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Gilbertson Returns for *Chamberfest Dubuque*

by Rebecca Kremer,
Program Director, Northeast Iowa School of Music

ChamberFest Dubuque with Michael Gilbertson and friends is back! The Northeast Iowa School of Music (NISOM) presents the multi-event festival, including the audience favorite formerly known as *Juilliard in June*, headlined by Dubuque native and NISOM alumnus Michael Gilbertson along with six young professional guest musicians.

ChamberFest 2015 kicks off with the ChamberFest Showcase. NISOM faculty members and adult ensembles will give performances on Sunday, June 7, 3PM at Westminster Presbyterian Church. Admission is free for this showcase celebration.

Then, on Monday, June 15, Gilbertson and guest musicians, backed by a full orchestra,

Nicholas Palmer

will present the ChamberFest Orchestra concert. Nicholas Palmer, former conductor of the Dubuque Symphony, returns for this pops concert of light classics in UD's Heritage Center at 7PM. Tickets are available through Farber Box Office at 563-585-7469.

The festival culminates on Thursday, June 18, with the Gala Performance (formerly *Julliard in June*) at 7PM in Jansen

Michael Gilbertson

Hall at Clarke University. The Gala will feature the guest artists in intimate solo and ensemble performances, with a champagne reception to follow. Tickets are available through NISOM at (563) 690-0151.

Gilbertson and the guest musicians will also present a free student workshop with masterclasses the evening of Wednesday, June 17 at Loras College. Contact NISOM to register.

When NISOM began *Juilliard in June* in 2009, the guest musicians consisted of students at the prestigious Juilliard School. They are now professionals who perform across the country and around the world, but only during NISOM's *ChamberFest Dubuque* do these musicians come together. For more information about the 2015 performers and *ChamberFest Dubuque* events, visit ***nisom.com***.

The Northeast Iowa School of Music (NISOM) is a non-profit organization that provides opportunities for quality arts education and enrichment in the Tri-State area to musicians of all ages, musical abilities, and economic backgrounds. NISOM offers year-round private lessons and group classes as well as a variety of events and programs for the public to enjoy.

Are you ready for some... Fireworks?

by Lisa Delaney

The July 3rd fireworks and air show is coordinated annually by the four stations of Radio Dubuque (AM 1370 KDTH, 92.9 KATFM, 97.3 The Rock and 101.1 The River) and the Dubuque Jaycees. 2015 will be the 30th Annual show and promises to be bigger and better than ever!

Dubuque's Independence Day Spectacular is dedicated annually to the men and women of the U.S. Armed Forces who help protect the freedoms we enjoy today. Many military aircrafts have been featured in the shows over the years. In their flyovers, U.S. Air Force pilots have reported that they estimate the Tri-State crowd size to be in excess of 250,000 people. It has evolved into the biggest community event in the tri-states.

Although the celebration can be seen from all over the Tri-State area, "Show Central" is located in the AY McDonald Park next to the Hawthorn Boat Ramp just below Lock and Dam 11. If you are planning to celebrate in this area, or anywhere near, please remember to arrive early (probably before 4pm) and pack and plan to be there through the end of the fireworks. It is often very hot that time of year and you are strongly encouraged to keep your pets at home.

The Air Show will begin at approximately 6pm and the line-up includes: The United States Army Golden Knights Parachute Team; The Aerostars Flight Team;

Mike Whiskas and the Lucas Oil Pitts Plane; a MV22 US Marine Corp Osprey; a US Navy F-18 Hornet; a Heritage Flight with an F-16 and P-51 Mustang; a Jet Demonstration with Red Star and Dragon; and a US Army Chinook Helicopter. And then at Dusk ... the fireworks extravaganza! For a listing of all events associated with this years' celebration, log onto KDTH.com and click on the Fireworks icon.

The only way the radio stations and the Jaycees have the ability to put on this show each year is through the financial support of good corporate citizens. Thank you to EVERYONE for your past and present support, we couldn't do it without you!

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June 4, 11, 18, 25	June 2, 9, 23	June 3, 17	June 10, 24	June 12
11:00 a.m.	11:00 a.m.	11:00 a.m.	11:00 a.m.	11:00 a.m.

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FIRE!

Unless you are roasting marshmallows, the word "fire" is unwelcome and terrifying.

Such was the case at Camp Albrecht Acres on Wednesday morning, May 13, 2015, just weeks before the beginning of the rewarding, exciting camping season for approx 750 special needs campers.

If this had to happen, it was fortunate that no one was in the building and it was before camping season began. We are thankful for that! Our first thoughts were of how disappointed our campers would be if we were unable to get everything up and running. For some of our campers this is the only vacation they get all year. Equally important, this is the only time some primary caregivers get a week-long respite from their 24/7 duties.

Thanks to the quick response of the Sherrill fire department, the structure was saved. But soot covered nearly every surface and the smell of smoke is throughout the building.

The Kehl building is the center of many activities. The weekly dance, group games, awards ceremonies are in the gymnasium. The arts and crafts room is where campers can express their feelings and talents through a variety of mediums.

The upper floor has 4 dormitories with 82 beds and handicap accessible bathrooms.

The basement (where the fire originated from undetermined cause) is storage for sporting and maintenance equipment, canned goods and a walk-in freezer full of meat and vegetables which was fully stocked for the coming camping season.

- Everything in the basement is a total loss.
- The 82 mattresses will have to be replaced.
- The floor tiles above the source of the fire were melted.
- Most ceiling tiles are unusable.
- All paper products were destroyed.
- Very little in the craft room will be usable.
- The office equipment is being assessed for usability. Phone, internet and electrical lines were melted.
- Too many things to list when you realize what is needed to accommodate a summer of 850 campers, counselors and staff.

If you have ever been to a breakfast, wedding or anniversary reception, or retreat, you know that the Kehl Center is well equipped with tables and chairs for a crowd. It is unknown if these are salvageable.

A restoration company has been hired to properly clean, sanitize, seal and repair. Everything will be done to try to save what can be saved.

It appears that we are going to be ready for the camp season thanks to some herculean efforts of the camp executive director and staff, the insurance company, and faithful donors and supporters.

On behalf of our campers, thank you from the bottom of our hearts for your concern and generosity.

Donations to help replace items lost in the fire that won't be covered by insurance may be directed to:

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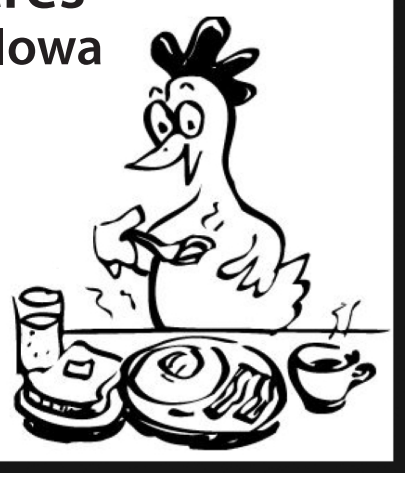

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Air Show: 6 p.m. – 8:30 p.m.
US Navy F-18; US Air Force F-16 and the Marine Corp Osprey
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Fireworks will begin at Dusk
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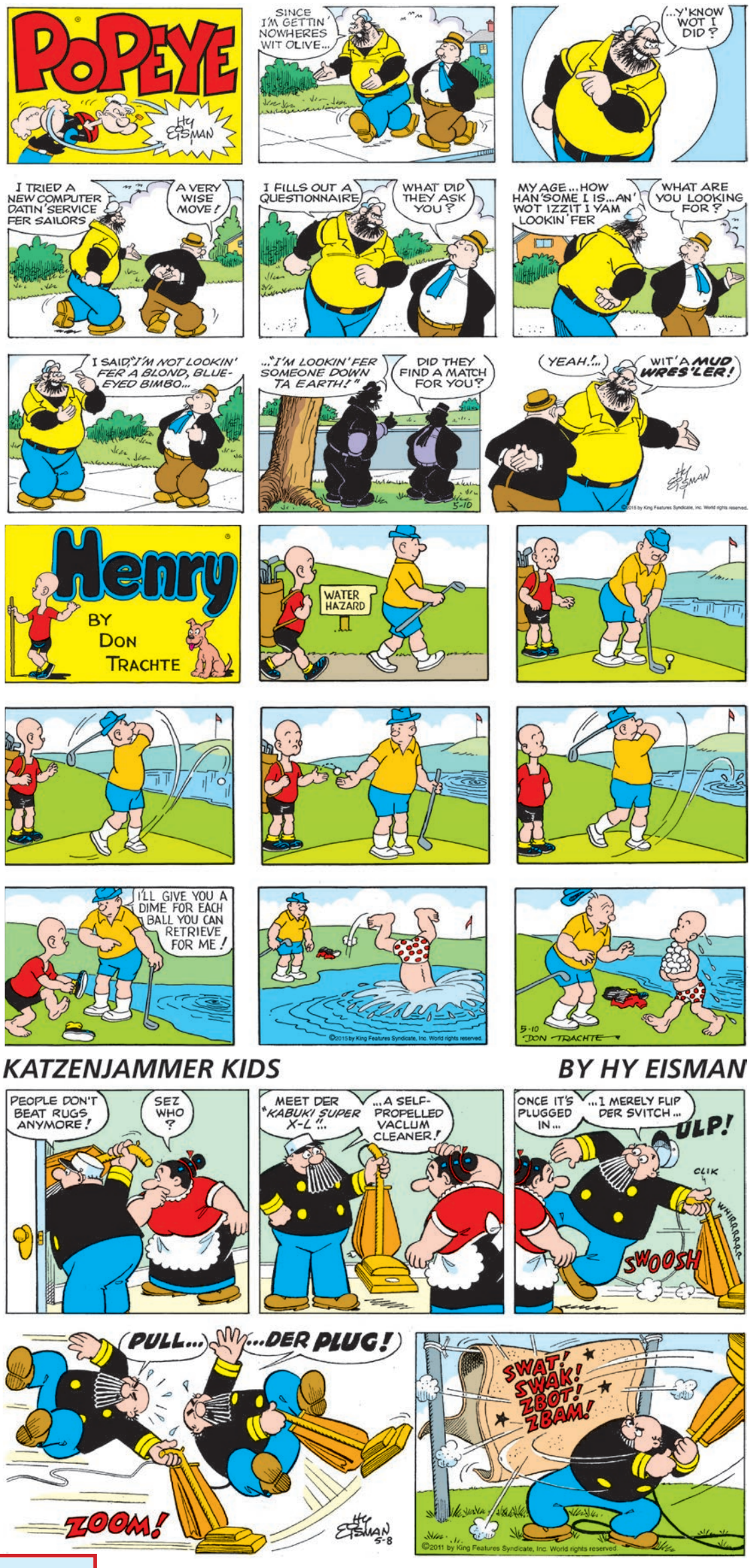
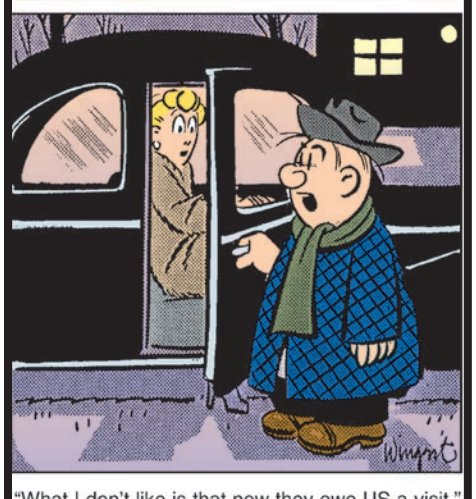


HUBERT - - By Dick Wingert

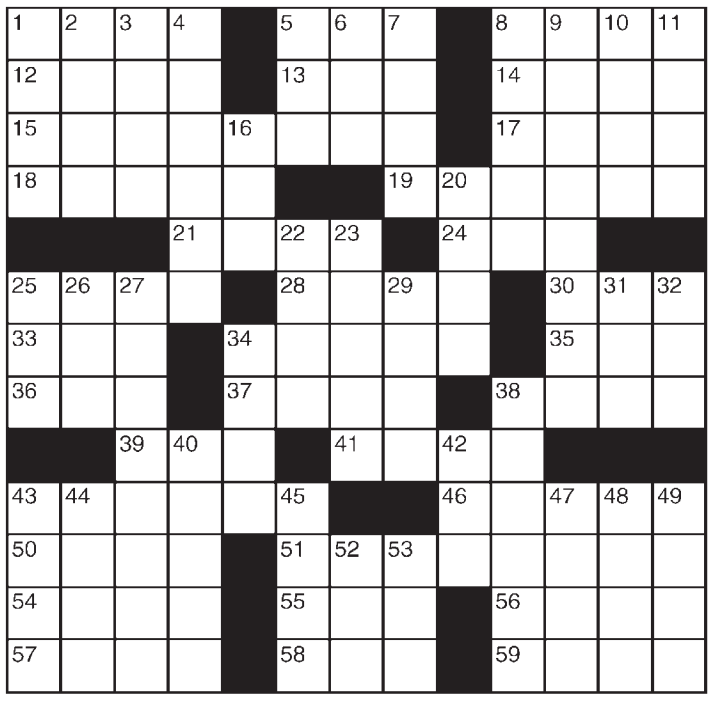


"What I don't like is that now they owe US a visit."

LAFF-A-DAY

"Is my poor baby all wet?"

KING CROSSWORD



ACROSS
1 Nerd-pack contents
5 Intimidate
8 Mop the decks
12 "I smell —!"
13 Blackbird
14 Designer Rabanne
15 It may rock you to sleep
17 — time (never)
18 Kitchen fixture
19 Hosts
21 World's fair
24 "— the fields we go"
25 Sunrise
28 Lambs' dams
30 Squeezy snake
33 Eggs
34 Shoe strengtheners
35 Chances, for short
36 Drench
37 Oil cartel
38 Ancient legend
39 Prior night
41 Siamese
43 This way
46 Seafood selections
50 Missing
51 ABBA hit
54 Create
55 Past
56 Norway's capital
57 Use a teaspoon
58 Sweet potato's kin
59 Reddish steed

DOWN
1 Feline feet
2 Part of Q.E.D.
3 Peace-keeping org.
4 Spielberg or Soderbergh
5 Taxi
6 Individual
7 Broad
8 Gap
9 Football team's aide
10 Teen's worry
11 Greets the villain
16 Tyranno-saurus —
20 Rolling stone's lack
22 Incubator sound
23 Little hooter
25 Wall Street stat, familiarly
26 "Hail!"
27 Have fun on waves
29 Engrave
31 Choose
32 Fire leftovers
34 Troubles
38 Wicked Queen's advisor?
40 Ballot caster
42 Expert
43 Charitable donations
44 Layer
45 Vacillate
47 As well
48 Gaucho's weapon
49 Any time now
52 — Khan
53 Huck's pal

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Crossword Answers on p. 32

Laugh A Lot

Just as I began my Christmas Eve service, the electricity in the church failed. The ushers and I found some candles and placed them around the sanctuary. Then I reentered the pulpit, shuffled my notes, and muttered, "Now, where was I?"

A tired voice called out, "Right near the end!"

I took a real estate client to a handyman special. The place was great, and we couldn't understand why it was so cheap, until we turned on the water main and water gushed from the ceiling. Dripping wet, my client put a positive spin on the showing: "Nice house," he said. "It's even self-cleaning."

Living in a household with eight indoor cats requires buying large amounts of kitty litter, which I usually get in 25-pound bags—100 pounds at a time. When I was going to be out of town for a week, I decided to go to the supermarket to stock up. As my husband and I both pushed shopping carts, each loaded with five large bags of litter, a man looked at our purchases and queried, "Bengal or Siberian?"

When my friend got a job, her husband agreed to share the housework. He was stunned by the amount of effort involved in keeping a house clean with small boys to pick up after, and insisted that he and his wife shop for a new vacuum cleaner.

The salesman gave them a demonstration of the latest model. "It comes equipped with all the newest features," he assured them.

The husband was not convinced. "Don't you have a riding one?" he asked

The customer ordering a floral arrangement from my shop was giving me very specific guidelines. "Nothing fragrant," she instructed. "Nothing too tall or too wild. And no bright colors, please. My house is decorated in beige and cream. Here is a wallpaper sample." She handed me a plain square of tan-colored paper.

"Your name?" I asked.

"Mrs. Bland," the woman replied.

The holy passion of friendship is so sweet and steady and loyal and enduring in nature that it will last through a whole lifetime, if not asked to lend money.
—Mohandas K. Gandhi

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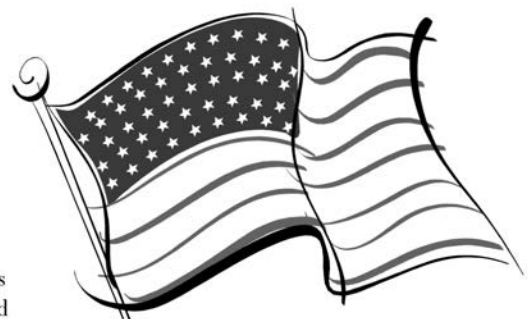

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Woman Is Fit, But Can Barely Stand

DEAR DR. ROACH: I am a 66-year-old female. Even though I use gym weight machines for upper and lower body three times a week, walk daily for 2 miles and spend 15 minutes on a motion trainer at the gym, I cannot stand up easily after gardening on my knees or getting on my knees on the floor. Is there anything I can do to regain the ability to get up off the floor/ground without a struggle? — S.C.

ANSWER: It sounds to me that despite your good exercise regimen, you may have weakness specifically in your thighs — what we call "proximal muscle weakness." There is a very long list of medical illnesses that affect these muscles specifically (my textbook lists 28 different diagnoses), including common conditions such as low thyroid levels and vitamin D deficiency. I would recommend a visit to your doctor for a careful exam of your nerves and muscles to see if my suspicion is correct. Your doctor may suggest a trial of vitamin D.

If no medical cause is found, I would work specifically on strengthening the hip muscles, which extend the thighs. A trainer at the gym can show you those exercises.

DEAR DR. ROACH: Both of my daughters are in their 40s and going through menopause (according to their doctors, so they are not guessing about this). Both daughters are having such severe migraine headaches that they are missing work (and both are practically workaholics who usually are able to tough it through physical problems). The migraines occur almost every time they have a period. Migraines are not daily during that time, but episodic (usually one per period). They do not have migraines except during menses.

One daughter was put on estrogen, which has helped her cramping, but she still is getting migraines. The other daughter has been referred to three physicians who all told her there was nothing that could be done but go on estrogen. She is now 49 years old and concerned that if she goes on estrogen at this point, she will simply have the same migraine issues again when she goes off it and wonders if that is actually worth just delaying having to deal with the migraines.

Is there any other solution besides estrogen for severe hormonal migraines? — S.S.

ANSWER: Estrogen-associated migraine is common. However, it usually is the drop in estrogen that triggers the migraine. That's the reason many women get migraines around the time of their periods, as estrogen levels normally decline then.

For many women, migraines get worse years before menopause — and by "menopause," I mean when periods stop altogether. As the periods become erratic, and sleep cycles are interrupted by hot flashes, migraines become worse, as they have in your daughters. However, once periods stop entirely, episodic migraines usually get dramatically better on their own.

During the erratic time before menses completely stop, estrogen pills, cream or an insertable ring can be used to maintain a more constant estrogen level, which usually improves the headaches. This can be slowly tapered off when the periods could be expected to be finished.

Dr. Roach regrets that he is unable to answer individual letters, but will incorporate them in the column whenever possible. Readers may email questions to ***ToYourGoodHealth@med.cornell.edu****. To view and order health pamphlets, visit* ***www.rbmamall.com****, or write to P.O. Box 536475, Orlando, FL 32853-6475.*

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Strange BUT TRUE

By Samantha Weaver

• It was noted educator and civil-rights activist W.E.B. DuBois who made the following sage observation: "The theory of democratic government is not that the will of the people is always right, but rather that normal human beings of average intelligence will, if given a chance, learn the right and best course by bitter experience."

• Before he became famous as the creator of "Star Trek," Gene

Strange But True Cont. P. 17

An Uplifting Moment

Rev. David J. Claassen

Visit me on the internet!

www.daveclaassen.com

Beyond Happiness and On to Joy

I'll never forget what the waitress said to me, even though it was about twenty years ago. I was seated at the counter at a Bob Evans restaurant, working on something or other having to do with the church and ministry. She poured me some more coffee and said, "You look so sad."

Now of course there's nothing wrong with being honest about our feelings, and there are good reasons to be sad, to be frustrated, and to grieve. Being happy about or unaffected by pain and suffering, the loss of a job or health, a hurting relationship (ours or someone else's), and dealing with death or other conditions of this fallen world would mean that we're not in touch with reality. I still think about the waitress's observation of me.

The fact is that joy is meant to be a part of the experience of a person who's serious about God and is a follower of Jesus Christ. There are more words for joy in the Hebrew language (the language of the Old Testament) than in almost any other language Greek, the language of the New Testament, has several words for joy, too.

Joy is, in some measure, a choice. Here are some ways I choose to have joy:

I seek to find joy in God's WORLD. I look around and observe the wonder of His creation. There's beauty all around, and it can help prompt joy in me.

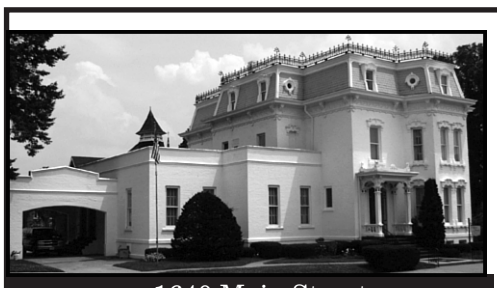
I seek to find joy in God's WORD. I'm amazed at how often a portion of Scripture can prompt a more peaceful, positive, and joyful attitude in me.

I seek to find joy in God's WORK. I remind myself of the ways God has worked in my life in the past.

I seek to find joy in God's WILL. I certainly can't find joy being outside His will! I want to think, speak, and act in such a way as to sense His pleasure.

This is a fallen and messed-up world, and I have my own issues! Do you, too? I may not always be happy about what's happening, but I can have joy in Jesus! That's the way I look at it.

"You have made known to me the paths of life; you will fill me with joy in your presence."
Acts 2:28,Psalm16:11



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BIBLE TRIVIA
by Wilson Casey

1. Is the book of Galatians in the Old or New Testament or neither?
2. From Joshua 6, on the seventh day, how many times did the men of war march around Jericho? 1, 3, 5, 7
3. In His first recorded miracle, what did Jesus turn into wine? Goat's milk, Grape juice, Fig cider, Water
4. From 1 Chronicles, what king was buried with his sons under an oak tree? Neco, Jehoash, Saul, Rezin
5. How many New Testament (KJV) books are named for a woman? 0, 1, 2, 3
6. In the story of creation, what did God call the darkness? Blackness, Night, Fourscore, Trinity

ANSWERS

1) New; 2) 7; 3) Water; 4) Saul; 5) 0; 6) Night

Wilson Casey's "Bedlam on the W. Virginia Rails," a firsthand true account of America's last moving train robber, is available from HistoryPress.net.

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DID YOU KNOW?
by Rose Wickler

Now that Lent has passed, we remind ourselves of the Feast of Corpus Christi. On June 4th, Christians celebrate the Latin Rite of the belief in the body and blood of Christ and his Real Presence in the Eucharist. This day emphasizes the joy of the use of the Eucharist on Holy Thursday and is celebrated on the Thursday after Trinity Sunday. The feast resulted from the work of Saint Juliana of Liège, a Norbertine canoness, in the 13th Century. The day is celebrated with anything from lections to a procession through the streets near the parish with the Eucharist being placed in a monstrance and held up by a member of the clergy.

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What Parents Need to Know About Choosing Child Care

Choosing care for their children is one of the most important decisions parents will make, and it can be overwhelming. Understanding Iowa's child care system and regulations can help parents make a child care decision that fits their family.

Whether a child care program is operating from a home or center, the operators should be knowledgeable about the state child care regulations. Parents and community members who understand the regulations as well will help support quality child care for Iowa's youngest residents.

Neuroscience tells us the first years of a child's life are when the brain develops the most rapidly, and when the quality of the child's interactions with caregivers have lifelong impact on shaping who he or she becomes.

Children who have spent time in high quality child care environments have lasting benefits from the experience. Research indicates that children who receive a high quality early childhood education have better math, language and social skills as they enter school, and as they grow older require less special education and progress further in school. They also have fewer interactions with the justice system and have higher earnings as adults.

Different Types of Care in Iowa

The Iowa Department of Human Services monitors licensed and registered child care programs. They are required to meet health and

Amber Matthiesen cont. P. 19

Upcoming Events at the James Kennedy Public Library in Dyersville: June 2015

Monday, June 1: Adult Summer Reading Program begins! Everyone 18 and older is encouraged to participate in the 2015 Adult Summer Reading Program which runs June 1-August 31. Online registration begins May 25 and in-person registration begins June 1.

Monday, June 1: Books for Lunch Book Discussion @ 12:00 noon. For this meeting we will read and discuss *Shotgun Lovesongs* by Nikolas Butler.

Wednesdays, June 3, 10, 17 & 24: Sit and Stitch @ 1:00 pm. Join other crafters at this weekly gathering to share crafting and conversation.

Wednesday, June 3: Genealogy Club @ Your Library @ 6:30 pm. This group meets the first Wednesday of each month at 6:30 pm. Helpful handouts and laptop computers are available to use.

Tuesday, June 9: Inspirational Fiction: A Novel Approach to Faith book discussion series @ 7:00 pm. For this meeting we will read and discuss *Always the Baker, Never the Bride* by Sandra R. Bricker.

Saturday, June 13: World Wide Knit in Public Day at the James Kennedy Public Library. June 13 is World Wide Knit In Public Day, a special day to show everyone that fiber crafts can be a community activity. To celebrate, members of the JKPL "Sit 'n' Stitch" group will gather under the library skylight from 1:00 to 3:00 pm. Come see these talented crafters in action. Members of the group will have items on display and will answer questions while they work on their newest projects.

Friday, June 19: Crash Analysis Class @ 11:00 am. Join us for this class on how to analyze a crash site led by Phil Baskerville from the University of Dubuque. Registration requested but walk-ins welcome.

Friday, June 19: First Man on the Moon @ Your Library @ 2:00 pm. Join us for this PBS documentary about Neil Armstrong. A discussion will follow the documentary.

Tuesday, June 23: *"Through My Grandfather's Eyes: A History and Memories of Union Park, 1891 - 2011"* with author Cindy Sand Nielsen @ 6:30 pm. Cindy's grandfather survived the 1919 flash flood which took five lives and devastated the Union Park in Dubuque. In this book Nielsen recounts that fateful event in her grandfather's words. This newly published book will be for sale and signing by the author.

Friday, June 26: Game Night @ Your Library @ 6:00 pm. Bring your favorite game (card game, board game, role playing game, or video game) and meet, teach, and play with others! All ages welcome.

Library programs are free unless otherwise noted. For information on these and other library programs please call ***563-875-8912*** *or go to* ***www.dyersville.lib.ia.us*** *or contact Dawn Schrandt via email at* ***dschrandt@dyersville.lib.ia.us***

Come Chat With Me

by S. E. Persinger

Nowadays, just as many men do the grocery shopping as women. There was a time when a woman was the main grocery buyer. And I don't know if men make a shopping list or not, but I usually do before venturing upon the scene of the endless aisles of a large supermarket.

My list starts with the usual staples, such as milk, eggs, butter, and bread. Then I add my other needs after checking the refrigerator and food cabinet. My desire has been to always offer my family a well-balanced meal. Therefore, I follow my list religiously. Ahem!

Ironically, one day when I got to the checkout counter I found that someone had put something in my cart that I didn't have on my list. How did that box of Chocolate-covered Cherries get into my cart? I was puzzled, after all, I was trying to cut down on sweets.

As I continued to put my purchases upon the moving rubber landing, I noticed that there was a half gallon of Strawberry Ice Cream in my cart. That is a no-no too. And it was not on my well-planned list. As I continued to view my cart, I saw a few items that were on sale, but how did they get in my cart?

"Eureka!" When I spotted the Nacho and Cheese package in my cart, I decided that I must go to the store manager and request that a search be made for the Ghost Shopper who was using my cart to smuggle "treats" out of the store.

Yet, before doing so, I stopped by the deli counter and was eyeing a tenderloin sandwich. But much to my surprise I saw my reflection in the shiny glass of a very clean window pane and I was surprised to see my darting eyes peering right back at me. Yes. I was looking at another no-no.

The Ghost Shopper was I! No way! I whispered to myself. I always make a list. And I only buy the things on my list. I began to wonder if the Ghost Shopper had bewitched me. Perhaps I was the only subject weakened by being a "list" cheat. Was I a target for failure?

I wonder if men shoppers have a similar phantom following them around the store. How about you? You better check your cart before going through the checkout counter. You may have a Ghost Shopper following you. HA! HA!

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VETERANS ★ POST ★

by Freddy Groves

Sexual Assault Rates

A new RAND study for the Defense Department concludes that cases of sexual assault in the military are down, but that reporting of those assaults is up.

More than half a million active and reserve service members were invited to participate in the Military Workplace Study, and 170,000 responded. The study measured sexual assault, sexual harassment (sexually hostile work environment, sexual coercion) and gender discrimination.

The numbers are bad.

Over 20,000 service members were sexually assaulted in the past year, 10,600 men and 9,600 women. With activity-duty personnel, 90 percent occurred in a military setting or were perpetrated by military personnel. Reserve personal had lower rates of assault, but 81 percent of assailants were military and it occurred in a military setting 63 percent of the time.

Men experienced "multiple incidents in the past year," were assaulted by multiple offenders during a single incident and were assaulted at work during duty hours. Men preferred to describe the events as hazing or abuse or humiliation, and were less likely to report the incidents.

RAND estimated that 116,000 service members were assaulted in the past year, 22 percent of women and 7 percent of men.

Of women who reported an assault, 52 percent believe there was retaliation afterward. That, however, isn't the reason most didn't report the incident. Instead they wanted to forget it and move on. While the number of assaults has decreased, the rate of retaliation has not.

The Air Force had lower rates of assault than the other branches, where women had 1.7 times the risk of assault and men had 4 to 5 times the risk.

To see the whole study, you can download the four sections for free at ***www.rand.org/surveys/rmws.html***.

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Taize Prayer: Bread for the World. Thursday, June 4, 7:00 p.m.

Nature's Bill of Rights - A Morning of Observation and Reflection. Wednesday, June 10, 9:00 a.m. - 12:00 p.m. Presenter: Meg Gemar, OSF. We all know about the U.S. Constitutional Bill of Rights. How about writing a bill of rights that also reflects an ecological point of view? It would address all areas of life that integrate economy, security, political and cultural systems, as well as the rights of plants, animals, and the land. We will spend time with the U.S. Bill of Rights and time in nature as background for this creative endeavor to address the rights of all God's earthly creation. Participants are encouraged to wear clothing & shoes comfortable for walking in a natural prairie area. Offering: $30, includes lunch. Register & prepay by noon, Monday, June 8.

Walking Yoga – Lunch & Learn. Wednesday, June 17, 11:45 a.m. – 1:00 p.m. Presenter: Deb May, Certified Yoga Instructor. We'll do a few Yoga poses to center and stretch, then a short walk during which we will apply yoga techniques to help us become more aware, stronger, and grateful. After the walk, a nutritious lunch will be waiting for us in Shalom's dining room. Offering: $13. Register & prepay by noon, Monday, June 15.

Jesus: A Dangerous Memory – A Retreat Directed by Nancy Schreck OSF. Monday, June 22, 5:30 p.m. - Saturday, June 27, 9:00 a.m. This retreat will seek to peel back some of the ways we have tamed the radical teachings of Jesus by using parables and miracles to probe the richness and challenge of his way. Participants are invited to do the inner work of applying these teachings to their lives. Daily Eucharistic liturgy. Commuter and overnight options available. Register by Wednesday, June 17.

YogaCare Classes with Deb May, CYI. First class is free for new students. Mats & props provided. Register by calling 563/556-7141. Mixed-Level Yoga – Beginners welcome! Wednesdays, 9:30 –10:30 a.m., 5 classes: June 3 – 24, 4 classes, $32. Wednesdays, 4:30 –5:40 p.m. OR 6:00 – 7:10 p.m., 4 classes: June 3 – 24, 4 classes, $36. Yoga Flow – basic yoga experience required. Mondays, 9:30 – 11:00 a.m., 4 classes: July 6 – 27, 4 classes, $40.

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Moments in time

THE HISTORY CHANNEL

• On June 6, 1944, known as D-Day, 160,000 Allied troops land on the beaches of Normandy, France, beginning the liberation of Western Europe from control of Nazi Germany. Within three months, the northern part of France would be freed and Allied forces would be preparing to enter Germany.

• On June 2, 1774, the British Parliament renews the Quartering Act, allowing Redcoats to stay in private American homes. Disgusted by the dumping of 342 chests of tea into Boston Harbor six months earlier, Parliament reasserted British control over the colonies, especially Boston.

• On June 7, 1893, Mohandas K. Gandhi, a young Indian lawyer working in South Africa, commits his first act of civil disobedience when he refuses to comply with racial segregation rules on a train and is forcibly ejected. The British-educated Gandhi influenced leaders of civil-rights movements around the world.

• On June 3, 1936, bestselling novelist Larry McMurtry is born in Texas. In the late 1990s, he began filling abandoned buildings in Archer, Texas, with hundreds of thousands of used books for sale in an attempt to create a haven for book lovers.

• On June 1, 1968, Helen Keller dies in Connecticut at the age of 87. Blind and deaf from infancy, Keller circumvented her disabilities to become a world-renowned writer and lecturer. In 1904, she graduated cum laude from Radcliffe.

• On June 4, 1986, Jonathan Pollard pleads guilty to espionage for selling U.S. intelligence information to Israel and is sentenced to life in prison. The former Navy intelligence analyst sold enough classified documents to fill a medium-size room. Israel continues to negotiate for Pollard's release.

• On June 5, 1993, Julie Krone rides Colonial Affair to victory in the Belmont Stakes to become the first female jockey ever to win a Triple Crown race. Krone won her first horse race at just 5 years old in a 21-and-under race.

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Study nature, love nature, stay close to nature. It will never fail you.
—Frank Lloyd Wright

Now here's a tip! by Jo Ann Derson

• Last month's Earth Day got me thinking about how many plastic bottled beverages my family goes through. I have found six glass reusable bottles that can be run through the dishwasher, and I store them in the refrigerator in a cardboard six-pack holder. I still want the convenience of grabbing a bottle of water from the fridge, but I feel better knowing that I'm not contributing to a plastic problem." — JoAnn

• Using ice-cold sour cream instead of ice-cold water in your pie crust recipe will give you a flakier crust.

• "If you love to burn candles as much as I do, consider storing them in the refrigerator for a day or so before burning them. I swear, it makes them burn evenly. Someone told me this once, and I tried it and have been doing it ever since. No more crooked candles." — J.L. in Tennessee

• When traveling for more than a few days, stick your plants into the bathtub with a little bit of water. They'll soak it up, and you won't have to have someone come over and water your plants. This will only work for a week at most, though." — J.M. in Louisiana

• Kitchen remodels can be expensive, but when your kitchen isn't usable, that's even more of an expense. Instead of opting for takeout food, set up an alternate kitchen to save money. A microwave, toaster oven, coffee pot and a small dorm-style fridge can take care of a lot of your needs in the short term.

• Planning on putting in some new plants or sprucing up your garden this spring? Check with your town's yard-waste recycling center about free mulch or compost. Many facilities offer these to their residents.

Send your tips to Now Here's a Tip, c/o King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475.

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Closing The "Cat Gap" Can Increase Adoptions

Experts say that cats are often the victim of negative stereotypes that hamper adoptions.

(NAPSA)—For many, cats and kittens can be an almost endless source of fascination. It's not uncommon for people to confess they can spend hours watching cute cat videos on the Internet and sharing cat photos online.

Unfortunately, it seems this online fascination with cats is not translating into real-life adoptions. Every year, an estimated 8 million pets enter U.S. shelters, and approximately 4 million of them are euthanized because there are not enough homes.

A recent PetSmart Charities survey of people's perceptions of cats found that the negative opinions some people have of cats are hurting their image.

For instance, when asked about the personality and behavioral traits of cats, respondents overwhelmingly described cats as curious, stubborn, moody and aloof. Dogs, on the other hand, were described in much more positive terms, such as friendly, loyal, protective and loving. It's thought perceptions such as these that are making it more difficult for cats to be adopted into permanent homes.

Fortunately, there are indications that some people are taking steps to end these misperceptions once and for all. Sixty-six percent of respondents said that too many people have negative impressions of cats and 56 percent said that the stereotypes about cats simply aren't true. Additionally, half of the respondents believed that more people would have a pet cat if the stereotypes around cats were removed.

The survey also found that cat lovers may be uniquely positioned to help cats the most. Research shows that by sharing more about their cat online, particularly through social media, cat owners can help to counter the negative stereotypes surrounding cats and show them in a positive light.

The PetSmart Charities cat perception survey was fielded via Toluna Analytics to 1,022 U.S.-based respondents during the period from February 11-14, 2015. It has a +/- 3 percent margin of error.

To learn more, visit ***www.petsmartcharities.org.***

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Bret Kuhns,
Social Security District Manager,
Dubuque, Iowa

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Learn more about Social Security by typing ***www.socialsecurity.gov*** — in your web browser, not on your typewriter.

SOCIAL SECURITY SUPPORTS NATIONAL CANCER SURVIVORS DAY

In 2015, more than a million people will be diagnosed with cancer. This alarming statistic affects people and families all over the world. On June 7, 2015, we observe National Cancer Survivors Day in the United States. In support of this day, Social Security encourages checkups, early detection, and awareness, while honoring the survivors who have gone through this battle and defeated the disease.

Social Security stands strong in our support of the fight against cancer. We offer services to patients suffering from this disease through our disability program and our Compassionate Allowances program. Compassionate Allowances are cases with medical conditions so severe they obviously meet Social Security's disability standards, allowing us to quickly process the cases with minimal medical information.

There is no special application or form you need to submit for Compassionate Allowances. Simply apply for disability benefits using the standard Social Security or Supplemental Security Income (SSI) application. Once we identify you as having a Compassionate Allowances condition, we'll expedite your disability application.

Social Security establishes Compassionate Allowances conditions using information received at public outreach hearings, from the Social Security and disability Determination services communities, from medical and scientific experts, and based on our research. For more information about Compassionate Allowances, or to view the conditions currently listed, visit ***www.socialsecurity.gov/compassionateallowances***.

If you think you qualify for disability benefits based on a Compassionate Allowances condition, please visit ***www.socialsecurity.gov*** to apply for benefits.

Contract Bridge

by
Steve Becker

MAINTAINING THE STATUS QUO

West dealer.
North-South vulnerable.

NORTH
♠ K 9 5 2
♥ Q 6
♦ A 7 5 3
♣ K 6 4

WEST
♠ 4
♥ 10 3
♦ K Q J 9 8 4 2
♣ Q 10 5

EAST
♠ 7 6 3
♥ K J 9 7 4 2
♦ —
♣ J 9 8 7

SOUTH
♠ A Q J 10 8
♥ A 8 5
♦ 10 6
♣ A 3 2

The bidding:

West	North	East	South
3 ♦	Pass	Pass	3 ♠
Pass	4 ♠		

Opening lead — king of diamonds.

"What can defeat me?" is a question declarer should ask himself prior to beginning the play of many hands. The failure to pose this simple question to oneself has led to the ruination of many a makable contract. Here is a typical case.

South reached four spades as shown, and West led the king of diamonds. Declarer covered with the ace, ruffed by East, and East returned a club, taken by South with the ace.

After drawing two rounds of trumps, South led a low heart to dummy's queen, hoping West had the king. In that case, after West took the king, South would eventually have been able to discard one of dummy's clubs on the ace of hearts. But the queen lost to the king, after which South had to go down one, losing a diamond, a heart and a club, plus East's initial diamond ruff.

South would have gotten home safely had he asked himself at the outset if there was any way he could lose the contract. He might then have seen the advantage in ducking the king-of-diamonds lead — especially in view of the bidding, which made it very likely that East would trump the ace. He could then also duck the queen, as well as the jack (which he would ruff) if West persisted with the suit.

By ducking the first three leads, South would have preserved the 10 winners he started with — five spades, two clubs, the two red aces and a heart ruff in dummy. All he had to do was to recognize that he couldn't go down if he withheld the ace of diamonds until it could be played in complete safety later on.

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Dollars And Sense
By David Uffington

Have Scammers Stolen Your Tax Refund?

If your tax e-file was rejected or you were expecting a tax refund long before now, there's a chance that you've been the victim of identity theft. In fact, your only warning might be a notice from the IRS saying you've already filed and received your tax refund.

The letter might say that more than one return was filed with your Social Security number, or that you owe additional tax, or that they received W-2 or 1099 forms for an employer you don't know, or that your Notice of Earnings from Social Security has more income than you actually earned.

The bottom line is that it means your Social Security number has been compromised.

Here are the steps you need to take:

• Call the IRS. Use the number on the letter it sends you.

• If you received a W-2 or 1099 from an employer you don't know, call Social Security. Go over your actual earnings to be sure they match what you know to be correct.

• Call the police and file a report.

• Notify the big three credit reporting agencies and have a fraud alert put on your file: ***www.Equifax.com*** (1-800-525-6285), ***www.Experian.com*** (1-888-397-3742), ***www.TransUnion.com*** (1-800-680-7289).

• Complete IRS form 14039, which is the Identity Theft Affidavit. You can download that at ***IRS.gov***.

• File a complaint with the FTC at ***IdentityTheft.gov***.

If you get suspicious emails that you think are phishing scams about your taxes, let the IRS know. Send email to ***phishing@irs.gov***; or call 1-800-366-4484.

For more information, go online to the ***IRS.gov*** website and search for Taxpayer Guide to Identity Theft. Also search for Publication 5027, which is Identity Theft Information for Taxpayers. Then see ***www.irs.gov/identitytheft***.

For future years, the advice is to file as early in the season as possible. If someone else does attempt to use your Social Security number, your own return will already be there. Beware to whom you give your Social Security number, especially on employment applications. Provide the number only if hired.

Learn to do your own taxes using a computer software program, then print them out and send by certified mail. Keep control of your personal information. If your identity is used in an IRS tax scam, you could wait more than six months for it to be resolved and your refund to arrive.

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Jule Free Summer Trolley Service Starts May 30

DUBUQUE, Iowa – The Jule's free Summer Trolley service will resume on Saturday, May 30, offering service to area parks and attractions for residents and visitors.

The Summer Trolley provides service to the Iowa Welcome Center and Convention & Visitors Bureau, Town Clock Plaza, Historic Main Street, Bee Branch Trailhead, Miller Riverview Park, Veteran's Memorial Plaza, Mystique Community Ice Center, Harbor Street Trailhead, Lock & Dam #11 Overlook, Sutton Pool, Mathias Ham House, Eagle Point Park, Cable Car Square, National Mississippi River Museum & Aquarium, Grand River Center, Shot Tower, Port of Dubuque Marina, and the American Trust River's Edge Plaza.

The route will operate on Saturdays, visiting each stop every hour from 10 am. – 6 p.m., from May 30 to October 31.

Visit www.cityofdubuque.org/SummerTrolley to view and download a map and detailed schedule of the Summer Trolley route.

The Jule's trolleys are wheelchair accessible. For more information, visit www.juletransit.org, call 563-589-4196, or stop by The Jule Office at 2401 Central Ave.

I am rather inclined to silence, and whether that be wise or not, it is at least more unusual nowadays to find a man who can hold his tongue than to find one who cannot.
—Abraham Lincoln

Book Review

"The Gracekeepers"

by Kirsty Logan
(Crown, $25)
Reviewed by Ealish Waddell

On the islands, status depends on the solidity of the ground beneath your feet. The oldest and richest families live on the high hills amid the fertile farmland, while the lower classes cling to the muddy slopes of the reclaimed soil just above the tideline. And then there are the damplings, who live on the sea itself and pride themselves on never setting foot on solid ground.

North is one of the latter. Born on a circus ship, she has spent her life as a entertainer, traveling among the far-flung islands performing for damplings and landlockers alike. The bizarre characters of the troupe are the closest thing the orphaned girl has to a family, although none is closer to her heart than the bear with whom she performs every night.

But this way of life is soon to come to an end. It's long been expected that North would marry the son of the ringmaster and leave the circus boats for a house on the land — a future that holds no interest for her, but one she feels she cannot escape.

Then a violent storm leads North to Callanish, and destiny appears to have a different idea.

Callanish is a gracekeeper, sentinel of the watery equatorial graveyards. She lives alone on a tiny, isolated island, having chosen self-exile as punishment for a long-ago mistake. Their meeting sets a spark alight as the two souls recognize in each other a kindred spirit. And it's that connection that will give each woman the hope and the courage she needs to take control of her own fate.

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Rob Bell brings 'Fun' show to Sinsinawa

SINSINAWA, Wis.—Rob Bell, funny man and national speaker from Lancaster, Wis., is headlining the Red Hat Event: "Let's Have Fun Out There!" at Sinsinawa Mound noon-2:30 p.m. Wednesday, June 17.

Enjoy lunch and then have fun listening to Bell as he shares life experiences and conversation that will have everyone laughing. His presentations are high energy and feature real-life anecdotes, which are as fun as they are meaningful. He'll make you say, "Wow!"

The registration deadline is June 10, and the fee is $20. For more information, contact Guest Services at (608) 748-4411 or visit our website at ***www.sinsinawa.org***.

Sinsinawa Mound, the Motherhouse for the Sinsinawa Dominican Sisters, is located in southwest Wisconsin on County Road Z, off Highway 11, about five miles northeast of Dubuque.

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2015 Fireworks & Air Show
Friday, July 3

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Air Show: 6 p.m. – 8:30 p.m.

US Navy F-18; US Air Force F-16
and the Marine Corp Osprey

We are pleased to welcome back the United States Army Parachute team, The Golden Knights

Fireworks will begin at Dusk

For More Information On The Day's Activities Tune In To Your Radio Dubuque Stations

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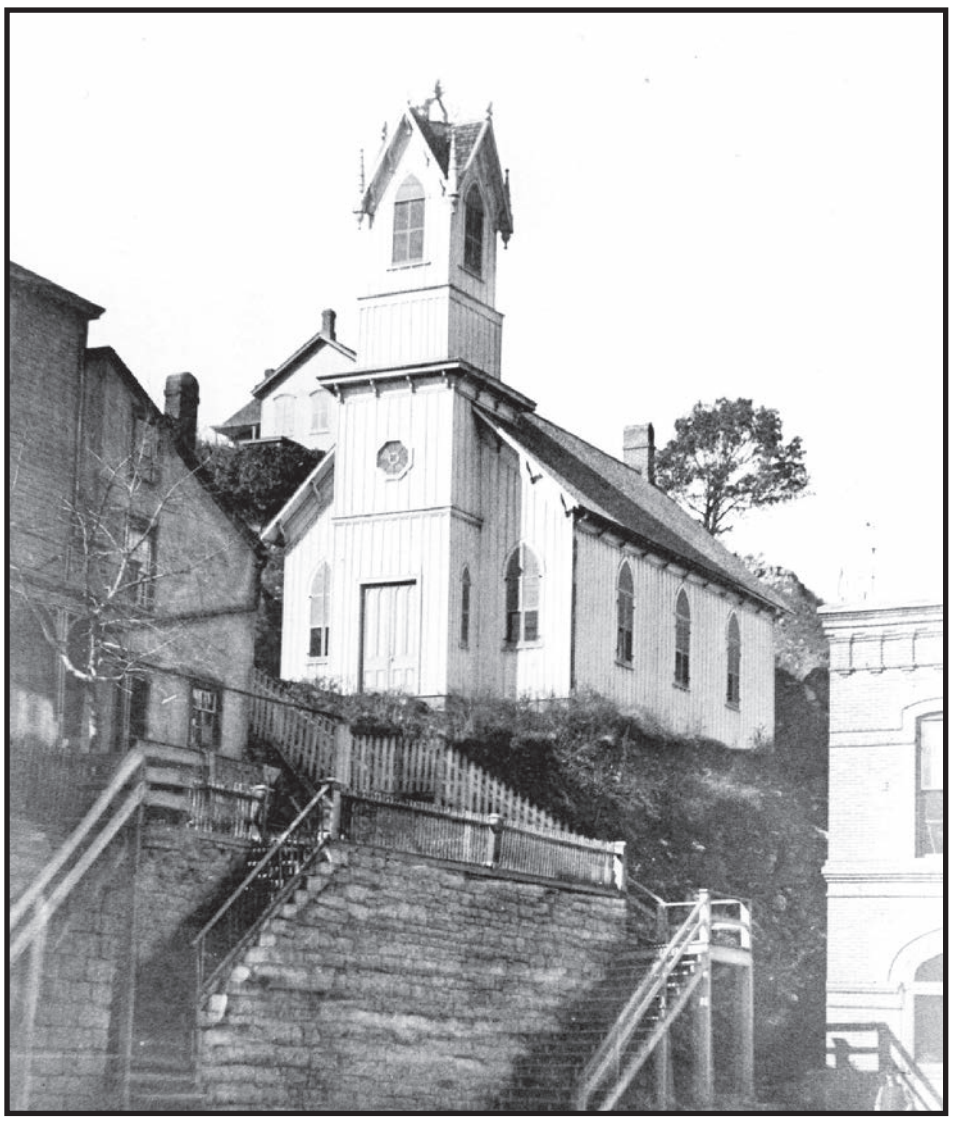
YESTERDAY AND TODAY
BY MICHAEL GIBSON



This photograph dated 1887 was taken by noted Dubuque photographer W.H. Morisher. The German Congregational Church which was built in 1867 at the head of Clay Street now known as Eighteenth & Central. The congregation itself dates back to 1849 when a pastor named Peter Fleury formed the Evangelical Church of Dubuque. Many of the members of this congregation later followed another minister to form the First Presbyterian Church. However, in 1865, the remaining members under Rev. Henry Frankfurth formed the German Evangelical Church. Two years later, a Rev. Jesse Guernsey, superintendent of Iowa Congregationalism, directed the construction of this frame church on the hill above Eighteenth St. and it became known as the German Congregational Church. Under the leadership of Rev. Herman Ficke the $1,200 building debt was paid and membership grew from seven to some 70 members over the next several years. In 1890, the 800 membership outgrew the little frame church and a new edifice was built on the corner of 18th & Jackson to house the Immanuel Congregational United Church of Christ. (Photo courtesy of the Loras College Center for Dubuque History, MOSL p.41 Neg. HAM 880).

Yesterday & Today cont. P. 17

Life in the Moment

Specialized memory care at **Oak Park® Place** *provides a supportive environment with all you expect in a place to call home.*

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Yesterday & Today from P. 16

If readers have related memorabilia (post cards, photographs, letters, diaries, scrapbooks, or other documents and reminiscences to share they may contact Mike Gibson at the Center for Dubuque History, Loras College, **(563) 588-7163** *or via email:* **michael.gibson@loras.edu**. *Your comments about this series would be welcome.*

The old church was torn down in the early 1890s and a home was built on the site. A small portion of the old 18th Street Fire Engine House No. 1 can be seen to the right. It was built in 1883 and served as a fire station until 1980. 18th Street was the dividing line between Clay and Couler Avenues. The street to the south of 18th was known as Clay and to the north Couler. In the early 1920s both street names were changed simply to Central Avenue. (Photo by Terry Grant)

Strange But True from Pg. 6

Roddenberry was a beat cop for the LAPD. He even wrote speeches for legendary Los Angeles police Chief William H. Parker.

• In a recent article in medical journal The Lancet Psychology, researchers claim that listening to hip-hop music can help alleviate symptoms of depression. It seems that aspirational lyrics that speak of overcoming hardship and picturing a better future, such as owning expensive cars, can provide an uplift to listeners.

• The U.S.S. Iowa holds the distinction of being the only American naval ship to have a bathtub.

• You might be surprised to learn that light doesn't always travel at the speed of light. When traveling through an atomic gas that is approaching absolute zero in temperature, light can move as slowly as 38 mph.

• Domestic diva Martha Stewart has been struck by lightning three times.

• A law in Hawaii forbids a person to put a coin in his or her ear. There's no word on the legality of performing a magic trick that simply makes it appear that a coin has been put in an ear.

• If you're one of those people who slows down to see a car accident or can't resist watching scary movies, you suffer from cacospectomania — the compulsive desire to look at something that horrifies you.

Thought for the Day: "I have not failed. I've just found 10,000 ways that won't work." — Thomas Alva Edison

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John Conlee
Sunday, June 14, 2015 • 2PM

John Conlee has been a member of the Grand Ole Opry since 1981. His success began in the late 1970's. In March of 1978, he released "Rose Colored Glasses," a song Conlee wrote, which became a huge hit as well as his signature song. In January of 1979, he released "Back Side Of Thirty" which went on to become a No. 1 record, and the hits continued to roll. The John Conlee hit list includes songs such as "Lady Lay Down," "Before My Time," "Friday Night Blues," "Miss Emily's Picture," "Busted," "I Don't Remember Loving You," "Common Man," "I'm Only In It For The Love," "In My Eyes," "As Long As I'm Rocking With You," "Years After You," "Domestic Life," "Mama's Rockin' Chair," "Hit The Ground Runnin'" and "Fellow Travelers." Overall, there have been 29 single releases throughout the years with 26 of them charting in the top 20 or better. Eight of those 26 have reached the coveted No. 1 spot on the national country charts. All of Conlee's hits have that unmistakable common thread — that unique voice.

Tickets: $25(in advance) $30(at the door)

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Friday, July 10 and
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Tickets:$15(in advance) $18(at the door) Students (18 & Under) Tickets: $10(in advance) $12(at the door)

Box Office Open 9 a.m. to 1 p.m. Phone: 563-652-9815
Purchase Tickets online at www.ohnwardfineartscenter.com
Tickets can also be purchased at Osterhaus Pharmacy and the Maquoketa State Bank Main Office.

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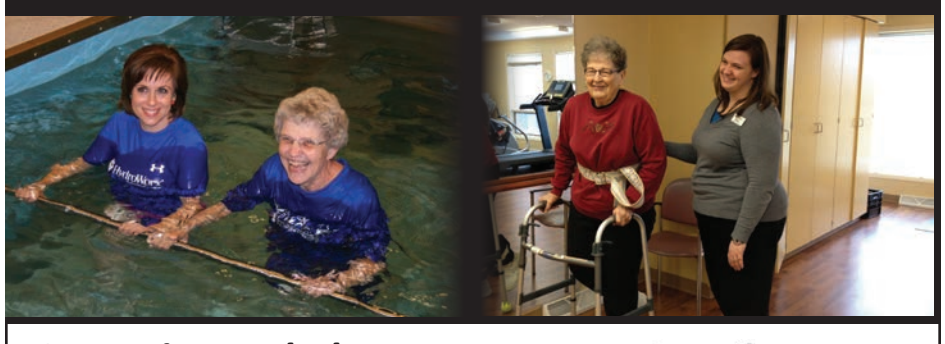

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DUBUQUE SENIOR HIGH SCHOOL

Attention: Alumni

For the first time in the history of Dubuque Senior High School, since 1858, an Alumni Association is being formed. The mission statement of the Alumni Association is: To encourage alumni to participate actively in the Senior High community, to attend events, to volunteer, to create new ways for alumni to stay connected to Senior High, and to contribute to the greatness of our High School.

The Association is starting out with a monthly Enewsletter that will share information on what is happening at Senior and the successes of the current students, share reunion information and important Alumni news.

The Alumni of Senior High School have a lot to share with the school and are an important part of the future successes of Senior and the Student Body, stated Terry Mozena, Association Member. Many of us have fond memories of our time at Senior and now it there is an opportunity to get reconnected. Please send your email address to **DubuqueSeniorAlumni@gmail.com** to be included in the monthly newsletter. Contact Terry Mozena at **563-584-0282** with any questions.

Cotton Cabin Quilt Shop to be featured in Quilt Sampler magazine

The Cotton Cabin Quilt Shop located on Main Street in Dubuque, Iowa, has been chosen as one of 10 featured shops across the United States for the Spring/Summer 2015 issue of Quilt Sampler magazine, published by Better Homes and Gardens. The Dubuque shop was chosen from over 3000 shops in the United States and Canada.

Owners Kathy and Mike Regan expect the shop and Dubuque to be inundated with visitors and requests for the shop's quilt patterns and fabrics. Quilters are known to try and visit all the shops in each issue, getting the signature of each shop owner in their copy of the issue.

Each shop article includes an exclusively designed quilt by the quilt shop. The quilt designed by Kathy Regan will be on display at the International Quilt Market in Minneapolis, MN from May 14-17. After quilt market the quilt can be seen in the shop on Main Street.

The article also includes other hot spots around Dubuque giving visitors even more reason to visit.

The Spring issue of Quilt Sampler magazine will be available in quilt shops across the nation by May 5th.

Get additional information on this honor by calling Kathy Regan at 563-451-9909.

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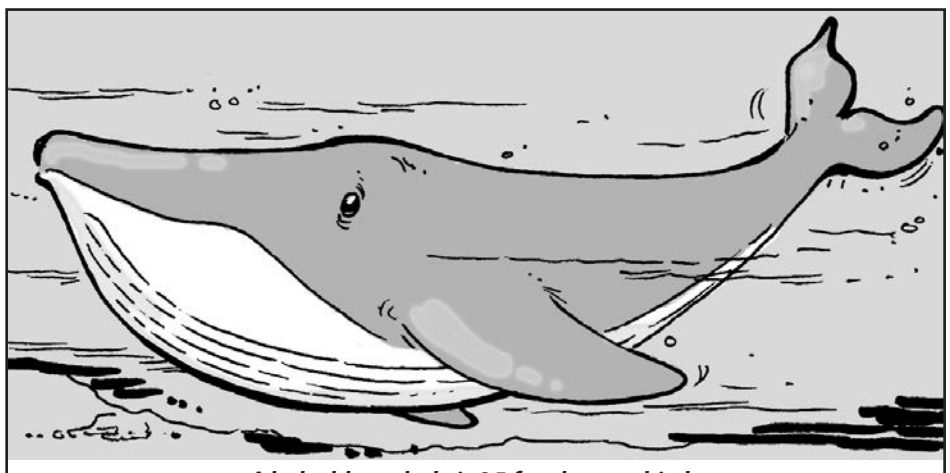


A baby blue whale is 25 feet long at birth.

Flag Day June 14

Amber Matthiesen from P 8

safety standards, programming standards and training standards that include CPR and first aid. All employees of licensed centers and all household members of a family child care home are required to submit a state and national background check.

Licensed care may be found in private or nonprofit child care centers, church-based centers, afterschool or summer programs, or school-age programs. Registered family child care homes fall into four different categories, mainly depending upon the number of children receiving care.

Different rules apply to licensed child care centers and registered child care homes. These regulations are available to anyone online at ***https://dhs.iowa.gov/licensure-and-registration.***

Certain early childhood programs are exempt from licensing by the Iowa DHS, such as those operated by school districts under the Iowa Department of Education.

Many parents might be surprised to discover that home child care centers that care for five or fewer children do not need to register their program with the state of Iowa. Even though these unregistered providers are legally operating, they are not monitored by any regulatory agency and are not required to meet any minimum health and safety standards, have CPR or first aid, or participate in professional development.

How Parents and Community Members Can Support Quality Child Care

The most important thing is to be aware and ask questions. Licensed or registered child care providers will proudly display their certificate from the state.

Any program in Iowa caring for more than five children that does not register with the state is not abiding by the law. Not only is the program not being regulated, but there may be other consequences for operating illegally, such as liability or homeowner's insurance not covering in cases of injury or death.

Here are some additional suggestions to those supporting quality standards for young children.

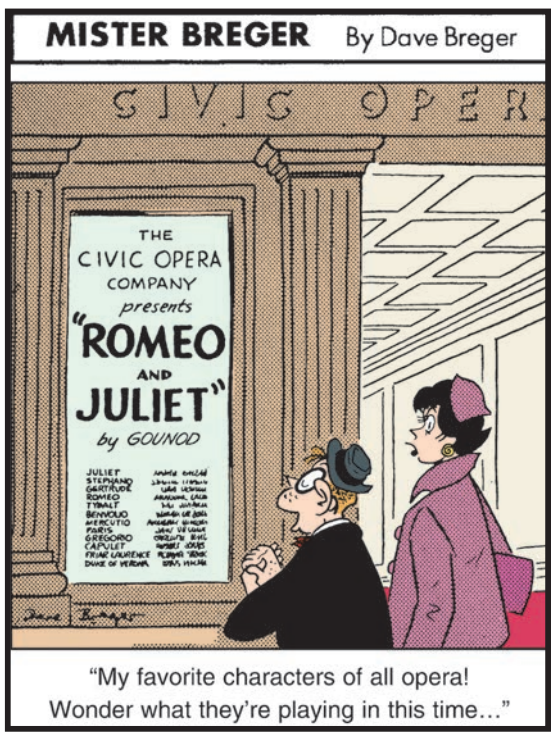
The state of Iowa has a voluntary Quality Rating System in place to support early childhood programs in improving quality. If a child care program chooses to participate in QRS, this may indicate the program is interested in providing good care for children. If the program has earned a high rating, this usually indicates that the program is providing higher quality child care. Learn more about QRS, including a list of programs participating, at ***http://dhs.iowa.gov/iqrs.***

Child Care Resource & Referral is a program to support quality child care throughout Iowa. CCR&R is available to assist families in selecting child care providers who best meet the needs of the child and the family. More information can be found at ***http://www.iowaccrr.org/***.

What Is Best for Children

Ultimately, parents must decide what type of early learning program is best for their child and family. Visit a variety of programs, ask questions, observe activities and relationships.

For further research-based information on early care and education, visit the Let's Talk…Child Care website at ***http://blogs.extension.iastate.edu/childcare/***.



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* Fund operating expenses also apply. Accounts with values less than $15,000 will incur a $50 annual maintenance fee. An annual recordkeeping fee of 0.50%-0.60% applies to all accounts.

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Liz Lynch is back by popular demand.
The following stories were written by Liz at age 92 as she reminisced about the early days in her life.

Gardening

The gardening was a family affair. All members of the family took an active interest in its doing and eating.

In the fall prior to the planting season, seeds were selected carefully from every species of vegetables. They were spread on papers and allowed to dry thoroughly. They were stored in a mouse-proof container in a safe place.

About March 17th, with St. Pat's blessings Implored, the tomato seeds were planted in large containers in fertile soil brought in the fall before. They were watered carefully at regular intervals. Careful watch was kept to keep mice from having their greens early.

Good Friday was the day regarded as Potato Planting Day. The early potatoes were cut, one eye to a hill — dropped one in front of the foot, stepped on by the other foot and then carefully covered by several harrowings.

About May 10th the garden was plowed, disked and harrowed — that is if the garden was fenced. But in case of a small garden it was spaded and raked when ready for planting.

As there was no long range weather forecast, the family almanac and drug store calendar were referred to for dependable weather information. And there were such signs as the oak leaf being the size of a squirrel's ears before tomatoes or cabbage could be transplanted.

The winter onions were ready to be eaten about this time. Onions and ground horseradish ran strong competition in bringing tears to the eyes and sensations down through the nose.

Then all the vegetables were planted in about 15 inches apart, hoed several times, hilled up, and admired.

How green those early onions looked with the part so white, and the red, red radishes, and oh that green lettuce! How they sharpened the appetite of all the family.

Once the whole variety of plants were up and hoed, a special watch was set up for insects like butterflies and potato bugs. A home remedy of salt and wood ashes was applied for butterflies. But potato bugs must be picked off, as they destroyed the leaves of the potatoes and sometimes killed the plants. What a tedious job it was to knock the bugs off the plants into a pail, and destroy them with a poison.

The late potatoes and rutabagas were planted about July 4th and harvested before frost. The potatoes were dug and put in a deep hole to cure for about 4 weeks.

Each Vegetable had a separate bin for storage and a special way for preservation. Potatoes, when dry, were stored in a bin, carrots the same — only they were covered with about 4 inches of dry clay. Parsnips had a choice — they could be stored in a bin left in the ground to cure & be dug in early spring so sweet and solid.

There was no talk of vitamins, single or multiple or special diets — or low caloried foods and such. You were told to learn to eat your vegetables, not because you liked them, but because they were good for your health.

The supermarket and open city markets were unheard of, but you had a well balanced diet.

SENIOR NEWS LINE
by Matilda Charles

The Heat Is On

And here comes summer ...

For many of us around the country, this past winter was a brutal one, and long. Now that the weather is warming up, we're eager to enjoy it.

Seniors need to be cautious, however, in dealing with summer.

If you don't have fans or air conditioning, start looking now for places that donate fans to seniors. Try the local senior center, fire department or town offices. They're likely to know when and where fans will be given out. If you live in a humid area, consider whether buying a one-room window air conditioner will help. Besides cooling the air, they remove moisture, which makes it feel cooler.

If you can, sign up for afternoon classes at the senior center or spend afternoons at the library, movies or mall.

Seniors often don't sense their level of thirst, either from aging or medications. Know the signs of dehydration: dry mouth, headache, limb cramps, dark urine or only a small amount of urine, or being unable to sleep. Becoming dehydrated can have serious effects on the body's organs, so be sure to drink enough water. Caffeinated or sugared drinks like coffee and soft drinks will only make things worse. Ask your doctor for a specific number of ounces of water you should drink per day. Remember: If you're thirsty, you're already getting dehydrated.

Dress lightly (but carry a sweater in case you go into air-conditioned spaces), and wear sunglasses and a woven wide-brim hat when you go out.

Start planning now for recipes that don't heat up the kitchen. Consider sandwiches, salads, fruit and vegetables that cook quickly.

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Rent A Flick by
Ron Richeson

The Heart is a Lonely Hunter

From the first time I saw ***The Heart is a Lonely Hunter*** (1968) the impact of Carson McCullers's heart-tugging first novel has never left me. Both Alan Arkin and newcomer (at that time) Sondra Locke brought McCullers's story to life and were nominated for Oscars for their memorable performances.

Arkin is John Singer, a deaf-mute whose closest friend, Spiros Antonapoulos, is also unable to hear or speak. When Antonapoulos becomes institutionalized because he is mentally impaired, Singer follows him to another city and rents a room to be closer to his friend. It is here that Singer's natural instinct to care deeply about the problems of others will impact the lives of a teenage girl (Locke), an alcoholic drifter, and a dying African-American doctor and his poverty struggling daughter.

Admittedly, some of the dialogue seems a little dated now but it doesn't matter. ***The Heart is a Lonely Hunter*** is not a film to be experienced with eyes and ears but embraced with the heart, and it's very difficult to keep a dry eye during the film's jarring ending.

Sadly, McCullers has had more than her share of pain and sorrow during her 50 years of life. I think it is probably safe to assume that her pain and sorrow was the source of the empathy she was able to feel for the characters in her writings.

This film is rated G and is available via Netflix mail order.

An Iowa Legend Donna Reed (1921-1986)

It's a safe bet that not many movie actresses know how to milk a cow, bake biscuits and drive a tractor.

But Iowa-born and raised Donna Reed (born: Donna Mullenger) is one actress who could perform those chores ... and she could act. Donna never liked her stage name, but still it served her well, as did her assets of petite (5'3") beauty, and a smile that wound have melted a truckload of lowan Chris Nelson's Eskimo Pies®.

Donna grew up on a farm south of Denison, where she learned what every 4-H girl learns, to bake, sew, cook, dam, grow good things to eat and generally manage a household, just like 4-H-founder lowan Jessie Field Shambaugh planned. Donna made many of her own clothes and was good enough at baking biscuits to win a blue ribbon at the Iowa State Fair. She was pretty enough to be Queen of the Crawford County 4-H Victory Fair as well as Homecoming Queen at Denison High.

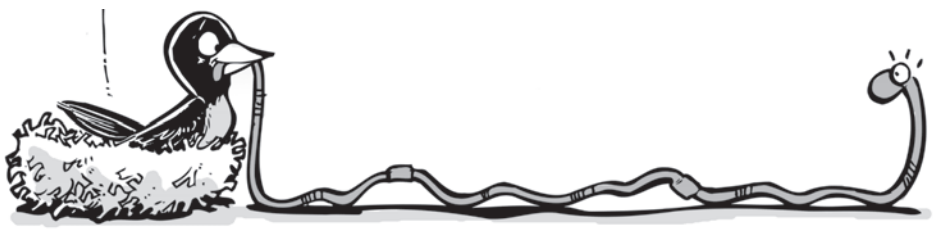
After high school, Donna lived with her aunt in Los Angeles and attended nearby Los Angeles City College. She embarked on a secretarial course and worked in the library. But her break came when she entered a beauty contest and won, beating out 35 other contestants.

With the beauty title came a photo opportunity which appeared on the front page of the Los Angeles Times. Agents promptly beat down her door to help her launch a movie career. After roles in a dozen mediocre films, she was cast opposite Jimmy Stewart in *It's a Wonderful Life*. *LOOK* magazine immediately selected her as an actress who couldn't miss stardom.

In 1953, Donna received an Academy Award Oscar for Best Supporting Actress in the film *From Here to Eternity*. She followed that victory with a strategic move to television, where at age 35 she became the nation's symbol of model wife and mother, acting on ABC television's *The Donna Reed Show*.

During her television years she received many Emmy nominations and several nominations for TV Guide's Most Popular Television Actress, and won the Golden Globe Best Television Actress award in 1963.

During her life she contributed to many worthy causes in and around Denison and participated in community affairs, just as all good citizens do. But isn't that what you'd expect from an Iowa girl-next-door?



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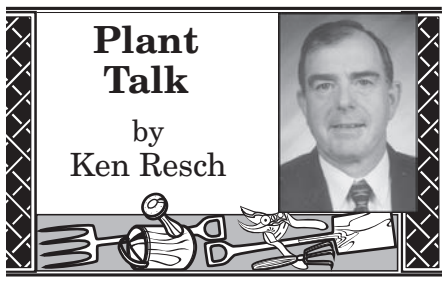


Butterflies and Bees: Our Existence Depends on Them

A few years back I spent the middle of August roaming through the uncut weeds and vegetation along the edges of the Northwest Arterial searching for an elusive green with yellow markings caterpillar. This yearly event was a token of love for my wife who then taught at Prescott and would start each year with the hatching of a Monarch butterfly right in class. My job was to find a caterpillar, secure some extra Milkweed, place it all in the butterfly tower I made and have it ready for the first day of school. I was successful more years than not and by early September the caterpillar, that had made its chrysalis on the underside of a Milkweed leaf, hatched into a beautiful Monarch butterfly and the entire class followed Mrs. Resch to the playground to release it into the warm fall air.

Then the area changed. Slopes were sheared of the vegetation—weeds only to us, not the butterflies—rich in Milkweed, Canadian Thistle and Goldenrod. Today, nationally, over 6,000 acres a day or 2.2 million acres annually (the size of Delaware) are being swallowed up in development or roadside "safety" mowing. We are destroying the habitat of our pollinators—butterflies, moths, spiders and bees—and the cost will be high if we fail to alter our habits.

Each of us, no matter if we live in an apartment or on an acre, can help create habitat for the butterflies and bees. For starters, sow seeds of plants that Monarchs and other pollinators enjoy. Obviously, Milkweed is one important choice and this can be done for free by simply spreading seeds every fall from an existing patch. Still, there are even better species of Milkweed such as Red Milkweed or Swamp Milkweed that are even more attractive to the caterpillars that hatch from the eggs of the Monarchs that have visited your other plants. Among the plants loved by Monarchs and other butterflies are Butterfly Weed, Joe Pyeweed and Purple Coneflower. These are available as plants as well as seeds you can buy from a number of nurseries that specialize in prairie development or naturalization.

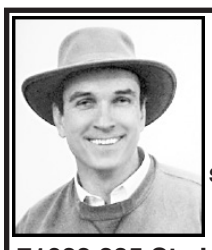
Along with saving butterflies we must also save the bees. Colony collapse is devastating the honey bee population around the world and our crops will suffer. Yet, honey bees are not the only pollinators of the bee family and a little know worker is the Mason Bee. Though not a maker of honey, this solitary little bee pollinates up a storm! Each bee lives alone in cracks and crevices and they can be encouraged to live in your garden through the building of simple Mason Bee houses. Go to this Instructables page and you'll find a really easy bee house to build. In fact, they're so easy you might build several. If you poke around on this site you'll even find some fancier versions but they all have one thing in common: a lot of ¼ inch holes for each bee to make a home and make little bees.

http://www.instructables.com/id/Make-your-own-little-Bee-Houses/

Similarly, for really ambitious gardeners, the Monarch Watch site at ***http://monarchwatch.org/waystations/seed_kit.html*** sells a kit for $16.00 that contains an abundance of seed from at least nine varieties of plants Monarchs enjoy. You can also register your location as a Monarch Waystation. Even if you choose not to order a kit, the site offers a lot of solid information for ways to help our Monarchs and all pollinators. This spring and summer let's all do our part to help the Monarchs (all butterflies, actually) and the bees enjoy their time in our area. Trust me, if we don't help the pollinators now, our grandchildren, great grandchildren and all generations to come will live in a dark and bleak world—if they even have a world in which to live.

Sinsinawa 'Summer Organ Concert' series hosts new organist

SINSINAWA, Wis.—Sinsinawa Mound welcomes Audrey Rhinehart for her first Summer Organ Concert at 7 p.m. Wednesday, June 10. Rhinehart currently serves as organist and director of music at St. Kilian Parish, Hartford, Wis., where she leads a comprehensive music program involving members from age three and beyond with a variety of musical backgrounds. She is passionate about her ministry as a music educator and enjoys the opportunity to share the gift of music. Rhinehart has performed throughout the Milwaukee area. Organ studies have been with Dr. Warren Schmidt; Dr. Vincent Benitez; Phyllis Stringham; and Sr. Mary Jane Wagner, SSSF. The concerts are free and open to the public. For more information, contact Guest Services at (608) 748-4411 or visit our website at ***www.sinsinawa.org***. Sinsinawa Mound is located in southwest Wisconsin on County Road Z, off Highway 11, about five miles northeast of Dubuque.



From The Batt Cave
Al Batt
snoeowl@aol.com
http://albatt.net/
71622 325 St., Hartland, MN 56042

The Ninth Inning

The pitch was low and outside.

The TV was set at full volume.

He liked his baseball loud.

It was a tiny room occupied by a man whose ears had outlived their usefulness.

I wanted to put up a poster telling everyone who walked by his door who he was and what he'd done.

He told me that his father had not paid income taxes for a number of years. It wasn't because he didn't owe them. He thought that taxes were not constitutional. He couldn't be bothered with them. He was bothered by the IRS. Like the song says, "He fought the law and the law won."

An insurance company offered the healing power of payer, but my friend prayed for better days. I prayed that he might have the same. Prayers made for others are the best.

Prayers are often selfish like those given by the driver who had driven around for an hour looking for a parking place. Finally, in desperation, he pleaded, "Lord, if You'll give me a parking place, I will abandon my evil ways."

He'd no more than said that, when a light shone through the clouds, illuminating a nearby parking spot. It wasn't just close, it had a new car parked on each side. That lessened the chances of getting a door ding.

The man added, "Never mind. I found one. Amen."

We make wishes as we blow out the candles of a birthday cake, tug on a wishbone or see a falling star. Wishes are so important for those in the early stages of their lives, but the older a person gets, the bigger the wishes become. We wish for world peace instead of a BB gun or a doll.

I knew what he was wishing. He was wishing he could go home. He was on third base.

I watched the baseball game with him. A batter, who had adjusted his batting gloves often in the hopes of getting a hit, grounded out. Somebody had to make an out. It'd have been a hit if a glove hadn't gotten in the way. The game was not well played. A ducksnort here. A dying quail there. Hitters flailing about as if they were attempting to swat a gnat with a bat. There is no Batter Business Bureau to call. Four score and seven errors ago, the inning ended mercifully.

I recall years of playing ball in cow pastures, vacant lots and snazzy ballparks. One of my first gloves was a hand-me-down from a girl. It was a hermit.

My neighbor Crandall told me that he crowded the plate. Friends and relatives stood all around him. He claimed that he threw singles back, but admitted there were days when he couldn't hit a bull in the butt with a bass fiddle. The game is humbling. Once, in a daring and unexpected move, he stole the scorebook. He'd misread the coach's signals.

I enjoy baseball and softball. I've even watched cricket matches. I like any game with bats. It has something to do with my name.

Baseball lends itself to quotes. I have many favorites. I culled them to six.

"Good pitching will beat good hitting any time, and vice versa."—Bob Veale

"The charm of baseball is that, dull as it may be on the field, it is endlessly fascinating as a rehash."—Jim Murray

"The other sports are just sports. Baseball is a love."—Bryant Gumbel

"I don't love baseball. I don't love most of today's players. I don't love the owners. I do love, however, the baseball that is in the heads of baseball fans. I love the dreams of glory of 10-year-olds, the reminiscences of 70-year-olds. The greatest baseball arena is in our heads, what we bring to the games, to the telecasts, to reading newspaper reports."—Stan Isaacs

"Why does everybody stand up and sing 'Take Me Out to the Ballgame' when they're already there?"—Larry Anderson

"Things could be worse. Suppose your errors were counted and published every day, like those of a baseball player."—Anonymous

I enjoyed my visit, but I needed to get going. I had dirt to scratch and eggs to lay.

I thought about turning off the TV, but I worried that it might wake him.

I hoped he was hitting a home run in his dreams.

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A weed is no more than a flower in disguise.
—James Russell Lowell

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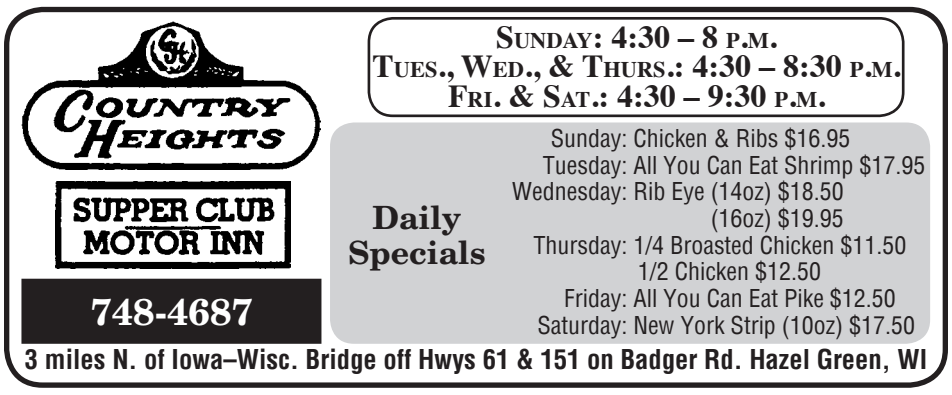

'Cleaning Green' With Vinegar

(NAPSA)—With the array of cleaning options at the grocery store, it is easy to forget that the most natural and effective cleaner could be sitting in your cabinet at this very moment. Vinegar is an all-in-one cleaner. It can take on most any cleaning challenge, no matter the size, and there's no need to worry about harmful effects typically associated with harsh, chemical cleaning agents. Budget conscious and eco friendly, vinegar is truly a product with many talents.

Live Green With White Vinegar

An online survey conducted by The Vinegar Institute found that cleaning/disinfecting are the second most popular uses for white distilled vinegar next to food preparation uses. Here are a few hints on how to utilize the cleaning power of vinegar in your home:

- Use full-strength vinegar to banish grease and eliminate mildew.
- Dilute with water to remove grease and grime on miniblinds.
- Use full strength to clean chrome fixtures and whiten grout.
- Dilute with water to brighten brickwork.
- Dilute with ammonia and baking soda to freshen a musty closet.
- Mix with salt and baking soda to unclog drains.
- Dilute with water to deodorize the garbage disposal.
- Spray full strength to get rid of unwanted grass and weeds.

White distilled vinegar is a cost-effective, all-in-one cleaner that can be used in any room of the house.

- Use full strength to remove your child's ballpoint pen "art" from painted walls.
- Dissolve 1 teaspoon of salt in 1 cup of white distilled vinegar and stir in flour until it becomes a paste. Apply paste to brass, copper or pewter and let it stand for about 15 minutes. Rinse with clean warm water and polish until dry.
- Add 2 tablespoons sugar and 2 tablespoons white vinegar to a 1-quart vase of water to keep flowers fresh longer.
- Mix white distilled vinegar and linseed oil to clean leather. Rub the mixture into the leather and then polish with a soft cloth.

This information comes from the professionals at The Vinegar Institute, an international trade association representing the vast majority of vinegar manufacturers and bottlers, as well as suppliers to the industry. Members manufacture a range of vinegar types including white distilled, apple cider, balsamic, red wine, white wine, malt and rice vinegar.

Learn More

For further information, visit ***www.versatilevinegar.org.***

Over The Years
by Grandma

Cars In The Early 1900s

Cars in the early 1900s were not equipped with heaters or air conditioning. Passengers were exposed to the elements with only the protection of some type of fabric top which most of the time was rolled back. Early autos usually were open with only a windshield and a folding canvas top.

For protection in cold weather and when a sudden shower came up, there were side curtains. These were usually constructed from a material called isinglass.

Since cars had no trunks in those early days, side curtains were usually kept under the cushion of the backseat. When a sudden shower came up, the car top was raised and the side curtains were hauled out and buttoned in place. That was a mad scramble.

Another addition to the car was the lap robe. Lap robes were used in winter and summer. In the winter the lap robe was very heavy. Many of the earlier lap robes were made of horsehair. It was no wonder that lap robes were used in the summer. The clouds of dust raised by auto traffic on unpaved streets and roads made some attempt at protection a necessity. Summer lap robes were much lighter in weight, usually made from linen or a lightweight cotton fabric.

If you were not a family of means, the lap robes were made by hand. Families with more money bought their lap robes from a company named *"Chase"*. They were the premier manufacturer of lap robes. The lavish and intricate designs of these robes are quintessential Victorian Americana usually only one blanket was made with the same design, therefor each blanket is unique and one of a kind. If you happen to come upon one of these lap robes with the *Chase* label, it could be worth a tidy some of money.

Some of the early 1900 cars had robe rails. The rails were a length of rod attached across the back of the front seat. Lap robes could be thrown over the robe rail when not in use, thus freeing the backseat to hold picnic baskets, groceries, suitcases and the many other items that had to be carried there before trunks became a part of the cars' design.

The ladies wore large protective hats or bonnets as well as scarves which covered their neck and upper body when out for an auto ride. In a 1915 issue of Ladies Home Journal the fashion editors declared that "Good taste, comfort and etiquette demand correct motor 'togs.'" Examples of appropriate dress included a small hat with a chiffon veil worn over it, "in a color that will not injure the eyes."

The men were not to be up staged wore protective dusters, goggles, leggings, rubber sleeves, and motoring caps.

A car ride was no luxury trip in the early 1900s.

1. GEOGRAPHY: The island of Sardinia is part of which nation?
2. LITERATURE: Which poet won a Pulitzer Prize in 1948 for a long poem called "The Age of Anxiety"?
3. U.S. STATES: What state's nickname is "The Evergreen State"?
4. GENERAL KNOWLEDGE: What was the former name of the United Arab Emirates?
5. HISTORY: During which century were Papal Swiss Guards first posted in the Vatican?
6. MOVIES: Who wrote and directed the movie "La Dolce Vita"?
7. MYTHOLOGY: Tyr was a Norse god of what?
8. INVENTIONS: Which English agricultural pioneer invented a seed drill that planted seeds in a neat row?
9. LANGUAGE: What's a fedora?
10. ENTERTAINERS: What French entertainer's most famous character was clown named Bip?

Answers

1. Italy
2. W.H. Auden
3. Washington
4. Trucial States
5. 16th century
6. Federico Fellini
7. War
8. Jethro Tull
9. Hat
10. Marcel Marceau

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Collecting
by Larry Cox

E.T. Wristwatch

Q: I have an E.T. wristwatch. What is it worth? — *Carl, Salt Lake City, Utah*

A: Steven Spielberg's "E.T. The Extra Terrestrial" opened in theaters in 1982, the same year your watch was made by Nelsonic. Occasionally this watch pops up in shops and at antique malls and is generally priced in the $25 to $100 range. The higher end price is for the watch in its original box and in mint to near-mint condition.

***

Q: I have a partial set of Harlequin dinnerware, and I wonder what you can tell me about this pattern. — *Mark, Norman, Oklahoma*

A: Harlequin dinnerware was produced by Homer Laughlin China Company of Newell, West Virginia, starting in 1938. The pattern was marketed exclusively by the Woolworth five-and-dime stores and was extremely popular. A special set was issued to celebrate Woolworth's 100th anniversary in 1979. Changes were made so the newer pieces could be more easily distinguished from the earlier ones.

***

Q: I have an old sewing machine that has been in my family for at least a century. It is a "Household" machine. What can you tell me about it? — *Sally, Portsmouth, Virginia*

A: The company began as the Providence Tool Company in Providence, Rhode Island. Even in the beginning, the main business was the manufacturing of sewing machines. The company name was changed to Household Sewing Machine in 1890 and continued until about 1906.

***

Q: I have a porcelain doll that has been in my family since about 1910. The doll needs some repair work. Can you suggest someone who can do this for me? — *Katie, Walnut Grove, Arkansas*

A: Dolls & Designs is a business that specializes in dolls repair. Contact is 122 Main St. West, Valdese, NC 2869; www.dollsanddesigns.webs.com; and 828-893-0640.

***

Q: I was given a trinket box by Hummel for my birthday several years ago. It is "Umbrella Boy." Is it worth keeping? — *Betty, San Diego, CA*

A: According to "The Official M.J. Hummel Price Guide" by Heidi Ann Von Recklinghausen and published by Krause Books, your trinket box is worth about $35.

***

Write to Larry Cox in care of KFWS, P.O. Box 536475, Orlando, FL 32853-6475, or send e-mail to ***questionsforcox@aol.com****. Due to the large volume of mail he receives, Mr. Cox cannot personally answer all reader questions, nor does he do appraisals. Do not send any materials requiring return mail.*

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Radio From The 20th Century
by Bill Zwack

Rocky Jordan was the resurrected 30 minute weekly version of *A Man Named Jordan*, which had run on a CBS 15 minute daily serial in 1945. The new show, also on CBS, (but on the west coast only) was heard in 1949-50 and was virtually a duplicate of the serial. It too starred Jack Moyles, owner of the Café Tambourine, "where modern adventure and intrigue unfold against the backdrop of antiquity."

The only real change was that the Café Tambourine was uprooted from Istanbul and plopped down in Cairo, "gateway to the ancient east." Moyles played the same hard-driving Rocky, a man always on the lookout for a loose buck and loose women; his series was a solid feather in the CBS adventure cap. Jay Novello played Captain Sam Sabaaya of the Cairo police. For a time the show was sponsored by Del Monte Foods. It was directed by Cliff Howard, written by Larry Roman and Gomer Cool, and well-scored with original oriental-sounding music by Richard Aurandt. Larry Thor (of *Broadway is My Beat*) announced.

On July 18, 1951, still another *Rocky Jordan* came to CBS coast-to-coast. This time though the production crew remained essentially the same, however, Moyles was replaced by George Raft. The change did nothing for Rocky's caracter, and in fact may have diminished it. Moyles had played the part since 1945; to listeners with long memories, he was *Rocky Jordan*. All Raft brought to the show was a glamour name. By 1952, even that was gone.

Rocky Jordan at times, can be heard on AM1370 KDTH's *Big Broadcast* which is heard every Sunday night from 6 to midnight.

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Memories Passed On
(As told to my grandson Maury)

by Jerry Eberhardt

The Best Of Jerry

My Paper Route

Jerry Eberhardt with grandson, Maury Cohn

Recently, Maury, while visiting with a friend he recalled that both of us had newspaper routes in grade school. When Grandpa was in fifth and sixth grades, I "owned" a paper route and delivered the Telegraph Herald, Dubuque's local newspaper. Grandpa says "owned" because it was common for a paper route to be "bought" from a kid who owned one and was going to quit. I don't remember for certain, Maury, but I think I paid about $5.00 for my route. I remember the cost for delivery of the paper was 40 cents per month or 10 cents per week! We were paid 20% of what we collected every week. Grandpa had close to a 100 subscribers paying me about $2.00 per week.

Then, it was an evening edition and we picked up our papers at a local fire station. I "rolled" half my papers before starting my route and the rest on the way so that I could throw one at every house that had a porch! I took pride in my accuracy to "hit the target" especially when it was a good distance from the sidewalk!

In thinking back on this, Maury, Grandpa still remembers the houses on my route, not by the name of the people who lived there, but by what they "gave" me as their paperboy when I collected every Saturday morning! My route was two blocks long on five different streets running parallel to each other. To this day, Maury, when driving on any of these streets, in those blocks, I recall the "goodies" handed me when making collections! The Depression (ask mom or dad about this) was still in effect so people did not tip but were generous in other ways. As I look at a particular house I remember it for cookies, another for chocolates, another for an apple, yet another for a tootsie roll and one for a piece of pie! Maury, you're "catching up" to me!! When Grandpa was a paperboy I was only three or four years older than you are now! Hope you enjoyed this.

Much love,
Grandpa

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A Sporting View by Mark Vasto

It's Never Over

If Yogi Berra had a "career year," it was all of them. He loved his childhood, loved his career, loves his retirement. People love him and he loves people. Not bad for a guy from "The Hill" in St. Louis who once signed on to catch a ball and swing a bat for the Yankees for $500.

He's a man so simple, he's complex. His real name is Lawrence, but the players called him "Yogi" because he used to sit with his arms and legs crossed while he waited to bat, like a yogi, they thought, showing pretty remarkable cultural range for ballplayers, actually.

His numbers can't be quantified, they're baffling as they are great, but don't take my word for it. Baseball statistician Bill James has proclaimed him the greatest catcher to ever play the game, and since I can never figure out all of his kooky algorithms, I'll take his word for it. I do know this: In 15 seasons, he was elected to 18 All-Star games. See? Baffling.

One year he didn't make an error behind the plate. Another year he had more home runs than strikeouts. He never struck out more than 35 times in a season, and he never had more strikeouts than RBIs. One day in the minor leagues, he batted in a total of 23 runs in two games (it was a doubleheader). In his first game for the Yankees, he hit a home run. His rookie year he was almost voted the league's MVP. He hit the first pinch-hit home run in World Series history. He is famously seen jumping into the arms of Don Larson after catching his perfect game in the World Series, and famously seen jumping all over an umpire after Jackie Robinson stole home with him behind the plate. He has 13 World Series championship rings.

It's been said that a lot of the things Yogi said, he didn't say. One of the famous lines, "It ain't over 'till it's over" was not uttered by Yogi as a Yankee, as many believe. He said that as the manager of the New York Mets, whom he managed during the early '70s, guiding their improbable run to the 1972 World Series.

Yogi started as a manager for the Yankees during the early 1960s, and he was fired when he had an altercation of some sort with a player over a harmonica. In the '80s, he was shafted by George Steinbrenner in the most ugly way imaginable, after only 16 games, after receiving George's "word" that he wouldn't be fired.

But a lot of time has passed, and it only seems like yesterday that Yogi was bouncing around the field, coaching Jorge Posada during spring training in his 70s. He's just turned 90, and most everyone of his era, and his beloved wife, Carmine, have moved on to the big ball orchard in the sky. Still, Yogi can be found on the sideline during special occasions, hat off, as the names of the dearly departed flash on the screen, saying what everyone couldn't say more or less perfectly:

"I hope I never see my name up there."

We three, Yogi.

Mark Vasto is a veteran sportswriter who lives in Kansas City.

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Sports Comment

by Gary Dolphin

V.P. US bank – Business Development

and Voice of the Iowa Hawkeyes

From Where I Sit

The end of spring football practice at Iowa paves the way for the popular I Club banquet tour. Roughly twenty five gatherings in all, the Hawkeye coaches fan out across the state and midwest to say thanks to the countless Iowa fans who support the twenty four sports and seven hundred student athletes.

Hawkeye football coach Kirk Ferentz leads one group with Lisa Bluder, Iowa womens basketball coach, while mens coach Fran McCaffery heads the opposite direction with wrestling's Tom Brands and others. It's a chance for fans to shake the coaches' hands and have one-on-one discussions about the season just concluded. Ferentz and his team hit Dubuque Tuesday, June 2nd at Thunder Hills Country Club in Peosta. Tickets are available through the Thunder Hills pro shop.

The topics have varied, from the success of the Iowa baseball team under second year coach Rick Heller. The Hawkeye's struggles at the end of the football season and the overall success of Iowa basketball as both the men and women again tasted success in the NCAA tourney. Iowa baseball opens the Big Ten tourney this week, the number two seed after a 38 win spring including 19 victories in conference play. Only league champ Illinois was better. The Hawks are in a great position to make the NCAA tourney. Iowa is getting it done with pitching and defense.

Kirk Ferentz has been reminding fans that despite losing three of their last four, the Hawkeyes went to their 12th bowl in 14 seasons. Only Wisconsin has more bowl bids over that fifteen year span. Iowa was sitting at 6-2 overall and 4-1 in conference play late in the year before a two point loss to the Badgers, a 4th quarter collapse against Nebraska with a two score lead, and the bowl debacle versus Tennessee soured a year that "might have been." Ferentz says that has only motivated the program more for a bounce back year after a move into a new 55 million dollar football operations center. It has boosted recruiting to new levels.

Wrestling just keeps rolling along. A second place finish at nationals and a tie for the Big Ten crown with Ohio State has Iowa looking for bigger and better things this fall following another solid recruiting year.

Iowa women's basketball made it's 8th straight trip to the NCAA tourney while the men can now claim back-to-back postseason bids. For the first time since 1970, the Hawks defeated Ohio State, Indiana and Michigan on the road. Hoops must now live without Aaron White and Samantha Logic, two of the most electrifying players in history, as they take their talents to the professional level.

In the end, thanks to you fans, Iowa basketball, football and wrestling all ranked top 25 in attendance! That's support.

SPORTS QUIZ

By Chris Richcreek

1. Between 2003 and 2014, only two National League pitchers tossed more than 250 innings in a season. Name them.
2. In what year did Hank Aaron hit the first of his 755 career major-league home runs?
3. How many seasons has New Orleans Saints quarterback Drew Brees thrown for 5,000 yards?
4. When was the last time that the University of Virginia men's basketball team reached the NCAA Tournament's Elite Eight?
5. How many combined Stanley Cup titles did Montreal's Jean Beliveau win as a player and a team executive?
6. In 2014, Germany's Miroslav Klose set a World Cup record for most career goals (16). Who had held the mark of 15?
7. Two horses hold the modern North American racing record of 16 consecutive victories. Name them.

Answers

1. Montreal's Livan Hernandez (255 innings in 2004) and Philadelphia's Roy Halladay (250.2 in 2010).
2. It was 1954.
3. Four times (2008, '11, '12, '13).
4. It was 1995.
5. Seventeen Stanley Cups.
6. Brazil's Ronaldo.
7. Citation (1948-50) and Cigar (1994-96).

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The sun, with all those plants revolving around it and dependent upon it, can still ripen a bunch of grapes as if it had nothing else in the universe to do.

—Galileo

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A Sporting View by Mark Vasto

Split Decisions

The "Fight of the Century" between Floyd "Money" Mayweather and Manny "Pacman" Pacquiao was not the fight of the century, and if it was, it won't be for long. Still, the bout will have long-reaching effects for the future of the sport of boxing.

For one, the sport has taken fire from just about every angle imaginable. There's the health angle: People are all too aware of the life-long consequences of being punched in the face thousands of times during a short-lived career. The supply of boxers in America will continue to shrink as interest in the sport wanes and legitimate boxing gyms (not the ones in strip malls that you go to for exercise ... real boxing gyms) go out of business.

But those aren't direct effects of the Mayweather-Pacquiao bout. What Mayweather-Pacquiao did better than anything was remind us of how greedy and tone deaf the sport is. Mayweather received a gazillion dollars for the fight. We've all heard how seats at Caesar's Palace were going for the price points of small cars. Pay-per-view was $100 for a home, several thousand for a bar or public space. And what did people get for the their money?

Exactly what we all knew we were going to get: two great boxers, past their prime, mailing it in. Mayweather, as we all knew going in, was possibly the best defensive boxer ever. He was undefeated and unlikely to stick his chin out with Pacquiao. Those who thought Pacquiao would win were betting on him breaking through that defense and scoring a knockout or at least landing enough to win on the scorecards. It didn't happen.

Some argued that Pacquiao was the aggressor most of the fight, that he threw the most punches and took the center of the ring. So what? He didn't land any of those punches, and Mayweather landed all of his. Mayweather didn't give the people a show or their money's worth, but he did give a masters-level class in the art of defensive boxing and how to win on points with ease.

Which brings us to another thing about boxing. We still don't know who is responsible for scoring the fight. We don't know their background, what makes them qualified. All we know about the judges is that they're there and they have to use the 10-point must system. Of all major sports, fighting is the only one that does not let either participants or those watching know who is winning during the course of the match.

Boxers who think they may be down on the score card are encouraged to inflict the most savage of beatings upon the head of their opponents, knowing the only way to win is by way of knockout. Most of the time, those efforts fail and usually just end up with that boxer getting hit all the more by the eventual winner. Is this what you want to gamble on? Pay extra money on your cable bill for?

In the end, Mayweather and Pacquiao gave us the answer as to who was the better boxer, but the question it left looms larger than ever before: What, or who, will save the sport?

Mark Vasto is a veteran sportswriter who lives in Kansas City.

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Strawberry Shortcake

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2 cups all-purpose flour
3/4 cup sugar
2 teaspoons baking powder
1/4 teaspoon salt
1/3 cup cold butter or margarine, cut into pieces
2/3 cup milk
2 pints strawberries
1 cup heavy or whipping cream

1. Preheat oven to 425 F. Grease 8-inch round cake pan.
2. In medium bowl, combine flour, 3 tablespoons sugar, baking powder and salt. With pastry blender or two knives used scissor-fashion, cut in butter until mixture resembles coarse crumbs. Stir in milk just until mixture forms soft dough that leaves side of bowl.
3. On lightly floured surface, knead dough 10 times. With floured hands, pat evenly into cake pan, and sprinkle with 1 tablespoon sugar. Bake until golden, 20 to 22 minutes.
4. Meanwhile, reserve 4 whole strawberries for garnish; hull remaining strawberries and cut in half or into quarters. In medium bowl, toss strawberries with remaining 1/2 cup sugar until sugar has dissolved.
5. Invert shortcake onto surface. With long serrated knife, cut shortcake horizontally in half. In bowl, with mixer at medium speed, beat cream just until soft peaks form.
6. Place bottom half of shortcake, cut side up, on cake plate; top with half of strawberry mixture and half of whipped cream. Place remaining shortcake, cut side down, on strawberry mixture. Spoon remaining strawberry mixture over, then top with remaining whipped cream. Garnish with reserved whole strawberries. Makes 10 servings.

• Each serving: About 321 calories, 4 g protein, 41 g carbohydrate, 16 g total fat (10 g saturated), 51 mg cholesterol, 235 mg sodium.

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Why do people think artists are special? It's just another job.
—Andy Warhol

Down Memory Lane

Softball 1953

Exerpts From The Pages Of "The Avalon" A Newsletter Of The Dubuque Packing Company

Softball 1953

SOFTBALL

Among the strongest contenders for the 1953 Indy loop bunting is our Packinghouse Workers combination with Richie Jahn sparking the pitching staff. This aggregation — sponsored by Local 150 — has already won three out of five Indy circuit engagements and is rapidly making a name for its athletes in the local softball competition. The Packinghouse Workers have one of the hardest hitting clubs in the loop and can be expected to give their co-worker Packers team a tough tussle for the title.

PACKINGHOUSE WORKERS
Front Row: (left to right) Norm Jotham, Don Cornish, Gilles Ede, Merlin Kaiser, Louis Hanson, Fred Rossman, George Gantenbein, Jay Neyens.
Back Row: Gene Sutherland, Charles Spielman, Wally Gau, Darrel Sendt, Dick Neumann, Jerry Jansen, Ray Mangeno, Stub Zillig.

1. Name the band that was started by a dentistry student, a physics student and an art student before adding a bass player.
2. What is "I'm Your Captain (Closer to Home)" about? Who released it?
3. The music from the Italian song "O Sole Mio" was used for which Elvis Presley hit?
4. Who released "People Are Strange" and when?
5. Name the song that contains this lyric: "Now it's been ten thousand years, Man has cried a billion tears for what he never knew, Now man's reign is through, But through eternal night, the twinkling of starlight, So very far away, maybe it's only yesterday."

Answers

1. Queen, of "We Will Rock You" fame.
2. Grand Funk Railroad's song in 1970 has a number of interpretations. Some claim it was about the Vietnam War. Others heard a sea captain facing crew mutiny.
3. "It's Now or Never."
4. The Doors, 1967.
5. "In the Year 2525 (Exordium et Terminus)" by Zager and Evans in 1969. In verses giving dates 1,010 years apart, the song laments all that man has lost due to technology and by taking everything that Earth has — and whether God is going to be pleased.

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Dubuque Senior High School Class of 1970

45-Year Class Reunion

Friday, July 17 – All That Jazz

(Meet in front of NICC Building, any time after 5:00 p.m.)

Saturday, July 18 – Diamond Jo Harbor Room (2nd floor)

5:00 p.m. – cash bar; 6:30 p.m. – buffet dinner $35/person

For more information, please contact

Lynne Lippert at fourfoot@q.com or (563) 583-2136

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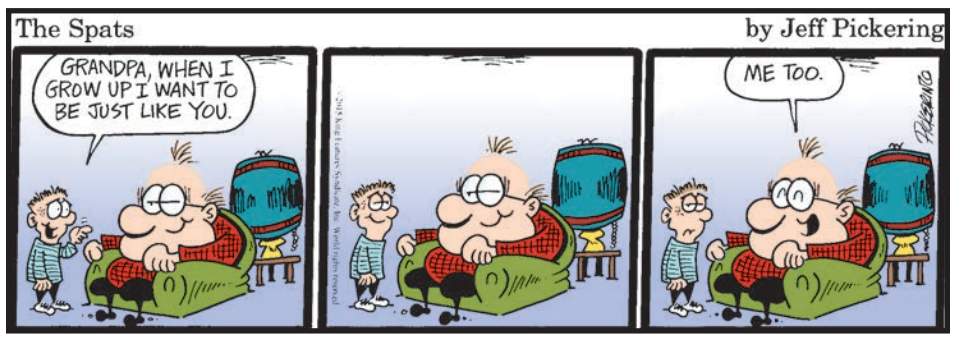

How you can avoid making 7 costly mistakes if Hurt at Work

What can you do to avoid a costly mistake?
By COREY WALKER
Corey@IowaInjured.com

If you or a loved one have been hurt at work you may have questions like: How much should my weekly check be? Do I really have to go to their doctors? How much should they pay for mileage? Every year thousands of Iowans are hurt at work, but some make costly mistakes.

Iowans are beginning to realize that they should learn more about Iowa's workers' compensation laws. For example did you know that you have the right to a 2nd opinion in admitted claims after receiving an impairment rating and should be paid mileage at 56¢ per mile? A new book reveals *seven costly mistakes* and how you can avoid them, *The Injured Workers' Bill of Rights* and much more. What do other Iowans say about the book?

Janet of Des Moines says, "Corey's book is a must have if you have been hurt at work." Laura of Dubuque says, "The book is very helpful."

Our book is offered at ***no cost*** because Iowa Work Injury Attorney Corey Walker has listened to the stories of hundreds of injured workers during the past 17 years and has seen the consequences of many who made common costly mistakes. Corey is committed to educating you, so you can avoid making a mistake.

Finally, you have the right to learn about workers' compensation laws in the comfort of your own home with no risk or obligation. If you or a loved one has been hurt at work and do not have an attorney join the thousands of Iowans who already have the book. Claim your copy (while supplies last) **Call Now** (800) 707-2552, ext. 811 (24 Hr. Message) or go to www.IowaWorkInjury.com. Call now and you will also receive a **Bonus DVD** which explains Iowa work injury laws in plain English.

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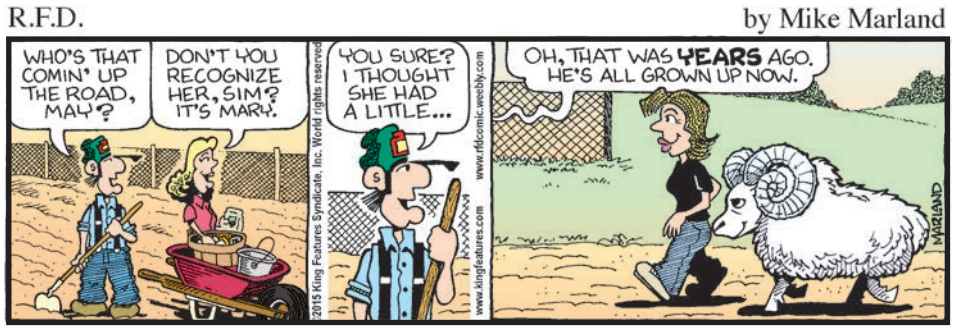
R.F.D. by Mike Marland



What's it WORTH on eBay?

EZSELLUSA specializes in selling items for clients on eBay. If you have an item and you would like to know what it is worth send digital pictures with a brief description to paulhconnor@gmail.com. We moved to 2560 Dodge Street in Dubuque, Iowa. Our new offices are over twice the size we had in our old location. Come visit, we would love to give you a tour and let us help you find out "What's it WORTH on eBay."

Light Them Up?

Our world has changed so very much in the last 100 plus years. This week I wanted to share a marvel of directing light. Today we flip a switch or multiple switches and we have light anywhere we want to attach a light fixture. Thomas Edison invented the first light bulb in 1879 but even after the invention many still used a kerosene lamp like the one shown here. This lamp mounted to a wall with the large silver reflector allowed for light to be directed as needed. This lamp sold for $143.17 on eBay last week.

Money Matters

Avoid Car-Selling Scams

(NAPSA)—The Internet makes it easy to shop for the best bargain on a used car-just remember, an offer that seems "too good to be true" probably is.

It may come from someone known as a "curbstoner." These are illegal dealers who pose as individual sellers online and mostly deal with cars that reputable dealers won't touch.

Beware of buying a used car online, sight unseen. You may get one with severe damage from floods, accidents and the like.

You may see cheap prices but the cars generally have major problems you're not told about, such as flood damage, bad accidents or odometer problems. Some may even have a different Vehicle Identification Number (VIN), a trick used by thieves to hide the true identity of stolen cars.

Look for:

1. Strange marks or scratches on the dashboard VIN plate or sticker inside the driver's side door.
2. Any car documents where the VIN looks altered.
3. Multiple VINs on different pieces of paperwork.
4. The seller's name not appearing on car title or registration.

What to do: Shop online at a place like carfax.com. Every car for sale there comes with a free Carfax Vehicle History Report. Also have a trusted mechanic inspect the vehicle and always see the car in person.

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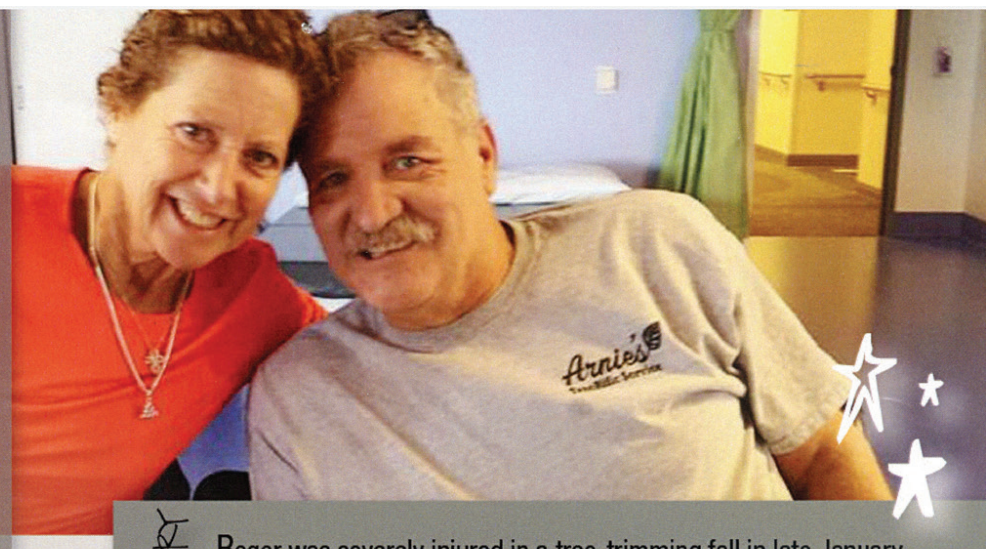

ROGER'S STORY

Roger was severely injured in a tree-trimming fall in late January. Injuries included process fractures of thoracic vertebrae #5 and #6 and compression fracture of thoracic vertebrae #7. He also had several ribs separated from the vertebrae at those points. Roger spent six weeks recovering and rehabbing in Iowa City and Cedar Rapids hospitals. He is now wheelchair-bound and has no movement from his upper abdomen down.

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HUT, TWO, THREE, FOUR...

"We got your back, buddy!"

THIS IS A HAMMER

By Samantha Mazzotta

Top 5 Home Upgrades

Q: What upgrades to our house will pay off the most in the long run? — Karl V., Melrose, Massachusetts

A: Many people think that remodeling the kitchen is an expense they can fully recoup (in terms of home value or resale value), but that is not necessarily the case. According to Remodeling Magazine, which puts out a Cost vs. Value chart each year on home remodeling, a major kitchen remodel averaging $56,768 will recoup 67.8 percent of that cost, or just $38,485.

However, a number of indoor and outdoor projects will increase the value of your home. Here are five projects on the midrange cost scale that will provide the biggest return for your remodeling investment:

1. Entry door: Replacing your entry door with a steel door will recoup 101.8 percent of the cost. (Replacing it with a fiberglass door will return 72 percent.)

2. Veneer: Replacing the bottom third of your home's exterior siding with manufactured stone veneer will recoup 92.2 percent of the cost.

3. Garage door: Replacing your garage door will recoup 88.4 percent of the cost.

4. Siding replacement: Adding vinyl siding to your home's exterior will recoup 80.7 percent of the cost.

5. Wooden deck: Adding or expanding a wooden deck will recoup 80.5 percent of the cost.

Other projects that have a higher chance of recouping their cost include a minor (below $20,000) kitchen remodel (79.3 percent), wood window replacement (78.8 percent) or converting part of your attic to a bedroom (77.2 percent). Remodeling your bathroom will recoup 70 percent of its cost.

So, when putting together a remodeling project list, take their lasting value into account. You may decide to downscale that ambitious kitchen or bathroom remodel and shift some of the budget to your home's exterior elements.

TIP: Wood or vinyl windows? Carefully consider the merits of both before deciding on replacement windows. For example, wood windows are aesthetically pleasing, but vinyl windows require almost no maintenance.

NOTE: *This is my final print column for This Is A Hammer. It's been a great, 14-year run with King Features Weekly Service. But it's not going away completely: You can find archived columns, great home tips and more at* ***thisisahammer.com****. And as always, you can continue to send your questions or home tips to* ***ask@thisisahammer.com****.*

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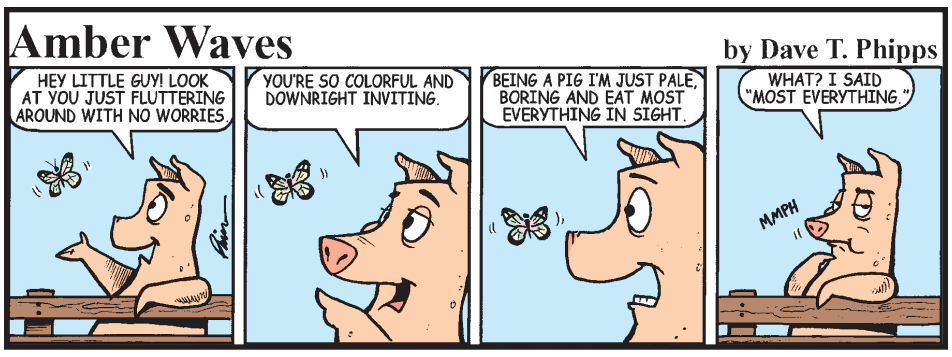

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HEAT & EAT
ITALIAN BEEF • BBQ BEEF
BBQ PULLED PORK
SLOPPY JOES
PARTY PACKS 24 People – Less than $2.69 per person
• 5 lbs. Turkey & Dressing OR (12) 1/4 lb. Brat Patties and (12) 1/4 lb. Beef Patties
• 24 Buns • 8 lbs. Potato Salad
CHEESE & SAUSAGE TRAYS AVAILABLE
GIFT CERTIFICATES AVAILABLE

SOMETHING BETTER. CREMER'S EST. 1948

Cremer's Cooking Tips

Beer Can Chicken

Ingredients

1/2 cup brown sugar
2 tablespoons Lawry's® Seasoned Salt
2 teaspoons garlic salt
1/2 teaspoon salt
1/4 teaspoon ground black pepper
1/2 (12 fluid oz) can beer
1 (3-1/2 pound) Plump & Juicy whole chicken from Cremer's

Directions

1. Preheat an outdoor grill for medium-high heat, about 375 degrees F (190 degrees C). Mix the brown sugar, Lawry's® Seasoned Salt, garlic salt, salt, and ground black pepper in a small bowl. Place the half-full can of beer in the center of a plate.
2. Rinse Plump & Juicy Farm Raised Chicken from Cremer's under cold running water. Discard giblets and neck from chicken; drain and pat dry. Fit whole chicken over the can of beer with the legs on the bottom; keep upright. Sprinkle 1 teaspoon of the seasoning mix into the top cavity of the chicken. The beer may foam up when the seasonings fall inside the can. Rub the remaining seasoning mix over the entire surface of the chicken.
3. Place the chicken, standing on the can, directly on the preheated grill. Close the lid and barbeque the chicken until no longer pink at the bone and the juices run clear, about 1 hour 15 minutes. An instant-read thermometer inserted into the thickest part of the thigh, near the bone should read 180 degrees F (82 degrees C). Remove the chicken from the grill and discard the beer can. Cover the chicken with a doubled sheet of aluminum foil, and allow to rest in a warm area for 10 minutes before slicing.

MAGIC MAZE ● BELLY —

U G C R L Y V G R N N K G C Z
V S P L A I E I B O Y V R O L
I F C Z N B W R T T Q N K I F
H C Z E D W E T U R P M J H E
C G Z H I C U H R X R U S Q N
L J U C N B U S T E R G E C Z
X V T A G D N A B O P R P N L
J H D S L E F M C A T P Y W V
T R P T N L I K A I G P O L F
E C B Z X T W U S L R P U H O
M L J I G E D B A Y S X T W W

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

Ache	Dancer	Landing	Timber
Band	Fat	Laugh	Up to the bar
Buster	Flop	Out	Whopper
Cast	Girth	Slam	

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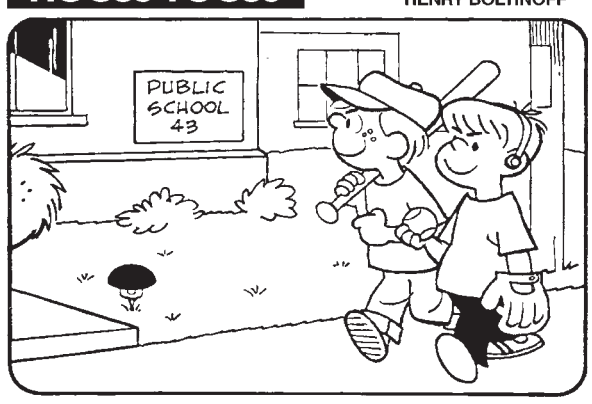
HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.

Differences: 1. Window is higher. 2. Sign is different. 3. Lawn light is missing. 4. Neckline is different. 5. Headset is missing. 6. Glove is different.

GO FIGURE! by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

DIFFICULTY: ★★

★ Moderate ★★ Difficult
★★★ GO FIGURE!

	+		×		27
−		−		×	
	+		×		24
×		×		÷	
	+		+		20
28		18		6	

1 2 3 4 4 5 7 8 9

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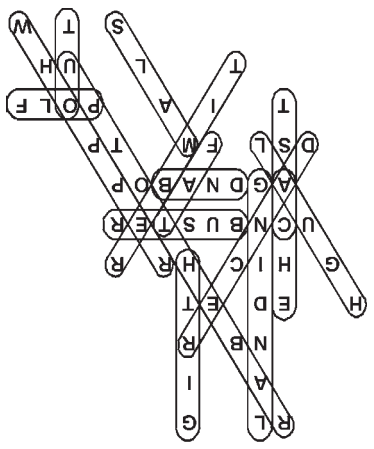

SUDOKU *Answer*

3	6	5	1	9	7	8	4	2
7	2	4	8	3	5	6	1	9
1	9	8	6	4	2	7	3	5
2	5	9	3	7	8	1	6	4
6	3	1	9	5	4	2	8	7
4	8	7	2	6	1	3	5	9
9	4	2	5	8	3	7	9	1
5	1	3	7	2	6	4	8	9
8	7	6	4	1	9	5	2	3

— King Crossword —
Answers

Solution time: 25 mins.

P	E	N	S	■	C	O	W	■	S	W	A	B
A	R	A	T	■	A	N	I	■	P	A	C	O
W	A	T	E	R	B	E	D	■	A	T	N	O
S	T	O	V	E	■	■	E	M	C	E	E	S
■	■	■	E	X	P	O	■	O	E	R	■	■
D	A	W	N	■	E	W	E	S	■	B	O	A
O	V	A	■	W	E	L	T	S	■	O	P	S
W	E	T	■	O	P	E	C	■	M	Y	T	H
■	■	■	E	V	E	■	T	H	A	I	■	■
A	C	R	O	S	S	■	■	C	R	A	B	S
L	O	S	T	■	W	A	T	E	R	L	O	O
M	A	K	E	■	A	G	O	■	O	S	L	O
S	T	I	R	■	Y	A	M	■	R	O	A	N

THEY'LL DO IT EVERY TIME BY AL SCADUTO

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SUDOKU

by Linda Thistle

8		4	6				1	
		5			4			9
	7			1		2		
3					2	7		4
		2		5			3	
	6		8			9		
		7			6		9	
	1			3	8			7
2			7			5		

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ★★★

★ Moderate ★★ Challenging
★★★ HOO BOY!

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Go Figure! *answers*

■	6	■	18	■	28
20	4	+	9	+	7
■	÷	■	×	■	×
24	8	×	2	+	1
■	×	■	−	■	−
27	3	×	4	+	5