



# The Golden View

The Community Newspaper For Adults 55 Plus

June, 2016

Dedicated To The Young At Heart

Dubuque, Iowa

Visit The Golden View On The Web At: [www.thegoldenviewonline.com](http://www.thegoldenviewonline.com)

## Are you ready for some... Fireworks?

by Lisa Delaney

The July 3rd fireworks and air show is coordinated annually by the four stations of Radio Dubuque (AM 1370 KDTH, 92.9 KATFM, 97.3 The Rock and 101.1 The River) and the Dubuque Jaycees. 2016 will be the 31st Annual show and promises to be bigger and better than ever!

Dubuque's Independence Day Spectacular is dedicated annually to the men and women of the U.S. Armed Forces who help protect the freedoms we enjoy today. Many military aircraft have been featured in the shows over the years. In their flyovers, U.S. Air Force pilots have reported that they estimate the Tri-State crowd size to be in excess of 250,000 people. It has evolved into the biggest community event in the tri-states.

Although the celebration can be seen from all over the Tri-State area, "Show Central" is located in the AY McDonald Park next to the Hawthorn Boat Ramp just below Lock and Dam 11. If you are planning to celebrate in this area, or anywhere near, please remember to arrive early (probably before 4pm) and pack and plan to be there through the end of the fireworks. It is often very hot that time of year and you are strongly encouraged to keep your pets at home.



The Air Show will begin at approximately 6pm and the line-up includes: The United States Army Golden Knights Parachute Team; The Aerostars Flight Team; Mike Whiskas and the Lucas Oil Pitts Plane; a US Navy F-18 Hornet and a US Army Chinook Helicopter. And then at Dusk...the fireworks extravaganza! For a listing of all events associated with this years' celebration, log onto *KDTH.com* and click on the Fireworks icon.

The only way the radio stations and the Jaycees have the ability to put on this show each year is through the financial support of good corporate citizens. Thank you to EVERYONE for your past and present support, we couldn't do it without you!



## New Dubuque Regional Airport Terminal Debuts June 2016

by Robert A. Grierson, A.A.E.,  
Dubuque Regional Airport Manager

The brand new Dubuque Regional Airport Terminal is the latest jewel in this remarkable city already known as the Masterpiece on the Mississippi.

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Our mission is taking flight - to provide quality, viable and competitive airport services while promoting sustainability and economic growth for the area. Flying Dubuque has never been more exciting.



New passenger boarding bridge is a welcome addition to keep passengers protected from the elements.

New Airport Terminal cont. Pg. 29

## ChamberFest Brings the New York Concert Hall to Dubuque

by Becky Perkins, Assistant Director,  
Northeast Iowa School of Music

Local audiences have the opportunity to see concerts like those you might find in New York City right here at home during ChamberFest Dubuque. Presented by the Northeast Iowa School of Music (NISOM) to raise funds for the non-profit school, the festival features rising stars of the international music scene including pianist Carlos Avila, violinist Gabe Lefkowitz, flutist Nick Johnson, clarinetist Miles



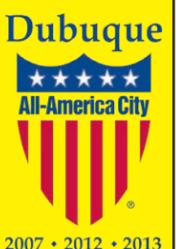
Northeast Iowa School of Music presents ChamberFest

Jacques, percussionist Mari Yoshinaga, and two Dubuque natives who studied at the prestigious Juilliard School of Music in New York City: ChamberFest Cont. P. 3

Al Batt .....	Page 23
A Sporting View .....	Page 27
Bridge .....	Page 21
Bill Zwack .....	Page 28
Collecting .....	Page 25

Gary Dolphin .....	Page 27
Jerry Eberhardt .....	Page 26
Ken Resch .....	Page 22
Michael D. Gibson .....	Page 12
Paw's Corner .....	Page 9

Rent A Flick .....	Page 21
S. E. Persinger .....	Page 9
Social Security .....	Page 11
Trivia Test .....	Page 22
Uplifting Moment ...	Page 7



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Platteville, WI  
June 7, 21  
11:00 a.m.

Ramada Inn-Galena  
11383 Hwy 20  
Galena, IL  
June 1, 15  
11:00 a.m.

Guttenberg Library  
603 S. Second St.  
Guttenberg, IA  
June 8, 22  
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ChamberFest from Pg. 1

ChamberFest Artistic Director Michael Gilbertson and cellist Bridget Pasker. Individually these musicians solo and perform with symphonies across the country and around the world, but they only perform together during NISOM's ChamberFest Dubuque.

Two additional guest artists, Kevin Bibelhausen originally of Dubuque and Sarah Ellis originally of Platteville, will be featured vocalists for "The Sounds of Broadway" on Monday, June 13 at 7PM. Maestro Nick Palmer returns to conduct this concert of Broadway favorites at UD's Heritage Center. Purchase tickets at the UD Farber Box Office (563-585-7469).

ChamberFest Dubuque 2016 culminates with the Gala Performance on Thursday, June 16 at 7:00PM in Clarke University's Jansen Hall. Originally known as Juilliard in June, the Gala is the premier event on which ChamberFest was built. A champagne and dessert reception follows the concert, where audience members can mingle with the artists. Purchase tickets through NISOM at (563) 690-0151.

While in Dubuque Gilbertson and friends will also lead a free workshop, giving local musicians the rare opportunity to learn from some of the best. Interested participants



Maestro Nicholas Palmer

should contact NISOM or visit [nisom.com](http://nisom.com) for more information.

The festival kicks off with the ChamberFest Showcase Faculty Recital on Thursday, June 9, 7:30PM at Eagle Point Park. Admission is free. All are invited to celebrate the start of ChamberFest Dubuque!

Proceeds from ChamberFest Dubuque support NISOM, a non-profit organization that strives to make music accessible to everyone. For more information visit [nisom.com](http://nisom.com) or call (563) 690-0151.

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**KING CROSSWORD**

**ACROSS**

- 1 Towel designation
- 4 Wildebeest
- 7 Oscar winner Patricia
- 11 Concept
- 13 A billion years
- 14 Gumbo need
- 15 Ripped
- 16 Kreskin's claim
- 17 Office part-timer
- 18 Does in
- 20 Opposite of "nope"
- 22 Commonest English word
- 24 Elvis' instrument
- 28 Annoys
- 32 Cutting tool
- 33 Jai --
- 34 Knock
- 36 Pleased
- 37 Fool
- 39 Roams
- 41 Followed relentlessly
- 43 Menagerie
- 44 Chew, as rodents do
- 46 Used a paper towel
- 50 Cincinnati's state

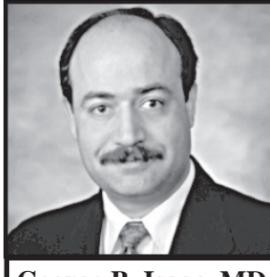
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- 22 Commonest English word
- 24 Elvis' instrument
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- 34 Knock
- 36 Pleased
- 37 Fool
- 39 Roams
- 41 Followed relentlessly
- 43 Menagerie
- 44 Chew, as rodents do
- 46 Used a paper towel
- 50 Cincinnati's state

- 53 Pinch
- 55 Infamous Roman emperor
- 56 Aspiration
- 57 Genetic stuff
- 58 Kindly bloke
- 59 Disarray
- 60 Evergreen type
- 61 Decks in the ring
- DOWN**
- 1 Smacks
- 2 "American --"
- 3 Antitoxins
- 4 "Golly!"
- 5 Inquisitive
- 6 Open, in a way
- 7 "Forget it!"
- 8 -- out a living
- 9 Upper limb
- 10 Once around the track
- 12 Cole Porter musical
- 19 That girl
- 21 Arctic bird
- 23 Blunder
- 25 Mosaic piece
- 26 Somewhere out there
- 27 Ball club from 50-Across
- 28 Musical combo
- 29 Hodgepodge
- 30 Piquancy
- 31 Witnessed
- 35 Peace (Sp.)
- 38 Japanese money
- 40 Present
- 42 Fine and --
- 45 Sommelier's suggestion
- 47 Cheat at hide-and-seek
- 48 Cubesmith
- 49 They get connected
- 50 Resistance unit
- 51 Weeding implement
- 52 Tape speed meas.
- 54 Dog's hand

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**Laugh A Lot**

Needing to shed a few pounds, my husband and I went on a diet that had specific recipes for each meal of the day. I followed the instructions closely, dividing the finished recipe in half for our individual plates. We felt terrific and thought the diet was wonderful—we never felt hungry.

But when we realized we were gaining weight, not losing it. I checked the recipes again. There in fine print, was: "Served 6."

Torrential rain storms were knocking down power lines all over town. That meant as a customer service rep for the electric company, I was dispatching repairmen right and left.

When one-lineman called a customer to get her exact address, he was told, "I'm at Post Office Box 99."

The weary lineman replied, "Ma'am, I'll be coming to you in a truck, not an envelope."

Our co-worker kept trying to get her mother to fly out for a visit.

"No way am I getting on an airplane," was the inevitable answer.

"Look, Mom, when it's your time to go, it doesn't matter whether you're on the ground or in the air."

"I know," said her mother. "I just don't want to be that far off the ground when it's the pilot's time to go."

Letting customers know how much they're appreciated just makes good sense. But one Porta-Potty company might have taken this time-honored tradition a step too far by posting this sign in one of its stalls:

"Thank you for your business."

Fourth of July fireworks displays are, for the most part safe. But that didn't stop the technicians at the last bash I went to from displaying this warning on the backs of their bright orange shirts: "If you see us running, try and keep up."

*Science and time and necessity have propelled us, the United States, to be the general store for the world, dealers in everything. Most of all, merchants for a better way of life.*

—Lady Bird Johnson

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- Protect and support Sunnycrest Manor. The quality of care for Dubuque County residents (including disabled veterans) must NOT be compromised



*"With his decades of strong leadership and experience, Dave Baker will provide needed oversight on Dubuque County projects and he will be an effective advocate for all the citizens of our County."*

(Lindsey Schreiber, Sherrill)

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**The Magic of the Marigold and Us**

Are those marigolds? They sure look like marigolds, I thought to myself. I was walking my usual path on the mountainside in south central Mexico, near where we live part of the year with our missionary daughter and her family. They were a smaller plant with an understated blossom, but they looked like and had the distinctive aroma of marigolds.

Come to find out, all of the varieties of marigolds we enjoy in the United States and around the world come from these wild ancestors in Mexico. They were a sacred flower for the Aztecs and still play a major role in celebrating special events, particularly The Day of the Dead, held on All Saints Day and Halloween.

The marigold has had a long journey over the past several hundred years, being taken to Spain by early Spanish explorers. Seeds were spread all over Europe and new varieties began to be developed. Eventually marigolds made their way to the United States. In the early 1900s David

Burpee (of Burpee Seeds fame) began developing new varieties which has led to the amazing and magical diversity of the marigold in size and color today.

Since the very first man and woman were placed in the Garden of Eden by God and told to tend it, human beings have developed new varieties of plants and breeds of animals. God never intended the life He created to stay as He created it; He's always had the plan that we should play creator alongside Him and develop His creation.

This process of building upon what God's created also applies to the pinnacle of His creation, us! He accepts us where we are and as we are but has no plans to leave us as He finds us. Billy Graham's late wife Ruth requested that a phrase she saw on a sign along the road be placed on her tombstone. It was, "End of construction. Thank you for your patience." We're to see ourselves as a work in progress. We're to keep seeking to be more the person God wants us to be until the day He calls us to enter into His heaven when He'll finish the process in an instant.

The marigold has come a long way from the small wild marigold I saw along the path in Mexico. The message of the marigold is for us to take to heart!

"... so that you may live a life worthy of the Lord and please him in every way; bearing fruit in every good work, growing in the knowledge of God..." (Colossians 1:10)

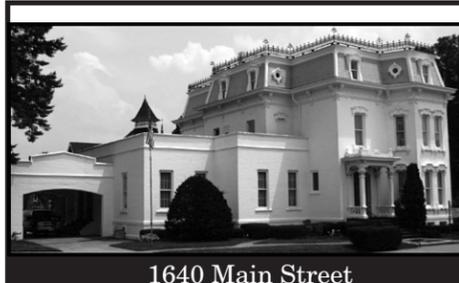
**DID YOU KNOW?**  
by Casey Reekie



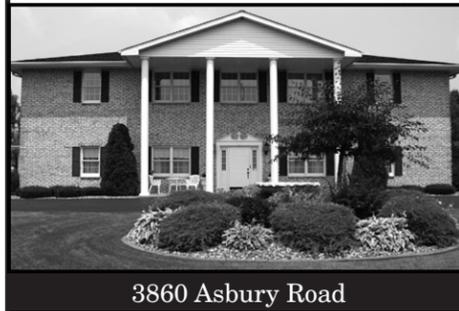
June is the month of Fathers Day. St. Joseph is the Patron of The Universal Church. Pope Piux IX stated: On account of this sublime dignity which

God conferred on His most faithful servant the church has always most highly honoured and lauded the most Blessed Joseph next after his spouse, the Virgin Mother of God, and has implored his intercession in all her great necessities. In other words St. Joseph was a great foster father, stepfather or as some people even say Bonus Dad to Jesus.

*Liberty is always dangerous, but it is the safest thing we have.*  
—Harry Emerson Fosdick



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**BIBLE TRIVIA**

by Wilson Casey

1. Is the book of Simeon in the Old or New Testament or neither?
2. Whose first chapter begins, "Then Moab rebelled against Israel after the death of Ahab"? *Exodus, 2 Kings, Job, Proverbs*
3. From Luke 1, Elisabeth and Zacharias' child was named? *Elisabeth, Zacharias, Thomas, John*

4. From Genesis 4, who's considered the father of all musicians? *Jeremiah, Joash, Jubal, Job*
5. As found in Luke 7, where did Jesus raise a widow's son from the dead? *Amos, Nain, Lystra, Philippi*
6. From Genesis 12, where did Abram go after leaving Ur? *Iconium, Nineveh, Haran, Salem*

**ANSWERS**

- (1) Neither; (2) 2 Kings; (3) John; (4) Jubal; (5) Nain; (6) Haran

Comments? More Trivia? Visit [www.TriviaGuy.com](http://www.TriviaGuy.com)

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Amber Matthiesen, Families & 4-H Youth Development Program Specialist, Jackson County Extension

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### Help Children Understand What They Read

As children learn to read, they also must learn to understand what they are reading. By reading to and with beginning readers, parents can help their children build these skills for greater success in school. First of all, show your children that reading is important by having books, newspapers and magazines in your home. You can have access to a variety of reading materials by visiting your local library. Parents can try the following tips to help young children understand what is being read to them:

- Ask the child to guess what might happen next in the story.
- Ask the child who, what, when, where, why and how questions.
- Talk about the child's favorite part of the story.
- Read the story several times to help the child remember it.
- Ask questions to help the child remember, think and use the information that has been read.

Keep reading to your children even when they start



Free Little Library.  
Take a book. Leave a book.

reading on their own. You can take turns reading so they can practice and you can help with new words.

There are many ways to make reading into a game. For example, when you are travelling you can ask your child to read words on street signs or store windows. You also can try rhyming games – you say a word and then ask your child to say a word that rhymes. Above

Amber Matthiesen cont. P. 12

The Northeast Iowa School of Music Proudly Presents

## ChamberFest Dubuque

*"We Plant the Seeds"*

Faculty Recital

Thursday, June 9, 7:30PM

Eagle Point Park

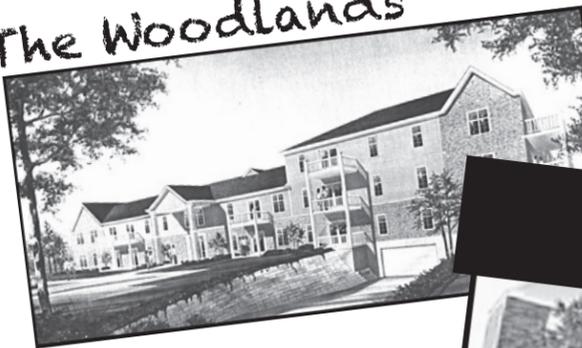
Free Admission

*"Don't judge each day by the harvest you reap  
but by the seeds that you plant."*



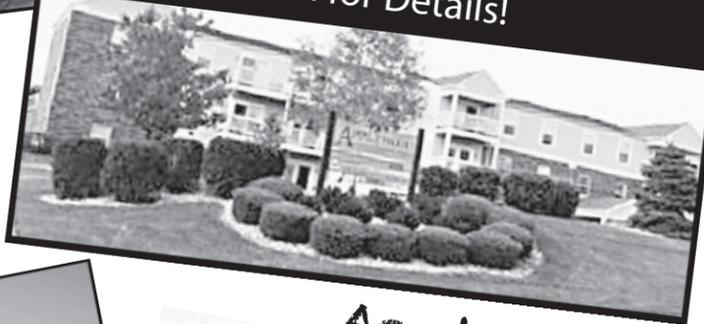
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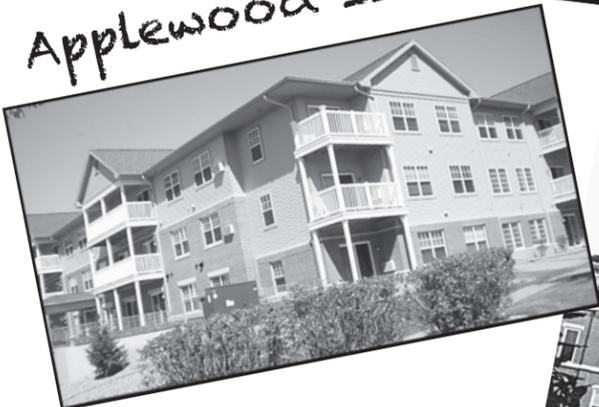


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**Come Chat With Me**  
by S. E. Persinger

Nowadays, new words are always popping up in the English language that replace words we used in our generation. They are similar words but their meanings are often frayed.

Actually, it is fun to compare some words with yesterday's words. Do you remember when a brochure was more often called a booklet or pamphlet? And the word's coupon and caramel are pronounced differently then when we were children.

The word I'm going to pick on today is "cranky." Nowadays, instead of being cranky, a person is "mad at, or angry with." But, I think the term "cranky" is a word that might just be coming back into use. There are regular "cranky" and "justifiably cranky." I guess we have all met some individual who is cranky just because he or she wants to be. And then we may have met someone who got bumped off their job because of inflation. You might say, that person is "justifiably cranky."

If you look up the word cranky in the dictionary, you read that cranky can mean eccentric, odd, or bad tempered. Cranky can also mean, easily irritated, or annoyed. Well, I guess we have all been familiar

with these feelings at one time or another.

When my generation was young and rearing children, we often had a cranky baby. Sometimes the baby was justifiably cranky. Perhaps the child was hungry or wet. And then there were times when the baby just wanted attention.

Some of us get cranky when the gasoline prices go up. And many people become irritable when the IRS muscles in on their fixed income. Is that justifiably cranky? I guess a person could spend hours trying to figure that one out.

Ironically, my "cranky" attitude appeared when I was typing this column. I lost my one-page manuscript. I thought I had saved it on the computer but when it was necessary to proceed with what I was doing I must have punched the wrong key. I couldn't get my column back. I took "cranky" all the way to the mat. I stomped my feet, pounded the wall, threw a pencil, and cursed at myself. You might say that I was irritated and annoyed? It was two days before my daughter, Pam, came to my rescue. She found my mistake and I didn't have to try and remember what I had already written.

When is the last time you were cranky? Hopefully, you have better control than I do. Mostly, I get cranky with myself.



**Paw's corner**

by Sam Mazzotta

**Reducing a Repeat of Bladder Stones**

**DEAR PAW'S CORNER:** My 5-year-old shih-tzu cross, "Louie," just had surgery to remove bladder stones. They were 90 percent calcium oxalate and 10 percent calcium phosphate. My vet has prescribed a strict diet of (expensive) food purchased only through their office.

I am feeding Louie the special food from the vet, but I'm not certain this is the right choice. I found some online sites that recommend a homemade diet of chicken, rice and peas. What would you recommend to prevent a recurrence of these stones? — **Bev R., Melville, Saskatchewan, Canada**

**DEAR BEV:** Ouch! I'm sorry that Louie is going through this.

It's great that you're doing all you can to prevent a recurrence, including knowing the type of stones he has.

Louie's bladder stones were determined to be calcium oxalate, which can form when a dog's urine is acidic. There are two other common types of bladder stones that dogs can suffer from: struvite, formed in alkaline urine; and urate, seen often in dogs with liver disease.

The issue with oxalate-type stones is that they generally must be surgically removed. That's different from struvite stones, which might be dissolved through medication and diet. However, both types may be PREVENTED through a special diet. For more information, go to [www.monicasegal.com/wordpress/](http://www.monicasegal.com/wordpress/) and search for "bladder stones." Her blog can give greater details about types of stones and appropriate diets.

Going into diet specifics would take up more room than I have in this column. I can say that you need to make sure Louie drinks plenty of water. From there, keep researching, and coordinate with your vet.

Send your questions or pet care tips to [ask@pawscorner.com](mailto:ask@pawscorner.com).

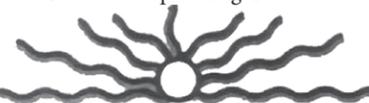
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—Groucho Marx

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**GOLD WALK MOWER PACKAGE**

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2. Replace Air Filter
3. Replace Spark Plug
4. Grease All Fittings
5. Sharpen & Balance Blade(s)
6. Change Engine Oil (& filter if equipped)
7. Inspect All Belts
8. Check Safety System
9. Check Carburetor Settings
10. Test Overall Operation of Mower

**\$99<sup>95</sup> - \$119<sup>95</sup>**

dependent upon model  
Includes labor for inspection, oil & parts for Gold Package.  
All other repair parts & additional labor extra.

**GOLD TRACTOR PACKAGE**

1. Clean Mower Deck top & bottom
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3. Test Battery & Clean Terminals
4. Replace Spark Plug(s)
5. Change Engine Oil & Filter
6. Sharpen & Balance Blades
7. Inspect All Belts, Bearings, Spindles & Pulleys
8. Balance Tire Pressure & Level Mower Deck
9. Check Carburetor Settings
10. Check All Fluid Levels
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**LOCAL CITIZEN RECEIVES GOVERNOR'S  
VOLUNTEER AWARD**

Dubuque, Iowa – Ken Zeckser of Dubuque received a Governor's Volunteer Award from Governor Terry E. Branstad and/or Lt. Governor Kim Reynolds during a special recognition ceremony held June 28 in Cedar Falls.

Ken Zeckser was honored with a LENGTH OF SERVICE award by St. Stephen's Food Bank for 20 years of volunteer service to the food bank. Ken has served on the board as well as dedicating time to volunteer work in the warehouse. Ken mows the lawn, removes snow, picks up donated product and sorts the product in the warehouse.

"I am pleased to honor those who have given the precious gift of their time to meet essential needs across Iowa," stated Governor Terry E. Branstad. "The commitment of these volunteers—and all volunteers—helps Iowa consistently remain in the top 10 states in the nation for its volunteerism rate."

"Volunteering not only has a positive impact on the individuals receiving the service, but serving others transforms the volunteer themselves," said Lt. Governor Kim Reynolds. "The dedication of the people selected for these awards often encourages others to become involved in service, and I am delighted to recognize them for their amazing contributions."

Coordinated by Volunteer Iowa, the Governor's Volunteer Award program provides an easy way for Iowa nonprofits, charitable organizations, and government entities to honor their volunteers with a prestigious, state-level award. Hundreds of volunteers are recognized each spring during ceremonies held at several locations around the state. More information is available at [volunteeriowa.org](http://volunteeriowa.org).

###

A complete list of award recipients and an electronic copy of this news release are available at [volunteeriowa.org](http://volunteeriowa.org). Photographs will be available from this website approximately one week following each ceremony.

**About Volunteer Iowa  
(Iowa Commission on  
Volunteer Service)**

Volunteer Iowa and its partner agencies work with organizations and individuals on three main fronts. The first is to help agencies develop quality programs that use service as a strategy to fulfill their missions and address Iowa's greatest areas of need. The second is to help engage Iowans in their communities by promoting service and expanding the volunteer base. Finally, the third area of work is to connect individuals with appropriate service opportunities by building the volunteer infrastructure. More information is available at [volunteeriowa.org](http://volunteeriowa.org).

*All television is educational television. The question is: What is it teaching?*

—Nicholas Johnson

\*\*\*

*Television has proved that people will look at anything rather than each other.*

—Ann Landers

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# Moments in time

THE HISTORY CHANNEL

• On **June 11, 1509**, King Henry VIII of England marries Catherine of Aragon, the first of his eventual six wives. When Catherine failed to produce a male heir, Henry divorced her against the will of the Roman Catholic Church, thus precipitating the Protestant Reformation in England.

• On **June 9, 1772**, colonists, angered by the British Parliament's passing of the Townshend Acts restricting colonial trade, board the HMS Gaspee, an armed British customs schooner, and set it aflame. When British officials arrived to investigate the incident, they found no one willing to identify those involved.

• On **June 12, 1924**, the first Bush president, George Herbert Walker Bush, is born in Milton, Massachusetts. Bush served in the Navy during World War II and survived a harrowing ordeal when his torpedo bomber was shot down over the Pacific.

• On **June 5, 1933**, the United States goes off the gold standard, a monetary system in which currency is backed by gold. All persons owning gold coin, bullion or certificates were required to deliver it to the

Federal Reserve for the set price of \$20.67 per ounce. Americans could not legally own gold again until 1974.

• On **June 3, 1940**, determined to wreck France's economy and military, the German air force bombs Paris, killing 254 people. Most of the victims were civilians, including schoolchildren.

• On **June 8, 1948**, a hand-built aluminum prototype labeled "No. 1" becomes the first vehicle to bear the name of Porsche. Dubbed the Type 356, the sports car used modified Volkswagen drivetrain components.

• On **June 7, 1962**, the banking institution Credit Suisse opens the first drive-through bank in Switzerland. The branch featured eight glass pavilions, seven outfitted for left-hand drive cars and one for right-hand drive vehicles.

• On **June 6, 1981**, more than 500 passengers are killed when their train plunges into the Bagmati River in India. The rail accident was caused by a Hindu engineer who slammed on the brakes to avoid a cow, considered a sacred animal.

• On **June 10, 2002**, Clint Messina and Rose Houk steal a Krispy Creme doughnut delivery truck and lead Louisiana police on a 15-mile chase, leaving a trail of doughnuts behind. As it involved cops and doughnuts, the incident kept late-night comedians busy for days.

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Pam Shaw,  
Social Security District Manager,  
Dubuque, Iowa



### SOCIAL SECURITY SUPPORTS NATIONAL CANCER SURVIVORS DAY

In 2016, more than a million people will be diagnosed with cancer around the world. This alarming statistic affects people and families everywhere. On June 5, 2016, we observe National Cancer Survivors Day in the United States. In support of this day, Social Security encourages getting checkups to provide early detection, raise awareness through education, and recognize the survivors who have gone through this battle or are still living with the disease.

Social Security stands strong in our support of the fight against cancer. We offer services to patients dealing with this disease through our Compassionate Allowances program. Compassionate Allowances are cases with medical conditions so severe they obviously meet Social Security's disability standards, allowing us to process the cases quickly with minimal medical information. Many cancers are on our Compassionate Allowance list.

There's no special application or form you need to submit for Compassionate Allowances. Simply apply for disability benefits using the standard Social Security or Supplemental Security Income (SSI) application. Once we identify you as having a Compassionate Allowances condition, we'll expedite your disability application.

Social Security establishes new Compassionate Allowances conditions using information received at public outreach hearings, from the Social Security and Disability Determination Services communities, from medical and scientific experts, and from data based on our research. For more information about Compassionate Allowances, including the list of eligible conditions, visit [www.socialsecurity.gov/compassionateallowances](http://www.socialsecurity.gov/compassionateallowances).

If you think you qualify for disability benefits based on a Compassionate Allowances condition, please visit [www.socialsecurity.gov](http://www.socialsecurity.gov) to apply for benefits.

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## YESTERDAY AND TODAY

BY MICHAEL GIBSON



North side of 7th Street between Iowa & Central as it appeared in the 1960s prior to urban renewal. State Farm Insurance Co., Gus Fuhrman Realty, and H & R. Block Tax are shown. Note the Dubuque County Courthouse in the background. (Photo courtesy of the Center for Dubuque History, OHE p.85).

Yesterday & Today cont. P. 13



## Iowa Department of Transportation

Tammy Adrian



### Making a Move

There may come a time in your life when you have to make a move. You may move closer to family members, to an assisted living facility or just downsize to a smaller location. Change is never easy. Besides all the changes and issues that come with moving, one more thing to consider is the change in your driving area and the challenges it will bring.

If you have lived a number of years in the same location, you know the problem areas where you drive. A vehicle parked along the curb that blocks view, that low hanging tree that covers a stop sign, or the times of day to avoid school zones. When you move you will need to learn all the problems areas in the new location.

Anytime there are more vehicles on the roadway there is an increased risk in crashes. Regular events can cause extra congestion that can increase your risk of a crash. In particular areas that are new to you.

Some things to think about that affect traffic flow in your new area:

Are you in or close to a school zone? If it's a high school, expect teenage drivers. If you are near an elementary or middle school, you may see a lot of pedestrians, bicycles or school buses.

How about athletic fields? Both those related to schools or private facilities. Avoid driving during large events and heavily attended practice sessions.

Are railroad tracks on your normal route? Again, finding out schedules can help. If nothing else to at least save the frustration of waiting on a train.

How about areas prone to flooding? Sadly some roads will flood with even a small amount of rain.

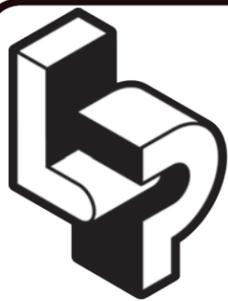
Are there factories near your new location? Consider learning the times of shift changes.

Knowing the problem areas will help you make good choices on the time of day you drive. If possible, go one step further and enlist the aid of a family member or friend to learn more about your new location. Choose someone with impeccable driving habits. Then go for a drive, both as a passenger and as the driver. Find the locations you will frequent most often. Grocery store, Doctor, coffee shop, any place you would travel to on a routine basis.

Once you learn the ropes in the new location continue to drive. Practice your safe driving habits each and every time you get behind the wheel.

Amber Matthiesen from P. 8

The Jackson County Campaign for Third Grade Level Reading has given out free books in all communities and is working to get a Free Little Library in each community. If you see a Free Little Library, stop and take a book. Be sure to bring one to leave too!



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Yesterday & Today from P. 12

If readers have related memorabilia (post cards, photographs, letters, diaries, scrapbooks) or other documents and reminiscences to share they may contact Mike Gibson at the Center for Dubuque History, Loras College, (563) 588-7163 or via email: michael.gibson@loras.edu. Your comments about this series would be welcome.



More recent view of the same street with Abeln Abstract & Title Co. and the former Courthouse annex building shown. Note that the electrical and telephone lines/poles are not seen in this photo because they were buried underground during street alterations as part of urban renewal. (Photo by Terry Grant)

Call for National Philanthropy Day®  
2016 Award Nominations



Ten Star AFP Chapter

Dubuque, IA – May 2016 – The Greater Tri-State Chapter of the Association of Fundraising Professionals (AFP) is now accepting nominations for its 2016 National Philanthropy Day® awards. Local community members may honor a volunteer fundraiser, generous donor, philanthropic organization, youth in philanthropy (grade school, high school or college) or a professional fundraiser by completing a nomination form in its entirety.

National Philanthropy Day® nomination forms are available online. Go to <http://afpgreatertristate.afpnet.org/> for more information or to download a nomination form. The forms can be printed and filled out at your convenience and mailed to the address on the form. Applications are due by June 13, 2016.

The National Philanthropy Day® Awards Luncheon will be held on Thursday, Nov. 17, 2016, at the Grand River Center in the Port of Dubuque. Awards

for Outstanding Individual Philanthropist, Outstanding Volunteer Fundraiser, Outstanding Philanthropic Organization, Outstanding Youth in Philanthropy and Outstanding Professional Fundraiser will be presented, based on the nominations received. Last year's recipients included:

- Outstanding Individual Philanthropist  
**Teri Zuccaro**
- Outstanding Volunteer Fundraiser  
**Greg Birkett**
- Outstanding Philanthropic Organization  
**McCoy Goldsmith & Jeweler**
- Outstanding Youth in Philanthropy  
**Clare Vosberg** from *Clare Cares*
- Outstanding Professional Fundraiser  
**Mike Doyle**

The Association of Fundraising Professionals – Greater Tri-State Chapter is located in Dubuque, IA, with members from northeast Iowa, southwest Wisconsin and northwest Illinois. The Association of Fundraising Professionals represents 27,000 members in 172 chapters in the United States, Canada, Mexico and China working to advance philanthropy through advocacy, research, education and certification programs.

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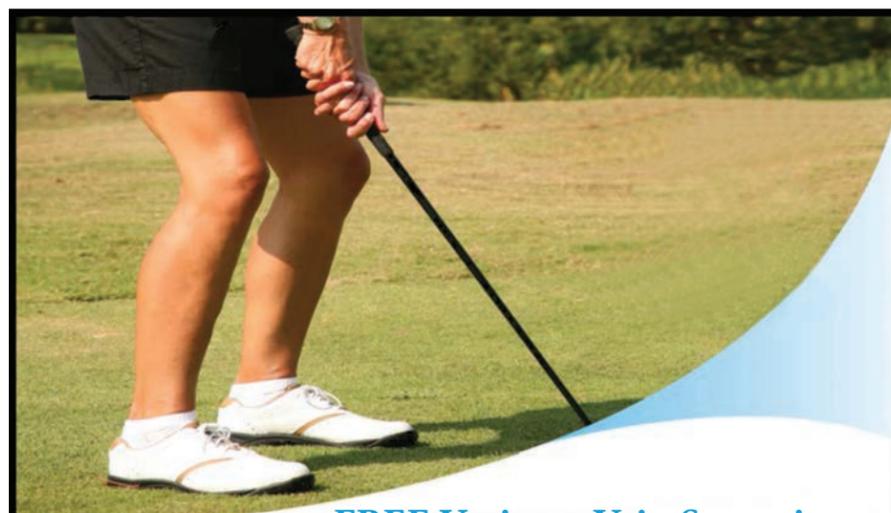








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—Albert Einstein



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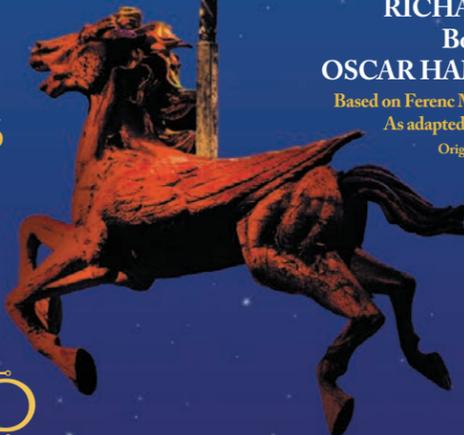
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**Grand Opera House Presents Carousel  
First Time in Dubuque In Over 3 Decades**

The last time the Rodgers and Hammerstein classic *Carousel* was produced in Dubuque was in the summer of 1982. The production, presented at Five Flags, was choreographed by Tatiana Bechenova with assistance from her daughter Marina O'Rourke. Fondly known as Tanya, she became the principal dancer for Anges de Mille, performing on Broadway in the original production of *Carousel*. In 1968, Tanya founded the Dubuque City Youth Ballet. Sadly she passed away in December of 2012.

The Grand Opera House, in partnership with Heartland Ballet (the profession wing of Dubuque City Youth Ballet) and the Downtown Dubuque Cultural Corridor will present *Carousel* June 17th- 26th. The production is also sponsored by an Iowa Arts Council Special Projects Grant. This time at the helm as Principal Choreographer is Tanya's daughter Marina, the current Artistic Director of the Ballet Company.

The 1982 production starred 20 year old Frank McClain in the leading role, Billy Bigelow. For the next 30 plus years McClain pursued a career in performance, directing and arts administration before returning to Dubuque in May of 2015 to assume the role Executive and



*Luke Van Meveren and Maggie Schmitt will star in Carousel as Billy Bigelow and Julie Jordan*

Artistic Director at the Grand. Coming full circle *Carousel* will mark his directorial debut in Dubuque. McClain said, "I have loved the show since that first production and it is an honor to be back in Dubuque directing and producing this masterpiece. Getting to work with Marina and the ballet company is icing on the cake."

"The cast is absolutely terrific and Musical Director Brian Burns is assembling a 17 piece orchestra" said McClain. The show will feature a company of 52 actors, singers and dancers. McClain guarantees that this will be one of the GRANDEST productions in the theater's history. Tickets are available by calling or visiting the Grand Opera House Box Office Monday-Friday 12:00PM-4:00PM or online at [thegrandoperahouse.com](http://thegrandoperahouse.com).



**Passion and Purpose**  
*by Laura Nissen, Luther Manor Communities*



*Erna Schmidt*

All of us have abilities and talents that can make a lasting impact. Do you have activities in your life that you pursue with passion? On the surface these activities seem like they might be defined as leisure time. But on further analysis, these activities are sacred. They are our indulgences that make life worth living. These are moments that we find our joy. Finding these activities and giving them the appropriate value in your life can be the secret to living a life of happiness and well-being. I would like to share examples of engaged, creative, passionate people who are frequently using their abilities and talents to

reach their full potential. Erna Schmidt's passion and purpose is her family. Her passion presents daily in her expertise as a modern day domestic diva! Erna is inspired by her family and she wants to do all that she can to bring her gifts forward to enhance their life. Erna's family consists of quite a gang! She has 3 sons and a daughter, 8 Grandchildren and 11 Great-Grandchildren. Erna tells me that they are her best work to date! That is a lot of inspiration! There isn't anything that Erna can't do but when I asked her where her skill set started **Passion and Purpose cont. Pg. 20**

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Every movement, voluntary or involuntary, is full of secrets and marvels!*  
—Theodor Herzl

**Consumer Advisory by Attorney General Tom Miller**  
[www.IowaAttorneyGeneral.org](http://www.IowaAttorneyGeneral.org) —515-281-5926

**Dietary Supplements**

When you pick up a prescription medication, it's likely a drug that's been clinically tested, is proven safe, and is regulated by the U.S. Food and Drug Administration (FDA). When you purchase a dietary supplement, it's a product that the FDA does not evaluate or review for safety and effectiveness. That's because federal law treats supplements more like foods than prescription or over-the-counter drugs. In other words, the FDA is responsible for taking action against a dietary supplement product only after harm occurs. (Some manufacturers submit their products for third-party testing through independent laboratories such as the U.S. Pharmacopeia, or USP.)

**What are Dietary Supplements?**

Dietary supplements include vitamins, minerals, herbs and botanicals, amino acids, extracts, concentrates and metabolites. They are offered as tablets, capsules, liquids, and powders. Sellers may claim their products provide certain nutritional benefits, help you lose weight, boost energy, build muscle mass, relieve pain, slow or "stop" the aging process, or even prevent, treat or cure certain diseases.

**Are they Good for Me?**

Although supplement marketers often promote their products a vital to good health, supplements shouldn't replace a healthy, balanced diet. You may not need supplements if you maintain a good and varied diet, and too much of some nutrients (such as through vitamins) can cause problems. On the other hand, there are people who will benefit from some types of supplements — such as pregnant women who take folic acid.

But, as largely unregulated products, supplements may contain ingredients not listed on the product label; contain ingredients at higher or lower amounts than listed (or not even contain a listed ingredient); could be manufactured inconsistently; sellers may make false, misleading or unsupported "miracle cure" health claims; and some products may lead to serious health effects or even death. Unlike with drugs, supplement manufacturers are not allowed to promote their products to treat, diagnose, prevent, or cure diseases.

Mixing prescription medication with dietary supplements or mixing supplements alone could cause unintended side effects. Combining the two could strengthen, weaken, or even change how a medication or supplement affects you.

**But Supplements are Natural Products, Right?**

While a supplement manufacturer may market a product as "natural" and the product may, indeed, contain natural ingredients, even some natural ingredients can adversely impact your body and could, in certain situations, be unsafe.

**Where Do I Turn to for Reliable Information?**

Check with your health care provider before taking a supplement. Make sure your provider understands what you are taking, including the amount, and any other prescription medications, over-the-counter drugs, or supplements. Let your provider know if you are pregnant or nursing, whether you have any diseases or chronic conditions (such as cancer, heart or breathing problems, diabetes, high blood pressure), and whether you're about to have surgery. Ask about the potential benefits and risks of taking the supplement, just as you would ask about taking a prescription drug. If you are considering a supplement for a child, check with the child's health care provider first.

If you search the Internet for information about a supplement, be aware of the source. For example, weigh the value of information you'll find on an established government, academic or reputable health-related website, versus information or testimonials posted on a site designed to market products or promote an industry.

**What if There's a Problem?**

If you think that a supplement has caused an adverse side effect, reaction or illness, report it to your health care provider and to the FDA. You can call 1-800-FDA-1088 to request a report form or file an online complaint at [www.fda.gov](http://www.fda.gov). If you think that an advertisement about a supplement includes false health claims, contact the Federal Trade Commission at 1-877-382-4357 or file an online complaint at [www.ftc.gov/complaint](http://www.ftc.gov/complaint).



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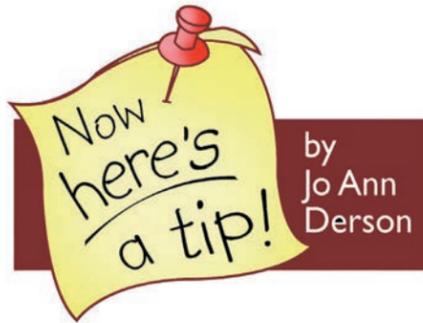
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• “If you use storage bins for kids’ toys, help them stay organized by labeling the bins with illustrations or even printed and laminated photos of the contents. It will make clean-up time a cinch, even for the little tykes who can’t read yet!” — *D. in Michigan*

• Bobby pins are easily manageable in a magnetic container meant for paper clips. They are inexpensive and can be found at big-box stores or at an office-supply store.

• Save and organize scrap yarn and embroidery threads on clothespins. Wind around

and use the clip to hold the end in place. When you need some thread or yarn, you’ll be able to find the end quickly to get what you need.

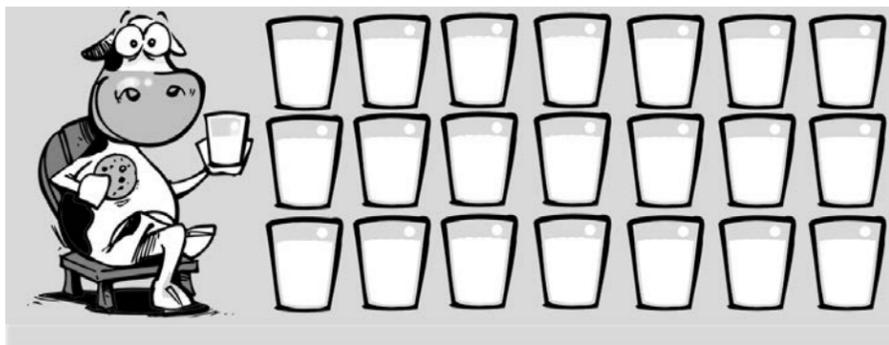
• “Kids love getting water from the refrigerator dispenser, but we use far too many cups. Now, everybody has his or her own cup for water only, and we attached magnets to the cups so they live on the side of the fridge. Get water, drink, replace cup. Easy!” — *A.L. in Alabama*

• “Coil pipe cleaners around the outside of regular plastic hangers. They will keep tank tops and spaghetti straps from falling off the hanger.

• Plastic wrap, parchment paper and foil can be stored easily in the same cabinet as pots and pans if you line them up in a magazine holder.

Send your tips to **Now Here’s a Tip**, 628 Virginia Drive, Orlando, FL 32803.

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1. Which duo released an album titled "Gone, Gone, Gone" in the 1960s?
2. Who released "An Occasional Dream," and when?
3. Name the Eric Clapton album that included the singles "Hello Old Friend" and "Carival."
4. During one week in 1975, Bruce Springsteen made the cover of two big magazines. What were they?
5. Name the song that contains this lyric: "Masquerading as a man with a reason, My charade is the event of the season, And if I claim to be a wise man, it surely means that I don't know."

**Answers**

1. The Everly Brothers, in 1964. The album was a collection of unrelated recording sessions, and it wasn't well-received.
2. David Bowie, in 1969. The single appeared on his album, "Man of Words/Man of Music," which was re-released three years later as "Space Oddity," the title of the first track.
3. "No Reason to Cry," released in 1976. It was one of Clapton's rare top-20 Billboard albums.
4. Time and Newsweek.
5. "Carry On Wayward Son," by Kansas in 1976. The debate has gone on for years about whether songwriter Kerry Livgren meant the song as a mythological one, but Livgren said that it was about spiritual searching.

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**Slimming Down for Summer?**

by Karla Burgstahler, LMT, Amirage Salon

Have you been trying to get ready for summer, however, your body just isn't cooperating? Do you have those hard to tone areas in your thighs that just plain look too bumpy in appearance? Here is another option to help you achieve your goals!

As you know, exercise is always the best policy when trying to look your best for the summer. However, sometimes, no matter how much exercise and toning that you do, your body just looks bumpy. There is help! Many body treatments help to detoxify the body, and tone your problem areas. When you get a toning body treatment, they come in a variety of flavors and techniques. For instance, there are treatments that are herbal, some that aren't. Many treatments require that you are wrapped for the effects of the treatment to take place. The technique of wrapping can vary from strips of material wrapped snugly around the arms, thighs, abdomen, buttocks, and etc., while other technicians may wrap you in a solid sheet of plastic to get the desired effect.

Next, what kind of results you get, totally depends on your body. Many people will see that their problem areas aren't as bumpy in appearance.



Karla Burgstahler, LMT

They notice that the areas that are treated are smoother in appearance, have better blood profusion, and healthier looking in appearance. Some notice a subtle change in how their clothes fit after a treatment.

All in all, this type of treatment is great for kick starting your body into looking better, functioning better, and toning up those hard to get places of your body. Most treatments take 60-90 min. depending on the type of treatment that you receive, and you may even get a scalp or foot massage too!

May your summer be fun, and relaxing!

Stay well!  
Karla Burgstahler, LMT

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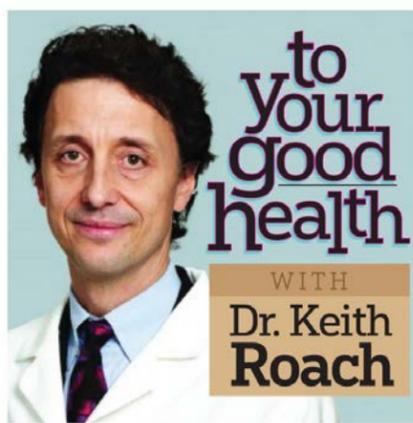


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**Acid Reflux Surgery Has Side Effects**

**DEAR DR. ROACH:** I am so tired of gastric juices coming up and spraying my mouth. I am currently on a “last resort” medicine. My doctor wants to try it for three weeks. If it doesn’t work, he’s going to perform a Nissen fundoplication. From what I’ve read, there would be nothing more coming up. Could you explain this procedure? What will happen with swallowed air, and what will happen if I get sick to my stomach and (shudder) need to vomit? — S.S.

**ANSWER:** Large volumes of stomach acid coming into the mouth is an accepted indication for surgical treatment of reflux disease. Sometimes, the acid is associated with excess saliva and is called “water brash.”

Prior to considering surgery, it is worthwhile to make sure the medication treatment is as good as it can be. Proton pump inhibitors such as omeprazole should be taken 30 minutes before eating. Weight loss is helpful if overweight. Raising the head of the bed 6 to 8 inches (by inserting blocks under the legs of the head of the bed or using a plastic wedge under the mattress) and avoiding dietary triggers (coffee, chocolate, carbonated drinks, high-fat foods) should be tried. Baclofen, a powerful muscle relaxant with many possible side effects, may

be the “last resort” medicine you are taking.

When all else fails, surgery may relieve symptoms. A Nissen fundoplication is when the upper part of the stomach, the fundus, is plicated (wrapped) around the esophagus and stitched in place. This can be done via endoscopy or as an open procedure. It is effective at reducing symptoms in 85 percent to 90 percent of patients.

Most people are unable to vomit and have less or no ability to belch, leading to bloating, increased intestinal gas and flatulence. Discomfort during eating is common. There are modifications of the surgical procedure designed to reduce side effects and complications while maintaining effectiveness, but a description of what these all are technically is in your surgeon’s domain.

**Readers:** The booklet on Acid Reflux, Heartburn and Hiatal Hernia explains these common gastrointestinal disorders in greater detail. Readers can obtain a copy by writing: Dr. Roach — No. 501W, 628 Virginia Drive, Orlando, FL 32803. Enclose a check or money order (no cash) for \$4.75 U.S./\$6 Canada with the recipient’s printed name and address. Please allow four weeks for delivery.

\* \* \*

**DEAR DR. ROACH:** I have been riding my bike outdoors, same saddle, 130 miles a month for over three years. Out of the blue my left sit bone, or the tissue around it, is so sore. I can’t quit riding — HELP! — A.D.C.

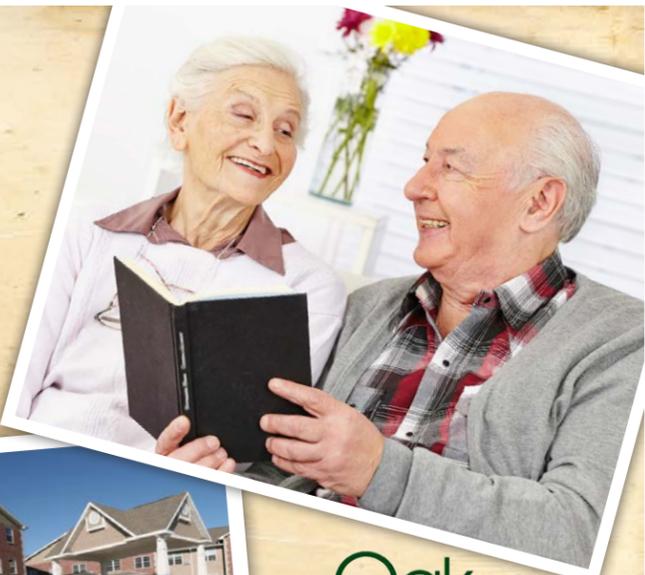
**ANSWER:** A good rule of thumb for an athletic injury or sudden soreness is that resting it for a period of time usually is a good idea. Get off the bike for a while and try some different

To Your Good Health Cont. P. 19

*How Does a Story Bring People Together?*

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# SENIOR NEWS LINE

by Matilda Charles

## Grow Stronger, Live Longer

Here's yet another reason to try to stay fit: Seniors with more muscle mass have a lower risk of death.

That's according to researchers who spent eight years surveying 6,400 patients with cardiovascular disease. They divided the patients into four groups: high muscle/high fat, high muscle/low fat, low muscle/high fat and low muscle/low fat. The winners (those with improved survival odds) were those with the high muscle/low fat combination. The level of fat doesn't matter as much as the muscle mass to reduce risk of death.

The study jibes with one from two years ago that determined that BMI levels aren't as important as body composition — in other words, muscle mass.

How do seniors gain muscle mass? It's not easy, as we tend

to start losing muscle at about age 40.

The first step to build muscle is to consult your doctor before you change your diet or start any new kind of exercise. Ask if the following changes are correct for you:

**Protein** — While it helps build muscle, seniors shouldn't get too much because it can stress the kidneys. This is where your doctor can help calculate how much you should get in a day.

**Carbs** — We need to burn these for energy. Without carbohydrates you'll use protein for energy, instead of using your protein to build muscles.

**Water** — You need the right amount to help absorb the nutrients in your food. Again, your doctor can calculate it for you. Measure the amount of water you should have in a day and keep it handy on the counter or in the fridge.

**Working Out** — The Centers for Disease Control and Prevention has put a 126-page book online called "Growing Stronger" for seniors who want to start strength training. Look for it at [www.cdc.gov](http://www.cdc.gov).

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## To Your Good Health from P. 18

types of exercising: walk, run, swim or lift weights, but give your soft tissues a chance to recover. You may simply have overdone it. If things don't get better, go ahead and make an appointment to get checked out.

\*\*\*

*Dr. Roach regrets that he is unable to answer individual letters, but will incorporate them in the column whenever possible. Readers may email questions to [ToYourGoodHealth@med.cornell.edu](mailto:ToYourGoodHealth@med.cornell.edu). To view and order health pamphlets, visit [www.rbmamall.com](http://www.rbmamall.com), or write to Good Health, 628 Virginia Drive, Orlando, FL 32803.*

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## Strange But True from P. 6

- In almost every state, there is a statute on the books making it illegal to jump off the top of an office building. Unsurprisingly, there's not much call to prosecute those who violate the law; district attorneys aren't in the habit of filing charges against corpses. However, in a few states, if you survive jumping off a building and are tried and convicted of violating that law, you could be sentenced to death.

- Those who study such things say that among social media users, those who use Twitter are less likely to smoke than users of other platforms.

- Just as humans have distinctive fingerprints, dogs have nose prints — no two are the same.

- You doubtless know of Theodore Geisel — better known as Dr. Seuss, the beloved author of such children's classics as "The Cat in the Hat," "Horton Hears a Who" and "Green Eggs and Ham," among many others. You might not realize, though, that his first book, "And to Think That I Saw It on Mulberry Street," was rejected by more than two dozen publishers before it finally made it into print.

- Did you know that dogs appear in the Bible? Yep — 41 times. No mention of cats, though.

\*\*\*

**Thought for the Day:** "What sculpture is to a block of marble, education is to a human soul." — *Joseph Addison*

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**Always... Patsy Cline**  
**Fri. & Sat., July 15 & 16 • 7PM**  
**Sunday, July 17, 2016 • 2PM**

*Always... Patsy Cline is more than a tribute to the legendary country singer who died tragically at age 30 in a plane crash in 1963. The show is based on a true story about Cline's friendship with a fan from Houston named Louise Seger, who befriended the star in a Texas honky-tonk in 1961, and continued a correspondence with Cline until her death. The musical play is complete with down home country humor, true emotion and even some audience participation, includes many of Patsy's unforgettable hits such as Crazy, I Fall to Pieces, Sweet Dreams and Waking After Midnight - 27 songs in all. The show's title was inspired by Cline's letters to Seger, which were consistently signed "Love ALWAYS... Patsy Cline."*

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**Liz Lynch is back by popular demand.**

The following stories were written by Liz at age 92 as she reminisced about the early days in her life.

We raised two hundred baby chickens a year that provided 100 laying hens and 100 roosters. The roosters were fattened and eaten or sold by the pound at the local produce station. Raising baby chickens in the 1920s took planning as the incubator and setting the mother hens must be coordinated. This was before hatcheries shipped baby chicks by parcel post. The post office attendant notified its patron when the baby chicks would arrive rather than deliver them on the regular route.

Before this time hens setting on eggs for 21 days hatched chickens or they were hatched in an incubator for the same length of time.

The eggs that were saved for hatching had to be gathered several times a day from a flock of chickens that had one rooster for 20 hens. The fresher the eggs the healthier the chicks. The hatching house had wooden boxes about two foot square, large enough to hold a hen and 14 eggs in a thick bed of straw.

How does one know the hatching hen? After her laying cycle ended the hen that refused to leave the nest day or night in the chicken house. She pecked or flew at the brave person who tried to gather the eggs under her. The hen was moved to a hatching house and put on the nest of 14 eggs, covered and everyday she was put off the nest for a time to eat, drink and exercise. When she returned to the nest she turned the eggs with her head and feet. In about twenty - one days the

baby chicks were ready to peck the shell and angle their way out of the shell. They had to be moved from the nest at once or their mother would crush them. If the baby chicks chirped too much the mother hen would get uneasy and leave the nest in great distress trying to protect them. Her baby chicks were put in a warm place until the hatching period ended.

The incubator was about four feet square and stood on legs with trays that slid in and out, holding the eggs securely. The temperature of 101 degrees was kept steady by a mercury thermometer that was read about every two hours, day and night. A lamp which was fueled by coal oil, now called kerosene, needed watching as the wick worked up or down changing the temperature. Extreme changes in temperature weakened the chicks. The eggs were marked with a "X" and turned once a day.

The chickens, hen hatched or incubator hatched were put together and then divided equally to the mother hens, that sat on the eggs the last three weeks. Each mother hen was in charge of about 30 baby chicks. The baby-chicks didn't need food for the first three days as they had absorbed the yolk shortly before they hatched. The mother hens and chicks were put in separate coops for one day before they were turned out into a large chicken yard.

Next month we will continue the story of baby chicks to adulthood.



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**Passion and Purpose from Pg. 14**

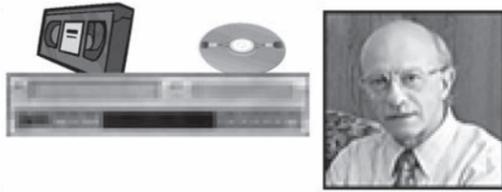
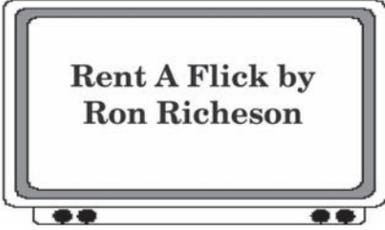
she told me that she learned most of it from her Mom. She started cooking before she was 10 and was found in the kitchen as a young lady. Erna's Mom was in charge of the Saint Catherine School Lunch Program and Erna started making school lunches when she was about 13 or 14. They made everything from scratch for 60 school children on a wood stove. Her skill set expanded from there. She has always been known for her cakes and her homemade meals. She baked cake after cake for family and friends and even had a catering business as well. We joked that "when the good Lord gives you a gift you best put it to good use!"

Erna's domestic skills don't stop at cooking though. Her home is beautifully decorated and perfectly organized. She is always working on creative crafts for her family. She is highly skilled at the art of embroidery. Erna also has a green thumb. She grows

beautiful indoor and outdoor plants. Her tomatoes pop with garden fresh flavor and we all know when it is harvest time!

And, as if Erna doesn't stay busy enough, she has served as a volunteer at The Dubuque Arboretum and Botanical Gardens, Finley Hospital, Mercy Hospital and Luther Manor Communities. Erna has also been very involved in the Church of the Resurrection community. Although her main passion is her family, she also has contributed to our community in so many ways.

So if you ever get a chance to taste Erna's cinnamon rolls, pecan rolls, or potluck dishes, be sure to seize the opportunity! Today, as I sit together with Erna in her kitchen, she has rhubarb pie in the oven along with rhubarb bars. The smell is intoxicating. Tomorrow she will be baking a cake for her Great-Grandson's graduation from Loras. She already has the purple and gold frosting ready to go!



**Dirty Dancing:  
Havana Nights**

Now that the beginning steps of normalizing our relationship and mending fences with Cuba has begun, I thought that 2004's *Dirty Dancing: Havana Nights* would be a good fit. The film stars Diego Luna and Romola Garai (a newcomer at that time) and a cameo appearance by Patrick Swayze of *Dirty Dancing* fame.

1958 finds high school senior Katey Miller (Garai), her sister, and her parents relocated to Havana because of her father's upper management position in a major auto company. Katey becomes fascinated with Cuban dancing when she witnesses Javier Suarez (Luna) dancing in the streets. Although their backgrounds are completely different, the power of dance

will bring Javier and Katey together, resulting in a dance contest scene that runs for a full 3 minutes and 15 seconds.

Although the setting is Havana, the movie was actually filmed in Puerto Rico because its architecture so closely resembles that of the Cuban city. Every effort was taken so no modern cars appeared in any scene and the feel of the time was recreated, including the upcoming revolution that was right around the corner.

Granted, we have seen the storyline many times before: Rich girl meets and is attracted to working class boy. But what makes *Dirty Dancing: Havana Nights* so special is the combination of the setting, the dancing, and the exhilarating sounds of the Latin beat.

This film is rated PG-13 and is available via Netflix mail order.

**Contract Bridge**

by Steve Becker



**It's All In The Cards**

West dealer.  
Both sides vulnerable.

**NORTH**

- ♠ 9 3
- ♥ Q 8 6 2
- ♦ Q 7 5
- ♣ K Q J 5

**WEST**

- ♠ K 7 2
- ♥ K 9 7 5
- ♦ K J 8 3 2
- ♣ 10

**EAST**

- ♠ 4
- ♥ J 10 4 3
- ♦ A 9 6
- ♣ 9 8 6 4 2

**SOUTH**

- ♠ A Q J 10 8 6 5
- ♥ A
- ♦ 10 4
- ♣ A 7 3

The bidding:

West North East South  
Pass Pass Pass 4♠

Opening lead — ten of clubs.

The suit-preference signal has many applications. In its classic form, it is used by a defender on lead to tell his partner which of two side suits to return after the lead has been ruffed.

The mechanism is quite simple: If the leader prefers to have the lower-ranking side suit returned, he leads his lowest card for partner to ruff; if he prefers the return of the higher-ranking side suit, he leads a high card for partner to ruff.

This concept can be

extended to a variety of situations that might arise during the play. Today's deal provides a typical case.

South opens four spades in fourth seat, and West leads the ten of clubs. Declarer wins with dummy's jack, leads the nine of spades and finesses. West takes his king but is faced with a dilemma. He would like to reach partner's hand in order to obtain a club ruff, but he does not know whether to lead a heart or a diamond. Both leads appear to have an equal chance of success — and an equal amount of risk.

In the actual deal, if West leads a heart at trick three, declarer finishes with 11 tricks, while if West returns a diamond, the defense scores two diamonds, a spade and a club ruff for down one.

However, thanks to the suit-preference signal, West does not have to operate in the dark. East, fully aware that his partner's lead might be a singleton, can play the deuce of clubs at trick one to request a diamond return should West regain the lead. West, for his part, should be on the lookout for just such a signal from East at trick one.

Alternatively, if East had the heart ace rather than the diamond ace, he would play the nine of clubs at trick one to ask for a subsequent heart return. The suit-preference signal takes all the guesswork out of the game!

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*Some people, no matter how old they get, never lose their beauty —they merely move it from their faces into their hearts.*

—Martin Buxbaum

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### Plant Talk

by Ken Resch




#### Digging for the Soul

When I was between five and six I visited my grandfather in Clarksville, Indiana on the shores of the Ohio River. It was a beautiful place in my eyes, although in looking at the few photos of the house and surrounding acreage it wasn't really a Garden of Eden. Still, I know that that place is where I discovered my soul.

Grandpa Resch had a green house—or what was left of one—attached to the house. There was also an earthy-smelling limestone basement that could be entered by going down a few steps inside the greenhouse. I have memories of red clay pottery shards, leggy geraniums, wooden flats with annuals and paper vases for funeral arrangements all strewn about the greenhouse. I also recall pieces of broken glass that had fallen from overhead. No, it was not a well-tended greenhouse, but it was my place to play and discover. During those brief visits before my grandpa's death, I learned what it meant to dig into the soil.

I believe many of us are born with soil in our veins. It's a gift we must accept, nourish and share. Now that doesn't mean one can not acquire gardening knowledge through diligent effort over time. In fact, I know many gardeners who have more practical knowledge at their fingertips than I do. I'm referring more to a feeling some gardeners have by merely plunging their hands into rich loamy soil. It's nearly indescribable. For me, it's like being transported out of time—sure, a pretty weird description, but really very apt. When I'm

in the midst of tending flowers, planting shrubs, amending the soil, I am lost to everything around me.

Gardening is a stress-reliever. Before I retired, I liked nothing more than after teaching school on a warm May day to kneel in my hosta garden and fuss about the miniatures, adding a bit of mulch, spreading some Osmocote, or just admiring the various ones I've planted. That has not changed though I retired seven years ago and I'm certain as I dig in the garden I find my soul and replenish it. Though my knees twinge a bit after time among the plants, my heart is so very much lighter I really do not pay much attention to the little aches (I've also wised up and now wear knee pads).

What is important to all of us who thrive on the beauty of nature is to realize we will benefit if we really do stop and smell the roses and annuals and perennials and everything else we have in our gardens. My mother believed this and the last spring of her life, at the age of 93, she slowly planted annuals in containers at my brother's. I am part of that long family line who have been nourished—body *and* soul—by the earth. From my great-great grandfather who farmed in southern Indiana to my father whose small backyard in Chicago was filled with rose bushes of every color, I have been connected through the earth. I have written in other columns about Jacob and his love for nature. He is the next generation who has been called to tend the earth and I am pleased.

So whether you believe you were born to garden or have discovered it along life's path, stop the next time you're out back, pick up a handful of your richest soil, and sniff. I think the tingle that runs through me when I do this is better than my first cup of coffee in the morning. See if you don't agree!

### Trivia test

by Fifi Rodriguez

1. GAMES: What are the odds of getting four cards of a kind in five-card poker?
2. EXPLORERS: Where was the explorer Marco Polo born?
3. SCIENCE: What is the green pigment in plants called?
4. MYTHOLOGY: Which of the Greek Muses was associated with history?
5. GEOMETRY: What is a polygon with eight sides?
6. ANIMAL KINGDOM: What is the average gestation period of a hamster?
7. GEOGRAPHY: What is the only river that flows both north

- and south of the equator?
8. GENERAL KNOWLEDGE: Which of Santa's reindeer comes last in the list alphabetically?
  9. LITERATURE: Who wrote the 19th-century novel "Sense and Sensibility"?
  10. ASTRONOMY: What planet is closest in size to our moon?

#### Answers

1. 4,164 to 1
2. Venice, Italy
3. Chlorophyll
4. Clio
5. An octagon
6. About 16 days
7. The Congo
8. Vixen
9. Jane Austen
10. Mercury



**From The Batt Cave**  
**Al Batt**  
<http://albatt.com/>  
 Author of "A Life Gone to the Birds"

71622 325 St., Hartland, MN 56042

**Berkshire Hathaway went thataway**

I clutched my "Berkshire Hathaway for Dummies" book.

I carried it to Berkshire Hathaway's Annual Meeting in Omaha. It's been described as the Woodstock of Capitalism. I tried years ago to go to the real Woodstock, but ended up in Woolstock, Iowa instead. It was nice, but it lacked the great bands. A friend went to hear Warren Buffett speak once, but ended up wasted away in Margaritaville. He went to a Jimmy Buffett concert instead. It behooves us to keep our Buffetts straight in our minds.

I went to the meeting on a hardship scholarship because when my ship came in, it was a hardship.

I'm not envious of rich folks. Our chips fall where they may. Especially those barbecue potato chips. Those nasty things are slippery.

It was hard to tell me from the people who belonged there, but why would such a classy outfit as Berkshire Hathaway have a shareholder like me? Small investor is a kind and accurate description of me. I started investing by selling a few aluminum cans plucked from a ditch—the week before the meeting.

The Berkshire Hathaway Annual Meeting was like everything else—different. In 2015, 44,000 shareholders attended, up from 12 in 1981. This year, people lined up in the rain at 4 a.m. in order to get a shot at a good seat five hours later.

I passed through a metal detector and interacted with vendors hawking their wares. I bought a Dilly Bar for \$1. It was a wise investment.

About 3,000 people from China were there, as were Mr. Peanut, the Oscar Mayer Wienermobile and the GEICO gecko. There was a house made from 3,878 boxes of See's Candies fudge, representing the 3,878 pounds of fudge that Warren Buffett has consumed in his lifetime.

Berkshire Hathaway owns Benjamin Moore Paints, BNSF Railway, Dairy Queen, Duracell, Fruit of the Loom, GEICO, Helzberg Diamonds, Omaha World-Herald, The Pampered Chef, See's Candies and others.

Warren Buffett and Charlie Munger, chairman and vice-chairman, drank Coca-Cola products and ate See's peanut brittle while answering shareholder questions. They

claimed to be unable to predict the price of oil, soybeans, corn or anything else. They knew what they didn't know. Munger is 92 and Buffett 85. Buffett said that Munger was the ladies' man of the two because every mother tells her daughter that when choosing between old rich guys, always pick the oldest.

Munger said that he still had a lot of ignorance to work out. When asked about the damaging effects of drinking sweetened soft drinks like Coke, Munger said that it's stupid to measure the detriment without considering the advantage. Buffett estimated that 25 percent of his caloric intake came from drinking Coca-Cola and he enjoyed every calorie. Drinking a Coke makes him happy. Happy people live longer. There are 10,000 men and 45,000 women in this country who are over 100 years old. Buffett reasoned that if he wanted to live longer, he wouldn't give up drinking Coke. He'd have a sex-change operation.

Buffett discovered early in life that his favorite employer was himself and he tries to follow Dale Carnegie's advice, "Don't criticize, condemn or complain." Buffett eats what he likes and does what he loves. He wouldn't change a thing.

Buffett's great grandson was in attendance. He said that if the boy cried, it was because his mother had just explained Buffett's views on inherited wealth to him. Buffett's philosophy is that a rich person should leave his kids enough to do anything, but not enough to do nothing.

Buffett and Munger told stories and shared pearls of wisdom. Both stressed doing the right thing.

Munger advised that if we disagree with a man, we should be able to state his case better than he could. Hang around good people, behave better this year than last year and take the high road, it's uncrowded. He added that a world seen accurately is bound to be humorous because it's ridiculous and that a full wallet is like a full bladder. There is a strong urge to pee it away.

Buffett believes that forecasting economic trends is nearly impossible and that any company employing an economist has one employee too many. Munger and Buffett counseled avoiding destructive behavior and doing stupid things. We should swing only at strikes when investing. Buying \$1 bills for less than \$1 is the sure way to make money.

Buffett's rules of investing are simple. Rule #1: Never lose money. Rule #2: Never forget Rule #1.

My investment strategy is even simpler. I pick up every penny I see.

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Over The Years  
by Grandma

## Something in Common

There's nothing like a shared experience to bond people. That's why support groups are so popular. You can walk into a group of people as a virtual stranger, only to find yourself surrounded by people who know where you're coming from even before you open your mouth.

Many young women discover this phenomenon shortly after they have their first child. They are suddenly inducted into the elite society of women who have given birth. A subject most women don't talk about until all of a sudden most of their conversations are dominated with child birth.

There are of course many experiences that will bond people for a short time, like a car accident, a camping trip, a golf game or maybe a lunch.

Some groups stay together for a long time with one shared experience. I've belonged to a *Polio Support Group* with people from all walks of life. The thread that binds us together is that we all had polio. We have

been getting together for twenty seven years.

There are a group of ladies who get together every month for lunch. We have developed a bond with the only thing we have in common is the red hat on our heads.

There is another group of women I have gotten together with for fifteen years. We meet once a month for lunch and discuss the book we read that month. The love of reading is what binds us together.

The workplace is big on bonding. People who have a common dislike for the boss find each other pretty quickly. This unhealthy bonding comes under the general heading: *Misery Loves Company*. That is what we call an unhealthy bonding. On the other hand, if you find a fellow worker who likes big trucks, quilting, or has a problem child like yours, chances are you'll find something in common to talk about.

Bonding in the workplace, however should not be confused with networking. Networking is artificial bonding in which folks get where they want to go by hopping gracefully from one co-worker to another. Good networkers are very valuable people because they have learned how to get ahead by using other people's ideas.

*Learning is ever in the freshness of its youth, even for the old.*

—Aeschylus

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# Collecting

by Larry Cox

## Luffa Vase

**Q:** My mother received a brown Luffa vase that measures 7 1/4 inches in about 1935 or 1936 for a birthday present. I have been offered \$50 for it by a collector. — *Rob, Rio Rancho, New Mexico*

**A:** The Luffa pattern was introduced by Roseville Pottery in 1934. It featured small yellow or white flowers and large green leaves on a wavy ridged background. Background colors are dominant green with brown accents or dominant brown with variegated green accents. According to "Warman's Roseville Pottery: Identification and Price Guide" by Denise Rago, your vase is valued in the \$150-\$250 range.

\*\*\*

**Q:** I have an old cabinet purchased from a London museum by an Indian chief who became a millionaire in Connecticut during the 1920s. The man died during the 1930s. Anything you can tell me about this cabinet would be appreciated. — *V.A., Rio Rancho, New Mexico*

**A:** Your question is impossible to answer. Who was the chief? Where was the museum? Is there any documentation? Without these facts, it is simply another piece of old furniture. If you suspect

your cabinet is valuable, hire the services of a good professional appraiser. There are several excellent ones in Albuquerque who can help you.

\*\*\*

**Q:** Several decades ago I worked for a highway crew in Nebraska, and occasionally while working in remote areas I would find an old electrical insulator. Although I didn't mean to become a collector, I did. I have about four dozen older insulators and would like to find out if they have much value. — *Carl, Hastings, Nebraska*

**A:** The National Insulator Association was founded in 1973 and has members scattered throughout the country. This might be a good place to begin your search. Contact is Donald R. Briel, P.O. Box 188, Providence, UT 04332-0188. Check out the website at [www.nia.org](http://www.nia.org).

\*\*\*

**Q:** I have a Girl Scout camera that was given to me during the 1940s. It is in excellent condition, and I assume still works. What is it worth? — *Cynthia, Shreveport, Louisiana*

**A:** Your camera is probably in a black case and was manufactured by the Herbert George Company. It would retail in the \$50-\$75 range.

Write to Larry Cox in care of KFW5, 628 Virginia Drive, Orlando, FL 32803, or send e-mail to [questionsforcox@aol.com](mailto:questionsforcox@aol.com). Due to the large volume of mail he receives, Mr. Cox cannot personally answer all reader questions, nor does he do appraisals. Do not send any materials requiring return mail.

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# VETERANS ★ POST ★

by Freddy Groves

## PTSD Documentary Is Not to be Missed

Post-traumatic stress disorder can be a mystery to those who try to help and a nightmare for veterans who have it. Sometimes it takes a film to show the reality so both sides can understand.

*Soledad O'Brien Presents: The War Comes Home — The New Battlefield* is a film that follows two veterans on the edge of suicide as they attend a life-changing boot camp. Healing, meditation and team-building exercises are part of the treatment over the course of five days, with cameras recording their recovery.

The film will be shown on one night only, Tuesday, May 24, at theaters across the country. Afterward, a follow-up film will feature a panel of experts, celebrities and community leaders who will talk about

the challenges veterans with PTSD face, as well as how we're helping — and not helping.

Who should see this film? Everyone, including health-care professionals who work with veterans with PTSD, veterans who have PTSD and need a way to explain it to friends and family, those friends and family who want to help but don't know how, any veterans who might have buddies who are suicidal, law enforcement, policymakers, those who work with the homeless, civilians who want to understand it ... everyone.

All showings will be at 7 p.m. local time.

For more information and to order tickets, go online to [www.FathomEvents.com](http://www.FathomEvents.com). If you don't see a local theater on the list, give them a call or keep checking back as new locations are added. In looking through the different theaters showing the film, it appears that the price per ticket can range from \$15 to \$18, with AARP members getting in for \$12.50 at some locations. If you order online, there is a \$1.35 surcharge.

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## June 2016 Retreat Calendar Shalom Spirituality Center

June 21st to June 23rd

Mysticism From A Cosmic Perspective

Facilitator: Fr. Diarmuid O'Murchu

Tuesday, June 21, 9:30am to Thursday, June 23, 7pm

The rediscovery of the sacredness of creation, and how we encounter the sacred within God's creation, requires a fresh look at the wisdom of mysticism, and the awakening of the mystic in the spiritual experience of many people today. Retreat closes with Eucharistic service.

Fr. O'Murchu is a member of the Sacred Heart Missionary Order in England, a social psychologist, and a workshop leader and group facilitator. He has ministered in Europe, USA, Canada, Australia, India, Africa, and is the author of 16 books.

Offering: Overnights — \$250 / Commuters — \$175. Includes 3 lunches & 3 dinners.

Additional overnight stay on Monday 6/20 with breakfast on 6/21: \$42.

\$50 nonrefundable deposit required. \$10 early bird discount if registered by May 23.

Register by Thursday, June 16.

June 27th to July 2nd

Performing Ordinary Things In Extraordinary Ways

Facilitator: Fr. Joe Chinnici

Monday, June 27, 5:30pm to Saturday, July 2, 9am

This retreat will explore the theology and daily practice of the Gospel way of life in the footprints of Francis and Clare of Assisi. Building on the Joy of the Gospel, themes will focus on the humanity of Christ, practice of the virtues, the Lord's presence, and the Franciscan way of life in the contemporary world. Daily Eucharist. Fr. Chinnici is a Franciscan friar of the province of Saint Barbara. He is currently President of the Franciscan School of Theology, Oceanside, California, in affiliation with the University of San Diego.

He has written extensively on the Franciscan Intellectual Tradition and the evangelical life in the contemporary world. A specialist in the history of Catholicism in the United States, he tries to be, first of all, a human being.

Offering: Overnights — \$450 / Commuters — \$425. Includes 4 lunches & 5 dinners.

Additional overnight stay on 6/26 with breakfast on 6/27: \$42.

\$75 nonrefundable deposit required. \$25 early bird discount if registered by May 27.

Register by Wednesday, June 22.

## Other Events at Shalom Spirituality Center

Taizé Prayer

Thursday, June 2nd, from 7 to 8pm

The characteristic trait of Taizé worship is the use of repetitive prayers set to simple musical lines. Repetition is not a new phenomenon nor unique to Taizé. The use of repetitive prayer has a long history in Christian spirituality and liturgy (think: the Rosary). What is unique to Taizé Prayer is the adaptation of the repetitive form to simple musical lines and core Biblical texts that can be sung by a whole assembly. The assembly is to immerse itself in the simple but profound harmonies and let itself be carried by this sung repetition prayer.

The other characteristic trait of Taizé Prayer worship is its use of silence. Shared silence is a very important dimension of Taizé Prayer worship. The use of silence in Taizé reminds us to incorporate more silence into our daily worship rather than filling every moment with words or music.

Newcomers to the Shalom Taizé Prayer Group are always welcomed!

No registration required. There is no cost, but freewill donations are accepted.

Summer Breakfast: Warm Weather Inspirations

Tuesday, June 2nd, from 7 to 8am, Mass at 8:15am

The weather is warm, the grass is green, flowers are in bloom, the sun rises early and it's time to come out to enjoy a wonderful early morning breakfast! Following breakfast, Camilla Heman OSF, who recently spent a number of years living in Mississippi, will reflect on the warmth we can find within ourselves as well as outside during the long summer days.

Offering: \$9.50. Register & prepay by Friday, June 3.

Centering Prayer

Monday, June 20th, from 7 to 8pm

Centering Prayer gatherings at Shalom begin with 20 minutes of quiet, wordless prayer together. We then read together a short piece related to contemplative prayer, contemplative living, etc. which is followed with time to share our thoughts or reflections regarding the reading. Centering prayer is much more about what God can do in us than what we can do for God. Hence our times of prayer call us to a spirit of openness and receptivity to God.

Newcomers to the Shalom Centering Prayer Group are always welcomed!

No registration required. There is no cost, but freewill donations are accepted.

Shalom Spirituality Center is located at 1001 Davis St.

Call (563) 582-3592 or visit [www.shalomretreats.org](http://www.shalomretreats.org) to register for programs.

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**Memories Passed On**  
 (As told to my grandson Maury)

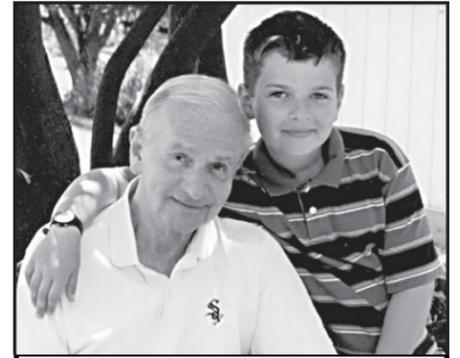
by Jerry Eberhardt

**The Best Of Jerry**

**We Threatened to  
 Strike as Pinsetters!**

In about seventh or eighth grade, just two or three years older than you are now, Maury, Grandpa set pins to earn “spending money” at a bowling alley known as Marquette lanes. It was located in the lower level of my Sacred Heart grade school. This was 1937 & 1938 before automatic pinsetters. We were paid 2 cents a line for our “skilled and hazardous labor!” I’ll explain this: We sat on a board that was about a foot long and eight inches wide along side of – but just above – the pit where the pins would fall. The pins were set by placing one’s foot on a lever located at the end of the alley. While my foot kept this lever down it caused ten pegs to “shoot up” in the shape of a “perfect” triangle on which to place the pins, each of which had a hole in the center of its bottom. When this lever was released the pegs would “disappear” back into the alley. An instant before each ball would strike the pins we quickly learned to “look away,” for a moment, to guard against getting hit in the face by a flying pin because this was always a possibility. We prided ourselves in how fast we could pick up the ball, place it on the return rack, and, of course after each bowler’s second ball, (or strike) reset the pins.

We usually worked two shifts which took approximately four hours. As you probably know, Maury, there are five men



**Jerry Eberhardt with  
 grandson, Maury Cohn**

per team, two teams with each member bowling three games. So each shift we set pins for thirty lines and for a double shift we were paid for sixty lines or \$1.20.

One league night, Maury, just before we were scheduled to set pins, we learned that two or three other bowling establishments in the city were now paying their pinsetters 3 cents per line. There were three of us working that night and we decided to ask the manager for an increase of 1 cent per line. This was about 15 minutes before the first shift was scheduled to bowl. When the manager turned our request down we threatened to “go on strike!” By this time the bowlers had arrived and they were in sympathy with our cause. They “were on our side” and urged the manager to give us the raise saying they would pay us if he didn’t . . . it was close to the time league should start and they just wanted to bowl which we knew we could count on! It turned out, Maury, we were given the raise which meant we received \$1.80, that night and in the future, for two shifts instead of \$1.20!

Maury, Grandpa thinks the lesson to be learned here is **TIMING** . . . it’s important to ask for something at the **RIGHT TIME!!**

Much love, Grandpa

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 MONDAY-FRIDAY 5:00PM-8:00PM  
 SATURDAY-SUNDAY 3:00PM-8:00PM

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 LIMIT 4 PER TRANSACTION

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Eighty-five percent of a plant's roots are found in the top six inches of soil.



The “German iris” may be chewed as a breath freshener but high doses can be toxic.



## Sports Comment

by Gary Dolphin

V.P. **usbank** – Business Development  
and Voice of the Iowa Hawkeyes

### From Where I Sit

The Dubuque County I-Club had a successful golf, dinner and program May 19th at Thunder Hills Country Club. Iowa basketball coach Fran McCaffery headlined the list of speakers and spoke highly of incoming recruits Cordell Pemsl and Riley Till, both of Wahlert Catholic High School, who helped lead the Eagles to a pair of state titles and a runner-up finish during their careers.

Pemsl is a 6'7, 235 pound forward whose high school days were mostly spent with his back to the basket. That will change at Iowa. McCaffery loves his passing skills and court sense and is confident he can develop a consistent mid range jump shot. Pemsl is a key piece of Iowa's five man recruiting class and the top rated forward. Till, a rangy 6'7 guard forward, was invited to walk on. McCaffery is hopeful he can catch lighting in a bottle, the way he did with Nicholas Baer out of Bettendorf, who earned a scholarship after this past season. Baer, whose Mother grew up in Dubuque, will be a red shirt sophomore.

Till is the younger brother of Claire Till, who just completed an injury filled career for Iowa women's basketball. McCaffery says Till has the body to compete at this level, and as he gets stronger and improves, the playing time will come.

It'll be a new look Iowa team

in 2016 following the graduation of four senior starters. Jared Utoff, Adam Woodbury, Mike Gesell and Anthony Clemenys combined for 89 wins as a class, the third most in the history of Hawkeye basketball.

Shooting guard Peter Jok, who announced on Friday he'll return to Iowa for his senior season, averaged 16 points as a junior. Jok was able to have his talents assessed by the NBA with out losing his eligibility and decided to return to school to get his degree and lead next year's Hawkeyes. Sharp shooting forward Dale Jones and other big men Dominic Uhl and Amad Wagner will be counted on heavily along with the prize catch of this year's recruiting class, Tyler Cook, a 6'9 245 pound power forward from St Louis and the Missouri state champs. Cook, a four star recruit, will be counted on to provide scoring and rebounding immediately.

The I-Club also recognized Hawkeye senior golfer Amy Ihm and junior wide receiver Riley McCarron. Ihm is completing a sparkling career that saw her named Big Ten golfer of the week twice, while McCarron will be one of quarterback CJ Beathard's favorite targets this fall when the Hawkeyes kick the season off the first week in September. Have a wonderful Memorial Day holiday, and please....thank a vet!



by Chris Richcreek

1. In 2015, pitcher Max Scherzer twice set a Washington Nationals record for most strikeouts in a game (16, then 17). Who had held the mark?
2. What two teams did Reds pitcher Johnny Vander Meer back-to-back no-hit during the 1938 season?
3. In 2015, the Colts' Andrew Luck joined four other quarterbacks who passed for 300-plus yards in three consecutive NFL playoff games. Who else did it?
4. Who was the first African-American Division I men's head basketball coach?

5. Detroit's Dylan Larkin set an NHL All-Star Skills record in 2016 for fastest lap around a full rink (13.17 seconds). Who had held the mark?

6. Name the American runner who captured Olympic gold medals in 1948 and 1952 in the 800m track race?

7. Jason Day, at the 2015 PGA Championship, became the first player to finish 20-under par at a major championship. What had been the lowest mark, and who held it?

### Answers

1. Stephen Strasburg struck out 14 in a game in 2010.
2. The Boston Braves and the Brooklyn Dodgers.
3. Dan Fouts, Jim Kelly, Warren Moon and Drew Brees.
4. Will Robinson was hired as coach of Illinois State in 1970.
5. Toronto's Mike Gartner did a lap in 13.38 seconds in 1996.
6. Mal Whitfield.
7. Tiger Woods shot 19-under par at the 2000 British Open.

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—Tony Lawrence



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Biscuits & Gravy, Fruit, Danish, Muffins and more

**\$7.99**



### The Jinx Is Up

There are just some teams everybody pulls for, whether or not they are rivals or from different towns, and at the top of that list lies one team: The Chicago Cubs.

Yankee fans would not have minded one bit if the Red Sox lost forever. There were maybe some mixed feelings in 1986 when the Mets took on the Sox in the World Series, but nothing really too serious. Yankee fans looked with lust upon the Mets during that season. Just the idea of having a catcher like Gary Carter during the post-Munson, Cerone-Wynegar-Skinner era seemed otherworldly to fans of the Bombers (not to mention the sanity at the managerial spot). And while there was a begrudging tip of the hat over the years to Big Papi and Curt Shilling's sock, whenever guys like Wade Boggs or Johnny Damon joined the team and chipped in during winning years, most Yankee fans merely thought it was cool that a few Red Sox players helped the Bombers out in between bouts of pining for Don Mattingly.

Maybe in St. Louis there are dug-in pockets of resistance against the Cubs' allure. That's understandable, but they should know that the St. Louis Blues are second on the list of teams many non-locals wouldn't mind

seeing win Lord Stanley's Cup someday, if only to keep things interesting. And that's being generous, since Cardinal fans can get kinda smug and ruin those sentiments in the time it takes to put down one toasted ravioli on The Hill.

Still, in order for a team to be a rival, the other team must win once in awhile. Otherwise, what do you have? Harlem Globetrotters versus Washington Generals or Duke versus Maryland (Best taunt ever? The Dookies chanting "not our ri-val!" as the Terps ran up and down the court with them.)

Now is the time for the Chicago Cubs. In baseball, no matter what they say about pitching, the manager's spot is the most important. There are no coincidences that guys like LaRussa, Torre, Herzog, Piniella, Yost, Billy Martin (between bar fights), Showalter and Joe Maddon win everywhere they go. Wherever they go they bring their ideas with them, and, with all due respect to Casey Stengel ... they usually go right back to winning soon enough. Water finds its level.

There is no such thing as a curse or a jinx, but there is such a thing as the right place and time. Guys like David Ross, Anthony Rizzo, Justin Grimm, Kris Bryant and the rest of the deceptively hot-hitting Cubs in their "whatever you think is hot" suits, they're feeling it. So brace yourself, Wrigley Field ... the jinx is up.

*Mark Vasto is a veteran sportswriter who lives in New Jersey.*

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 Saturday: New York Strip (10oz) \$17.50

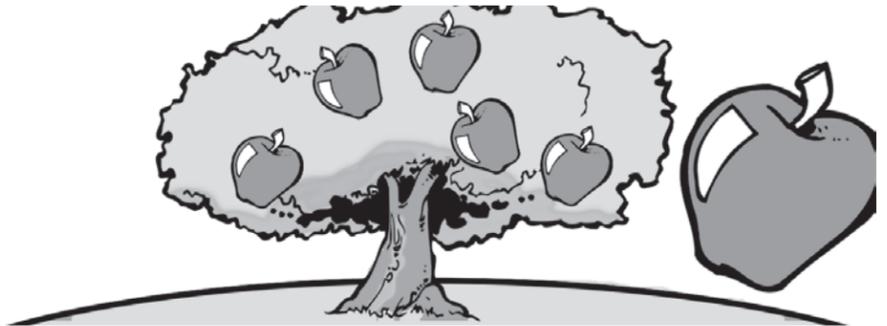
**Radio From The 20th Century**  
 by Bill Zwack




**Life with Luigi**

The leading character of this half-hour situation-comedy series was a childlike, innocent, gentle Italian immigrant named Luigi Basco. Luigi, who spoke broken English, was a bit like a child in a candy shop in his view of the world. Because he was in a new country, everything was new and exciting to him. This was communicated by the expert acting delivered by veteran character actor J. Carrol Naish. Alan Reed was Luigi's sponsor and restaurant-owner boss, Pasquale. Pasquale brought Luigi to America from Italy hoping that Luigi would marry his obese, unattractive, constantly giggling daughter, Rosa, played by Jody Gilbert.

Mary Shipp played Luigi's night-school English teacher, whom he had a crush on. Other students in his class included Horowitz, played by Joe Forte; Schultz, played by Hans Conried; and Olsen, played by Ken Peters. The shows theme music was "Oh, Marie." but Luigi always sang "America, I Love You" during the program. *Life with Luigi* was created, produced, and directed by Cy Howard and written by Lou Derman. The sponsor was Wrigley's Spearmint Gum. Tune in to the *Big Broadcast* on 1370 AM KDTH on Sunday nights from six to midnight. Luigi and friends might be hanging around.



*You're not getting older, you're getting better.*  
*An apple tree is at its prime when it's about 50 years old.*  
*The United States produces about 100 million barrels of apples a year.*

**Down Memory Lane**

**Exerpts From The Pages Of "The Avalon" A Newsletter Of The Dubuque Packing Company Workers**

1953

1953

Among the strongest contenders for the 1953 Indy loop bunting in our Packinghouse Workers combination with Richie Jahn sparking the pitching staff. This aggregation — sponsored by Local 150 — has already won three out of five Indy circuit engagements and is rapidly making a name for its athletes in the local softball competition. The Packinghouse Workers have one of the hardest hitting clubs in the loop and can be expected to give their co-worker Packers team a tough tussle for the title.



**PACKINGHOUSE WORKERS** — Front row — Norm Jotham, Don Cornish, Gilles Ede, Merlin Kaiser, Louis Hanson, Fred Rossman, George Gantenbein, Jay Neyens. Back row — Gene Sutherland, Charles Spielman, Wally Gau, Darrel Sendt, Dick Neumann, Jerry Jansen, Ray Mangeno, Stub Zillig.

New Airport Terminal from P. 1



**EVOLUTION OF THE DUBUQUE REGIONAL AIRPORT**

- 1928** Business and Community Leaders lease with Interstate Power Company for the use of Nutwood Park, formerly the site of the old racetrack (presently Wickes Lumber/Minnesota Furniture)
- 1934** February – Dubuque’s first municipal airport, was relocated to City Island (formerly Ham’s Island) this location was prone to heavy flooding and considered too hazardous for pilots and was abandoned in 1948
- 1944** Dubuque’s 2nd municipal airport began operating at the current site.
- 1948** Work on runway/taxiways completed and on October 24, and the airport and new terminal facility was dedicated by first Airport manager Ole Olson.
- 1952** Maintenance shop and garage built
- 1967** Lengthening of Runway 13/31 from 5,600 ft. to 6,500 ft.
- 1968** New terminal building constructed (our current facility) and dedicated November 23, 1969
- 1973** Air Traffic Control Tower made operational
- 1988** Terminal Building was remodeled
- 1988** Fall – Dubuque Municipal Airport was renamed Dubuque Regional Airport - airport then began being governed by 5 person Airport Commission approved to serve 4 year terms.
- 1990’s** Record passenger traffic pushed the limits of terminal facility
- 2000** Terminal Area Study was conducted and was approved in 2003 by the Federal Aviation Administration (FAA) to evaluate size and location for new terminal.
- 2004** Benefit Cost Analysis study conducted and approved by FAA
- 2005** Master Plan & Airport Layout Plan was updated & approved by FAA
- 2009** Land Acquisition completed for new terminal facility and Preliminary Design Phase began
- 2011** August – Site work began
- 2012** October 12 – Ground breaking ceremony for new terminal building
- 2016** June – Opening of new terminal facility



**SUSTAINABLE FEATURES**

- Stormwater Design features to help reduce the amount of water flowing off site and the amount of contaminants filtered on site versus off site.
  - Light pollution reduction by eliminating non required up-lighting.
  - Water efficient landscaping requiring no additional irrigation.
    - Water use reduction strategies including waterless urinals and tankless water heaters.
- Emphasis on the use of recycled materials throughout the design.
  - Construction waste management throughout construction maximizing the amount of recycled goods being reclaimed.
    - Emphasis on regional materials, i.e., harvested, manufactured, and shipped from within 500 miles.
  - Indoor environmental controls increasing the quality of the indoor environment for occupants.



DUBUQUE REGIONAL AIRPORT

# NEW TERMINAL

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## 2016 Fireworks & Air Show

### Sunday, July 3

Events will be at River Front below Lock & Dam

Air Show: 6 p.m. – 8:30 p.m.

US Navy F-18

We are pleased to welcome back the United States Army Parachute team, The Golden Knights

This is the 75th Anniversary of the attack on Pearl Harbor – A day that will live in infamy and we are going to remember that day with a special presentation.

Fireworks will begin at Dusk

For More Information On The Day's Activities  
Tune In To Your Radio Dubuque Stations

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**Smile, you are on Camera!**

One of the interesting facets of selling on eBay for people is to work with the old "tech" of days long gone by. Taking pictures today is as easy as pulling out our smart phones and touching the camera icon on the



screen. This box camera would have needed a glass negative plate, tripod and a steady hand to operate. My how things have changed! This antique Eastman Kodak 8x10 view camera sold for \$459.99 on eBay.

**The Fever River Puppeteers present**  
**"Pup-A-Foo-Glee"**  
 a FREE day of puppets, food & fun  
**Saturday, June 18**  
 10 a.m. — 3 p.m.  
**GUEST PUPPETEERS, LIVE MUSIC, KID-FRIENDLY ACTIVITIES**  
 Celebrating 125 years of  
**the HAZEL GREEN OPERA HOUSE**  
 2130 Main Street, Hazel Green, WI  
 Schedule and info at [www.hazelgreenoperahouse.blogspot.com](http://www.hazelgreenoperahouse.blogspot.com)  
**608-732-7129**



**Hazel Green Opera House Celebrates 125th Anniversary**



HAZEL GREEN, WIS. — Guest puppeteers, live music, a puppet petting zoo and a retro ice cream sundae will be part of the festivities when the Fever River Puppeteers celebrate the 125th anniversary of the Hazel Green Opera House.

for their puppet company. The building houses a fully equipped marionette stage and other puppet stages, with seasonal performances, as well as occasional puppet-making workshops for children.

The puppeteers will host Pup-a-Foo-Glee, an annual free event of puppets, food and fun, 10 a.m. – 2 p.m. Saturday, June 18, at the opera house, 2130 Main St.

The day of celebration will feature old-time music by the Fever River String Band, guest performances of "Almost Aesop's Fables," by Steve Mark, of Village Idiot Puppets, Minneapolis, and "The Snow Queen," by Monica Leo, of Eulenspiegel Puppets, of West Liberty, Iowa.

The white frame opera house was built in 1891 by the Town of Hazel Green. It was meant to be both a town hall and a venue for entertainment, including traveling shows and community events. It has been in private ownership since the 1980s, when it was renovated and placed on the National Register of Historic Places.

Also, the Fever River Puppeteers will present a table top history of the opera house, "How Witch Hazel Got Her Home," and a Punch and Judy show.

The interior features fanciful brackets and other architectural details as well as a drop-down painted curtain depicting Venice, Italy.

There will be lunchtime concessions and an afternoon ice cream break featuring a return of the Hazel Green Sundae.

Chuck and Sandye Voight, of Benton, Wis., purchased the building in 2004 as a home

The following schedule is subject to change. For an up-to-date schedule, go to [www.hazelgreenoperahouse.blogspot.com](http://www.hazelgreenoperahouse.blogspot.com). For additional information, call 608-732-7129.

**Schedule**

- 10 a.m. – "Almost Aesop's Fables"
- 10:45 a.m. – "How Witch Hazel Got Her Home"
- 11:30 a.m.-12:30 p.m. – Lunch concessions
- Noon-1 p.m. – Puppet-making, puppet petting zoo, art activities
- 1 p.m. – Fever River String Band
- 2 p.m. – "Snow Queen" (followed by ice cream sundaes)
- 2:30 p.m. – Punch and Judy

The Spats

by Jeff Pickering



R.F.D.

by Mike Marland



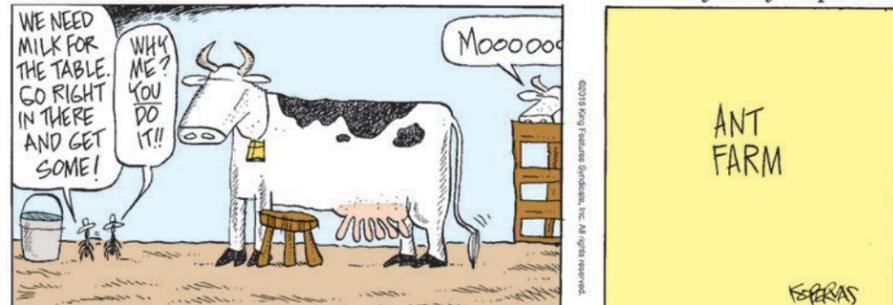
Amber Waves

by Dave T. Phipps



Out on a Limb

by Gary Kopervas



# Good Housekeeping

## Easy Deviled Eggs

Deviled eggs are a great appetizer, and this recipe is particularly easy!

- 12 large eggs
- 1/2 cup light mayonnaise
- 1/8 teaspoon ground red cayenne pepper
- Salt
- 1/4 cup very finely chopped red pepper
- 1/4 cup very finely chopped carrot
- 2 tablespoons very finely chopped cornichons or dill pickles
- 2 tablespoons finely chopped fresh dill leaves

1. Place eggs in 4-quart saucepan. Add enough cold water to cover eggs by 2 inches. Heat to boiling on high, cover with lid, and remove from heat.

Let stand 12 minutes. Drain and rinse under cold water. Under running water, peel off shells and discard.

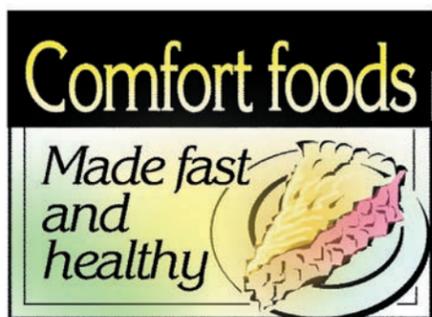
2. Trim the tops and bottoms of eggs so that they can sit flat. Cut each egg in half crosswise. Transfer yolks to large bowl.

3. Into yolks, mash mayonnaise, cayenne, and 1/4 teaspoon salt until smooth. Stir in pepper, carrot, cornichons and dill until well-mixed.

4. Spoon rounded teaspoon of yolk mixture into each egg-white half. Place on serving platter; garnish with dill. Eggs can be made up to 1 day ahead, then covered and refrigerated.

For thousands of triple-tested recipes, visit our website at [www.goodhousekeeping.com/recipes/](http://www.goodhousekeeping.com/recipes/).

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## by Healthy Exchanges Rhubarb Cobbler

Here's a great dish for the Memorial Day picnic that all rhubarb lovers will really enjoy!

- 4 cups chopped fresh rhubarb
- 1 1/4 cups Splenda Granular
- 1 (4-serving) package Jell-O sugar-free strawberry gelatin
- 1 1/2 cups all-purpose flour
- 2 teaspoons baking powder
- 1/4 teaspoon table salt
- 2 eggs, beaten, or equivalent in egg substitute
- 1 cup fat-free milk
- 1 teaspoon vanilla extract

1. Heat oven to 350 F. Spray a 8-by-12-inch baking dish with butter-flavored cooking spray.

2. In a large bowl, combine rhubarb and 3/4 cup Splenda. Evenly arrange rhubarb mixture in prepared baking dish. Sprinkle dry gelatin evenly over top.

3. In same large bowl, combine flour, remaining 1/2 cup Splenda, baking powder and salt. Add eggs, milk and vanilla extract. Mix well to combine.

4. Spoon batter evenly over rhubarb mixture. Bake for 30 to 35 minutes. Place baking dish on a wire rack and let set for at least 10 minutes. Divide into 8 servings.

- Each serving equals: 142 calories, 2g fat, 6g protein, 25g carb., 234mg sodium, 150mg calcium, 2g fiber; Diabetic Exchanges: 1 Starch, 1/2 Fruit; Carb Choices: 1 1/2.

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# Cremer's Cooking Tips

## Grilled Tri-Tip Beef

**Ingredients**  
Whole Tri-Tip, about 2 pounds  
3 Tbsp Cremer's Rub Me Tender Seasoning

**Directions**

1. Sprinkle meat with rub and massage lightly all over. Cover and refrigerate at least an hour or as long as overnight. Remove from refrigerator an hour before cooking.

2. Prepare charcoal grill or heat a gas grill to high. Place roast on grill and sear one side well, 6 to 8 minutes, checking for flare-ups. Turn the roast and sear the other for about the same time. Then lower gas to medium-high or move the meat to a cooler

part of the charcoal grill.

3. Turn meat again and cook another 8 to 10 minutes. Flip and cook again. A 2-pound roast will require about 20 to 25 minutes total cooking time. The roast is ready when an instant-read thermometer reaches 130 degrees when inserted into the thickest part of the meat.

4. Rest roast on a cutting board 10 to 20 minutes. Slice against the grain. The roast is shaped like a boomerang, so either cut it in half at the center of the angle, or slice against the grain on one side, turn the roast and slice against the grain on the other side.

# KIELER

## Church Dinner

Given by: Immaculate Conception Parish **AND** Picnic

# Monday, JULY 4

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## Deep Fried Chicken & Ham

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• 24 Buns • 8 lbs. Potato Salad

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 Y W V T I R I P N L K R R I G  
 E C B O Z X T W W U S E A X C  
 R P G O M L T (BOUND) W O J  
 I G E D B A U Y X R O L M B B  
 W U T S Y Q P P O O G E A N T  
 T N E I T A P L R E D I S W E  
 K J H G F D L S W O L F C B S

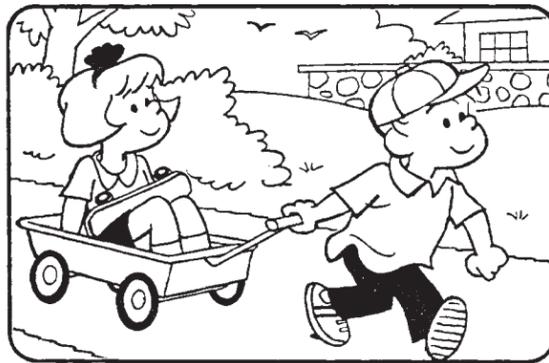
Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

- |       |         |         |       |
|-------|---------|---------|-------|
| Board | Doors   | Growing | Set   |
| Bound | Fielder | Laws    | Sider |
| Box   | Flows   | Lay     | Ward  |
| Come  | Going   | Putting |       |

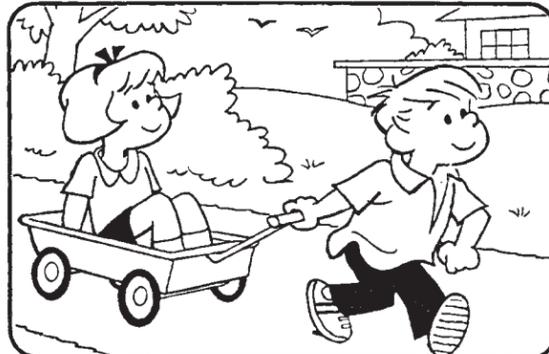
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**HOCUS-FOCUS**

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Bow is different. 2. Skateboard is missing. 3. Wall is shorter. 4. Cap is missing. 5. Neckline is different. 6. Arm is moved.  
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**GO FIGURE!** by Linda Thistle

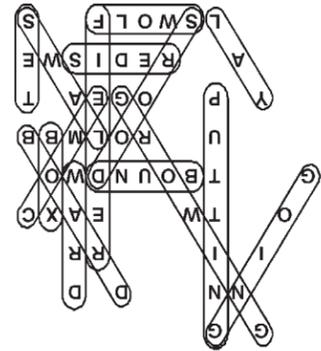
The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

	÷		+		11			
+		x		÷				
	+		÷		2			
÷		-		+				
	-		x		9			
4		4		10				
1	2	3	4	6	7	7	8	9

**DIFFICULTY: ★★**

★ Moderate ★★ Difficult  
 ★★★ GO FIGURE!

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**ADDING IN OR OUT PREFIX MAKES A NEW WORD**

**SUDOKU Answer**

7	2	8	6	1	3	4	5	9
9	3	4	7	5	2	1	8	6
5	6	1	9	4	8	7	2	3
4	5	4	9	2	3	7	8	1
3	7	2	8	9	1	6	4	5
1	8	9	4	6	5	2	3	7
6	9	4	3	1	2	6	7	5
8	9	6	4	7	3	5	1	2
2	1	3	5	7	6	8	9	4

**King Crossword** — Answers

Solution time: 21 mins.

H	I	S		G	N	U		N	E	A	L		
I	D	E	A	E	O	N		O	K	R	A		
T	O	R	N	E	S	P		T	E	M	P		
S	L	A	Y	S		Y	E	A	H				
				T	H	E		G	U	I	T	A	R
B	O	T	H	E	R	S		K	N	I	F	E	
A	L	A	I	R	A	P		G	L	A	D		
N	I	N	N	Y		W	A	N	D	E	R	S	
D	O	G	G	E	D		Z	O	O				
				G	N	A	W		W	I	P	E	D
O	H	I	O		N	I	P		N	E	R	O	
H	O	P	E		D	N	A		G	E	N	T	
M	E	S			Y	E	W			K	O	S	

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**SUDOKU**

by Linda Thistle

	1		9			7		
2					3			8
		5		2			4	
7					4	6		
		9	1					3
	6		7	3			5	
	2		8			1		
9				5				6
		4			9		2	

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

**DIFFICULTY THIS WEEK: ◆◆**

◆ Moderate ◆◆ Challenging  
 ◆◆◆ HOO BOY!

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**Go Figure! answers**

	0	1		4		4	
6	6	x	2	-		3	
	+		-		÷		
2	7	÷	6	+		8	
	÷		x			+	
1	7	+	1	÷		4	

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