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**Scrub by Scrub:
 The Importance of Washing Your Produce**

As we transition to spring, many fruits and vegetables—like asparagus and strawberries—start to be in season! It is essential to remember to wash fresh produce before eating to remove any harmful bacteria like E. coli or listeria.

The next time you reach for a fruit or vegetable, use these strategies to ensure it's clean and fresh:

- Wash your produce immediately before eating. Washing some produce—like berries—before storing actually hastens spoilage.
 - Wash all produce in cold water; do not use detergents or soap to clean the outside of your fruit.
 - Try using a vegetable brush for fruits and vegetables that have thick skin.
 - Produce with tiny nooks and crannies—like cauliflower and broccoli—should be soaked in cold, clean water for one to two minutes.
 - You don't need to rewash products labeled "ready to eat" or "triple washed."
- For visual demonstrations of other ways to select, store, and prepare food, check out the *Spend Smart. Eat Smart.*

website, <https://spendsmart.extension.iastate.edu/videos/>

Cool Cucumber Salad
 Serving Size: 1 cup Serves: 2

- Ingredients:**
- 1 cup grape tomatoes, halved
 - 1 cup cucumber (sliced and quartered)
 - 1/4 cup onion, diced
 - 1/4 cup crumbled feta cheese
 - 2 teaspoons oil (canola, olive, vegetable)
 - 1 tablespoon lemon juice
 - 1/4 teaspoon ground black pepper

- Directions:**
1. Wash and cut tomatoes, cucumber, and onion. Stir together in a bowl.
 2. Add cheese, oil, lemon juice, and ground black pepper. Stir until combined.
 3. Store, tightly covered, in the refrigerator 3-4 hours before serving. Stir well before serving.

Nutrition information per serving: 120 calories, 9g total fat, 3.5g saturated fat, 0.0g trans-fat, 15mg cholesterol, 180mg sodium, 9g total carbohydrates, 2g fiber, 5g sugar, 4g protein

Recipe Source: *Spend Smart. Eat Smart.*, <https://spendsmart.extension.iastate.edu/recipes/>
 Adapted from March 2020 Words on Wellness Newsletter, <https://www.extension.iastate.edu/humansciences/wellness>



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KOVELS

Antiques & Collecting

By Terry and Kim Kovel

Mocha Mugs

To a pottery collector, a "mocha mug" isn't meant for a coffee drink. "Mocha" is a type of decorated earthenware pottery made in England and sold in America in the early 1800s. Mocha pottery, or mocha ware, is usually utilitarian; pieces were originally used in the kitchen or during meals. It has colorful decorations painted in a slip glaze made from clay thinned with water to a liquid consistency. The decorations are usually painted over white glaze.

Traditional patterns have descriptive names, like "banded," "checked" and "marbled," or repeated "tulip," "fan," "seaweed," "dendrite" or "leaf" motifs. Others have less obvious names, like "cat's-eye," which consists of clusters of dots, and "earthworm," or thick, mottled lines in waves or loops.

This mug, which was made about 1800 and sold for \$375 at Link Auction Galleries, has earthworm and cat's-eye patterns in its center section, with a green and brown banded top border and brown banded lower border.

The name "mocha" may come from some patterns' resemblance to mocha stone, another name for moss agate, an opaque multicolor semiprecious stone. Mocha pottery may also be named for the coffee-colored glaze that appears in many designs.

Q: When my father was still in 1939, he received a letter from Jack Dempsey wishing him "a speedy recovery." The letter was typed on his restaurant's stationery and signed in ink. What is it worth?

A: Jack Dempsey (1895-1983) was an American boxer who was the world heavyweight champion from 1919 to 1926. He opened his restaurant near Madison Square Garden in



Kovels.com

Antique mocha ware caught collectors' attention in the mid-20th century. Like many mocha pieces, this colorful mug is decorated with several patterns.

New York City in 1938. It closed in 1974. The value of an autograph is determined by the importance of the signer, rarity, condition and proof of authenticity. Signatures on letters are worth more than an autograph by itself. A handwritten letter is worth more than a typed letter with a handwritten signature. The content of the letter also affects the value. The letter must be seen by an expert to authenticate it. Contact an auction house or gallery that holds sales of autographs to see what it is worth.

...

TIP: Never display bottles with labels in a sunny window. The labels will fade.

...

CURRENT PRICES

Bank, still, figural, oil tanker, painted red, coin slot in back, pressed steel, wood wheels, Wyandotte, 1930s, 2 1/4 x 6 1/4 inches, \$70.

Iron doorstop, figural, owl, perched on stump, leaves, berries, green eyes, ear tufts, Hubley, 10 inches, \$240.

Wristwatch, Longine, automatic, gold filled, gold dial, bar indices, date window, black pebbled leather band, \$320.

Display, toy, Klik-Klak Blox, red, yellow and blue, toy sample attached to front, "For Girls For Boys For Fun" on sides, electric, 18 inches, \$540.

For more collecting news, tips and resources, visit www.Kovels.com

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An Uplifting Moment from Pg. 7

And how do we know what God thinks? My experience and that of countless others is that we can know God's thoughts by reading, reflecting on, and applying His Word, the Bible.

Socrates is reported to have said that "the unexamined life is not worth living." Being

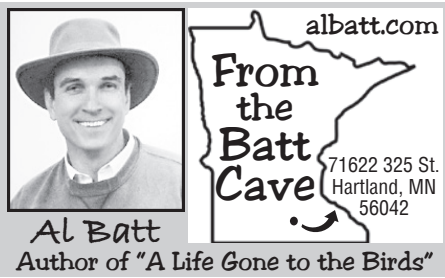
open to the process of self-examination of one's life is not always fun, but it's wise to do so, and ultimately proves beneficial. The coin on the ice started me thinking about this.

"Whoever conceals their sins does not prosper, but the one who confesses and renounces them finds mercy" (Proverbs 28:13).

Bell Tower Theater from Pg. 8

every Thursday and Friday evening at 7:30 pm; Saturday, April 13 and 20 at 7:30 pm; Saturday, April 27 at 2 pm and every Sunday afternoon at 2 pm from April 12 to 28. The performances on April 12 & 13 are the *Early Bird Special*

performances when tickets are just \$12. Tickets for all other performances are \$24. Thursdays are *Girls' Night Out*; all audience members, 21 and over, get a free glass of wine. For information and to purchase tickets call 563-588-3377 or visit tickets.belltowertheater.net.



Good night. Sleep tight. Don't let the pillows bite.

Part of a human being is a human sleeping.

Sleep is easy. I can do it with my eyes closed. Follow your dreams and fall asleep.

My brother could sleep standing up. I'm not that good, but I'm a competent sleeper. Most nights, I barely notice the sheets are made of razor wire, but there are those nights when I toss and turn, and turn and toss like a little kid on Christmas Eve. Or I sleep like a presidential candidate—I lie on one side, and then I lie on the other side. When this happens, I try to use some mental math to solve the Goldbach Conjecture, considered one of the most challenging mathematics problems, before realizing I have no idea what the Goldbach Conjecture is.

Do you remember the last time someone said to you, "I'm getting way too much sleep"?

It's easy to get eight hours of sleep if you have two or three days to do it. We need more of more and less of less. Wilson Mizner said, "The amount of sleep required by the average person is five minutes more." There is a vast difference between 6 and 6:05 in the morning.

We spend a third of our lives looking at the inside of our eyelids. How important is sleep? There's a reason every furniture store has a mattress sale every day and twice on Sunday.

My mother was fond of the old saying, "Good night. Sleep tight. Don't let the bedbugs bite." No hotel desk clerk has ever said that to me. A myth says that "sleep tight" relates to the way beds were made before the introduction of spring mattresses. Mattresses were filled with straw and feathers resting on a latticework of ropes, which were tightened regularly to prevent sagging. The myth doesn't match the timeline of the

rhyme's earliest appearances in text, in which mosquitoes did the biting in some versions. It's probably nothing more than a jazzy way to wish someone a good night.

Every mother, grandmother and aunt said, "The Sandman is coming." In 18th-century Germany, this was a popular way to describe someone who looked sleepy because tired persons looked like they'd had sand poured in them. They had vivid imaginations in 18th-century Germany. In Hans Christian Andersen's 1841 folk tale, Ole Lukoje tiptoed upstairs and lulled children to sleep by sprinkling magic dust in their eyes. He had umbrellas he held over children, one with pictures to bring beautiful dreams and one without pictures, which led to a dreamless sleep.

What to do when sleep eludes you? There are sleep apps, but they don't sleep for you. Rip van Winkle didn't use one. Replace the corduroy pajamas with white noise, a specific type of sound that includes all the audible frequencies. Brown noise and pink noise resemble white noise, but people perceive them as deeper sounds. Researchers are uncertain how white noise improves sleep, but a theory is that it masks background noises that can disrupt sleep. Snoring isn't white noise.

Some people use sleep masks. On my first trip to Alaska, the extended daylight caused me to wear a sleep mask. I've no idea where I got it. What I do know is that I jumped out of bed and walked into a wall.

Maybe too many pillows are the answer? I stayed in a bed-and-breakfast where I was given a heaping amount of pillows. I could bury myself in a pile of pillows, sleep in a pillow fort or play king on a pillow mountain and snooze at its summit.

Carry a pillow at all times, and when you feel tired (park your car first), toss it down and go to sleep—even if you're in the middle of a spirited pickleball match.

A friend told me he'd had a checkup that found no sleep disorders, but he felt tired all the time. He couldn't get enough sleep. He didn't know what to do. I rolled out the medical degree

Al Batt cont. Pg. 15

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1. TELEVISION: Which TV sitcom featured a father figure named Philip Banks?
2. LANGUAGE: How many letters are in the Greek alphabet?
3. MOVIES: Which movie features the line, "To be honest, when I found out the patriarchy wasn't just about horses, I lost interest"?
4. SCIENCE: How long is an eon?
5. GEOGRAPHY: In which country is most of the Kalahari Desert located?
6. MUSIC: Which singer once was called the Material Girl?

7. FOOD & DRINK: What is injera?
8. ANIMAL KINGDOM: What is a group of cockroaches called?
9. GENERAL KNOWLEDGE: Which large U.S. city is nicknamed Emerald City?
10. GAMES: How many blocks are in a Jenga tower?

Answers

1. "The Fresh Prince of Bel-Air."
2. 24.
3. "Barbie."
4. 1 billion years.
5. Botswana, Africa.
6. Madonna.
7. Fermented flatbread.
8. An intrusion.
9. Seattle, Washington.
10. 54.

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Memories Passed On (As told to my grandson Maury)

by Jerry Eberhardt (1924-2017)

The Best Of Jerry originally published April 2015



Jerry Eberhardt with grandson, Maury Cohn

Maury, one of Grandpa's classmates at Loras Academy had lunch at Alverno recently. (This was the name of the high school I attended during my junior and senior years) While we were reminiscing we both recalled a very "funny" incident that happened in the spring of our junior year.

First, Maury, I must explain that Loras Academy was a ROTC school at that time. (ROTC is Reserve Officers' Training Corps and your mom or dad will explain.) What happened was caused by a combination of a teaching method used by our commanding officer and our "daring high school mentality" at the time! (Maury, when you get to high school, Grandpa, cautions you to "not imitate" some of the things we did then, but thinks you might enjoy hearing about them!) This is what happened:

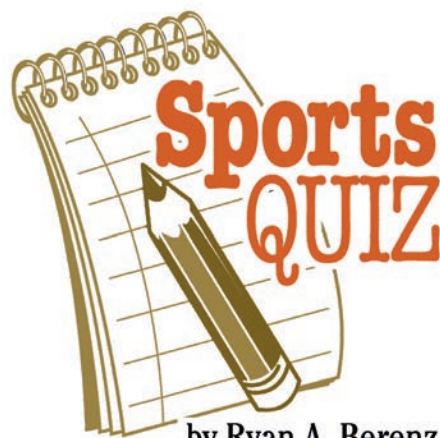
All of us were well schooled in obeying commands like "Forward March," "Parade Rest," "Halt," etc. but our commanding officer thought it would be good experience learning to give commands also. To teach us this he would call on anyone in the ranks to step in front of the company and practice giving commands. We were free to give any standard command. Because this was done very frequently some of us, suddenly, were "hit with a bright idea!" Every morning a bunch of us met in the academy book store before classes began. One morning, Maury, someone suggested that whoever was chosen to give commands give the command "Dismissed!" We

all thought this very funny and a great idea but at the same time were "chicken" to do it. That's when a classmate, ("Mush" McDermott) volunteered to do it (if called out by the C.O.) if we promised to obey it!! After "some deep thought and great soul searching" we all agreed!

It was about a week later, one warm day in May, when "Mush" McDermott was called from the ranks to give commands. We were all thinking will he or won't he? After giving a few routine commands Grandpa still remembers "Mush" in a loud voice giving the command "companyyy dismissed!!" The scene was confusion mingled with mass hysteria! We scattered in all directions running away in individual small groups. After a short time the reality of the moment hit us and we slowly returned to the area where we had been "DISMISSED"!

Looking back, Maury, Grandpa admired the way our C.O. reacted. He simply (but with unmistakable authority) said: "O.K., this one time you surprised me and with my authorization from now on, only I am authorized to command "Dismissed!" None of us ever gave this command again!!!

Much love, Grandpa.



by Ryan A. Berenz

1. Name the NHL team that played from 1976-82 before moving to New Jersey and becoming the Devils. (Hint: It shares a name with an MLB club.)
2. What Pittsburgh Steelers wide receiver caught nine passes for 131 yards and a touchdown to be named MVP of Super Bowl XLIII?
3. Name the Basketball Hall of Famer and member of the 1981 Boston Celtics NBA championship team who was

- nicknamed "Tiny."
4. What actor used a golf club to smash another driver's windshield in a February 1994 road rage incident?
5. At the 2014 Sochi Winter Games, American Sage Kotsenburg won the first gold medal in what sport making its Olympic debut?
6. In what year did NBA greats Bill Russell and Wilt Chamberlain both have single games with 50-plus rebounds?
7. What youth-oriented gravity-racing event takes place every July in Akron, Ohio?

Answers

1. The Colorado Rockies.
2. Santonio Holmes.
3. Nate Archibald.
4. Jack Nicholson.
5. Men's snowboard slopestyle.
6. 1960 (Russell had 51 on Feb. 5; Chamberlain had 55 on Nov. 24).
7. The All-American Soap Box Derby World Championship.

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Plant Talk

by Ken Resch



The Hour is Late...

In Missouri, where I now live, our weather was as upside down as it was in the tri-states; the only difference was that there was no significant snow. Nonetheless, our temperatures reached record highs in the middle of winter and beyond, and in between, they plunged to a few below-zero nights. Many wondered if the cold temperatures would kill the swelling buds on trees and shrubs. My best response is to wait and see. Down here, the Dogwoods and Forsythia are blooming and seem undamaged.

Humanity controls very little; Nature has survived far longer than human beings, changing and often reinventing itself as needed. Regarding trees or shrubs that seem to be budding out too soon, yes, they may be damaged; they may even die. Nature has a backup plan; most trees and shrubs have secondary buds that will take over if frost kills the first buds; you must wait and see.

Shrubs and perennials planted just last year may not fare well because their root systems have yet to acclimate fully to their new growing space. Such was the case for three new shrubs I planted, typically hardy in a zone colder than Missouri. The results may have differed if I protected the woody stem with mulch. I will work smarter in my garden this season and be in greater harmony with Nature as I observe how Nature adapts to the unexpected.

Yes, Nature adapts, but not at the speed humans are destroying the bed in which they sleep. Walt Kelly, a political and social cartoonist, created an anti-pollution poster for

Earth Day 1971. In the poster, the character "Pogo," looking at trash everywhere, says, "We have met the enemy, and he is us." More than fifty years later, little has changed; from the Industrial Age to the present, we have polluted everything we have touched. Climate change—genuine, deadly, and unlike anything the Neanderthals may have caused—is real.

Like Nature, the wild card of climate change is unpredictable, but I do not believe it will create any long-term feelings of optimism; I think quite the opposite. So, I will leave you with this. Look at your chemical arsenal for the garden. Remove the toxic chemicals and take them to a site that properly disposes of them. Do you have a company that commercially applies weed and insect control products? Remember: toxic chemicals will kill insects, good or bad—they do not discriminate. We need to stop using toxic chemicals in our gardens and find safer ways to control weeds and insects. Natural insecticides and organic fertilizers are a good place to start.

Should you feed the lawn? Most would say yes, and when used appropriately, fertilizer will not decimate the insect world. There are other ways to control weeds, with mowing being my first advice. Cut grass up to three inches, where many weeds cannot get a foothold to grow. If "bad bugs" arise, use insecticidal soap. If you believe you must use toxic chemicals, be sure you're not using them where bees and insects pollinate. There are many safe ways to engage with Nature without causing irreparable harm. Please look at the following web for the best natural insecticides <https://smithspestmanagement.com/blog/post/natural-insecticides/> The survival of the earth depends on humanity waking up to the alarm bells Nature incessantly rings, and rings, and rings. Who will respond to her clarion call?

The Garden Bug

Soil nutrients

Sources:
www.almanac.com
and
agrilifeextension.tamu.edu

Carbon, hydrogen, nitrogen, oxygen, phosphorus and potassium are the primary nutrients needed in the soil for healthy and productive plant growth. Calcium, magnesium, and sulfur are needed in lesser amounts. Boron, chlorine, copper, iron, manganese, molybdenum, and zinc are needed in trace amounts. Some plants may also need cobalt, nickel, silicon, sodium, and vanadium. - Brenda Weaver

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Al Batt from Pg. 13

I'd received for having the high score in a disreputable pinball game at The Vomitorium and

told him he should go to bed right after he got up in the morning.

I'll send him my bill.

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1. Brasil '66 was the backup band behind which artist?
2. Name the group that released "His Girl."
3. Which Elvis Presley song's melody came from an old Civil War ballad?
4. The second album of which artist was titled "Tapestry"?
5. Name the song that contains this lyric: "To you I'm a toy but I could be the boy you adore, if you'd just let me know."

Answers

1. Sergio Mendes. The Brazilian musician received a Grammy for

Best World Music Album in 1993 and Best Brazilian Contemporary Pop Album in 2010. 2. The Guess Who, in 1967. The song charted in the U.K. and Canada but not in the U.S. There were multiple versions, with the U.K. release having strings added without the band knowing about it. 3. "Love Me Tender," released in 1956. The melody came from the old ballad "Aura Lee," written in 1861. The song has been used in many dozens of films and shows and covered by several artists. 4. Carole King, in 1971. The album won four Grammy awards and included hits such as "I Feel the Earth Move" and "It's Too Late." 5. "Build Me Up Buttercup," by The Foundations in 1968. It was used in insurance commercials as recently as 2021.

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KK1596 - 1907



Radio from the 20th Century

by Bill Zwack



Ever since I was a little boy, I was fascinated with magic. When my children were growing up, I had some magic tricks that I kept in a shoe box. When the occasion arose I could do some simple little tricks for the children and neighborhood kids.

There were several radio programs during the Golden Days of Radio that dealt with magic. One most notable was *Mandrake the Magician*.

Mandrake was based on the King Features comic strip by Lee Falk, was syndicated in 1940, running in 15-minute serial format on WOR between November 11, 1940 and February 6, 1942. As in the strip, Mandrake lived with his servant Lothar, a giant who could "rip a crocodile's

jaws apart or break the back of an anthropoid ape." They lived in a "house of mystery and many secrets." Mandrake, Lothar, and the beautiful Princess Narda battled evil elements, serving up generous portions of mysticism along the way. Raymond Edward Johnson, who would later gain fame as the host of *Inner Sanctum Mysteries*, played Mandrake. His voice was ideal as the man of a thousand secrets, whose chant "invovo legem magicarum" involved the laws of magic and set into play the bag of tricks.

Listen to AM 1370 KDTH's *Big Broadcast* from 6 to Midnight on Sunday nights during April and you will hear the mystical sounds of *Mandrake the Magician*.

Dubuque Chorale from Pg. 1
energy they put into it."

The preparatory third-grade group Staccati Singers began alongside Legati Singers when the Children's Choir bisected post-pandemic. Sellers conducts older children in Legati, while Bausman directs Staccati. "My career...is all geared toward trying to share my joy of music and what I've found to fill my soul and life," Bausman explained. "So when the position opened up to direct...the younger students... It just sounded like a lot of fun."

And children remind us that

fun is what singing's about. "I think sometimes you just need to remind yourself to...focus on what is now," said Dubuque Chorale Associate Director Than Cheshier. "Kids focus on what is now."

Revel in the now - attend "Joy! Celebrating DCCC's 10th Anniversary" at 7:00 pm on Saturday, April 27, and 2:00 pm on Sunday, April 28, at Westminster Presbyterian Church, 2155 University Avenue. Free admission; freewill donations accepted. For more, visit dubuquechorale.org.


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Down Memory Lane

Exerpts From The Pages Of "The Avalon" A Newsletter Of The Dubuque Packing Company

Bowling
1952-53

Bowling
1952-53



BOWLING: CHAMPION BOWLERS

Nine league championships and a present team average of better than 181 are indicative of the class of our Dubuque Packing Company bowling team which competes in two local loops. Members of the strong Dubuque combination—which holds down first place in the local Dr. Pepper Straight league and second spot in the Classic loop—are Merle Tanner, Earl Falk, Christy Reisch, Harry Hanover and Lloyd Nowlin. This quintet has a record of 55 wins and but 29 losses in the Dr. Pepper Straight league and a 48-36 slate in the Classic circuit.

Falk and Hanover are veterans on the team which now boasts a season's three-game high of 2,882 and a high single game count of 1,029 in league bowling. Individual three-game high is held by Nowlin with a 663 score. Tanner and Hanover have rolled high individual games of 256 during the present season.

Tanner has a season's average of 185. Local fans are hoping the Dubuque Packing Company team will hit its peak in ensuing tournament bowling. This combination will roll in the Iowa State Tournament at Newton April 12th, and in the Chicago A.B.C. meet April 30 and May 1.

Ready for competition are members of our classy Dubuque Packing Company team which holds a 181 average in league bowling: (left to right)— Christy Reisch, Lloyd Nowlin, Harry Hanover, Earl Falk, Merle Tanner.

VETERANS ★ POST ★

by Freddy Groves

Expanded PACT Act

Expanded benefits for the PACT Act have kicked in years sooner than expected. As of recently, March 5, 2024, veterans who were exposed to toxins can get VA health care without applying for VA disability benefits first.

The PACT Act covers over 20 presumptive illnesses for exposure to Agent Orange and other toxins, as well as the burn pits, radiation, oil well fires, depleted uranium and more. The covered illnesses include emphysema, chronic bronchitis, a dozen types of cancer and interstitial lung disease.

Deployment wasn't necessary; veterans were exposed to asbestos, firefighting foam, paints, chemicals, pesticides, Camp Lejeune water and more here in the U.S.

If you filed before and were turned down, file again or call. The VA is supposed to go through the files and contact you, but don't wait on that.

If you're already enrolled in VA health care, call your local

VA health facility and ask for your initial screening for toxin exposure. Don't wait on this; get a baseline test.

To get more information, call **800-698-2411** (800-MYVA411).

Or go online to VA.gov/PACT and scroll through the information. You'll find links to file for VA disability, a supplemental claim and more. Read about military exposures at www.publichealth.va.gov/exposures.

For all the millions the VA has spent to inform veterans about PACT, there are some they're leaving out: members of the Maine National Guard who trained at the Canadian military support base in Gagetown, New Brunswick, Canada. In 1966 and 1967, the place was saturated with Agents Orange and Purple as a means of testing effectiveness in killing foliage.

In 2005, the Canadian government did site testing of the ground, water and air. They ended up handing out money to Canadians who'd been there.

Gagetown is still used for National Guard training, not only for units from Maine but other states as well. People became ill, of course, from exposure, but they're not eligible for VA health care for exposure to Agent Orange or any of the other "rainbow" of toxin colors at Gagetown.

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SENIOR NEWS LINE

by Matilda Charles

You Know Better, Right?

A retiree fell for a scam that drained his account of all his savings. It took a lifetime to save the money and only a minute for it to vanish. All it took was him giving information to a scammer.

The gentleman received an email saying he was owed a refund and asked that he fill in his banking details. He believed that email was from his bank. Within moments of sending the email, his account was emptied. Not only that, but he was then instructed on the phone, by someone he believed was a bank security officer, to hand over his credit cards to a bank courier because those accounts were also compromised.

The scammer quickly went on a spending spree. It's rare, but the criminal was actually caught. While he might get a few

years in jail, the victim has been left to try to pick up the pieces of his life, with no hope of getting that money back.

Some basic hints for safety:

If you're uneasy about any portion of a call, HANG UP.

Don't do banking on your phone or computer, even if you know what you're doing with those devices.

If you get a call from someone claiming to be at your bank, hang up. Dial the number of the bank yourself and find out if they were actually looking for you. Especially do not follow their instructions if the "security" people at your bank insist you need to transfer your money into a different account to keep it "safe."

If you're asked to call *72 followed by a different number, HANG UP. Do not dial *72. It's a call forwarding option that prisoners, callers to 900 sex line numbers and people in foreign counties use as a way to charge expensive calls to your phone.

Don't panic if you suspect you have a scammer on the line. Just hang up.

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• “I had to pick up a bunch of BBs that spilled in our garage. It was very aggravating, until I decided to get out my vacuum. I put a very thin sock (didn't have any panty hose) on the end, and tucked it into the hose. I secured it with a zip tie. I was able to suck up most of the BBs, and they went right back in the container.”
 — **E.L. in North Carolina**

• If you make your own broth, you can freeze cubes in easy-to-measure amounts by using your muffin tin. Measure out broth in half cup or cup amounts, then freeze. When done, pop them out into a freezer-safe baggie.

• Try this trick to increase the volume when listening to music

on your phone (without earbuds, that is): Place it in a deep bowl. The bowl amplifies and directs the sound.

- Chrome is easily cleaned and shined up with vinegar. Keep a misting bottle in the bathroom to give handles a quick swipe after getting ready in the morning or evening.
- Ice cream cones with a flat bottom make a great container for cupcakes. Fill cones two-thirds full with batter, bake as directed, and you have cupcake cones! Frost and go!
- I sew looped tags onto the corner of our family's wash cloths. My husband installed several hooks in the shower, and when we are finished with our wash cloth, we hang it up by the tag after rinsing it out. They do not mildew this way, because they are allowed to dry.

Send your tips to **Now Here's a Tip**, 628 Virginia Drive, Orlando, FL 32803.

What's it WORTH on ebay

If you have an item and you would like to know what it is worth, send digital pictures with a brief description to paulhconnor@gmail.com, or make an appointment to visit me at 201 North Commerce Street, Galena, IL. Be sure to check out our website at www.ezsellusa.com.

The Rabbit of Seville

"The Rabbit of Seville" is a classic animated short film produced by Warner Bros. as part of the Merrie Melodies series. It was released on December 16, 1950, and directed by Chuck Jones. The film features the iconic characters Bugs Bunny and Elmer Fudd.

In this cartoon, Bugs Bunny finds himself pursued by Elmer Fudd in a setting reminiscent of the opera "The Barber of Seville" by Gioachino Rossini. The storyline is filled with humor, as Bugs Bunny outwits Elmer Fudd in various ways, often involving musical and slapstick elements.

One of the most memorable scenes from "The Rabbit of Seville" is when Bugs Bunny turns into a barber and gives Elmer Fudd a comedic and chaotic haircut while set to the music of Rossini's opera. The short is celebrated for its clever animation, witty dialogue, and imaginative use of classical music.



To create such great animated films as The Rabbit of Seville requires thousands of individual frames or cells, each being hand drawn and colored. These cells are often sold on the collector's market. This cell was one created by Chuck Jones in 1987 and was part of a series limited to 200 cells, this was number 176 of that series. Offered on eBay for \$450.00.

Contract Bridge

The Case Of The Missing Damsel

East dealer.
 North-South vulnerable.

NORTH			
♠	8 2		
♥	K 8 6 3		
♦	K J 10 8		
♣	J 9 4		
WEST		EAST	
♠	K 9 7 4	♠	Q J 10 6
♥	5	♥	A 2
♦	Q 5 3	♦	7 4 2
♣	Q 8 6 3 2	♣	A K 10 5
SOUTH			
♠	A 5 3		
♥	Q J 10 9 7 4		
♦	A 9 6		
♣	7		

The bidding:
 East 1 NT South 2♥ West Pass North 3♥
 Pass 4♥

Opening lead — four of spades.

If you and your partner agree that certain bids show certain types of hands, you will naturally understand each other better in a great many situations.

But it's also true that your opponents, who are entitled to know as much about your methods as you do, can occasionally put this knowledge to deadly use against you.

Consider today's case where declarer profited greatly from information acquired during

both the bidding and play. East, playing 13-to-15-point opening notrumps, bid one notrump, after which North-South quickly arrived at four hearts.

West led a spade, and East's ten forced the ace. Declarer returned the queen of trump, taken by East with the ace. East then played the king of clubs, queen of spades and ace of clubs in that order. South ruffed, cashed the jack of trump, ruffed a spade in dummy and was then faced with the critical problem of which way to take the two-way diamond finesse.

You might think that declarer would assume that East, who opened one notrump, must have the diamond queen and would finesse accordingly. But South did not fall into this trap.

East had already shown up with the Q-J-10 of spades, ace of hearts and A-K of clubs — a total of 14 points. Declarer was thus able to deduce that East could not have the queen of diamonds for his 13-to-15-point notrump opening.

South therefore took the diamond finesse through West, and as a result made four hearts. East had unintentionally let the cat out of the bag by innocently opening with one notrump.



Try This Simple-to-Make Fruit-Juice Gelatin

When a snack attack hits or you crave a sweet dessert after a meal, what do you reach for: crunchy cookies, creamy pudding or a silky chocolate pie?

I've been thinking about how these tempting treats come in all shapes, sizes and wonderful tastes, but it's also their texture that's part of the draw. How about something smooth and also wobbly, jiggly, shimmery and just plain fun to eat? That's where this recipe for cooking up healthy, fruit-juice-based gelatin comes in.

Cooking a batch of fruit-juice gelatin is as super simple to make as the Jell-O brand you may have eaten as a kid, but in this version, you'll be heading to the juice aisle of your grocery store.

Look for clear juices (without added sugar), and while you're at it, you might want to pick a flavor that's new to your kids. My latest bottled juice picks were peach mango and cranberry pomegranate, along with my all-time favorites pure grape and white grape.

This recipe is ideal for cutting chilled gelatin into bite-sized square blocks. Serve them in small dessert dishes or parfait glasses. Top with a dollop of whipped cream for a special occasion.

Or you might like to create whimsical shapes with cookie cutters. How about shamrocks for St. Patrick's Day or alphabet letters that spell your toddler's name? Set out the healthy snacktime treats on a platter for the taking.



PHOTO CREDIT: Donna Erickson

SIMPLE-TO-MAKE FRUIT-JUICE GELATIN

- 2 cups 100% fruit juice (avoid pineapple juice)
- 2 (1/4-ounce-sized) envelopes unflavored gelatin, such as the Knox brand

In a medium-sized saucepan, heat 1 1/2 cups of juice until it just reaches a boil. Remove from heat.

Meanwhile, pour the 1/2 cup of remaining juice in a medium-sized bowl (preferably one with a spout). Sprinkle 2 envelopes of the unflavored gelatin on top and let stand at least 1 minute. Add hot fruit juice and stir until mixture is completely dissolved.

Pour into a bread loaf pan if you're cutting them into square blocks. Or pour into an 8-by-8-inch baking dish if you're making shapes with cookie cutters. Chill until firm, about 3 hours.

Dip the base of the pan or baking dish into warm water for a few seconds to loosen the gelatin. Cut into square blocks or cookie cutter shapes. I use a small offset frosting spatula for lifting the shapes out of the pan.

Cook's Note: For a lighter, less-dense gelatin, use 1 envelope (1/4 ounce) of unflavored gelatin rather than 2. Pour finished mixture directly into a serving bowl or dessert dishes to chill.

...

Donna Erickson creates relationships and community through food and fun. Find more to nourish and delight you at www.donnaerickson.com.

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Cremer's Cooking Tips

Roast Pork Loin with Balsamic, Dijon, and Thyme

- 1/2 tsp. ground pepper
- 2 tsp. dried thyme or 4 thyme sprigs, leaves removed

Directions

Pat the pork loin dry with paper towels. Whisk together the garlic, balsamic vinegar, Dijon mustard, olive oil, salt, pepper,

- Ingredients**
- 1 bone in rib end pork loin, 2-3 lbs.
 - 6 cloves garlic, mashed and finely minced
 - 3 tbs. balsamic vinegar
 - 1 1/2 tbs. whole grain Dijon mustard
 - 1 1/2 tbs. extra-virgin olive oil (plus additional if preparing in oven)
 - 1 tbs. kosher salt

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Students (18 & Under) Tickets: \$15 (in advance) \$18 (at the door)

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Saturday, May 18, 2024 • 7PM

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and thyme in a small bowl and smother all over the pork loin. Let it sit for at least 20 minutes (or longer in the refrigerator) as you preheat your oven or grill.

Grill Preparation:

Preheat the grill to medium high heat. If desired, use a cast iron pan, but you can also prepare this directly on the grill grates. Sear the pork loin on all sides, about three to four minutes per side. Continue to grill, rotating periodically, for about 45 minutes, or until the

internal temperature of the pork loin is about 145 degrees. Allow three minutes of rest time before slicing.

Oven Preparation:

Preheat the oven to 350 degrees. Heat two tbs. olive oil in a sauté or roasting pan. Sear on all sides, about three to four minutes per side. Place in oven and roast for 45 minutes, or until the internal temperature of the pork loin roast is about 145 degrees. Allow three minutes of rest time before slicing.

MAGIC MAZE ● WORDS ADDED TO THE DICTIONARY IN 1900

U C Z W P U R P M J H E C Z X
 U S Q N P U L J G E C Z R R X
 V H T R I P K N L J H E E N
 C A C Y L W V C R H T R K D A
 P N L N E A S T E R B U N N Y
 K I G P U P O M V H E C A U A
 B Z X W P L O U O S C R T W M
 P O M L J S E I N O N S T O P
 T R A C T O R E U G E B O L G
 D E S A C F E I R B U L F P B
 A Y T X W E R I F F O L L A B

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally
 Unlisted clue hint: A SHIP FOR CARRYING OIL

Ball of fire	Flub	Mayan	Plow under
Briefcase	Free lunch	Mop-up	Run over
Checkup	Glob	Nonstop	Tractor
Easter Bunny	Hemostat	Pileup	

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SUDOKU

by Linda Thistle

		7		2		8		
	2				4		1	
6			5					9
1			6	3				7
	5				1			4
		9	7			3		
		5	8				6	
4					9			2
	3			5		7		

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

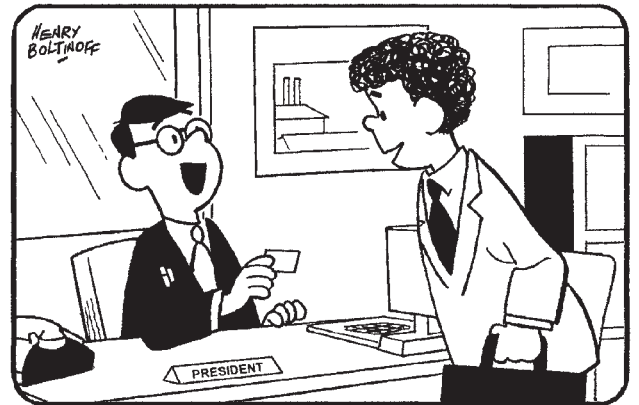
DIFFICULTY THIS WEEK: ♦♦

♦ Moderate ♦♦ Challenging
 ♦♦♦ HOO BOY!

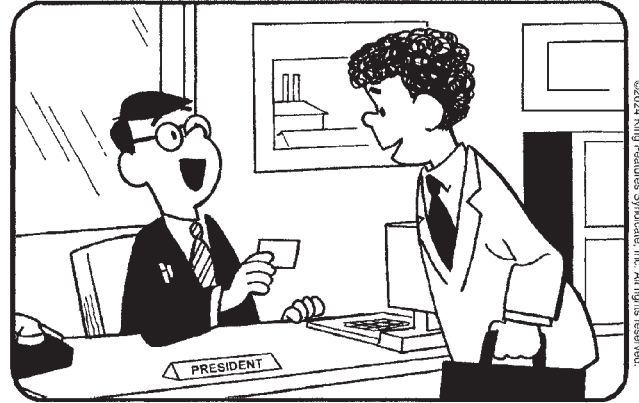
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HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.

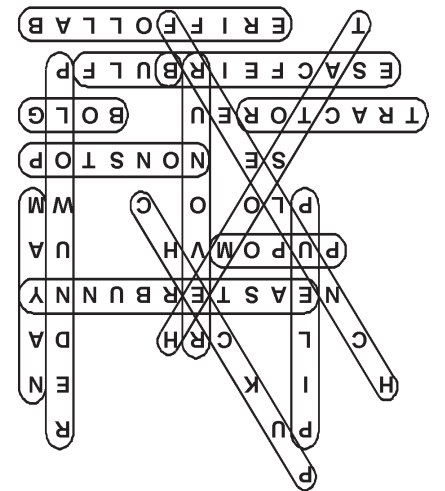


Differences: 1. Phone is moved. 2. Card is larger. 3. Tie is different. 4. Chair is missing. 5. Hand is missing. 6. Window is not as wide.

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BULLETIN BOARD

Here's My Card



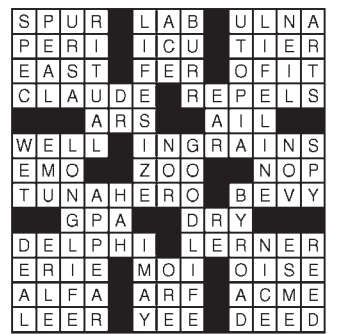
WORDS ADDED TO THE DICTIONARY IN 1900

Go Figure! answers

13	=	14	=	3
8	+	6	×	4
8	+	3	+	5
9	-	2	+	7

King Crossword
Answers

Solution time: 25 mins.



SUDOKU Answer

2	3	1	4	5	6	7	8	9
4	8	6	3	7	1	5	2	
6	7	5	8	1	2	4	6	3
8	9	7	4	5	3	2	1	
7	5	3	2	9	1	6	8	4
1	4	2	6	3	8	9	7	5
6	1	4	5	8	7	2	3	9
3	2	6	9	6	4	5	1	7
5	9	7	1	2	3	8	4	6

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Stickelers Answer The word is “percentages.”