Yesterday / Today / Tomorrow

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The Golden View

The Community Newspaper For Adults 55 Plus

July, 2022 | Dedicated To The Young At Heart | Dubuque, Iowa

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"Back in Time at Fair 69" 69th Annual Dubuque County Fair July 26 thru July 31

by Kevin Kotz, General Manager, Dubuque County Fairgrounds & Event Center and Kylie Donovan, Junior Board Member

Many carnival rides for your fun and excitement

Excitement is building for the 69th Annual Dubuque County Fair. This years Fair Theme is "Back in time at Fair 69". So, dig out those bell bottom pants and tie-dyed t-shirts and come out and celebrate like it was the Summer of 69.

Instead of me authoring an article about the fair from my point of view as a 65-year-old I thought it would be cool to hear from Kylie Donovan, a fantastic 16-year-old Junior board member point of view.

Hello, I am Kylie Donovan. I currently hold the secretary position on the Dubuque County Junior Fairboard. As a young child my dad volunteered at many events, so I was at the fairgrounds a lot. I was once the kid that only went to the events and did not help because I was too little, but now I am old enough to be helping and now I see the work that gets put into events. My favorite part of the fairgrounds is the people. When I was younger, Breakfast with Santa and the Sunday of fair is when my grandparents, aunts, uncles, and cousins all came to the fairgrounds for some fun! My younger self always thought it was awesome how my classmates would share the same traditions as my family and come to the fair and other events that took place. I thought it was amazing how

Dubuque County Fair cont. Pg. 3

Come visit the 4-H exhibits

4th of July Ice Cream Social Named for Audrey Hammer

by Wendy Scardino, Director of Marketing & Communications, Mathias Ham Historic Site

The Mathias Ham Historic Site is celebrating Independence Day this year with its annual 4th of July Ice Cream Social from 11 a.m. – 4 p.m. at its location on Lincoln Ave. in Dubuque. The event is getting a new addition to its name for 2022, and will be the Audrey Hammer 4th of July Ice Cream Social moving forward.

Hammer was a long-time tour guide at the Ham Site and volunteered at the ice cream social annually. A former teacher, Hammer had a passion for education and service to community.

Attendees will enjoy live music by The Americana Band. Victorian games will be held in the yard for children including sack races, horseshoes, jacks, and more. Crafts will also take place as well throughout the day. Picnic foods, cakes, and ice cream will be available for purchase.

Free tours of the historic Ham House, the Humke one-room school, the replica lead mine, and the Arriandeau log cabin will run from 11 a.m. – 4 p.m., with live demonstrations and thunderous cannon fire adding to the experience of Independence Day.

Free-will donations will be accepted with proceeds benefitting the Mathias Ham Historic Site, a property of the Dubuque County Historical Society.

Special thanks to sponsors Tracy & Fred Fischer and this year's in-kind sponsor, Prairie Farms, for providing ice cream for this year's event.

Mathias Ham Historic Site

About the Mathias Ham Historic Site

The Mathias Ham Historic Site, operated by the Dubuque County Historical Society, is listed on the National Register of Historic Places. The historic property includes the Mathias Ham House, Iowa's oldest log cabin, the Humke Schoolhouse, and a historic granary. The Mathias Ham Historic Site is located at 2241 Lincoln Ave., Dubuque, Iowa. For more information on the Mathias Ham Historic Site, visit ***rivermuseum.com/hamsite***.

Have a safe & happy July 4th

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July 22 at 11 AM

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Tractor pulls for young & old!

Dubuque County Fair from Pg. 1

the fairgrounds could bring so many people together. A couple of years ago I went to my first meeting, I realized that every single individual that was sitting in the room had a job and made a difference at the fairgrounds. Some like maintaining the beauty of the fairgrounds and others like to bring new ideas. I love how everyone makes an impact on the fairgrounds in their own way. I had the chance to go to a convention in December. I got to see how different county fairs choose their outside exhibits. I also had the opportunity to sit in a meeting where Kevin booked one of the exhibits that some of us suggested. One of my favorite things is seeing everyone having fun and their smiling faces. This upcoming fair when I see the people's faces, I will know I took part in making their day special.

More 4-H

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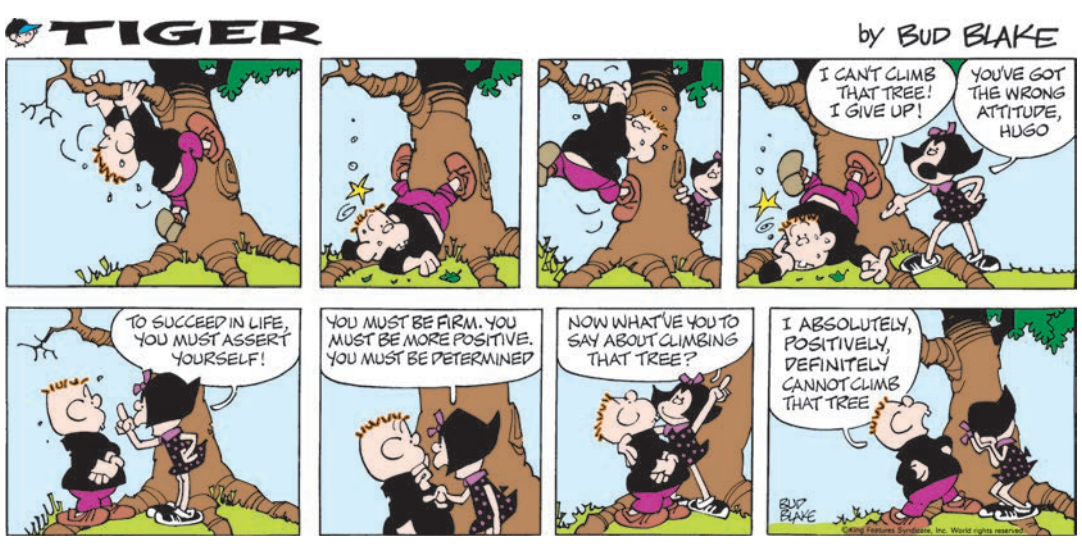

GO FIGURE! by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

DIFFICULTY: ★★★
★ Moderate ★★ Difficult
★★★ GO FIGURE!

	−		×		21
÷		+		+	
	×		×		16
+		×		+	
	÷		×		12
15		15		19	

1 2 3 3 4 6 7 8 9

Go Figure! Answer on Pg. 24

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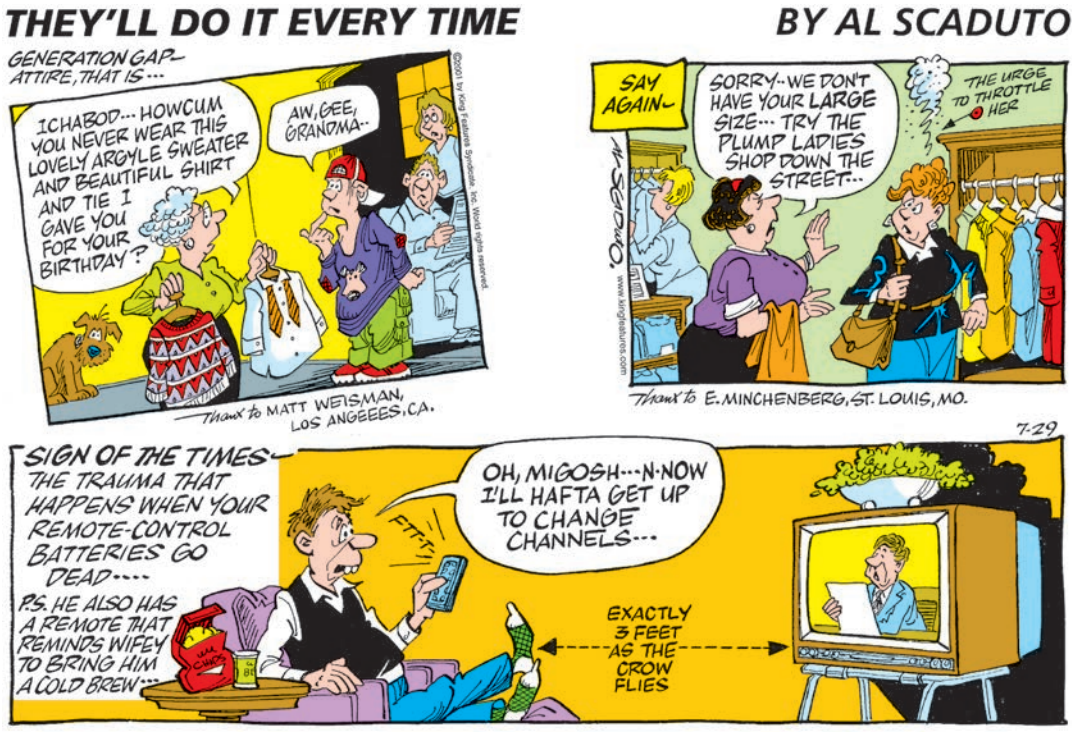
THEY'LL DO IT EVERY TIME BY AL SCADUTO



2022 Fireworks & Air Show
Sunday, July 3

Events will be at River Front below Lock & Dam

Air Show: 6 p.m. – 8:30 p.m.

Full Throttle Formation Team, Trojan Phlyers T-28, USAF Heritage Flight with an F-35 and a WWII warbird, the Iowa Army National Guard Chinook helicopter and US Navy Growler Legacy Team. We are pleased to welcome back the United States Army Parachute team, The Golden Knights.

Fireworks will begin at Dusk

For More Information On The Day's Activities Tune In To Your Radio Dubuque Stations

92.9 KATFM Today's Hits and Yesterday's Favorites! · Voice of the Tri-States KDTH AM 1370 · The Rock 97.3 We Rock the Tri-States · The 101.1 River

STICKELERS [sic].
by Terry Stickels

Match the medical terms on the left with their meanings on the right.

1. hypervolemia
2. pediculosis
3. enteritis
4. dyspepsia
5. myasthenia gravis

a. indigestion
b. excess blood volume
c. chronic weakness of voluntary muscles
d. inflamation of the small intestine
e. lice infestation

Stickelers Answer on Pg. 24

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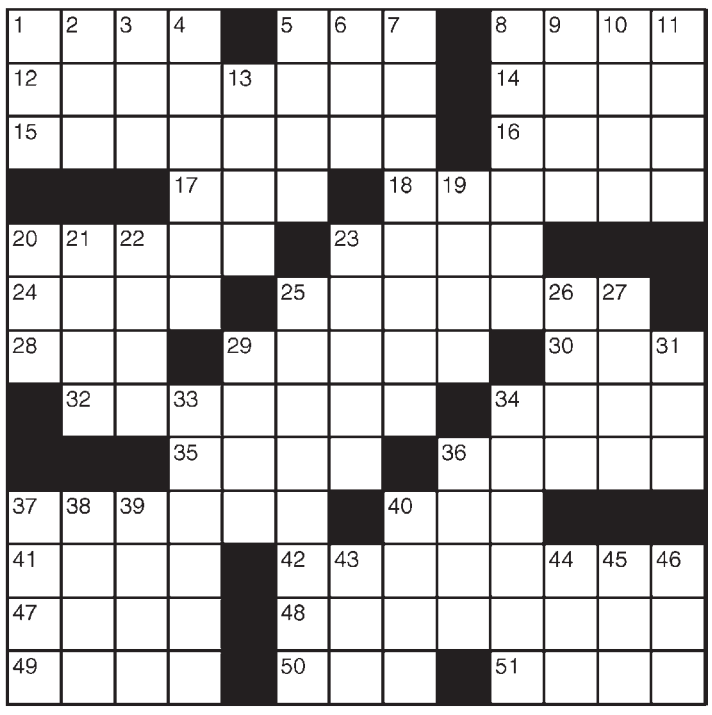
King Crossword



ACROSS
1 "Dream on!"
5 Clothing protector
8 Greet
12 Well-read folks
14 Celestial bear
15 Beatles drummer before Ringo Starr
16 Algeria's neighbor
17 Occupation, for short
18 Straw hat
20 Young horses
23 Printer's blue
24 New York canal
25 Talkers' marathon
28 Bankroll
29 North African capital
30 Josh
32 Doctor's order
34 Trellis climber
35 Missing
36 Mature, as fruit
37 Small porches
40 Spelldown
41 Ms. Brockovich
42 Oater setting
47 "— Lang Syne"
48 Pokey
49 Disarray
50 Toronto's prov.
51 Artist Bonheur

DOWN
1 Swiss peak
2 "Sprechen — Deutsch?"
3 Addams cousin
4 Weak
5 Folk singer Joan
6 TGIF part
7 Gradually
8 Compassionate
9 "I smell —!"
10 Cruise stop
11 Hideaway
13 Baseball stats
19 Lummoxes
20 Hardly any
21 Verbal
22 Opera set in Egypt
23 Is able to, old-style
25 "Recognize my voice?"
26 Omit
27 Fork prong
29 Sporty car roof
31 Lion's home
33 Light-headed folks?
34 TV audience member
36 Some wines
37 Line of fashion?
38 Verifiable
39 Monet's supply
40 Inky stain
43 Charged bit
44 Id counterpart
45 "Mayday!"
46 Former Delta rival

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Crossword Answers on Pg. 24

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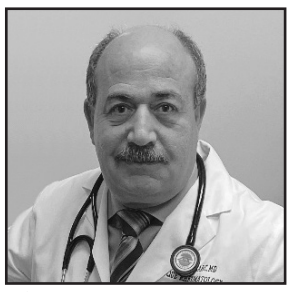

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Fourth of July Fireworks Can Traumatize Pets

DEAR PAW'S CORNER: Please remind your readers that the noise and flash of fireworks can traumatize pets! Last year, my son and his partner took their dog "Bliss" to a Fourth of July festival. Someone set off a string of firecrackers a few feet from the booth they were visiting. Bliss bolted and pulled her leash out of my son's hand. She ran straight out into the road. Luckily, the cars all stopped, and one of the drivers caught her. Afterward she remained very anxious. Bliss now takes medication to stay calm, and it's difficult to take her to unfamiliar places. Please urge people not to set off fireworks; go to a professional display and leave the pets at home. — ***Judith in Lake City, Florida***

DEAR JUDITH: You told them, and I thank you! I'm very sorry to hear that Bliss was traumatized, and I hope your son is able, through medication and training, to improve her confidence.

Bliss' parents didn't do anything wrong in taking her to the festival, but their experience shows how others' irresponsibility can have consequences for pets, and that owners have to be alert and ready to handle potential problems.

The Fourth of July can be a trying day for pets. Crowded parties and loud fireworks can really stress them out. Large fireworks displays are no different than big thunderstorms to most pets, and should be treated as such.

If fireworks will be within earshot of your home this holiday, prepare a safe area for your pet to shelter where the noise will not bother it as badly. If a ThunderShirt works for your dog (or cat), use it. Don't bring pets to fireworks displays, and if you're setting off backyard fireworks, put your pets inside.

Send your comments, questions or tips to ***ask@pawscorner.com***.

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Come Chat with Me

by S. E. Persinger

It is no secret that we are in an era of Inflation. Way? I know. It is because we are all witnesses to this part of our history. I have found that whenever I go to the grocery store my nerves are on edge because I wonder if I have brought enough money to pay for my purchases. Also, shopping for groceries is now an experience. You don't just go in and shop. You contemplate a plan or mode of operation for your trip to the store.

My first dilemma is facing the empty space where I used to find necessary items needed to create the family dinner menu. I look for staple items such as, eggs, milk, and bread that usually are on just about every dinner table. Many of these things are missing from the shelves.

It is needless to comment on the prices of all items mentioned because every thing increases in cost per weekly visit. Inflation is the main conversation during most family meals.

While I am shopping at my favorite grocery store, I am aware of how many people have shopping lists in their hands. I have always used a list but until now I never noticed how many people are using them. And as I watch mothers and fathers with their children at the check out counter, even the children are affected by the perils of price increases because not as many young children are causing a ruckus over the candy shelve that is always stocked by the check out counter. In the past I have seen children tearfully begging for candy in order to get what they want. But nowadays even they must realize they probably won't get that extra treat because the money is just not there.

Recently the baby formula shortage has caused a dreadful situation for mothers and their babies. Our world is too advanced to have such a thing happen. And what about our gas shortage? Someone holds the key to this situation and could unlock the gas prices. And how about the unrest within all American societies? Wake up people! I can't find an answer to share with anyone about our turned upside down world.

But, I know in time our history will be written for everyone to read. What will our future generations be saying about the world we gave them? Will they be proud of their inheritance? Will the freedom Americans fought so hard to maintain be part our gift to them? I hope so. I hope we left them something wonderful to dream about, and not a nightmare!

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MONDAY

INDEPENDENCE DAY

JULY 4TH

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Americanisms

"Let us put our minds together and see what life we can make for our children"
— *Sitting Bull*

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An Uplifting Moment

with Rev. David J. Claassen

Visit me on the internet!

www.daveclaassen.com

God Is Dependable!

A man bragged about the antique ax he owned. He said, "The ax head has been replaced once and the handle replaced three times, but other than that it's the very same ax my great-great-grandfather used." In reality, nothing was the same about the ax.

It's been said that the only thing that never changes is the fact that everything changes. The beard I have may appear the same as it was a year ago, but it's not. Over the last 12 months I've trimmed off the original hair that I sported a year ago. It's a new and different beard. It's not just my beard that's changed, I keep changing in a multitude of ways, and so do you.

The fact that we are ever changing people, especially when it comes to our moods, makes for challenging relationships. Then, too, our circumstances are always changing, demanding our need to be constantly adjusting and adapting. It can make for insecure living!

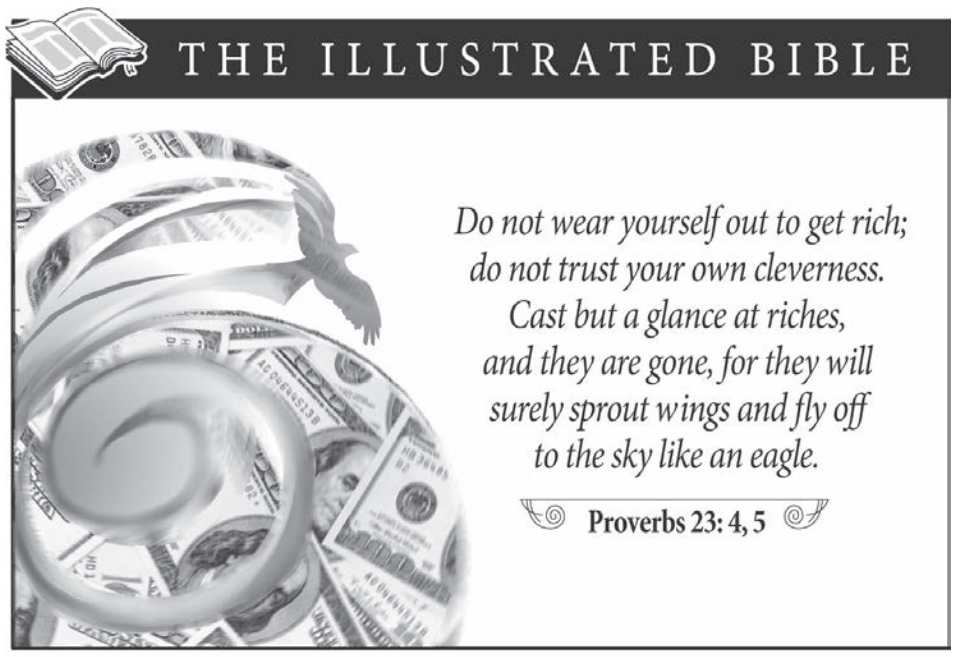
Those of us who believe in God can take great comfort and find great confidence for daily living in the fact that one of God's amazing attributes is that He's unchanging. The fancy theological word for this is immutable. God never mutates! *"I the Lord do not change..."* Malachi 3:6a.

God can't change for the worse, because He can't be other than being perfect. He can't change for the better, because He's already the best He can be. God doesn't have moods that can change at a whim; He never has a bad day. Neither does God change His will or His purposes.

But does God ever change His responses? Does He "change His mind"? There are many scriptures where God decides not to judge a nation or people because they listened to God's prophet and repented. Also, if our prayer requests to God have any value at all, it's because He responds to them.

However, God is unchanging in His nature and in His purposes. This means that God can be counted on, depended on. He's the same yesterday, today, and forever. He's the same God for us today as He was for the people of the Old Testament and for the people of the New Testament. Yes, God is unchanging, and aren't we glad He is!

"Every good and perfect gift is from above, coming down from the Father of the heavenly lights, who does not change like shifting shadows." James 1:17



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BIBLE TRIVIA

by Wilson Casey

1. Is the book of Syria in the Old Testament, New Testament or neither?
2. Which Psalm sets man's normal lifespan of threescore and ten? *1, 17, 23, 90*
3. From Genesis 7, how many years did Noah live after the flood? *1, 50, 100, 350*
4. How many books of the Bible (KJV) begin with the letter "H"? *0, 2, 4, 6*
5. What does the shield represent in the "armor of God"? *Courage, Faith, Gallows, Doves*
6. In John 6:35, Jesus said, "I am the ... of life."? *Light, Wine, Giver, Bread*

ANSWERS

1) Neither; 2) 90:10; 3) 350; 4) 4 (Hosea, Habakkuk, Haggai, Hebrews); 5) Faith; 6) Bread

Hardcore trivia fan? Visit Wilson Casey's subscriber site at ***www.patreon.com/triviaguy****.*

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YESTERDAY AND TODAY

BY MICHAEL GIBSON

Corner of 4th & Iowa looking north in the early 1960s. Large building on left once housed the Myers-Cox Co. and later the Universal Electric Co. Further up the block was Kenny Thill's Body Shop and Ridge Motor & Machine Co. On the right was the Iowa Tap with the Hamm's beer sign (formerly Hank's Tap). The large building had been home to the H.B. Glover Co. since the early 1900s until approximately 1955. By 1960 it had become the home to the U.S. Army Reserve Training Center. Between the tap and the large building is a fenced-in area where the Army stored vehicles. (Courtesy of the Loras College Center for Dubuque History, OHE Hickey p. 94 No. 24006).

Yesterday & Today cont. Pg. 9

Bell Tower Theater Announces 15th-Annual Kids-For-Kids Production *The SpongeBob Musical* July 14 to 23, 2022

Bell Tower Theater

The Bell Tower Theater is pleased to announce the 15th-annual kids-for-kids production: *The SpongeBob Musical* by Kyle Jarrow. This show is presented as part of the Free Summer Musical Program and is directed by Sue Flogel.

The stakes are higher than ever as Bikini Bottom faces total annihilation. Chaos erupts. Lives hang in the balance. And just when all hope seems lost, a most unexpected hero rises up and takes center stage. The power of optimism really can save the world!

This Tony Award-winning show features songs by more than a dozen musical greats including Sara Bareilles, Lady A, Cyndi Lauper, John Legend and David Bowie.

The show will be performed by one cast of 40 kids, ages 7 to 18, and supported by a backstage crew that includes 35 kids ages 7 to 18 who are running lights and sound, making costumes, building sets and working at the concession stand.

Performances will be Thursday, July 14 at 7 pm, Friday, July 15 at 10:30 am, Saturday, July 16 at 2 pm, Sunday, July 17 at 2 pm, Thursday, July 21 at 7 pm, Saturday, July 23 at 7 pm. All tickets are just $10!

The Bell Tower Theater's production of The SpongeBob Musical is made possible by grants and sponsorships from The County of Dubuque; Theisen's—Home, Farm, Auto; Dupaco Community Credit Union; Mosaic Lodge No.125; and Black Hills Energy.

The Bell Tower Theater is conveniently located in Fountain Park at 2728 Asbury Road in the city's vibrant West End just minutes from both Highway 20 and the Northwest Arterial. For information and to purchase tickets call **563-588-3377** or visit us online at ***www.belltowertheater.net***.

Yesterday & Today from Pg. 8

Michael Gibson has decided to take a hiatus from the Yesterday and Today feature. He has given permission to recycle previously published photos and captions for your enjoyment.

The same corner as it looks more recently. By the late 1960's all of the buildings were demolished during the Urban Renewal era and parking lots and ramps replaced them. In fact the left side of Iowa street is now solid parking ramps from 3rd to 8th Streets. (Photo by Terry Grant).

DUBUQUE FIRE

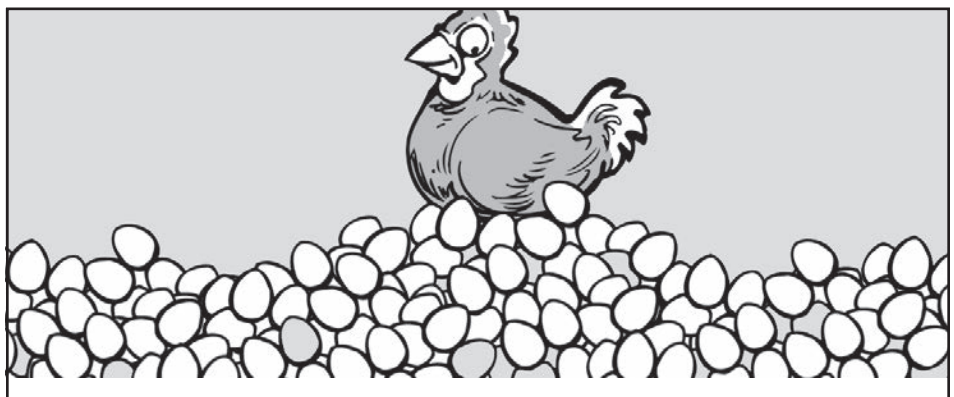
Derek Paulson, Assistant Fire Marshal

Grilling. It can't get more perfect than that. I love to grill. I have been known to even grill when it's snowing outside. It is a sign around here that good weather is upon us. But did you know that July is the peak month for incidents involving grills and grilling? I have gone on many fire calls over the years where grilling went wrong. In this article, I will talk about how not to have your summer go up in flames from grilling.

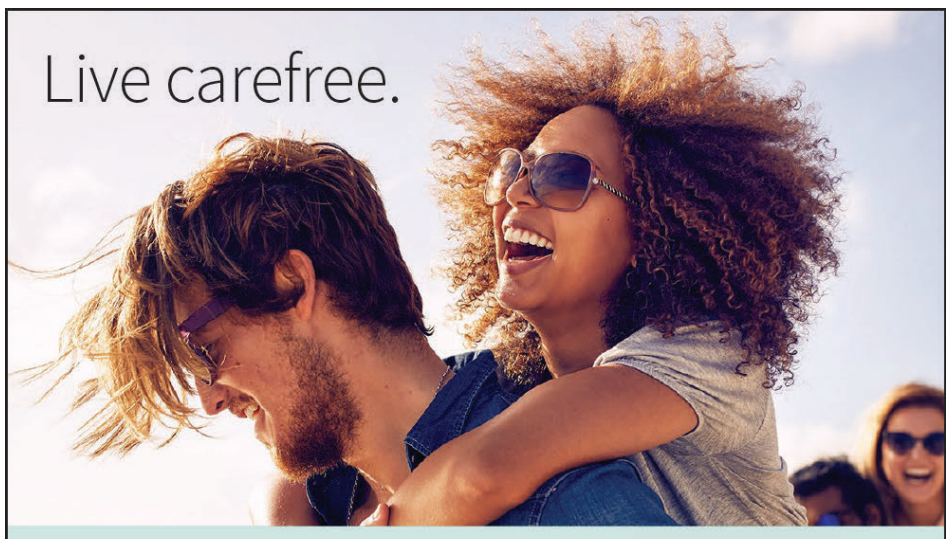
I have driven by more places than I can count and have seen people grilling on their decks. Many times, the grill is right up against the side of the house or the deck railing. Siding, wood and plastic are all very combustible. When grilling, make sure that the grill a safe distance from the house, deck rails, eaves or even low hanging branches. Make sure that the grill is cleaned on a regular basis. Fat and grease buildup will contribute to the spread of flames inside the grill. Never leave the grill unattended while cooking. It only takes a second for flames to spread to materials close by. Children and pets can also become curious if no one is nearby and may get too close to the grill injuring themselves.

If using a gas grill inspect it on a regular basis to make sure the hose is not cracked and is on tightly. Many grill fires start in the area around the hose due to an improper connection or bad hose. If using a charcoal grill, make sure that lighter fluid and lighting devices are kept away from children. Also, always place used charcoal briquettes in a metal container with a lid. Make sure the container is stored outside and away from any materials that can burn. Coals can remain hot for many days after grilling and have the potential to start on fire again.

If you follow these tips, you should have a more enjoyable and safe summer. If you have any questions or concerns, I can be reached at **563-589-4195** or at ***Dpaulson@cityofdubuque.org***.



The typical hen will lay about 19 dozen eggs a year.



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Kelsey Salow, RD
Human Sciences Specialist, Food and Health

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Preserve Your Garden's Bounty

Preserving your garden's summer bounty is a great way to enjoy home grown produce year round– as long as you don't serve up foodborne illness, like botulism, with your home preserved foods. "Home food preservation is not difficult, but it does require following specific directions exactly," said Kelsey Salow, Iowa State University, Food and Health Specialist. "Ignoring recommended procedures can result in home canned products that will make your family and friends very ill." At Iowa State University Extension and Outreach, we use the National Center for Home Food Preservation recipes and resources.

Before canning season sneaks up on us, now would be an ideal time to check your equipment and supplies. If you have a dial gauge pressure canner, it should be checked annually for accuracy. Call your local ISU Extension and Outreach office to schedule a time to have your dial gauge tested. The rubber gasket should be flexible and should not be cracked, brittle, or sticky. Check jars for cracks or chips and replace as needed. New flat lids should be used every year. Rings can be reused but need to be checked for rust or corrosion.

To help Iowans safely preserve foods, ISU Extension and Outreach has numerous online preservation classes coming up! To register for a free one-hour class visit ***https://www.extension.iastate.edu/humansciences/preserve-taste-summer.***

Some of the classes include:

PTTS: Jam Making Basics – Jams, jellies and fruit spreads are a delicious taste of summer to enjoy all year. Learn the basics of making jam and water bath canning.

PTTS: Salsa Making Basics – Salsa is a great addition to any party, snack or meal. Because of its many uses, it is a very popular canned product. Learn how to preserve salsa safely using the hot water bath canning method.

PTTS: All About Apples – Learn about canning applesauce and apple pie filling, as well as freezing and drying apples.

Michelle Bell,
Social Security District Manager,
Dubuque, Iowa

Celebrate Your Independence With Social Security

Every July, we take pride in celebrating our nation's independence. For nearly 90 years, our programs have helped provide financial independence to millions of hardworking people. We have useful online tools like the *Social Security Statement (Statement)* and our benefits estimator tool that help people not yet receiving benefits. The *Statement* shows the benefits that you and your family may be entitled to with personalized fact sheets tailored to your age and earnings situation. The benefits estimator tool allows you to get estimates based on different ages you want to begin receiving benefits. These tools can help you plan the financial independence you deserve in retirement.

Don't receive benefits? You can get the most out of your online experience if you have a personal *my* Social Security account. You can:

· Get your *Statement* instantly.

· Request a replacement Social Security card (in nearly every state and the District of Columbia).

· Find out if you qualify for benefits.

· Appeal a decision we made on your claim.

Already receiving benefits? If so, you can use your personal *my* Social Security account to:

· Request a replacement Social Security card (in nearly every state and the District of Columbia).

· Get an instant benefit verification letter for *Social Security, Medicare*, and Supplemental Security Income (*SSI*).

· Start or change your direct deposit. (Social Security beneficiaries only)

· Check your information and benefit amount.

· Change your address. (Social Security beneficiaries only)

· Request a replacement Medicare card.

· Get a replacement SSA-1099 or SSA-1042S instantly for tax season.

· Report your wages if you work and receive disability

Social Security cont. Pg. 16

Tuesday, July 26

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—Billie Burke

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What Is the Optimal Blood Pressure?

DEAR DR. ROACH: I read that high blood pressure is 140/90, but I thought 120/70 was optimal. Has the standard number increased? — ***D.M.I.***

ANSWER: The "pressure" in "blood pressure" is given in millimeters of mercury. It is a measurement of the pressure inside large blood vessels, first at its peak during the left ventricle squeezing (the systolic, or top number) and then at its lowest, right before the ventricle starts squeezing again (diastolic, or bottom number). Both of these numbers are important, and they provide important information about the physiology of the heart and blood vessels, as well as provide prognostic information about the risk of heart attack and stroke.

In general, for healthy people, the higher the numbers, the greater the risk. The optimum blood pressure for health is about 110/70, but there are some people with lower values who are also very healthy and who have very low risk for vascular disease.

Risk for heart disease starts to go up more significantly at about 140/90, but above a systolic number of 160, the risk goes up even more dramatically. The trend in blood pressure control over recent years has been toward making the blood pressure closer to the optimum, as long as treatment is well-tolerated. Having a slightly lower risk of heart attack may not be worth it to a person who has significant symptoms from blood pressure medicines.

Fortunately, blood pressure is much easier to control than it used to be with better medications and with non-drug treatments, such as stress reduction, healthy diet, regular moderate exercise and, for some people, salt restriction.

• • •

DEAR DR. ROACH: I am an 89-year-old man who has been taking tamsulosin (Flomax), 0.4 mg, for many years. I take it after supper in the evening. I get up at night three or four times to urinate. Would it be better to take it after lunch? I would be happy if I could reduce the number of times I get up to maybe only once or twice. — ***P.J.S.***

ANSWER: Tamsulosin is in the class of alpha blockers, and they relax smooth muscle, a special type of muscle found in the prostate and in blood vessels (among other places). Relaxing the smooth muscle in the prostate makes the urethra, the tube that carries the urine from the bladder and through the prostate, larger. As a result, men can empty their bladders more easily.

However, even though tamsulosin is better at relaxing smooth muscle in the prostate than in blood vessels, some men will get lightheaded upon standing when using it. This occurs especially on the first dose, and over time most men no longer have trouble. It is usually dosed at nighttime so that the lightheadedness on standing is minimized. You can take it at any time of the day (a half-hour after eating is recommended, at the same meal of the day), but I doubt it will work much better.

Many experts will use 0.8 mg in men who haven't had an ideal response and who do not have lightheadedness. I'd ask your doctor whether an increased dose might be better. Before considering another drug, be sure you avoid too many liquids at night, especially alcohol, and try voiding your bladder twice before bed to make sure it is as empty as possible.

To Your Good Health cont. Pg. 14

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Plant Talk

by Ken Resch

Plants are Like People

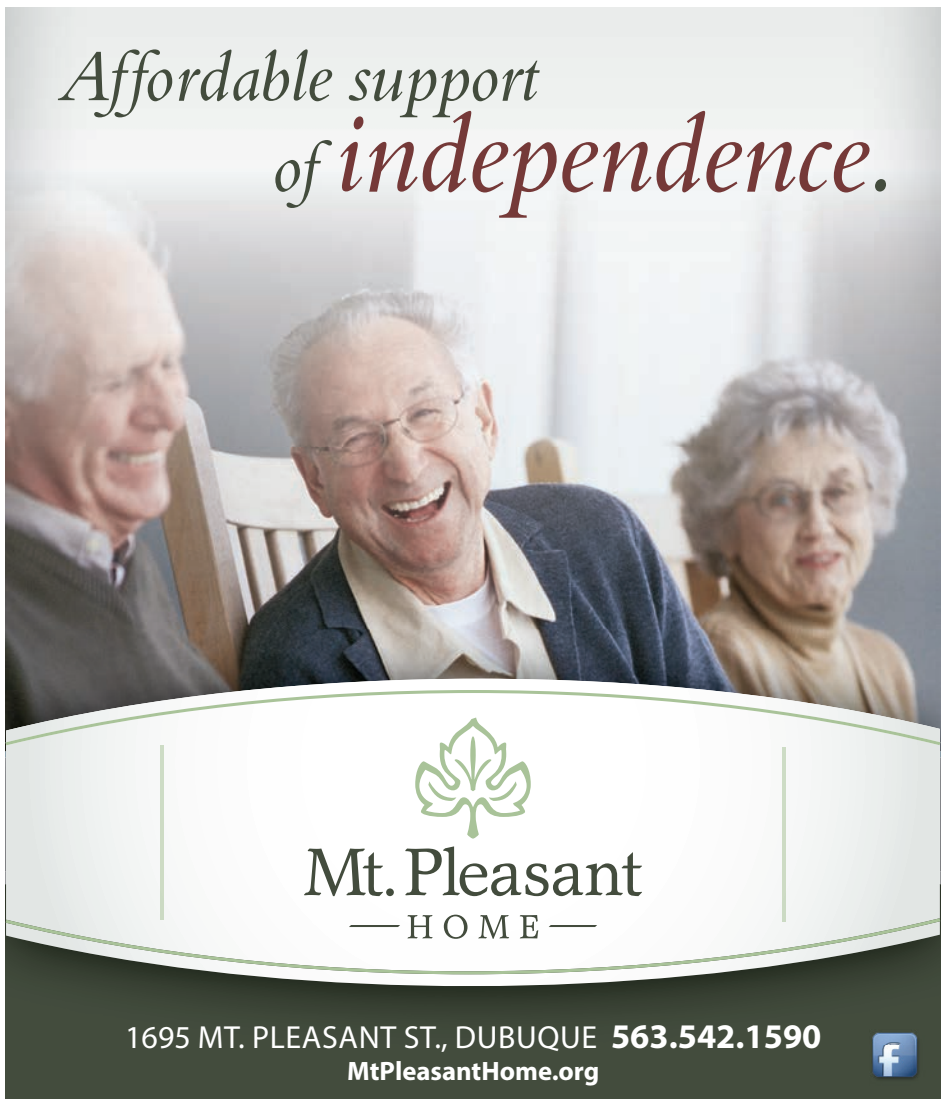
My title is taken from a 1970s book by Jerry Baker who for more than half a century wrote about every aspect of gardening imaginable. I want to look at plants being like people from a psychological perspective so I'm referencing Maslow's Hierarchy of Need. In simple terms, imagine a pyramid divided into five levels. The bottom level are the essential human needs like food, water, and sleep. Once these are obtained the next level up are safety needs including security, order, and stability. With basic nutrition, shelter, and safety established, we are willing to accomplish more. Level three is the need for love and belonging. If we can take care of ourselves physically we are able to share with others including family and friends. Now content, we are comfortable with what we've accomplished. This is level four, self-esteem where we want recognition for our competencies through status or success. The final level, the tip of the pyramid, is self-actualization where we are in harmony and achieving our full potential. With a stretch, I want to suggest we look at our gardens and flowers, particularly our annuals, in this way. In doing so, I believe we will grow better plants, have happier gardens, and be happier gardeners.

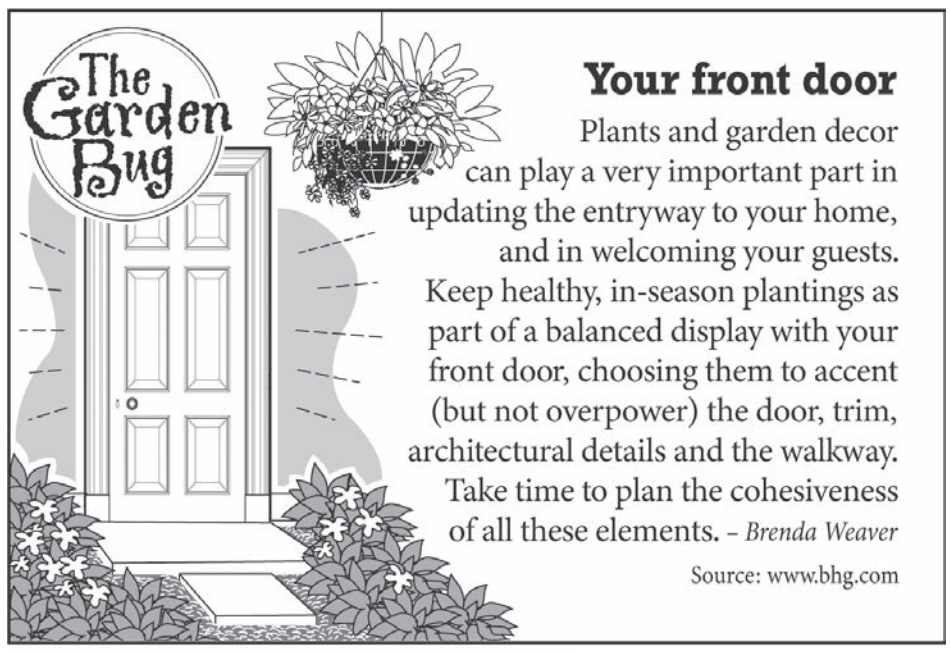
What are the essential needs for our plants? Yes, they are obvious, but not always consistently monitored. I doubt anyone plants flowers and depends only upon nature to take care of them. The heat wave last month with no rain would have destroyed our flowers if we did not water them. My point is consistency; water in the mornings, avoid evenings, and water regularly. In addition, feed your gardens throughout the growing season with a balanced food designed for the particular plants being fed. Roses get rose food, Hydrangeas get food designed for their needs, and likewise for annuals. With annuals, because they will flower all season, try a blossom-boosting fertilizer that has more phosphorus, and you'll see a dramatic difference. I like the Miracle-Gro© line of products because they make an array of foods targeting all the various garden plants. Sleep? Nature will cover this aspect, but be aware that many plants have specific sun and shade needs, so plant accordingly. Yes, hostas will start the season looking beautiful, but by June they look burned and unhappy if grown in the sun. Shade is where they find their needs met best.

Now our plants are content, and this is where many gardeners leave them—with four levels yet to achieve! Plants like order and I recommend always planting in odd-numbered clusters of 3, 5, or 7 plants. Don't plant in straight lines! Plants are secure and orderly when they are around each other. In groups, plants belong, and they do sense they are among their own. We sense this as well because such planting arrangements also please our eyes. Just by carefully planning our plantings we move quickly up the hierarchy of need and we're at level four: self-esteem.

Okay, now some readers are thinking me a bit daft. Plants have self-esteem? Yes, and we give it to them. By paying attention to our annuals and

Plant Talk cont. Pg. 18





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KOVELS
Antiques & Collecting

By Terry and Kim Kovel

Horner Chest of Drawers

Victorian furniture was larger, heavier and usually darker and much more ornate than the mid-century or even modern pieces used today. The houses were large and dark. The electric light was not invented until about 1805, and the candles and oil lamps used for light could only illuminate a small area.

Big carvings could be seen, dark wood covered some of the flaws and wealthy homeowners who bought the expensive furniture had large homes with big rooms, and the furniture was styled to show off the size and wealth.

The best furniture makers and designers in New York favored George Hunzinger, who came from Germany in 1855. He made unusual furniture that had wooden parts that looked like lollipops and plumbing parts. Many chairs folded up. He patented over 20 designs.

Another star was the firm Kimbel and Cabus. These New Yorkers started in 1862. They created modern gothic style, much simpler than the earlier renaissance gothic and an Anglo-Japanese look. They used tiles, painted sections and metal trim.

A third totally different type of furniture was made by Robert Horner in 1886. Walnut wood was scarce, so he used oak or mahogany to make heavy furniture with large carvings of gargoyles and cherubs and trim. Several other furniture makers made similar furniture that collectors may attribute to the wrong maker.

A Cowan auction sold a five-drawer Horner chest of drawers. It had faux bamboo trim on the drawers and a side lock. The bamboo pole at the side is made to slide over part of the drawer to keep the drawers shut and locked. It sold for $1,088.

• • •

Q: I love McCoy pottery and for years have had a green McCoy letter holder hanging on the wall near my front door. Is it rare?

Kovels

Fake bamboo was often used as trim on late Victorian furniture. The trim plus the clever side lock on the chest made this Horner piece worth over $1,000.

A: The McCoy Pottery Company was based in Zanesville, Ohio, and from 1910 to 1990, produced huge numbers of planters, bowls, serving dishes, wall pockets, cookie jars and your letter holder. The pottery is still an inexpensive and colorful collectible. McCoy pottery is very functional, including your letter holder, which is selling for around $45 in antique stores.

• • •

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Jewelry, pin, ribbon shaped into heart, arrow pierces through, gold tone metal, seed pearl band, retro, 1950s, 1 inch, $155.

Glass lusters, ruby glass, gilt flower decoration, scalloped edge, teardrop stem, round base, each with 10 long clear glass spear prisms, 13 1/4 x 6 inches, pair, $345.

Sterling silver flatware, carving set, hardwood handle with inlaid silver squares, William Spratling, Taxco, Mexico, c. 1964, knife 13 inches, fork 10 3/4 inches, two pieces, $530.

• • •

TIP: Need a quick measurement at an antiques show? A penny is 3/4 inch in diameter; a dollar bill is almost 6 inches long.

*Stay connected! Join tens of thousands of other collectors who receive our **FREE** weekly email with insider tips, news, marks and more at **www.kovels.com**.*

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To Your Good Health from Pg. 12

*Dr. Roach regrets that he is unable to answer individual questions, but will incorporate them in the column whenever possible. Readers may email questions to **ToYourGoodHealth@med.cornell.edu**.*

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The purse of the people is the real seat of sensibility. Let it be drawn upon largely, and they will then listen to truths which could not excite them through any other organ.
—Thomas Jefferson

• • •

I have stepped out upon this platform that I may see you and that you may see me, and in the arrangement I have the best of the bargain.
—Abraham Lincoln

Contract Bridge

Defusing a Potential Threat

West dealer.
East-West vulnerable.

NORTH
♠ 8
♥ K 10 8 3
♦ A 6 5 2
♣ K 9 6 4

WEST
♠ K 10 4
♥ Q 7
♦ J 9
♣ A Q J 8 3 2

EAST
♠ 9 5 2
♥ J 9 6 5 4
♦ 10 8 4 3
♣ 10

SOUTH
♠ A Q J 7 6 3
♥ A 2
♦ K Q 7
♣ 7 5

The bidding:

West	North	East	South
1 ♣	Pass	Pass	2 ♠
Pass	2 NT	Pass	4 ♠

Opening lead — ace of clubs.

Assume you're declarer at four spades and West leads the ace of clubs followed by the queen. When you play the king from dummy, East ruffs with the five and returns a low diamond.

Let's say you win West's nine of diamonds with dummy's ace and return a trump, East following with the deuce. It might seem normal to finesse the queen, but if you did, you'd regret it.

West would take your queen with the king and return a low club, which East would ruff with the nine. You'd overruff with the jack and play the ace, but when East showed out you'd have to lose a trump trick to West's ten and go down one.

In retrospect, it's easy to see that it's wrong to take the trump finesse. West is marked with the king of spades, since he could hardly have opened the bidding without it.

To attempt a finesse that is destined to fail, and at the same time subject yourself to the danger of an "uppercut" by East on the next club lead, amounts to going out of your way to try to lose the contract.

The correct play at trick four is to go up with the ace of trump and then lead the queen, which is the best you can do under the circumstances. In the actual deal, your only losers would be a club, a club ruff and a trump.

The hand dramatically illustrates that when there is nothing to gain and everything to lose by taking a finesse, it is clearly better to reject it.

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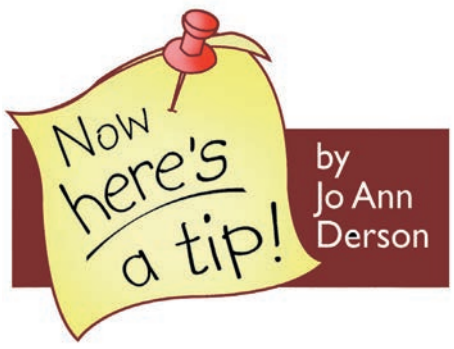
by Steve Becker



• Keep your crisper drawer clean by lining with fresh newspaper. It will absorb smells and liquid, and can be easily replaced.

• If it's garage sale time, try this trick: Wrap a picture frame tightly with tulle. Then you can hang earrings from the tulle. Maybe someone will think it's so cute that you'll sell the frame, too!

• When your cut-up fruit is about to expire and you don't think you'll be able to eat it in time, just freeze it for smoothies. Lay it out in a single layer and pop it in the freezer. When it's frozen, you can put it in a zipper-top baggie for easy storage.

• Add a small bit of boiling water to a glass of iced tea to clear it up if it is cloudy. You can do this to a pitcher just before serving.

• Stubborn stains in the toilet? Try dropping in a few denture tablets before going to bed, then scrub and flush in the morning.

• If you're traveling with pets, you know you'll need to bring something for them to drink out of. If you have ice in a container, they can lick the ice to stay hydrated, but it doesn't slosh around or spill easily.

• "Cutting corn off the cob can be tricky business, but you only need to recruit the right equipment. The next time you're making corn for dinner, grab a Bundt pan. The corn cob gets set upright in the center, and when you cut down, the kernels fall right into the pan on all sides." — ***A.S. in Texas***

• "If you have trouble holding your cat still to clip its claws, sneak up while it's asleep. You might get only a couple done before your cat catches on and wriggles away, but you'll get there." — ***P.L. in Oklahoma*** (Slow and steady wins the race, P.L. Your tip works great for babies, too! — ***JoAnn***)

• Skunk run-in? Try this mix before you buy pricey de-stink shampoos at the pet store. Mix a quart of 3% peroxide, a teaspoon or two of dish soap, 1/4 cup of baking soda and quart of room-temperature water. Apply to pet, and work deeply into the fur. Massage in for five minutes, and rinse thoroughly.

• Boiling potatoes? Plants love starch. Let your cooking water cool, then use it to water the plants in your garden.

Send your tips to **Now Here's a Tip**, 628 Virginia Drive, Orlando, FL 32803.

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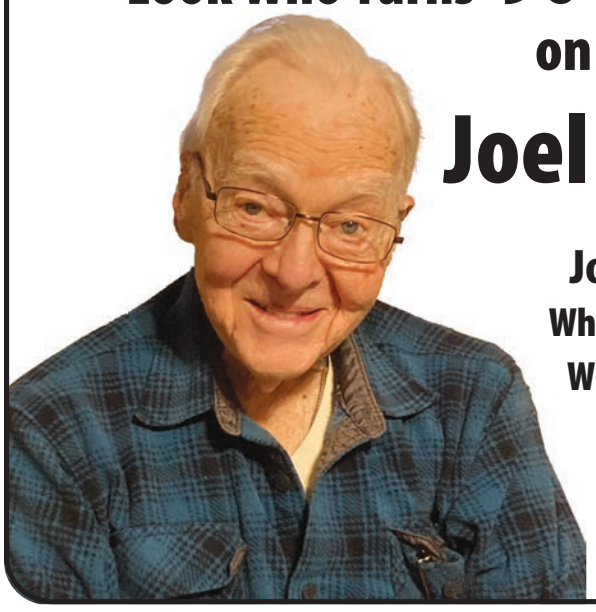

Joel Glennon

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Liz Lynch is back by popular demand.
The following stories were written by Liz at age 92 as she reminisced about the early days in her life.

A careful watch was needed for days as the mother hens often fought, pecking at each other to obtain leadership. They became weak after fighting as they lost so much blood. Baby chicks found water by having their beaks dipped into shallow pans of water and were fed fine corn meal and rolled oats. The mother hens were fed coarse corn and whole oats and given large containers of water. The mother hens scratched around finding seeds for food and called the chicks with a clucking voice to come and partake of worms or seeds. After three nights of returning the mothers and chicks to their coops they went to bed by themselves. The mother hen stretched her wings over them to keep them warm. The coops had to be closed securely as rats and wild animals could kill them.

A rainstorm in the daytime never prompted a mother hen to take her brood into the coop. She plopped herself down, spread her wings over her chicks just anywhere. Her body heat kept the chicks warm. If the chicks were in danger, like a hawk flew over them, the mother hen make a screeching noise, and the chicks laid flat on the ground until she signaled them to follow her. When the chicks were feathered and half grown, the mother hen sat on top of the coop all night as it was too warm inside and the chicks needed more room. The half -grown chickens were left on their own to care for themselves. The mother hen returned to the original chicken house to begin another cycle of laying eggs.

By the fall the pullets, young hens, were put in a separate house and fed 18% protein food to start the laying cycle. The roosters were fattened with shelled corn and allowed to roam through the field to eat insects and grasshoppers. Six pound roosters made a fine roasting chicken which were in demand by the produce stations. They butchered them and sold them to the grocery stores. Chicken meat was a treat to us as salt pork meat was mostly used due to the fact salted pork needed no refrigeration.

The pullets started laying small eggs in September and continued laying until the weather was cold and snowy. By the following spring the heavy breeds of chickens; Rhode Island Reds, White Rocks and Plymouth Rock hens would continue the cycle of hatching and caring for the chickens.

Now, the chickens are bred to lay eggs daily and not hatch. High protein feeds are fed with fresh water available at all times in chicken waterer's. Artificial means of hatching must be used — incubators, brooder houses and brooder stoves would take the place of the mother hens.

The eggs were washed and placed in fifteen or thirty dozen egg cases and sold at the grocery store. The eggs and the grocery list was left at the store on the trip to town. The grocer candled and graded the eggs as to size, put the fillers and the groceries into your egg case. You then settled your bill as you returned from your shopping. Money from the eggs often covered the cost of coffee, tea, sugar and flavorings. The vegetables and meat were raised and cared for by the process of salting, canning and frying down. Nothing was wasted as life went on with monthly trips to town. We had everything we needed and were happy with it.

Social Security from Pg. 10

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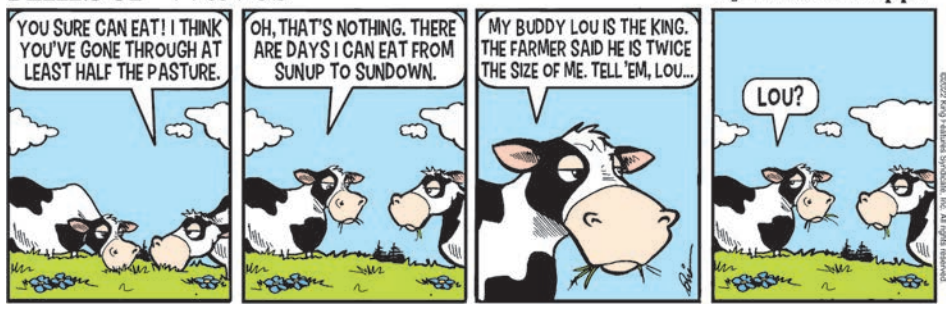
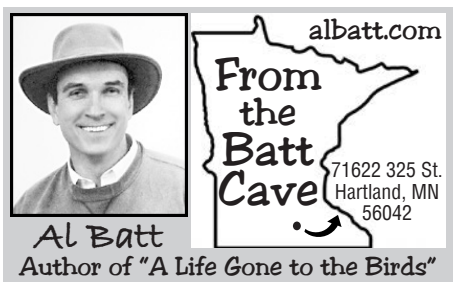
Amber Waves by Dave T. Phipps





Would you rather be rich or have $49 million?

Rolling on a stinky, dead carp.

That wasn't my idea of winning the lottery.

But it was my dog's idea of hitting the jackpot.

A sweet voice on the phone said, "You've won the lottery."

That didn't happen, although an occasional crooked caller has all but guaranteed that.

I dreamed I'd become a billionaire by starting a company that made "Now hiring" signs.

And I dreamed I'd won $49 million in a lottery. Or I dreamed I'd lost the lottery and owed $49 million. Dreaming can be fuzzy, but it was a daydream. I never dream about wealth (at least that I can recall), but it's hard not to consider the possibilities when awake. Besides, it was on April Fool's Day. What better time for fanciful dreaming?

It's a surprise for anyone to win the lottery, except for criminals who have tilted the world in their favor. It would be an immense surprise for me to win the lottery as I've never purchased a lottery ticket other than as a gift for my mother-in-law. She enjoyed winning the rare dollar or two. It's unfair that I have to buy a lottery ticket to win the lottery. That silly rule discriminates against frugal guys like me and math majors who refuse to buy a lottery ticket.

I learned about being rich from the Fiddler and Horatio.

"Fiddler on the Roof" taught me, "Yubby dibby dibby dibby dibby dibby dibby dum. All day long I'd biddy biddy bum. If I were a wealthy man. I wouldn't have to work hard. Yubby deedle deedle, bubba bubba deedle deedle dum."

Horatio Alger was a prolific 19th-century American author, known for his formulaic juvenile novels about impoverished boys and their rise from humble beginnings to lives of respectable middle-class security and comfort through hard work, struggle, determination, courage and honesty. None of them won the lottery. They didn't even rent a lottery ticket.

My neighbor Crandall, who monitors the sky hoping to see flying pigs, says work is nothing more than something to keep him busy until he wins the lottery. He abides by the proverb, "How beautiful it is to do nothing and then rest afterward." He claims that if he had all the money he's spent buying lottery tickets, it would be like winning the lottery. If he won $49 million in the lottery, he asserts he'd give a quarter of it to charity. That would leave him with only $48,999,999.75.

What would I do with $49 million? Buy a Lamborghini? No, I like the car I have. It's properly aged with just the right amount of experience. Plus, I can spell its name. Become a politician? Perish the thought. Get a new wallet? One that doesn't require duct tape to survive? I might do that. Retire? And drive my poor wife crazy? Would I hire Loophole Louie to do my taxes? Maybe I'd have a refrigerator custom-built, which would have more room for what I like and less room for the stuff I don't. Hire a stunt man to do all my shaving for me?

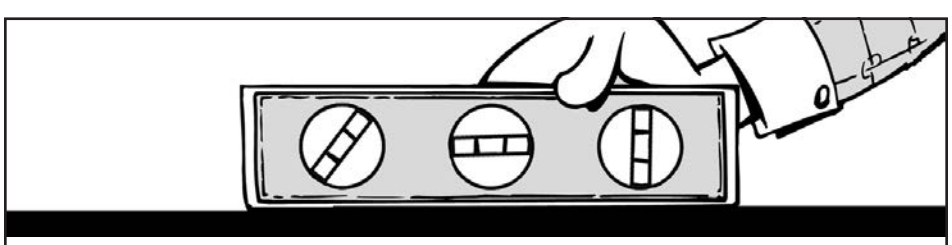
I'd do things I've never done before—take a selfie or eat Kool-Aid pickles. Maybe I'd take a selfie of me eating Kool-Aid pickles.

I'd buy a second home. Probably in Matawan, Minnesota, an unincorporated community with a population too small for anyone to count and the Cobb River flowing nearby. The elevation in Matawan is 1,148 feet, which is my favorite elevation. It has an unnamed mountain that towers above the surrounding landscape from its lofty 1,151 feet. Matawan had a post office from 1907 to 1972, so it doesn't have its own ZIP code, but has a reliable rural mail carrier. Few people can say they live in Matawan, Minnesota. That makes that wonderful place an exclusive community without a gate.

The world is filled with endless possibilities for a lottery winner. It's my oyster. Shakespeare wrote in his comedy, "The Merry Wives of Windsor," "Why then the world's mine oyster." Perhaps it alluded to the possibility of finding a pearl in an oyster.

I'm good with my life as it is and I'm happy, but what would I do if I won $49 million?

I'd buy a full tank of gas.



When someone or something is said to be on the level, it is thought to be honest or as advertised. The expression is taken from the rituals of Freemasonry. The level, an instrument used by builders, is a symbol of equality.

Why you need dental insurance in retirement.

Medicare doesn't pay for dental care.[1]
As good as Medicare is, it was never meant to cover everything. If you want protection, you need to purchase individual insurance.

Early detection can prevent small problems from becoming expensive ones.
The best way to avoid large dental bills is preventive care. Experts recommend checkups twice a year.

Previous dental work can wear out.
Your odds of having a dental problem only go up as you age.[2]

Treatment is expensive — especially the services people over 50 often need.
Unexpected bills, like $189 for a filling, or $1,219 for a crown[3] can be a real burden, especially if you're on a fixed income.

When you're comparing plans ...

- Look for coverage that helps pay for major services.
- Look for coverage with no deductibles.
- Shop for coverage with no annual maximum on cash benefits.

Simply put – without dental insurance, there may be an important gap in your healthcare coverage.

1 "Medicare & You," Centers for Medicare & Medicaid Services, 2021. 2 "How might my oral and dental health change as I age?", www. usnews.com, 11/30/2018. 3 American Dental Association, Health Policy Institute, 2018 Survey of Dental Fees, Copyright 2018, American Dental Association.

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VETERANS ★ POST ★

by Freddy Groves

Homeless Vet Falls Through the Cracks

The Department of Veterans Affairs creates numerous programs to deal with homeless veteran populations — and this is all well and good. But it's the individual homeless vet who can fall through the cracks.

The VA Office of Inspector General reports about a veteran (I'll assume here it was a guy) who had multiple physical conditions on top of severe cognitive impairment. Years ago, he was given housing assistance and an evaluation and made part of a program. Eventually, he was booted out of the housing and thus booted out of the help program.

In the space of seven months, he took himself to the emergency room at a VA hospital a dozen times for various medical conditions, most a result of living outside or in a car. They admitted him for 33 days while he got evaluated for his cognitive functioning and had his medical conditions cared for. They discharged him and sent him off in a cab to a non-VA shelter.

For whatever reason, an hour later, he showed up at the ER again. They gave him a bus ticket to the shelter. The trip involved changes of buses, not an easy trick for someone with severe cognitive impairment. An hour later, he again showed up at the ER. Once more, they gave him a bus ticket and a printed list of instructions, telling him to go to the shelter.

The next day, a social worker discovered that he never made it to the shelter, and the following day, the family filed a missing person report.

Three days later, he was found at the shelter.

A reading of the OIG report shows one misstep after the other, with staffers putting a cognitively impaired veteran on a bus and not using one of the donated Uber gift cards and having him delivered right to the door of the shelter. Better yet, they could have told family members that he was being discharged.

To read the report: ***www.va.gov/oig/pubs/VAOIG-21-02209-147.pdf***

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SENIOR NEWS LINE

by Matilda Charles

Here's How I Saved on Prescription Drugs

The price of prescription drugs has, like everything else, inched up. In some cases, the cost has made a massive, sudden jump, and it comes as a shock when you check out at the pharmacy. But there are ways around this horrible surprise.

I recently discovered a way to save a lot of money ($80 on a 90-day prescription) by doing two things: I changed pharmacies, and I started using GoodRx. Here's how:

Go to the GoodRx website (***goodrx.com***) and put in your ZIP code so that all the local pharmacies show up. Enter the name of the drug you take, as well as the dose and number of pills. See what each pharmacy charges using GoodRx. They will vary widely.

Boy, did I get a shock. It took me all of two minutes to call a new pharmacy and ask them to have the prescription transferred.

Then I printed out the GoodRx coupon showing the pharmacy name, the drug and dose, the price and so on. I took that to the pharmacy and voila! Eighty dollars saved.

Here are a few other ideas if GoodRx isn't going to work for you:

— Ask your doctor if a generic would be just as good, or if another drug would work just as well.

— Find out if you qualify for the Extra Help program to pay for your drugs by calling Social Security at **1-800-772-1213**, or read the information at ***www.ssa.gov/pubs/EN-05-10508.pdf***.

— See if you qualify for the Pharmaceutical Assistance Program. (***www.medicare.gov/plan-compare/#/pharmaceutical-assistance-program***)

— Get a different Medicare drug plan more in line with the drugs you take (***www.medicare.gov/plan-compare***).

One note: You can't use GoodRx along with a deductible from Medicare or Medicaid, but you can use it instead of those. Beware whether you'll reach your annual deductible if you don't use a Medicare drug plan or if you're in the doughnut hole (cover gap) already.

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1. Which artist was the first to release "Turn on Your Love Light"?
2. Who wrote and released "Come Softly to Me"?
3. Why did John Mellencamp briefly change his last name to Cougar?
4. Which group started as Chubby and the Turnpikes?
5. Name the song that contains this lyric: "I'll never let you see the way my broken heart is hurting me, I've got my pride and I know how to hide, all the sorrow and pain."

Answers

1. Bobby "Blue" Bland, in 1961.
5. "Crying in the Rain," by the Everly Brothers, in 1962. Astonishingly enough, the song only made it to No. 6 on the U.S. charts. Numerous others released covers over the years, including Peter and Gordon, Art Garfunkel and Slade. The only place it ever topped the chart was Norway.
4. Tavares.
3. "Cougar" was pushed on him by a promoter who said the German sounding "Mellencamp" would be a hard sell.
2. The Fleetwoods, in 1959. Legend says the song was recorded at home, with no musical accompaniment except the jingling of car keys. Instruments were added later in the studio. (Listen: You can hear the car keys.)
His version was followed by covers from Van Morrison and the Grateful Dead.

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Memories Passed On
(As told to my grandson Maury)

by Jerry Eberhardt (1924-2017)

The Best Of Jerry
originally published September 2013

Jerry Eberhardt with grandson, Maury Cohn

Maury, because you astutely pointed out that my last "memory" WAS a baseball one – sort of – was the cause of grandpa thinking of another incident related to that same time and place. (Ask your mom or dad to explain "astutely" as this is meant as a compliment to you). It, also occurred while grandpa was playing baseball in Japan and taught me a great lesson. That's why I remember it and believe that you, too, will appreciate this, especially when you are "a little bit older"! Maury, this is what happened.

During infield practice one day before our next scheduled game, I accidentally caught a routine toss from our catcher on my little left finger the "wrong" way with the result that it caused a severe sprain. The next morning it was quite swollen and very sensitive to the least little bump. Our manager had me "try" infield practice before the game as a test. He just wanted to know if I could play third not being concerned with how I'd do at the plate. (Grandpa, comparatively, wasn't that great a hitter!) Well, Maury about a half hour before game time I still wasn't sure if I'd be able to play that day. I took infield practice with my heavily taped sprained little finger "outside" my glove and made it O.K. My manager said he'd start me as usual and could yank me, if necessary, at any time.

Here's why grandpa remembers this incident. Before the game, in my mind, I still didn't know how my fielding would be or if I could even hold a bat properly. Well, Maury, I played the whole game, had the usual amount of chances at 3rd without an error AND HAD 3 FOR 4 AT THE PLATE !! (This kind of hitting would be rare for me even if I were 100 percent healthy!)

The lesson to be learned here, Maury, is that many times we think we can't – or don't even know if we can – do something until we try it. Hope you enjoyed this.

Much love, Grandpa

Plant Talk from Pg. 13

removing spent flowers—deadheading—while also gently weeding we show off just how successful annuals in the garden will be with enough attention. All too often gardeners are all hopped up and ready to go in May, but by July the flowers look sad. It's not the fault of the flowers; rather, it's the excuses of the gardener. "It's summer, it's hot, and they've done their part." Simply not true. Annuals should look even better in July than in May or June and they should continue to look good until it gets cold in October.

If we've achieved level four above, then it's but a little nudge more to self-actualization in the garden. Faithfully caring for the annuals and other plants will create a garden that has reached its full potential. The flowers bloom in abundance, the colors are rich in their beauty, and all we see, feel, and smell is in harmony. Yes, plants are much like people and like people they can be nurtured and cared for in such a way that they reach the top of the pyramid and become all they were intended to become—the best example of themselves.

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From Where I Sit

SPORTS COMMENT

by Gary Dolphin

Voice of the Iowa Hawkeyes

Iowa football is just 75 days out but there's been plenty of early excitement in anticipation for the season. The Hawks will spend most of September in Kinnick Stadium hosting FCS power South Dakota State, in-state rival Iowa State and the Mountain West's Nevada. The Hawkeyes open the Big Ten season on the road at Rutgers before returning home, starting in October with the Michigan Wolverines in a rematch of last December's Big Ten title game.

The student body is fired up. The University announced this week that season student tickets have sold out. Single game tickets and three game packages are currently on sale. Orders are accepted at ***Hawkeyesports.com*** or by calling **1-800-IAHAWKS**.

Congratulations are in order for two former Iowa greats. Tight end Dallas Clark and offensive tackle Robert Gallery are on the ballot for induction to the College Football Hall of Fame. Balloting will continue through the end of June, with announcement of the 2023 class expected the end of December. In 2021, defensive end Andre Tippet and defensive back Bob Stoops were honored, although Stoops entered the hall as Oklahoma head coach. Iowa basketball coach Fran McCaffery has named former Hawkeye star guard Matt Gatens as an assistant coach, replacing the retired Kirk Speraw. Gatens returns to Iowa City after spending the past four seasons on the Drake staff, helping guide the Bulldogs to four straight 20 win seasons (95 combined victories) the 2019 Missouri Valley Conference regular season championship, an NCAA Tournament appearance in 2021, and two Missouri Valley tournament championship game appearances.

Gatens was named Iowa's "Mr. Basketball" and the state's Gatorade Player of the Year as a senior at Iowa City High School, leading the Little Hawks to a State title in Class 4A .

Gatens was a four year starter at Iowa from 2009-12. His final two seasons were McCaffery's first two as Iowa head coach. A two time team Captain, Gatens scored 1635 career points, making 239 3-pointers, ranking 10th and 3rd respectively in Iowa history. In 128 career games, the 6'4" Gatens averaged 13 points, 4 rebounds and 2 assists.

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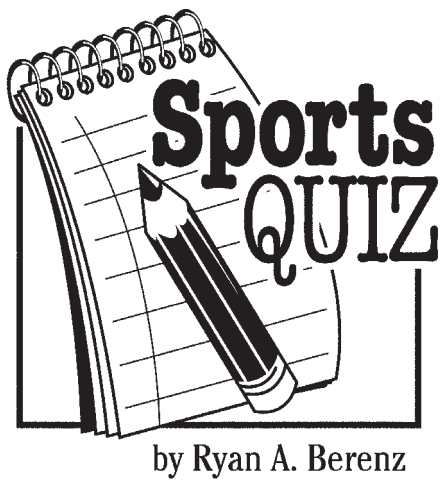

by Ryan A. Berenz

1. Name the driver for Team Penske who won IndyCar Series season championships in 2017 and '19.
2. Who compiled a 3-10 record with the 1976 New York Jets in his only season as an NFL head coach?
3. On Sept. 14, 2008, Chicago Cubs pitcher Carlos Zambrano threw a no-hitter in Milwaukee's Miller Park against what team? (Hint: It wasn't the Brewers.)
4. What American snowboarder won Olympic gold medals in the women's halfpipe event at the 2018 PyeongChang and 2022 Beijing Winter Games?
5. Massachusetts hunters Charles Davis and William Foster are credited with developing what shooting sport in the 1920s?
6. On June 4, 1974, what promotion resulted in riots in the ninth inning and a forfeiture for Cleveland's Major League Baseball team?
7. Name the Basketball Hall of Famer who was selected first overall by the Houston Rockets in the 1983 NBA Draft and was named NBA Rookie of the Year in 1984.

Answers

1. Josef Newgarden.
2. Lou Holtz.
3. The Houston Astros, who were relocated due to Hurricane Ike.
4. Chloe Kim.
5. Skeet shooting.
6. Ten Cent Beer Night.
7. Ralph Sampson.

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1. TELEVISION: Which TV show is set at UC-Sunnydale?
2. FOOD & DRINK: What is an affogato?
3. MOVIES: Which famous movie features a character named Almira Gulch?
4. HISTORY: Which U.S. state was the first to legalize marijuana for medicinal use?
5. ENTERTAINERS: What rapper/songwriter's real name is Calvin Cordozar Broadus Jr.?
6. SCIENCE: What part of the brain controls hunger?
7. GEOGRAPHY: The Gulf of Cadiz lies off the coasts of which two countries?
8. LITERATURE: Who are the best friends of Nancy Drew in the mystery series?
9. LANGUAGE: The archaic term "grippe" was used to describe what common ailment?
10. ASTRONOMY: What kind of star is the sun in our solar system?

Answers

1. "Buffy the Vampire Slayer"
2. Italian dessert of coffee and ice cream
3. "The Wizard of Oz"
4. California, 1996
5. Snoop Dogg
6. Hypothalamus
7. Portugal and Spain
8. Bess and George
9. Influenza
10. Yellow dwarf

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Radio from the 20th Century

by Bill Zwack

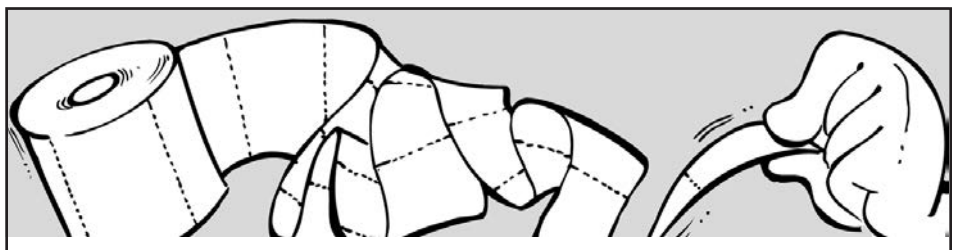
Murder at Midnight was a series produced by KFI, Los Angeles, and syndicated in 1946. It featured tales of the supernatural and macabre by radio's top writers and performers.

Elspeth Eric, Mercedes McCambridge, Barry Kroeger, Betty Caine, Carl Frank, Barry Hopkins, and Lawson Zerbe were *Murder at Midnight* regulars.

The stories were wild tales of death and the uncanny- of severed hands coming to life; of death appearing of a man in a black beard. It told us of "The witching hour….. when night was the darkest, our fears the strongest, our strength at its lowest ebb. Midnight—when graves gape open and death *strikes*!"

Thus comes *Murder at Midnight*. This show tried to do what *Inner Sanctum* did so memorably on the networks; the stories were often the equal of *Inner Sanctum* yarns, but the format wasn't in the same ballpark. Writers included Robert Newman, an older *Inner Sanctum* alumnus, Joseph Ruscoll of *Molle Mystery Theater*, Max Ehrlich of *Suspense*, and William Norwood of *Bulldog Drummond*. Charles Paul contributed the creepy organ music, the director was Anton M. Leder, and the sinister-voiced narrator whose voice dripped "murrr-a-a-a-TTT Midnight!" was none other than Raymond Morgan, a former Long Island minister who had given up the cloth for the excitement of radio.

Listen to AM 1370 KDTH's *Big Broadcast,* heard every Sunday night from 6 to midnight, and you might hear the organ music ringing in *Murder at Midnight*.



A person uses approximately 57 sheets of toilet paper each day.

Sept-Oct 1955

Down Memory Lane

Sept-Oct 1955

Exerpts From The Pages Of "Dupaco Meating Post" A Newsletter Of The Dubuque Packing Company

Employee Picnic

A very successful plant employee picnic—sponsored by Local 150, Amalgamated Meat Cutters & Butcher Workmen—was held in late August at Sullivan's picnic ground where close to a thousand employees and their families enjoyed the day's festivities.

The program started in early afternoon with sports and card games providing lots of entertainment. An excellent dinner was served in the evening with DUBUQUE beef providing a fitting entree which was garnished with a wide variety of vegetables and salad.

Serving on the committee which did a grand job were Rose Wissing, Rose Schoenberger, Nick Krajnovich, Nick Ervolino and Bob Hartford.

Music was provided by Joe Paradiso and the Company contributed generously to the main course for the evening meal.

Pictures on this page evidence the good time enjoyed by our employees at the 1955 picnic.

PLANT EMPLOYEES DINE ON DUBUQUE BEEF

TIME OUT FROM EUCHRE GAME FOR PHOTO

36th Fireworks & Air Show

by Perry Mason, General Manager, Radio Dubuque, Inc.

The July 3rd fireworks and air show is coordinated annually by the four radio stations of Radio Dubuque (AM 1370 KDTH, 92.9 KATFM, 97.3 the Rock, and 101.1 the River) and the Dubuque Jaycees. 2022 will be the 36th show and promises to be bigger and better than ever!

Dubuque's Independence Day Spectacular is dedicated annually to the men and women of the U.S. Armed Forces who help protect the freedoms we enjoy today. Many military aircraft have been featured in the shows over the years. In their flyovers, U.S. Air Force pilots have reported that they estimate the Tri-State crowd size to be in excess of 250,000 people. It has evolved into the biggest community event in the tri-states.

Although the celebration can be seen from all over the Tri-State area, "Show Central" is located in the AY McDonald Park next to the Hawthorn Boat Ramp just below Lock and Dam 11. If you are planning to celebrate in this area, or anywhere near, please remember to arrive early (probably before 4pm) and pack and plan to be there through the end of the fireworks. It is often very hot that time of year and you are strongly encouraged to keep your pets at home. Social distancing will be encouraged.

The Air Show will begin at approximately 6pm and the line-up includes: The United States Army Parachute Team – the Golden Knights; Full Throttle Formation Team, Trojan Phlyers T-28, USAF Heritage Flight with an F-35 and WWII warbird. Also, the US Navy Growler Legacy Team.

And then at dusk...the fireworks extravaganza! For a listing of all events associated with this year's celebration, log on to ***http://fireworks.radiodubuque.com***.

The only way the radio stations and the Jaycees have the ability to put on this show each year is through the financial support of good corporate citizens. Thank you to EVERYONE for your past and present support, we couldn't do it without you!

Americanisms

"The older I get, the smarter my father seems to get."
— *Tim Russert*

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What's it WORTH on ebay

If you have an item and you would like to know what it is worth, send digital pictures with a brief description to paulhconnor@gmail.com, or make an appointment to visit me at 201 North Commerce Street, Galena, IL. Be sure to check out our website at www.ezsellusa.com.

Comic Books!

Every Monday one of my first tasks is to find an item that we have sold to share with you here on "What's it Worth on eBay!" Up early to prepare for an Estate Sale this week, I was watching the local news to see what weather was forecasted for the week. During the broadcast a story was shared about a comic book that was expected to sell for over one million dollars. That issue was printed in 1939 by Detective Comics and sold for just 10 cents. With only 40 believed to exist, this comic was the first printed appearance of Batman. That was the beginning of our present-day popularity with Superheroes.

The comic pictured here was found in a box inside of a storage unit that we recently purchased. The box contained over 20 supersized comics from DC and Marvel. This issue sold for $2.00 when first printed in 1976. We offered this book at auction, and it sold for $49.95, not as many zeroes but still a good price for a comic that was less that 50 years old. If you have comics printed from 1938 to 1956, this is considered the Golden Age of Comics. We would love to help you find their best value on eBay.

Happy Birthday AMERICA

Remember to be safe while celebrating this July 4th

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Good Housekeeping

Grilled Shrimp Tacos with Sriracha Slaw

Smoky, grilled shrimp and spicy slaw are the keys to next-level tacos.

1/4 cup extra-virgin olive oil
3 tablespoons freshly chopped cilantro
Juice of 3 limes, divided
Kosher salt
Freshly ground black pepper
1 pound large shrimp, peeled and deveined
1/4 head red cabbage, shredded
1/4 cup mayonnaise
1 tablespoons sriracha
4 medium tortillas

1. In a small bowl, mix together olive oil, cilantro and 1/3 of the lime juice. Season with salt and pepper.

2. Add shrimp to a baking dish and pour mixture over. Toss until completely coated and let marinate 20 minutes.

3. Meanwhile, make slaw: In a large bowl, toss cabbage with mayo, remaining lime juice and Sriracha. Season with salt.

4. Heat grill to high. Skewer shrimp and grill until charred, 3 minutes per side.

5. Grill tortillas until charred, 1 minute per side.

6. Serve shrimp in tortillas with slaw. Makes 4 servings.

For thousands of triple-tested recipes, visit our website at ***www.goodhousekeeping.com/food-recipes/.***

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Comfort foods
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by Healthy Exchanges

Campfire Swiss Steak

This main dish is so easy, you'll want to camp out under the stars more often. And for those of you who consider sleeping in a motel as "roughing it," you can always make it at home.

3 tablespoons all-purpose flour
4 (4-ounce) lean minute or cube steaks
1 1/2 cups shredded carrots
1/2 cup chopped onion
1/2 cup chopped green bell pepper
1/2 cup finely chopped celery
2 cups chopped raw potatoes
1 cup (one 8-ounce can) tomato sauce
1 teaspoon dried parsley flakes
1/8 teaspoon black pepper

1. Cut four (18-inch) pieces of double thickness, heavy-duty aluminum foil. Lightly spray each piece with butter-flavored cooking spray. Place flour in flat saucer. Coat steaks on both sides with flour. Place each steak on piece of prepared foil.

2. In medium bowl, combine carrots, onion, green pepper, celery and potatoes. Evenly place about 1 1/2 cups vegetable mixture over each steak. In small bowl, combine tomato sauce, parsley and black pepper. Spoon about 1/4 cup of sauce mixture evenly over top of each. Wrap securely.

3. Bake on grill or over campfire coals for 30 to 40 minutes, turning every 10 minutes to prevent burning. Or, arrange packets on a baking sheet and bake in an oven preheated to 350 F for 1 hour. Serves 4.

• Each serving equals: 278 calories, 6g fat, 28g protein, 28g carb., 460mg sodium, 3g fiber; Diabetic Exchanges: 3 Meat, 2 Vegetable, 1 Starch.

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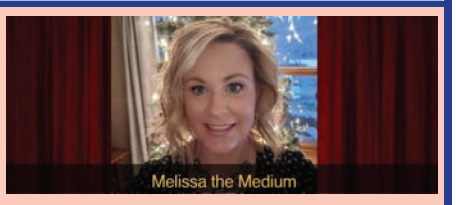
Featuring Classic Country, Bluegrass, Classic Rock, Gospel, Comedy and Impersonations!
Tickets: $22 (in advance) $25 (at the door).
Students (18 & Under) Tickets: $13 (in advance) $15 (at the door)

Melissa the Medium
Saturday, July 23, 2022 • 7PM



Melissa the Medium from Dubuque
Melissa Culbertson was born and raised in Dubuque Iowa. Ever since she was a young girl Melissa has experienced the presence of spirit in many ways. During her childhood she had many profound experiences with spirit and her psychic ability. It wasn't until later in life when she fully understood what her ability was. Melissa uses her Christian background for guidance as she delivers messages. The many paths that Melissa has walked in life have also led her to be a self-help coach. Many people have found strength, stability and love for themselves taking Melissa's courses. She also does Reiki, sound healing and grief classes. Melissa has been on live radio giving readings. She has also done many large group public events giving messages. Melissa enjoys bringing comfort, healing and honesty to those in need. She provides a beacon of light in the chaos. Melissa also does home clearings and have conducted ghost haunting tours at the Captain Merry Mansion in East Dubuque IL for the past two years.
Tickets: $25 (at the door).

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SOMETHING BETTER.
CREMER'S EST. 1948

Cremer's Cooking Tips

Grilled Tri-Tip Beef

Ingredients
Whole Tri-Tip, about 2 pounds
3 Tbsp Cremer's Rub Me Tender Seasoning

Directions

1. Sprinkle meat with rub and massage lightly alll over. Cover and refrigerate at least an hour or as long as overnight. Remove from refrigerator an hour before cooking.

2. Prepare charcoal grill or heat a gas grill to high. Place roast on grill and sear one side well, 6 to 8 minutes, checking for flare-ups. Turn the roast and sear the other for about the same time. Then lower gas to medium-high or move the meat to a cooler part of the charcoal grill.

3. Turn meat again and cook another 8 to 10 minutes. Flip and cook again. A 2-pound roast will require about 20 to 25 minutes total cooking time. The roast is ready when an instant-read thermometer reaches 130 degrees when inserted into the thickest part of the meat.

4. Rest roast on a cutting board 10 to 20 minutes. Slice against the grain. The roast is shaped like a boomerang, so either cut it in half at the center of the angle, or slice against the grain on one side, turn the roast and slice against the grain on the other side.

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D U E U C E B R A B P A E E T
S E D A R A P M L B S P R R R
F I R E W O R K S Q O S T N L
J S C I N C I P I G F D S C A

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally
Unlisted clue hint: U.S. FLAG NICKNAME

Barbecue	Concerts	Liberty	Sparklers
Baseball	Crowds	Parades	Speeches
Carnivals	Fairs	Picnics	Uncle Sam
Ceremonies	Fireworks	Reunions	

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SUDOKU

by Linda Thistle

		5		3				1
7					9	5		
	9		1				8	7
	1		3				2	
		8		2				6
9			8		1	7		
8			4			1		
		7		8			4	
	3				6			5

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ◆◆◆

◆ Moderate ◆◆ Challenging ◆◆◆ HOO BOY!

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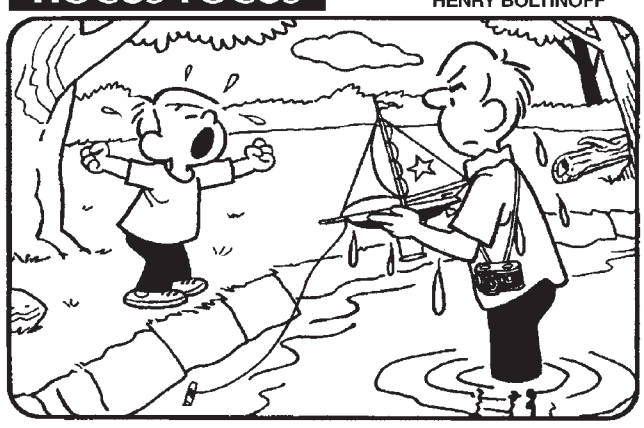
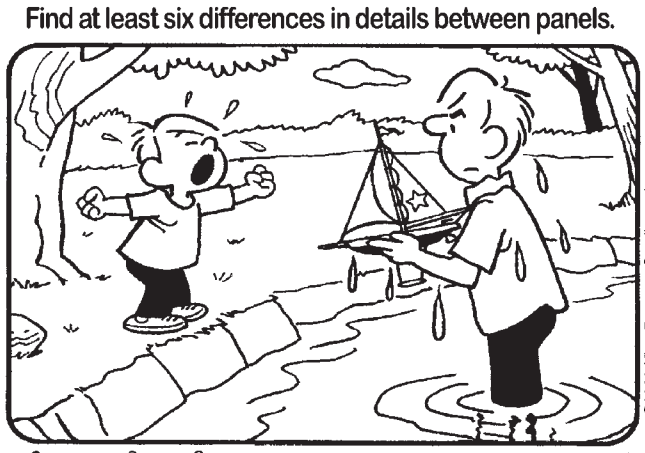
HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Arm is moved. 2. Boat string is missing. 3. Cloud is different. 4. Sail is different. 5. Camera is missing. 6. Log is missing.

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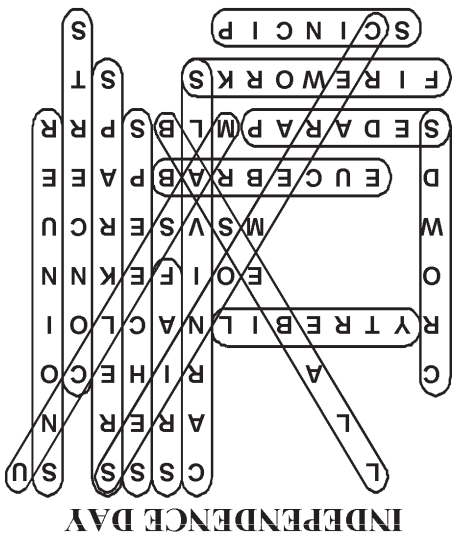

Go Figure! *answers*

	19		15		15
12	4	×	3	÷	9
	+		×		+
16	8	×	2	×	1
	+		+		÷
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— King Crossword —

Answers

Solution time: 22 mins.

A	S	I	F	■	B	I	B	■	H	A	I	L		
L	I	T	E	R	A	T	I	■	U	R	S	A		
P	E	T	E	B	E	S	T	■	M	A	L	I		
■	■	■	B	I	Z	■	B	O	A	T	E	R		
F	O	A	L	S	■	C	Y	A	N	■	■	■		
E	R	I	E	■	G	A	B	F	E	S	T	■		
W	A	D	■	T	U	N	I	S	■	K	I	D		
■	L	A	B	T	E	S	T	■	V	I	N	E		
■	■	■	L	O	S	T	■	R	I	P	E	N		
S	T	O	O	P	S	■	B	E	E	■	■	■		
E	R	I	N	■	W	I	L	D	W	E	S	T		
A	U	L	D	■	H	O	O	S	E	G	O	W		
M	E	S	S	■	O	N	T	■	R	O	S	A		

SUDOKU *Answer*

4	3	9	2	1	6	8	7	5
1	6	9	5	8	3	2	4	9
8	5	2	4	9	7	1	6	3
9	2	3	8	6	1	7	5	4
5	7	8	9	2	4	3	1	6
6	1	4	3	7	5	9	2	8
3	9	6	1	5	2	4	8	7
7	8	1	6	4	9	5	3	2
2	4	5	7	3	8	6	9	1

Stickelers Answer

1-b, 2-e, 3-d, 4-a, 5-c