



The Golden View

The Community Newspaper For Adults 55 Plus

May, 2021

Dedicated To The Young At Heart

Dubuque, Iowa

Visit The Golden View On The Web At: www.thegoldenviewonline.com

Hospice of Dubuque Tree of Life

by Tiffany Stietz,

Community Relations Coordinator, Hospice of Dubuque

Each spring, Hospice of Dubuque sponsors the Tree of Life Memorial Service as a time of remembrance and acknowledgment. The tree stands as a reminder that the promise of peace is real, hearts can heal, and whispers of hope surround us. Although we may be separated physically this year, Hospice of Dubuque continues this annual tradition of honoring loved ones, allowing us to come together in spirit.

Memorial Service will include a guest speaker, reflection, music, and lighting of the tree. To view the event, visit www.hospiceofdubuque.org. You can also view the Tree of Life Memorial Service on YouTube or Facebook by searching for Hospice of Dubuque. If you miss the live event, the event recording will be available at a later date on the Hospice of Dubuque website.

To recognize someone with

Nurses Day: A Time to Express our Gratitude

by Melissa Fleege MSN, RN

Agency Supervisor / Clinical Manager at 24 Hour Care, LLC



Pictured: Melissa Fleege, Ruth Gallo, and Angela Horaney. Missing is Christine Bentz.

International Nurses Day this year has made many nurses look back on the past year and see how far the nurse occupation has come. The theme this year for International Nurses Day is **Nurses: A Voice to Lead**. 2020 brought many challenges to the world of nursing and many more for the rural Tristate area that we service. The healthcare industry has struggled with the COVID-19 pandemic, nursing shortages, limited resources and funding, enormous pressures put on many healthcare-related occupations, government and state regulation changes, and significant disruption to our healthcare system. As a leader of 24 Hour Care, LLC was given a challenge and opportunity to step up and make a larger impact on our community.

"Nurses: A Voice to Lead" is a great topic this year. Our Home Health nurses are the VOICE for the patients that we serve, they LEAD the care that patients require, by providing updates to physicians and the entire health care team. Home Health nurses often see the aspects of patient care that are not seen in the hospital and aspects that can be easily overlooked. Our nurses have had to "step up their game", our agency has had to make various changes to keep our staff and patients safe throughout the COVID-19

pandemic. Patients are being discharged home much sooner than they have been in the past, physicians are changing the way they provide care, and they are now embracing hospital and skilled level care to be provided in the patient's homes.

We want to celebrate our nurses here at 24 Hour Care, LLC and also our fellow nurses that we work with in all healthcare settings. Your impact does not go unnoticed, we appreciate all the hard work, dedication, blood, sweat, and tears that you have put into your profession. Our nurses at 24-Hour Care have done some amazing things and go above and beyond to ensure that our patients are receiving holistic care in a familiar and safe place, the patient's own home. Our nurses at 24 Hour Care are top-notch and they embrace a good challenge and 2020 gave us just that!



Pictured: Robin Schemmel and Gretchen Carroll. Missing is Kathie Bathum.

Tree of Life

Virtual Tree Lighting and Memorial Service

TUESDAY, MAY 25 AT 7:30 PM

Ceremony online at hospiceofdubuque.org/live



In place of the in-person event, Hospice of Dubuque will host a virtual ceremony on Tuesday, May 25, at 7:30 p.m. As always, the Tree of Life

a light on the Tree of Life, please send a tax-deductible gift of any amount, along with the name of the person who

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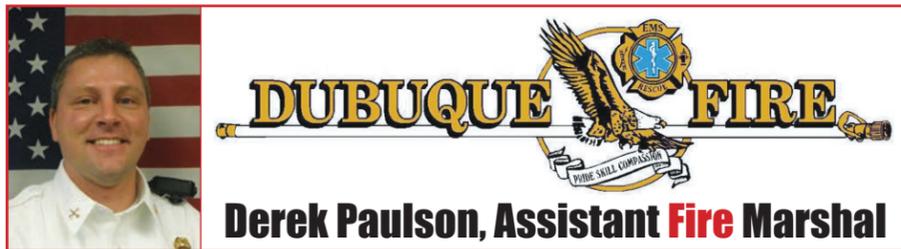
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Derek Paulson, Assistant Fire Marshal

Every Spring, I look forward to getting my yard cleaned up, making everything look good for the summer and then having a nice fire in the evening. However, did you know that the City of Dubuque has a recreational fire policy on what you can and can't burn within the city limits. Here are the guidelines on what is and is not allowed to be burned within the city limits. If you live outside the city limits check with your local jurisdiction to see what is and is not allowed.

Recreational fires must use only natural growing form wood, dried, split or sawn lengths no greater than 4 feet. No processed wood such as 2 x 4's, plywood, building materials etc. may be burned. Burning of papers, garden waste, rubbish, refuse, grass, leaves or brush is prohibited. Recreational fires shall not be conducted within 25 feet of a structure or any combustible materials. All fires must be constantly attended until the fire is extinguished. No fewer than one portable fire extinguisher with a minimum 4-A rating or other approved

on-site fire-extinguishing equipment, such as dirt, sand, water barrel, garden hose or other extinguishing agent shall be available for immediate use.

A portable outdoor fireplace is a portable, outdoor, solid-fuel burning fireplace that may be constructed of steel, concrete, clay or other noncombustible material. A portable outdoor fireplace may be open in design, or may be equipped with a small hearth opening and a short chimney or chimney opening in the top. Portable outdoor fireplaces shall not be operated within 15 feet of a structure or combustible material. The same burning guidelines listed above apply to portable outdoor fireplaces.

If smoke from fire is deemed a nuisance or the fire is deemed unsafe and not in compliance, you will be asked to extinguish the fire. Failure to comply with the above regulations may result in a municipal infraction.

If you have any questions or would like more information I can be reached at **563-589-4195** or at Dpaulson@cityofdubuque.org.



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\$100,000 and over	4.00%	4.00%**

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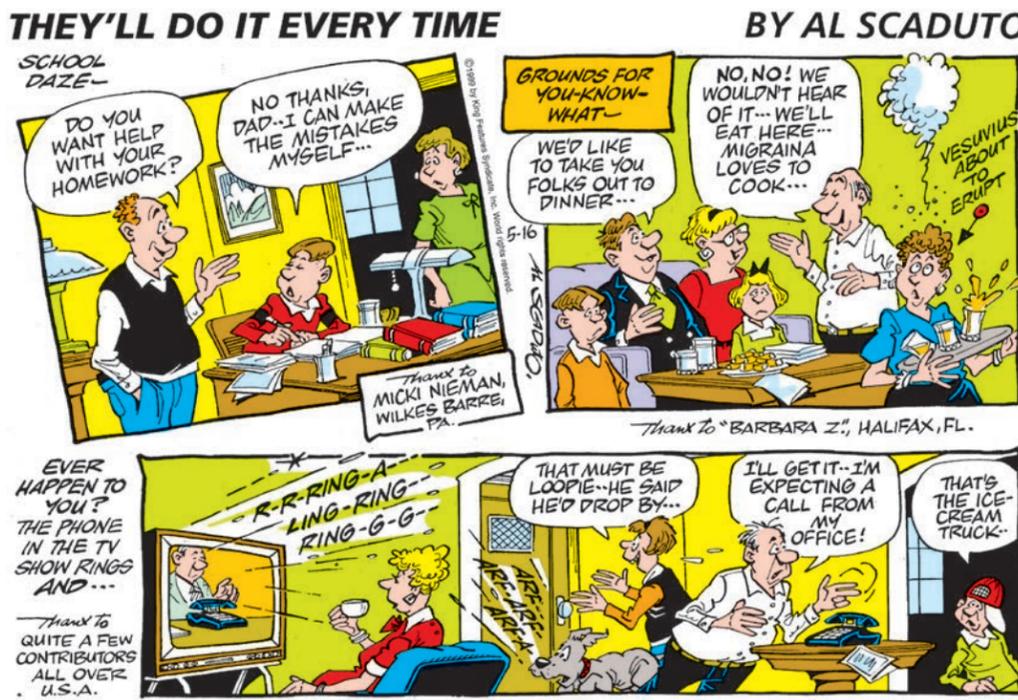


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GO FIGURE! by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

	x		+		25
+		x		x	
	x		-		26
x		+		-	
	x		+		19
22		29		33	

DIFFICULTY: ★★
 ★ Moderate ★★ Difficult
 ★★★ GO FIGURE!

2 3 4 5 6 6 7 8 9
 Go Figure! Answer on Pg. 24
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STICKELERS [sic].
 by Terry Stickels

Match the shade on the left with its color on the right.

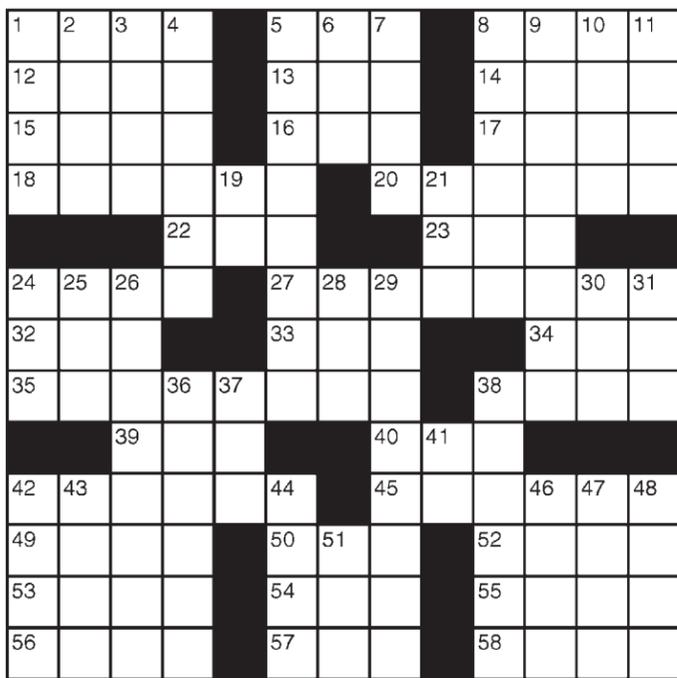
1. bisque	a. yellow-green
2. arsenic	b. purple
3. chartreuse	c. off-white
4. teal	d. blue
5. mauve	e. gray
6. cerulean	f. green-blue

Stickelers Answer on Pg. 24
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King Crossword

ACROSS

- 1 Repast
- 5 "Ben- —"
- 8 Lawman Wyatt
- 12 "Frozen" snow queen
- 13 "Right you —!"
- 14 Computer brand
- 15 Slightly
- 16 Actress Long
- 17 Hindu royal
- 18 Tidy up
- 20 Toto, to Dorothy
- 22 Peyton's brother
- 23 Commonest English word
- 24 Easter entrees
- 27 Vinegar variety
- 32 X-ray's cousin
- 33 Chopper
- 34 Hostel
- 35 "Becoming" author Obama
- 38 Read quickly
- 39 Knock
- 40 Wildebeest
- 42 "Yippee!"
- 45 Held up
- 49 "Mamma Mia" group
- 50 Gardner of Hollywood
- 52 Actress Kate



- 53 Fibs
- 54 Diarist Anais
- 55 Footnote abbr.
- 56 Minus
- 57 Young fox
- 58 Till bills
- DOWN**
- 1 Intend
- 2 North Sea feeder
- 3 Largest continent
- 4 Coffee bar orders
- 5 Carthaginian general
- 6 Swiss canton
- 7 Harvest
- 8 Sultry singer Kitt
- 9 Campus figure
- 10 Gambling mecca
- 11 Bluenose
- 19 Chicago transport
- 21 UFO crew
- 24 "Let me think ..."
- 25 "Exodus" hero
- 26 Germs
- 28 Rocker Rose
- 29 "Shampoo" Oscar winner
- 30 — pickle
- 31 Blitzer's channel
- 36 Badger
- 37 Clean-air org.
- 38 Hand in
- 41 "Forget it!"
- 42 Corridor
- 43 Theater award
- 44 Tug
- 46 Innocent one
- 47 Ms.
- 48 Brockovich
- 48 June honorees
- 51 Half of XIV

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**Be sure to check the website
TheGoldenViewOnline.com**



Wild Animal Threat in Tennessee

DEAR PAW'S CORNER: I read your recent column about whether cats will be threatened by snakes or other wildlife in rural Tennessee. I lived over 50 years in Henrietta, New York; I had raccoons, possums, deer, foxes, skunks and a plethora of other animals in my backyard every night — many more than when I lived in Oak Ridge, Tennessee. Tell your reader not to worry: Almost all wild animals are much more (for good reason) afraid of you than you should be of them. Just ignore them, and you probably won't get to enjoy them and have all the pleasure I do in seeing them in my yard. If you have a cat, you should probably

keep it in at night, but they should be in anyhow. Hope this helps. — *N.Z.C.*

DEAR N.Z.C.: Thank you for the information! Wild animal activity can vary quite a bit depending on your region, how close you are to a town or city, the amount of undeveloped property or a wildlife reserve adjacent to your home, and more.

It can even vary from neighborhood to neighborhood. For example, when I relocated from one area outside of Boston to another, the wildlife in my yard shifted drastically. I had put up with free-roaming turkeys and the occasional glimpse of a coyote in the early mornings on my suburban street for years; in my new neighborhood, the only wild pests were rabbits, with no nearby predators to keep their numbers down.

In short, enjoy the rural life, make sure trash-can lids are secure, and don't worry too much about predators menacing you and your pets. They prefer to stay out of your way.

*Send your questions, tips or comments to
ask@pawscorner.com.*

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are those which he didn't commit when he had the opportunity.*

—Helen Rowland

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Those eligible may either phone the Treasurer's office for a form or come in for assistance in completing the forms.

Last year we had 380 people qualify for the credit. If you have any questions as to whether you are eligible, please contact the Dubuque County Treasurer's office.

Dubuque: 563-589-4436 Dyersville: 563-875-6052

COME CHAT with ME

by S. E. Persinger



If you don't like remembering your childhood, don't read this column. It will not actually be a nostalgic visit into the past, but it will be a memory of early learning. The job of trying to learn how to tie your shoes and how to tell time. We have all been there.

Do you remember learning to tie your shoes? I do. My three older siblings were in school and my younger brother was asleep in his crib. My mother was attempting to teach me how to tie my shoes. She was right-handed. I was left-handed, as were two of my brothers. We were at the stage of tying the bows. I watched my mother do the loops it looked easy. But when I tried, my fingers always got tangled up with the laces. I was a four-year-old failure.

Fortunately, one of my older brothers helped me when he came home from school. It took many tries but I did learn to tie

my shoes.

The lesson in telling time was a problem for me. Although, I could count, all the numbers in a circle confused me. My mother would often be sitting at her treadle sewing machine (we didn't have electricity at the farm house) and she didn't want to get up and go into the kitchen where we kept the clock. She would tell me to go and look at the clock and tell her where the big hand was and then she would send me back again to see where the small hand was. This was my first lesson in frustration because I just couldn't learn how to tell time.

I talked to one woman who said she was a late bloomer, and was in the 1st or 2nd grade before she could tie her shoes or tell time. Incidentally, if you have read this column thus far, you must be interested. Have you given any thought to your early learning days? Actually, we learn a lot in the first five years of our life, but after that we learn at a much slower speed. And learning often depends on the environment and the adults guiding our learning practices.

Nowadays, I believe that young people have a great advantage of learning. All the modern methods of teaching with new technologies are endless. Also, with pre school in the picture, children learn at a much faster pace than they did in the past. "Good Bye!"

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Hospice of Dubuque from Pg. 1



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The Hospice of Dubuque Tree of Life is located in Dubuque's Washington Park. The display will remain lit through Memorial Day as a special way to acknowledge and honor those we love. For more information, please call 563-582-1220 or email cr@hospiceofdubuque.org.



*A beaver can hold its breath
for about 45 minutes.*

An Uplifting Moment
with **Rev. David J. Claassen**
Visit me on the internet!
www.daveclaassen.com



We Make Our Own Lunch

In a Peanuts cartoon, Charlie Brown complains to Linus that every day his lunch is the same, a peanut butter and jelly sandwich. "Who makes your lunch?" Linus asks. Charlie Brown replies, "I do."

In large measure we make our own lunch. We have more of a choice than we often think we have as to what's in our paper bag!

Phyllis Hurwitz studied piano and violin and attended the School of American Ballet. She said, "I had great parents. I broke my leg and they gave me a book on ventriloquism. It was just so natural to me." She became a ventriloquist, and using the name Shari Lewis, spent a lifetime entertaining children, of whom I was one, with her puppets Lamb Chop, Charlie Horse, and Hush Puppy. No one likes a broken leg, but Shari's broken leg helped her to take a step in a whole new direction, and millions of people are glad she did!

It's tempting to complain about the way things are; it takes less effort than deciding to do something about changing things to the way they could be. We can also move from complaining to blaming, blaming someone else for our predicament. Okay, some things can't be changed, including what someone else has done to us, but we can change our attitude about those things we can't change!

We have a God-given ability to make choices. We're not like a bump-n-go toy that mindlessly changes direction when it hits up against something. We can plot a course!

Oswald J. Smith wanted to be a missionary but was considered too frail for such a life. His response? "If I can't go myself, I will send someone else." He did! He founded The People's Church of Toronto, Canada, a large church that has been known world-wide for giving an extraordinary amount of their budget to missions around the world. Rev. Smith himself made 21 world tours promoting evangelism and world missions.

We can adopt a victim mentality or make the choice to find victory in it. Whatever less than ideal situation we find ourselves in, God knew we would be exactly where

An Uplifting Moment cont. Pg. 10

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BIBLE TRIVIA
by Wilson Casey

1. Is the book of Gilead in the Old or New Testament or neither?
2. Solomon asked, what biteth like a serpent and stingeth like an adder? *Woman's scorn, Evil brother, Tax collector, Wine*
3. From John 1:42, what name did Jesus give to Simon Peter? *Macedonia, Nahu, Cephas, Eli*

4. In Psalms 68 what are the dove's feathers covered with? *Manna, Gold, Leaves, Blood*
5. From John 3, who came to Jesus under the cover of night? *Elijah, Amos, Nicodemus, Mesha*
6. Who was the "Gloomy Prophet"? *Gehazi, Joel, Jeremiah, Jehoshaphat*

ANSWERS

(1) Neither; (2) Wine; (3) Cephas; (4) Gold; (5) Nicodemus; (6) Jeremiah

Comments? More Trivia? Gift ideas? Visit www.TriviaGuy.com

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THE ILLUSTRATED BIBLE

Let us know, let us pursue the knowledge of the Lord. His going forth is established as the morning; He will come to us like the rain, like the latter and former rain to the earth.

HOSEA 6:3



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YESTERDAY AND TODAY

BY MICHAEL GIBSON



View looking north at 3rd & Main ca. 1940s with the Union Bus depot on the left. It operated at this location from 1941 to 1970. It was relocated to 485 Central between 1971 and 1985. From 1972 until 1983 the building became home of the Great Tri-State Surplus Store. The Merchants Hotel on the right was built in the late 1890s. It had sixty-two rooms and a large dining room. In 1902 rooms were rented for \$2.00 a night. (Courtesy of the Loras College Center for Dubuque History, OHE p78 Hickey Neg. 13).

Yesterday & Today cont. Pg. 9



Michelle Bell,
Social Security District Manager,
Dubuque, Iowa



Faster Processing of Disability Claims for People with Alzheimer's Disease

Today, more than 5 million Americans are living with Alzheimer's disease. Since the onset of Alzheimer's can occur in people before they retire, it may strike during an individual's working years; preventing gainful employment as the disease progresses.

As a result, people must come to grips with a devastating diagnosis while losing their salary and benefits. People with Alzheimer's disease and their caregivers must figure

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Social Security cont. Pg. 12

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Yesterday & Today from Pg. 8

Michael Gibson has decided to take a hiatus from the Yesterday and Today feature. He has given permission to recycle previously published photos and captions for your enjoyment.



In the early 1990s the Great Tri-State Surplus Store was torn down and the site became a municipal parking lot. In 1999, the Merchants Hotel was demolished despite the fact that it was on the National Register of Historic Places. In 2001, a new building was constructed which houses the Dubuque Area Chamber of Commerce. A parking ramp was also built behind this block to relieve parking congestion for many of the new businesses along Main Street. (Photo by Terry Grant).

The University of Dubuque to Dedicate Pipe Organ with a Special Performance by the Columbus (Ohio) Symphony and World-Renowned Guest Organist Alan Morrison

The University of Dubuque will dedicate its new custom-crafted pipe organ in John and Alice Butler Hall, Heritage Center on Saturday, May 15, 2021, with a special performance by the Columbus (Ohio) Symphony and world-renowned organist Alan Morrison.



A beautiful instrument with 3,000-plus pipes, the John and Alice Butler Pipe Organ will expand students' musical horizons and enhance campus events for generations to come. It was gifted by UD Trustee John Butler (DHL'17) and his

UD Heritage Center cont. Pg. 11

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Antiques & Collecting

By Terry and Kim Kovel

Unusual Paint Sign

Part of the fun of collecting and going to shows and auctions is how often you see something that is a mystery. It's a learning experience. We took our children to shows as soon as they knew how to behave: Don't touch, hands behind your back, ask if you want to see something. We checked with the dealer before taking them into a booth and explained they knew how to behave and if there should be an accident, of course we would pay for any damage.

Each child had a collection — small heart charms or tin spice boxes. We showed them the jewelry and named the colors of the stones, then the name of the stones, and by kindergarten, they were experts. They helped us buy things for the country store by asking the dealer the price of a sign or a box that they liked. Big, colorful signs with old-fashioned pictures were the favorites.

This tin paint sign is 27-inches tall and is unusual because it has a row of wooden color sample blocks at the bottom. The old car and the "quaint" porch picture also had appeal. But although we agreed it would look great at our house, several bidders liked it, so when it sold at \$3,186 we were not the buyers. Our children learned that you don't always get what you want at an auction; sometimes the bidding goes past our limit because someone else wants it more.

Q: What is the resale price for a Fiesta 60th Anniversary pitcher with four matching cups in new condition?

A: Fiesta has been made by the Homer Laughlin China Co. since 1936 and has been made in many colors since then. To mark the 60th anniversary in 1996, Fiesta was made with the words "Still Proudly Made by The Homer Laughlin China Co., Genuine Fiesta, 60th Anniversary, 1936-1996" and the logo of a dancing



This unusual sign advertising paint was made to be shown in a store. It had an easel back so it could be displayed on the counter and a metal chain so it could be hung.

lady. The Anniversary line includes a pitcher, mugs (cups), tumblers, a cake plate, a clock face plate and other items. The price depends on color and condition. Pitchers sell online for \$25-\$48, mugs for \$3-\$10. A set with four mugs could sell for \$37 to \$88. Higher prices are asked but don't sell.

CURRENT PRICES

Kitchen, kettle, copper, arched swing handle, goose neck spout, crimped seams, domed lid, J. Getz, Lancaster, Pa., c. 1830, 11 inches, \$148.

Redware, bean pot, sgraffito flowers, ribbed strap handle, Pennsylvania, 1800s, 5 x 8 inches, \$384.

Toy, phonograph with horn, fairy tale graphics, key wind, spring motor, Keimola, Germany, 1920s, 7 x 3 inches, \$575

Silver bowl, Art Deco, hammered, footed, Reed & Barton, 1929, 5 7/8 x 9 1/2 inches, \$855.

TIP: Keep a collection of photographs in an interior room of the house. Avoid the basement, garage and attic.

Kovels' Antiques & Collectibles Price Guide — the 2021 edition with more than 11,500 prices, 3,000 pictures and many helpful tips — is available in bookstores and online, or visit www.Kovels.com for a special offer.

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An Uplifting Moment from Pg. 7
we are, and He has a plan. That can, and should, change our attitude about whatever challenge, problem, or setback we face. We have the God-given gift of choice; we pack

our own lunch!
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UD Heritage Center from Pg. 9

spouse, Alice (DHL'17)
 The John and Alice Butler Pipe Organ Dedication featuring the Columbus (Ohio) Symphony will be held at 7:30 p.m. Saturday, May 15, 2021. The in-person performance will be by invitation only to adhere to campus COVID-19 protocols. A free livestream will be available at: <http://bit.ly/21CSOYT>.

Conducted by Columbus Symphony Music Director Rossen Milanov, the performance's repertoire will include music from Léon Boëllmann, Edward Elgar, Alexandre Guilmant, Camille Saint-Saëns, and William Grant Still.

A special dedication ceremony honoring John and Alice Butler will be held before the performance at 6:30 p.m. Saturday, May 15, 2021, via livestream at www.facebook.com/UDubuque and www.YouTube.com/UDBQMedia.

"We are excited to celebrate the dedication of the John and Alice Butler Pipe Organ with the Columbus Symphony and organist Alan Morrison.

The performance will not only bring joy to our lives at a time when joy is needed, but it will do so in a very special way to honor all that John and Alice have done and continue to do in support of the University's Mission," said University of Dubuque President Jeffrey F. Bullock. "We are fortunate to have an organ program and a gifted organist, and grateful to John and Alice Butler for their investment in the University and its students."



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Names of loved ones will be part of the program if received by May 20.



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Five Ways to Recognize a Social Security Scam

The Consumer Financial Protection Bureau offers the following information regarding Social Security scams. Social Security scams are the most commonly reported type of fraud and scam. You may have received one of these calls – either a recorded voice or a person falsely claiming to be a government employee, warning you of an issue with your Social Security number, account, or benefits, including identity theft. The caller may threaten arrest or other legal action, or they may offer to increase benefits, protect your assets, or resolve identity theft if you provide payment using a retail gift card, cash, wire transfer, internet currency such as Bitcoin, or a pre-paid debit card.

Scammers have new ways to convince Social Security beneficiaries that their frauds are legitimate. Here's what to watch for so you can protect yourself and others from Social Security scams.

1. Threatening arrest or legal action: If you receive a threatening phone call claiming that there's an issue with your

Social Security number or benefits, it's a scam. The Social Security Administration (SSA) will never threaten you with arrest or other legal action if you don't immediately pay a fine or fee.

2. Emails or texts with personally identifiable information: If there's a legitimate problem with your Social Security number or record, the SSA will mail you a letter to notify you of any issues.

3. Misspellings and grammar mistakes: If the caller follows up with emails containing falsified letters or reports that appear to be from the SSA or SSA's OIG, look closely. The letters may use government "jargon" or letterhead that appears official in order to help convince victims, but they may also contain misspellings and grammar mistakes.

4. Requests for payment by gift or pre-paid card, cash, or wire transfer: If you do need to submit payments to the SSA, the agency will mail a letter with payment instructions and options through U.S. mail. You should never pay a government fee or fine using retail gift cards, cash, internet currency, wire transfers, or pre-paid debit cards. Scammers ask for payment this way because it's difficult to trace and recover.

5. Offers to increase benefits in exchange for payment: Similarly, SSA employees will never promise to increase your Social Security benefits, or offer other assistance, in exchange for payment.

If you think you've been the victim of a Social Security scam, report it immediately to the Federal Trade Commission (FTC) at www.FTC.gov/complaint and to the SSA Office of Inspector General Fraud at <https://oig.ssa.gov/report>

Source: Consumer Financial Protection Bureau

Social Security from Pg. 8 obviously meet our disability standards. Compassionate Allowances allow for faster processing of disability claims for individuals with Alzheimer's disease, mixed-dementia, and Primary Progressive Aphasia.

You can read more about our Compassionate Allowances program at www.ssa.gov/compassionateallowances. To learn more about how Social Security disability insurance works, visit our disability page at www.ssa.gov/disability. Please share these resources with friends and family.

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How to Choose a Trustee

by Thad J. Murphy,
Attorney with Pearson Bollman Law

When you establish a trust, you name someone to be the trustee. A trustee does what you do right now with your financial affairs—collect income, pay bills and taxes, buy and sell property, provide for your loved ones, and generally keep things organized and in good order.

Key Takeaways

- You can be the trustee of your revocable living trust. If you are married, your spouse can be co-trustee.
- Most irrevocable trusts do not allow you to be a trustee.
- Even though you may be allowed to be your own trustee, you may not be the best choice.
- You can also choose an adult child, a friend, or a professional or corporate trustee.



Thad J. Murphy of Pearson Bollman Law

When to Consider a Professional or Corporate Trustee

A professional trustee is valuable in several instances. You may be in declining health with no children or other trusted relatives living nearby that have the time or ability to manage your trust. You may not have the time, desire, or experience to manage investments by yourself. Also, certain irrevocable trusts may not allow you to be trustee. In these situations, a professional trustee may be exactly what you need. Professional trustees charge a fee. However, the fee is generally quite reasonable, especially considering their experience, the services provided, and the investment

Who Can Be Your Trustee

If you have a revocable living trust, you can be your own trustee. If married, your spouse can be a trustee with you. Some prefer a professional trustee (e.g., a bank trust department or trust company) for the experience and investment skills these entities offer. The trustee you name must follow the instructions in your trust. You can even replace your trustee if you change your mind.

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Thad J. Murphy is an attorney in the Dubuque office of Pearson Bollman Law, located at 1635 Associates Drive, Suite 103, Dubuque. The attorneys at Pearson Bollman Law practice in the areas of estate planning, probate/trust administration, special needs trusts, and elder law, which includes Medicaid

and VA Pension Planning. If you have any questions or would like to register for one of our free workshops on estate planning, asset protection and elder law, please feel free to contact Thad Murphy at (563) 265-6971 or visit pearsonbollmanlaw.com and select "Workshops."

In these uncertain times, it is now more important than ever to have an estate plan that gives you and your family peace of mind. We are continuing to serve our clients by video conferencing or telephone meetings. In person meetings are not required.

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- ✓ What is Elder Law?
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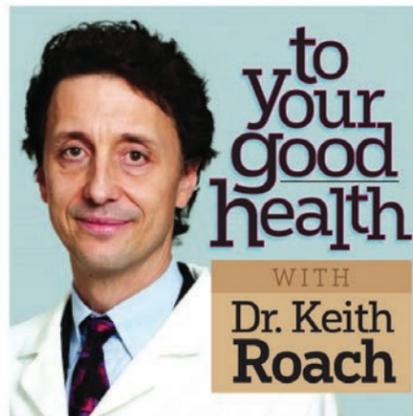
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**Heart Attack vs. Stroke:
Balancing the Risks**

DEAR DR. ROACH: Your recent article on statins/strokes piqued my interest since you mentioned that statins might cause hemorrhagic strokes. My husband had a hemorrhagic stroke in 2014, cause unknown. The stroke caused aphasia and seizures. He was prescribed Crestor 10mg and then increased it to 20mg. His calcium score is very high.

He also had an ischemic stroke in February 2019 and was prescribed aspirin and 40 mg of atorvastatin. I am more concerned now as to whether he should be taking statins. His LDL is 63 and HDL is 47. Your comments on this would be appreciated. — *F.D.*

ANSWER: Before I comment on your husband's situation, let me make a few of the terms clear. An intracranial hemorrhage is a bleed inside the brain. The resultant pressure inside the head can cause permanent damage to nearby brain structures: a hemorrhagic stroke. Risk factors for a hemorrhagic stroke include anticoagulants — aspirin has a very small risk, but other agents, especially warfarin (Coumadin) and to a lesser extent, newer agents such as dabigatran (Pradaxa), have a more significant risk.

Poorly controlled high blood pressure is a risk, as is

consumption of large amounts of alcohol. Some people have no identifiable risk.

Your husband's case is a situation that requires clinical judgment and more knowledge than I possess to give the most informed answer. However, for most people, the risk of an ischemic stroke and of a heart attack is significantly higher than the risk of hemorrhagic stroke. Further, the benefit in statins helping with heart attack and ischemic stroke is well-studied and moderate in magnitude.

By contrast, the increase in hemorrhagic stroke risk, if any, is likely to be small. The balance of risks would be in favor of treating. His high calcium score indicates a higher risk for heart attack, making a statin more important for him. If he had a risk factor for his previous hemorrhagic stroke that can be modified, then I would be more confident of the net benefit of a statin.

• • •

DEAR DR. ROACH: What is the safest and most effective way to clean wax from ears? I have worn hearing aids for roughly 40 years, but with a new set of high-tech hearing aids, ear wax has become a problem. How can I best remove it without using a sharp tool to dig it out? — *M.L.W.*

ANSWER: Most people do NOT need to do anything about ear wax, and many traditional home remedies are unsafe. The old advice to never put anything smaller than your elbow in your ear is a good one for most people. Candling is unsafe and ineffective. Anything sharp is very dangerous.

For someone with recurrent ear wax, especially with a hearing aid, one approach is to use a cotton ball dipped in mineral oil and place in the

To Your Good Health cont. Pg. 15



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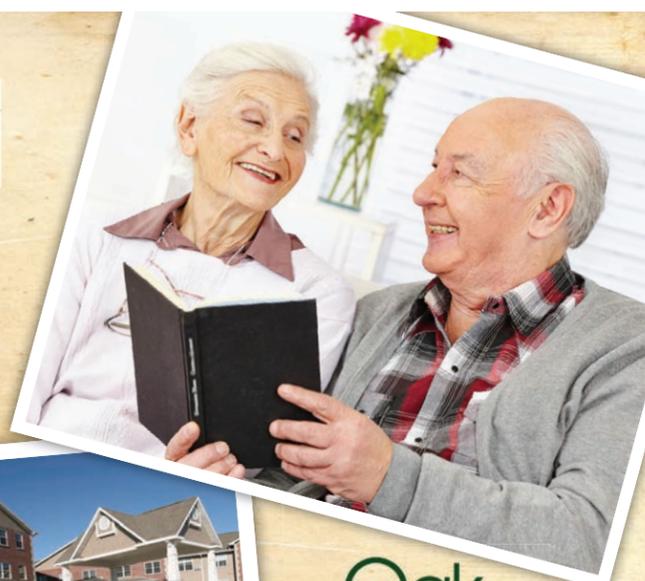
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Plant Talk

by Ken Resch



Daylilies: Beyond Stella de'Oro

I stood on by back steps leading down to my lower garden and looked over the still sleeping bed of daylilies I planted on the slope. Each year I fight the Johnson grass and other noxious weeds that persist among the beds and this year I vow to master them and have a clean slope of only my hearty lilies. That remains to be seen! None the less, the lilies will grow and bloom and offer a midsummer riot of color. Among my collection, near the bottom by a small path, I have a few “dwarf” lilies routinely hidden by their larger comrades above them. One I have particularly enjoyed is named ‘Happy Returns’ and is a re-blooming daylily much like ‘Stella de’ Oro.’ Recently I’ve learned of a whole new line of **ever-blooming** daylilies that will be taking the market by storm.

Those familiar with the old fashioned orange tiger lily know its bloom lasts for a day—thus the name daylily. Similarly, most gardeners are familiar with the gold Stella and enjoy it for its compact size and re-blooming habit throughout the summer. Still, the Stella does not bloom constantly; rather, there is the grand flush of blooms early in the summer followed by sporadic blooming until fall. Now that is changing with the introduction of the Happy Ever Appster® Daylilies. I first encountered these at a wonderful web site www.perennials.com posted by John and Kelly Schroeder at Valleybrook Gardens in British Columbia. They are a wholesale nursery, but their website is free to all gardeners and I highly recommend their free newsletter.

Happy Ever Appster® daylilies get their name from 1) **Happy** because all varieties are from ‘Happy Returns’, 2) **Ever** because these everblooming Daylilies flower from summer to frost and 3) **Appster** because

this line is hybridized by world-renowned daylily breeder, Dr. Darrel Apps, who has isolated the recessive everblooming gene. According to the information posted on the Valleybrook site “Happy Ever Appsters® exhibit at least three blooming cycles per year, leading to the longest bloom times available. Under test conditions they have carried flowers for up to 125 days in a single year. Actual garden performance varies by climate, but 75 days of bloom should be possible even in cool summer regions.” Happy Ever Appster® Daylilies range in colors of apricot, yellow, pink, rose and red, some even have dazzling contrasting colors in the centers.

Now that’s all the good news. Finding Happy Ever Appsters® in our area may be difficult. Valleybrook is wholesale only and they have no locations within 300 miles of our area. At this writing, I have found no supplier closer than the Milwaukee area in Wisconsin and Crystal Lake, Illinois but there may be several suppliers via the internet. I plan to contact some local retailers to see if they have any way to obtain these wonderful plants. In the meantime, I’ll close with a brief description of a few of the current offerings. ‘Apricot Sparkles’ is deep apricot with blooms over 4” wide and a shiny dust-like shimmer on its petals. ‘Happy Returns’ is lemon yellow and was the first ever-bloomer and is available in most retail markets. ‘Just Plum Happy’ has 6”+ blooms in rose pink with a wide purple center. ‘Romantic Returns’ has ruffled petals of deep coral rose. ‘Stephanie Returns’ is a short and sweet variety with a pink/rose red bi-color. ‘Sunset Returns’ is a very low plant—a true groundcover—with blooms that are 4” wide with piecrust-ruffled petals in pastels of apricot, yellow, and gold. ‘While My Sweetheart Returns’ has blooms of blush lemon cream with ruffles. Some of these daylilies begin to bloom earlier in the season than others, but all bloom late into September. I can only hope we see these delights showing up in our retail markets and if any of our readers locate some, tell me and I’ll share the locations in a future column.

To Your Good Health from Pg. 14 external ear canal for 10-20 minutes once a week. This can be followed by a gentle rinse with warm water using a rubber bulb syringe. The cotton ball treatment can be used to prevent symptoms as well as to treat mild cases.

Another option is the use of an ear wax removing agent, such as carbamide peroxide. These can be irritating and

should not be used routinely — only for symptoms.

If you don’t get relief after a few days of home treatment, you’ll need to have your clinician look into your ears.

Dr. Roach regrets that he is unable to answer individual questions, but will incorporate them in the column whenever possible. Readers may email questions to ToYourGoodHealth@med.cornell.edu.

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Liz Lynch is back by popular demand.

The following stories were written by Liz at age 92 as she reminisced about the early days in her life.



On Those Clay Roads

There was uncertainty in declaring a trip to town, to the neighbors, etc. because the weather, affecting the mud roads played a leading role in transportation.

All the side and main roads were dirt roads, which meant a heavy set of chains must be put on the hind wheels before you backed out of the garage. Often a link in the cross bar of the chains disengaged and kept a forceful clicking against the fender making such a noise it was impossible to hear anyone talking in the car.

The roads were very narrow and a frightful stretch of road called the Rock Cut was the tough road when we traveled south from our home. Why? It was a one way road and you could not meet another vehicle as there was not enough room to pass - so before you entered the rock cut, that is if it was a good day and someone may be coming north, you would shut off the switch to listen if another car was approaching. Then you started up the motor and hurried through to be the one car on that stretch.

One night the lights plunked out just as we entered the rock-cut going north. It was very dark so my brother stood on the running board of the car and swung his leg out so his foot could touch the bank this

assuring we were close enough for safety. If he called, "Pull left," we knew we were too far to the right and might slide down a steep bank - and into a creek, but somehow we managed and got home safely.

Social life was greatly affected by this road condition. The good old Melleray dances might be postponed, or expected company would cancel, and second best clothes were always worn, as we might have to walk miles in the sticky mud to get home. But this was sometimes averted by a check on the clouds and listening for thunder at intervals all evening.

But the old side-curtains must not be forgotten. These were made of canvas with small insinglass peek holes, which were very easily broken. As soon as the shower was over the curtains were folded carefully and put under the seat. The shoemaker would replace these insinglass pieces at a reasonable price.

We knew when winter was near, as the man from Peosta never failed to drive the cattle home from the pasture after a rain, and the next a.m. it froze, and we jerked over the rough cow tracks all winter.

Of course if the car couldn't go, the horses could be hitched to the buggy and taken, as nothing would stop this social undertaking.

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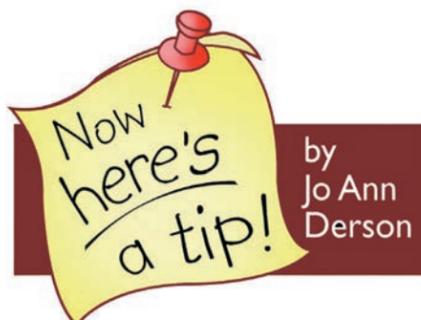
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my pocket, and it helped me get the ring off quickly and quietly without having to get up." — **A.E. in Washington**

- If your phone's buzzing and ringing with alerts has you distracted during your workday, use the "do not disturb" function to create periods of quiet. Schedule blocks of deep focus time by making an appointment with yourself in your calendar. This can help you to organize your time to get things done.

- Using cold water for laundering protects colors and uses less energy.

- If you have some sticky gum that's stuck on fabric, it might be best to set it aside and wait for it to harden. Or if you can't wait that long, try using a piece of duct tape. Press the tape over the gum, then lift off from the side. You can repeat this process to pull up all of the gum.

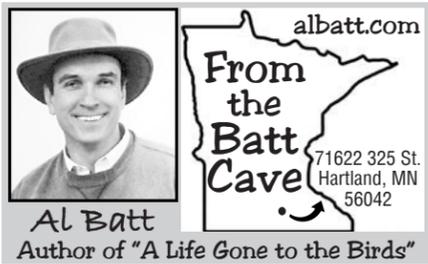
- "After a recent bathroom redecoration, we had a toilet paper holder left over. I mounted it on the wall in my shop, and I use it to dispense twine. It's actually working well and is the perfect size, since it's not really wide enough for more than one

- Trying to spot roof damage but not quite sure you're ready for a trip up the ladder? Before you get up on the roof, get out your binoculars. You'd be surprised how much you can see from the ground, and you can do a cursory examination and then decide if anything needs a closer look.

- Upcycle an unused bread box as a charging station. Simply mount a power strip in the back of the box on the inside, and you can put phones and other small devices directly inside to charge. Run a cord through the side so that larger tablets can sit on top of the box to charge.

- "Use lip balm to help a too-tight ring slide off of a finger. This happened to me when I tried on my sister's ring in church. I had some lip balm in

Now Here's A Tip cont Pg. 17



Potatoes, popcorn and a rabbit walk into a story

“I don’t have enough rabbits.” I couldn’t muster any pity for the man who said that. “I have your share,” I replied. Those rascally rabbits had finished their egg-hiding duties at Easter and were awaiting the appearance of the garden. Carrot nibblers are an important part of our culture.

Bugs Bunny, originally voiced by Mel Blanc, is known for his starring roles in the Looney Tunes and Merrie Melodies animated films. A version of his character first appeared in the Warner Brothers cartoon “Porky’s Hare Hunt” in 1938 and the definitive incarnation of Bugs Bunny debuted in Tex Avery’s Oscar-nominated film “A Wild Hare” in 1940. Bugs spends his time tormenting Elmer Fudd and his catchphrase is “Eh, what’s up, doc?”

Br’er Rabbit (derived from Brother Rabbit) is an African-American folk figure who appeared in a collection of appropriated folktales called “Uncle Remus.” In one story, Br’er Rabbit leaves his briar patch and is caught in Br’er Fox’s trap, but escapes by tricking Br’er Bear into switching places by convincing him it was a job that paid a dollar a minute. He heads back to his briar patch as Br’er Bear and Br’er Fox fight.

The Energizer Bunny hopped into the spotlight in 1989 in a commercial where he drummed away while wearing flip-flops and sunglasses as it outlasted toys powered by other batteries. Peter Cottontail hopped down the bunny trail.

The man told me the lack of live bunnies bothered him so much he’d turned into a wind-up cymbal monkey that had eaten an entire bag of kettle corn. I don’t crave kettle corn. My palate isn’t an educated one. Caramel corn isn’t bad. I have some every couple of years and enjoy popcorn at the movies where I eat it under the cover of darkness while wearing earplugs to soften the loudness of a movie and diminish the noise of others eating popcorn. I’ll eat it at an occasional athletic event and I enjoy a box from Merrill’s Popcorn stand at a fair.

I’ve raised both potatoes and popcorn. Mr. T said, “I pity the fool who doesn’t enjoy a potato.” That was truncated to

fit onto coffee mugs. If I moped around the kitchen wanting something to eat, my mother told me to take a cold potato and wait. A cold potato is OK, but there’s a reason that it’s not featured on the menu at McDonald’s. Planting potatoes on St. Patrick’s Day for a successful harvest is rooted in tradition. I’ve raised russet, red, white, yellow and blue/purple taters. In my boyhood home, meals had a predictable quality, they each had meat and potatoes.

Maybe that’s why I prefer potato chips over popcorn. I’ve spent a lot of time in hotel rooms with an unpleasant smell of microwaved popcorn for company without getting a chance to thank the previous guest for leaving it for me. I’ve never met a potato I didn’t like, as I enjoy mashed, baked, fried, scalloped, hash browns, bread, salad, tater tots and french fries. Chips would be near the bottom of my potato preference. A good number of years ago, I was in West Malling in the county of Kent (The Garden of England) when I encountered flavored crisps (chips are crisps and french fries are chips in the U.K.) including cheese & onion, prawn cocktail, beef & onion, Worcester sauce and tomato ketchup. It was a web of deceit. They were potato chips in disguise. I was disappointed my fish and chips didn’t come in an old newspaper. Something about it being an unhealthy practice. I don’t favor flavored potato chips or those shoestring things in a can.

When it’s crunch time, are you chippy or corny? There are arguments for both.

It was a potato famine, not a popcorn famine. Stringing potato chips for the Christmas tree is a bad idea. People get chips on their shoulders, not popcorn. Pouring butter on potato chips isn’t a good idea. Popcorn bags are full. Potato chip bags are not. That’s because eating a full one might kill you. Popcorn sticks in your teeth months after you’ve last eaten popcorn. There are popcorn chips. I’ve waited in line for forever and a day to buy my mother-in-law chocolate-covered potato chips. I wouldn’t do that for chocolate-covered popcorn.

Both popcorn and potato chips are better than cheese puffs. When you eat cheese puffs, you must wait for the orange dust to settle before inhaling.

I enjoy raising potatoes and popcorn.

The rabbits I know don’t eat either.

© Al Batt 2021

Now Here’s A Tip from Pg. 16 duct tape roll.” — *A.L. in Texas* Send your tips to **Now**

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1. Which Bee Gees song was written to the rhythm of the sound their car made when they drove over a Miami bridge?
2. Who wrote and released “Take It to the Limit”?
3. Which group wrote and released “Don’t Let the Sun Catch You Crying”?
4. Who was the first to release “Ruby Baby”?
5. Name the song that contains this lyric: “There isn’t an ocean too deep, A mountain so high it can keep, keep me away, away from my love.”



1. GEOGRAPHY: What is the deepest point in Earth’s oceans?
2. COMICS: What is the name of the newspaper in the “Shoe” comic strip?
3. LITERATURE: Which 19th-century novel features the characters Catherine and Heathcliff?
4. MOVIES: What was the name of Yoda’s home planet in the “Star Wars” movie series?
5. BUSINESS: When did the social media service Facebook launch?
6. MUSIC: How many strings does a cello have?
7. FOOD & DRINK: What kind of alcohol is distilled from

Answers

1. “Jive Talkin’,” in 1975. It was originally titled “Drive Talkin’.”
2. The Eagles, in 1975. Co-writer Randy Meisner wrote the song to describe how it feels to know you’ve done everything there is to do.
3. Gerry and the Pacemakers, in 1964. They’d first given the song to a solo artist who didn’t do well with it, then decided to record the song themselves.
4. The Drifters, in 1956. Dion followed in 1962.
5. “I Will Follow Him,” by Little Peggy March in 1963. The song started in 1961 as an instrumental titled “Chariot.” While the song was considered a one-hit wonder, March had a 30-year career in Europe with many foreign language releases.

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- juniper berries?
8. HISTORY: In what year did the first human heart transplant take place?
9. SCIENCE: Which plant can be processed to make linseed oil?
10. LANGUAGE: What is the scientific study of diseases and their effects on population called?

Answers

1. The Mariana Trench in the Pacific Ocean
2. The Treopos Tatler
3. “Wuthering Heights”
4. Dagobah
5. 2004
6. Four
7. Gin
8. 1967
9. Flax
10. Epidemiology

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Memories Passed On (As told to my grandson Maury)

by Jerry Eberhardt (1924-2017)

The Best Of Jerry
originally published
July 2012

Why a Boyhood Friend was a "Very Clever" Teacher!

In my introduction, Maury, I mentioned that I was in ninth grade when I first played baseball in an organized league. Before that, at about age twelve or thirteen, we had a "neighborhood" team. One of my team mates, who was three years older, and "our leader," taught me a lesson using simple psychology that I'll never forget. What he taught me was related to baseball, but HOW he taught me is the important lesson to be learned. It was so simple and yet so effective. Grandpa thinks this can be applied to many things in life.

Most young baseball players, no matter how talented, are "afraid" to catch a ball with a batter swinging at it directly in front of them. In other words, every player has a natural fear of "catching" until this fear is overcome. Once this fear is eliminated it's gone forever. Anybody can do it, but most players remain afraid because there is no reason for them to learn to "catch" unless they want to be a catcher. (When grandpa says anybody can do it, I mean only overcoming the "fear" part – the position of catching requires many special talents and great intelligence).

As I recall, it took less than twenty minutes for me to learn to not be "afraid" to catch because of the "psychology" my friend used with me. He handed



Jerry Eberhardt with
grandson, Maury Cohn

me a catcher's mask and said: "Somebody has to catch and it might as well be you!" He then had the pitcher throw while he was the batter, but told me he was going To Swing At Every Pitch But Purposely Miss The Ball! With this assurance I quickly learned to ignore the swinging bat and just routinely catch the ball. Becoming more and more confident I soon told him to start swinging AT the ball. Suddenly, it didn't matter if he swung or not, hit the pitch or missed it!

As you know, Maury, grandpa was a 3rd baseman and not a catcher! But to this day I remember my friend's teaching method because, over the years, I was the only "non-catcher" on our ball club who could give our regular catcher, "Big John", a breather and "catch" team batting practice!

And, Maury, your mom and dad might be interested in knowing that my boyhood friend grew up to become a member of the teaching profession. Specifically, the last I heard, he retired as a High School principal in western Iowa. Hope you enjoyed this.

Love, Grandpa

SENIOR NEWS LINE

by Matilda Charles

A Box of Greeting Cards

A few months ago, I got the idea to send greeting cards to some residents of a local nursing home who were locked down and not allowed to have visitors. It started small: a box of greeting cards and the first names of some of the residents, courtesy of the facility director. The idea has, to put it mildly, expanded.

First there was the call from the facility director wanting to know if I could enlarge my list because the residents were talking among themselves about who got cards and who didn't.

"Certainly," I said, and bought more cards.

A further expansion came

when a woman called me saying that her mother was in that facility, but her mother-in-law was in another local place, and would I send cards to a few people there as well?

"Certainly," I said, and bought more cards.

You see where this is going? It wasn't long before I knew I needed some help. It wasn't only signing and addressing the cards, it was writing an individual letter to go in each envelope.

I called the guidance counselor at the high school and the ideas just flew. The service club is writing letters; they roped in the art club, which is producing individual drawings and paintings for each nursing home resident. The chorus stepped up and is planning an outdoor concert in the front of each facility when the weather warms up. (At this point they practice their

Senior News Line cont. Pg. 19



DEMEMENTIA FRIENDLY COMMUNITY CORNER

Tips for Communicating with Seniors who have Dementia

Seniors living with dementia may show different symptoms and progress with the disease at different rates. It is important to know how to communicate the best you can. The best thing to remember is to speak clearly, be patient and show support. Below are 10 tips to assist you with communication.

1. Remove distractions.

Find a quiet and comfortable spot to talk and better communicate with a person who has dementia. Turn off the TV or any music playing in your home. While in public consider finding a seat or area in a quiet corner away from the hustle and bustle. Sometimes even the slightest simulation can be distracting.

2. Be natural and use visuals.

It's important to speak clearly, simply, and in complete sentences, while using a calm and friendly voice to talk to someone with dementia. Try to communicate using your body, incorporating subtle movements. Demonstrate your meaning with visual cues or gestures.

3. Identify yourself and others by name.

Identifying yourself and others by name rather than by relationship is helpful. Rather than trying to reorient to today, it can be better to say, "Hi, it's me, Brenda," instead of, "Hi Mom. It's Brenda, your daughter." Even with family members, you may find it more useful to call them by their preferred name rather than their title.

4. Talk about one thing at a time.

Someone with dementia may not be able to engage in the mental juggling needed to maintain a conversation with multiple threads. It's best to keep it concise and simple. Ask open-ended questions, and only one question at a time. If you're looking through an old photo album, for example, you could say, "This is a beautiful dress. What do you think?" instead of, "Do you remember your wedding day?"

5. Use nonverbal cues.

Words aren't the only powerful way to convey meaning and understanding: Your actions go a long way in talking to someone with dementia. When dementia is advanced, you may find more success utilizing nonverbal communication. Try to use these nonverbal gestures in your conversations with a parent or loved one with dementia: Maintain eye contact, smile, hold their hand, and sit quietly and be "in the moment".

6. Avoid overwhelming questions.

It's important to offer manageable choices with visual cues. Asking questions like, "What would you like to wear?" can be overwhelming — it presents too many options. Instead, hold up two shirts and ask, "Would you like the shirt with the yellow flowers or the shirt with the blue stripes?" This simplifies the choice.

7. Be creative.

Don't underestimate the power of communicating through smells, singing, and other creative methods. Sing their favorite song, look through photos, smell their favorite flowers.

8. Be patient, try not to interrupt or finish speaking for them.

Please provide extra time to process what you say. If you ask a question, patiently wait for their response and avoid rushing an answer. Get comfortable with silence while your loved one is thinking. They will sometimes struggle for the right word, it can be tempting to jump in. But rather than helping, you may interrupt their thought process.

9. There will be good days and bad days.

While dementia is a progressive disease that gradually worsens, people with dementia will have ups and downs just like anyone else. Enjoy the good times, and do your best during the difficult days.

10. Educate yourself as best you can.

Because there's no cure for dementia, people with the disease will gradually have a more difficult time understanding and communicating. Prepare yourself.

For information on additional resources, support groups or to become a Dementia Friendly Business, working toward a Dementia Friendly Community please contact Tracy at Bell Tower Retirement Community at 815.747.6701 or Jill at River Bend Retirement at 563.582.5001.

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SPORTS COMMENT

by Gary Dolphin

Voice of the Iowa Hawkeyes

From Where I Sit

The Iowa baseball team has been much hotter than the April weather. Coach Rick Heller's Hawkeyes own a season best seven game winning streak after a double header sweep of Rutgers Saturday, 3-1 and 8-1, sparked by outstanding starting pitching from Drew Irvine and Cam Baumann. Irvine is a redshirt sophomore from Waukee. He tossed a complete seven inning game scattering six hits and lowering his ERA to 3.56. Irvine struck out five with no walks.

In the nightcap Baumann retired the first right hitters and pitched a complete game three hitter. Iowa's allowed one earned run or fewer in the last six games. The Hawkeye's win streak is their longest since 2019.

A nice crowd enjoyed the sunshine and Hawkeye football inside Kinnick stadium Saturday with the first of two scrimmages. It

was the first public viewing of Coach Kirk Ferentz's program since Covid struck in March of 2020. The hope is the venue will be allowed near full capacity by the time opening day arrives on September 4th when Iowa hosts Indiana and goes to work building on a six game win streak that ended last season.

There will be a second free admission scrimmage when spring drills end Saturday May 1st. Free parking will be allowed on all hard surface lots in and around Kinnick stadium.

Pile the kids in the car and once again enjoy a day with the Hawks in Iowa City.

Finally, congratulations and good luck to the Iowa women's soccer team. The Hawkeyes and Wisconsin battled it out for the Big Ten Championship with Iowa winning their first Big Ten championship. Next up, it's on to the NCAA tournament.

Have a great May.



by Ryan A. Berenz

1. What Pittsburgh Penguins goaltender set an NHL record for the longest unbeaten streak to begin a career, going 14-0-2 in his first 16 games during the 1996-97 season?
2. Left-handed pitcher Vida Blue won the AL Cy Young Award and was named AL MVP in 1971 as a member of what team?
3. What 7-foot 7-inch Romanian-born center played with the Washington Bullets (1993-97) and the New Jersey Nets (1998-2000)?
4. What boxer, known as the

"Cincinnati Cobra," amassed a 95-25-1 record in a pro career spanning 1940-59?

5. What three New York Yankees became the first players in MLB history to hit back-to-back-to-back home runs in the postseason when they did it versus the Cleveland Indians in Game 1 of the 1997 AL Division Series?

6. Cornelius "Dutch" Warmerdam held the world record in what athletic sport from 1940-57?

7. In 1975, who became the first African-American golfer to play in Masters tournament?

Answers

1. Patrick Lalime.
2. The Oakland A's.
3. George Mueresan.
4. Ezzard Charles.
5. Tim Lincecum, Derek Jeter and Paul O'Neill.
6. Pole vault.
7. Lee Elder.

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Senior News Line from Pg. 18 music on Zoom calls.) And two students have initiated a project wherein they're collecting craft supplies for the therapist at the nursing home to use with the residents.

Does this sound like something you can start in your own area? You can start small. All it takes is a box of greeting cards — and a few ideas.

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You may have tangible wealth untold: caskets of jewels and coffers of gold. Richer than I you can never be. I had a Mother who read to me.

—Strickland Gillilan

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♠ J 8 7 4
♥ K J 9 6 4
♦ J 9 3
♣ K

EAST

♠ 6 5 3 2
♥ Q 10
♦ Q 10 6
♣ 8 7 3 2

SOUTH

♠ K Q 10
♥ A 5 3
♦ A 8 5
♣ A 10 6 4

The bidding:

East	South	West	North
Pass	1 NT	Pass	3 NT

Opening lead — six of hearts.

Occasionally, declarer may make a play that might arouse suspicion that he had peeked into one of his opponents' hands. While such things have been known to happen, the fact is that most such plays are based more on sound reasoning than on ill-gotten information.

Consider this case where South was in three notrump and West led a heart. Declarer held up his ace on the first two hearts and won the third as East discarded a low spade.

The outcome now depended on how South handled the club suit, from which he needed to score three tricks to make his

contract. The obvious approach was to cross to dummy and try a club finesse. If it won, 10 tricks would be there for the taking; if it lost, he would go down one.

After careful consideration, declarer plunked down the ace of clubs, caught West's king and finished with an overtrick!

Since the chance of West's holding the king singleton with five cards outstanding is exceedingly small (less than 3%), while a finesse offers a roughly 50% chance of success, it might seem that South was either clairvoyant or had seen the king in West's hand. However, declarer had a very sound reason for playing the clubs as he did.

South's primary concern was to try to develop the three club tricks he needed in the safest way possible. He could afford to lose a club trick in the process, so long as he did not lose it to West. A successful club finesse was therefore not really necessary to make three notrump, but it would be disastrous if West happened to hold the singleton king.

There were thus two different chances to make the contract: if East had the king of clubs, or if West had the singleton king. The play of the ace catered to both possibilities.

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by Steve Becker



Weekend Brunch Buffet Hours
 Saturday 9 am – 11:30 am • Sunday 9 am – 1:30 pm

<p>EXPIRES 5/31/21 Pizza Ranch CODE 56420</p> <p>Large Pizza for Medium Charge</p> <p><small>Valid at Dubuque location only. Some restrictions may apply. Additional \$2.00 charge for stuffed crust. Extra cheese is an additional charge. Price subject to change without notice. Not valid with any other offer, online ordering or with Gluten Free Crust. Delivery where available and charges may apply.</small></p>	<p>EXPIRES 5/31/21 Pizza Ranch CODE 56421</p> <p>8 pc Chix Box, Family Mashed Potatoes, 6 Biscuits for \$19.99</p> <p><small>Valid at Dubuque location only. Some restrictions apply. All white meat an extra charge. Prices subject to change without notice. Not valid with any other offer or online ordering. Delivery where available and charges may apply.</small></p>
<p>EXPIRES 5/31/21 Pizza Ranch CODE 56419</p> <p>\$1 off 4 pc Chicken Dinner</p> <p><small>Valid at Dubuque location only. Some restrictions apply. All white meat an extra charge. Prices subject to change without notice. Not valid with any other offer or online ordering. Delivery where available and charges may apply.</small></p>	<p>EXPIRES 5/31/21 Pizza Ranch CODE 56418</p> <p>\$2 off an Adult Buffet Limit 2</p> <p><small>Valid at Dubuque location only. Some restrictions may apply. Not valid in combination with any other discounts or offerings including Senior and Military discount. Void if posted on a third party website. Price is subject to change without notice.</small></p>

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What kills a skunk is the publicity it gives itself.
 —Abraham Lincoln



Fu Manchu, the prince of darkness, master scientist and evil genius created by Sax Rohmer, had several runs on radio. The first was on the old Collier hour in a series of twelve chapter serials, running around 1929-30. Arthur Hughes played the title role. A new series of *Fu Manchu* dramas was launched on CBS on September 26, 1932, and ran until April 24, 1933. These were half hour stories, each complete in itself, sponsored by Campana Balm Monday evenings at 8:45. They were produced at the CBS studio in Chicago, and Rohmer himself was on hand for the opener.

The third series was *The Shadow of Fu Manchu* which began syndication as a three a week 15 minute serial in 1939. This one featured Hanley Stafford and Gale Gordon, as Nayland Smith and Dr. Petrie. The shows were faithful to Rohmer's books, and captured the creeping yellow London fog at midnight. Nayland Smith

was Dr. Fu's sworn enemy, relentlessly tracking him around the world. *Fu Manchu* was depicted as one of those ingenious people, "born once every three or four generations," who had the ability to change the course of the world. He might have revolutionized science, but chose the path of evil instead. His arsenal of weapons ranged from the snake in the cane handle to a green mist, delivered in letters, which filled a room and killed instantly. These elements made *Fu Manchu* one of the most effective villains to come out of juvenile radio. The final series was produced in seventy seven chapters, and was broadcast in New York from March till September 1940.

A chapter of *Fu Manchu* might be heard on AM 1370 KDTH's *Big Broadcast* Sunday nights from 6 to midnight. If you smell the "flower of silence" you know that *Fu Manchu* is somewhere hidden in the shadows.

My mother was the most beautiful woman I ever saw. All I am I owe to my mother. I attribute all my success in life to the moral, intellectual and physical education I received from her.
 —George Washington

Down Memory Lane

Exerpts From The Pages Of "The Avalon" A Newsletter Of The Dubuque Packing Company Packers

Our Dubuque Packers — defending champions in the Industrial League — have made an impressive start in the local softball loop with three wins to their credit in as many contests this season. Manager "Duke" Defendi has most of his veterans back in the lineup and ace pitcher "Rich" Miller is again heading the pitching staff. The Packers are again competing in the Indy loop and play most of their games at the new Rafferty Stadium. They are one of the favorites for the 1953 crown in the fast Industrial league.



PACKERS — Front row (left to right) Jim Welu, Bill Meyer, Buzzy Rupp, Richie Miller, Manager "Duke" Defendi, Maurie Conwell, Jerry Meyer. Back row — Chuck Zillig, Clete Meyer, Maurie Reed, Emil Hoffman, Danny Keyes. Midge Delaney was not present for the picture.

VETERANS POST

by Freddy Groves

Why Such a Long Wait for Copies of Records?

If you've been waiting for copies of military records so you can apply for benefits from the Department of Veterans Affairs, you've likely been waiting for a long time. Unfortunately, your wait might continue, depending on the reason for your request.

Due to COVID, the National Personnel Records Center is closed, with a 10% staffing level and a backlog of half a million records requests. Most of the 60 million older records are on paper, so they must be accessed and touched by humans. The only exceptions are emergencies: burials, medical treatments or homeless veterans who are trying to get into a homeless shelter.

For anything else, the NPRC is specifically requesting that you don't ask for records. If it's records research, corrections to records or replacement medals, it's not an emergency... at least for the NPRC.

I can foresee situations where getting medal replacements for an elderly, ill veteran might well be considered an emergency if that veteran wants to see his medals one last time, and tell stories and maybe give them in person to a grandchild.

If you have a genuine emergency, as defined by the

NPRC, you'll need to submit a Standard Form 180, Request Pertaining to Military Records (find it online). Sign it and then fax it to (314) 801-0764.

The good news is that newer records might be online. Check www.archives.gov, click Veterans' Service Records, then click on More Ways to Get Service Records on the left.

It could be much worse: In 1973, up to 18 million files were destroyed in a fire the St. Louis record center. Plus, VA had loaned the NPRC millions of records, which also went up in smoke.

Over time they've tried to
Veterans Post cont. Pg. 22

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Day

May 31

We enjoy countless freedoms in America today. And we will never forget those who helped win that freedom for us.



★ REMEMBERING ★

THOSE WHO SERVED

We Will Never Forget

<p>DBQ Amvets Post 13 Epworth, Iowa 563-744-3600</p>	<p>Tri-State Vietnam Vets 1st Wed, 11:30am UAW Hall Local 94 Call Ken @563-556-0955</p>	<p>VFW Post 2665 100 South Main St. Galena, IL 61036 Public Welcome!</p>	<p>Epworth American Legion John White Post #650 Meeting: 2nd Mon., 8 p.m. Hall For Rent: 563-876-3040</p>
<p>LaSociete 40&8 Voiture 632 Dubuque, County Ph: 563-582-9825</p>	<p>VFW Post 7896 Meeting 2nd Mon. 7 p.m. Memorial Donations Accepted Benton, WI 53803</p>	<p>V F W Post 9663 3rd Tuesday 7 p.m. American Legion Hall Dubuque, Iowa</p>	<p>Disabled American Veterans 1st Thurs, 6 p.m., Veterans Freedom Center, 2245 Kerper Blvd Dbq, IA 563-845-0034</p>
<p>American Legion 1306 Delhi St. Dubuque, Iowa 52001 Commander John Zeimet</p>	<p>East Dubuque Drum & Bugle Corps Upstairs Old Fire Hall 563-582-7752</p>	<p>Veteran's Freedom Center 2245 Kerper Blvd, Suite 1 DBQ, IA 52001 • 563-845-0034 VFC@Mediacombb.net</p>	<p>Sons of the American Legion 1306 Delhi St, 563-583-0306 2nd Monday, 6:30 PM Call to Join</p>

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Porcelain Jardinière

Jardinière is a French word, from the feminine form of “gardener.” In English it means a decorative flower box or “planter” for plants placed, usually indoors. Some people tend to use jardinières as larger outdoor containers for plants, and for raised beds in gardens in some sort of isolated frame, such as a stone wall, especially growing vegetables and herbs.



This Jardinière was made by the D&C Company in Limoges, France. It is hand painted and signed by the artist M. A. Haley, with roses complete with thorns,

that are beautifully depicted on this porcelain Jardinière. Measuring 9 inches tall it is of medium size and striking in its detail. Made for indoor display a recent eBay sale found a value of \$152.50.

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Veterans Post from Pg. 21

re-create those records using auxiliary sources, but the Certificate of Service they send

you contains only basic service information — like a Little League participation trophy.

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Good Housekeeping

Spinach and Strawberry Salad

- 1 pound strawberries, hulled and sliced
- 3 tablespoon lime juice
- 2 teaspoon honey
- 1 teaspoon olive oil
- Salt and pepper
- 1 container (12-ounce) baby spinach
- 10 ounce (2 cups) chicken breast meat, coarsely shredded
- 3/4 cup walnuts, toasted and coarsely chopped

1. In blender, puree 3/4 cup strawberries with lime juice,

honey, oil, 1/4 teaspoon salt and 1/8 teaspoon freshly ground black pepper. Transfer dressing to large serving bowl.

2. To bowl with dressing, add spinach, chicken and remaining strawberries; toss to coat. Sprinkle salad with walnuts to serve. Serves 6.

- Each serving: About 220 calories, 13g total fat (2g saturated), 40mg cholesterol, 220mg sodium, 10g total carbohydrate, 8g dietary fiber, 19g protein.

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Tuna Corn Chowder

It's no wonder kids of all ages love canned tuna. It tastes good, it's inexpensive, it's versatile, it's found in every grocery store, and when it comes to good nutrition — it's a virtual "treasure chest" from the sea. Just when you thought you'd heard of every way possible to prepare tuna, along comes this recipe!

- 1/2 cup finely chopped onion
- 1 (10 3/4-ounce) can reduced-fat cream of celery soup
- 1 (12 fluid ounce) can evaporated fat-free milk
- 1/2 cup water

- 1 (6-ounce) can white tuna, packed in water, drained and flaked
- 1 1/2 cups frozen whole-kernel corn, thawed
- 3/4 cup diced cooked potatoes
- 1 (2.5-ounce) jar sliced mushrooms, drained
- 1 teaspoon seafood seasoning

1. In a large saucepan sprayed with butter-flavored cooking spray, saute onion for 5 minutes. Stir in celery soup, evaporated milk and water. Add tuna, corn, potatoes, mushrooms and seafood seasoning. Mix well to combine.

2. Lower heat and simmer 6 to 8 minutes or until mixture is heated through, stirring occasionally. Makes 4 (1 1/2 cup) servings.

- Each serving equals: About 242 calories, 2g fat, 21g protein, 35g carb., 559mg sodium, 2g fiber; Diabetic Exchanges: 1 1/2 Meat, 1 1/2 Starch, 1 Fat-Free Milk, 1/2 Vegetable.

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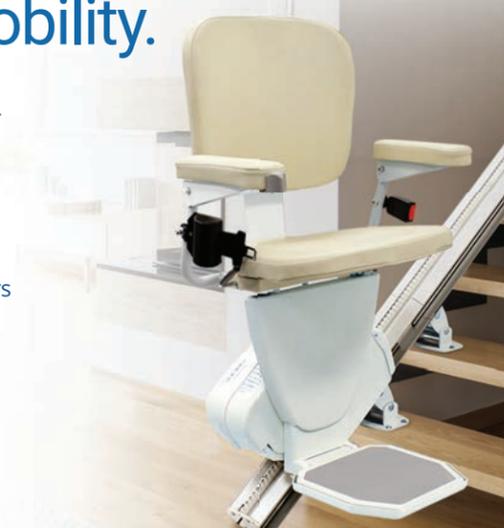
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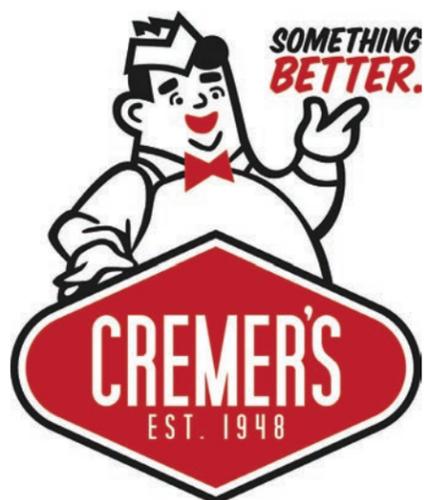
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Cremer's Cooking Tips

Cremer's Brats

onions and place Cremer's Homemade Lean Brats on bed of onions.

Pour enough water to cover onions.

Cover and bake for one hour. Remove brats from oven and place on medium-hot grill until you have grill marks (5-10 minutes).

You can also chill brats and use them at a later time, throwing them on grill to heat through to an internal temp of 165° (10-15 minutes).

Ingredients

- 12 Cremer's Homemade Brats
- 2 or 3 Large Onions

Directions

Pre-heat oven to 350°F. Slice onions into 1/2" thick slices, layer a baking dish with

The Spats

by Jeff Pickering



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 K I C H C F U D B T T H I R D
 Z Y A A U W H V T H H R Q E O
 N L L I L A R E N E G K I M H
 F D L P R E E M P T I V E M C
 A Z E N O R D X W I L D C A T
 W V D U S S R E H C A E T H R

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally. Unlisted clue hint: PROTESTER REFUSING TO EAT

- | | | | |
|--------|-----------|-------------|----------|
| Air | General | Pre-emptive | Teachers |
| Called | Hammer | Sit-down | Third |
| Drone | Lightning | Surgical | Wildcat |
| First | Lucky | Sympathetic | |

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SUDOKU

by Linda Thistle

		3		1	8			
	8			4			9	
7			3				2	6
	9		8			4		
3		7		1			5	
		1			5			9
5			6		4		8	
	6		7					3
		2		9		7		

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

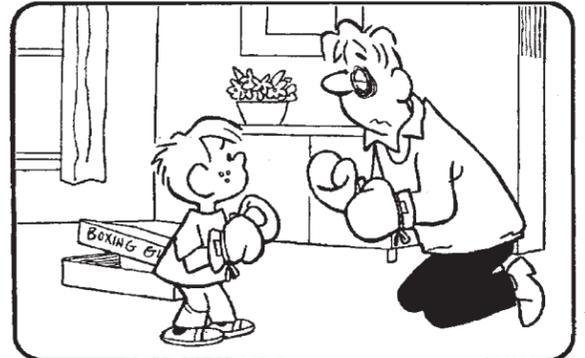
DIFFICULTY THIS WEEK: ◆

- ◆ Moderate ◆◆ Challenging
 ◆◆◆ HOO BOY!

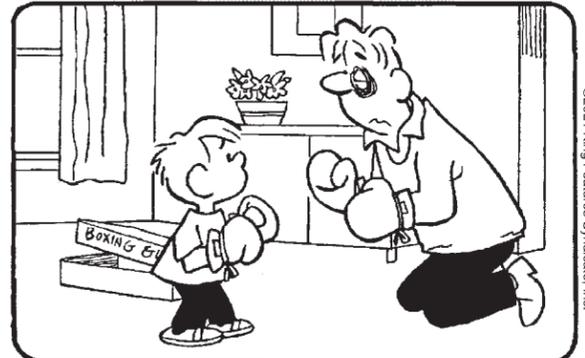
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HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Curtain is wider. 2. Flower is missing. 3. Frame is smaller. 4. Frickles are missing. 5. Parts are different. 6. Flowerpot is different.

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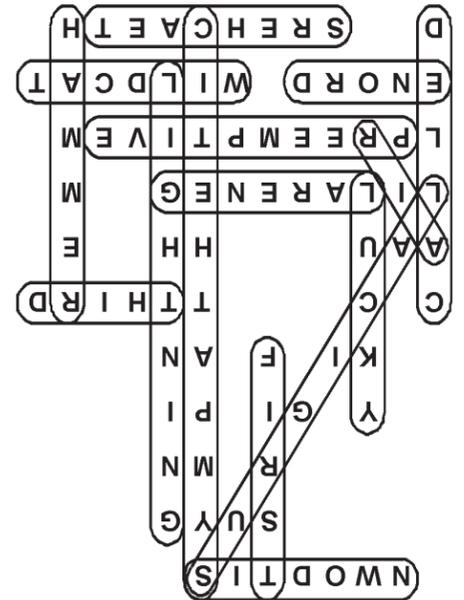


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Go Figure! answers

33		29		22		
19	9	+	5	×	2	
		-		+		×
26	6	-	4	×	8	
	×		×		+	
25	7	+	6	×	3	

King Crossword
 Answers

Solution time: 25 mins.

M	E	A	L	H	U	R	E	A	R	P
E	L	S	A	A	R	E	A	C	E	R
A	B	I	T	N	I	A	R	A	N	I
N	E	A	T	E	N	P	E	T	D	O
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H	A	M	S	B	A	L	S	A	M	I
M	R	I		A	X	E		T	I	N
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H	O	O	R	A	Y	R	O	B	B	E
A	B	B	A	A	V	A	M	A	R	A
L	I	E	S	N	I	N	I	B	I	D
L	E	S	S	K	I	T	T	E	N	S

SUDOKU Answer

4	3	2	1	9	8	7	6	5
1	6	8	7	5	2	9	4	3
5	7	9	6	3	4	1	8	2
8	2	1	4	7	5	6	3	9
3	4	7	9	1	6	2	5	8
6	9	5	8	2	3	4	1	7
7	1	4	3	8	9	5	2	6
2	8	6	5	4	7	3	9	1
9	5	3	2	6	1	8	7	4



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1-c, 2-e, 3-a, 4-f, 5-b, 6-d