

Yesterday & Today from Pg. 8

Michael Gibson has decided to take a hiatus from the Yesterday and Today feature. He has given permission to recycle previously published photos and captions for your enjoyment.



H.B. Glover's lovely home was demolished in 1976, but the company he established left an enduring legacy. Not only was Glover's clothing manufacturing known nationally, but his company inspired a book. In the 1890s a union strike at the company became the basis for a novel written by Richard Bissell, the son of Frederick E. Bissell, the President of the H.B. Glover Co. The book was entitled "7 1/2 Cents" and was based on experiences Richard had while working at the plant. Later he collaborated with playwright George Abbott to turn the book into a musical comedy renamed the "Pajama Game" (1954) which won two Tony Awards and was later made into a movie (1957). (Photo by Terry Grant).



Derek Paulson, Assistant Fire Marshal

Always plug the microwave directly into a wall outlet. Plugging it into an extension cord or other device could result in the cord or device overheating resulting in a potential fire. Make sure the microwave is at safe height. Many microwaves are installed above the stove saving counter space. However, for people who are shorter or who have limited mobility or strength, this can become a hazard. Reaching up over your head and bringing something that is now heated down could result in the food falling on you potentially causing a scald or burn. Using a step stool to reach could result in a fall as well. If you have difficulties in reaching your microwave purchase one that can be set on a kitchen counter for easier access.

Use microwave-safe food dishes or containers. Using

plastics, metals or other non-microwave safe dishes could result in the containers melting, exploding or catching fire. Also, dishes that are not designed to be used in the microwave could become extremely hot causing scalds or burns when being taken out of the microwave.

Never walk away from the microwave when in use. Entering the wrong amount of cook time is a very common mistake. Entering the wrong time and then walking away could result in the melting of the container or a fire starting. Being by the microwave while in use will also help prevent smoke or steam from happening that could potentially set off the smoke alarms inadvertently.

If you have any questions or would like further information I can be reached at 563-589-4195 or at Dpaulson@cityofdubuque.org.

Chains do not hold a marriage together.

It is threads, hundreds of tiny threads, which sew people together through the years.

—Simone Signoret






Outpatient Therapy
Stronger days start here.

Stonehill Communities' friendly, experienced therapists help you regain strength, mobility, and independence at your pace, with care you can trust.



3485 Windsor Avenue, Dubuque, Iowa 52001 | 563.690.9637

www.stonehilldbq.com   



UPCOMING PERFORMANCES

THE MUSICAL COMEDY MURDERS OF 1940

MARCH 6 - 15, 2026

Adults - \$25 | Under 18 - \$17

THE HEARTLAND BALLET'S

Coppelia

MARCH 21 - 29, 2026

Adults - \$25 | Under 18 - \$17

THEGRANDOPERAHOUSE.COM

Box Office: Mon-Fri, Noon-4pm • 563-588-1305 • 135 W 8th St, DBQ, IA

Experience Dubuque's best senior independent living!

Each non-smoking community has its own unique amenities offering one & two bedroom apartments for those 55 & older.



563-588-3693
3175 Pennsylvania Avenue



APARTMENTS NOW AVAILABLE!

Heat/Water/Sewer/Trash Included
Underground Parking Available
Pet-Friendly

*no income restrictions, must be 55+



563-582-5334
3225 Pennsylvania Avenue



Heat/Water/Sewer/Trash Included
Underground Parking Included
Cat-Friendly

*income restrictions apply, must be 55+



563-543-0916
3275 Pennsylvania Avenue



Heat/Water/Sewer/Trash Included
Underground Parking Included
In-Unit Washer & Dryer
Cat-Friendly

*income restrictions apply, must be 55+

Roosevelt West

SENIOR APARTMENTS

563-231-2580
1865 Radford Road



Heat/Water/Sewer/Trash Included
Underground Parking Included
In-Unit Washer & Dryer
Cat-Friendly

*income restrictions may apply, must be 55+



THE WOODLANDS
SENIOR APARTMENTS

563-582-9818
3460 Starlite Drive



APARTMENTS NOW AVAILABLE!

Heat/Water/Sewer/Trash Included
Underground Parking Available
Cat-Friendly

*no income restrictions, must be 55+

www.horizonapartmenthomes.com



Memories Passed On (As told to my grandson Maury)

by Jerry Eberhardt (1924-2017)

The Best Of Jerry

originally published
February 2017

The Tree in Short-Center Field!

Maury, when Grandpa was in grade school, and summer vacation arrived, many kids in Dubuque, spent their days at the public school playground located in their neighborhood. This program was under the Dubuque Recreation department and they did an excellent supervisory job. In Grandpa's neighborhood, ninety nine per cent of the kids "lived" at Audubon school playground all day, Monday through Friday, during the summer.

Like all summer playgrounds, Audubon had a "midget" boys softball team. Our Audubon "homefield" had a "special tree" in it which is the cause of this humorous memory. An old friend, Jack Weber, reminded me of this down at Mario's a short time ago. Maury, this is what happened:

In the summer of 1934, both Jack and I were ten years old. Jack was our short center fielder and I was the pitcher for the Audubon "Midgets." As you know, Maury, in every baseball game the home team sets the ground rules for their particular park. At our Audubon home field there was a giant elm tree in short center field. Whenever



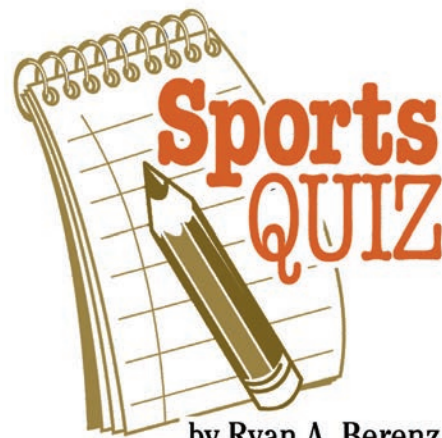
Jerry Eberhardt with grandson, Maury Cohn

we played a visiting team we would explain that any ball hit in the tree was playable. This meant if a fly ball were caught after it went into the branches before landing on the ground the batter was out. It also meant a ball landing on the ground was in play.

The reason Grandpa's explaining this, Maury, is that Jack knew that tree like the palm of his hand. As soon as a ball hit a certain limb, Jack would zigzag, back and forth under this tree, following the ball as it bounced from limb to limb because he knew already 98% of the time the "route" it would take, catching the ball before it touched the ground!

Our opponents would experience the exact opposite result! That's why Jack greeted me one day at Mario's by saying: "Remember, Abe, we're playing by Audubon rules!" Hope you enjoyed this, Maury.

Much love, Grandpa



by Ryan A. Berenz

1. Name the Baseball Hall of Fame pitcher, known as "The Heater From Van Meter," who had his No. 19 retired by the Cleveland Indians in 1956.
2. What U.S. city was awarded the 1976 Winter Olympics but then had to back out after voters rejected using state tax revenues to support the Games in a 1972 referendum?
3. Florida-based sports radio personality and podcaster Jon Weiner is better known by what professional name?
4. How old was Julia Hawkins

when she became the first female runner in her age category to record a time in the 100-meter sprint when she ran at the 2021 Louisiana Senior Games?

5. What Hockey Hall of Famer for the Chicago Blackhawks had a brief, uncredited cameo in the 1992 comedy movie "Wayne's World"?
6. In November 1988, which Canadian boxer did Sugar Ray Leonard defeat to win the WBC light heavyweight championship?
7. On Nov. 13, 1934, the St. Louis Eagles' Ralph "Scotty" Bowman became the first player in NHL history to do what?

Answers

1. Bob Feller.
2. Denver.
3. Stugotz.
4. 105 (her time was 1:02.95).
5. Stan Mikita.
6. Donny Lalonde.
7. Score a penalty shot goal.

© 2026 King Features Syndicate, Inc.

*The real religion of the world comes from women
much more than from men—from mothers most of all,
who carry the key of our souls in their bosoms.*

—Oliver Wendell Holmes

Plant Talk

by Ken Resch



Prune or not?

No, we're not going to talk about those shriveled up fruits some people eat to "keep regular" as my grandfather always said. What we need to visit about is what to cut off out trees and shrubs to help them maintain their health and vigor. February and early March while trees are still dormant are good times to assess and prune our woody plants. With leaves off it's easy to see irregularly growing or damaged branches to remove.

Even without knowing much about pruning, some removal is obvious. For safety, remove branches that could fall and cause injury to persons or property. After winter storms look for broken branches, branches rubbing against each other and branches that are growing into the tree instead of out from center. Similarly, by removing sucker branches and crowded branches we open the crown of the tree and provide better air movement when the leaves appear. Make sure the branches have more of a U-shape than a V-shape where they attach to the trunk or limbs.

Thinking about flowering shrubs, a good rule of thumb is to prune those that bloom early in the spring immediately after they bloom. These include Forsythia, red bud, dogwood, viburnums and others. Summer and fall blooming shrubs are best pruned in the winter. Seldom do conifers need pruning, but if any do, prune whenever you notice the problem. Winter still may be a better choice to help reduce sap flow.

I have several tips of when not to prune. In our area Oaks often have oak wilt so never prune them in the growing season. Open wounds invite

trouble. Similarly, don't prune newly planted trees to avoid transplant shock. Often nursery or box-store trees need pruning, but it can wait one season. Never prune trees as they begin to bud out because much of their sap will be lost and the tree or shrub will lose vigor. The reverse is also true so never prune during fall leaf color time as the sap is going back into the roots and pruning reduces the amount in storage.

When you begin to prune, avoid removing any branches thicker than your thumb (about 1" in diameter). Keeping to this size nearly guarantees the tree will be able to completely seal the cut. Avoid using pruning paints as they've not proven to be of much value on small cuts. Before you cut, check to be sure you are ahead of the thicker bark ridge and collar. This is easily seen as an encircling thicker ring of bark. Please, be certain your tools are sharp and that the blades closely align. You do not want frayed edges to your cuts. Never use a hedge trimmer to prune shrubs unless you are going to remove at least a third to the shrub. Removing less—like giving the shrub a haircut—only causes a spurt of wild growth that is very weak. This topping of woody plants may cause you to think you're bringing the plant into greater symmetry, but you'd be better off just allowing it to grow and be more judicious in the pruning department.

My column cannot begin to cover all one needs to know about pruning—especially shrubs—so I recommend simply doing an internet search and put the tree or shrub in the search bar and add the words "when to prune." Also, calling your county extension office may provide you with the answer you seek. In the end, you're always safe in removing damaged and diseased branches as well as those that are a safety issue. So, if it's cold outside, bundle up, grab your pruning shears and loppers and go out to inspect your trees.

The Garden Bug

The importance of snow

As snowflakes form in the clouds and fall to the earth, they collect nitrogen and other particulates like sulfur from the atmosphere. These nutrients will serve as natural fertilizers later on. As these flakes collect on the ground and form thick, mounded heaps of snow, this provides excellent insulation and shelter for the vulnerable garden beds beneath. The soil, the organisms in the soil and root systems are now protected from severe temperature fluctuations and icy winds. As the months become warmer, the melting snow gently releases moisture and nutrients into the soil. - Brenda Weaver

Sources: nsidc.org, www.almanac.com, mothernatureapprentice.com

© 2026 by King Features Syndicate, Inc. World rights reserved.

A good marriage is the union of two good forgivers.

—Ruth Bell Graham



Rehabilitation services
Hospice care

Long term care
Skilled nursing care

careinitiatives.org

2935 Kaufmann Avenue | 563.556.0673

*A man loves his sweetheart the most,
his wife the best, but his mother the longest.*

—Irish Proverb

Northeast Iowa School of Music Creative Aging

Classes for Ages 50+

Starting March 10

- Drawing & Painting
- Beginner Banjo
- Beginner Guitar
- Beginner Piano
- Beginner Ukulele

Each class is 6 weekly lessons for only \$95!

Sign Up

(563) 690-0151

office@nisom.com

www.nisom.org



OUR LARGE PIZZAS

ORDER AT PIZZARANCH.COM

January - Pepperoni \$12
 February - Buffalo Chicken .. \$13
 March - Bronco \$13
 April - Pepperoni \$12

PIZZA OF THE MONTH
 GREAT VALUE!

MONDAY NIGHT & MID-DAY SPECIAL
 Mondays: 3pm-8pm
 Tus-Fri: 2pm-4pm

2 ADULT BUFFETS FOR \$25



Radio
 from the 20th Century
 by Bill Zwack

John Brown was a very versatile actor from the gold days of radio, television and movies.

Born April 4th, 1904 in Hull England, a sought after straight man and stooge for nearly every top comic. As somber voiced Digger O'Dell, the friendly undertaker, Brown was an eagerly anticipated character on *The Life of Riley*. He had actually worked as a clerk in a mortuary in New York while trying to break into radio. At age 20, he auditioned for cantor and picked up a one shot broadcast role. Fred Allen soon added him to his Mighty Art Players. In the 40's, he popped up on *Maisie* and *Ozzie and Harriet* (as neighbor Will Thornberry).

On *A Date with Judy*, Brown was Judy's Dad, Mr. Foster. He was a stooge on *Charlie McCarthy*. In 1941, he worked

seven weekly shows, beginning on *The Shadow* on Sunday to *Lincoln Highway* on Saturday. Brown calculated that he had been on 10,000 live broadcasts and 5,000 recorded programs.

Other broadcasts include Dennis Day's boss, Mr. Willobey on *A Day in the Life of Dennis Day*, Irma's boyfriend Al on *My Friend Irma* and many supporting roles on *Jack Benny Program*.

He was a man of many talents, especially with his voice on radio. He had several credits on television and on the screen. If you tune in to AM 1370 KDTH's *Big Broadcast*, heard every Sunday night from 6 to midnight, you no doubt will hear John Brown in one of his many roles that will make you laugh out loud. John Brown died May 16, 1957 in West Hollywood, Ca. A life lived to the fullest and will never be forgotten.

EXPIRES 04/30/26 **Pizza Ranch** CODE 1271

Buy 1 Adult Buffet at Regular Price, Get 2nd Buffet for \$10.99

Valid at Dubuque location only. Some restrictions may apply. Not valid in combination with any other discounts or offerings including Senior and Military discount. Void if posted on a third party website. Price is subject to change without notice.

EXPIRES 06/30/2026 **Pizza Ranch** CODE

FREE ADD-ONS with an Online Order of \$25+ www.pizzaranch.com

Valid at Dubuque location only. Some restrictions may apply. Not valid in combination with any other discounts or offerings including Senior and Military discount. Void if posted on a third party website. Price is subject to change without notice.

Half Price Play at the FunZone!
 All day Monday & Wednesday

Pizza Ranch

DUBUQUE • 2020 RADFORD ROAD • 563-556-4488

Five Flags from Pg. 1

emotional "Can't Help Falling in Love" and the show-stopping "American Trilogy."

This thrilling tribute captures the spirit, sound, and excitement of Elvis's iconic live performances and promises



an unforgettable evening of nostalgia and musical excellence for fans of all ages. For more information, visit www.elvismn.com.

Tickets are on sale now at fiveflagscenter.com or you can buy them in person at the Five Flags Center Box Office on Thursdays and Fridays from 10:00am-5:00pm.

Other upcoming events at Five Flags include:

Mean Girls Movie Screening
 Saturday, February 7, 2026
 4:00 p.m. & 7:00 p.m.

THE HARLEM GLOBETROTTERS
 100 YEAR TOUR
 Saturday, February 14, 2026 — 2:00 p.m.

Love Actually Movie Screening
 Saturday, February 14, 2026
 4:00 p.m. & 7:30 p.m.

Battle for the Bluff Rodeo (arena)
 Friday, February 20, 2026 — 7:30 p.m.
 Saturday, February 21, 2026 — 7:30 p.m.

Dubuque Symphony Orchestra Classics 3
 Saturday, February 28, 2026 — 7:30 p.m.
 Sunday, March 1, 2026 — 2:00 p.m.

The Dark Knight Movie Screening
 Saturday, March 7, 2026
 4:00 p.m. & 7:30 p.m.

June 1953

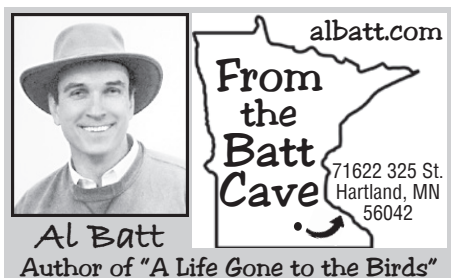
Down Memory Lane
 Exerpts From The Pages Of "Dupaco Meating Post"
 A Newsletter Of The Dubuque Packing Company

the KITCHEN KORNER



"OH BOY! DUBUQUE BRAUNSCHWEIGER ... NOW'S MY CHANCE"

Smart fellow! He knows there are other girls... but there's only one Dubuque Braunschweiger. Creamy, smooth, tasty and tangy... it's mighty good eating anytime. Slice it, spread it, serve it hot or cold. Just right for a meal or a snack.



Al Batt
Author of "A Life Gone to the Birds"

He uses soggy tea leaves to polish his crystal ball

The doorbell rang. I opened the door, and a robed visitor accompanied by sitar music walked in out of the dimming twilight. The renowned mystic from the Far East part of the township, the fabled soothsayer, the seventh son of the seventh son of the seventh son, the oracle from just down the road, Swami Davis Jr., took a break from selling fortune cookies to stop by with his predictions for 2026.

A spirit of divination indwells the Swami, a muse of unearthly clairvoyance who makes Nostradamus seem like a flawed speculator. Swami is a gifted savant who knows little but suspects a lot and reveals all to those who offer tribute. As a fearless, feckless and foolish seer, he is without peer even though unreasonable zoning laws discouraging the ancient Roman practice of haruspicy (divining the future by examining the entrails of recently slaughtered beasts) hamper him. In an uncertain world, the Swami brings more uncertainty. Many have called him a bum seer and a purveyor of impaired prognostications, but his mother has labeled him "uncannily accurate." Swami Davis Jr. is a reader of palms and tea leaves as he takes an orange pekoe at the future while polishing his cloudy crystal ball, which doubles as a bowling ball.

"Swami Davis Jr., who illuminates the dark corners of our culture and whose knowledge is unsurpassed, oh wise Swami, thou vessel of infinite wisdom, who is omniscient, omnipotent and omnipresent, tell me, your humble implorer, what the future holds," I entreated, knowing my future lies ahead. I'm atwitter with anticipation.

Swami is a cowboy who rounds up predictions. He sees into the future by turning his car's rearview mirror backward, producing a Magic 8 Ball in the corner pocket. Even though he believes you can't handle the sooth, here are his bold, yet intentionally vague prediction headlines for 2026.

After years of unregulated trapping, lint is declared endangered.

The Dakotas split into Northeast Dakota, Northwest Dakota, North Central Dakota, Southeast Dakota, Southwest Dakota and South Central Dakota. Class sizes shrink as AI

does all the learning.

Rising oceans cover Keokuk, Iowa, and ignore all other land.

The Department of Governmental Efficiency eliminates all government except the Department of Governmental Efficiency.

The top 10 numbers will once again be 1, 2, 3, 4, 5, 6, 7, 8, 9 and 10.

NFL officials order every Super Bowl to go into overtime to make room for all the commercials.

The majority of politicians claim their lies are being deliberately distorted by the media.

Medical professionals discover that getting an extra hour of sleep will be good for our health. That's easily accomplished, as sleeping an additional 9.863 seconds a day will get you an extra hour of sleep each year.

Tariffs will come with air miles.

The best time to start procrastinating will be tomorrow.

In a surprise, it will be revealed that the federal government has been completely shut down since 2017.

Airports will charge for sitting in the boarding area.

Exhaustive research will involve asking AI a question.

MCGA (Make Canada Great Again) wants to make the United States either its 11th province or its fourth territory.

An umlaut will require an umlaut.

A basketball referee will call it both ways. Fans at that game complain loudly, "Don't call it both ways!"

In extraordinarily good news, supercalifragilisticexpialidocious will be the word of the year because it's about time.

Easy-open packages will continue to be difficult to open.

You will be outvoted by idiots.

Your favorite oatmeal, which is your favorite because you know what shelf to find it on in the grocery store—it's where it's always been—will be moved to another aisle and placed next to the cat litter.

In "The New Wizard of Oz," Dorothy spends all her time taking selfies.

Joe Camel continues to wear a nicotine patch.

There will be weather every day, twice a day on weekends.

What happens will have happened. Prepare accordingly.

The year 2027 will be here before you are done with 2026.

Please remember that predictions are difficult to make, especially about the future. Your future will be so bright you'll squint.

What went around will come around. Tomorrow will be another day—probably last Tuesday.

Good times will roll.

©Al Batt 2026



CLOSED SUNDAY AND MONDAY
TUES., WED., & THURS.: 4:30 - 8:00 P.M.
FRI. & SAT.: 4:30 - 9:00 P.M.

Join us every Friday during Lent:
ALL-YOU-CAN-EAT FISH FRY
featuring Pike

Also offering our regular menu
with Salmon, Cod,
Orange Roughy & Shrimp

 Visit us on Facebook

608-748-4687

3 miles N. of Iowa-Wisc. Bridge off Hwys 61 & 151 @ 1152 Badger Rd. Hazel Green, WI

WINTER FARMERS MARKET

Early Riser Meat and Cheese
FARM-RAISED

Beef • Pork • Cheese
Farm Fresh Brown Eggs

Winter Market
Kennedy Mall
9am-Noon

KRISTI'S PERFECT PRODUCE
Potatoes – Garlic – Root Vegetables

Every Saturday Morning
9 a.m. to Noon, November – April
New location: Still at Kennedy Mall
(near Books - a - Million)

Thank you for supporting a family farm!



A Division of Bellmann Dairy Farm

**For Affordable Ad Rates,
Call Bill Beutin
563-543-0640**

Contract Bridge

ONCE IN A LIFETIME

South dealer.

North-South vulnerable.

NORTH			
	♠ 3 2		
	♥ 9 3		
	♦ K Q J 10 9		
	♣ A K Q J		
WEST		EAST	
♠ 5		♠ 7 4	
♥ 2		♥ 10 8 6 5 4	
♦ A 5 4 3		♦ 8 7 6 2	
♣ 9 7 6 5 4 3 2		♣ 10 8	
SOUTH			
	♠ A K Q J 10 9 8 6		
	♥ A K Q J 7		
	♦ —		
	♣ —		

The bidding:

South	West	North	East
7 ♠	Pass	Pass	Pass

Opening lead — ace of diamonds.

It's unlikely you'll ever be dealt a hand as luscious as the one held by South in today's deal. But, just in case lightning strikes twice and you do get such a hand — or a reasonable facsimile thereof — here is a word or two about how to bid and play it.

The bidding should be short and sweet. It would be pointless to indulge in an elaborate or extended series of bids. You should immediately cast your vote for seven spades and bid it.

The play's not as simple as that, though it's not really difficult. It's obvious from the

start that the grand slam is ice-cold unless one opponent has five or six hearts to the ten.

Therefore, you should — as a cautious player — assume that such a situation exists and adapt your play accordingly. So, after ruffing the ace of diamonds, you should play one round of trump and then cash the A-K of hearts. After West shows out without ruffing, you trump a heart in dummy, and the rest of the tricks are yours. Of course, you're a bit lucky that the second heart didn't get ruffed, but then again, you were unlucky that the hearts split badly in the first place.

It would be technically wrong — and in the actual case fatal — to cash all your trumps first and rely solely on a favorable heart division. Playing one round of trump followed by two rounds of hearts allows you to make the contract whenever it can be made.

It would be a pity to hold a hand like this and watch it go down the drain because you failed to take a measure of protection — however small — against a bad heart division. That would not be the proper way to show your gratitude for being dealt a once-in-a-lifetime opportunity like this one.

©2026 King Features Syndicate Inc.

by Steve Becker

We Moved

EZSELLUSA

Open in Downtown Galena
 201 North Commerce Street
Larger Consignment Resale Center
ebay Consignment Sales
ESTATES ANTIQUES TREASURES

201 N. Commerce, Galena, IL 563-543-5201

What's it WORTH on ebay™

If you have an item and you would like to know what it is worth, send digital pictures with a brief description to paulhconnor@gmail.com, or make an appointment to visit me at 201 North Commerce Street, Galena, IL. Be sure to check out our website at www.ezsellusa.com.

Vintage Gokey's Hunting Ammo Shell Brown Leather Shoulder Bag

The Vintage Gokey's Hunting Ammo Shell Brown Leather Bag is a classic piece renowned among hunting enthusiasts and collectors. Gokey's, a brand celebrated for its craftsmanship and durability, has designed this item to meet the rigorous demands of outdoor use while maintaining a sophisticated, timeless aesthetic.



This bag is Made from premium, full-grain brown leather that offers unmatched durability and develops a unique patina over time. Classic style with meticulous hand-stitched detailing and reinforced edges makes for lasting performance. Designed to securely hold

hunting ammunition or shells, making it ideal for field use or display. Features sturdy brass hardware or snap closures to keep the contents safe and accessible. Portability: Compact and lightweight, it can be easily attached to a belt or carried in a field bag. Produced by Gokeys, a company with a longstanding reputation in the outdoor and hunting community for quality leather goods.

This vintage ammo shell holder is not only practical for hunters and shooters but also highly sought after by collectors of classic sporting gear. Its rugged construction ensures it can withstand the elements, while its rich leather and craftsmanship make it a standout piece in any collection. We recently had the opportunity to work with an estate that had many hunting related items including the amazing leather bag. We posted it on eBay and found a buyer at \$75.00, giving it a new home with a collector who appreciates the inherent value in this handcrafted bag.

Holy Spirit Omelet Breakfast
 Holy Trinity Church
 1700 Rhomberg Ave.
 Sunday, March 1 - 8 a.m. to 11 a.m.
 For the cost of \$10 adults, \$6 children (age 4 and under FREE)
Made-to-order omelets, hashbrowns, toast & donuts, and beverage.

HOLY SPIRIT PARISH

FISH RY

Holy Ghost Church - Paraclete Hall
 2921 Central Ave., DBQ
FRIDAY, FEBRUARY 20, 2026
 4:30pm - 7:00pm

Adults: \$15
Kids 5-12: \$7
Preschool: Free

Serving: Deep fried or baked fish, tater tots or baked. potato, salad bar, macaroni & cheese, rolls, dessert & beverage

SPONSORED BY CATHOLIC ORDER OF FORESTERS COURT 636

To Your Good Health from Pg. 3
 While diabetes is among the most common types of peripheral neuropathies, it isn't the only one.

Since both legs are affected, it is less likely due to the direct compression of the peripheral nerve, which normally occurs on one side. The fact that it only occurs when you are laying down does suggest that there may be compression higher up, possibly in your spinal cord.

Other neuropathies that normally affect both sides of the body include vitamin B12 deficiency and thyroid disease. Some medications can do it, but sometimes no cause is ever found. A neurologist is the ideal specialist to help diagnose this condition, especially one who specializes in neuropathy.

Dr. Roach regrets that he is unable to answer individual questions, but will incorporate them in the column whenever possible. Readers may email questions to ToYourGoodHealth@med.cornell.edu.



Warm up on Super Bowl Sunday With White Chili

Find winter's warmth in a big bowl of easy-to-prepare white chicken chili. This irresistible recipe is a hearty meal, and I can assure you that it will warm up tummies after an afternoon of sledding or satisfy appetites at a family Super Bowl LX party on Sunday, Feb. 8. Prepare it in a big pot in less than an hour on your stove, or better yet, let it cook for a few hours in a slow cooker so that it's conveniently piping hot whenever you're ready to eat.

Let kids get involved in prep work that is appropriate for their age and skills. If the older junior chefs in the family have never peeled and chopped fresh garlic, show them how to mince it properly with a sharp knife. They can also take care of chopping the bell peppers and shredding the cheese for the garnish.

Younger kids can shred chunks of chicken or turkey with their hands and pour the beans in a colander to drain. You can get out your measuring spoons and let them accurately measure the herbs and spices, too. Here's what you'll need for 6 servings:

- 2 15-ounce cans of great northern or pinto beans, drained
- 3 1/2 cups chicken broth
- 3 cups of cooked, shredded chicken



PHOTO CREDIT: Donna Erickson

or turkey (Save time and pick up ready-to-eat rotisserie chicken at your local market.)

- 1 1/2 cups sweet bell peppers (red, yellow and green), seeded and chopped
- 2 cloves garlic, minced
- 3 teaspoons ground cumin (substitute with 1 1/2 teaspoons taco seasoning if you prefer)
- 1/2 teaspoon dried oregano
- Salt to taste
- Shredded cheddar or Monterey jack cheese for garnish

Combine all ingredients except cheese in a standard slow cooker. Cover and cook on low for 8 hours or on high for 4-5 hours.

If you don't have a slow cooker, bring the broth, peppers, garlic and seasonings to a simmer in a saucepan on your stove. Cook until peppers are tender, about 5 minutes. Add beans and meat. Simmer for 10-20 minutes.

Ladle in bowls and garnish with the cheese. For variation, add crushed tortilla chips, if you wish. Serve with slices of French bread.

Donna Erickson creates relationships and community through food and fun. Find more to nourish and delight you at www.donnaerickson.com.

© 2026 Donna Erickson
Distributed by King Features Synd.

GUARANTEED Life Insurance up to \$20,000.00

Cash to help pay your funeral, medical bills or other final expenses.

- Guaranteed acceptance for ages 45 to 85*
- No medical exam, no health questions
- Lock in your rate for life

Modified Whole Life Insurance from Physicians Life Insurance Company

Find out how affordable this coverage can be - Call for your FREE Information Kit

1-844-999-1074

or go to life55plus.info/golden

- ▶ Plus - you'll also get a FREE Final Wishes Planner just for calling!



6236 *Ages may vary by state. Guaranteed for one of these life insurance policies. Benefits reduced first two years. Insurance Policy L770 (ID: L770ID; OK: L770OK; TN: L770TN).

Ohnward
FINE ARTS CENTER
Drew Art Gallery & Gift Shoppe • Kopel Theatre
1215 East Platt St., Maquoketa, Iowa 52060

Bad Medicine (Bon Jovi Tribute Band)
Saturday, Feb. 14, 2026 • 7PM



SHOT THROUGH THE HEART TOUR
A Full Dose of Bon Jovi with a Supplement of Non-Jovi (80's Classic Rock!)

Someone once said: Imitation is the highest form of flattery. This is proving to be true in the growing popularity of tribute acts.

Bad Medicine was formed and led by lifelong Bon Jovi fan, Joe Frasca, back in 2001. Through the years, the talented collection of musicians, with over 100+ combined years of on-stage experience, has proven time and time again that Bad Medicine is truly the "next best thing". In recent years, Bad Medicine has added several "non-Jovi" hits from the same genre, for those longer sets and situations that require a more diverse performance.

If you want to see an accurate reproduction of the Bon Jovi sound, look, feel, and energy, it's safe to say some Bad Medicine is what you need! Enjoy a rocking night of Bon Jovi as well as some great 80's classic rock featuring Guns N Roses, Motley Cru, Poison and more!

A Bad Medicine show is always "One Wild Night".

Tickets: \$25 (in advance) \$28 (at the door).
Students (18 & Under) Tickets: \$15 (in advance) \$18 (at the door)



A Piece of My Heart Janice Joplin Tribute
featuring Laura McDonald
Saturday, March 21, 2026 • 7PM

Take a walk back into time and "The summer of love" as Onward Theater presents "Peace of My Heart" The songs of Janis Joplin! Fronted by the powerful vocals of Laura McDonald! She joins the stage with Award Winning Billboard Artist Bobby Messano and his band! Playing all of Janis's greatest hits! Laura embodies Janis like no other! while doing her most iconic songs. Piece of my heart... Summertime... Bobby Magee. Cry Baby... Ball n chain...to name a few. Leaving her audience to feel as though Janis was in the room. Take a trip to her glory days of "Monterey Pop" and Woodstock when Janis shined and became one of the most iconic female vocalists of all time! You will not want to miss this show!!

Tickets: \$25 (in advance) \$28 (at the door).
Students (18 & Under) Tickets: \$15 (in advance) \$18 (at the door)

Box Office Open 9 a.m. to 1 p.m. Phone: 563-652-9815
Purchase Tickets online at www.ohnwardfineartscenter.com

Tickets can also be purchased at Osterhaus Pharmacy and the Maquoketa State Bank Main Office.



Cremer's Cooking Tips

Cremer's Baked Cod

in microwave on high, about 30 seconds. Stir buttery round crackers into melted butter.

Place remaining 2 tablespoons butter in a 7x11 inch baking dish. Melt in the preheated oven, 1 to 3 minutes. Remove dish from oven.

Coat both sides of cod in melted butter in the baking dish.

Bake cod in the preheated oven for 10 minutes. Remove from oven; top with lemon juice, wine, and cracker mixture. Place back in oven and bake until fish is opaque and flakes easily with a fork, about 10 more minutes.

Serve with lemon wedges.

Ingredients

- 2 tablespoons butter
- 1/2 sleeve Townhouse crackers, crushed
- 2 tablespoons butter
- 1 pound thick-cut cod loin
- 1/2 lemon, juiced
- 1/4 cup dry white wine
- 1 tablespoon chopped fresh parsley
- 1 tablespoon chopped green onion
- 1 lemon, cut into wedges

Directions

Preheat oven to 400 degrees F (200 degrees C).

Place 2 tablespoons butter in a microwave-safe bowl; melt

731 RHOMBERG • (563) 583-6589
TUE.-FRI. 11-5 • SAT. 9-3 • CLOSED SUN. & MON.
All prices subject to change. While supplies last.

CREMER'S EST. 1948

FILET MIGNON (2) 8 OZ. \$23.99

NEW YORK STRIP STEAK (2) 10 OZ. \$18.99

CHICKEN BREAST (2) 16 OZ. \$6.98

CHATEAU BRIAND \$20.99 LB.

SALMON FILETS (2) 6 OZ. \$17.98

CORNISH HEN 20 OZ. \$4.49 ea.

SHRIMP 2 LB. BAG \$7.99 LB.

CHEESE & SAUSAGE TRAYS AVAILABLE

GIFT CERTIFICATES AVAILABLE

MAGIC MAZE

OLD SAILING TERMS STILL USED TODAY

T S T Q O H T R E B E D I W L
 K J O H D R A O B N O E C S A
 E X E V T R K P N L J H F H D
 E B T T U B E L T T U C S I T
 L Y H X V M N W O D E P I P O
OVERBOARD T R P O S H
 V M L K I G B T E S D N A H S
 E D I S E V A W E K A M B A G
 R Z N O N A C E S O O L H P N
 X W E U T R K Q O N L O J E O
 I G F D C A Y X W V Y E M I L

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally
 Unlisted clue hint: ALL — ON DECK

- | | | | |
|-----------|-------------|-------------|--------------|
| Ahoy | Loose canon | Overboard | Taken aback |
| Keel over | Make waves | Pipe down | Toe the line |
| Limey | Mate | Scuttlebutt | Wide berth |
| Long shot | Onboard | Shipshape | |

©2026 King Features Syndicate, Inc. All rights reserved.

SUDOKU

by Linda Thistle

5				8	7	1	4	
	3	8		2	4		5	6
4	7		6			8		
						6		
	1			6			8	3
		2	5		3			4
4				3		2	9	1
5	1			6	3	7		
8	3			2	4			

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ◆

- ◆ Moderate ◆◆ Challenging
 ◆◆◆ HOO BOY!

© 2026 King Features Synd., Inc.

HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.

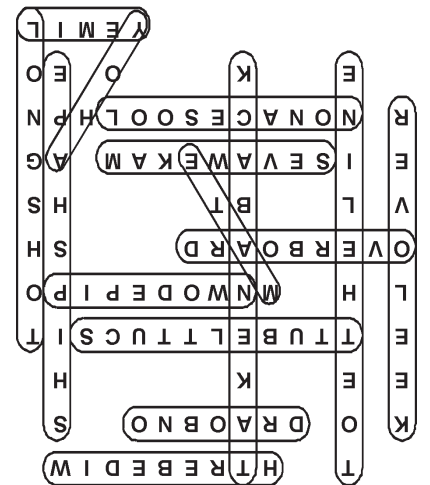


Differences: 1. Man is looking the other way. 2. Mouth is open. 3. Necktie is missing. 4. Tie is different. 5. Nose is smaller. 6. Armrest is different.

©2026 King Features Syndicate, Inc. All rights reserved.

BULLETIN BOARD

Here's My Card



OLD SAILING TERMS STILL USED TODAY

Go Figure! answers

15	=	60		15
1	+	4	÷	5
7	+	6	×	3
8	+	9	-	2
15	=	39	÷	1
	÷		×	
	÷		÷	
	=			
	=			

— King Crossword —

Answers

Solution time: 23 mins.

A	H	A	B	N	E	C	K	L	U	G		
L	O	R	I	A	L	A	I	A	N	A		
L	E	M	O	N	T	A	R	T	K	I	R	
				N	E	O	N	C	H	E	V	Y
B	E	L	I	E	C	H	A	T				
A	V	E	C	S	E	R	E	N	A	D	E	
R	E	G	A	K	R	O	N	H	A	G		
B	R	A	I	N	I	A	C	I	O	T	A	
				L	O	G	S	S	N	E	A	D
N	O	T	S	O	S	A	I	D				
E	S	E	L	I	T	T	L	E	T	O	E	
A	H	A	A	D	A	M	E	W	A	N		
P	A	M	N	A	G	S	D	O	T	S		

SUDOKU Answer

5	6	9	8	3	7	1	2	4	6	5
8	7	9	6	4	9	6	3	7	8	5
1	9	8	7	8	3	5	2	9	1	4
4	1	4	2	6	9	7	3	9	1	4
3	8	7	1	4	2	6	9	5	8	3
7	7	1	4	8	6	2	7	3	2	1
3	9	5	1	4	8	6	2	7	3	2
4	7	9	6	5	1	8	3	2	1	4
6	1	3	8	9	2	4	7	5	6	1
9	5	2	6	3	8	7	1	4	9	6

“Skip” Breitbach Feeds
 Balltown, Iowa (563) 552-2393

Give Skip a call, he will deliver

- Wild Bird Seed
- Sunflower Seed
- Ear Corn
- Cracked Corn
- Shelled Corn
- Salted Peanuts
- Rock Salt

We also have sidewalk melt not harmful to grass or concrete

We Buy Houses For Cash!

Liz Buys Houses Connects Home Sellers with Legitimate Cash Buyers Nationwide!
No Repairs. No Fuss.

- Fair Cash Offer
- No House Repairs
- Quick Closing
- Simple Home Sale
- No Realtor Fees
- Convenient Closing Date

Call (877) 851-3347

Model Railroad Show & Swap Meet

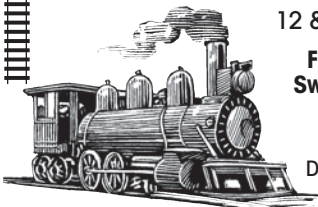
Sat., March 7 • 9:00am-2pm
 Dubuque County Fairgrounds, 4-H Building

\$5 Admission

12 & Under Free w/paid adult

For Model Railroaders to Buy, Swap & Sell to Fellow Hobbyists
FOOD AVAILABLE

Sponsored by TLR Southeastern
 Division of the NMRA. 563.663.0857



Your Local Real Estate Expert!



SARA POST 563-845-1583
 REALTOR LICENSED IN IOWA AND ILLINOIS

Medicare can be complicated.

A Farm Bureau agent makes it easy.

Call me to find a Medicare supplement plan that's right for you.

AUTHORIZED INDEPENDENT AGENTS FOR



Ted Borelli
 2625 John F Kennedy Rd,
 Dubuque, IA
 563.583.7300
 tedborelli.com

An authorized independent agent for Wellmark Blue Cross and Blue Shield of Iowa, an independent licensee of the Blue Cross and Blue Shield Association. W5018029 9/20



Full Service Auto Glass
 Repair & Replacement

Locally Owned & Operated



Shane Marti



Ben Marti

770 Cedar Cross Road
 Dubuque, IA 52003
 (563) 845-0762
 (563) 845-0010 Fax
 www.precisionautoglass.co

DUBUQUE PODIATRY, P.C.

Diseases and Surgery of the Foot and Ankle

www.dubuquepodiatry.com



- | | |
|-----------------------|--------------------------------|
| K. Harvey, D.P.M. | 1500 Delhi St., Ste. 2200 |
| R.S. Kelsey, D.P.M. | (563) 557-5930, Dubuque, IA |
| M. Arnz, D.P.M. | |
| N.M. Jedlicka, D.P.M. | 420 1st Ave. East |
| K.J. Franzen, D.P.M. | (563) 875-7937, Dyersville, IA |

Brenda Husemann, ARNP

HISTORIC BLUFFS
 FAMILY PRACTICE CLINIC



666 Loras Blvd.
 Dubuque, IA 52001 **563-239-1175**

Now Accepting New Patients

Stickelers Answer

5 sheets are needed.
 One large sheet is placed first, then two squares 1/4 the size of the largest sheet.
 Now add the diamond square and the square inside the diamond.