



# The Golden View

The Community Newspaper For Adults 55 Plus

July, 2020

Dedicated To The Young At Heart

Dubuque, Iowa

Visit The Golden View On The Web At: [www.thegoldenviewonline.com](http://www.thegoldenviewonline.com)

## Serving the Tri-States

by Tracy Connolly,  
Manager, Bell Tower Retirement Community



Bell Tower Retirement Community  
430 Sidney Street, East Dubuque, IL

Bell Tower Retirement Community, River Bend Retirement Community and Windsor Park Retirement Community share commonalities as they serve our tri-state area in their own unique way.

Located in East Dubuque, Illinois, Bell Tower sits halfway up the hill on the corner of Sidney Street and Montgomery Avenue the beautifully restored former school stands majestically against the bluffs of the Mississippi River. This historic building is home to many people 55 years of age or older. Some live independently, others can receive personal assistance from in house caregivers in the Assisted Living and others who need memory services can reside in Moments, the memory care section of Bell Tower.

River Bend Retirement Community is located in Cascade Iowa, just past the legendary Cascade Legion Ball Park in the outskirts of town. River Bend provides Assisted Living and Memory Care services. The state of the art Memory Care at River Bend provides private rooms and common areas to fit the needs of residents who may wander, want to visit with their neighbors or take part in a group activity.

Previously known as Xavier Hospital, Windsor Park is nestled on the north end of Dubuque, Iowa. The welcoming neighborhood of the north end has many residents who are 55 and older wanting to stay close to home. Windsor Park provides a safe, maintenance free, friendly, independent

Serving the Tri-States cont. Pg. 3



River Bend Retirement Community  
813 Tyler Street NE, Cascade, IA

## Fire Safety in Hotels

by Derek Paulson,  
Assistant Fire Marshal, Dubuque Fire Department



According to the United States Fire Administration, there is an estimated 3900 hotel/motel fires each year in the United States resulting in approximately 15 deaths, 100 injuries and an estimated \$100 million dollars in property losses.

Last year while traveling for work, I stayed in a hotel. I got checked in, got to my room, unpacked and finally laid in bed after a long day of traveling. While lying there, I looked up and saw that the smoke alarm above my bed was covered with a bag. Someone didn't want that smoke alarm to do what it was intended to do. So, I kindly removed the bag, tested it and then called the front desk to let them know what I had discovered. Here are some fire safety tips you should do each time you stay at a hotel or motel to ensure your safety.

First, try and stay at a hotel/motel that has an automatic fire sprinkler system as well as interconnected hard-wired smoke alarms throughout the building. The interconnected smoke alarms allow you to be notified that something is going on in the building even if it is on the other end of the building. The automatic sprinkler system helps to contain and/or extinguish the fire until the fire department arrives.

Look for the two closest exits nearest your room. Just because you came up a certain



Derek Paulson, Assistant Fire Marshal,  
Dubuque Fire Department

stairway or off the elevator does not mean that would be the closest or safest way to exit in an emergency. Read the fire evacuation plan in your room. Many hotels/motels have this taped to the inside of the door or in the welcome packet in the room.

Lastly, check the smoke alarms in your room making sure they are present as well not covered or blocked. Check to see where the nearest fire extinguisher is as well. Many small fires have been extinguished prior to the fire department's arrival from fire extinguishers.

If you have any questions or would like further information I can be reached at **563-589-4195** or at [Dpaulson@cityofdubuque.org](mailto:Dpaulson@cityofdubuque.org).

**Happy 4th of July • Have Fun, Be Safe**  
**Radio Dubuque 2020 Fireworks and Airshow**  
**have been Rescheduled to Saturday, August 22**



<b>Al Batt</b> .....	Page 17	<b>Jerry Eberhardt</b> .....	Page 18	<b>S. E. Persinger</b> .....	Page 6
<b>Bridge</b> .....	Page 22	<b>Ken Resch</b> .....	Page 10	<b>Social Security</b> .....	Page 8
<b>Bill Zwack</b> .....	Page 20	<b>Michael D. Gibson</b> ...	Page 8	<b>Trivia Test</b> .....	Page 17
<b>Kovels® Collecting</b> ...	Page 15	<b>Paw's Corner</b> .....	Page 5	<b>Uplifting Moment</b> ...	Page 7
<b>Gary Dolphin</b> .....	Page 19	<b>Sports Quiz</b> .....	Page 18	<b>Veterans Post</b> .....	Page 11



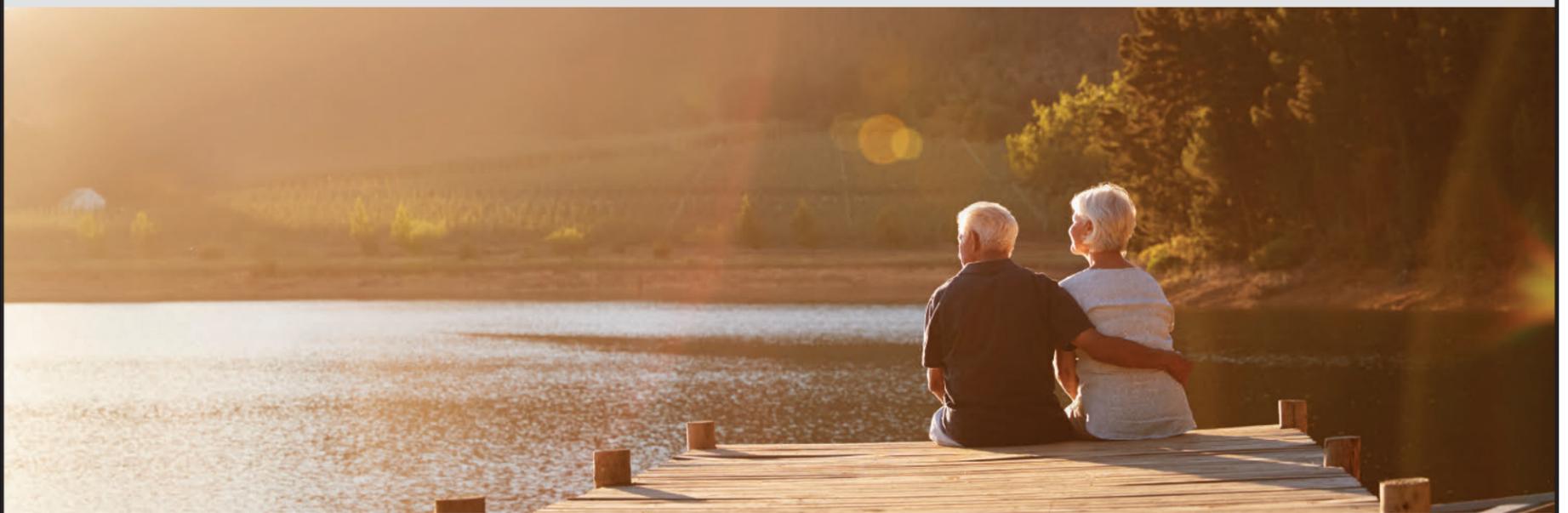
Medicare advertisement Medical Associates Medicare Plans

# Our Smart Medicare plan is only \$120 per month.\* *Why are you paying more?*

## ENJOY ALL THE BENEFITS OF A TOP-RATED MEDICARE PLAN WHILE PAYING LESS.

Medicare has awarded our Iowa/Illinois plan with 5 out of five (5) Stars for 2020, and our Wisconsin plan with 4.5 out of five (5) Stars for 2020. And we're right in your backyard! Best of all, you can enroll at any time.

- \* Rates that are not dependent on age or gender.
- \* Multiple plan options that allow you to see any provider.
- \* Enrollment in our plan at any time.



## JOIN TODAY! WE CAN HELP!

Attend a sales meeting, call for an appointment, or visit our office to learn more about our medicare plans.

**563-556-8070 or 800-747-8900 | TTY 800-735-2942**  
8 AM–5 PM, Monday–Friday | 1605 Associates Drive, Dubuque



\*Our Smart Plan monthly premium is \$120 for Iowa and Illinois residents and \$125 for Wisconsin residents. You must continue to pay your Medicare Part B premium. Every year, Medicare evaluates plans based on a 5-Star system. How does your plan rate? Visit [www.medicare.gov](http://www.medicare.gov) to compare plans. For accommodations of persons with special needs at sales meetings, call the phone numbers above. Open to all Medicare beneficiaries eligible by age or disability. Medical Associates Health Plan complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Language assistance services are available free of charge. Call 1-866-821-1365 (TTY: 1-800-735-2942). ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-866-821-1365 (TTY: 1-800-735-2942). 注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 1-866-821-1365 (TTY: 1-800-735-2942)。 UWAGA: Jeżeli mówisz po polsku, możesz skorzystać z bezpłatnej pomocy językowej. Zadzwoń pod numer 1-866-821-1365 (TTY: 1-800-735-2942). LUS CEEV: Yog tias koj hais lus Hmoob, cov kev pab txog lus, muaj kev pab dawb rau koj. Hu rau 1-866-821-1365 (TTY: 1-800-735-2942). Medical Associates is a Cost Plan with a Medicare contract. Enrollment in Medical Associates Health Plans depends on contract renewal. Y0045\_M AHP 1270\_M CMS Accepted 03222020



Windsor Park Retirement Community  
801 Davis Street, Dubuque, IA

**Serving the Tri-States from Pg. 1** living community to satisfy the long time “north enders” and welcomes newcomers to the friendly confines of the north end. Activities, meal options and garage parking are available for residents.

Bell Tower Retirement Community, River Bend Retirement Community and Windsor Park Retirement

Community all strive to provide the best customer service to their residents and families. Welcoming new residents during the Covid-19 pandemic has been challenging, however new residents are welcome and encouraged to call and make an appointment for a tour. Guidelines will be followed as we welcome new residents into all three locations.

# DUBUQUE SENIOR HIGH SCHOOL

The Dubuque Senior High School Class of 1970 set a few benchmarks. It was Dubuque Senior’s one hundredth graduating class and the largest class ever. And now it was fifty years ago.

The Class is happy to announce that there will be a golden reunion this August 21-23 in Dubuque. Planned events include a social gathering at Happy’s Place on Friday, a tour of the school and



## Holiday Time in New York City November 20-24, 2020

### Join the Club—Connections Club

Connections Club is for clients age 40 or better, who maintain qualifying account balances with us. Enjoy unique travel opportunities and receive more value with your banking relationship. Plus, have more fun and make new friends along the way.

Join us as we experience the “The Big Apple”— New York City. We’ll be staying at the Crowne Plaza, located right in the pulsating [heart] of Times Square, for four nights. All of the excitement of the city is right outside your door! A deposit of \$100 is required to hold your reservation. Don’t wait, call today!



**Connie Francis**  
Connections Club Director  
563.589.0804  
MidWestOne.bank

## Connections Club

By MidWestOne Bank | Member FDIC

dinner with entertainment at the Dubuque Best Western Inn on Saturday, and a picnic at Murphy Park on Sunday. Reservations are required

for the events. Learn more by checking the “Dubuque Senior High School Class of 1970” Facebook Page or call Lynne Lippert @ **563-583-2136**.



AFFORDABLE ASSISTED LIVING STARTING AT \$1,800!

- 1 & 2 Bedroom Apartments
- Breakfast, Lunch, & Dinner offered daily
- All utilities including cable (except phone)
- Housekeeping & Laundry
- Scheduled Transportation
- Emergency Call System
- Daily Activities
- 24-Hour Direct Care Staff
- Medication Management
- Individualized service plans
- Secured Memory Care
- Beauty Salon & Barber Services



## RETIREMENT COMMUNITY

813 Tyler Street NE, Cascade, IA 563-852-5001 [www.riverbendal.com](http://www.riverbendal.com)



- 1 & 2 Bedroom Apartments
- Breakfast, Lunch, & Dinner offered daily
- All utilities including cable (except phone)
- 24-Hour Direct Care Staff
- Scheduled Transportation
- Garages & Valet Parking
- Emergency Call System
- Housekeeping & Laundry
- Medication Management
- Registered Nurse



# Bell Tower RETIREMENT COMMUNITY

430 Sidney Street, East Dubuque, IL 61025 • 815-747-6701 • [www.belltowerseniorliving.com](http://www.belltowerseniorliving.com)

**The Golden View**  
 P.O. Box 661, Dubuque, IA 52004-0661  
 Ph.: 563-845-7586  
 E-mail: goldenviewpub@gmail.com  
 Website: www.thegoldenviewonline.com  
 Publisher: Golden View Publishing, Inc.  
 Editor – Bill Beutin  
 Graphic Design – Tom McGovern  
 Founders: Joan and Rudolph Bellmann  
 The Golden View is a monthly publication, published the last week of the month. All submitted articles and columns reflect the views of the writers and not necessarily those of the Golden View. Every effort has been made to insure accuracy. Neither the publisher nor the advertisers will be held liable for errors. Reproductions of any artwork or ads is prohibited without the permission of the Golden View. Contributing writers include:

Gary Dolphin	Amber Matthiesen	Phyllis Zalenski
Al Batt	Kelsey Salow	Jerry Eberhardt
S.E. Persinger	Michael D. Gibson	Rev. David J. Claassen
Ken Resch	Bill Zwack	Derek Paulson




**DENLINGER**  
 INSURANCE AGENCY INC.  
*is now*  
**Denlinger – Herrig**  
**Insurance**

*Denlinger and Herrig Insurance have merged to form Denlinger – Herrig Insurance. We are now doing business at 3686 Crescent Ridge.*

**AUTO - BOAT - MOTORCYCLES**  
 SNOWMOBILES • HOMEOWNERS  
 RENTERS • MOBILE HOMEOWNERS  
 • SR 22 FILINGS  
 email: denlinger@balanceig.com

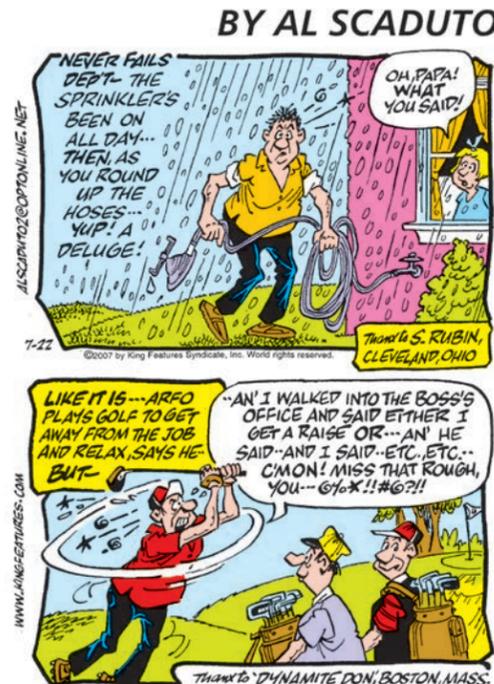
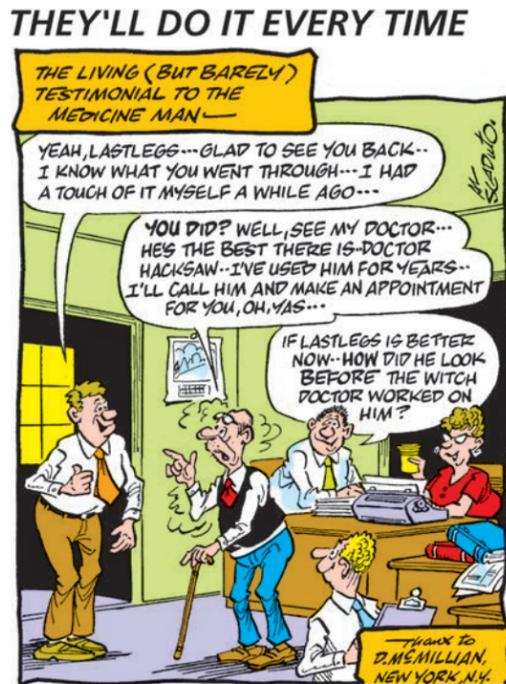


Licensed In: IOWA • ILLINOIS • WISCONSIN  
**563-583-3571 • 3686 Crescent Ridge**



**VOICE OF THE TRI-STATES**  
**KDTH**  
**AM 1370**

**Big Broadcast**  
 W/Bill Zwack  
 6 p.m. - midnight Every Sunday



**For Affordable Ad Rates,  
 Call: 563-845-7586**



**BETHANY HOME**

We at Bethany Home are dedicated to giving care appropriate to the varying needs of each resident in a home-like, ecumenical atmosphere.

- 51 Independent Living Apartments (1 & 2 Bedrooms)
- 54 Private Rooms with 24/7 Certified Nursing Care
- Memory Care Unit with 12 Private Rooms
- Attached, Climate-Controlled Parking Garage

*quality living. exceptional care.*




1005 Lincoln Ave Dubuque IA | 563.556.5233 | be.hanyhomedubuque.org

**STICKELERS** [sic].  
 by Terry Stickels

There are five Leeps in a Grat, seven Grats in a Bliz and three Blizzes in a Zank.

What is the number of Leeps in a Zank divided by the number of Grats in a Zank?

Stickelers Answer on Pg. 24  
 ©2020 King Features Syndicate

# King Crossword

**ACROSS**

- 1 St. Louis landmark
- 5 Hostel
- 8 Grime
- 12 Silver salmon
- 13 Kan. neighbor
- 14 Sandwich cookie
- 15 Destruction
- 16 Thrilling
- 18 Passage
- 20 Idles
- 21 Still
- 22 "You've got mail" co.
- 23 Really fun time
- 26 Leave out
- 30 Thither
- 31 Beer cousin
- 32 Queue
- 33 Shout out
- 36 Co-star with Ball, Arnaz and Frawley
- 38 Branch
- 39 Dine
- 40 Larynx output
- 43 Surpasses
- 47 "My bad"
- 49 By word of mouth
- 50 Night light?
- 51 Atmosphere
- 52 Loosen
- 53 Paquin or Quindlen
- 54 Final (Abbr.)

1	2	3	4	5	6	7	8	9	10	11
12				13			14			
15				16		17				
18				19			20			
21				22						
23	24	25			26			27	28	29
30				31				32		
33			34	35			36	37		
38						39				
40	41	42			43			44	45	46
47					48			49		
50					51			52		
53					54			55		

**DOWN**

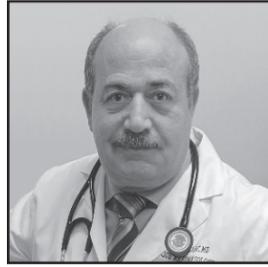
- 1 Land measure
- 2 Sauce thickener
- 3 Stylish
- 4 Sweethearts
- 5 Klutzy
- 6 Adjoining
- 7 Leno's network
- 8 "Is that so?"
- 9 Eye part
- 10 Landlord's due
- 11 Garb
- 17 Sporty Camaro
- 19 Emeritus (Abbr.)
- 22 Chopper
- 23 "See ya"
- 24 Bagel topping
- 25 Anti-apartheid org.
- 26 Shade source
- 27 Samovar
- 28 "What's up, —?"
- 29 Ram's mate
- 31 Intent
- 34 Gap
- 35 War god
- 36 Carpet cleaner, for short
- 37 Went to a restaurant
- 39 Put forth, as energy
- 40 — cava
- 41 The yoke's on them
- 42 PC picture
- 43 Painter Nolde
- 44 Sea eagle
- 45 June honorees
- 46 Coin aperture
- 48 Water (Fr.)

© 2020 King Features Synd., Inc.

© 2020 King Features Synd., Inc. Crossword Answers on Pg. 24

## DUBUQUE RHEUMATOLOGY

2140 JFK Road, Suite B, Dubuque



George B. Isaac, MD

**George B. Isaac, MD**  
Board Certified Rheumatologist

**Specializing in:**

- Osteoarthritis • Fibromyalgia
- Rheumatoid Arthritis • Lupus
- Joint pain – Muscle pain

**Also providing care in the following locations:**  
Independence – Maquoketa  
in addition to Dubuque

**For appointments please call (563) 583-4848**  
Email: [dbqrheum@gmail.com](mailto:dbqrheum@gmail.com) [www.dubuquerheumatologypc.com](http://www.dubuquerheumatologypc.com)

**Independence Without All The Upkeep!**



**Call for a Tour Today**

### Sunset Park Place Retirement Community

- Apartments with Kitchens & Walk-In Showers
- Housekeeping, Laundry, and Restaurant Style Meals
- All Utilities plus Basic Cable
- Emergency Pendant Call System
- Full Time Registered Nurse and 24 Hour Staff
- Transportation, Life Enrichment Programming
- NO Community Fee or Long Term Lease

**Independent & Assisted Apartments**

3730 Pennsylvania Ave., Dubuque, IA 563.583.7939  
[www.sunsetparkplace.net](http://www.sunsetparkplace.net)



**Be sure to check the website**  
**TheGoldenViewOnline.com**



### Fostering a Pet vs. Adopting

**DEAR PAW'S CORNER:** What is the difference between pet adoption and fostering? — *Jess in Knoxville*

**DEAR JESS:** An adopted pet is going to his or her forever home, a successful story every animal shelter wants to see replay again and again. But many pets aren't quite ready to be adopted. They may be too young. They may be recovering from abuse and injuries. They may need to be observed to figure out what home environment is best for them.

Sometimes, a shelter runs out of space. And some rescue organizations don't have shelter facilities at all. In all these

circumstances, this is where foster families come into play.

A foster is a temporary arrangement, either for a predetermined amount of time or until a pet is adopted. Rather than being stuck in a chilly kennel with little interaction, a foster pet stays in a warm, loving home — an arrangement that vastly reduces their stress and helps them heal.

Some pets are never ready for adoption and remain a foster for the rest of their life. Others are adopted by the foster family if approved by the rescue organization.

Caring for a foster pet takes dedication, and it helps to have experience caring for pets. If you're interested in being a foster parent to a pet, check with the local shelter or rescue group. They will have an application for you to fill out, and then will evaluate you and your living space to determine if you are a good fit for the foster program and which pets would do best in your care.

*Send your tips, questions or comments to [ask@pawscorner.com](mailto:ask@pawscorner.com).*

© 2020 King Features Synd., Inc.

## The Fuerste Eye Clinic

*specializing in state-of-the-art cataract surgery*

F. Hunter Fuerste,..... M.D.

C. Rommel Fuerste, .... M.D.

Juan C. Nieto,..... M.D.

Justin M. Risma, ..... M.D.

Tyler B. Risma, ..... M.D.

2140 JFK Road, Dubuque, IA — (563) 582-0769

[fuersteclinic.com](http://fuersteclinic.com)

## COLONIAL TERRACE ANIMAL HOSPITAL

**Committed to Providing Compassionate Veterinary Care**



- Digital Radiography
- Digital Dental X-Rays
- Internal Medicine
- Free Puppy Kindergarten
- Exotic Animal Care
- Soft Tissue and Orthopedic Surgery
- Ultrasound
- Surgery
- Boarding
- Wellness Health Care Plans
- Dog and Cat Grooming



For more information, visit or call us at:  
2777 University Ave., Dubuque, Iowa  
[www.colonialterraceanimalhospital.com](http://www.colonialterraceanimalhospital.com) 563-556-2667

**CRESTRIDGE INC. NURSING FACILITY**  
1015 Wesley Drive Maquoketa, Iowa 52060  
563-652-4967

30 minutes from Dubuque on Hwy 61

LONG TERM/SHORT TERM NURSING CARE/SKILLED CARE

RESPITE/HOSPICE

SECURE DEMENTIA UNITS – one unit for men only

## Bringing the Farm to you!

Dubuque Farmers Market  
Saturday Mornings 7 a.m. – Noon

Farm raised packaged cuts of beef & pork,  
Brown eggs and a variety of cheese and  
cheese spreads. Also, an ever changing  
selection of garden produce.

Early Riser Meat & Cheese  
Kristi's Perfect Produce

White trailer, middle of 13<sup>th</sup> street.  
Stop by often, the garden grows fast!



**COME CHAT**  
with **ME**  
by S. E. Persinger



Dear Reader of The Golden View. When I wrote my column for the June issue, I never dreamed that there would be a part two concerning COVID-19. And yet, due to a bout of Acute Asthmatic Bronchitis, I spent six days at Genesis East Hospital and then 13 days at ManorCare Health Services-Utica Ridge in Davenport. Both of these establishments are live star facilities.

I was taken to the hospital by ambulance and then admitted for care. Due to multi symptoms of the virus I was given the "test" but the results would not be in until the next day. I waited anxiously until I was told that the test was negative. After about six days I was to be discharged from the hospital but ManorCare requested that I be tested again before they would admit me to their care. Weil, this meant another day before the results came in. Again I waited for the results.

Fortunately, the "test" was negative. EUREKA! I went to ManorCare and now I am at home recovering with the care of the Visiting Nurses.

I would like to share with all of you the wonderful care I received from both of these places. The First Responders and all other staff worked under the challenge of wearing face shields, mask, gloves, and gowns whenever coming into my room. Everyone was kind and showed concern for my well-being. And I know there were others receiving the same treatment. Some of the nurses worked a twelve-hour shift. Others may have worked split shifts. I was amazed and pleased at how sanitary everything was kept.

As I kept getting better and better with the exercises I was doing I asked some of the people involved in my care how they were dealing with the pandemic virus at home and how their children were getting along without playing with their friends. Some parents were concerned with their children doing home work on the computer because after working long hours they didn't have time to help them very much. Others were concerned with the loneliness their children felt by being separated from their grandparents.

One nurse shared her dilemma with me concerning her parents. Her father at 80 had the virus and was at the hospital where she worked. He recovered as did her mother. But, she herself had lost nine pounds when she was hospitalized with the virus. She was back at work and was very kind and helpful while attending to my needs.

As I stay home and contemplate my future dealing with the virus, and present health conditions, I know my prayers will be for the development of a vaccine to conquer the virus germ, and my prayer for continued recovery of my health. I know that Jesus will answer both of these requests. "Amen."

## Tri-State Cremation Center, Inc.



"Where Honesty, Value & Service Meet"

131 Sinsinawa Ave. Suite 201 • East Dubuque, IL  
[www.tristatecremationcenter.com](http://www.tristatecremationcenter.com)



### \$1,800.00 Cremation Package includes:

- Direct cremation fees, funeral director and overhead
- Filing of death certificate with the state and Social Security
- Medical Examiner cremation permits
- Family cremation authorizations
- Assistance with making arrangements with your church, or another location for a visitation, memorial service, celebration of life, or private family service
- Assistance with the cemetery, military, florist, caterer and monument company
- Uniquely personal obituary composition
- Urn, register book and memorial envelopes

All arrangements can be made with our families right in the comfort of their own home.

Call Jason Schumacher @ (563) 663-1096

## Shady Rest Care Center

Proudly community owned & operated

"WE CARE FOR THE PEOPLE YOU LOVE"

**Shady Rest has all private rooms  
and are a CMS four star facility!**

**We provide:**

- skilled therapy
- memory care
- respite care
- outpatient therapy
- long term care
- all private rooms



Call (563) 852-3277 or visit [shadyrestcarecenter.com](http://shadyrestcarecenter.com)  
701 Johnson St. NW • Cascade, IA 52033

*We are not enemies, but friends.*

*We must not be enemies.*

*Though passion may have strained it  
must not break our bonds of affection.*

—Abraham Lincoln

## Americanisms



"There is no 'Republican', no  
'Democrat' on the Fourth of  
July — all are Americans."

—James Gillespie Blaine

**An Uplifting Moment**  
with **Rev. David J. Claassen**  
Visit me on the internet!  
[www.daveclaassen.com](http://www.daveclaassen.com)



**The Toothpaste Tube War**

I want to give up! I don't think I can squeeze any more toothpaste out of the tube. I try anyway, because I know my wife Diann wants me to do so. I squeeze with all my might and a small amount oozes out, but as soon as I release my two-handed grip to pick up my toothbrush, the toothpaste oozes back into the tube like some timid albino worm.

I know Diann can miraculously get another week's worth of toothpaste out of it. Fine, she can have at it; I'll start a new tube!

In our 47 years of marriage we've made peace about where to squeeze the toothpaste tube. I would squeeze it wherever, she insisted it be squeezed from the end. I've yielded to her way, though I still backslide and squeeze the middle on occasion. However, when it comes to finishing off a tube of

toothpaste, I stand my ground! Why she insists on getting another few days use out of it is beyond me.

By our 50th wedding anniversary I calculate she will have saved us maybe one tube's worth of toothpaste by attacking the crinkled tubes like a boa constrictor. Perhaps on our 50th wedding anniversary I'll give her a gift certificate for the one tube of toothpaste we've saved. Or maybe not. It could dampen the celebratory nature of the anniversary, you think?

I'm convinced marriage attracts opposites. I suspect that in many marriages there's one who is a bottom toothpaste tube squeezer and the other is a wherever-I-can-grasp-it-best squeezer. This is why marriage is all about compromise. We've compromised; I now squeeze the toothpaste tube from the bottom and she's willing to finish off each tube while I start another. It works for us.

How we deal with tubes of toothpaste is just the beginning of how to have a good marriage, or how to make good any other relationship. Many of the conflicts in relationships aren't really big deals. Our differences are often simply a difference of personalities or of preferences. One person sees details and

**An Uplifting Moment cont. Pg. 20**

**Hoffmann Schneider & Kitchen**  
**FUNERAL HOME**  
**CREMATION SERVICE**  
*A Dubuque Tradition Since 1846*





Adam and Theresa Thielen  
Jim and Sharon Schneider

**3860 Asbury Rd. • [www.hskfhcares.com](http://www.hskfhcares.com) • 563-582-5222**

**Clover Ridge Place**  
Assisted Living & Memory Care



*Where Beautiful Lives Blossom!*

Clover Ridge Place offers exceptional service, which is exactly what makes it perfect for you. Our commitment to creating a warm home for our residents, promoting each resident's individual lifestyle, and enhanced independence is second to none.

We want to make sure you feel at home when you live with us at Clover Ridge Place. Our Life Enrichment Program & living environment offers fun, engaging and purposeful activities and events. Stop in and join us for any of our events, and stay for lunch!

*Come, visit or make yourself at home with Clover Ridge Place!*

- ✓ Independent Living
- ✓ Assisted Living
- ✓ Closer & Memory Care
- ✓ Respite Care

205 Ehlers Lane, Maquoketa, IA  
Phone: 563-652-2125  
[www.cloverridgeplace.net](http://www.cloverridgeplace.net)

**BIBLE TRIVIA**  
by Wilson Casey

1. Is the book of Mark in the Old or New Testament or neither?
2. From Genesis 32, who was "greatly afraid and distressed" about a reunion with a brother he had wronged? *Joseph, Jacob, Esau, Peter*
3. In Numbers 20, who died on a mountaintop after being garment stripped?

- Moses, Abraham, Noah, Aaron*
4. What city was beat down and sowed with salt? *Shechem, Caesarea, Gaza, Berea*
  5. Who lost all his horse-drawn chariots in a sea? *Ornan, Balaam, Pharaoh, Benaiah*
  6. Where did Abraham meet angels? *River, Tent door, Juniper tree, Prison*

**ANSWERS**

- (1) New; (2) Jacob; (3) Aaron; (4) Shechem; (5) Pharaoh; (6) Tent door

*Comments? More Trivia? Gift ideas? Visit [www.TriviaGuy.com](http://www.TriviaGuy.com)*

© 2020 King Features Synd., Inc.

**THE ILLUSTRATED BIBLE**

*Do not let your adornment be merely outward – arranging the hair, wearing gold, or putting on fine apparel – rather let it be the hidden person of the heart, with the incorruptible beauty of a gentle and quiet spirit, which is very precious in the sight of God. 1 PETER 3:3,4*



Detail of "Lesende Frau" by August Macke (1913)

© 2020 by King Features Syndicate, Inc. World rights reserved.

**Your CTN Station**  
**Christian Television Network**  
KFXB-TV Dubuque Iowa




- Providing 24/7 Christian based programming, Spreading the Good News!
- Iowa's only Christian Television Station • Local Programmers
- KFXB-TV can be seen in the Tri-State Area on:  
Digital Antenna – Channel 43.1 • Mediacom Ch. 13  
Anywhere Live Stream at [www.kfxb.net](http://www.kfxb.net)
- CTN Satellite can be seen on Dish Ch. # 267, DirectTV Ch. # 376

744 MAIN STREET, DUBUQUE, IA 52001 • 563-690-1704 • [www.kfxb.net](http://www.kfxb.net)

**For Affordable Ad Rates, Call: 563-845-7586**



**SUNDAY: 4:30 – 8 P.M.**  
**TUES., WED., & THURS.: 4:30 – 8:30 P.M.**  
**FRI. & SAT.: 4:30 – 9:30 P.M.**

**Daily Specials**

- Sunday: Chicken & Ribs \$18.95
- Tuesday: All You Can Eat Shrimp \$19.95
- Wednesday: Rib Eye (14oz) \$21.50  
(16oz) \$22.95
- Thursday: 1/4 Broasted Chicken \$12.95  
1/2 Chicken \$14.50
- Friday: All You Can Eat Pike \$14.95
- Saturday: New York Strip (12oz) \$19.95

Visit us on Facebook

**608-748-4687**

3 miles N. of Iowa-Wisc. Bridge off Hwys 61 & 151 @ 1152 Badger Rd. Hazel Green, WI

**YESTERDAY AND TODAY**  
 BY MICHAEL GIBSON



This is the 300 block of 8th Street as seen in the late 1940s. In the far background is the Telegraph Herald office building at 8th & Bluff which was constructed in the 1930s. The building on the corner has a sign which reads "Economy Cleaners" which was at 351 8th St. and owned by Delbert Graves and Collings Sommerfield. Several apartments were located on the upper floor. The Tasty Sandwich Shop was located in the same building for a short period of time. Further down the street was the Radio Shop, owned by Herbert Jennes who had just relocated from Main Street to the 8th St. location around 1948. Here you could purchase a new Crosley or RCA Victor radio, but if you wanted a Philco or Zenith you would have to go to Renier's Music. (Photo courtesy of the Center for Dubuque History, MSL p77 Neg. 1760).

Yesterday & Today cont. Pg. 9

**DUBUQUE COMMUNITY SCHOOL DISTRICT**

**Food Service Substitutes Needed!**

Food and Nutrition Services has employment opportunities available for substitute food service workers across the district.

Applications available at:

**www.dbqschools.org** — Click 'Careers'

**AEO/AEE**



## 24-Hour Care

Home Health, Home Nursing  
and Home Services



Home Health Agency  
Home Nursing & Home Services Agency

815-777-2424  
563-588-2424

- Skilled Nursing
- Physical Therapists
- Occupational Therapists
- Dementia Care
- Home Services
- Home Health Aides

[www.24hourcarehha.com](http://www.24hourcarehha.com)

Medicare / Private Insurance / Veteran Services  
 Respite / Short & Long Term / Private Pay  
 Medicaid Waiver Services-Iowa only  
 (limited to Health and Disability & Elderly Waiver)

**Going Beyond What Others Provide**

Made with PosterMyWall.com



Michelle Bell,  
Social Security District Manager,  
Dubuque, Iowa



**Qualifying for Supplemental Security Income with Social Security**

We pay monthly Supplemental Security Income (SSI) to people with disabilities who have low income and few resources, and people who are age 65 or older without disabilities who meet the financial limits.

Income is money you receive, such as wages, Social Security benefits, and pensions. Income also includes things like food and shelter. The amount of income you can receive each month and still get SSI depends partly on where you live.

Resources are things you own, including real estate, bank accounts, cash, stocks, and bonds, which we count in deciding if you qualify for SSI. You may be able to get SSI if your resources are worth \$2,000 or less. A couple may be able to get SSI if they have resources worth \$3,000 or less. If you own property that you are trying to sell, you may be able to get SSI while trying to sell it.

Brief Ads \$20 per month    Call 563-845-7586  
 Three Months Paid in Advance



**JC's HOME IMPROVEMENT**

563.542.4168

Home Maintenance • Light Hauling • No Job Too Small



Egelhof, Siegert & Casper Westview

Funeral Home and Crematory

2659 JFK RD

563-556-0776    www.egelhofsiegertcasper.com

On-Site Crematory

KJ's TRAINS Ken Resch & Jim Brady

A Century of Experience Between Us  
In the great department store of life, trains are the toy department.

563-599-5831 • 563-588-1292

kresch831@mchsi.com • roadking4me2@gmail.com

We BUY and REPAIR Trains



Heavy Duty Industrial Railing Without the Industrial Price

• Feel safe with sturdy metal railings for Steps & Decks • Swimming Pool Fences • Metal Staircases • Driveway Gates • Aluminum & Stainless Steel Welding • Portable Welding Repair

SR Custom Metal Railing 563-252-3349

Stan Rodamaker • srcmrailings@alpinecom.net • Web: srcmrailings.com



**BURGER Shoe, Boot & Leather Repair**

RANDY BURGER

1340 DELHI ST. • DUBUQUE, IA • 563-588-0846

••• Buying All Antiques •••

TOYS, SIGNS, FURNITURE & ODDITIES

ANY CONDITION OR AMOUNT 319-270-1251

Yesterday & Today from Pg. 8

Michael Gibson has decided to take a hiatus from the Yesterday and Today feature. He has given permission to recycle previously published photos and captions for your enjoyment.



All of these buildings were demolished by the early 1960s as part of the early phases of the massive urban renewal movement. In 1964 the entire block became the home of the first public parking ramp in the city. (Photo by Terry Grant).

# VETERANS ★ POST ★

by Freddy Groves

## Homeless Veterans and the Coronavirus

A recent Department of Veterans Affairs press release describes a new initiative asking the public to “provide emergency relief and facilitate remote access to health care for Veterans who are homeless or at risk of homelessness during the COVID-19 pandemic.”

Specifically the VA is asking for non-perishables, cellphones and cash for security deposits.

Really?

Back in February, VA Secretary Robert Wilkie turned down money when asked if the

VA needed more to deal with the coronavirus problem. Yes, you read that right. He turned down money. Granted, in February maybe it wasn't clear to Wilkie just how bad it was going to get, but he assured those at the budget meeting that they were good to go because they train for emergencies.

A month later the VA had to get \$60 million in emergency help, followed by nearly \$20 billion a week later. That money was spread out over a long wish list, including IT, construction, mobile treatment ... and yes, homeless veterans.

On a given day, there are an estimated 100,000 homeless veterans on the street.

For those who are ready to whip out a credit card to help, go online to the eDonate site at [www.volunteer.va.gov/apps/VolunteerNow](http://www.volunteer.va.gov/apps/VolunteerNow). Find your state

Veterans Post cont. Pg. 18

**CLIP & SAVE 10% OFF \$20 Purchase with this Coupon**

Stop in or call to talk about your agricultural **CROP INPUT NEEDS**

Spring Fertilizers, Seed & Chemicals, Net Wrap

**WHITE FRONT FEED & SEED**

Ask about our **CUSTOM LAWN CARE PROGRAM!**

Premium Pet Foods **PRO PAC** Taste of the Wild

**All Natural Pet Treats**

\*Must present coupon at time of purchase. Must have original coupon from paper (no copies). Exp. 07/31/20

4290 Dodge Street, Dubuque, IA GV  
(563) 556-7575 • M-F 8am-5:30pm • Sat. 8am-1pm

## Eagle Pointe Place Offers Seniors Spacious Apartments, Chef-prepared Meals, and a Bunch of New Friends.



Experience an easier life at Dubuque's lovely independent and assisted living community – and enjoy lasting friendships.

Amenities include:

- Wellness activities
- Scheduled transportation
- Pet friendly
- Housekeeping and laundry
- Family-centered events
- Individualized care plans

We're ready to help during this difficult time.

Call 563-594-5401 today to learn more about our welcoming community.

Located near Asbury Road and NW Arterial in Dubuque

## Eagle Pointe Place

Senior Living



2700 Matthew John Drive [enlivant.com](http://enlivant.com)  
Dubuque, IA 52002  
563-594-5401



# Green Means Grow

GreenState has been recognized nationally for our aggressive yields on deposits.

## Maximizing Your Deposit Insurance Coverage

Coverage up to: \$250,000	Coverage up to: \$500,000	Coverage up to: \$750,000	Coverage up to: \$1,000,000	Coverage up to: \$2,250,000
Individual \$250,000	Joint Owner on an Account \$250,000	Individual Retirement Accounts \$250,000	Trustee Account with 1 Qualifying Beneficiary \$250,000	Trustee Account with 6 Qualifying Beneficiaries \$1,500,000
Individual \$250,000	Joint Owner on an Account \$250,000	Individual Retirement Accounts \$250,000	Individual Retirement Accounts \$250,000	Individual Retirement Accounts \$250,000
Individual \$250,000	Individual \$250,000	Individual \$250,000	Individual \$250,000	Individual \$250,000

## Check out our market leading specials!

### Certificates of Deposit

Lock away your money for a term and earn higher yields. Jumbo rates available for amounts over \$100,000. Terms from 3 to 60 months.

### Money Market Accounts

Tiered Rates Maximize Earnings. Access to Funds with No Penalty. A safe place to grow your money.



**GreenState**  
CREDIT UNION

Stop by a branch, call 563-235-2370, or visit [GreenState.org](http://GreenState.org).

Insured by NCUA



### Fertilizer from seaweed

Nutrients in seaweed stimulate beneficial bacteria in garden soil, making it rich and healthy. You may want to collect some from a seashore to add to your own garden, but please check first if it is legal in your area to do so. Some experts suggest rinsing it to remove the salt, but others argue that the salt is minimal, and rinsing the seaweed removes valuable nutrients. Once dried, seaweed can be put directly into your garden soil, or chopped up and sprinkled into your potted plants.

—Brenda Weaver

Source: [www.gardeningknowhow.com](http://www.gardeningknowhow.com)

© 2020 by King Features Syndicate, Inc. World rights reserved.

Have **THE GOLDEN VIEW** mailed directly to your home. 12 issues for just \$24.00.

Send check or money order to  
**THE GOLDEN VIEW**  
 PO Box 661  
 Dubuque, IA 52004

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

**Advertising Pays**  
**Call 563-845-7586**  
**For ad Rates**

## Plant Talk

by Ken Resch



### Remnant Prairies: Nature's Last Stand

As I've stated many times, our house in Asbury has a property that slopes down to a city-owned flood plain. There will never be houses down in that valley because water flows through it—at least during normal years of average rain. The fact there is a flood plain and valley behind our house was a key reason we bought it. I've planted, at my own expense, many shrubs, and flowers on this city property to both enhance the area and attract wildlife. In 20 years I've been successful, and the area is a gentle respite to the hectic life above the plain.

In similar fashion there are other areas in Dubuque that offer calm respites from the noise of the city. The Bee Branch Project is an excellent example of creating an inviting area to walk or bike through and one can see native plants taking hold in several areas of the extensive project. One of those areas is on 32nd Street near Central, where you'll find native plants abounding and surrounding a retention area for storm water run-off. There

are paved walks and benches so visitors can linger and watch the wildlife that has taken up residency in the area.

Another area that amazed me on a recent visit is a remnant prairie situated right in the city of Dubuque. Unlike the prairie associated with the Mines of Spain or E.B. Lyons, this remnant of a prairie that was present 5,000 years ago is situated right in the middle of developed land. When I visited, I looked through a window of time back to what the settlers who came to the Dubuqueland area walked through as they searched for areas upon which to build homes and future businesses. Herein lies our problem.

This small bit of untouched prairie could be in jeopardy because pieces of it are privately owned and those owners could build houses on it—especially since the view is spectacular. Unlike my flood plain area, this remnant prairie is prime land for housing and thus I remain vague about its exact location. On this patch of prairie are rare plants like the Prairie Shooting Star along with Leadplant and a variety of short native grasses. Ironically, what keeps this prairie “alive” are the frequent fires that occur because of teens smoking or small bonfires that get out of control and inadvertently setting the prairie afire. Sadly, there are also several invasive plants like the Buckthorn and efforts to keep it in check by the Iowa Conservancy group's work with removal of the shrubs are having some success.

On the other hand, a prairie worth a visit is the 23-acre Pohlman Prairie Preserve located adjacent to Highway 3 & 52 just south of Durango. Once you park near the highway it's a bit of a steep trail that leads up to a limestone bluff. Switchbacks make the climb manageable and worth the effort. This is a “goat prairie” because it was reachable only by grazing animals and not plows—thus it remains. This prairie blooms throughout the summer and in the fall comes the beautiful lavender colored Cylindrical Blazing Stars.

We must appreciate these prairie lands and other pockets of natural beauty in our area. Development need not encroach upon the remnants of prairies simply because the view is beautiful. I urge owners of these bits of land to consider giving (or selling at a reasonable amount) the land to the Conservancy for protection. Once these lands are developed, they're gone forever. It is up to all of us to care about the land and to realize we are inextricably connected to our earth and that we must make every effort to maintain the delicate balance we have with the web of life of which we are a part.

## LUTHERMANOR COMMUNITIES

Enriching lives through a continuum of quality services guided by Christian love and compassion.



Courtyard

### Enjoy an Independent Lifestyle in our Well Appointed Apartments

- Beautiful Quiet Courtyard Setting
- Affordable • Quaint & Cozy
- Centrally Located to Shopping, Drug Stores, Financial Institutions & Other Amenities!

**Immediate Availability**

**For More Information  
Call Wendy at 563-588-1145.**



Gathering Area



Library



Dining Room



Community Room



Community Room

[www.LutherManor.com](http://www.LutherManor.com)

## Dupaco Community Credit Union Plans Branch Expansion in Platteville



PLATTEVILLE, Iowa—Dupaco Community Credit Union plans to remodel and expand its current building to create a more dynamic area for Dupaco employees to engage with members. The current 3,958 square foot building will be doubling its original footprint to 7,624 square feet after the expansion is complete. The new retail space is expected to be completed in mid-2021.

The expanded branch will deploy a service delivery technology featuring live video tellers which allows live tellers to conduct real-time, face-to-face video transactions from a distance. Dupaco employees located at a central location in Dubuque will remotely operate the Platteville lobby and drive-through video teller machines.

The video teller technology is intended to boost the credit union's mission to improve each member's financial position, according to Dupaco Chief Marketing Officer David Klavitter.

"Live video tellers will give members more access to Dupaco branch employees in order to have deeper conversations about money, products, and services," he said. "We also expect the video tellers to increase future opportunities for member convenience—to serve more members, in more places, with expanded hours of service."

Full-service Dupaco branches are primarily designed to help members understand money and improve their financial positions. Some back-office support employees are

also expected to occupy the updated Platteville space.

In addition to the live video teller technology, the newly expanded Platteville branch will feature:

- A large interactive touchscreen, giving members financial education and tips in a fun, new way;
- Built-in electronic wall displays to aid in consultations about money; and
- Signage and lighting which use LED illumination to conserve energy and reduce electricity costs by more than 35% annually.

Construction began on Monday, June 8, 2020. Dupaco's Platteville branch lobby will remain closed during construction and members will be directed through the drive-up for cash transactions. A temporary building, located next to the current Dupaco branch, will be available for appointments like loan closings, account openings and other face-to-face member services until the lobby reopens later this summer.

### About Dupaco Community Credit Union:

*Dupaco Community Credit Union is a not-for-profit, member-owned financial cooperative. It is dedicated to the financial sustainability of its members, and specializes in customized financial counseling, money advice and education. It offers savings, loans, investments, insurance and wealth management products for individuals and businesses. Dupaco serves residents in 108 counties throughout Iowa, northwest Illinois and southwest Wisconsin. Chartered in 1948, membership totals more than 129,000 with assets exceeding \$2 billion. Visit Dupaco at [www.dupaco.com](http://www.dupaco.com).*

# GUARANTEED Life Insurance up to \$15,000.00

Cash to help pay your funeral, medical bills or other final expenses.

Modified Whole Life Insurance from Physicians Life Insurance Company

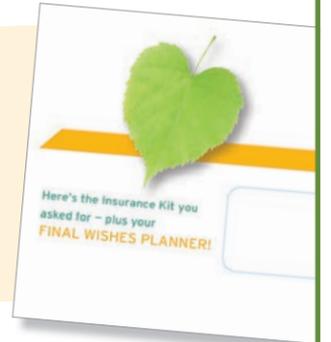
- Guaranteed acceptance ages 45 to 85\*
- No medical exam, no health questions
- Lock in your rate for life

Call for your FREE Information Kit

**1-866-320-6403**

or go to [life55plus.info/golden](http://life55plus.info/golden)

► Plus – you'll also get a **FREE Final Wishes Planner!**



\*Ages may vary by state. Guaranteed for one of these life insurance policies. 6236 Benefits reduced first two years. Insurance Policy L770 (ID: L770ID; OK: L770OK; TN: L770TN).

## LeafFilter GUTTER PROTECTION

### CLOG-FREE GUTTERS OR YOUR MONEY BACK GUARANTEED!

BEFORE LeafFilter      AFTER LeafFilter

15% OFF

YOUR ENTIRE LEAFFILTER PURCHASE\*  
Exclusive Offer - Redeem By Phone Today!

ADDITIONALLY

10% OFF SENIOR & MILITARY DISCOUNTS

MADE IN THE USA

PLUS!

THE FIRST 50 CALLERS WILL RECEIVE AN ADDITIONAL

5% OFF\*\*

YOUR ENTIRE INSTALL!

\*\*Offer valid at estimate only

FINANCING THAT FITS YOUR BUDGET!

\*Subject to credit approval. Call for details.

CALL US TODAY FOR A FREE ESTIMATE

1-833-520-3719

Promo Code: 285

Mon-Thurs: 8am-11pm, Fri-Sat: 8am-5pm, Sun: 2pm-8pm EST

\*The leading consumer reporting agency conducted a 16 month outdoor test of gutter guards in 2010 and recognized LeafFilter as the "#1 rated professionally installed gutter guard system in America." CSLB# 1035795 DOPL #10783658-5501 License# 7656 License# 50145 License# 41354 License# 99338 License# 128344 License# 218294 License# 603 233 977 License# 2102212986 License# 2106212946 License# 2705132153A License# LEAFFNW822JZ License# WW056912 License# WC-29998-H17 Nassau HIC License# HD1067000 Registration# 176447 Registration# HIC.0649905 Registration# C127229 Registration# C127230 Registration# 366920918 Registration# PC6475 Registration# 1R731804 Registration# 13VH09953900 Registration# PA069383 Suffolk HIC License# 52229-H

# How Does a Story Bring People Together?

**At Oak Park® Place, a community of friends brings opportunities to share life experiences, meet new friends and rediscover joys.**

Our assisted living and specialized memory care communities offer Independence When You Want It, Assistance When You Need It®. We help ease the strain that activities of daily living can bring—freeing you up to remember past experiences and create new memories.

Call (563) 585-4900 or visit [oakparkplace.com](http://oakparkplace.com)  
to learn more about assisted living and specialized memory care services at Oak Park® Place.



Oak Park  
place

DUBUQUE

1381 Oak Park Place  
Dubuque, IA 52002  
(563) 585-4900

[www.oakparkplace.com](http://www.oakparkplace.com)



*In the midst of this challenging time,  
your generosity is appreciated.*

## Because of you... The Story Continues

Stonehill is expanding to provide Assisted Living Memory Care. This is only possible because of the incredible support of local donors and businesses. Your help is needed to raise the remaining \$700,000 toward our \$3 million goal.



This expansion will help meet the need for additional memory care services in the tri-state area. Construction is expected to be complete in early 2021.



*Want to be a part of helping families  
who need memory care services?*

*Learn more and make your  
gift or pledge online at*

*[www.stonehilldbq.com/embracingcommunity](http://www.stonehilldbq.com/embracingcommunity)  
or call Amy at 563.690.9623*

563.557.7180 | [stonehilldbq.com](http://stonehilldbq.com) | [facebook.com/StonehillFranciscanServices](https://facebook.com/StonehillFranciscanServices)

*What kills a skunk is the publicity it gives itself.*

*—Abraham Lincoln*



**Kelsey Salow, RD**  
Human Sciences Specialist, Nutrition and Wellness

Delaware Co. Extension | PO Box 336 or 1417 N. Franklin Street,  
Manchester, IA 52057 • phone: 563.927.4201  
[ksalow@iastate.edu](mailto:ksalow@iastate.edu) • [www.extension.iastate.edu/humansciences](http://www.extension.iastate.edu/humansciences)  
Serving Benton, Delaware, Dubuque, Jackson, Jones and Linn counties

### Preserve Your Garden's Bounty

Preserving your garden's summer bounty is a great way to enjoy home-grown produce year round— as long as you don't serve foodborne illness, like botulism, with your home preserved foods. "Home food preservation is not difficult, but it does require following specific directions exactly," said Kelsey Salow, Iowa State University, Nutrition and Wellness Specialist. "Ignoring recommended procedures can result in home canned products that will make your family and friends very ill." At Iowa State University Extension and Outreach, we use the National Center for Home Food Preservation recipes and the USDA Complete Guide to Home Canning.

Before canning season sneaks up on us, now would be an ideal time to check your equipment and supplies. If you have a dial gauge pressure canner, it should be checked annually for accuracy. Call your local ISU Extension and Outreach office to schedule a time to have your dial gauge tested. The rubber gasket should be flexible and should not be cracked, brittle, or sticky.

Make sure any pipes and vent ports on the canner lid are clean. Check jars for cracks or chips and replace as needed. New flat lids should be used every year. Rings can be reused but need to be checked for rust or corrosion.

To help Iowans safely preserve foods, ISU Extension and Outreach is hosting a virtual Food Preservation 101 course. During this free, one-hour online course, nutrition and wellness specialists will:

- Discuss various food preservation techniques – pressure canning, hot water bath canning, dehydration and freezing;
- Provide science-based, reliable food preservation resources; and
- Answer general food preservation questions.

The online course will be hosted numerous dates and times between May and September. These are free to Iowans across the state. To register and view ISU Extension publications on preservation, go to <https://www.extension.iastate.edu/humansciences/preservation-101>

# We Have What You Are Looking For!

Call us today to learn about upcoming Summer openings



### Applewood I & II Senior Apartments

Dubuque, IA

**563-588-3693**

*At Applewood I & II,  
there are one & two  
bedroom apartment homes  
to choose from for those 55  
or older. The community is  
non-smoking.*



### Applewood III Senior Apartments

Dubuque, IA

**563-582-5334**

*At Applewood III  
there are one & two  
bedroom apartment homes  
for non-smokers 55 and  
older. Applewood III is a  
cat-friendly community.*



### Applewood IV Senior Apartments

Dubuque, IA

**563-543-0916**

*At Applewood IV  
there are one & two  
bedroom apartment homes  
for non-smokers 55 and  
older. Applewood IV is a  
cat-friendly community.*



### The Woodlands Senior Apartments

Dubuque, IA

**563-582-9818**

*The Woodlands offers  
one and two bedroom  
apartments for  
non-smokers 55 and  
older. The Woodlands is a  
cat-friendly community.*



[www.horizonseniorhousing.com](http://www.horizonseniorhousing.com)

Income restrictions apply.



**Pandemic Relief: Retirement Account Owners Do Not Have to Take Required Distributions in 2020**

*by Thad J. Murphy,  
Attorney with Pearson Bollman Law*

Retirement account owners do not have to take mandatory withdrawals this year.

Federal law requires individuals who were age 70 1/2 before the end of 2019 to take required minimum distributions (RMDs) from their retirement plan in April of the year after they turned 70. The RMD amount is based on the account's value at the end of the previous year, and is treated as taxable income in the year received.

The pandemic caused a tumbling market, impacting our retirement savings. RMDs in 2020 would be based on the account value at the end of 2019, when balances were likely higher.

Recognizing this, the CARES Act waives the requirement that individuals take RMDs from their non-Roth IRAs and 401(k)s in 2020. This includes any 2019 distributions that would otherwise have to be taken in 2020. The waiver applies to individuals taking RMDs from their personal accounts and to those who have inherited retirement accounts.

It is generally advised to



*Thad J. Murphy of Pearson Bollman Law*

avoid RMDs, if possible, because leaving the money in the account allows it to grow tax-deferred, and because of the potential taxable impact. However, there are circumstances where an RMD is necessary, e.g., the money is needed to live on. Additionally, if you are currently in lower tax bracket, but expect your tax bracket to increase, it might make sense to take an RMD now so as to pay tax at the lower rate.

If you already took an RMD, you may have the option to return it. Typically, RMDs cannot be rolled over into another account; however, because the CARES Act waived RMDs, they are currently considered voluntary

distributions. Thus, RMDs can be redeposited or rolled over into a new retirement account (e.g., a Roth account) within 60 days. The IRS will waive the 60-day rule if you took an RMD between February 1 and May 15, so long as it is rolled over by July 15, 2020. The rollover can occur once per year.

*Thad J. Murphy is an attorney in the Dubuque office of Pearson Bollman Law, located at 1635 Associates Drive, Suite 103, Dubuque. The attorneys at Pearson Bollman Law practice in the areas of estate planning, probate/trust administration,*

*special needs trusts, and elder law, which includes Medicaid and VA Pension Planning. If you have any questions or would like to register for one of our free workshops on estate planning, asset protection and elder law, please feel free to contact Thad Murphy at (563) 265-6971 or visit [pearsonbollmanlaw.com](http://pearsonbollmanlaw.com) and select "Events." In these uncertain times, it is now more important than ever to have an estate plan that gives you and your family peace of mind. We are continuing to serve our clients by video conferencing or telephone meetings. In person meetings are not required.*

**Rehabilitation services**      **Long term care**  
**Hospice care**                      **Skilled nursing care**

[careinitiatives.org](http://careinitiatives.org)  
2935 Kaufmann Avenue | 563.556.0673



**Our Practice Areas Include:**

- Estate Planning
- Wills
- Trusts
- Probate / Trust Administration
- Elder Law
- Medicaid Planning
- VA Pension Planning
- Guardianship / Conservatorship
- Special Needs Trusts
- Litigation

**Serving Dubuque and the Surrounding Area**



PEARSON BOLLMAN LAW

**Peace of mind.**

We help families plan for life, deal with death, preserve wealth and protect inheritances. Our clients engage us when planning for the two most important aspects of their lives:

*Everything they own and everyone they love.*

In these uncertain times, it is now more important than ever to have an estate plan that gives you and your family peace of mind.

Please visit our website to learn more about Pearson Bollman Law and to register for our Free Workshops.

[www.pearsonbollmanlaw.com](http://www.pearsonbollmanlaw.com)

**FREE INITIAL CONSULTATION**

*Please call us at 563-265-6971*

**Retired and Senior Volunteer Program**



**Connecting Seniors 55 or better to Volunteer opportunities in Dubuque County.**

**Our stations need volunteers.**

DuRide, Home Delivered Meals, Dubuque Arboretum, Mines of Spain, and Dubuque Food Pantry all have immediate openings.

Contact our office at

**563-589-2622** to start volunteering.

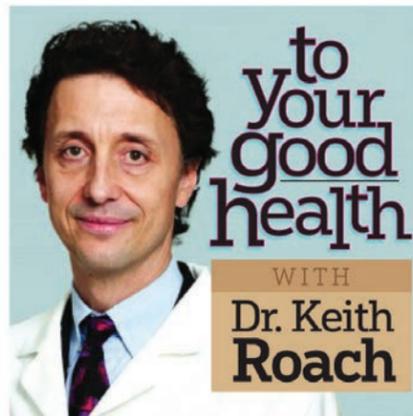
**“Nobody can do everything but everybody can do something.”**

*Author Unknown*

Sponsored by  
UnityPoint Health Finley Hospital



*I have stepped out upon this platform that I may see you and that you may see me, and in the arrangement I have the best of the bargain.*  
—Abraham Lincoln



**Rare Disease Causes Hard-to-Diagnose Rash**

**DEAR DR. ROACH:** My daughter was diagnosed with lymphomatoid papulosis. It's not a bad case, but it's enough to make me worry. I know it's rare for this to turn into cancer, but there is always a chance. Doctors often misdiagnose it, but thankfully I have the best pathologist in the world. My daughter is being treated with UVB light, which worked in the past, but now is not helping. I don't want to do methotrexate. I worry about every dot that pops up on her, and if it doesn't go away, I think the worst. — *M.W.M.*

**ANSWER:** Lymphomatoid papulosis is a rare disease, most common in people in their 40s, but can happen in children and older adults as well. The cause is unknown, and although a virus is suspected, it hasn't been found. It is not contagious.

The rash of LyP is not specific and needs to be confirmed through biopsy. Spots are relatively large (but less than an inch), and usually red but with a white center that can turn black. The rash comes and goes. A skilled pathologist in combination with an experienced dermatologist is necessary to make the diagnosis.

Adults are treated with methotrexate if the lesions are in a cosmetically important area, especially the face. UVA

light is better studied than UVB light, especially in children, but an expert would be the most appropriate to recommend the best treatment.

Your concern about cancer is understandable. Rates of associated cancer — specifically, lymphoma, a blood and bone marrow cancer — have been reported in 5% to 50% of people with LyP. Unfortunately, apart from people with a specific gene rearrangement, there's no way yet known to predict who is likely to get lymphoma nor any way of preventing it. She will need to be vigilant. Fortunately, the lymphomas, if they do develop, are usually effectively treated.

**DEAR DR. ROACH:** I recently opened up some stored tuna that my son had saved for me. He loves to hunt his own food. When I ate it, I realized that when he had gone to Alaska, he had not only hunted tuna but also black bear. He had used the black bear grease to cure the tuna. I was mortified that he had used a protected animal to preserve his tuna. I reluctantly ate it anyway. Now, I am worried about my health. Will anything happen to me health-wise because I have eaten the grease from a black bear from Alaska? The bear was wild, so could it have had a disease, like rabies? I'm sure it has never been vaccinated.

— *Anon.*  
**ANSWER:** Black bears are hunted in many states, and although it is regulated (you need a license) in Alaska, they are not a protected species under the Endangered Species Act. Black bears are hunted for both sport and meat. The major health risk from consuming bear meat is trichinella, a muscle parasite. The meat must be heated to a high temperature to be sure of killing the parasite. Grease from the bear should not have trichinella risk.

Another concern is rabies. Rabies is possible but rare in bears. I doubt it could be transmitted from grease, though, as rabies virus lives in nervous tissue, not fat.

*Dr. Roach regrets that he is unable to answer individual questions, but will incorporate them in the column whenever possible. Readers may email questions to [ToYourGoodHealth@med.cornell.edu](mailto:ToYourGoodHealth@med.cornell.edu).*

© 2020 North America Synd., Inc. All Rights Reserved

**Americanisms**



“By the time a man realizes that maybe his father was right, he has a son who thinks he's wrong.”  
— Charles Wadsworth

*Affordable support of independence.*



**Mt. Pleasant**  
— HOME —

1695 MT. PLEASANT ST., DUBUQUE 563.542.1590  
MtPleasantHome.org





**563-590-2749**

**Find Me On Facebook**

Chris Ross - Solo  
Criss Cross Computers  
Criss Cross Productions  
References available

**Criss Cross Computers**

Frustrated with your computer?  
Let Chris help!

- In home one-on-one training
- Computer or printer setup
- General computer help

**Chris Ross - Solo**

Chris plays guitar and sings your favorites!

- Music from 40s, 50s, 60s & more
- Available for anniversaries, parties, and more

**Criss Cross Productions**

Experienced DJ or Emcee




# KOVELS®

Antiques & Collecting

By Terry and Kim Kovel

## Lollipop Basket

Nantucket baskets have been popular purses and collectibles since the 1940s. The first baskets on Nantucket Island were made by the Wampanoag Indians, but they were not like the later Nantucket baskets.

The Nantucket Lightship Station was at Nantucket in 1854 and had a crew of six. A lightship is a substitute for a lighthouse in waters that can't hold a lighthouse because of the depth or the rough water. The crew worked 30 days at a time with little to do. So, some started making baskets. The first basket was made by Capt. Charles Ray. The wooden parts were made on land, carried to the ships and used to make the woven baskets.

The government made them stop basket making while on duty in 1900, but baskets were still made on the island. Purses were made by 1900, and in the 1940s, friendship baskets were made. New ones today sell for \$500 to thousands of dollars. One very rare type is the lollipop basket. The top rim has round pieces that look like little lollipops. They have had auction estimates at \$40,000 to \$60,000. They are very difficult to make.

...

**Q:** I almost bought a strange piece of gold jewelry that had a picture of an eye and no other decoration in the frame. The antique 18th-century pin was gold with a border of pearls and blue enamel, and it was in an auction estimated at over \$2,000. Why just an eye?



*This rare double lollipop basket was made in the early 20th century. It is 4 1/2 inches high, 9 inches long and 8 1/4 inches wide with a swing handle.*

**A:** This type of pin is known as a "Lover's Eyes." They were exchanged by lovers and for other types of remembrance, including those lovers who had died. According to legend, it started in 1784 when the Prince of Wales fell in love at first sight with Maria Fitzherbert, a twice widowed commoner. The prince needed permission from his father to wed, so he proposed to Maria in a letter that mentioned he was sending an eye. It was a miniature of his eye painted by a famous miniaturist. She accepted the proposal. They were secretly married, and Maria later sent the prince an eye miniature for his birthday. It became a trend and similar eye jewelry was made into the 19th century.

The pin was worn in a secret, unseen place, like under a coat lapel. The pins were always miniatures in watercolor on ivory, vellum or gouaches. They were covered with glass. A few were made as pendants or rings. One expert says less than 1,000 still exist. Watch out for fakes made years ago.

...

### CURRENT PRICES

Bride's basket, satin glass, Kovels cont. Pg. 16



1. Which group released an album titled "You Can Tune a Piano, but You Can't Tuna Fish"?
2. Name the lead singer who was born Francesco Stephen Castelluccio.
3. Which Starship song was used as the theme in the 1987 film "Mannequin"?
4. Name the Beatles film that was originally titled "Eight Arms to Hold You."
5. Name the song that contains this lyric: "I want you girl but your wide-eyed innocence has really messed up my mind."

### Answers

1. REO Speedwagon, in 1978.

It was their first to break the Top 40 charts. Two singles from the album, "Time for Me to Fly" and "Roll With the Changes," became their signature songs.  
 2. Frankie Valli, of the Four Seasons. Valli decided on a singing career at the age of 7 after seeing Frank Sinatra perform in New York.  
 3. "Nothing's Gonna Stop Us Now," in 1986. The song got an Academy Award nomination for Best Original Song. Co-writer Albert Hammond wrote it about his long-delayed marriage to his girlfriend.  
 4. "Help!" in 1965.  
 5. "Come Back When You Grow Up, Girl," by Bobby Vee and The Strangers, in 1967. Vee, born Robert Thomas Velline, first found international fame with "Rubber Ball" in 1961.

# Mill Valley Care Center

## Keeping Families Close



- Rehabilitation and Therapy
- Respite and Short Term Care
- Long Term Care
- Adjacent to Sunrise Villa Assisted Living

1201 Park Street • Bellevue, Iowa

For more information see our website at

[MillValleyCareCenter.com](http://MillValleyCareCenter.com)

or call 563-872-5521 to arrange a visit

# Advertising Pays Call Bill Beutin 563-845-7586 For ad Rates

## World-Class Prosthetic & Orthotic Care Close to Home

- ❖ We specialize in providing solutions for both lower and upper extremity amputees and patients in need of orthotic bracing
- ❖ Office staffed **Every Day:** Monday - Friday, 8:00 am - 5:00 pm
- ❖ Locally owned and fully committed to Dubuque and the surrounding area for over 25 years



Pat McTaggart, CPO, LPO  
Certified Prosthetist  
Orthotist



Ken Horsfall, CPO, LPO  
Certified Prosthetist  
Orthotist

## Clark & Associates Prosthetics and Orthotics

With You Every Step Of The Way

[www.clarkpo.com](http://www.clarkpo.com)



1635 Associates Drive, Suite 104 • Phone: 563-556-5415

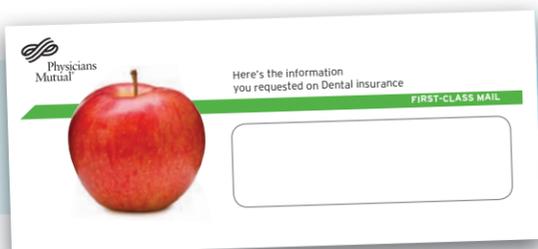
# Dental Insurance

Get the dental care you deserve with dental insurance from Physicians Mutual Insurance Company. It can help cover the services you're most likely to use -

- ✓  
Cleanings
- ✓  
X-rays
- ✓  
Fillings
- ✓  
Crowns
- ✓  
Dentures

- ◆ Preventive care starts right away
- ◆ Helps cover over 350 services
- ◆ Go to any dentist you want - but save more with one in our network
- ◆ No deductible, no annual maximum

Call today for all the details.  
**1-855-400-0218**



Call now to get this **FREE** Information Kit!  
[dental50plus.com/gold](http://dental50plus.com/gold)



Product not available in all states. Includes the Participating Providers and Preventive Benefits Rider. Acceptance guaranteed for one insurance policy/certificate of this type. Contact us for complete details about this insurance solicitation. This specific offer is not available in CO, NY; call 1-888-799-4433 or respond for similar offer. Certificate C250A (ID: C250E; PA: C2500); Insurance Policy P150 (GA: P150GA; NY: P150NY; OK: P150OK; TN: P150TN). Rider kinds B438/B439. 6154-0120



## Liz Lynch is back by popular demand.

The following stories were written by Liz at age 92 as she reminisced about the early days in her life.

A careful watch was needed for days as the mother hens often fought, pecking at each other to obtain leadership. They became weak after fighting as they lost so much blood. Baby chicks found water by having their beaks dipped into shallow pans of water and were fed fine corn meal and rolled oats. The mother hens were fed coarse corn and whole oats and given large containers of water. The mother hens scratched around finding seeds for food and called the chicks with a clucking voice to come and partake of worms or seeds. After three nights of returning the mothers and chicks to their coops they went to bed by themselves. The mother hen stretched her wings over them to keep them warm. The coops had to be closed securely as rats and wild animals could kill them.

A rainstorm in the daytime never prompted a mother hen to take her brood into the coop. She plopped herself down, spread her wings over her chicks just anywhere. Her body heat kept the chicks warm. If the chicks were in danger, like a hawk flew over them, the mother hen make a screeching noise, and the chicks laid flat on the ground until she signaled them to follow her. When the chicks were feathered and half grown, the mother hen sat on top of the coop all night as it was too warm inside and the chicks needed more room. The half-grown chickens were left on their own to care for themselves. The mother hen returned to the original chicken house to begin another cycle of laying eggs.

By the fall the pullets, young hens, were put in a separate house and fed 18% protein food to start the laying cycle.

The roosters were fattened with shelled corn and allowed to roam through the field to eat insects and grasshoppers. Six pound roosters made a fine roasting chicken which were in demand by the produce stations. They butchered them and sold them to the grocery stores. Chicken meat was a treat to us as salt pork meat was mostly used due to the fact salted pork needed no refrigeration.

The pullets started laying small eggs in September and continued laying until the weather was cold and snowy. By the following spring the heavy breeds of chickens; Rhode Island Reds, White Rocks and Plymouth Rock hens would continue the cycle of hatching and caring for the chickens.

Now, the chickens are bred to lay eggs daily and not hatch. High protein feeds are fed with fresh water available at all times in chicken waterer's. Artificial means of hatching must be used — incubators, brooder houses and brooder stoves would take the place of the mother hens.

The eggs were washed and placed in fifteen or thirty dozen egg cases and sold at the grocery store. The eggs and the grocery list was left at the store on the trip to town. The grocer candled and graded the eggs as to size, put the fillers and the groceries into your egg case. You then settled your bill as you returned from your shopping. Money from the eggs often covered the cost of coffee, tea, sugar and flavorings. The vegetables and meat were raised and cared for by the process of salting, canning and frying down. Nothing was wasted as life went on with monthly trips to town. We had everything we needed and were happy with it.

**Kovels from Pg. 15**  
blue, silver plate, Aurora, 10 inches, \$80.

Map, England, title cartouche, shield, acanthus, multicolor, Robert Morden, 1695, 14 1/2 x 16 3/4 inches, \$140.

Cash register, National, model 313, brass, drawer, scrolls, banners, c. 1920, 17 inches, \$360.

Cane, silver, monkeys, climbing, tree branch, wood, 35 x 4 inches, \$625.

**TIP:** Don't set a hot glass dish on a wet granite countertop. The sudden temperature change might crack the glass.

For more collecting news, tips and resources, visit [www.Kovels.com](http://www.Kovels.com)  
© 2020 King Features Synd., Inc.

**PERFECTLY TENDER & GUARANTEED DELICIOUS**



GET THE GRILLER'S BUNDLE  
**INTRODUCTORY PRICE: \$79<sup>99</sup>**

- 4 (5 oz.) Butcher's Cut Filet Mignon
  - 4 (4 oz.) Boneless Pork Chops
  - 4 (4 oz.) Omaha Steaks Burgers
  - 4 (3 oz.) Gourmet Jumbo Franks
  - 4 (2.8 oz.) Potatoes au Gratin
  - 4 (4 oz.) Caramel Apple Tartlets
  - Omaha Steaks Seasoning Packet
- \$224.94\* separately

+ 4 MORE BURGERS  
**FREE**



**20 MAIN COURSES + SIDES & DESSERT**

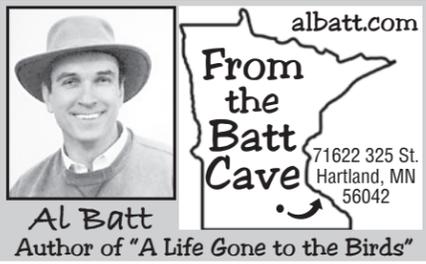
Order Now **1.844.562.1904** | [OmahaSteaks.com/family126](http://OmahaSteaks.com/family126)

Ask for the Griller's Bundle **63281BGF**



\*Savings shown over aggregated single item base price. Limit 2. Free burgers will be sent to each shipping address that includes (63281). Standard S&H added per address. Not valid with other offers. Expires 10/31/20. All purchases subject to Omaha Steaks, Inc. Terms of Use & Privacy Policy: [omahasteaks.com/terms-of-useOSI](http://omahasteaks.com/terms-of-useOSI) and [omahasteaks.com/info/privacy-policy](http://omahasteaks.com/info/privacy-policy) or call 1-800-228-9872. Photos exemplary of product advertised.

# Have a Happy and Safe 4th of July



**Having no fair seems unfair**

I was dead set against going. But now I want to go. The drive is a hassle. I don't eat enough deep-fried things on a stick to make the journey worthwhile. For those who do, I recommend eating the stick for the fiber. There are too many people there. A joke that's been around since before 1900, later credited to Yogi Berra, was, "Nobody goes there anymore. It's too crowded."

Yogi said he said that, but his wife told him he hadn't. As a long-married man, I'm astounded that a wife would contradict her loving man. I digress.

There are so many people there, but the odd thing is that I go there for the people.

I will not be borne up on the wings of the State Fair this year. It's been canceled. Many other options have been removed. I don't blame anyone for caking things off. I'll be another sailor weathering a heavy sea without fair weather on the horizon. To some, the best part of the Fair was when entering the gate. To others, the best was when leaving the gate. A few consider it a gas station restroom with livestock, but to most, it's terrific. The Minnesota State Fair is "The Great Minnesota Get-Together," except this year. It's the largest state fair in the U.S. by average daily attendance. Two million fairgoers stagger the grounds trying to find either an antacid stand or more room in a stomach while trying to remember where they'd parked their cars.

I like the Fair. It gives me plenty to like. I want to turn off the world and turn it back on again. Maybe rebooting would return things to normal. Whatever normal is.

I never say "ain't." My teachers saw to that, but it seemed right here. It's unfair, but the Fair ain't what it ain't. The Hall of Fame pitcher Dizzy Dean became a broadcaster and irritated some by saying "ain't" frequently. He responded with, "A lot of folks who ain't sayin' 'ain't,' ain't eatin'."

There aren't many Minnesotans who don't enjoy a Sweet Martha's cookie. We used to hold an annual meeting in a telephone booth.

We stopped when we couldn't find a phone booth. I've nothing against Sweet Martha. I don't like any kind of chocolate chip cookie. It's one of a multitude of my character flaws. I don't feel guilty as Sweet Martha does OK without my business. Another reason I don't care for Sweet Martha's Cookies is that I'm not that fond of standing in line. Oh, I've stood forever in a queue at the State Fair to buy chocolate-covered potato chips for my mother-in-law, but that's different. Sweet Martha's is popular beyond belief. Sweet Martha's sells a million cookies each day at the Fair. That sounds like a lot, but remember there are three locations on the fairgrounds. The enterprise goes through 54 tons of chocolate chips each year at the Fair. Sweet Martha's Cookies grosses \$4.73 million a year. For \$17 you get a pail of four dozen cookies. Sweet Martha's is a fine Minnesota business. The Minnesota State Fair is the only fair it can be found at and it employs a plethora of people. For those who need Sweet Martha's Cookies, the cookie dough can be found in grocery stores. But we don't need the fair pounds. We have sheltering-at-home pounds.

It's always uphill leaving the fair. Exhaustion makes me feel as if I'm climbing the high points in the township. I call them the Funny Mountains because they're hill areas.

I've worked at the State Fair many times; including a record-setting attendance day, which has since been surpassed. I've walked the grounds on muggy days, feeling like a walking compost pile. There are too many people there. Yet, I go for the people. It's fun seeing old friends, meeting new folks and people watching.

Nothing against the State Fair, but I prefer to spend my time at county fairs. I've been everything from a superintendent to a storyteller to a volunteer to a chainsaw juggler at fairs. I didn't really juggle chainsaws. I juggled popcorn boxes and blueberry malts. Small-town celebrations are wonderful. When I was twitterpated teen, I referred to them as "two sick chickens and a tractor that won't start." That was said in jest. I loved those gatherings and still do. Sadly, most of them have been canceled.

I recall a memorable day of B.B. King and Etta James in concert at the State Fair grandstand.

This year, the grandstand will be a homestand.

© Al Batt 2020

NOW AVAILABLE!

# TELEHEALTH

**Available For:**

- Therapy Services
- Specialty Clinic
- Physical, Occupational, & Speech
- Regional Family Health
- Senior Life Solutions

regmedctr.org/telehealth | 563-927-3232

## Ophthalmology, P.C.

**OUR FOCUS IS ON YOUR EYES**

**DR. BRYAN P. PECHOUS, M.D.**

- Board Certified Ophthalmologist
- No stitch, no patch cataract surgery
- Glaucoma and Diabetic Eye Care

300 N. Grandview • Dubuque, IA  
**563-588-4675**  
[www.ophthalmologypc.com](http://www.ophthalmologypc.com)

Welcoming new patients for routine eye care and for consultations for minor as well as major eye problems.

## Trivia test by Fifi Rodriguez

1. U.S. STATES: Bay Staters hail from which U.S. state?
2. GEOGRAPHY: What is the capital of Lebanon?
3. HISTORY: Which major World War II battle was known by the code name "Operation Detachment"?
4. MUSIC: Which rock group had a 1960s hit with the song "Incense and Peppermints"?
5. MEASUREMENTS: What does a chronometer measure?
6. ADVERTISING SLOGANS: Which automotive company had the slogan, "Quality is Job 1"?
7. MOVIES: Which movie won

- the 1991 Oscar for Best Picture?
8. SCIENCE: What kind of adaptation allows an organism to blend into its environment?
  9. LANGUAGE: What does the Latin phrase "amor vincit omnia" mean?
  10. TELEVISION: What is the capital of the Seven Kingdoms in "Game of Thrones"?

**Answers**

1. Massachusetts
2. Beirut
3. Invasion of Iwo Jima
4. Strawberry Alarm Clock
5. Time
6. Ford Motor Co.
7. "Dances With Wolves"
8. Camouflage
9. Love conquers all
10. King's Landing

© 2020 King Features Synd., Inc.

**For Affordable Ad Rates, Call Bill Beutin: 563-845-7586**



## DEMENTIA FRIENDLY COMMUNITY CORNER

This month our focus will be on Advance Directives. You may hear the term Living Will, which is synonymous to Advance Directive. Those caring for someone with dementia and those living with dementia need to learn about this process and come to an understanding and agreement prior to the dementia progressing to the point where clear decisions cannot be made.

Advance Directive is a group of written documents that have been completed and signed when the cognitive ability of the individual is still intact. They need to be able to understand their choices and be able to explain their medical wishes prior to an event happening. Advance Directives allows someone else to make medical treatment decisions on behalf of the person with dementia as their dementia progresses.

To begin this process please talk to your physician or an attorney. Both will have information on how to get started with your Advance Directive. There are resources to assist you through this process, making sure the documents are legal and agreed upon by both parties, most importantly, the person with dementia. Again, the key is to do this early on so you will be sure the decision making process is clear and feels right for all parties involved. This is a difficult conversation to begin but once the decisions are made and the advance directive is clear, it will bring peace of mind to all those involved.

Read our Dementia Friendly Corner next month for more terminology that may help you in your education on dementia.

*For information on additional resources, support groups or to become a Dementia Friendly Business, working toward a Dementia Friendly Community please contact Tracy at Bell Tower Retirement Community at 815.747.6701 or Jill at River Bend Retirement at 563.582.5001.*

Sponsored by

Bell Tower Retirement Community and River Bend Retirement Community  
815.747.6701 563.582.5001

## Memories Passed On (As told to my grandson Maury)

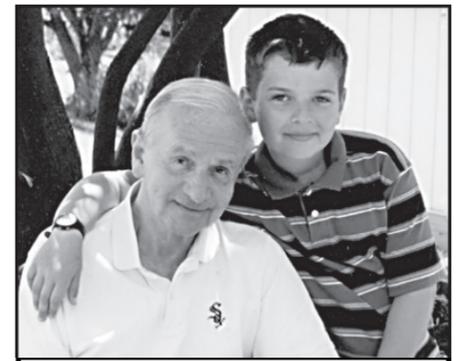
by Jerry Eberhardt (1924-2017)

*The Best Of Jerry  
originally published  
September 2011*

### “THANK YOU” to ALL my READERS!

Maury, this “#100 Non Memory” is special because it’s with a great and wonderful feeling that I dedicate this to all my readers. If it weren’t for them, and my wonderful publishers, Rudy and Joan Bellmann, there would be no Memories! It wasn’t until you were age six or seven that Grandpa started doing them on a regular monthly basis for “The Golden View.” And now you are fifteen!

Many times I am genuinely amazed, over the years, by the number of phone calls I receive because of them. Here’s only one example: A few years ago I did one of my Memories with the title “Buck Yelled Abie!” A brief synopsis is that Buck Herzog, a well-known Dubuque athlete, and I knew each other in high school. Sixty-four years ago he



Jerry Eberhardt with grandson, Maury Cohn

was responsible for arranging that I would come home from the service on the same Navy ship with him. That was the last time I saw or heard from him until he telephoned me from his home in Wisconsin only two years ago because his niece, who lives in Dubuque, sent him “The Golden View” article! Needless to say we had a happy reunion on the telephone!

What keeps me going, Maury, is you and all your great cousins plus the responsiveness of the vast readership of “The Golden View!”

Much love, Grandpa

### Veterans Post from Pg. 9

and the facility you’d like to support. Be sure to include a note that says you want the money to go to support homeless veterans.

If you want to donate household supplies to help get a veteran set up in living accommodations, or a cell phone, contact the Voluntary Service office at the VA closest to you. To find it, go here: [www.volunteer.va.gov/directory/index.asp](http://www.volunteer.va.gov/directory/index.asp).

[www.volunteer.va.gov/directory/index.asp](http://www.volunteer.va.gov/directory/index.asp).

And yes, I did donate a hefty amount to the eDonate site. After all, it’s for our homeless brothers and sisters. But I still want to know why Wilkie turned down that money. On the day he said that, there already were 80,000 cases of coronavirus around the world and in six U.S. states. Everyone knew what was coming.

© 2020 King Features Synd., Inc.



by Ryan A. Berenz

1. In 1982, the California Angels retired No. 26 in honor of the Major League Baseball franchise’s first owner. Who was he?
2. In Super Bowl XXVII, the Dallas Cowboys’ Leon Lett was enroute to a fumble return touchdown, but he had the ball swatted away before he crossed the goal line, resulting in a touchback. What speedy Buffalo Bills receiver forced Lett’s fumble?
3. In the final round of the 1995 Open Championship, what Italian golfer sunk a 60-foot putt on the 18th hole to force

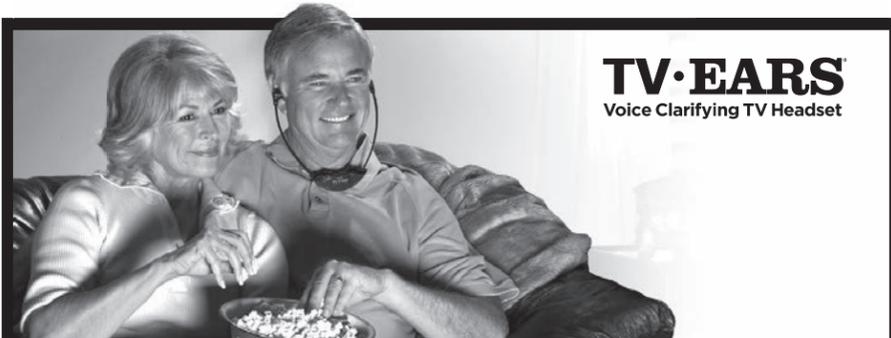
a playoff with eventual winner John Daly?

4. In what team sport would you find two “bails” balanced atop three stumps?
5. How many home runs did Jose Canseco’s identical twin brother, Ozzie, hit during his 24 Major League Baseball game appearances?
6. Syracuse University basketball standout Rony Seikaly was the first draft pick ever selected by what NBA expansion team in 1988?
7. In 1999, the New Orleans Saints traded eight draft picks to the Washington Redskins in order to select what Heisman Trophy winner from the University of Texas?

### Answers

1. Gene Autry.
2. Don Bebe.
3. Costantino Rocca.
4. Cricket.
5. Zero.
6. The Miami Heat.
7. Ricky Williams.

© 2020 King Features Synd., Inc.



**Put on your TV-Ears®**  
and hear TV with unmatched clarity

A powerful hearing aid  
for television since 1998

Over 2 million  
satisfied customers

TV-Ears Original™

~~\$129.95~~

NEW SPECIAL OFFER

NOW \$59.95

+s&h  
Use promo code MB59  
30-day risk free trial

Call 1-866-881-9071

M-F 6 am – 6 pm PST





# SPORTS COMMENT

by Gary Dolphin

Voice of the Iowa Hawkeyes

## From Where I Sit

This is a calendar year unlike any we've experienced, regardless of age or generation. Pick a subject. Pandemic, racism, police brutality, record unemployment, stock market dive and rise and all sports professional and collegiate, wiped off the schedule. The latest punch in the gut are charges of racial disparity inside the Iowa football program. There isn't enough space in this article to address all of these subjects, so let me focus on the one I know best.

I've been around and involved with Hawkeye football for all of Coach Kirk Ferentz's twenty one years. I've attended hundreds of practices, been at the microphone for roughly two hundred fifty games, emceed all the football banquets and I-Club golf outings and interviewed hundreds of players, black and white. My conversations with coaches and players have always centered on last week's result and this week's opponent, scouting reports and injury updates. Never once did it dawn on me to ask an African American athlete if he felt he was being demeaned or suppressed in expressing himself regarding his culture or tradition. All I typically heard was how Iowa has been a great experience. Big Ten, big time program with great facilities, great fans and a wonderful education. Iowa IS all those things but

with hidden problems. Until now. Recently close to fifty current and former Hawkeyes have alleged racial disparities among other issues with Iowa football, many connected to the now departed strength and conditioning coach Chris Doyle.

Chris Doyle came to Iowa City with Kirk Ferentz. He's widely regarded as the best in the business at developing under-recruited players and transforming them into NFL 1st round draft picks. Many of whom become superstars. See Bob Sanders, Chad Greenway, Dallas Clark, Mike Daniels, Robert Gallery, Brandon Scherff and George Kittle. Ferentz gave Chris Doyle total autonomy over that weight room and training program. After review, Ferentz has admitted he had a blind spot with several areas of the program, perhaps too trusting and has vowed to be more open to his players and fix what's wrong going forward. I believe him. There is no one that deserves a chance to repair the damage done, more than Kirk Ferentz. He remains a class, quality individual whose charity and civic mindedness extends well beyond the public eye.

The conversations we are having at the University of Iowa are going on inside campuses all over this country. They should be happening in our living rooms as well.

## SENIOR NEWS LINE

by Matilda Charles

### Keep Your Spirits Up

Depending where we live, many of us are still in lockdown. Still, there are ways to keep our spirits up.

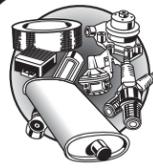
**Plants** can make all the difference in how we feel in our environment. Check your local nursery's website for small plants you can either have delivered or pick up at the curb. Some of the easiest to grow are pothos, spider plant and philodendron. Beware, however, if you have pets. Be sure you can either hang up your plant or put it up on a bookcase where the pet can't reach it.

**Books** we enjoyed a long time ago can take us back to a time and place that was calm and safe. Look on your own bookshelves or consider getting

an e-reader (look for my recent column on using a Kindle) if you don't want to take a chance going into your own library, assuming it's open.

**Baking** can fill the house with lovely smells. Since finding flour is impossible in many parts of the country, look online for hundreds of recipes that don't require flour. No-flour banana bread, flourless chocolate cake ... you can even make oatmeal muffins. Just be certain you can acquire all the ingredients before you set your heart on making a recipe.

**Zoom** is the online conference program that so many companies are using for business meetings. We can learn Zoom, too, and stay in touch with family and friends if we have a computer or device with a camera. Explore the basic free version of Zoom. You'll be limited to 40 minutes in group meetings, with no limit on one-to-one meetings. Your first step will be to read



## PRO CARE AUTOMOTIVE

Mon. - Thurs.  
8 a.m. - 6 p.m.  
Fri. 8 a.m. -  
5:30 p.m.

1020 Cedar Cross Road, Dubuque

ASE Certified Tech. Factory Trained & Certified

ONE-STOP SERVICE

QUALITY WORK AT A FAIR PRICE

- ☆ Fuel Injection & Carb Service
- ☆ Engine Repair & Replacement
- ☆ Running Boards-Accessories
- ☆ Exhaust Systems
- ☆ 4x4 Repair
- ☆ Air Conditioning
- ☆ Brake Service
- ☆ Trailer Hitches & Wiring
- ☆ Performance Accessories

Full Service Oil Change  
**\$3.00 Off**

July 31, 2020

Mon.- Thurs. 8 a.m.- 6 p.m.  
Fri. 8 a.m. - 5:30 p.m.

Shawn Sauser, Owner

**563-582-9858**

Ready to Mow means  
At-Home Maintenance for You  
without the Hassle of Pickup & Delivery!

## ROEDER OUTDOOR POWER

2580 Rockdale Rd.  
Dubuque, IA •  
Ph. (563) 556-2071

Website - www.lawnpower.com

800-942-4673

BUSINESS HOURS: MON-FRI 8-5, SAT 8-NOON



### Service Special



#### SILVER WALK MOWER PACKAGE

1. Sharpen & Balance Blades
2. Change Oil & Filter, if equipped
3. Clean Mower Deck

**\$69.95**

Includes labor & oil (oil filter if equipped). All other repair parts & additional labor extra.

#### SILVER TRACTOR PACKAGE

1. Sharpen & Balance Blades
2. Lube Oil & Filter
3. Clean Mower Deck (top & bottom)

**\$109<sup>95</sup>**

Includes labor & parts for Silver Package. All other repair parts & additional labor extra. Add a deck level for \$45.



#### GOLD WALK MOWER PACKAGE

1. Clean Mower Deck
2. Replace Air Filter
3. Replace Spark Plug
4. Grease All Fittings
5. Sharpen & Balance Blade(s)
6. Change Engine Oil (& filter if equipped)
7. Inspect All Belts
8. Check Safety System
9. Check Carburetor Settings
10. Test Overall Operation of Mower

**\$109<sup>95</sup> - \$119<sup>95</sup>**

dependent upon model  
Includes labor for inspection, oil & parts for Gold Package. All other repair parts & additional labor extra.

#### GOLD TRACTOR PACKAGE

1. Clean Mower Deck top & bottom
2. Replace Air Filter
3. Test Battery & Clean Terminals
4. Replace Spark Plug(s)
5. Change Engine Oil & Filter
6. Sharpen & Balance Blades
7. Inspect All Belts, Bearings, Spindles & Pulleys
8. Balance Tire Pressure & Level Mower Deck
9. Check Carburetor Settings
10. Check All Fluid Levels
11. Test Overall Operation & Safety System

**\$220 - \$270**

dependent upon model  
**Lawn or Garden Tractor**

Maintenance Available For All Makes

Swap Snow Equipment Available For Additional \$80 with tractor package Just Snow Equipment Swap \$114.95

You May Add A Deck Level To A Silver Package For \$45

Discount Available For Equipment Dropped Off At Roeder Outdoor Power Additional Charge For Service Outside Of Dubuque

Not valid with any other offers.

**For Affordable Ad Rates,  
Call: 563-845-7586**

online instructions and get comfortable with the steps to set up a connection. Your second step will be to tell family and friends you're ready to start Zooming!

**Pizza Ranch**  
**BUFFET NOW OPEN**

<p>EXPIRES 8/31/20</p> <p><b>Pizza Ranch</b></p> <p>CODE 55559</p> <p><b>Buy an Adult Buffet at regular price, get the 2nd for \$8.99</b></p> <p><small>Valid at Dubuque location only. Some restrictions may apply. Not valid in combination with any other discounts or offerings including Senior and Military discount. Void if posted on a third party website. Price is subject to change without notice.</small></p>	<p>EXPIRES 8/31/20</p> <p><b>Pizza Ranch</b></p> <p>CODE 55560</p> <p><b>\$1.50 OFF an Adult Buffet</b></p> <p>- LIMIT 2 -</p> <p><small>Valid at Dubuque location only. Some restrictions may apply. Not valid in combination with any other discounts or offerings including Senior and Military discount. Void if posted on a third party website. Price is subject to change without notice.</small></p>
<p>EXPIRES 8/31/20</p> <p><b>Pizza Ranch</b></p> <p>CODE 55561</p> <p><b>\$1.50 OFF an Adult Buffet</b></p> <p>- LIMIT 2 -</p> <p><small>Valid at Dubuque location only. Some restrictions may apply. Not valid in combination with any other discounts or offerings including Senior and Military discount. Void if posted on a third party website. Price is subject to change without notice.</small></p>	<p>EXPIRES 8/31/20</p> <p><b>Pizza Ranch</b></p> <p>CODE 55562</p> <p><b>Any 2 Large Pizza for \$20</b></p> <p><small>Valid at Dubuque location only. Some restrictions may apply. Additional \$2.00 charge for stuffed crust. Extra cheese is an additional charge. Price subject to change without notice. Not valid with any other offer, online ordering or with Gluten Free Crust. Delivery where available and charges may apply.</small></p>

**DUBUQUE • 2020 RADFORD ROAD • 563-556-4488**

KC1596 - 1907

**Radio**  
from the  
**20th Century**

by Bill Zwack

Singer Jane Powell is maybe not as well known for being a staple from the golden days of radio until you do some research into her show business career.

Born Suzanne Burce on April 1, 1920 in Portland, OR, she was the perennial teenage soprano who looked like the girl next door in some 20 films. She started out on a childrens program at age seven and was said to have a voice rated at the two-and-a-half octave range. An audition at radio station KOIN in Portland, arranged by her vocal teacher, landed her a program. She became one of the city's most tuned-in local performers.

During a visit to Los Angeles she and her parents got on *Hollywood Showcase*, a series for new talent. After her performance, talent scouts pursued her for the networks

and movies. She signed as Charlie McCarthy's girlfriend at NBC and for a studio build-up at MGM. The gifted 15 year old star-to-be was farmed out for the movie *Song of the Open Road* with W.C. Fields. The girl she played was called Jane Powell, and to her surprise, that became her professional name.

MGM made it clear that full time movie-making ruled out a weekly radio show. There would be guest shots on *Carnation Contented Hour* and *Harvest of Stars* and starring roles on *The Railroad Hour*. She once subbed as Judy for Louise Erickson on *A Date with Judy*, the title of her 1948 film in which she introduced *It's a Most Unusual Day*.

Join us on AM 1370 KDTH's *Big Broadcast* on Sunday nights from 6 to midnight and you may hear Jane's glorious voice.

being different.

We blow things out of proportion when we turn a personality characteristic or a preference into a principle. Principles help us see something as either right or wrong, whereas with personalities and preferences there is no right or wrong, just differences.

God's made us each unique. We acknowledge, accept and

celebrate what God has done in making each of us different when we cut each other some slack, show some grace, laugh over our differences, and come to appreciate those differences!

*"Love is patient and kind; love does not envy or boast; it is not arrogant or rude. It does not insist on its own way; it is not irritable or resentful."*  
1 Corinthians 13:4-5 ESV

An Uplifting Moment from Pg. 7 the other sees the big picture. One likes to relax by reading a book and the other by watching

TV. One is a people person and the other likes time away from people. It's not a matter of being right or wrong but of simply

**Down Memory Lane**

Exerpts From The Pages Of "The Avalon" A Newsletter Of The Dubuque Packing Company

Softball  
1953

Softball  
1953

**SOFTBALL**

Our Dubuque Packers — defending champions in the Industrial League — have made an impressive start in the local softball loop with three wins to their credit in as many contests this season. Manager "Duke" Defendi has most of his veterans back in the lineup and ace pitcher "Rich" Miller is again heading the pitching staff. The Packers are again competing in the Indy loop and play most of their games at the new Rafferty Stadium. They are one of the favorites for the 1953 crown in the fast Industrial league.



**PACKERS (above) Front Row: (left to right) Jim Welu, Bill Meyer, Buzzy Rupp, Richie Miller, Manager "Duke" Defendi, Maurie Conwell, Jerry Meyer. Back Row: Chuck Zillig, Clete Meyer, Maurie Reed, Emil Hoffman, Danny Keyes. Midge Delaney was not present for the picture.**

# HEALTH NEWS

## Three Ways To Relieve Arthritis Pain

by Dr. Bob Arnot

(NAPS)—Over the course of my career as a physician, chief medical correspondent and war correspondent, I've been exposed to a wide variety of pain management drugs and approaches. One thing I've seen is that the United States is much more reliant on taking pills for pain than the rest of the world, where topical analgesics, physical therapy and other approaches are more widely used.



*Aching joints and muscles can be treated in several ways that don't involve possibly dangerous drugs.*

other medical experts agree it's a safer approach.

Fortunately, if you are an arthritis sufferer and want effective relief, there are two topicals that are FDA approved the same way Ibuprofen, Naproxen Sodium and other prescription pain medicines have been through the demanding new drug application process. While both help relieve arthritis pain, it is important to know the differences between Salonpas Pain Relief Patch Large and Voltaren Arthritis Pain gel.

Salonpas Pain Relief Patch Large was the 1st topical approved by the FDA and provides relief for up to 12 hours. It begins to work in one hour and can provide clinically meaningful pain relief in the first day. Since it is a patch, the medicine is pre-measured and easy to apply. Not only does this patch help relieve arthritis pain, but it also works for back, muscle and joint pain as well.

On the other hand, Voltaren Arthritis Pain gel is not labeled for immediate relief and may



Dr. Bob Arnot

A problem with pills is that many of them come with side effects that can be severe, especially if the medications are used in greater quantities or for longer than they're supposed to be. That's one reason for back, muscle and joint pains, I believe it's best to start with topicals. What's more, the Centers for Disease Control, the American College of Rheumatology and

### One solution for oxygen at home, away, and for travel

**Introducing the INOGEN ONE**  
It's oxygen therapy on your terms



No more tanks to refill. No more deliveries. No more hassles with travel. The INOGEN ONE portable oxygen concentrator is designed to provide unparalleled freedom for oxygen therapy users. It's small, lightweight, clinically proven for stationary and portable use, during the day and at night, and can **go virtually anywhere — even on most airlines**. Inogen accepts Medicare and many private insurances!

**Reclaim Your Freedom And Independence NOW!**



Call Inogen Today To  
Request Your FREE Info Kit

**1-877-789-0337**



© 2020 Inogen, Inc. All rights reserved. MKT-P0108

## Advertising Pays

## Call 563-845-7586

## For Ad Rates

take up to 7 days to help achieve relief. To apply this gel, you must first measure out an amount based on a dosing card. Voltaren is effective for up to 6 hours and should only be used for arthritis pain.

In addition to topical relief, joint and muscle pain can be treated with physical therapy. It can keep stiff joints from getting stiffer, reduce strain on joints during daily activities and help you get back to normal life without pain or difficulty.

Also helpful are hot and cold compresses. Heat is good

for joint stiffness and cold compresses can ease joint pain. Just remember, don't apply heat to a joint that's already hot. If you feel a burning sensation in your joint, cool it with the cold compresses.

• Dr. Arnot is board certified in internal medicine and an award-winning journalist, author of twelve books on nutrition and health and host of the Dr. Danger reality TV series. You can find more helpful healthcare and pain relief information from Dr. Arnot at <https://us.hisamitsu/>.



# Happy Birthday

# AMERICA



Remember to be safe while celebrating this July 4th ★

<p><b>Cornellier Fireworks</b> Plaza 20 Dubuque, IA</p> <p><b>Come See Us!!</b></p>	<p><b>Abbadent Dental &amp; Implants</b> 3430 Dodge, Suite 21, DBQ, IA Ph: 563-556-8388</p>	<p><b>Jack's Chicken Palace</b> 1107 University Ave. Dubuque, Iowa 52001 Ph: 563-588-2003</p>	<p><b>Dubuque Sewing &amp; Vacuum</b> 3430 Dodge – Inn Plaza Dubuque, Iowa 52003 Ph: 563-588-1308</p>
<p><b>Fast Freddys</b> Karaoke - Thurs, Fri, Sat 3130 Jackson St. Dubuque, Iowa</p>	<p><b>Jerry's Pawn &amp; Jewelry</b> 16th &amp; Central Dubuque, Iowa 20% Military Discount Every Day</p>	<p><b>M-K Matic Transmission Co.</b> 840 Garfield Ave. Dubuque, IA 52001 Ph: 563-582-8386</p>	<p><b>Paul's Tavern</b> 176 Locust Street, Dubuque Best Burgers in Town Ph: 563-556-9944</p>



**The Calico Bean Market**  
Bulk Foods • Homemade Peanut Butter  
352 Bluff St. 563-557-8159  
[www.calicobeanmarket.com](http://www.calicobeanmarket.com)



**We Moved**

# EZSELLUSA

**Open in Downtown Galena**  
**201 North Commerce Street**  
**Larger Consignment Resale Center**  
**ebay Consignment Sales**  
**ESTATES ANTIQUES TREASURES**

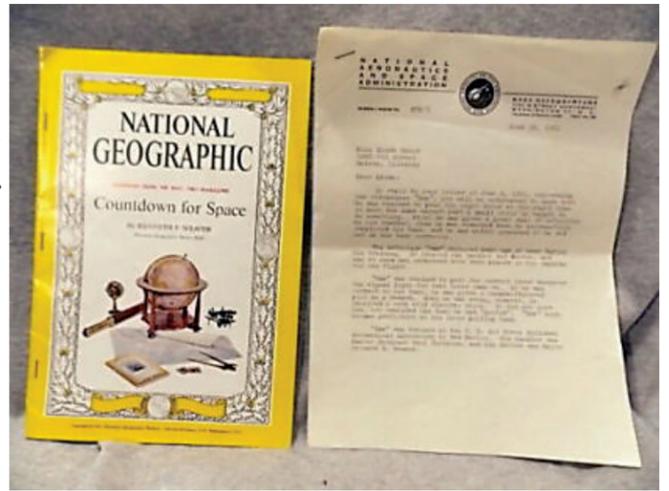
201 N. Commerce, Galena, IL 563-543-5201

## What's it WORTH on ebay™

If you have an item and you would like to know what it is worth, send digital pictures with a brief description to paulhconnor@gmail.com, or make an appointment to visit me at 201 North Commerce Street, Galena, IL. Be sure to check out our website at www.ezsellusa.com.

### Ham the Chimpanzee!

One day in 1961 an inquisitive 11-year-old wrote a letter to NASA asking about the training of "Ham" the first chimpanzee in space. She wanted to know about the training Ham received before is historic trip to space. This young lady received a written reply from the E. B. Parks, in the Office of Technical Information and Educational Programs. In addition, he sent a reprint of the National Geographic story "Countdown to Space."



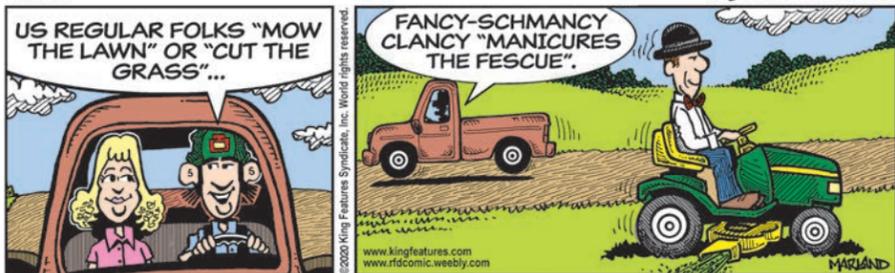
Recently as we decluttered for this now Grandmother of nine,

we found the correspondence she had received from NASA, June of 1961. Looking for value for this client we posted the items on eBay and found a willing buyer at \$78.35. Not bad return for a little time to write the letter and a four cent postage stamp.

### Amber Waves



### R.F.D.



### The Spats



**Advertising Pays**  
**Call 563-845-7586**  
**For ad Rates**

*American Standard*  
 Walk-In Tubs

## WALK-IN BATHTUB SALE! SAVE \$1,500

**✓ EXPERIENCE YOU CAN TRUST!**  
 Only American Standard has OVER 140 years of experience and offers the Liberation Walk-In Bathtub.

**✓ SUPERIOR DESIGN!**  
 Ultra low easy entry and exit design, wide door, built-in safety bar and textured floor provides a safer bathing experience.

**✓ PATENTED QUICK-DRAIN® TECHNOLOGY**

**✓ LIFETIME WARRANTY!**  
 The ONLY Lifetime Warranty on the bath AND installation, INCLUDING labor backed by American Standard.

**✓ 44 HYDROTHERAPY JETS!**  
 More than any other tub we've seen.

**Lifetime Warranty!**  
**Finance Options Available\***

Limited Time Offer! Call Today!  
**877-666-7571**  
 Or visit: [www.walkintubinfo.com/golden](http://www.walkintubinfo.com/golden)

**FREE!** Savings include an American Standard Right Height Toilet FREE! (\$500 Value)

**FREE!** An In-Home Evaluation Will Be Scheduled At Your Earliest Convenience

Discount applied at time of purchase. Terms and Conditions Apply. \* Subject to 3rd party credit approval. Minimum monthly payments required. Receive a free American Standard Cadet Toilet with full installation of a Liberation Walk-In Bath, Liberation Shower, or Deluxe Shower. Offer valid only while supplies last. Limit one per household. Must be first time purchaser. All offers subject to change prior to purchase. See [www.AmericanStandardBathTubs.com](http://www.AmericanStandardBathTubs.com) for other restrictions and for licensing, warranty, and company information. \* CSLB B982796; Suffolk NY:55431H; NYC:HIC#2022748-DCA. Safety Tubs Co. LLC does not sell in Nassau NY, Westchester NY, Putnam NY, Rockland NY.

## Contract Bridge

### Enlisting the Aid of the Enemy

North dealer.  
 Both sides vulnerable.

**NORTH**  
 ♠ 10 9 8 5 2  
 ♥ Q 6 3  
 ♦ Q 7 4  
 ♣ A K

**WEST**  
 ♠ 4  
 ♥ J 10 8 5  
 ♦ A 10 6 5 3  
 ♣ 10 8 4

**EAST**  
 ♠ 6  
 ♥ A K 9 4  
 ♦ J 8  
 ♣ J 9 7 5 3 2

**SOUTH**  
 ♠ A K Q J 7 3  
 ♥ 7 2  
 ♦ K 9 2  
 ♣ Q 6

The bidding:  
 North East South West  
 Pass Pass 1 ♠ Pass  
 3 ♠ Pass 4 ♠

Opening lead — jack of hearts.

The expert thrives on making contracts that appear impossible to make. He sometimes performs his magic by dint of exceptionally good play, but just as often he enlists the aid of his opponents to accomplish his goal.

Consider this deal where the defense started with three rounds of hearts, declarer ruffing the third. It seemed probable to our expert South that he would lose two diamond tricks and go down one, but he pressed on and eventually made the contract.

low diamond toward dummy, West contributing the three, dummy the queen and East the eight. South did not yet know it, but there was now no way he could be stopped from making the contract.

It did not take him long to find out where he stood. After cashing the ace of trump and A-K of clubs, he led a diamond from dummy. When East played the jack, South followed with the nine.

West's play at this point did not matter. If he played low, East would have to yield a ruff-and-discard, while if West overtook the jack with the ace, South's king would become a trick. Either way, South would make four spades.

It can, of course, be argued that East should have dropped his jack of diamonds on dummy's queen at trick four, since the jack was of no use to him regardless of how the remaining diamonds were distributed. Had he played the jack on the queen, declarer would have gone down one.

Observe that our expert South did not telegraph his intentions by cashing the A-K of clubs and ace of spades before leading a diamond to the queen. Had he done that, East might well have seen what was coming and jettisoned his jack of diamonds instead of following low.

At trick four, he led a ©2020 King Features Syndicate Inc.

by Steve Becker

# Good Housekeeping

## Creamy Cucumber-Dill Salad

- 8 large (about 5 pounds) cucumbers
- 1 teaspoon salt
- 6 large radishes
- 1 container (8 ounces) plain low-fat yogurt
- 1/2 cup reduced-fat sour cream
- 1/2 cup fresh dill, loosely packed, chopped
- 2 tablespoons fresh lime juice
- 1/4 teaspoon ground black pepper
- 1 small garlic clove, crushed with press

1. With vegetable peeler, remove several strips of peel from each cucumber. Cut each cucumber lengthwise in half; with teaspoon, scoop out seeds. With knife or in food processor fitted with slicing blade, thinly slice cucumber halves crosswise. In large bowl, toss cucumbers

with salt; let stand 30 minutes.

2. Meanwhile, thinly slice radishes; transfer to serving bowl. Add yogurt, sour cream, dill, lime juice, pepper and garlic. Stir until well-combined.

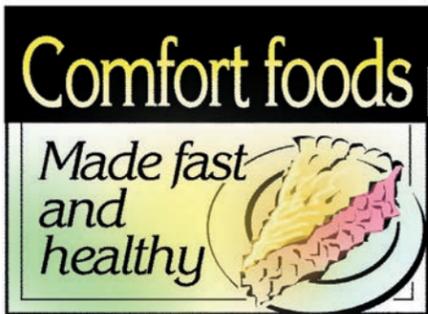
3. With hand, press sliced cucumbers over sink to remove as much liquid as possible. Pat cucumbers dry with paper towels.

4. Add cucumbers to bowl with yogurt mixture. Toss until evenly coated. Cover and refrigerate at least 1 hour or overnight to blend flavors. Yields 10 (1/2 cup) servings.

• Each serving: About 60 calories, 2g total fat (1g saturated), 6mg cholesterol, 180mg sodium, 9g total carbohydrate, 2g dietary fiber, 3g protein.

For thousands of triple-tested recipes, visit our Web site at [www.goodhousekeeping.com/food-recipes/](http://www.goodhousekeeping.com/food-recipes/).

© 2020 Hearst Communications, Inc. All rights reserved



by Healthy Exchanges

## Layered Chocolate Peanut Butter Dessert

If eaten in moderation, peanut butter is a good choice. We just can't put our spoons in the jar and eat with complete abandon!

- 12 (2 1/2-inch) chocolate graham cracker squares
- 2 (4-serving) packages sugar-free instant chocolate pudding mix
- 1 1/3 cups nonfat dry milk powder
- 2 1/4 cups water
- 1/4 cup reduced-fat peanut butter
- 1/2 cup reduced-calorie whipped topping
- 1/4 cup chopped dry roasted peanuts

1. Evenly arrange 9 graham crackers in a 9-by-9-inch cake pan. In a large bowl, combine 1 package dry pudding mix, 2/3 cup dry milk powder and 1 1/4 cups water. Mix well using a wire whisk. Blend in peanut butter. Spread mixture evenly over graham crackers. Refrigerate while preparing topping.

2. In same bowl, combine remaining package dry pudding mix, remaining 2/3 cup dry milk powder and remaining 1 cup water. Mix well using wire whisk. Blend in whipped topping. Spread topping mixture evenly over chocolate filling.

3. Finely crush remaining 3 graham crackers. Evenly sprinkle crumbs and peanuts over top. Cover and refrigerate for at least 2 hours. Cut into 8 pieces.

• Each serving equals: About 173 calories, 5g fat, 8g protein, 24g carb., 470mg sodium, 1g fiber; Diabetic Exchanges: 1 Fat, 1 Starch, 1/2 Fat-Free Milk.

© 2020 King Features Syndicate, Inc.



# Cremer's Cooking Tips

## Grilled Tri-Tip Beef

Cover and refrigerate at least an hour or as long as overnight. Remove from refrigerator an hour before cooking.

2. Prepare charcoal grill or heat a gas grill to high. Place roast on grill and sear one side well, 6 to 8 minutes, checking for flare-ups. Turn the roast and sear the other for about the same time. Then lower gas to medium-high or move the meat to a cooler part of the charcoal grill.

- Ingredients**  
Whole Tri-Tip, about 2 pounds  
3 Tbsp Cremer's Rub Me Tender Seasoning

**Directions**

1. Sprinkle meat with rub and massage lightly all over.

## SAVE ON HOME SECURITY

SECURED BY ADT

GREAT LOW PRICE

\$27<sup>99</sup>

MONITORING PER MONTH

Monitored by ADT® the #1 home security company in the U.S.

\$850 VALUE

### ADT® 24/7 Monitored Home Security

- 24/7 monitoring provides peace of mind
- Yard sign and window decals help deter crime
- Quickly connect to fire and emergency response
- May qualify for a homeowners insurance discount

LIMITED TIME OFFER—CALL TODAY!

1-855-398-3178

Ask about same-day installation!  
Reply By July 18, 2020



Protect Your Home

**FREE HOME SECURITY SYSTEM**  
New customers only. Early termination fee applies. Installation starts at \$99 with 36 month monitoring agreement. See all offer details below. **\$850 VALUE!**

**FREE 7 WIRELESS DOOR/WINDOW SENSORS**  
—enough to help protect virtually every entrance to your home. **\$695 VALUE!**

**FREE \$100 VISA® GIFT CARD** from Visa  
Protect Your Home!

**FREE WIRELESS REMOTE CONTROL with panic button.**  
**\$139 VALUE!**

**FREE OUTDOOR CAMERA**  
When you upgrade to ADT Pulse® + Video **\$299 VALUE!**  
See all offer details below.

GIFT CARD: \$100 Visa Gift Card fulfilled by Protect Your Home through third-party provider. Mpell, upon installation of a security system and execution of monitoring contract. \$4.95 shipping and handling fee. Gift cards can take up to 8 weeks to arrive after following the typical redemption process. BASIC SYSTEM: \$99 Installation. 36-Month Monitoring Agreement required at \$27.99 per month (\$1,007.64). 24-Month Monitoring Agreement required at \$29.99 per month (\$1,079.76) for California. Offer applies to homeowners only. Basic system requires landline phone. Offer valid for new ADT Authorized Premier Provider customers only and not on purchases from ADT LLC. Cannot be combined with any other offer. The \$27.99 offer does not include Quality Service Plan (QSP), ADT's Extended Limited Warranty, ADT Pulse: ADT Pulse Interactive Solutions Services ("ADT Pulse"), which help you manage your home environment and family lifestyle, require the purchase and/or activation of an ADT alarm system with monitored burglary service and a compatible computer, cell phone or PDA with Internet and email access. These ADT Pulse services do not cover the operation or maintenance of any household equipment/systems that are connected to the ADT Pulse service. All ADT Pulse services are not available with the various levels of ADT Pulse. All ADT Pulse services may not be available in all geographic areas. You may be required to pay additional charges to purchase equipment required to utilize the ADT Pulse features you desire. ADT PULSE + VIDEO: ADT Pulse + Video installation is an additional \$299. 36-month monitoring contract required from ADT Pulse + Video: \$59.99 per month, (\$2,159.64), including Quality Service Plan (QSP). Doorbell camera may not be available in all areas. GENERAL: For all offers, the form of payment must be by credit card or electronic charge to your checking or savings account, satisfactory credit history is required and termination fee applies. Certain packages require approved landline phone. Local permit fees may be required. Certain restrictions may apply. Additional monitoring fees required for some services. For example, Burglary, Fire, Carbon Monoxide and Emergency Alert monitoring requires purchase and/or activation of an ADT security system with monitored Burglary, Fire, Carbon Monoxide and Emergency Alert devices and are an additional charge. Additional equipment may be purchased for an additional charge. Additional charges may apply in areas that require guard response service for municipal alarm verification. Prices subject to change. Prices may vary by market. Some insurance companies offer discounts on Homeowner's Insurance. Please consult your insurance company. Photos are for illustrative purposes only and may not reflect the exact product/service actually provided. Licenses: AL-21-001104, AR-CMPY.000175 AZ-ROC217517, CA-ACC06320, CT-ELC.0193944-L5, DC-EMS902653, DE-602516000016, DE-07-212, FL-EC.13003427, EC13003401, GA-LVA205395, IA-AS-0206, ID-ELE-SI-39131, IL-127001042, IN-C.P.D. Reg. No. — 19-08088, City of Indianapolis: LAC-000156, KY-City of Louisville: ARS, LA-F1914, LA-F1915, LA-F1982, MA-1355C, MD-107-1626, ME-LMS0017382, MI-360105713, MN-1501807, MO-City of St. Louis: CCR354, St. Louis County: 100194, MS-100955, MI-FSP-ELC-UC-247, NC-2510-SP-PA-VU, NC-1642-C5A, NE-16451, NJ Burglar Alarm Lic. #: NJ-38F00021800, NN-253366, NV-066818, City of Las Vegas: 2000008296, NY-Licensed by the N.Y.S. Department of State: U0W12000317891, NYS R2000286451, OH-3891446, City of Cincinnati: ACBS, OK-AC-048, OR-170597, Pennsylvania Home Improvement Contractor Registration Number: PA022999, RI-3582, RI-7508, SC-BAC5630, SD-1025-7001-ET, TN-1520, TX-R13734, ACR-3482, UT-6422596-6501, VA-115120, VT-ES-2382(C)WA-602586864-EC-PROTEYH0349RS, WI-City of Milwaukee: PAS-0002966, WY-WV042833, WY-11-V-37499, 2150 Priority Way South Dr. Indianapolis, IN 46240 ©2017 DEFENDERS, Inc. dba Protect Your Home

Be sure to check the web site

TheGoldenViewOnline.com

Out on a Limb

PIZZO THE PARTY CLOWN SPECIALIZES IN MAKING BALLOON VEGETABLES...

by Gary Kopervas

VOILA, A ZUCCHINI! ...

SQUEAK SQUEAK SQUEAK

YOU STINK.

SOMETHING BETTER.

731 RHOMBERG • (563) 583-6589

Delivery Now Available!

Prices subject to change • While supplies last

HEAT & EAT

ITALIAN BEEF • BBQ BEEF

BBQ PULLED PORK

SLOPPY JOES

Cut Free!

WHOLE BEEF TRI-TIP ..... LB. \$10.99

BEST DEAL IN TOWN!

WHOLE BEEF TENDERLOIN LB. \$10.99

4 LB. AVG.

We are accepting phone orders of Meat Boxes. Delivery is FREE for orders of \$100 or more. You can combine your order with a friend or relative to reach the \$100 minimum.

Cheese and Sausage Trays Available

3. Turn meat again and cook another 8 to 10 minutes. Flip and cook again. A 2-pound roast will require about 20 to 25 minutes total cooking time. The roast is ready when an instant-read thermometer reaches 130 degrees when inserted into the thickest part of the meat.

4. Rest roast on a cutting board 10 to 20 minutes. Slice against the grain. The roast is shaped like a boomerang, so either cut it in half at the center of the angle, or slice against the grain on one side, turn the roast and slice against the grain on the other side.

**MAGIC MAZE** ● **WELL-AGED WORDS**

ENKHDAXURPMJGDA  
 XVASQNKIFDAXVTE  
 QOMDJHFCEAYWCGU  
 RPNLNL CJGDHFA DB  
 ZXVTEEE OARQLROM  
 KYIHGGGMTFIDRBZ  
 YWCAVA AASTRTIRQ  
 ONYNLGE BRKAE A IH  
 FODCEGRAAEZGGXW  
 VVUSAGCRQOVNEAM  
 KJIPHFA TNEGAEERE

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally. Unlisted clue hint: ACT OF TRAVELING BY WATER

- |         |           |         |         |
|---------|-----------|---------|---------|
| Acreage | Average   | Cottage | Page    |
| Agency  | Bagel     | Damage  | Reagent |
| Agenda  | Carriage  | Eager   | Stage   |
| Agent   | Cartilage | Gage    |         |

©2020 King Features Syndicate, Inc. All rights reserved.

**HOCUS-FOCUS**

BY HENRY BOLTIHOFF



Find at least six differences in details between panels.

Differences: 1. Blinds are longer. 2. Picture is missing from table. 3. Boy's shoes are different. 4. Cap is turned. 5. Pillow is smaller. 6. Boy's shirt has long sleeves.

**GO FIGURE!** by Linda Thistle

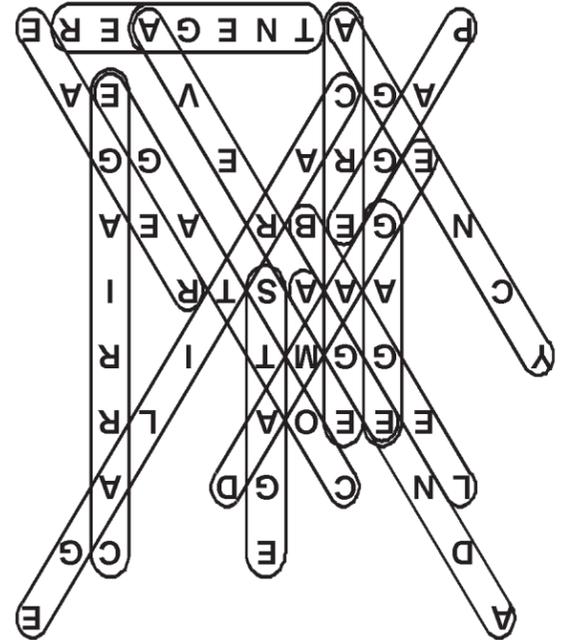
The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

	-		x		32
x		+		-	
	-		x		30
-		x		x	
	x		÷		18
34		27		12	

DIFFICULTY: ★★

★ Moderate ★★ Difficult  
 ★★★ GO FIGURE!

©2020 King Features Syndicate, Inc.



WELL-AGED WORDS

**Stickelers Answer**

The answer is 5.

$$\frac{105 \text{ Leeps in a Zank}}{21 \text{ Grats in a Zank}} = 5.$$

For Ad Rate Info  
**(563) 845-7586**

**SUDOKU Answer**

5	9	4	8	7	1	2	3	6
8	7	3	6	2	9	4	1	5
6	2	1	5	4	3	7	8	9
7	3	9	2	6	8	5	1	4
1	6	4	7	9	5	3	2	8
2	8	5	3	1	4	6	9	7
3	6	2	9	8	7	5	4	1
4	1	8	5	3	6	9	7	2
9	5	6	1	4	2	8	3	7

**King Crossword**

Solution time: 21 mins.

ARCH	INN	DIRT	
COHO	NEB	OREO	
RUIN	EXCITING		
EXCEPT	RESTS		
YET	AOL		
BLAST	EXCLUDE		
YON	ALE	ROW	
EXCLAIM	VANCE		
ARM	EAT		
VOICE	EXCEEDS		
EXCUSE	ME	ORAL	
NEON	AIR	UNDO	
ANNA	ULT	TEST	

**BULLETIN BOARD**

Here's My Card

**"Skip" Breitbach Feeds**  
 Balltown, Iowa

There can't be enough said about choosing quality lawn seeds and lawn fertilizers. Whether you are putting in a new lawn or improving your existing lawn, it's important to use the right seed for the job. Give your seed man a call and let me explain the options!

Phone: (563) 552-2393

**BC vacuums & more**  
 Sales & Service

563-845-7036 www.bcvacuums.com

We Sell... **ORECK**  
 Sanitaire, Shark, Riccar  
 Simplicity, Hoover, and more!

- bags • vacuum cleaning
- belts • vacuum repair
- filters

2600 Dodge Street, Suite C9 • Dubuque, IA

DBQTechExperts.com

**DBQTECH**  
 EXPERTS

(563) 213-5105

2615 Dodge St. Ste 2 Dubuque, IA 52003

In-Home & Drop-Off Computer Repair & Sales

**PRECISION AUTO GLASS**

Full Service Auto Glass Repair & Replacement  
 Locally Owned & Operated  
 Over 100 Years Combined Experience  
 Serving SW Wisconsin

Shane Marti  
 Kevin O'Brien

770 Cedar Cross Road  
 Dubuque, IA 52003  
 (563) 845-0762  
 (563) 845-0010 Fax  
 www.precisionautoglass.co

Glenn Ramaker

**ST MARY'S**

Affordable rents to qualified lower income senior citizens 62+ and persons with disabilities that meet federal income guidelines.

2955 Kaufmann Ave., Dubuque

Please call Tiffany for information & application **563-583-7678**

**DIRECTV** **dish**  
 AUTHORIZED RETAILER

**BUSCH SATELLITE**

24/7 Local Service to owner's cell 563-564-9467  
**Office 563-582-6465**  
 3220 Dodge St., Dubuque

**SUDOKU**

by Linda Thistle

	9		4	7				
2		9			1			
	5		6				3	
	6		3	8				
	3	5		9				
4			9				7	
	7	3		1				
	1		2		7			
9			8				5	

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ◆◆◆

◆ Moderate ◆◆ Challenging  
 ◆◆◆ HOO BOY!

© 2020 King Features Synd., Inc.

**Go Figure! answers**

	12		27		34
18	4	÷	9	x	8
	x		x		-
30	5	x	1	-	7
	-		+		x
32	8	x	2	-	9

Have THE GOLDEN VIEW mailed directly to your home. 12 issues for just \$24.00. Send check or money order to THE GOLDEN VIEW • PO Box 661 • Dubuque, IA 52004

Name \_\_\_\_\_ Address \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_