



The Golden View

The Community Newspaper For Adults 50 Plus

November, 2018

Dedicated To The Young At Heart

Dubuque, Iowa

Visit The Golden View On The Web At: www.thegoldenviewonline.com

November is National Hospice Month

by Tiffany Stietz, Community Relations Facilitator



Hospice of Dubuque staff pictured above. To hear more stories from the Hospice of Dubuque team, visit www.hospiceofdubuque.org.

November is National Hospice Month—a time to raise awareness regarding the compassionate end-of-life care that has been available in our tri-state community since 1983. For over 35 years, the Hospice of Dubuque staff and volunteers have ensured that tri-state families are not alone on their journey with life-limiting illness. This specialized

care has been made possible by the support of a generous and caring community. Together, we continue the Hospice of Dubuque mission of *providing compassionate care for the terminally ill and their loved ones*. Together, we address each patient's physical needs, and we provide emotional, social and spiritual support for patients, **Hospice of Dubuque cont. Pg. 6**

November Brimming with Talent at UD Heritage Center

by Thomas J. Robbins, Executive Director, Heritage Center



The Rodney Marsalis Philadelphia Big Brass performing Friday, November 9 at 7:30 pm in John and Alice Butler Hall on the University of Dubuque campus

DUBUQUE, Iowa — University of Dubuque Heritage Center continues its sixth annual Live at Heritage Center Performing Arts Series with a variety of captivating events highlighted by special music for Veterans Day weekend and Baby Boomer comedy to kick off the holiday season.

The Rodney Marsalis Philadelphia Big Brass
Brothers on the Battlefield:
The Power of Love
Friday, Nov. 9 – 7:30 p.m.
in John and Alice Butler Hall

Veterans Day weekend begins with this ground-UD Heritage Center cont. Pg. 15

Verses of Valor: A Salute to Veterans

by Mary Bryant, Dubuque Chorale



Dubuque Chorale present their fall concert, *Verses of Valor: A Salute to Veterans*. Performances are on Saturday, November 3rd, at 7:30 p.m. and Sunday, November 4th, at 2:00 p.m., at St. Luke's United Methodist Church, 1199 Main Street in Dubuque.

This November marks the 100th anniversary of Armistice Day. In honor of this significant anniversary and the many veterans who have served through the years, the Dubuque Chorale, its chamber choir Cadenza, and the Dubuque Chorale Children's Choir present their fall concert, *Verses of Valor: A Salute to Veterans*, and especially welcome all veterans.

According to Dr. Amanda Huntleigh, the Dubuque Chorale's new Artistic Director, the concert "juxtaposes patriotic music with the myriad responses veterans and civilians have to war." Musical offerings will include settings of poetry that evoke American wars back to the Revolutionary War as well as traditional patriotic pieces, and the three choirs will conclude

the concert by singing together an uplifting rendition of "God Bless America." Huntleigh finds great worth in using music to explore themes of war and sacrifice. "There is value in immersing oneself in beautiful, and sometimes uncomfortable art. We will offer our gratitude for our veterans through music, as we try to give voice to the complexity and humanity of military service," she says.

Karmella Sellers, Director of the Dubuque Chorale Children's Choir, is emphatic about the importance of honoring veterans. "Part of my job is to educate children about the history of music we may be doing. Although some children may have family members who are active duty or veterans, many do not,"

Dubuque Chorale cont. Pg. 3



The Dubuque Chorale, its chamber choir Cadenza, and the Dubuque Chorale Children's Choir.

Al Batt Page 23
Bridge Page 21
Bill Zwack Page 28
Kovels® Collecting... Page 24
Gary Dolphin Page 27

Jerry Eberhardt Page 26
Ken Resch Page 22
Michael D. Gibson... Page 12
Paw's Corner Page 5
Rent A Flick Page 21

S. E. Persinger Page 9
Social Security Page 11
Trivia Test Page 25
Uplifting Moment ... Page 7
Veterans Post Page 25



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1019 W. Platt Street in Maquoketa, IA
November 9 at 11:00 a.m.

Guttenberg Library

603 S. Second St. in Guttenberg, IA
November 14, 28 at 11:00 a.m.

Best Western Plus

3100 Dodge St. in Dubuque, IA
November 15 at 11:00 a.m.
November 26 at 6:30 p.m.

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Dubuque Chorale from Pg. 1

she points out. "Any chance I can take to make them aware of the service and sacrifice of our brave men and women is an opportunity I take."

Performances are on Saturday, November 3rd, at 7:30 p.m. and Sunday, November 4th, at 2:00 p.m., at St. Luke's United Methodist Church, 1199 Main Street in Dubuque, Iowa. An accessible entrance is

available in the alley. A free-will offering will be taken. Before each performance there will be the Presentation of the Colors and all will be invited to sing "The Star-Spangled Banner."

A recent grant from the Dubuque Racing Association supported the purchase of new risers, which will be in use for the concert. The Dubuque Chorale is grateful for the generosity of the DRA.



The Dubuque Chorale



Daylight Savings Time Ends Sunday, November 4 at 2 AM

★ Shannon ★ Lundgren

State Representative



Iowans need Shannon in the Statehouse

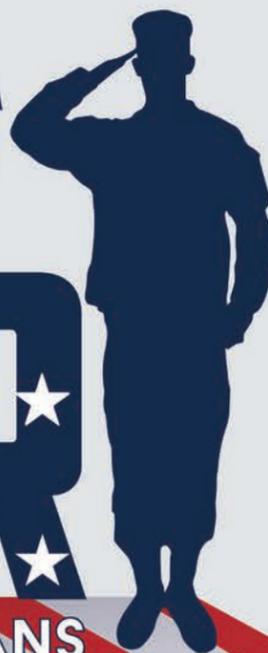
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VERSES OF VALOR



A SALUTE TO VETERANS



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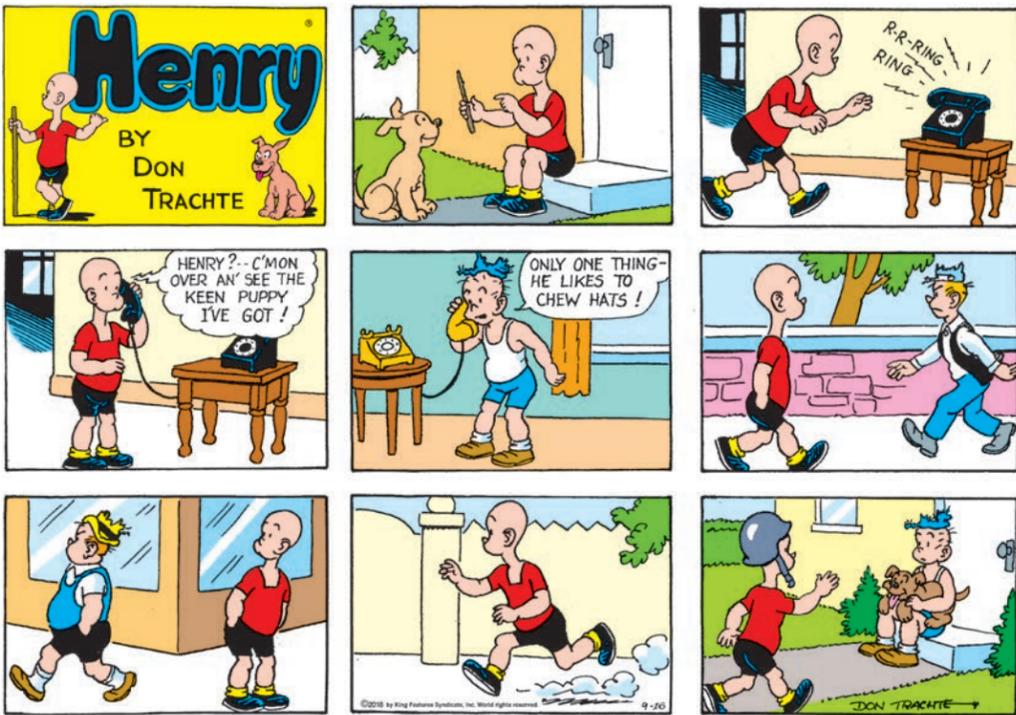
Handicapped accessible entrance through alley

The Golden View

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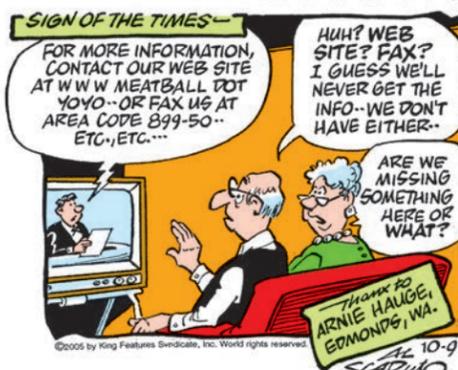
THEY'LL DO IT EVERY TIME



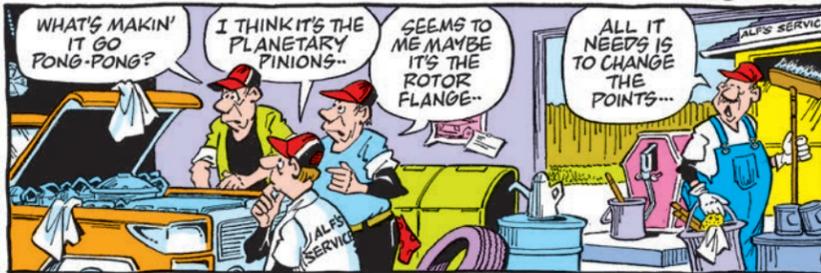
THREE EXPERT MECHANICS.. BUT GUESS WHOSE DIAGNOSIS IS KEE-REC-IT...

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BY AL SCADUTO



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STICKELERS

by Terry Stickels

Using any math symbols or operations you choose, can you make four 5's equal 100?

Stickelers Answer on Pg. 32
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King Crossword

ACROSS

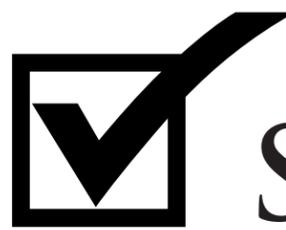
- 1 Light touch
- 4 Ducks' home
- 8 Creche trio
- 12 Swelled head
- 13 Acknowledge
- 14 Touch
- 15 Its capital is Gaborone
- 17 Give a darn
- 18 Massive weight
- 19 Mistake in print
- 21 Bouquet component
- 24 Online help page
- 25 CD- —
- 26 Badly lit
- 28 Ancient African kingdom
- 32 Help surreptitiously
- 34 "— Town"
- 36 Billions of years
- 37 Now
- 39 Oft-tattooed word
- 41 Placekicker's pride
- 42 Dylan or Dole
- 44 Potassium source
- 46 Set free
- 50 Can material
- 51 Off base
- 52 Form of food poisoning

1	2	3	4	5	6	7	8	9	10	11
12			13					14		
15			16					17		
	18			19		20				
21	22			23	24					
25			26		27	28		29	30	31
32			33		34	35		36		
37			38		39		40		41	
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46	47	48			49	50				
51				52	53				54	55
56				57				58		
59				60				61		

- 56 Arp's style
- 57 Storyteller
- 58 Long sandwich
- 59 Watchful one
- 60 Hamburg's river
- 61 Afternoon affair
- DOWN**
- 1 Newcomer to society
- 2 Past
- 3 Reached the nadir, with "out"
- 4 Hocked
- 5 Eggs
- 6 Zilch
- 7 Happy, for one
- 8 Rhesus monkey
- 9 Blind as —
- 10 Mentor
- 11 Thing
- 16 Boar's mate
- 20 Skedaddled
- 21 "Animal House" group
- 22 See 23-Down
- 23 With 22-Down, John Wayne movie
- 27 Silent
- 29 Gregor Mendel, e.g.
- 30 Part of the loop
- 31 Cruising
- 33 Arranged in rows and columns
- 35 Plagiarize
- 38 — Kippur
- 40 Ripe
- 43 Sacred text
- 45 Zero
- 46 Put together
- 47 Vacationing
- 48 Protuberance
- 49 Labor
- 53 Bill
- 54 Seek damages
- 55 Biz deg.

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VOTE NOVEMBER 6



TIM SCHULTZ FOR DUBUQUE COUNTY RECORDER

I have called Dubuque home for over 4 years and this is where my wife and I had our honeymoon 25 years ago. I love Dubuque County and I want to help keep this county a place we all smile about and call home.

I am a Veteran who believes that the concept of Freedom must be defended at all times. Sometimes this loss of Freedom happens in subtle ways and when county services exceed reasonable spending practices, that is the time to question those we have voted in.

Experience has taught me that being fiscally responsible is paramount to a solid and stable platform when providing government services. I think we need to keep our eye on the burden that is being put on the taxpayer.

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DEAR SPLITS: Who gets the pets is an issue that often comes up in divorce. And because the way we view pets is changing — they're more often considered an extension of the family, rather than simply property — the way judges decide who gets to keep the pets is changing too.

For example, California now gives judges much more leeway in determining who gets custody of pets in a divorce. Rather than basing the decision on who paid for or who adopted a pet, the judge can look at factors like who walks the dog every day, who takes the cat to the veterinarian and so on.

In states with no-fault divorce or that allow mediation rather than hashing it out in court, the divorcing couple can negotiate custody of pets, taking into account factors like who fed them every day, who trained them, who paid for medical care, etc., and determine who's going to be responsible for those things. I even know of a couple who worked out a shared custody arrangement where one of them cared for their two dogs during the week and the other took them on the weekends.

I wish you both the best of luck and hope you'll both agree on an arrangement that is best for Spitz.

Send your questions, comments or tips to ask@pawscorner.com.

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Holiday Help
Tips for dealing with grief by Jim Jelinske
Tuesday, November 13, 6:30–7:30 pm

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Thank you to our hospice month advertising sponsor
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Upcoming Events at the James Kennedy Public Library in Dyersville: November 2018

November is National Novel Writing Month (NaNoWriMo)! NaNoWriMo is a fun, informal approach to creative writing, with participants working towards the goal of writing a 50,000 word novel by 11:59 p.m. on November 30. We'll open with a general program about NaNoWriMo, offer scheduled writing times throughout the month, with refreshments provided, and close with an opportunity for participants to read from their work. While the "official" goal is to write a novel, the JKPL wants to encourage writing of all kinds so please consider joining no matter what you enjoy writing.

Saturday, November 10: Game Afternoon from 1:00-4:00 pm. As part of International Gaming Week, we invite you to get your game on here at the library! Got a favorite board, card, or handheld video game at home? Bring it along and meet some of your fellow players! All participants will be entered for door prizes donated by Dyersville Comics and Games. All ages welcome.

Tuesday, November 13: Inspirational Fiction: A Novel Approach to Faith book discussion series @ 7:00 pm. Join us the second Tuesday of every month at 7:00 pm for this book discussion series featuring a variety of books that weave religious faith into the characters and storylines. New members welcome at any time. For this meeting we will read and discuss *Pie Town* by Lynne Hinton. Copies of each book are available to borrow from the library.

Friday, November 16: Coffee and Creating @ Your Library from 9:30-11:30 am. Coloring, crafting, creating, chatting and enjoying coffee or other morning beverages are all part of the fun. Participants are welcome to come and go as time allows. This program is open to adults 18 and older. Join us this month as we create something special for the holidays.

Sunday, November 18: Scrapbooking: How to Make Holiday Cards from 2:00-4:00 pm. Come to the library and create three unique Christmas cards that no one else will be sending out! All the materials needed for you to get creative will be provided. This program is limited to ten participants so call the library to sign up soon! Presented by scrapbooker Joyce Meldrem.

Friday, November 23: Game Night @ 6:00 pm. Bring your favorite game (card game, board game, role playing game, or video game) and meet, teach, and play with others! All ages welcome.

Friday, November 30: Final Friday Tech featuring Freegal from 3:00–5:00 pm. This month's topic is Freegal, a free downloadable music program that can be accessed with your library card!

Library programs are free unless otherwise noted. For information on these and other library programs please call 563-875-8912 or go to www.dyersville.lib.ia.us or contact Dawn Schrandt via email at dschrandt@dyersville.lib.ia.us

Hospice of Dubuque from Pg. 1

families and caregivers. Together, we are Hospice.

With hospice care in place, the last chapter of life's journey can be one of comfort, dignity, compassion and fullness of life. To hear stories of how Hospice of Dubuque's care has made a difference, visit www.hospiceofdubuque.org. A newly released video features Hospice of Dubuque staff sharing their experiences accompanying families on the journey of a lifetime. These stories illustrate that hospice is truly about living. During November, and all year long, please join in spreading the word of how hospice care assisted your family and helped you focus on life.

In conjunction with National Hospice Month and in partnership with Hospice of Dubuque, *Egelhof, Siegert & Casper Westview Funeral Home* will host a **Holiday Help** presentation Tuesday, November 13 from 6:30–7:30 p.m. This event will take place at the funeral home located at 2659 JFK Road in Dubuque.



Hospice of Dubuque staff pictured above. To hear more stories from the Hospice of Dubuque team, visit www.hospiceofdubuque.org.

Speaker Jim Jelinske will encourage grieving individuals with practical ideas to plan for the upcoming holiday season. Jim will share how laughter, tears, old traditions and new approaches can all have a place in the 2018 holiday season. Please come and feel empowered to face the holidays in spite of your heavy heart. The event is free and open to the public.

An Uplifting Moment
with **Rev. David J. Claassen**
Visit me on the internet!
www.daveclaassen.com



Finding Joy in Life's Mixed Bag

Life's a mixed bag, no doubt about it. This creates a dilemma for us; how can we find any joy in life when a part of our life is anything but joyful?

Maybe it's the big "C" word, cancer, that seems to have been shouted into an otherwise quiet life. Perhaps it's financial distress that distracts from seeing the wealth of good that still exists around us. A recent major failure can keep us transfixed on the past, preventing us from looking forward with hope. There may be a family member who's going through some dark experience, the long shadows of which takes the vibrant color out of our own life; we feel guilty for any pleasure that does come our way when our loved one is in such pain. We even experience life as a mixed bag when reading or watching tragic news via some media source while sipping a cup of coffee or eating a bowl of ice cream.

Embracing the good that's in life while at the same time experiencing the bad and tragic of life is tough. Searching the Bible for perspective, I found three approaches to dealing

with life as a mixed bag of good and bad. There may be more, but I'm working on these three.

DO WHAT WE CAN! We can't do everything, but God calls us to do what we can, whether it's taking just a small, but positive, step with our own problem or helping someone with theirs. When it comes to others it may mean something as simple as providing a meal for the hurting family next door or making a donation to the Red Cross to help others across the country. *"Suppose a brother or sister is without clothes and daily food. If one of you says to him, 'Go, I wish you well; keep warm and well fed,' but does nothing about his physical needs, what good is it?"* (James 2:15-16)

PRAY! Praying for our own needs and problems and for others for whom our hearts hurt unleashes God's good actions in this fallen, hurting world. Believing this, we can take our burdens to the Lord and leave them with Him! *"Cast all your anxiety on him because he cares for you."* (1 Peter 5:7)

GIVE THANKS. Giving thanks that God can help us with our trouble and the troubled person for whom we're concerned is helpful. Also helpful is giving thanks for all the good that still is all around us. Practicing thanksgiving helps us see beyond burdens to blessings! *"Give thanks in all circumstances, for this is God's will for you in Christ Jesus."* (1 Thessalonians 5:18)

Yes, life's a mixed bag. God is aware of the mixed contents and has His plans for it all!



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BIBLE TRIVIA
by Wilson Casey

1. Is the book of 3 Kings in the Old or New Testament or neither?
2. Who said, "I indeed baptized you with water, but He will baptize you with the Holy Spirit"? *Matthew, Mark, John the Baptist, Luke*
3. Jesus says that you have to do this to see the kingdom of God? *Love one another, Be born again, Do what's right, Tithe*

4. From Leviticus 14, how long was a "clean" person required to remain outside their tent? *1 night, 2 nights, 4 days, 7 days*
5. What town or city was Saul of Tarsus near when he converted to Christianity? *Damascus, Assos, Corinth, Gaza*
6. Which apostle's mother-in-law is referred to as being healed of fever? *Peter, Judas, James, Andrew*

ANSWERS

- 1) Neither; 2) John the Baptist; 3) Be born again; 4) 7 days; 5) Damascus; 6) Peter

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You Can Keep Your Family History Alive

“Reminiscing about family history was an important part of the family and community,” said Susan Taylor, Iowa State University Extension and Outreach, Human Sciences Specialist, Family Finance housed in Dubuque County. With upcoming family gatherings you many have a time to share your family history.

The story-telling function was often the responsibility of older persons as a way to make sure new generations learned about the history and heritage of their family.

In today’s technology, historical information is recorded instantly via our news media. However, many people know very little about their own family’s stories. As a grandparent spending time with your grandchild and family, you have a unique opportunity to pass on some of those treasured stories.

By passing on the family history, you will help your grandchildren gain greater self-knowledge and self-esteem. They may also gain a sense of

satisfaction as they share their stories with others.

A friend in college, her father was in the Korean Conflict. Her niece interviewed her grandfather to find out more about his time in Korea. The granddaughter used the information for a school assignment but also became closer with her grandfather.

Recently, my uncle Howard died. His story of serving our country during WWII was in the local newspaper Veteran’s feature several years ago. He had taken shorthand in high school and his friends asked him why? He used this skill as he took notes for General MacArthur, while in service. He had a scrapbook of photos from the experience when he served in Manilla, Japan and Philippines.

My grandmother Rogers always had interesting stories to share, as she was the youngest with two older brothers. She went to college about 20 miles away and graduated, but wanted more schooling and traveled

Susan Taylor cont. Pg. 10

Be Thankful for Family and Friends



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Monday, November 5th
Starts at 1:00 PM
See You There!

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www.windsorparkdbq.com



Join us at River Bend for some Bingo fun! Enjoy refreshments, win some prizes, and have some laughs.

COMMUNITY BINGO

Sunday, November 4th
Free to the Public
1:00 PM to 3:00 PM

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www.riverbendal.com

COME CHAT
with **ME**
by S. E. Persinger



On March 3rd of this year my daughter and I drove to Cedar Falls, Iowa, to celebrate the birthday of my year-old great-grandson. While we were there, we stayed in a motel for one evening. When we arrived, we saw several children playing in the hallway. They all seemed to be of the same age. There were both boys and girls. Whatever game they were playing was not disturbing or annoying and they made a path for us to pass.

I asked the desk clerk if they were members of a birthday party. She said, no. I found out that there was a Pee Wee Wrestling Tournament scheduled for the weekend. And since my two boys had participated in similar competitions, I knew all the planning parents had to make to attend this function. Often, it is necessary to bring along younger siblings, and make provisions for the family pets left behind.

I believe that anyone who has raised children can remember the endless trips out of town for competitive sports. But, isn't it wonderful how much these trips benefit all those involved? Children learn fairness, and how to be proud winners, and fair losers.

And parents also learn how to share their wins and losses with each other. Parents and children both cry and laugh at these competitions.

Well, after the birthday party, we returned to our motel for a night of sleep. The next morning we went into the breakfast area for a complimentary buffet. I selected a number of items and sat down near a young man finishing his breakfast. I ask him if he was there for the tournament. He said he was with his family but no longer into wrestling. He was a senior in high school, and played other sports. A sibling was participating that weekend.

After a while several young girls came into the room. They were probably 4th to 6th grade students. Several of them wore no shoes but were casually dressed for the day. Many of the girls chose waffles and orange juice for their breakfast and others picked cereal and fruit. Not any of the girls chose biscuits and gravy. Actually, that was my choice.

There was one chaperone with the girls. She let them conduct themselves without her input. She sat with a couple younger girls while reading her newspaper. And as I viewed this scene I couldn't help but realize how well behaved all the children were. All-in-all, a sports tournament can teach much

Persinger cont. Pg. 10

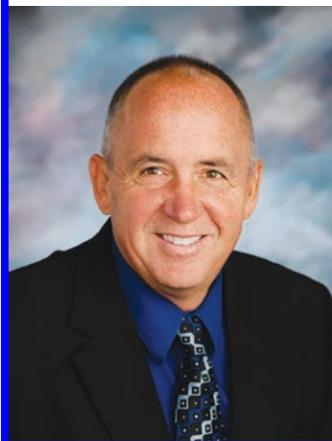
RE-ELECT
Daryl Klein

For Dubuque County Supervisor

Daryl and Sandy are life long residents of Dubuque County and have three children.

- **Owned & Operated small businesses for over 35 years**
- **Actively farmed for 25 years, still living on our Century Farm**
- **U.S. Army Vet-10th Special Forces Operational Detachment 323**
- **Lifetime member of St. Joseph Parish, Rickardsville**

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UNIVERSITY of DUBUQUE



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Free admission for Military Active Duty, Veterans, and Reserve Personnel. Event made possible, in part, by the William P. Woodward Visiting Artist-in-Residence Endowment.

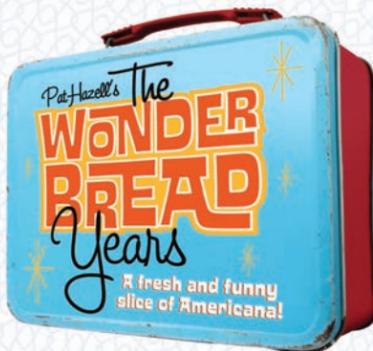
Brothers on the Battlefield: The Power of Love

With special guests, Western Dubuque High School Band (Michael Omarzu, director)

FRIDAY, NOVEMBER 9, 2018 - 7:30 P.M.
JOHN AND ALICE BUTLER HALL

A narrated multi-media program with a message of love and unity, this concert commemorates the 150th anniversary of the end of the Civil War through the civil rights movement.

Special Pre-Show Quilts of Valor Presentation in Babka Theatre, 6:00 – 6:30 p.m.
Bisignano Art Gallery reception, 6:30 – 7:30 p.m.



FRIDAY, NOVEMBER 16, 2018 - 7:30 P.M.
JOHN AND ALICE BUTLER HALL

Former *Seinfeld* writer Pat Hazell delivers a fast-paced, hilarious show gracefully walking the line between standup and theater.

Pre-Show Live Music on CyberCafé Knapp Stage with singer-songwriter Todd McDonough 6:30 – 7:00 p.m.



CHRISTMAS at Heritage Center
UNIVERSITY of DUBUQUE

Break Forth, O Beauteous Light:
AN EVENING OF LESSONS AND CAROLS

FRIDAY, NOVEMBER 30, 2018 - 7:30 P.M.
JOHN AND ALICE BUTLER HALL

This dynamic concert presentation will feature the University of Dubuque's choirs, live narration by UD President Jeffrey F. Bullock, and special guest, Ken Kilian Brass Ensemble.

Concert snowdate: Saturday, December 1, 2018, 2:00 p.m.

If you are unable to attend, watch the performance live on Facebook at Facebook.com/UDubuque.

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UnityPoint Health Finley Hospital November 2018 Events

For more information or to register for classes and events at UnityPoint Health Finley Hospital, visit www.unitypoint.org/dbqevents.

Amputee Support Group. Monday, November 5, 4:30 p.m. – 5:30 p.m., Kehl Diabetes Center (lower level). No one can fully understand the feelings and struggles involved in dealing with the loss of a limb quite like someone who has been through it. That is why UnityPoint Health - Finley Hospital is now offering a new support group to help you regain control through education, compassion and encouragement. The support group will offer:

- Open and honest discussions led by a licensed physical therapist
- Opportunities to share the trials and successes of your limb loss journey
- An empowering environment to help you adjust to your new normal, independent and fruitful life
- Guest speakers to enhance your knowledge and broaden you access to resources

Cancer Journey Support Group. Tuesday, November 6, 12:00 p.m. – 1:00 p.m., Finley's Wendt Regional Cancer Center. The Cancer Journey Support Group is a mutual support organization that brings together those persons affected by cancer so they may help each other learn to live life in a positive and meaningful manner. Feel free to bring your lunch or purchase lunch in our cafeteria. For more information call Wendt Regional Cancer Center (563) 589-2468.

Stroke and Brain Injury Support Group. Tuesday, November 29, 1:30 p.m. - 2:30 p.m., Acute Rehab Dining Room-4th Floor Finley. Finley offers this Stroke and Brain Injury Support group for anyone who has had a stroke or has been affected by a stroke. Each session provides a forum for you to share your experiences, express concerns, or ask questions.

Susan Taylor from Pg. 8

three hours away to attend the land-grant institution to take additional classes.

My father's mother attended Eureka College around 1928 at the same time that Ronald Reagan was attending. The family has an 8" x 36" photo of the student body and you can pick out both of their pictures.

We know that all stories are not happy ones. However, telling painful stories may be a way to release burdens from the past or help the children understand their parents or other family members. Sometimes memories are painful when they resurface. Retelling unhappy stories

may help in working through unresolved issues and conflicts.

Let your stories out and share with your family so others can learn more about you and your family. There are many ways to share your family's heritage. You can write down your family genealogy, keep a journal or interview family members and record their stories. This written history can then be passed down to your grandchildren and, someday, to their children, keeping the family history alive for generations to come. As my grandfather, Taylor said we were descendants of Zachary Taylor.

Persinger from Pg. 9

more that sportsmanship. A child can learn basic fellowship, good manners, and how to

behave in public. All-in-all, this wonderful weekend experience was brought about just because of a baby's first birthday party.

Earth laughs in flowers.

—Ralph Waldo Emerson

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Same Time,
Same Place*

The purse of the people is the real seat of sensibility. Let it be drawn upon largely, and they will then listen to truths which could not excite them through any other organ.

—Thomas Jefferson

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Moments in time

THE HISTORY CHANNEL

• On **Nov. 8, 1847**, Bram Stoker, author of the horror novel "Dracula," is born in Ireland. The concept of vampires didn't originate with Stoker. John William Polidori's 1819 short story "The Vampyre" is credited with kick-starting the vampire genre.

• On **Nov. 6, 1860**, Abraham Lincoln is elected the 16th president of the United States over a deeply divided Democratic Party, becoming the first Republican to win the presidency. Lincoln received only 40 percent of the popular vote but handily defeated the three other candidates.

• On **Nov. 11, 1918**, at the 11th hour on the 11th day of the 11th month, the Great War ends as Germany, faced with imminent invasion, signed an armistice agreement with the Allies. The First World War left 9 million soldiers dead and 21 million wounded.

• On **Nov. 1, 1952**, the United States detonates the world's first thermonuclear weapon, the hydrogen bomb, on Eniwetok atoll in the Pacific, giving the U.S. a brief advantage in the nuclear arms race with the Soviet Union.

• On **Nov. 3, 1964**, residents of the District of Columbia cast their ballots in a presidential election for the first time. Passage of the 23rd Amendment in 1961 gave citizens of the nation's capital the right to vote for president and vice president.

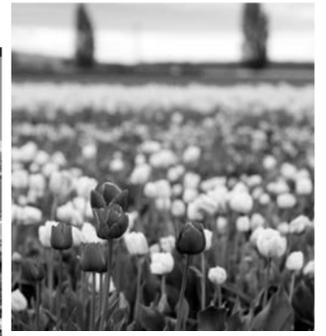
• On **Nov. 10, 1975**, the SS Edmund Fitzgerald sinks in a Lake Superior storm, taking all 29 crew members with her. The 729-foot-long freighter, once the largest and fastest ship on the Great Lakes, now lies under 530 feet of water.

• On **Nov. 2, 1986**, Norwegian distance runner Grete Waitz wins her eighth New York City marathon, finishing the 26-mile course in 2:28.6, more than a mile ahead of next women's finisher.

• On **Nov. 5, 1994**, George Foreman, age 45, becomes boxing's oldest heavyweight champion when he defeats Michael Moorer in the 10th round of their WBA fight in Las Vegas. Foreman retired in 1997 with a lifetime record of 76-5.

• On **Nov. 4, 2001**, just two outs away from their fourth straight championship, the New York Yankees lose to the Arizona Diamondbacks in the seventh game of the World Series. The Series began later than usual and was extended into November due to the Sept. 11 attacks.

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Connie Francis
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563.589.0804



Pamela Shaw,
Social Security District Manager,
Dubuque, Iowa



Helping Veterans and Active Duty Military Members

Every year on Veterans Day, we honor the people who risk their lives to protect our freedom. Social Security honors veterans and active duty members of the military every day by giving them the respect they deserve. Social Security's disability program is an important part of our obligation to wounded warriors and their families.

For military members who return home with injuries, Social Security is a resource they can turn to. If you know any wounded veterans, please let them know about Social Security's Wounded Warriors website. You can find it at www.socialsecurity.gov/woundedwarriors.

The Wounded Warriors website answers many commonly asked questions, and shares other useful information about disability benefits, including how veterans can receive expedited processing of disability claims. Benefits available through Social Security are different than those from the Department of Veterans Affairs and require a separate application.

The expedited process is used for military service members who become disabled while on active military service on or after October 1, 2001, regardless of where the disability occurs.

Even active duty military who continue to receive pay while in a hospital or on medical leave should consider applying for disability benefits if they're unable to work due to a disabling condition. Active duty status and receipt of military pay doesn't necessarily prevent payment of Social Security disability benefits. Although a person can't receive Social Security disability benefits while engaging in substantial work for pay or profit, receipt of military payments should never stop someone from applying for disability benefits from Social Security.

Social Security is proud to support veterans and active duty members of the military. Let these heroes know they can count on us when they need to take advantage of their earned benefits. Our webpages are easy to share on social media and by email.

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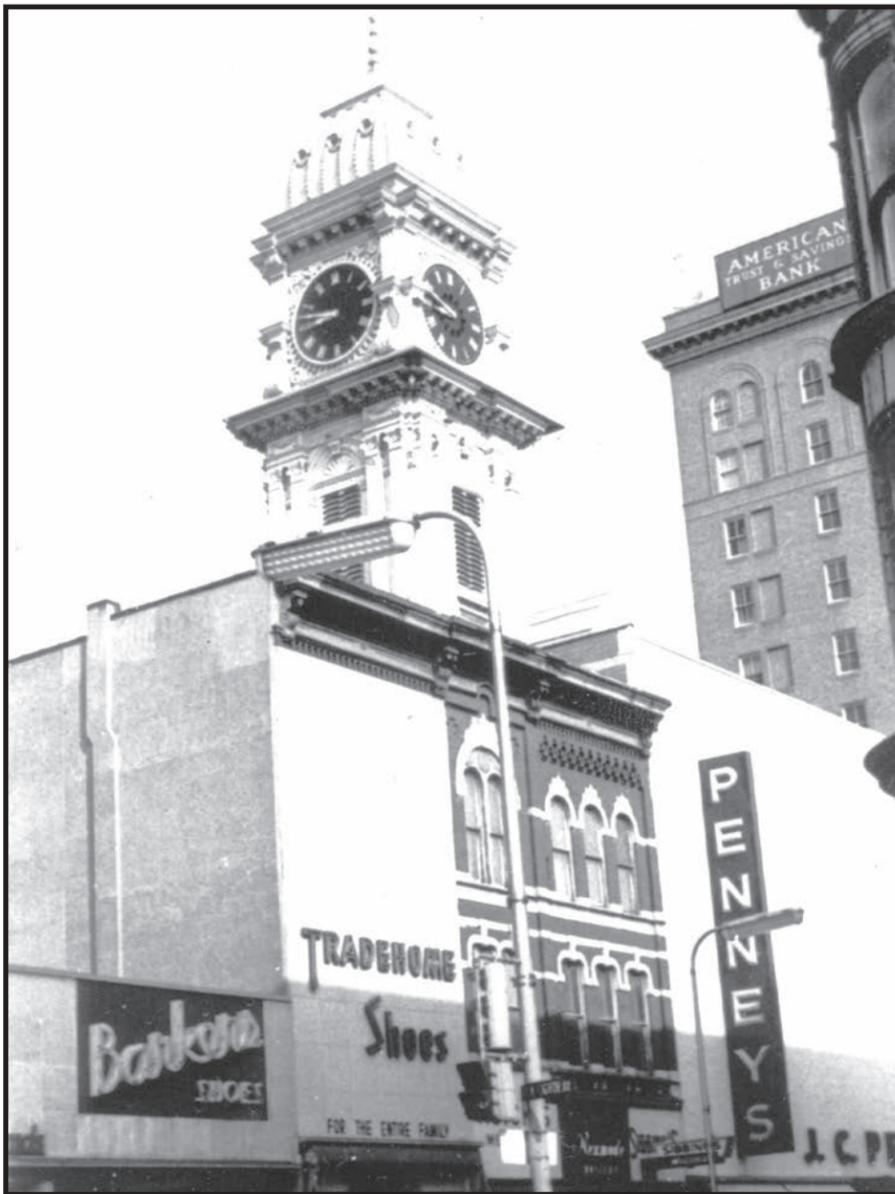
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YESTERDAY AND TODAY

BY MICHAEL GIBSON



The second town clock, built in 1872, sat on top of the old building which once housed the Sullivan & Stampfer dry goods store. Since the late 1920's, J.C. Penny's department store was located at 855 Main and Barker's Shoes at 813 Main since the 1940's. Penny's moved to the Kennedy Mall in 1983 to a space formerly occupied by Montgomery Wards and remains there today. In 1985 Market Place Dubuque, consisting of ten tenants, opened the city's first factory outlet in the buildings on Main Street. (Courtesy of the Loras College Center for Dubuque History, MSL p.50).

Yesterday & Today cont. Pg. 13

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Don't Wait Until the Last Minute To Check-Out 2019 Medicare Drug Plans

You have until December 7, 2018 to enroll in or change Medicare drug plans for 2019. Don't wait until the last minute. The two weeks prior to December 7 will be very busy for the plans, 1-800-MEDICARE and organizations like the Senior

Health Insurance Information Program (SHIIP) which help individuals compare plans and enroll. If you're planning to enroll, don't delay. You also have the option of enrolling yourself, or getting a family member to help you enroll online at www.medicare.gov.

Be sure to print and keep a copy of the confirmation if you enroll online. If you enroll with an agent keep a copy of the signed (by you and the agent) and dated enrollment form. Should you enroll by telephone with 1-800-Medicare or a plan, request a confirmation number, the name of the person enrolling you and note the date and time enrolled.

The next opportunity to enroll or change plans for most people will be October 15-December 7 of 2019. Remember, if you're on Medicare and don't have drug coverage, or the coverage you have is not as good as Medicare's, you will face a penalty for each month you delay enrolling. If you have questions about Medicare drug coverage call your local SHIIP counselor at Sunset Park Place, **563-583-3384**.

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Yesterday & Today from Pg. 12

If readers have related memorabilia (post cards, photographs, letters, diaries, scrapbooks) or other documents and reminiscences to share they may contact Mike Gibson at the Center for Dubuque History, Loras College, (563) 588-7163 or via email: michael.gibson@loras.edu. Your comments about this series would be welcome.



American Trust & Savings Bank purchased the Market Place property in 1988 and in 1991 they remodeled the entire building into the current enlarged banking center as shown in this photograph. Several years ago the old town clock building itself was also renovated by John Butler for offices. The building to the left which once house a jewelry store and Chinese restaurant has since been torn down and a green space was created. In 1971, the Town Clock Plaza, Iowa's first open tree-lined pedestrian mall was dedicated. \$70,000 had been raised through private donations to remove the Town Clock itself from its original 100 year location and to place it on a four-column pedestal in the middle of 7th & Main Streets. In 2001, the pedestrian mall was reopened to traffic and the question arose whether to move the clock back to its original roof-top location, but the city council voted against the proposal. Today, as traffic is directed around it, the Town Clock still remains as one of the icons of Dubuque history. (Photo by Terry Grant).

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KIESSLING

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★★ FOR DUBUQUE COUNTY SUPERVISOR ★★
NOVEMBER 6, 2018

PAID FOR BY KIESSLING FOR SUPERVISOR

TRUSTED SERVANT OF THE PEOPLE

A decorated military veteran and 29 year resident of Dubuque county, Curt Kiessler is committed to serving the community. Having volunteered on numerous boards and with various charitable organizations, Curt was twice elected to the Asbury City Council. His recent contributions have enhanced the lives of thousands of residents who now enjoy a safer, greener, more enjoyable community.

- ☑ **RE-ELECTED ASBURY COUNCILMAN**
Together with the council, Curt. . .
 - Developed the new Asbury Community Services Campus
 - Oversaw Asbury Road and Seippel Road reconstruction projects
 - Improved city parks including Asbury Park and Cloie Creek Park
- ☑ **COUNTY ENVIRONMENTAL ADVOCATE**
 - Charter board member and current Chair of the Catfish Creek Water Management Authority, addressing flood mitigation and water quality in Dubuque county's largest watershed
 - Champion of Asbury's solar power initiative
 - Champion of Asbury's geothermal energy initiative
- ☑ **PROVEN FISCAL SUPERVISOR**
Together with the council, Curt. . .
 - Balanced the City of Asbury's budget for the past eight years
 - Ensured Asbury's tax rate remained the same for the past eight years
 - Helped Asbury grow at 5x the national average

VOTE FOR KIESSLING FOR SUPERVISOR ON NOV. 6

Inflation is when you pay 15 dollars for the 10-dollar haircut you used to get for five dollars when you had hair.

—Sam Ewing



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- Wednesday: Rib Eye (14oz) \$21.50
(16oz) \$22.95
- Thursday: 1/4 Broasted Chicken \$12.95
1/2 Chicken \$14.50
- Friday: All You Can Eat Pike \$14.95
- Saturday: New York Strip (12oz) \$19.95



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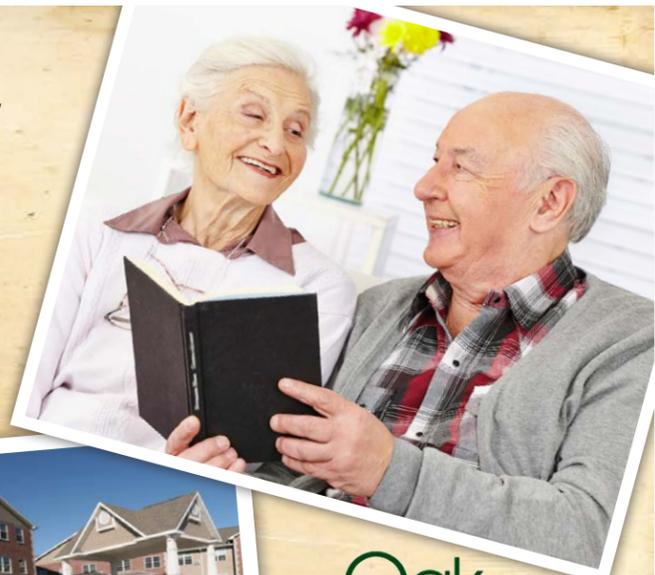
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Congressman Rod Blum: Protecting & Preserving Social Security & Medicare



My mother Celeste relied on Social Security and Medicare for decades before she passed away. *For me, protecting Social Security and Medicare is personal.* As your Congressman, I will always work hard to secure these critical programs that Iowa seniors have paid into their whole lives and have earned the benefits they've been promised.

We need to work together in a bipartisan fashion to save these programs before they go bankrupt. *Let's take some Democrat ideas and some Republican ideas* and fix Social Security for future generations.

Sadly, some politicians are using dishonest scare tactics to mislead voters about my positions on Social Security and Medicare. This is the problem with politics today: when somebody like me says I am open to bipartisan reforms, other politicians attack me just because I want to have a conversation about saving these programs so *Iowa seniors get the benefits they've earned.*



Congressman Rod Blum

Paid for by Blum for Congress

UD Heritage Center from Pg. 1



breaking, genre-bending concert celebrating music between the Civil War and the Civil Rights Movement. This narrated, multi-media program featuring the talents of 11 musicians is a popular touring program. With a core message of love and unity, the concert is an uplifting and joyful celebration of life and our shared humanity. The Big Brass is composed of some of America's top musicians and led by a product of American musical royalty, Rodney Marsalis, cousin to legendary musicians Wynton, Branford, and Ellis Marsalis. Marsalis wrote the narrative for the concert and chose the songs that span genres from classical to rock including "Fanfare for the Common Man" by Aaron Copeland, a selection from *West Side Story* by Leonard Bernstein, and "Where Have All the Flowers Gone?" by Pete Seeger. Pieces by Bach, Handel, Sousa, and Elvis also comprise the program.

The Western Dubuque High School Band, directed by Michael Omarzu, will serve as special guests on the concert. Thanks to support from Radio Dubuque, free concert admission is available to veterans as well as active and reserve military personnel. Tickets are required as all seating is reserved.

Prior to the concert, a special pre-show Quilts of Valor presentation and recognition ceremony honoring nine area veterans will be held from 6:00 to 6:30 p.m. in Heritage Center's Babka Theatre. A gallery reception with complimentary refreshments follows the ceremony. Both pre-show functions are free and open to the public.



**Pat Hazell's
The Wonder Bread Years
Friday, Nov. 16 – 7:30 p.m.
in John and Alice Butler Hall**

A fresh and funny salute to Americana, *The Wonder Bread Years* stars former *Seinfeld* writer and *The Tonight Show* regular Pat Hazell. A fast-paced, hilarious show straddling the line between stand-up and theater, it's a comic bullseye for Baby Boomers everywhere. With topics from sitting at the kids table to riding in the way back of the Country Squire Wagon, the show restores a much-needed sense of wonder leaving audiences savoring the past like never before. Special music with singer-songwriter Todd McDonough precedes the show at 6:00 p.m. on CyberCafé Knapp Stage.

Other upcoming Live at Heritage events include:

**Nov. 11 – 2:00 p.m.
The Sleeping Beauty – A Family Series Performance performed by Virginia Repertory Theatre**

**Nov. 30 – 7:30 p.m.
Christmas at Heritage Center – Break Forth, O Beauteous Light: An Evening of Lessons and Carols**

Flexible CenterStage season packages or event tickets can be purchased Monday through Friday from 10 a.m. to 5 p.m. at Farber Box Office, Heritage Center, University of Dubuque, 2255 Bennett Street; by phone at **563-585-SHOW**; or online at www.dbq.edu/heritagecenter.



**Invasive Pests Go Postal:
How To Keep Them Out Of The Mail**

(NAPS)—If you're not careful, an innocent trip to the post office could have a devastating impact on U.S. agriculture, economy and natural resources. That's because invasive pests can easily hide in fruits and vegetables and on plants, then quickly spread to new areas when sent through the mail.



Mailing produce or plants could spread invasive pests.

Introducing even one pest to a new place is dangerous. For example, if you mail a single mango infested with fruit fly

larvae to a friend, and he/she throws it into a garbage or **Invasive Pests cont. Pg. 26**

JAY WICKHAM

Dubuque County Supervisor

PRIORITIES & ACCOMPLISHMENTS

Jay is committed to the health, safety and prosperity of the Dubuque County residents.

- Fiscal Management**
Lowered Dubuque County's property tax levy, the first significant reduction in over 20 years with no change in services.
- Small Business**
Proactive Support for existing businesses of all sizes. Established the first Dubuque County zoning approval for home-based business.
- Public Safety**
Secured budget funding for the development of a new 911 system that invests in a safe and reliable 911 system to ensure public safety now and in the years to come.
- Economic Development**
Focused on the growth and security of local jobs. Saved 200 high paying jobs by investing in the new \$30 million Flexsteel plant.
- Conservation**
Created two new Dubuque County conservation parks. Collaborated with John Deere Dubuque Works and the TMBR group to add over 230 acres for the next generation to enjoy.
- Sheriff**
Full support of the sheriff's office and jail operations. Provided new funding for 10 new sheriff patrol cars.

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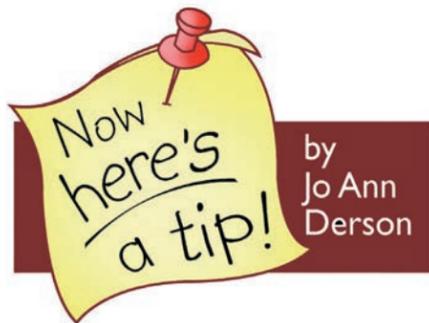
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- Many public libraries are offering services that you'd never expect! I found that some libraries will let you reserve books online, renew your due date or even have books delivered to your home. Some have regular seminars on all kinds of topics. Check out your public library today!
- Give ripped jeans a new look with fun colored and patterned tights underneath. This works especially well for jeans whose holes have gotten out of control.
- "If you can print your boarding pass online, do it! It saved us close to half an hour the last time we flew, and with

security lines being as long as they are, it's time we needed to get to the terminal." — **I.B. in South Carolina**

• The first choice for unclogging a drain should be a nontoxic one. Try pouring a half cup of baking soda down the drain, followed by a cup of full-strength vinegar. Wait 10 minutes, then run hot water, if possible.

• Use the news! Fold a section of newspaper to fit in your crisper drawer. It soaks up ambient moisture, keeping veggies crisp and fresh!

• "Purging is a daily sport in my house. Whenever a reusable tote gets a little worn down, I put it in my closet and fill it with things I no longer wear. As soon as it's full, I drop it off at the thrift shop on my way to lunch during the week." — **E.S. in Florida**

Send your tips to **Now Here's a Tip**, 628 Virginia Drive, Orlando, FL 32803.

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Dupaco Pays \$2.6 Million in Participation Dividends



DUBUQUE, Iowa—More than 50,000 participating Dupaco Community Credit Union members on Oct. 18 received their share of more than \$2.6 million as part of the credit union's 9-month Thank Use campaign.

The timeframe to earn Thank Use was Jan. 1 through Sept. 30. The participating member payout coincided with

International Credit Union Day on Thursday, Oct. 18.

Thank Use is a way to demonstrate the power of Dupaco's member-owned, cooperative structure, according to Dupaco Chief Marketing Officer David Klavitter.

"Dupaco is more than local. It's a financial cooperative, owned by people in our community," said Dupaco Chief Marketing Officer David Klavitter. "The more members use their credit union, the more members, the community, and Dupaco benefit."

The Thank Use campaign rewarded members in relation to each member's active participation in the credit union. Those recognized services included loans, savings, checking, insurance, investments, credit card and e-statements.

As a group, members also earned an additional dividend as a result of more than 83.4% of participating members maintaining or improving their credit scores.

"As a cooperative, our members work together for the betterment of themselves and the cooperative," said Klavitter. "Education is rooted in our mission and when we achieve tangible results, we

Dupaco Thank Use cont. Pg. 29

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 this Thanksgiving Day and
 always!

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Reducing Eye Strain

DEAR DR. ROACH: Would you mind providing some guidelines for preventing eye strain? I'm a graduate student, so I spend a lot of time reading, both from computer screens and from books. I will always need to read to get things done, but I'd also like my eyes to last me my whole life. — *B.I.*

ANSWER: We tend to spend a lot of time reading or in front of computer screens, and eye strain is very common. I think eye problems from excess screen time and reading fall into two categories: dry eyes and muscle strain.

Computer users in particular can get dry eyes, largely from decreased blinking. Unfortunately, "blink more" isn't likely to be successful advice, so I recommend an eye lubricant, used periodically during computer work if you have any sense of eye fatigue or strain. If dry eyes are part of your problem, you will feel relief immediately, and you should use a drop in each eye every few hours.

Muscle strain comes from staring at one point of focus — your computer screen — for long periods of time. Also, many people tend to hold their shoulders and neck in an uncomfortable position during computer work or play. The solution is to get away from the computer for a while. I recommend getting up

and pacing periodically, since prolonged sitting isn't good for you.

Another option is the 20-20-20 rule (I haven't been able to discover who made the rule, but I think it makes sense): Look at something 20 feet away for 20 seconds every 20 minutes. This can help prevent fatigue to the ciliary muscles, the muscles of the eye. Some people, especially those who are nearing or past their 50th birthday, might benefit from very mild reading glasses when using the computer.

There is a science behind adjusting your workspace, lighting and monitor settings to reduce strain. There are apps to remind you to take breaks periodically and to change the color of your computer to make it easier on the eyes.

•••
DEAR DR. ROACH: I have had nail fungus since 1985 in both my toenails and my fingernails. I was treated with oral Lamisil, but it did nothing for my big toe. I have been treated by skin and foot specialists, but the problem has continued progressively over the years. I am 80 years old, and it's still there. Is there really any hope for cases like mine? — *C.J.R.*

ANSWER: Are you sure you really want the condition treated? The treatments have potential for real harm, even though it isn't likely. If the issue is strictly cosmetic, I wouldn't recommend treatment. If it's for pain or because you have had skin or soft tissue infections in the area, then treatment is reasonable.

If you pursue treatment, get a culture done to be sure you know what you are treating. Sometimes what looks like a nail infection is really something else (psoriasis, eczema, lichen planus or others). Depending



1. Who had a hit with the Curtis Mayfield song "Girls Are Out to Get You"?
2. Name the artist who released "On the Radio."
3. Which group released the Rick James song "In My House"?
4. "Axel F" was used in which 1980s film?
5. Name the song that contains this lyric: "It's not the way you smile that touched my heart. It's not the way you kissed that tears me apart."

Answers

1. The Fascinations, in 1967.

2. Donna Summer, in 1979. Two versions were created: a 7-inch single and a larger 12-inch version that was released to DJs and ran seven minutes.
3. The Mary Jane Girls, in 1985. The song made it to the 100 Greatest One Hit Wonders of the '80s list and was occasionally called inappropriate because of the lyrics.
4. The electronic instrumental was the theme in 1984's "Beverly Hills Cop."
5. "Baby It's You." The Shirelles original was a Top-10 smash in 1961. The Beatles covered it on their first album two years later, and the band Smith took the song to No. 5 in 1969.

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SENIOR NEWS LINE

by Matilda Charles

Paper Check Scams

Back in the day the typical way we received money was via check. Getting a check in the mail, perhaps a paycheck or refund, was common. Now thieves have decided to capitalize on what is most familiar to us ... paper checks.

Why are they using paper checks? Because electronic transfers can be instantaneous; paper checks take a few days to clear ... just long enough to scam you.

You might be told you've won a prize when a check arrives in the mail, or that it's a refund or payment for a service. Mystery shopping is a perfect example. After you do a few shops, they might tell you that you're so reliable they have a bigger job for you: investigating money-transfer

companies. They'll send you a big check, which you'll deposit into your account, and your job is to quickly wire the money back as a test. The bogus check won't have cleared yet, however, and the money you wire them will be your own cash.

A fake check in the mail isn't the only way you can run into a scam. If you decide to sell a few things via online auctions, you might be tempted to accept a check from the buyer. Don't do it. Make yourself familiar with a pay service such as PayPal, and especially don't accept a check that is over the amount you're expecting. You'll likely be told to send the "extra" money back.

If you receive a check you're not expecting, don't cash it until you get all the details about where it came from and why you've received it. If you decide to deposit it, tell your bank what you're doing so it can keep an eye on things. Do not spend the money. Wait a few weeks to see what happens.

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See the Dubuque Symphony Orchestra "on air" November 17 & 18 at Five Flags Theater



Violinist YooJin Jang

(DUBUQUE) – The DSO continues its element themed Classics Series, "on air", November 17 & 18 at Five Flags Theater, downtown Dubuque.

"This program celebrates the element of AIR by fittingly giving the spotlight to our woodwind and brass sections," states Music Director and Conductor William Intriligator. "I've programmed music from several different centuries of composers from the 16 to the 20th century. Woodwind serenades and nocturnes evoke the outdoors and night sky, we also evoke the spirits in the air with a short beautiful prayer to angels, written by composer Franz Liszt. A piece on the program will also be performed alongside "air" themed photos by local photographers and brass and percussion are featured in powerful works by Wagner and Holst. It will be thrilling!"

Violinist YooJin Jang finishes the DSO's exploration of Vivaldi's Four Seasons, performing "Autumn" and "Winter" with the strings of the orchestra. Applauded by The Strad for her "fiery virtuosity" and "consummate

performances, Jang has been performing with top Korean orchestras since the age of nine.

The concerts will be held 7:30 pm Saturday, November 17 and 2:00 pm Sunday, November 18 at Five Flags Theater, downtown Dubuque. Intriligator will also present a free pre-concert lecture in the Five Flags Theater on Sunday, October 14 at 1:00pm. Tickets (\$18-87) are available through the Five Flags Box Office, www.dubuquesymphony.org, or through the Dubuque Symphony Orchestra app available as a free download in the App store and Google Play. Discounted \$8 student tickets will be on sale at the theater ticket counter one hour prior to each performance (based on availability); please be prepared to show student ID.

Pick 3 and pick 4 season ticket packages are still available at the DSO office. Call 563-557-1677 or visit dubuquesymphony.org.

This concert is made possible by the generous support of co-sponsors Dubuque Ob/Gyn and Midwifery & Jim and Jean Gantz.

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If a man does not make new acquaintances as he advances through life, he will soon find himself alone. A man should keep his friendships in constant repair.

—Samuel Johnson



on air

NOVEMBER 17-18

Violinist YooJin Jang featured in "Autumn" & "Winter" of Vivaldi's Four Seasons. An evening serenade & nocturne paint a beautiful sunset image. Thrilling brass pieces are guaranteed to raise the roof!

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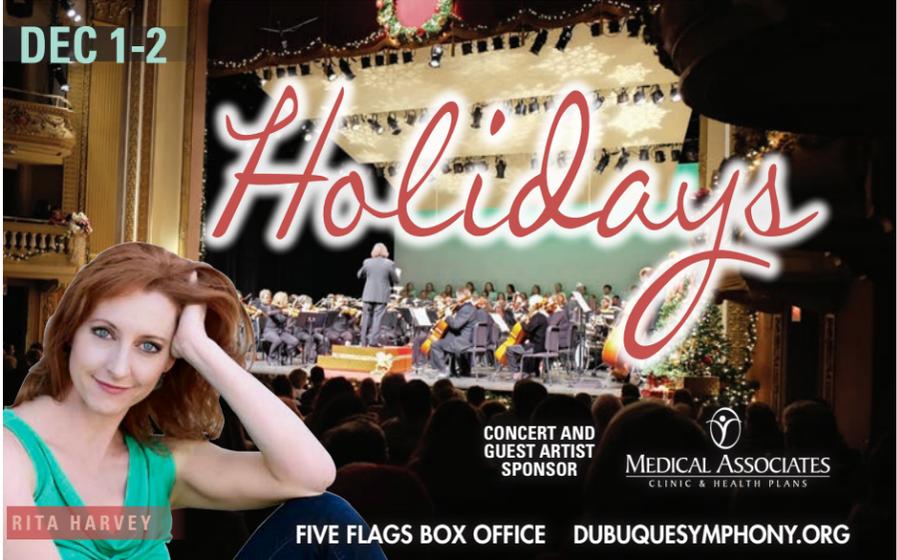
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—Helen Rowland

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Liz Lynch is back by popular demand.

The following stories were written
by Liz at age 92 as she reminisced
about the early days in her life.

Getting into our attic was in itself an adventure. We had to climb up a six-foot ladder that had its base on the floor of the girl's ten-foot square clothes closet. We squeezed into the closet brushing clothes aside, then climbed the six-rungged ladder to a platform that had footing to angle into this large open attic.

Wonderful things were stored in our attic. Only one half of the attic was floored. The open rafters were showing through the rest.

In the open rafter half of the attic there was the upper top of an old stove with the sliding warming spaces. John and I managed to walk on the rafters when we used this old stove as our library. We stored magazines and pictures that we admired. We were mighty careful not to miss our step and find our feet dangling down through the bedroom ceiling below.

A real treasure in the attic were two khaki woolen uniforms, leggings, helmets and guns left by our cousin Edmond McCann when he returned from France after World War I. We played war in the attic since we were never allowed to take those uniforms out of the attic. We always played until the enemy was destroyed.

All our empty gallon, two-quart, quart and pint jars were stored in the attic. My mother thought the jars would get moldy if they were stored in the cellar. Many large framed relatives' pictures stood in rows on one side. Trunks and wooden boxes stored off season clothing. The two and a half foot window was our only light, so we only used the attic in the daytime.

The years supply of Lewis Lye Soap was carried in dishpans to dry in the attic. An old bed sheet held the large pieces of soap to dry for months before it got hard enough to handle.

One day my sister Anne and I explored the attic while we were home alone. We found an old rope trundle bed that Pa had bought at an auction and never used. We worked a long time trying to put it together.

Anne decided the pieces weren't all there. So we pried the attic windows open and threw the pieces onto to the roof of the porch below. We hauled them across the road into a deep ditch. About a month later Mama decided to put the old bed together. It wasn't easy to angle our way around the fact that we had thrown the bed out without asking permission.

We seldom used the attic as it was so cold in the winter and so hot in the summer.



- Feeling pressed by ever-increasing postage rates? Well, consider this: To send mail by Pony Express originally cost \$5 per ounce — the equivalent of more than \$150 in today's dollars.

- It was 17th-century French author Francois de La Rochefoucauld who made the following sage observation: "Some people with great virtues are disagreeable, while others with great vices are delightful."

- If you wanted to dig to the center of the earth, you'd have to go down about 4,000 miles.

- If you're a fan of fishing, here's a cautionary tale regarding the weather: A 48-year-old Colombian man named Felipe Ortiz (for reasons unknown) decided to go out fishing in a raging storm. He cast his line into a strong wind, but the line blew back and caused the baited hook to lodge in his throat, killing him.

- Are you a dipsomaniac? The root of the word is from the Greek "dipso," meaning "thirst" — and we're all familiar with the "mania" part. "Dipsomaniac" is just a fancy name for a drunk.

- At one time the game of checkers was known as "chess for ladies."

- Unless you're a professional dairy farmer who milks cows on a daily basis, it's unlikely that you're aware of the fact that it takes, on average, 350 squirts to get a gallon of milk.

- Jewelry lovers, pay attention: Oysters aren't the only creatures with the capability to make pearls. Pearls can come from any mollusk that makes a shell, including mussels, clams, conchs and even land snails.

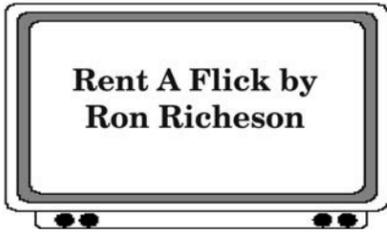
•••

Thought for the Day: "I like an escalator because an escalator can never break, it can only become stairs. There would never be an escalator temporarily out of order sign, only an escalator temporarily stairs. Sorry for the convenience." — *Mitch Hedberg*

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*To me a lush carpet of pine needles or spongy grass
is more welcome than the most luxurious Persian rug.*

—Helen Keller



Ocean's 8

Ocean's 8 is a super complex heist film starring Sandra Bullock, Cate Blanchett, Rihanna, Anne Hathaway, Sara Paulson, Mindy Kaling, Awkwafina, and Helena Bonham Carter. While some of the names may not be familiar, the most important thing to notice is that all the participants in the upcoming theft are female.

Sandra Bullock is Debbie Ocean, Danny Ocean's sister (Danny was played by George Clooney in earlier Ocean films). The opening scene shows Debbie in orange prison garb promising to change her life if she is paroled. That promise is short lived.

What makes Ocean's 8 so fascinating is watching Debbie

recruit the players and then use their different areas of expertise to make her diamond heist work. To say that Debbie is good at what she does would be an understatement. Debbie thrives in this environment. Whether it is shoplifting or planning a major robbery, this is her comfort zone and it shows.

Debbie has her eyes focused on a necklace that is worth 150 million dollars and is scheduled to be worn at the upcoming ball at the Met Gala, which means it has to be stolen while a person is wearing it.

Ocean's 8 was so much fun to watch and it has a twist in the ending that we don't see coming. Debbie Ocean, it seems, is several steps ahead of us.

This film is rated PG-13 and is available at most Redbox locations.

Contract Bridge

by Steve Becker



Lay That Pistol Down

South dealer. Both sides vulnerable.

NORTH

♠ 7 4
♥ K 7 5 3
♦ A Q 10 9 5
♣ K 6

WEST

♠ K 10 8 6 3
♥ A 8 4
♦ 7 2
♣ J 9 2

EAST

♠ J 9 2
♥ 10 9 6
♦ K 6 4
♣ Q 7 5 3

SOUTH

♠ A Q 5
♥ Q J 2
♦ J 8 3
♣ A 10 8 4

The bidding:

South	West	North	East
1 ♣	Pass	1 ♦	Pass
1 NT	Pass	3 NT	

Opening lead — six of spades.

If someone is aiming a gun at your head, it is a good idea — as a matter of self-preservation — to disarm him if you can safely do so.

An analogous situation arises at the bridge table when a particular opponent threatens your chances of making the contract. In such a circumstance, you should do whatever you can to eliminate the threat.

Take this case where you are in three notrump and West leads a spade. You win East's jack with

the queen, and it is obvious that the contract is ice-cold if West has the king of diamonds. In that case, repeated finesses will overcome the king, and you will finish with 11 or 12 tricks.

But if you start out by attacking diamonds and East has the king, there is a real danger that a spade return will ultimately do you in. This could easily happen if West started with five or six spades and the ace of hearts.

Once you recognize the threat posed by West, it is not difficult to find the appropriate countermeasure. So at trick two you lead the queen or jack of hearts instead of attacking diamonds. This play virtually eliminates all chance of going down.

If West has the ace and takes it, you plan to duck his spade return and win the next one. Now when you take the diamond finesse, you are on safe ground. If the finesse loses, either East will not have a spade to lead (because West started with at least five of them), or East will have a spade to lead (because the spades were originally divided 4-4).

Similarly, if East has the ace of hearts and takes it, you duck his spade return before trying the diamond finesse. Either way, the contract is secured by leading a heart first, effectively disarming West by removing the pistol — the ace of hearts — from his possession before he has a chance to use it against you.

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Join us for our

Christmas Open House

Friday, November 16, 2018, from 10 AM to 2 PM



Shalom Spirituality Center, a sacred space in Dubuque providing classes and workshops from a holistic mind/body/spirit perspective, invites you to enrich your spiritual life this November.

Amazing Mercy: Stories & Songs Of Hope

Saturday, November 3, 7:00PM-8:30PM

Anna Nuzzo, an acclaimed international recording artist known for her consoling music and beautiful prayers songs will be performing with spirituality writer Jeannie Ewing. \$20

LIFT: Life Is Filled (With) Transitions

Tuesdays, November 6, 13, 20, 9:00AM-10:00AM

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Grieving The Loss Of A Loved One: Healing And Hope Through The Holidays

Thursday, November 8, 6:30PM-8:00PM

Time for reflecting on those we grieve, along with sharing ideas for navigating the holiday season without a loved one. Free

Deer Hide Drum Making Workshop

Saturday, November 10, 9:00AM-4:00PM

Making your own drum is a journey that you will remember for the rest of your life.

13-Inch Drum: \$185 / 16-Inch Drum: \$210

Creativity Group: Exploring Painting

Monday, November 12, 6:30PM-8:30PM

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Reading That Matters Book Discussion Group

Tuesday, November 13, 7:00PM-8:30PM

Book: "Carry On: A Story Of Resilience, Redemption, And An Unlikely Family" by Lisa Fenn. \$6

David Haas In Concert

Monday, November 19, 7:00PM-8:30PM

Enjoy a concert with David Haas, who is regarded as one of the most prolific composers in liturgical music today. \$20 Per Person / \$40 For Family Of Up To Four

David Haas Reflection & Retreat Day

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Plant Talk

by Ken Resch



Global Thanksgiving

No one else will do it. No one else *can* do it. The task is ours and ours alone to reject or accept: **Will you join us to help insure a future for those who will arrive long after we've departed?** It is foolish arrogance to believe humanity has not caused a great deal of our environmental problems. Global warming is a reality that to date has borne out all scrutiny suggesting otherwise. We can not wait any longer for governance to pull its head out of the sands of denial; rather, we must do what we personally can do to combat global warming. To that end I've gathered a list of actions we can take to help.

- Reduce, reuse and recycle. Go through everything before you trash it. We can repurpose a lot of "stuff" we toss and we can recycle a lot more than we do. Think before you trash.

- Energy efficiency: buy EF appliances, install LED lights, change furnace filters, use a programable thermostat, turn off lights, turn off electronics and turn off those tiny "glowing" lights all of us see still on when we go to bed.

- Wrap water heater, insulate exposed pipes, use cloth towels instead of paper, get a home energy audit done at no cost from Black Hills Energy.

- Download Earth Saving Apps: Kil-Ur-Watts and Wiser EMS help calculate your energy costs and provide tools and ideas to save energy and money.

- Conserve water by using 1.5 GPM shower heads, use faucet aerators, simply use less water by not letting it run. We DO NOT have an infinite amount of clean water!

- Lower the temperature for heat and raise it for air

conditioning. Install ceiling fans to circulate both cooled and heated air. Remember: counter clockwise for summer and clockwise for winter.

- Reduce red meat consumption so fewer cattle need to be raised and methane gas will decrease. Eat more veggies instead of meat. Peanut butter and jelly forever!

- PLASTICS! YIKES! The world is inundated with plastic waste that will not degrade for centuries. We can reduce plastic refuse with reusable shopping bags and also advocating for the return of paper bags. If we must have waste, at least be able to recycle it.

- Make demands of our legislators to invest in more ways to recycle our waste. Norway burns nearly all of its trash and from that energy creates electricity—so much that it's about to sell the excess to the United Kingdom!

I write these columns about the natural world and long before humans left their carbon footprints nature was handling the environment. We clearly have caused the imbalance but we can help in the restoration of our environment. Let's do the obvious and plant trees! A well-cared for tree will absorb nearly one ton of carbon dioxide in its lifetime. Planting a tree is the act we can do that will make the biggest impact on our personal efforts to mitigate global warming. Imagine if every person in Dubuque planted a tree. Yes, there is more than enough room to plant 50,00 or more trees in our immediate area.

Finally, take a stand and get involved with Trees Forever. There is no cost; rather we become "tree advocates" for our communities. I've worked with Trees Forever nearly 25 years and can attest to the fantastic work they do with communities all across Iowa. Here's their web site <http://www.treesforever.org/> – check it out. Now, plan where your next or first tree will go!

It was as true...as taxes is. And nothing's truer than them.

—Charles Dickens

The Garden Bug



The lotus in ancient Egypt

The lotus flower flourishes along the Nile and opens its large petals with the rising of the sun. To the ancient Egyptians it represented the sun because it banished darkness. The blue lotus was the sacred flower of Hathor, the cow goddess of magic, fertility and healing, representing her powers of healing and regeneration. Nefertem, the god of healing, was often depicted with a large lotus blossom forming his crown.

Source: www.ancientpages.com

- Brenda Weaver



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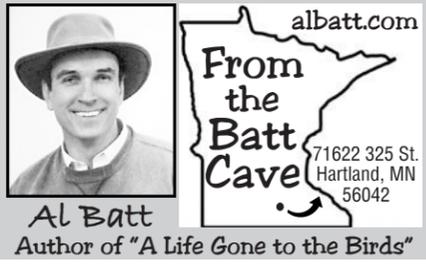
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Fall is one of my six or seven favorite seasons

If you want to put your tongue on any outdoor metal surfaces, you'd better do it soon. Frost is lurking.

There is a blues song that says when the mind is on vacation, the mouth works overtime. That's why I talk to myself when I can't find something.

It's not a huge problem for me, but everyone misplaces things. I try to be organized. A place for everything and everything in its place.

I like shirts that have pockets. One is good. Two is great. I need pockets — places to put stuff. Notebook, pen, business cards — everything but money. We carry the world in our pockets. We have become walking computers. Strolling communication centers. Meandering offices of information technology. We put technology in its place — a pocket.

My father favored bib overalls — an early version of cargo pants. Dad believed you could never have too many pockets and he was a smart guy even though he insisted on watching roller derby on TV. Pro wrestling on roller skates.

Like father, like son, except for the part about watching roller derby on TV. I own a man purse instead of bib overalls. It may be a glorified messenger bag or a diminished knapsack, but it's another wrench in my toolbox.

My man purse provides familiar terrain. I strive to have things meticulously stowed in the right places. It gives me a sense of being organized. No one enjoys misplacing things. I recall a college chum who prayed to Saint Anthony (the Patron Saint for lost articles), "Tony, Tony, look around. Something's lost and must be found."

Fall is like my man purse, except everything in my man purse isn't pumpkin-flavored. They both contain many things and I never know what I'm going to find.

Some seasons, not to mention any names other than summer and winter, tend to stay in the way. They're like getting by a Winnebago on a winding gravel road. Summer spills into fall at one end and winter does the

same at the other. Summer and winter have faulty brakes and aren't always able to stop when they should. This can turn autumn into a screen test for winter. Too hot? Too cold? There will be days when fall will fix that. Fall clouds over and under. Cloudy and foggy.

I'm thrilled by nature's color scheme. My favorite color might be autumn, although spring green is nice. I enjoy the fall leaf colors. When leaves are falling, autumn is calling. One leaf falls and invites 200,000 of its friends to join it. If money grew on trees, we'd be raking it in. Here is a little known fact. Most leaves are named Leif. Each autumn, I decide whether I should rake the leaves or move. My favorite leaves are those that blow into the neighbor's yard. Chipmunks with cheeks stuffed with leaves for their nests look like Dizzy Gillespie. Someone wrote that you can't see the wind. Fallen leaves move with the wind, proving that wrong.

The garden winds down. There are giant peanuts in it. Butternut squash. I pulled a carrot that resembled Richard Nixon. I harvested a tomato that mirrored me, only it was more intelligent looking.

Corn becomes all ears. Corn plants give farmers the best ears of their lives. I'll ask a neighbor where a soybean field has bean all my life.

Mice enter the house to play hide-and-go-squeak. They need a crack as large as a squeak to get in. Fall is a time to skim ice off the dog's outside water dish. When you need do that to the dish inside, it's winter.

Many hands outside of baseball become gloved. I checked to make sure the zipper on my jacket works. I'll put on a sweatshirt. I won't remember to hang onto the cuffs of the long-sleeved shirt I'm wearing under it, so the sweatshirt will pull the cuffs up over my elbows. This will cause me to walk like a zombie face first into a spiderweb the size of a Buick, making me appear to be dancing a weird version of the Twist that would make Chubby Checker shudder in disgust.

This year's lawn will be mowed for the last time. The mower is somewhere under all those leaves.

I love fall. I can trip and still have a nice fall. Every fall has a short story. I wish it were a novel. I hope Mother Nature falls asleep at the switch and lets fall exceed its allotted time.

Happy fall, y'all! Release the pumpkin spice!

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Nature will bear the closest inspection. She invites us to lay our eye level with her smallest leaf, and take an insect view of its plain.

—Henry David Thoreau

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8/18 CW

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KOVELS® Antiques & Collecting

By Terry and Kim Kovel

Racehorse Weathervane

The recent hurricane and flooding in the Carolinas show how important weather, rain and wind are to everyday life, both now and in the distant past. Weathervanes told the direction of the wind and aided in forecasting the weather. The earliest known weathervane was used as early as 48 B.C. in Greece. It was in the shape of a god: half man, half fish.

The first American weathervane was used in Albany, New York, in 1656. The best-known early weathervane is the rooster put on a Boston building in 1742. During the mid-1700s, makers created weathervanes in many shapes, including a Native American, banner, rooster and even a dove of peace for President George Washington's home in Mt. Vernon. By the 1800s, weathervanes were featured on many roofs as decorations as well as useful additions. The Goddess Liberty and the American eagle were new designs celebrating the new country. But another favored design was a reminder of a popular sport, the racehorse.

Today, collectors want the factory-made metal weathervanes of the past or the antique flat folk-art copies made from sheet metal. It took \$18,150 to buy this Fiske & Co. "American Girl" horse and sulky molded copper weathervane at a James Julia auction. Like many weathervanes, it has a bullet hole made when someone used it for target practice. The weathervane honored a famous thoroughbred that raced from 1868 to 1875. She died in the middle of an important race. The racetrack built a statue of the horse, and the country remembered American Girl as a horse who tried her best in every race.

Q: My friend has her floor-model Enterprise coffee grinder for

To Your Good Health from Pg. 18 on what the culture shows, you might benefit from itraconazole, an oral antifungal agent.

Dr. Roach regrets that he is unable to answer individual letters, but will incorporate them in the



This late 19th-century weathervane is a full-bodied horse with a cast zinc head and a sulky driver with cast head and boots. It was made by Fiske & Co. The 45-inch-long vane sold for over \$18,000.

sale for \$600, and I want to know how much it's worth. Is she too high or too low on price? It's in good shape.

A: Enterprise Manufacturing Co. was founded in Philadelphia in 1864. The company's 1904 catalog of "patented hardware specialties" included kitchen utensils like grinders and choppers, apple peelers, cheese knives, cherry pitters, graters, jelly presses, raisin seeders, sad irons and slaw cutters, as well as banks, bung-hole borers, faucets, flag holders, lawn sprinklers, tobacco cutters, traps and more. The company was sold to Silex in 1955. Enterprise's floor-model coffee grinders were made in several sizes. The value of your friend's model depends on condition and size. They usually sell for \$500 to over \$1,000.

••• CURRENT PRICES

Planter, Abingdon, yellow, sprigs, boat shape, reeded, scroll ends, c. 1945, 4 x 9 inches, \$20.

ABC plate, "Mary Had A Little Lamb" nursery rhyme, embossed, tin, c. 1885, 8 inches, \$75.

Boot sole, aluminum, cleats, rivet holes on rim, Overland Shoe Co., marked, c. 1916, 10 inches, \$165.

Captain Marvel ring, compass, rocket raider, lighting bolt, brass, enamel, adjustable, c. 1946, \$253.

TIP: Never display a stuffed trophy in bright sunlight. Feathers and hair become stiff and brittle, and colors fade.

•••
For more collecting news, tips and resources, visit www.Kovels.com

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column whenever possible. Readers may email questions to ToYourGoodHealth@med.cornell.edu. To view and order health pamphlets, visit www.rbmamall.com, or write to Good Health, 628 Virginia Drive, Orlando, FL 32803.

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Whenever I hear anyone arguing for slavery,
I feel a strong impulse to see it tried on him personally.

—Abraham Lincoln

An idea is a point of departure and no more.
As soon as you elaborate it, it becomes transformed by thought.

—Pablo Picasso

VETERANS ★ POST ★

by Freddy Groves

New Steps to an Appeal

The Department of Veterans Affairs reached a big goal two weeks early in September: It delivered 81,000 appeals decisions for fiscal 2018. That's 28,000 more decisions on services and disability benefits than it cleared last year. The VA already has hired nearly 200 attorneys and plans to hire 30 more as it implements the *Veterans Appeals Improvement and Modernization Act of 2017*.

There's a lot to know.

If you disagreed with your original claim decision, you have three choices, per the Act: A higher-level review, where you jump up to another decision-making body; a supplemental claim, where new evidence is submitted; or an appeal (Notice of Disagreement) to the board.

If you appeal directly to the board, there are three directions to take: direct review

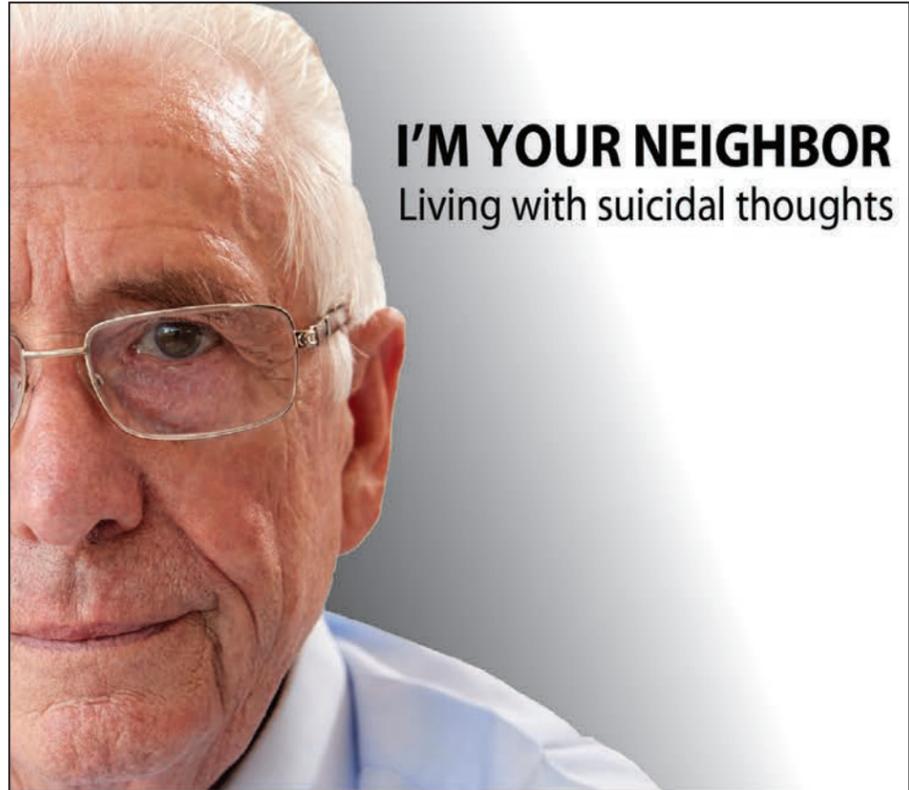
docket, evidence docket and hearing docket. Do you know the difference? This is when having an attorney can help. In the direct review, no new evidence is submitted. In the evidence docket, new evidence is sent. In the hearing docket, new evidence also is introduced.

On the VA.gov blog website there is a chart with the above information, cleverly identified as *Simplified Process Gives Veterans Clear Choices*. Clear as mud, no?

If you want to learn more about what the Board of Veterans' Appeals does, go online to www.bva.va.gov. Click the tiny images for expanded information. You'll find sections on what the Board does, what the appeals modernization actually is and how to monitor the status of your appeal.

To check your status, you'll need to sign in using the DS Logon (ID issued by the DOD), your HealtheVet account or your ID.me account. You can create an ID.me account using your HealtheVet account, or Facebook or Google, or even an AARP account. Think carefully before you use any of these last three.

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2. U.S. PRESIDENTS: Which president was associated with the Four Freedoms?
3. GEOLOGY: What color is the mineral malachite?
4. GEOGRAPHY: Where are the Diomed Islands located?
5. MATH: How many sides does a decagon have?
6. SPORTS: What sport involves terms such as kickflip, Caballerial and Ollie north?
7. LITERATURE: Which of Ernest Hemingway's novels had the working title "Fiesta"?
8. GENERAL KNOWLEDGE: Where did the peach tree likely originate?
9. LANGUAGE: How many vowels are on the middle row of a standard keyboard?
10. ENTERTAINERS: What was singer Michael Jackson's middle name?

Answers

1. "A Little Night Music"
2. President Franklin Roosevelt
3. Green
4. Bering Strait
5. 10
6. Skateboarding
7. "The Sun Also Rises"
8. China
9. One: A
10. Joseph

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Any donations to the live or silent auction, your attendance at the benefit, and any monetary donations are greatly appreciated by Hannah and her family.

We look forward to gathering together to celebrate how far Hannah's recovery has come and to help secure her future of at-home recovery.

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Memories Passed On (As told to my grandson Maury)

by Jerry Eberhardt (1924-2017)

The Best Of Jerry

This Pigeon Left a "Calling Card"!

Maury, what Grandpa's about to relate to you in this memory is still hard to believe happened to me, but as "certain as God made green apples, the earth is round and death and taxes, it did"! Before Grandpa describes this incident, I believe Las Vegas bookies would find it extremely difficult to determine the odds of this happening to anyone!

One beautiful summer day, I was enjoying the view of Alverno's scenic grounds from a reclining lawn chair on my deck while listening to a broadcast of the White Sox game. I just happened to look up at the sky when I saw a pigeon flying overhead at an elevation of about sixty to eighty feet.

Then it happened – at first I didn't believe what I saw! There right on my lap was this moist,



Jerry Eberhardt with grandson, Maury Cohn

black, white and gray pigeon "droppings" about the size of an extra large silver dollar! Maury, what would you say the odds are of this occurring to anyone!

A short time later, reflecting on this bizarre incident, I became thankful that it landed where it did and not in my eyes or on my face! Or that "The Cow Jumped Over the Moon" is only a fairy tale and cows cannot really fly! (There's always something to be thankful for if you're an optimist!)

Hope you enjoyed this.
Much love, Grandpa

Invasive Pests from Pg. 15

compost pile, it could lead to a new fruit fly outbreak that could cost the United States millions of dollars.

Before mailing that package of fruits, vegetables, seeds, plants, soils or plant-based handicrafts, remember these tips to keep invasive pests from spreading:

- Check if you're in a location that restricts the movement of the agricultural item you plan to ship. You may

be in an area that is under federal or state quarantine for an invasive pest. Go to the "Pest Tracker" at HungryPests.com to see quarantine areas.

- Hawaii and Puerto Rico have their own restrictions on what can be mailed to the U.S. mainland. Visit "Traveler Information" at the USDA's website.

- Before you ship or receive such items from foreign countries (including packages from family and friends),

contact your USDA office to see if it's eligible for entry (even if you've shipped or received it before). You could face a fine if you send prohibited items through the mail.

- Expecting a package through an online purchase? Don't assume items from foreign retailers are safe or legal to import. Shippers may not be aware of U.S. regulations regarding restricted items or care about your liability as the importer. Visit "Imports" at the USDA's website.

- If an item is seized by U.S. Customs and Border Protection, make sure it's not sent again. If you purchased it from a foreign vendor, ask

for your money back and don't accept the vendor's offer to replace the confiscated item.

Mailing agricultural products is not the same as carrying them with you across an international border or through customs at an international airport, as different procedures may apply. Visit www.aphis.usda.gov/travel to learn more.

We each play an important role in keeping our packages pest-free. Whether you're mailing agricultural items to others or having them shipped on your behalf, take care to follow these reminders, so invasive species don't spread.

Learn more at www.HungryPests.com.

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SPORTS COMMENT

by Gary Dolphin

V.P. **usbank** – Business Development and Voice of the Iowa Hawkeyes

From Where I Sit

Back to back road wins at Minnesota and Indiana and a dominating performance by all three phases Saturday in a shut out of Maryland has Iowa football in a good spot right now. There are extremely difficult back to back road games ahead with Penn State and Purdue, but with a top five ranked defense hitting on all cylinders and an offense averaging thirty seven points during this three game win streak, the Hawks are playing with plenty of confidence.

Junior quarterback Nathan Stanley has thrown sixteen touchdown passes, fifteen during this run. The Hawkeye running game rumbled for a season high 224 yards against Maryland and the offensive line has given up only six sacks, a Big Ten best this season, allowing young receivers to grow with Stanley, perhaps quicker than expected.

Special teams have had their moments as well, including Clayton Ridge's Colten Rastetter, who's rugby style punting averaged 45 yards against the Terrapins on a blustery afternoon in Kinnick Stadium. The defense held Maryland to 115 yards of total offense and only 39 plays, the fewest ever allowed in the Kirk Ferentz era. Iowa enjoyed twenty more minutes of ball

possession and for the first time since 2006, did not draw a penalty flag. I'd say this team has hit its stride. The challenge now is to keep it going.

Iowa basketball tips off in a couple weeks. Coach Fran McCaffery and the Hawkeyes are anxious to atone for last seasons 14-19 record and should be able to flip that and then some, what with every key player returning, led by star guard Jordan Bohannon and power forward Tyler Cook. Sophomore Luka Garza had a spectacular first year and Wahlert product Cordell Pemsil has had a physical transformation of his 6'8", 240 pound frame. Cordell is working hard on that mid range, fifteen to eighteen foot jump shot.

Newcomers Joe Weiscamp, the Iowa player of the year, and Kentucky player of the year, C.J. Frederick, add perimeter shooting firepower and good size at 6'6" and 6'4".

Scoring won't be the Hawkeye's problem. Improving significantly on defense, especially guarding the ball is priority number one. The Big Ten goes to a twenty game conference schedule this winter in an effort to strengthen RPI's and get more league teams into post season. Iowa should be one of those that joins the dance in March.



by Chris Richcreek

1. In 2017, the Angels' Mike Trout became the fourth player in American League history to hit 20-plus home runs six times before turning 26 years old. Name two of the three others.
2. The New York Yankees' C.C. Sabathia, in 2017, became the fourth left-hander to strike out at least 2,800 batters. Who are the other three?
3. In 2017, Atlanta QB Matt Ryan became the first NFL quarterback to toss three touchdown passes in four consecutive playoff games. Name three of the five others tied at three games.

4. When was the last time before 2018 that the University of Virginia's men's basketball team beat the Blue Devils at Duke's Cameron Indoor Stadium?
5. Chris Kunitz won three Stanley Cups with the Pittsburgh Penguins (2009, '16, '17). With which team did he win his first Stanley Cup?
6. Who was the first American male to win gold medals at three separate Winter Olympics?
7. Name the only female golfer to make the cut at a PGA Tour event.

Answers

1. Mickey Mantle, Alex Rodriguez and Tony Conigliaro.
2. Randy Johnson (4,875 strikeouts), Steve Carlton (4,136) and Mickey Lohm (2,832).
3. Tom Brady, Joe Flacco, Bernie Kosar, Aaron Rodgers and Kurt Warner.
4. It was 1995.
5. Anaheim, in 2007.
6. Shaun White.
7. Babe Didrikson Zaharias, in 1945.

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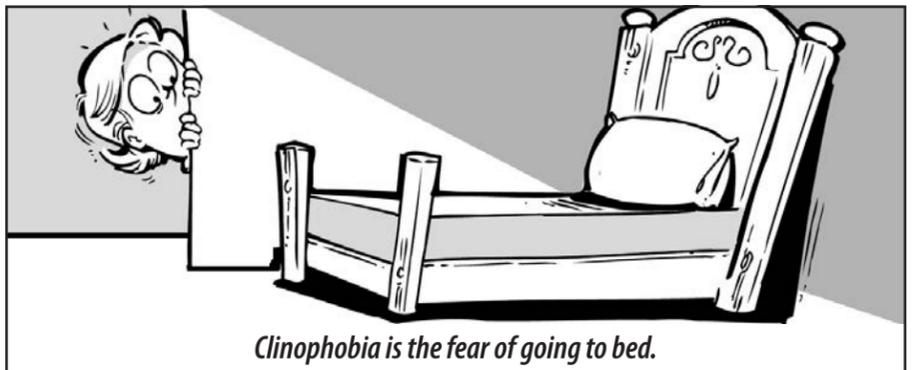
Callahan Promotions, Inc., 563-652-4529

Turkey Day

The Women of St. Paul will have which will include a rummage sale, specialty items sale, baked goods sale, and lunch on **Saturday, November 3, 2018 • 8 am – 1 pm** at **St. Paul Lutheran Church, 2025 Jackson Street, Dubuque**

The menu includes: homemade turkey and dressing sandwiches, homemade pies, and beverages. Carry out is available. We have something for everyone and the best prices in town at our rummage sale—clothing for newborn through adult, shoes, books, housewares, Christmas decorations, etc.

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Clinophobia is the fear of going to bed.



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Radio
 from the
 20th Century

by Bill Zwack

The Silver Eagle which I remember so well, delighted kids of the early 1950's, bringing the untamed northwest into living rooms twice a week just after supertime. It premiered from Chicago, July 5, 1951, with Jim Ameche starring as Jim West; the famed "silver eagle," whose eagle-feather arrow was his trademark.

at a sitting, who could batter doors with his fists and crush a man's neck between his fingers. Joe slurred his words in realistic bursts of dialogue, mixing "sacrebleu" and "sonobagun" in the same sentence and constantly referring to West as "mon ami." Keeping with the image, Jack Lester, who played the role, was billed as "Jacques Lestair." The part was also played by Michael Romano. Bill O'Connor announced and narrated the stories. The series ran on ABC until March 10, 1955, opening to the howling wolves and winds of the wild north: "a cry of the wild...a trail of danger...a scarlet rider of the northwest mounted, serving justice with the swiftness of an arrow...The Silver Eagle!"

Sponsored by General Mills, *Silver Eagle* was cast in the *Sergeant Preston* mold, produced by James Jewell (long time associate of Preston producer, George W. Trendle) and is generally considered the last of the great juvenile shows. Like *Preston*, the *Silver Eagle* was a persistent tracker of criminals and lawbreakers. Widely known for never giving up on a case, Jim West was assisted by a giant sidekick, Joe Bideaux, who helped carry the show. To the vivid 10-year-old mind, Joe Bideaux was a unwashed "superman," a towering Canadian of French ancestry who ate three steaks

For the series approximately 4 year run on radio, there is only one episode that is known to exist. Tune in to 1370 KDTH's *Big Broadcast* on Sunday nights from 6 to midnight and you might hear the call of the wild — *The Silver Eagle*.

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March 15, 1920 **Down Memory Lane** **March 15, 1920**

Exerpts From The Pages Of "Brunswick Record"
 A Newsletter Of The Brunswick-Balke-Collender Company



First Aid Room. The Brunswick Hospital and Free Medical Dispensary. Miss E. M. Heer – "the popular Brunswick nurse"

Brunswick-Balke-Collender Company

We received a collection of the *Brunswick Record* from a classmate of ours, John Rogan, whose grandmother, Mary "Maizie" Rogan, worked for Brunswick, which was located at the present site of Flexsteel Industries in the 3400 block of Jackson Street in Dubuque. The plant was built in 1911 and closed in December 1931.



Dupaco Thank Use from Pg. 16 share that success with our member/owners.”

An active share draft checking account was required to unlock the payout.

The average dividend this year was \$53. Dupaco has paid directly to member/owners nearly \$9 million in Thank Use participation dividends since the program launched in 2016. The credit union is making plans for a 2019 Thank Use participation dividend for members.

Members can view their dividends by logging into Dupaco’s Shine Online Banking.

Dupaco continuously seeks to enhance value for its 111,000 member-owners, according to Klavitter. The cooperative achieves this in a variety of ways, including product, service and technology enhancements; branch convenience; staff expertise and service; higher savings rates; lower loan rates

and fees, and more.

Learn more about the campaign at dupaco.com/ThankUse.

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Be sure to check the Web site TheGoldenViewonline.com



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 Criss Cross Computers
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 References available

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Also Appearing At: DeWitt (Nov. 23), Cedar Falls (Nov. 24), Coralville (Nov. 25), Anamosa (Dec. 1), Monticello (Dec. 2), Cedar Rapids (Dec. 9), Ottumwa (Dec. 15), Des Moines (Dec. 16)

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If you have an item and you would like to know what it is worth, send digital pictures with a brief description to paulhconnor@gmail.com, make an appointment to visit 201 North Commerce Street, Galena, IL 61036, or call 563-543-5201.

“Woodie”



Scale models continue to enjoy interest on eBay. This model was made by the Danbury Mint and was made for the collector's market and not as a toy. Our model is of a 1953

Buick Estate Wagon and is affectionately called a “Woodie” by owners of both the real thing and models of it. This model sold recently, after active bidding on eBay, for \$150.07.

Amber Waves

by Dave T. Phipps



R.F.D.

by Mike Marland



The Spats

by Jeff Pickering



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<p>Veteran's Freedom Center 2245 Kerper Blvd., Suite 1 Ph: 563-845-0034 facebook: Veterans Freedom Center</p>	<p>A&B Automotive Center Key West Drive – Will Pick up & drop off at your work Ph: 563-583-3575</p>	<p>JERRY'S Pawn & Jewelry 1599 Central Avenue Dubuque, IA 52001 Ph: 563-583-0657</p>	<p>Knickers Saloon 22nd & Central Now Great Home Made Pizza</p>

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Good Housekeeping

Corned Beef Hash and Eggs

- 1 tablespoon margarine or butter
- 1 large red pepper, chopped
- 1 large onion, chopped
- 4 cups (about half 32-ounce package) frozen hash brown potatoes (Southern style)
- 8 ounces deli corned beef in 1 piece, cut into 1/2-inch chunks (about 2 cups)
- 4 large eggs
- 1/8 teaspoon salt
- 1/8 teaspoon ground black pepper

1. In nonstick 12-inch skillet, melt margarine over medium-high heat. Add red pepper and onion and cook 10 minutes or until vegetables are tender,

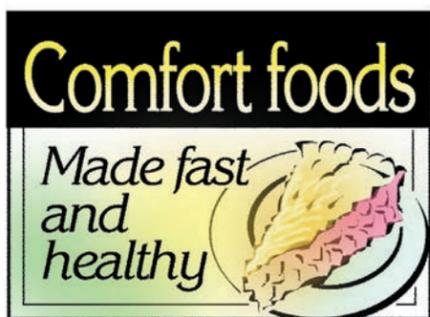
stirring often. Stir in frozen hash browns and corned beef; cook 10 minutes or until hash browns are lightly browned. Spread hash evenly in skillet. Reduce heat to medium-low.

2. One at a time, break eggs into cup and slip into skillet on top of hash. Sprinkle eggs with salt and black pepper. Cover skillet and cook 5 to 8 minutes or until eggs are set or cooked to desired doneness.

• Each serving: About 450 calories, 20g total fat (6g saturated), 268mg cholesterol, 865mg sodium, 47g total carbohydrate, 5g dietary fiber, 22g protein.

For thousands of triple-tested recipes, visit our Web site at www.goodhousekeeping.com/recipes/.

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by Healthy Exchanges Pork 'n' Apricots

Two of our favorite fall flavors are pork and sweet potatoes. This recipe gives you both, with an added bonus of sweet apricots.

- 4 (4-ounce) lean pork tenderloins or cutlets
- 2 1/2 cups (12 ounces) diced cooked sweet potatoes
- 1/8 teaspoon nutmeg
- 1 (15-ounce) can apricot halves, packed in fruit juice, drained and 1/3 cup liquid reserved

1. Heat oven to 350 F. Spray an 8-by-8-inch baking dish with butter-flavored cooking spray.

2. In a large skillet sprayed with butter-flavored cooking spray, lightly brown meat on both sides. Place browned meat in prepared baking dish.

3. Evenly sprinkle sweet potatoes over meat. Lightly sprinkle with nutmeg. Arrange apricot halves over sweet potatoes. Drizzle reserved apricot juice over top. Bake for 25 minutes.

4. Place baking dish on a wire rack and let set for 5 minutes. Serves 4.

• Each serving equals: 227 calories, 3g fat, 20g protein, 30g carbs, 77mg sodium, 49mg calcium, 4g fiber; Diabetic Exchanges: 2 Protein, 1 Starch, 1 Fruit; Carb Choices: 2.

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Cremers's Cooking Tips

Simple Perfect Roasted Turkey

- 14-16 pound Fresh Amish Turkey
- 1/2 cup softened butter
- Package of Cremers's Rub Me Tender Seasoning
- 2 stalks of celery and 2 carrots
- 1 1/2 quarts turkey or chicken stock

Preheat oven to 325 degrees F. Rinse turkey with cold water, pat dry with paper towel. Place celery and carrots in cavity of turkey. Rub skin with butter and season with Rub Me Tender. Pour stock into roasting pan. Cover turkey with lid or foil tent. Roast until the popper thermometer pops or meat thermometer inserted into the

deep thigh reaches 180 degrees F or about 3 1/2 - 4 hrs. General rule for Fresh Turkeys 15 mins per pound.

This simple recipe will give you a tasty turkey.

*** **Simple Turkey Tips** ***
When you start with an Amish Fresh Turkey, you are well on your way to simplifying the big day. (1) No concern of where you are going to defrost a frozen turkey not to mention any concerns of the mess and safety. (2) We strongly feel that by cooking your stuffing in the cavity

Ohnward
FINE ARTS CENTER
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Classical Blast!
Dark Side of the Yule
Saturday, Nov. 17, 2018 • 7PM

Classical Blast, based out of the Chicago area, is wildly popular for their innovative new arrangements of classic rock tunes performed on a mix of classical and rock instruments. The band has opened concerts for Joan Jett, Michael McDonald, ELO-The Orchestra, Rik Emmet, Burton Cummings and many other National Acts. Their unique mix of classical and contemporary is captivating, powerful and beautiful.

NOW they've adding Christmas to the mix with their Dark Side of the Yule album and full concert show, with special guest vocalist, Laura McDonald. This is not your typical Christmas concert! "Dark Side of the Yule" combines classic rock and Christmas in ways you've never heard before. Medieval holiday music like Coventry Carol mashed with Pink Floyd's 'Great Gig in the Sky,' or a new spin on Gabriel's Message. Amazing Grace melds with Leonard Cohen's 'Hallelujah,' Silent Night seamlessly blurs into Simon & Garfunkel's 'Sound of Silence,' while Tchaikovsky's "Dance of the Sugarplum Fairy" flirts with Metallica's "Enter Sandman." Rockin' versions of traditional Christmas, sweetly haunting originals and so much more! Packed with great musical performance and plenty of fun for any age, this is one Christmas show you'll be telling everyone about long after Santa has come and gone!

Tickets: \$22 (in advance) \$25 (at the door).
Students (18 & Under) Tickets: \$13 (in advance) \$15 (at the door)

ELVIS Rock N' Remember Christmas Show
Saturday, Nov. 24, 2018 • 7PM

As seen on Good Morning America, NBC's America's Got Talent, USA Today, Fox News, The Morning Show and many more! Joseph goes through three decades of Elvis hits including some of Elvis' greatest Christmas songs! Recreating the moves, the looks and the sound of Elvis Presley, you'll think you are watching the King himself. A must for all ages to see.

Elvis Presley recorded all types of music, rockabilly, rock n roll, pop, country and he also recorded Christmas music. Elvis's 4th album was his 1st Christmas album recorded in Hollywood during one of his movie shoots. He recorded many of the iconic Christmas songs of the era. It's been said that Christmas was Elvis's favorite time of the year, in fact that Elvis picked out all the Christmas decorations that were used at Graceland and they are still used to this day to decorate the mansion. Joseph has incorporated these songs into a beautiful Holiday set, with the stage decorated to that magical time of year to bring back the memories of that special time of year!

Tickets: \$22 (in advance) \$25 (at the door).
Students (18 & Under) Tickets: \$13 (in advance) \$15 (at the door)

Box Office Open 9 a.m. to 1 p.m. Phone: 563-652-9815
Purchase Tickets online at www.ohnwardfineartscenter.com
Tickets can also be purchased at Osterhaus Pharmacy and the Maquoketa State Bank Main Office.

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of the bird, you are going to increase the cooking time and further the chance of drying out the turkey. Pick up some of Cremers Homemade Pork Sausage Sage Dressing and cook it in separate dish alongside your turkey. (3) We also can simplify and save you some frustration with our very popular Homemade Turkey Gravy.

MAGIC MAZE ● **THINGS WE PASS AROUND**

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 F C A X V S Q O L J H E C A X
 V T R M I C R O P H O N E P N
 L J H F Y D B Y S T T M P T X
 V T R S V P O M M K A I I O G
 E D B Z A X R O R I T H P R W
 U T R Q R E O D L E O N E C N
 L J I G G F D S D C P T C H O
 A Y X W V T A I S R T P A P T
 O N E T A L P W L U O K E J A
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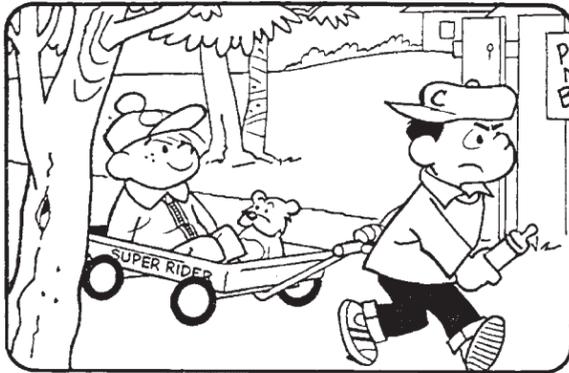
Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

- | | | | |
|--------|------------|------------|---------|
| Baton | Gravy | Peace pipe | The hat |
| Butter | Hot potato | Pepper | Torch |
| Emails | Ideas | Salt | Wisdom |
| Germs | Microphone | The buck | |

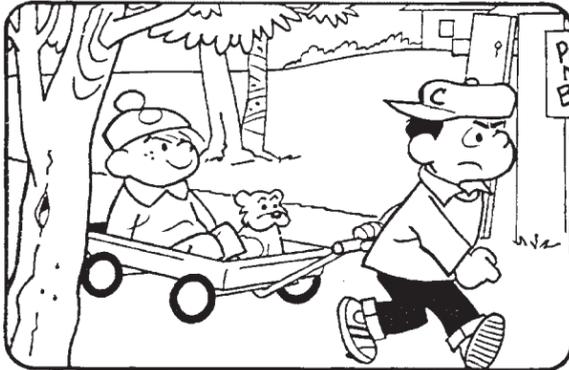
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HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Cap is different. 2. Zipper is missing. 3. Wagon name is missing. 4. Teddy bear is missing. 5. Fence board is missing. 6. Bottle is missing.

GO FIGURE! by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

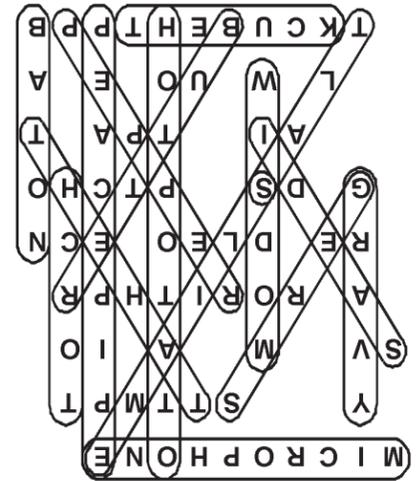
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DIFFICULTY: ★★★

★ Moderate ★★ Difficult
 ★★★ GO FIGURE!

2 3 4 5 6 7 8 9 9

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THINGS WE PASS AROUND

SUDOKU Answer

5	2	1	4	6	8	9	3	7
9	6	3	2	7	5	1	8	4
8	7	4	8	1	6	3	9	2
3	5	6	9	8	7	4	2	1
2	1	4	7	6	8	5	9	3
1	2	9	6	3	4	7	8	5
7	8	7	1	4	8	5	2	3
9	3	8	5	9	6	2	7	1
1	7	2	4	9	5	6	8	3
6	1	5	6	2	7	9	8	4
4	7	8	2	3	8	1	5	6

King Crossword
Answers

Solution time: 25 mins.

D	A	B	P	O	N	D	M	A	G	I	
E	G	O	A	V	O	A	A	B	U	T	
B	O	T	S	W	A	N	A	C	A	R	E
T	O	N	E	R	R	A	T	U	M		
F	L	O	W	E	R	F	A	Q			
R	O	M	D	I	M	N	U	B	I	A	
A	B	E	T	O	U	R	E	O	N	S	
T	O	D	A	Y	M	O	M	T	O	E	
B	O	B	B	A	N	A	N	A			
M	A	N	U	M	I	T	T	I	N		
A	W	O	L	B	O	T	U	L	I	S	M
D	A	D	A	L	I	A	R	S	U	B	
E	Y	E	R	E	L	B	E	T	E	A	

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SUDOKU

by Linda Thistle

9	5	3	2		
3		2		6	1
	7	4	5	8	
	9	3		1	8
8		6	4	9	
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		1	7	3	6
7	6	8			5

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ◆

◆ Moderate ◆◆ Challenging
 ◆◆◆ HOO BOY!

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Go Figure! answers

	10		21		62
22	5	-	9	x	3
	x		+		-
14	7	x	6	-	8
	-		x		x
11	9	+	2	÷	4