back Row: (left to right) Mel Maas, Walter Davis, Ray Hingtgen, Leonard Hanson, John Schnee, Mgr. Ben Belling. Front Row: John Rosier, Pete Driscoll, Clarence Richard, Bob Moore, Tom Schilling.

1. Name the Cuban song made famous by the Sandpipers.
2. Which Al Green song was covered by both Foghat (1976) and the Talking Heads (1978)?
3. Who released "What Becomes of the Broken Hearted"?
4. Paul Rodgers was lead singer for which hard rock '70s band?
5. Name the song that contains this lyric: "Going where the weather suits my clothes, banking off of the northeast wind, Sailing on a summer breeze, and skipping over the ocean like a stone."

Answers

1. "Guantanamera," in 1966. Widely covered, the song's title translates into "She from Guantanamo." In Cuba there was a lawsuit, finally settled in 1993, about who had originally written the song in 1929.
2. "Take Me to the River," written by Green in 1974.
3. Jimmy Ruffin, in 1966. The song originally had a spoken intro, which was replaced with an extra-long instrumental.
4. Bad Company.
5. "Everybody's Talkin'," by Harry Nilsson in 1966, netting a Grammy for the song in the film "Midnight Cowboy." Songwriter Fred Neil had recorded it in one take because he wanted to get home to Miami and the ocean. For a real treat, go to YouTube and compare both versions.

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Great Grilling

Tips For Grilling On The Go This Summer

(NAPS)—Modern camping has evolved in every way—and for some, roasting weenies on a stick just doesn't cut it anymore. In fact, according to the 26th Annual Weber GrillWatch Survey, more than 40 percent of grill owners like to pack their grills when heading off to their favorite campsite. Outdoor enthusiasts are taking control of their menus by starting with equipment that can deliver a fireside four-star meal.

With camping season upon us, it's time for a refresher course to help keep you and your campsite in top shape.

"Most people want to enjoy more than just hot dogs and burgers when they're grilling on the go," says Kevin Kolman, Weber's Grill Master. "Having a powerful, portable grill gives you a lot more options for cooking than just about anything you can imagine."

If you're planning a summer camping trip, you'll want to be prepared. Check out these tips from Weber for safe and fun grilling on the go:

• **The Grill:** When it comes to grilling and outdoor cooking, the debate over gas versus charcoal could rage all summer long. "Gas and charcoal grills are both available in portable models," says Kolman. "It's really about a lifestyle choice. Gas is more convenient and quicker, but charcoal is really ideal when you have the time to kick back-like on a camping trip-and tend to the flames."

• **Fill 'er Up:** Make sure to bring enough propane or charcoal to keep the fires burning for your entire trip. On average, a 20-lb. propane tank will last for approximately 12-14 hours-but you'll need an adapter hose to attach it to a portable gas grill. A smaller, easy-to-tote 1-lb. tank will last for approximately an hour and a half, so make sure to plan your meals and pack accordingly. For charcoal grills, you'll need about 50 briquettes to fuel a standard stand-up charcoal kettle-so plan to use 30 briquettes each time you grill for a compact model, like a Smokey Joe.

Weber's new Q1200 portable gas grill weighs just 31 pounds and is easy to tote anywhere—like America's No. 1 place to grill away from home: camping.

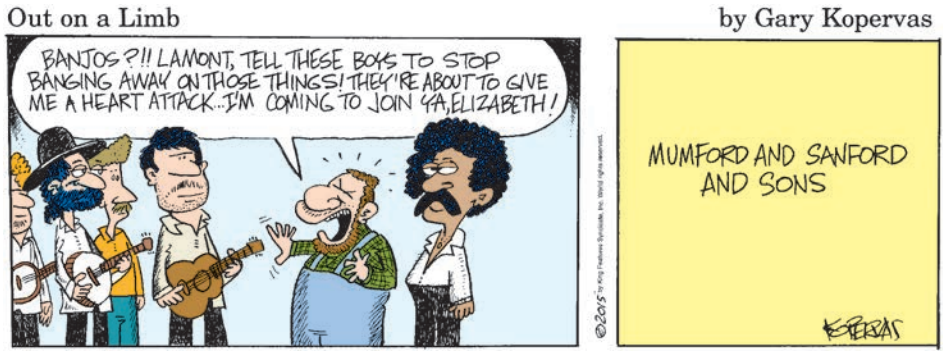
• **Safety First.** Always make sure you are grilling on stable, flat ground and are at least five feet away from anything flammable.

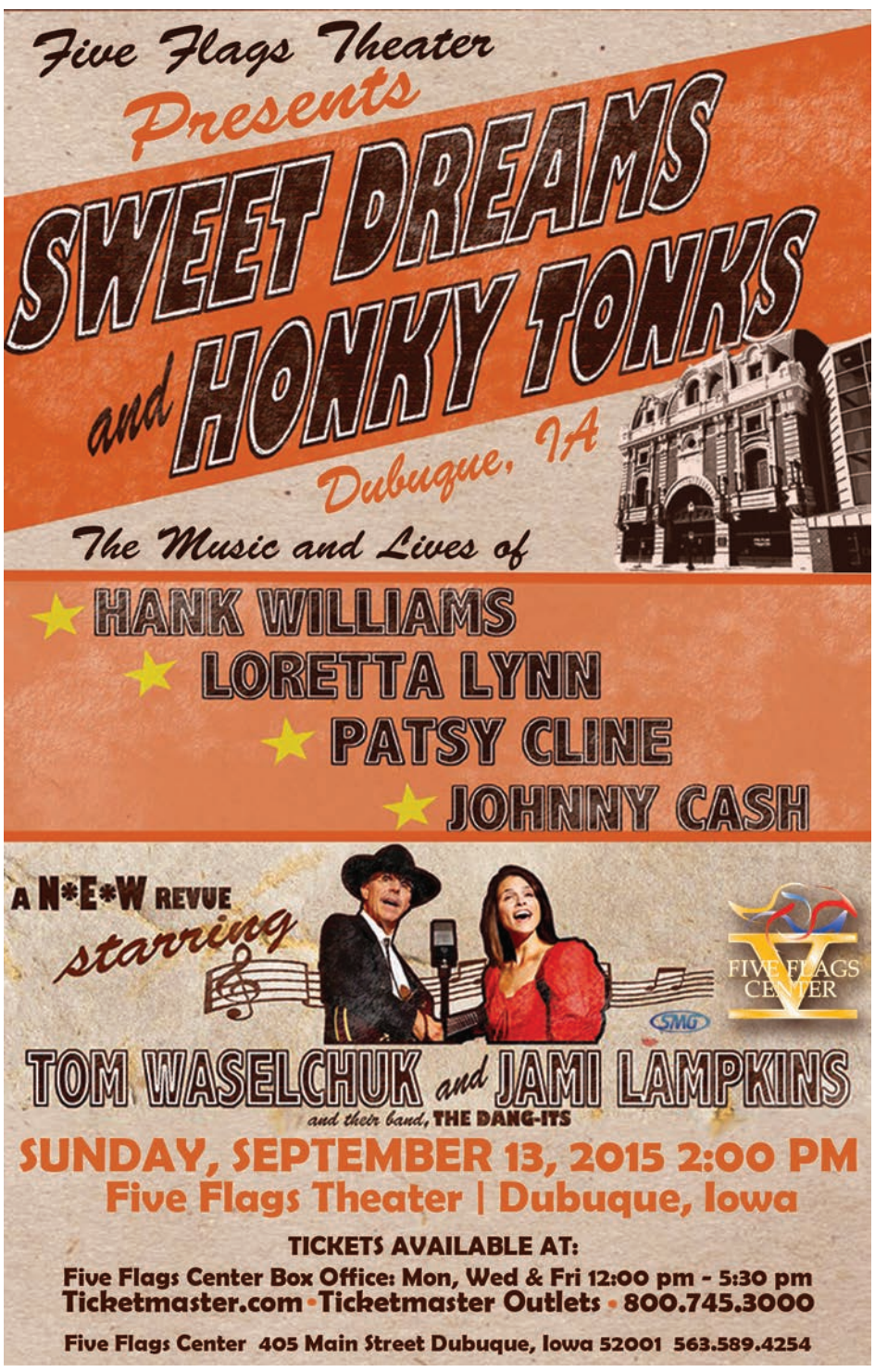
• **Use Your Head.** Make sure you extinguish your grill properly. Your grill should be cool to the touch before you dispose of spent charcoal ashes. Check with your campground to locate the proper place to dump ashes. Store your LP tank in the car in a secure upright position when not in use.

• **Stay Grounded, but Reach for the Stars.** "There's almost no limits on what you can grill outdoors vs. indoors," says Kolman. "With camping, I would recommend looking for recipes that are a little more portable, have fewer ingredients and are easy to clean up." Kolman suggests kebabs for the ultimate in convenience, but also challenges grillers to try pizza, scallops and even cake on the grill. "With the right grill and preparation, you really can do it all."

For more tips, recipes, and grill and accessory information from Weber, visit *www.weber.com.*

Out on a Limb by Gary Kopervas





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Things We Learn In Our Youth!

When I was growing up in Northeast Iowa a numismatist in my home town tutored me in the hobby of "Coin Collecting." Numismatics collect currency including coins, tokens, paper money and related objects. When selling on eBay these are some of my favorite things to sell and one of the largest categories on eBay. Recently I was given the opportunity to sell a personal collection of gold coins. The collection consisted of 29 coins from the 1800's. The collection was purchased on eBay by an investor for $16,100.00.

11th Annual Irish Hooley

Thursday, August 20, 2015
Hooley Unplugged

Mississippi Moon Bar Doors open at 6:00 p.m. (adults only)

Screaming Orphans • The High Kings

Friday, August 21, 2015
Hooley Fest: Tilt Your Kilt

Dubuque Star Brewery, Port of Dubuque 4:00 – 10:30 p.m.

Screaming Orphans • We Banjo 3 • The High Kings • Gaelic Storm

HOOLEY HAPPY HOUR (Friday)
Wear a Kilt or enter before 5:00 p.m.
& get 2 free drink tickets

Saturday, August 22, 2015
Hooley Fest: Just Good Craic

Dubuque Star Brewery, Port of Dubuque 3:00 – 10:30 p.m.

Screaming Orphans • We Banjo 3 • Gaelic Storm

Thursday, August 20, 2015
6:00 pm — Doors Open
7:00 - 8:15 pm — The Screaming Orphans
8:30 - 9:30 pm — The High Kings
9:30 - 10:00 pm — An Irish Session

Friday, August 21, 2015
4:00 pm — Gates open
4:30 - 5:30 pm — The Screaming Orphans
6:00 - 7:00 pm — We Banjo 3
7:30 - 8:30 pm — The High Kings
9:00 - 10:30 pm — Gaelic Storm

Saturday, August 22, 2015
3:00 pm — Gates Open
3:30 - 5:00 pm — Opening Ceremony
5:30 - 6:45 pm — The Screaming Orphans
7:15 - 8:30 pm — We Banjo 3
9:00 - 10:30 pm — Gaelic Storm
10:30 pm — Hooley ends...The Scattering

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Guinea Pig Diagnosis

DEAR PAW'S CORNER: I'm so frustrated with my veterinarian. A few days ago, I found my little cavy "Clara," who's only a year and a half old, lying on her side, unable to move. She was awake and alert otherwise. I called her vet — who charges a fee for such consults — and he said to just let Clara lay there and monitor her. What kind of treatment is that? I'm wondering if I should have just brought her in because all the worried phone calls I've made are adding up. — *Caring Cavy Dad in Chicago*

DEAR CAVY DAD: You did the right thing by contacting Clara's vet immediately. And while her condition likely is serious, the vet probably felt that moving her to bring her into the clinic might do her more harm.

Cavies — a.k.a. guinea pigs — can suffer a variety of serious illnesses. These include heart attack, stroke and in rare cases, paralysis with no apparent cause. Each has certain telltale symptoms. The vet probably asked some questions that gave him an idea about what the illness might be, and his recommendation was to keep her resting and comfortable.

This is important for cavies. Their nervous system is constantly on high alert — a built-in defense mechanism — so excessive or prolonged stress can cause serious and sudden health problems. Sometimes the prescription for healing is just keeping them comfortable, out of direct light and in steady temperatures. The vet also may recommend nutrient supplements.

So, hang in there and keep an eye on Clara. With rest she may recover soon.

Send your questions about pet care to ask@pawscorner.com.

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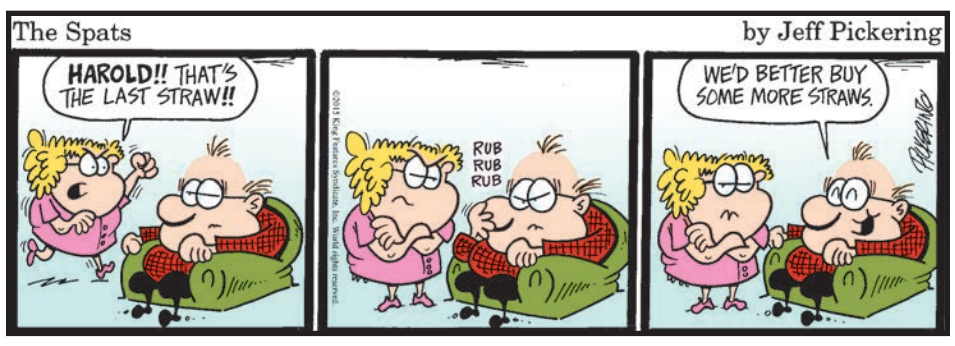

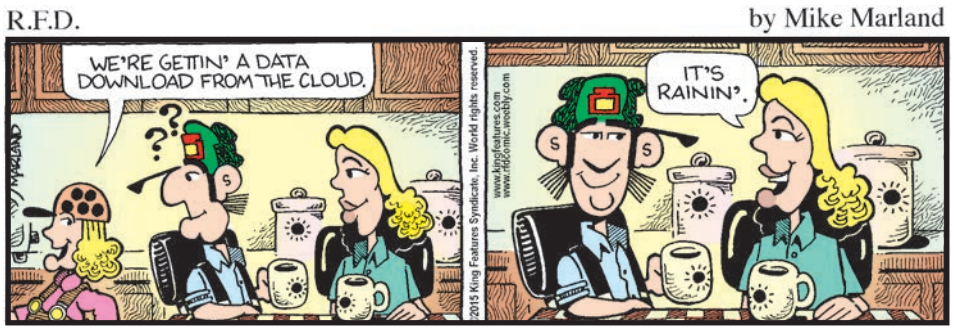

Cremer's Cooking Tips

Brined Grill-Roasted Pork Loin

Ingredients

1/2 cup sugar
1 cup kosher salt
2 cups water
1 (4 to 5 pound) boneless pork loin roast
Extra-virgin olive oil
Cremer's Rub Me Tender Seasoning

Directions

In a bowl mix the sugar and salt with 2 cups of water until dissolved. Put the pork roast into a deep bowl or a large plastic bag. Pour in the sugar and salt water. Add more water until the meat is covered. Let it sit in the brine in the refrigerator for 2 to 6 hours.

Remove the pork roast from the brine about 1/2 hour before you will be ready to cook it to allow it to come up to room temperature. When ready to cook, heat a grill to high heat. Dry the pork, rub it with olive oil, and season it with Rub Me Tender Seasoning. Sear the pork on all sides to get grill marks. Move the roast to an upper rack (or over indirect heat) and put a drip pan underneath it. Cook the pork until the internal temperature reaches 145 degrees F, about 30 to 45 minutes. Remove to a platter, cover loosely with foil, and allow it to rest for 10 minutes.

Before carving, add any accumulated juices to the drippings in the pan. Spoon these over the sliced pork.

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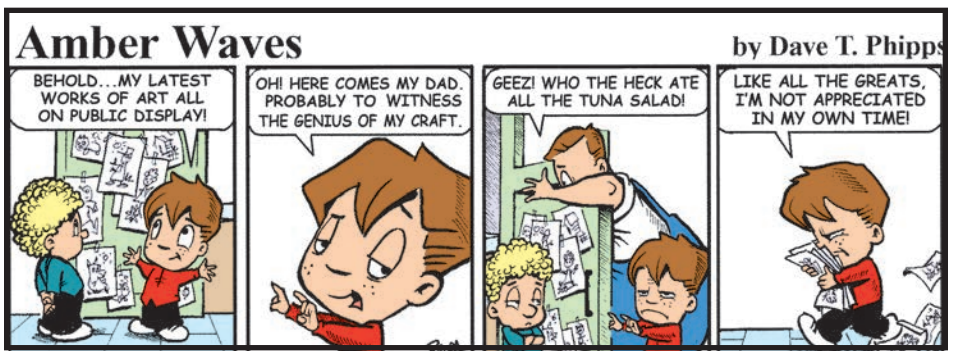

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H L F L D K C C O C E E A T H
Z X I W L V R G N I D N A T S
U S R A Q A O A E P I O N A M
K J I H M F T G M E S M D B B

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

Batting	Marching	Short	Tall
Birth	Market	Side	Telephone
Gag	Money	Standing	Written
Mail	Picking	Stop	

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HOCUS-FOCUS

BY HENRY BOLTINOFF

Find at least six differences in details between panels.

Differences: 1. Bow is smaller. 2. Sleeve cuff is missing. 3. Cap is missing. 4. Book is reversed. 5. Mat is missing. 6. Cornerstone is missing.

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GO FIGURE! by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

	÷		+		9	
−		−		−		
	−		×		5	
+		×		÷		
	×		÷		4	
6		5		1		

1 2 3 4 5 5 6 7 9

DIFFICULTY: ★

★ Moderate ★★ Difficult
★★★ GO FIGURE!

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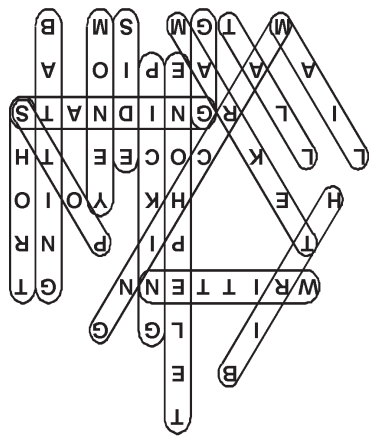

ORDERS

SUDOKU *Answer*

1	2	9	5	9	3	8	7	4
9	4	7	1	8	2	6	3	5
3	5	6	8	7	4	2	9	1
2	6	5	7	1	4	9	8	3
8	1	4	3	6	9	5	2	7
7	3	9	2	8	5	1	4	6
4	7	1	2	5	8	3	6	9
6	8	3	9	4	1	7	5	2
5	9	2	6	3	7	4	1	8

— King Crossword — *Answers*

Solution time: 27 mins.

H	I	D	■	B	L	A	M	■	V	A	L	E
O	R	E	■	A	L	M	A	■	O	T	I	S
S	O	L	E	N	O	I	D	■	W	E	E	P
E	N	E	R	G	Y	■	I	C	E	■	■	■
■	■	■	R	E	D	■	S	O	L	E	M	N
M	A	N	O	R	■	F	O	X	■	L	E	A
A	L	A	R	■	U	R	N	■	X	M	A	S
P	S	I	■	F	L	Y	■	T	E	S	L	A
S	O	L	E	L	Y	■	S	I	B	■	■	■
■	■	■	W	A	S	■	A	M	E	L	I	A
C	A	N	E	■	S	O	L	E	C	I	S	M
A	G	A	R	■	E	V	E	R	■	A	L	P
P	O	P	S	■	S	A	S	S	■	R	E	S

THE CASHIER

BY RICARDO GALVÃO

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SUDOKU

by Linda Thistle

	1		7	3				5
2				4		3	8	
9		3			2	1		
6		1	5			9		
		5		6			1	8
	8				7			2
	9		6		4		5	
		6		8		7	4	
4	7		3					1

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ★

★ Moderate ★★ Challenging
★★★ HOO BOY!

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Go Figure! *answers*

■	1	■	5	■	9
4	5	÷	5	×	4
■	÷	■	×	■	+
5	1	×	2	−	7
■	−	■	−	■	−
9	9	+	3	÷	9

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