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## Dubuque Oktoberfest and Bier Tasting moving to AY McDonald Park

by Tasha Lippold – Oktoberfest Committee



Photo by Digital Dubuque



DUBUQUE, IA— Dubuque Oktoberfest and Bier Tasting will be relocating to A.Y. McDonald Park, Volunteer Dr,

Dubuque, IA after many years at the Port of Dubuque. The event takes place rain or shine under the Tri-State's largest festival tent. "We needed room to expand the festival and add some new events," said Terry Mozena, organizing committee member. "This year we will be adding

Oktoberfest Cont. P. 14

## Comfort Food

by Richard Hoyer, co-owner of Fresh Take

Comfort food means different things to different people. When asked, people will identify comfort foods as anything from soup to nuts. But one thing for sure; coming home after a busy day to a table full of comfort food is by far one of the most relaxing feelings in the world. Comfort food brings families together and is often the keystone to a celebration. Unfortunately for many people today from working parents to active senior citizens, arriving home after a long day to a prepared dinner isn't a reality. At Fresh Take, it's their mission to help by providing you with wholesome, home cooked foods. Every day, Fresh Take prepares some of your favorite comfort foods including Shepard's Pie, Tater Tot Casserole and Lasagna, along with many others. Fresh Take prepares these entrees for you and then either keeps them cold in the refrigerator or freezes them, simply requiring heating the meal when you arrive home. Frozen meals can



Comfort foods ready to take home and enjoy. Just heat and eat.

last up to six months; which makes organizing your weekly meals simple. Fresh Take has expanded their lunch options

Comfort Food Cont. P. 29

## Think you don't need it? What if you do?

by Michell Murdock, New Eagle Wealth Management

### We're talking about Long Term Care Insurance

- At least 70% of people over age 65 will require some long-term care services at some point in their lives.<sup>1</sup>
- Of those who have long-term care needs, 40% are under age 65.<sup>2</sup>

Too many people think that long-term care planning is just a decision about whether to purchase long-term care insurance. However, long-term care planning is so much more. It is a discussion about how you will fund this expense, where you will receive long-term care, and who will provide the care. Unfortunately, very few people are prepared to deal with this risk as less than eight percent of people have long-term care insurance and only ten percent of people in the U.S. have a long-term care plan in place. This lack of planning is extremely troubling because long-term care



Helen Kelleher

is a very real and expensive risk.

Self-funding, long-term care insurance, Medicaid, and family provided care will continue to be the primary sources of long-term care funding for the foreseeable

Long Term Care Cont. P. 3

## Live at Heritage Center presents Neil Berg's 100 Years of Broadway

by Kristi Lynch, director of public information



Dubuque native Rita Harvey (second from left) in Neil Berg's 100 Years of Broadway.

Heritage Center, University of Dubuque's performing arts, worship, and campus center, opens its 3rd annual *Live at Heritage Center* Performing Arts Series with Neil Berg's *100 Years of Broadway*, Saturday, September 19 at

7:30 p.m. Neil Berg's widely acclaimed musical revue of Broadway's most celebrated shows features a dazzling cast of five Broadway stars accompanied by an all-star New York band.

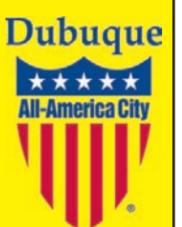
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 Sept. 2, 16  
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### Applewood II Resident Celebrates 100th Birthday

Clem Polfer, a longtime resident of Applewood II, celebrated his Centenarian birthday with family and fellow Applewood II residents on August 16th with music, cake and refreshments.

Clem was born on August 29, 1915 and was married to Angie for 72 years until she passed away in January 2010. Clem's family home growing up was located where Target retail store sits today. Shortly after marrying Angie Siegert in 1937, they started Hi Acre Dairy, which eventually led to the popular Dubuque staple, The Milk House on University in the 1950's. Later on Clem and Angie also opened The Milk House on Windsor and West Locust.

Retirement took Clem and Angie north to Canada in the summer and south to Florida for the winters for fishing and socializing. The Polfers have been a beloved part of the Applewood II Community since 2000. Clem continues to be active and



Applewood II resident, Clem Polfer (right) singing at his 100th birthday celebration

regularly plays his harmonica and keyboard for residents. He even entertained the 30+ guests at his own surprise birthday party by singing some of his favorite songs.

Clem holds a special place in Clara Evanoff's heart, the Resident Manager at Applewood II. "Clem was a good friend to my grandparents, and I've always loved listening to him play his music and tell stories. I was lucky enough to know him before I moved to Applewood, and I am grateful for the joy he brings to the Applewood II community."



### Long Term Care from P 1

future, but the market is changing and more people are becoming aware of new and alternative ways in which to pay for long-term care. A variety of newly developed "hybrid" or so called linked-benefit products are experiencing tremendous growth. New life insurance and annuity products are incorporating long term care planning in their products.

An increase in the products and options available to fund long term care makes having a good plan in place more crucial as not every product will work for every person and situation. Starting with an in depth review of your current situation and resources available to you, we at New Eagle Wealth Management are committed to putting that plan in place with you. And as new financing opportunities develop and your circumstances change, we will be there to monitor and adjust your long term plan with you.

New Eagle Wealth Management is a part of the New Eagle Group of companies located at 3250 Kennedy Circle,



Michelle Murdock

Ste. 7 in Dubuque. To contact us for more information or set up an initial interview, contact Helen or Michelle at 563-583-5834.

1. U.S. Department of Health and Human Services, National Clearinghouse for Long-Term Care Information, [www.longtermcare.gov](http://www.longtermcare.gov), April 2014.

2. 2011 LTCI Sourcebook, American Association for Long-Term Care Insurance, "Facts at your finger tips-Aging & Need."

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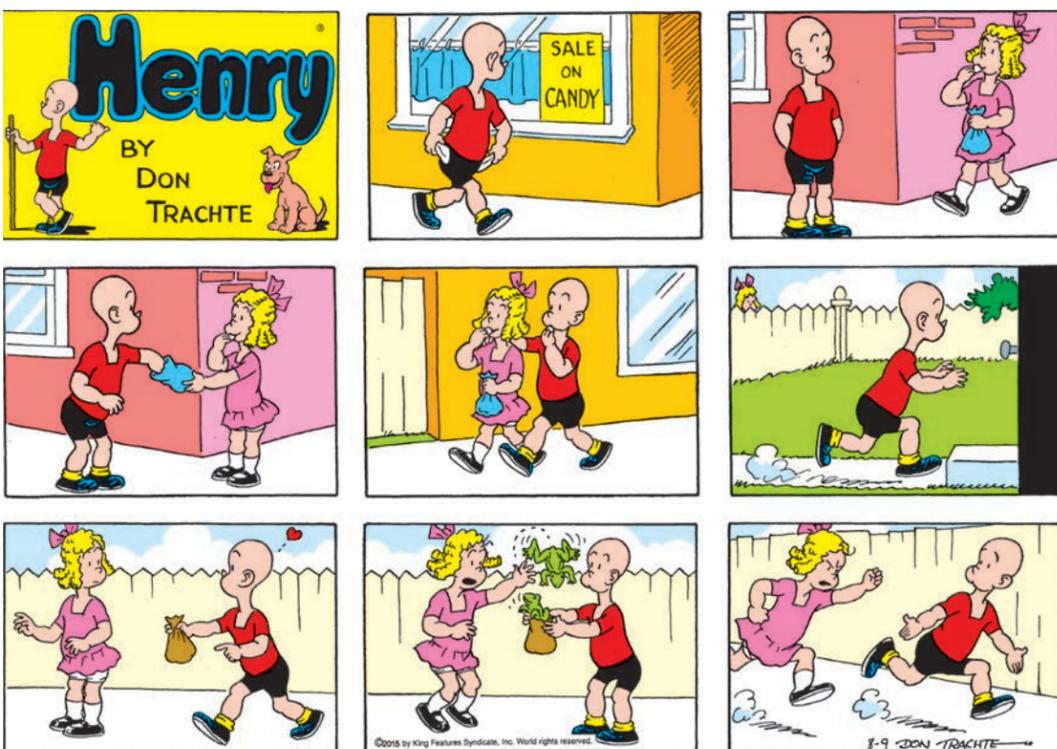
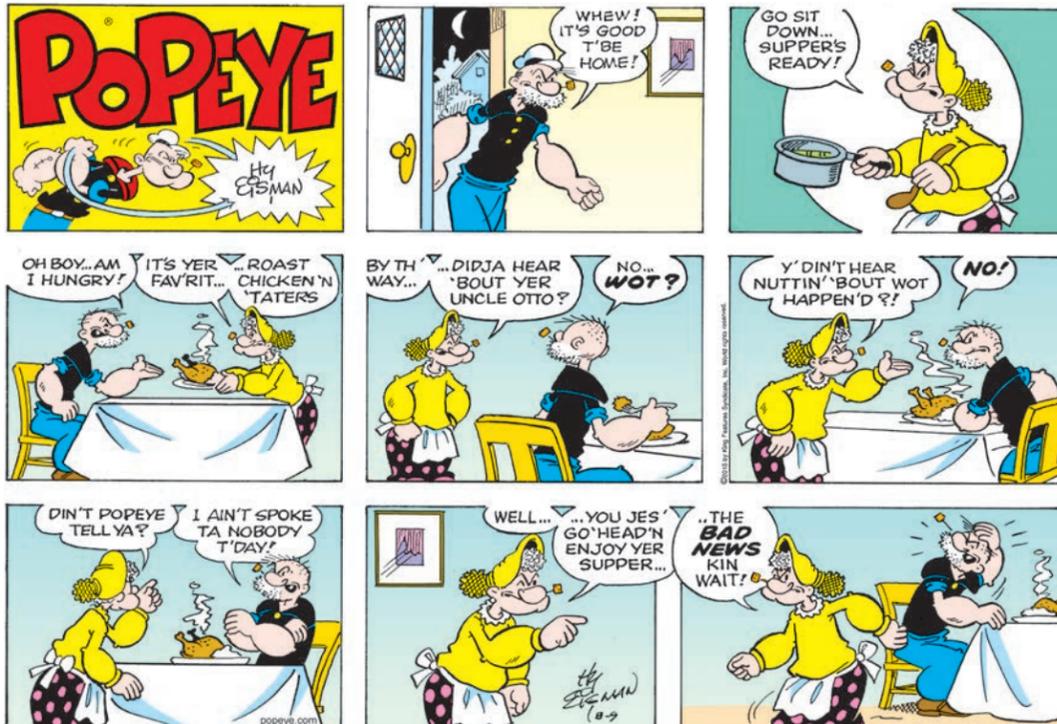
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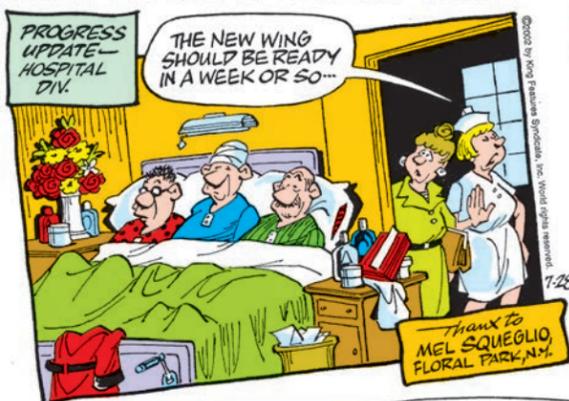
**The Golden View**

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- 20 Snatch
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- 26 Shade
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- 37 Unpredictable
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- 45 Clone
- 47 Heavy weight

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- 49 Queen of Carthage
- 50 Molt
- 51 Away from WSW
- 52 Cupid's alias
- 53 Bouquet
- 54 Two, in Tijuana
- 55 Medicinal amount
- 6 Historic time
- 7 Access to a nave
- 8 Fire sign?
- 9 Wedding-related
- 10 Blackbird
- 11 "Roscoe"
- 19 Neither partner
- 21 "I — Camera"
- 23 Emmett Kelly, for one
- 24 "Beetle Bailey" dog
- 25 Yon folks
- 26 Minimal change
- 27 Hodgepodge
- 28 Nonessential comforts
- 32 Bragged
- 33 Inundated
- 35 Bashful
- 36 Candle count
- 38 Halloween bagful
- 39 Units of force
- 42 Muralist Joan
- 43 Comotions
- 44 Schnozz
- 45 Recipe meas.
- 46 Personal question?
- 48 Lennon's lady

**DOWN**

- 1 McNally's partner
- 2 Sandwich treat
- 3 Squad
- 4 Domed landmark
- 5 Delicate

Crossword Answers on p. 32

**Laugh A Lot**

The 104-year-old building that had served as the priory and primary student residence of the small Catholic university where I work was about to be demolished.

As the wrecker's ball began to strike, I sensed the anxiety and sadness experienced by one of the older monks whose order had founded the college.

"This must be difficult to watch, Father," I said. "The tradition associated with that building, the memories of all the students and monks who lived and worked there. I can't imagine how hard this must be for you."

"It's worse than that," the monk replied. "I think I left my Palm Pilot in there."

Rodents had overrun a posh private school near New York City. So the headmaster, a friend of mine, asked a health inspector to deliver a slide presentation to teachers and students, showing how to remedy the situation, i.e., stow trash, no food in class, etc.

The following day, a teacher had her very young children write a letter to the inspector, thanking him for the visit. One of the students wrote, "Dear Mr. Johnson, Thank you for coming to my school. Until I saw you, I didn't know what a rat looked like."

While redecorating my bathroom, I phoned a shop to

see if it stocked a particular model of toilet.

"We haven't got one here," said the clerk.

"Oh, no!" I said, crestfallen. His number had been the fourth one I'd called.

"Don't worry," he added helpfully. "I'll contact our other outlets to see if there's anybody out there sitting on one."

Henry was placed against the wall, and just before the order to shoot was given, he yelled out, "Earthquake!" The firing squad panicked. In the confusion, Henry jumped over the wall and escaped.

Charlie was next, and while the squad reassembled, he pondered what Henry had done. Before they could shoot, he shouted, "Tornado!" Again, the squad scattered and Charlie slipped away to safety.

Last in line was George. He thought, I see the pattern here. Just scream out a disaster and hop over the wall.

As the firing squad raised their rifles and took aim, George grinned smugly and yelled, "Fire!"

My grandmother had two simple rules when it came to cleaning: "I don't do dishes and I don't do windows," she'd say. "Why don't you do dishes?" I asked.

"Because I have a dishwasher." "So, why don't you do windows?"

"Because," she replied, "they don't fit in the dishwasher."

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**Thrive Where You're Planted**

The tree is thriving on an Iowa farm north of New Hartford and west of Cedar Falls. I've watched it grow through the years. It's thriving in spite of the fact that it's growing out of a silo! For years I didn't see the tree; it hadn't cleared the top of the silo, growing in obscurity.

Obviously the silo has not been used for years to store silage, but a tree seedling found this to be the place it had been planted by the wind or from some bird's droppings. It must have been a struggle for the sapling with life-giving light being limited to a circular opening above. Finally, after several years, the tree cleared the top of the silo, and could spread its branches. Now visible to anyone driving by, the tree is a silent message loudly spoken of how persevering where you're planted pays off.

We have no input when it comes to many of our circumstances. We don't choose when we're born, where we're born or to whom we're born. We have no say in determining our genetic make-up. In spite of vitamins, medicines, exercise, and eating bran muffins, the condition of our health is largely out of our control. What people think of us, say about us, say to us, or do to us is primarily in their control, not ours.

The good news is that God is in ultimate control of everything, including our lives, that nothing catches Him by surprise or befuddles Him, and that He has a plan! This can and should dramatically affect how we respond to our circumstances.

We may not be able to control what happens to us, but we can always choose how we're going to respond to what happens to us! With a faith in the Good Lord and a willingness to yield to His will there is always the power to make a good choice in whatever the circumstances. We can thrive where we're planted!

The Old Testament patriarch Joseph said to his brothers, who had previously done him wrong, "You intended to harm me, but God intended it for good to accomplish what is now being done, the saving of many lives." (Genesis 50:20)

*Life is either a daring adventure or nothing.* — Helen Keller

**BIBLE TRIVIA**

by Wilson Casey

1. Is the book of Ephesians in the Old or New Testament or neither?
2. What tree did Jesus tell a parable about? *Apple, Fig, Olive, Sycamore*
3. Who was John the Baptist's father? *Zechariah, Zacharias, Zephaniah, Zaccheus*

4. What did the oak tree symbolize in the Bible? *Growth, Strength, Weakness, Fruitfulness*
5. Which of these is not a book of the New Testament? *Revelation, Judges, Colossians, Jude*
6. From the Bible, who was Isaiah's father? *Amos, Amoz, Laban, Heron*

**ANSWERS**

(1) New; (2) Fig; (3) Zacharias; (4) Strength; (5) Judges; (6) Amoz

Comments? More Trivia? Visit [www.TriviaGuy.com](http://www.TriviaGuy.com)

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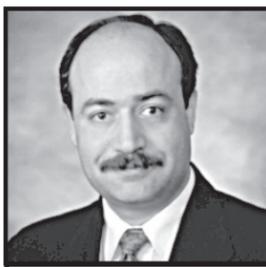
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**DID YOU KNOW?**  
by Rose Wickler



When the equinox passes, the season changes to fall, but sometimes we still call it summer. Some call it "Indian Summer," but the pilgrims didn't. They called it Saint Augustine's Summer if September had humidity with

clear skies. When the golden sun, robin's-egg-blue-sky days of October came around, usually after the first killing frost, it was Saint Luke's Summer. And if the fair and warm days of early November rose, it was Saint Martin's Summer. The *Farmer's Almanac* has long said, "If All Saint's Day brings out winter, Saint Martin's feast day brings out Indian summer." Remember, the feast of Saint Augustine is August 28, Saint Luke is October 18, All Saint's Day is November 1, and Saint Martin is November 11.



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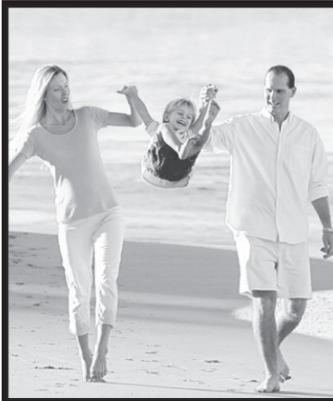
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### Help Children Cope with Back-to-School Transitions

Back-to-school transitions can be both exciting and a bit scary for children — and their parents — whether they're preparing for the first day of preschool, moving to a new school or entering middle school. However, there are several things parents can do to help ease these fears.

Some children adjust very quickly to changes, while others have a more difficult time and require more adult support and encouragement. In either case, a parent's positive expectations about school can have a long lasting effect on children.

Regardless of your own fears, try to be positive for your child. Talk about how exciting it is that your child is growing up and moving to a new stage. But acknowledge your child's feelings and use stories from your own experience to show that all people have these feelings.

By validating your child's concerns, you also are encouraging your child to be honest with you and come to you when facing other challenges. It's important to keep the lines

of communication open.

Keeping home routines as normal as possible during school changes can offer children stability. Children who are well-rested and healthy are more ready to learn in school. Families may have to adjust bedtimes beginning a few weeks before school to help children adjust to waking up earlier for school. A morning rush can increase anxiety, so prepare the night before, by making lunches and setting out clothes for the next morning.

Also think about building an afterschool routine that helps kids decompress. Caregivers and parents may want to greet children and have a snack together right after school, or be available just to talk and unwind.

Another strategy to help children deal with transitions is to preplan and anticipate as much as possible. Children do best when they know the schedule for the day, including what to expect at school and what is going on after school.

If you don't know the school

Amber Matthesen cont. P. 16

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**NISOM**

### Encore Chorale seeks new members for 2nd season with an open rehearsal September 1

Open Rehearsal September 1: Come sing with us on Tuesday, September 1 to try Encore Chorale for free with an open rehearsal!

The Northeast Iowa School of Music (NISOM) is pleased to announce the 2nd season of the Dubuque Encore Chorale. Open to adults age 55 and older, the Chorale rehearses weekly in the Grand Oaks Room at Oak Park Place in Dubuque from 1:00 – 2:00 p.m. every Tuesday, beginning September 1, 2015. Anyone who enjoys singing and making new friends is welcome to join this non-auditioned group. Encore Chorale will present several informal performances throughout the season, performing songs you know and love.

NISOM's Encore Chorale was established in 2014 and is a member of the national organization Encore Creativity for Older Adults. Encore is dedicated to providing an excellent and accessible artistic environment for older adults, regardless of experience or ability, who seek arts education and performance opportunities under a professional artist. Directed by Sue Fogel, a board-certified music therapist and retired music teacher. The Chorale is open to new singers and experienced vocalists alike.

In 2014, the Encore Chorale joined NISOM's two other adult ensembles, the Dubuque

Community String Orchestra and the New Horizons Band, rounding out the full complement of musical group opportunities for interested adults (band, orchestra and chorus). To receive more information or to join any of NISOM's ensembles, please call the NISOM office at 563-690-0151 or visit [www.nisom.com](http://www.nisom.com) to learn more.

#### How to Join

*Sign up today!* To join, simply submit an Encore registration form and semester payment to NISOM. Each semester is only \$25 to participate. Returning members from the 2014-15 season do not need to fill out a new form. Contact NISOM at (563)690-0151 or admin@nisom.com with questions.

#### Rehearsals:

Tuesdays 1:00–2:00 p.m. at Oak Park Place, Grand Oaks Room.

#### Fall 2015 Semester:

September 1 to December 15.

#### Spring 2016 Semester:

January 19 to April 14.

Some rehearsal dates will be informal performances at senior centers and other venues to bring the fun to the community!

#### Performances

**April 17, 2016, Spring concert:** Encore will join NISOM's other two adult ensembles DCSO and New Horizons Band for a joint spring concert.

Additional 2015-2016 performances TBA.



**Come  
Chat  
With Me**  
by S. E. Persinger

Whenever I sit down to write a column to share with the readers of *The Golden View*, I know that it will consist of about four hundred words. This one will be concise but later I plan to write a more detailed article for publication.

I like to play with words. Lately the word "shallow" keeps popping into my mind. The first thing I think of is shallow thinking. Of course, this word has an antonym meaning of depth, knowledge, and perhaps other similar meanings.

To me shallow thinking is a negative term and it's not a word in my dictionary. The phrase "positive thinking" is a much better way to think. And since negative is a word of defeat and one of its antonym's is success. I swing with the term, "positive thinking."

My youngest son, Tom, was a positive thinker from a very early age. I used to watch him precariously stack up wooden alphabet blocks. They usually fell down before the next block was added, but he still stacked them again and again until they reached the height he desired.

Now, that is positive thinking! The word doubt is another negative word to avoid. It represents discouragement and fear. But, its antonyms are trust and faith, and these words can lead us out of all kinds of dilemmas. Why would you carry a suitcase full of weakness and discouragement when you don't have too?

Nothing in this whole wide world would have been accomplished if the word "shallow" had been placed on hallowed ground. There would be no depth to anything. The seven wonders of the world would never have happened. The Declaration of Independence, The Constitution, and The Bill of Rights would never have been written.

Furthermore, it took depth and knowledge to accomplish the birth of America. Great positive thinkers formed our country. Men and women just like us took hold of their thoughts and refused to accept the feelings of doubt, fear, weakness, and defeat. We built America on a firm foundation "United we stand, divided we fall." It is positive against negative. Our history books are filled with great trail blazers. And we aren't finished yet. "God Bless America."

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**VETERANS  
★ POST ★**

by Freddy Groves

**Veterans Day Vacations**

Fighting in World War I ceased between the Allies and Germany at 11 a.m. on the 11th day of the 11th month: Nov. 11, 1918.

Congress eventually passed an act to commemorate the occasion, calling it Armistice Day, a legal holiday. Eventually it got around to doing it right and renamed it Veterans Day. Unlike Memorial Day, which floats around the calendar as a three-day holiday at the end of May, Veterans Day is always on Nov. 11.

Here's an idea to celebrate our day this year: Take a vacation. It's after the summer (higher) pricing and crowds, and it's before the holiday (higher) pricing and crowds.

Consider one of the resorts in the Sunday River area in

Maine. If Mother Nature has provided snow, go skiing. If not, enjoy the pool, restaurants, hiking, fishing, golf and tennis ... and peace and quiet.

If you already live in a cold climate and are bracing for another harsh winter, consider something along the coast of Florida. You'll find fishing, golf, tennis, water skiing, horseback riding, boating ... and beaches.

If travel funds are limited, look for something in your own state. You'll be able to drive to your destination and still get vacation time for a low cost.

If you're an active or retired member of the Armed Forces, go online to [www.veteransholidays.com](http://www.veteransholidays.com) and [www.afvclub.com](http://www.afvclub.com) and click around the links for Military Vacation Deals and Space-A Stays for \$349 to \$369 for a seven-night week, or call 1-877-772-2322. Be sure to read the fine print for each location you view. Some places don't allow children or pets. And to get your discount deal price, be sure to book with AFVC, the Armed Forces Vacation Club.

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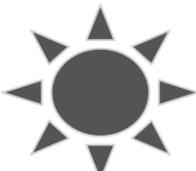
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—Bob Hope

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## UnityPoint Health Finley Hospital September 2015 Events

For more information or to register for classes and events at UnityPoint Health Finley Hospital, visit [www.unitypoint.org/dbqevents](http://www.unitypoint.org/dbqevents).

**All Day Childbirth Education.** Saturday, September 19, 9:00 a.m. – 5:00 p.m. Delhi Medical Center, Third floor Conference Room. This class will help you get ready for the birth of your baby. Class topics include: what happens when you are in labor, what your choices are when you are in labor, baby care practices, how to keep your baby safe. A tour of the Family Birthing Suites is part of this class. Cost is \$30.

**Babysitting Class.** Saturday, September 19, 11:30 am. Kehl Diabetes Center. This class is to help adolescents prepare to babysit. Participants, ages 10 years and up, will learn childcare basics, including tips on safety, behavior and steps to take in an emergency. Snacks and break time are provided during the 3 hour and 15 minute class. Cost is \$20.

**Breastfeeding Class.** Tuesday, September 1, 6:30 p.m. Delhi Medical Center, Third floor Conference Room. The reason many mothers choose to breastfeed is for the benefits to both baby and mom. Join us for the most up-to-date information on how to have a great breastfeeding experience. Dad is also welcome to attend. There is no fee for this class.

**Diabetes Education/Support Group.** Wednesday, September 9, 5:30 – 6:30 p.m. Hy-Vee Asbury. Kehl Diabetes Center and Asbury Hy-Vee partner for diabetes education/support group meetings. These are held the second Wednesday of the month from 5:30 – 6:30 p.m. Call Hy-Vee Asbury to register (563) 589-2199. September event will feature Safe Exercise and Physical Activity Guidelines with Jolene Stackis, RN, BSN, ACE Certified Personal Trainer.

**Diabetes Express.** Thursday, September 10, 2:00 – 4:00 p.m. Kehl Diabetes Center. Learn about type-two diabetes and the importance of healthy blood sugar control and strategies to protect future health. Learn the basics of diabetes treatment: meal planning, physical activity, medication and weight loss. Cost is \$5.

**Dubuque & Tri-States Head and Neck Cancer Support Group.** Thursday, September 24 3:00pm Finley's Wendt Regional Cancer Center. The Dubuque & Tri-State Head and Neck Cancer Support Group is offered to those who have or are currently dealing with swallowing problems and related issues due to mouth, throat or neck cancer. The focus of this support group, led by a Speech Language Pathologist, is to provide emotional and psychological support through various stages of your diagnosis.

**Family Birthing Suites Tour.** Tuesday, September 15, 6:00 p.m. Finley Hospital Family Birthing Suites Lounge. Join us for a guided tour of the Family Birthing Suites. We will talk about how we will care for you and your baby while you are a patient at Finley Hospital. There is no fee for this class.

**Sibling Class.** Monday, September 14, 6:00 – 8:00 p.m. Delhi Medical Center, Third floor Conference Room. Having a baby is a family event. Getting big brothers and sisters ready for the new baby is important. Join us while we show your children what a new baby is like. A tour of the Family Birthing Suites is part of this class. Snacks are served and a birthday card is made for the new baby. There is no fee for this class.

**Strength Training for Women.** 6 week session starts Monday, September 14. Babka Wellness Center. Learn proper strength training techniques using various equipment. Classes on Monday, Wednesday, and Thursday start at 9:00am. Tuesday classes begin at 5:30 p.m. Cost is \$80 per session.

**Finley Stroke and Brain Injury Support Group.** Tuesday, September 29, 1:00 – 2:00 p.m. Finley Hospital Auditorium. Finley is taking steps to help stroke patients and their families. Finley offers this Stroke and Brain Injury Support Group for anyone who has had a stroke or has been affected by a stroke. Each session provides a forum for you to share experiences, express concerns and ask questions.

**Wednesday at the Movies.** Tuesday, September 29, 1:00 p.m. Babka Wellness Center. Call (563) 589-4899 to register and find out the movie selection.

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# Moments in time

THE HISTORY CHANNEL

• On **Sept. 6, 1522**, the *Vittoria*, one of Ferdinand Magellan's five ships, arrives in Spain, thus completing the first circumnavigation of the world. The *Vittoria* was commanded by Juan Sebastian de Elcano, who took charge after the murder of Magellan in the Philippines.

• On **Sept. 2, 1666**, the Great Fire of London breaks out in the house of King Charles II's baker. When the fire was finally extinguished four days later, more than four-fifths of London was destroyed.

• On **Sept. 4, 1886**, Geronimo, the wildest and most dangerous Apache warrior of his time, finally surrenders in Arizona. A brilliant strategist, Geronimo never learned to use a gun, yet he armed his men with the best modern rifles he could obtain.

• On **Aug. 31, 1955**, William G. Cobb of the General Motors Corp. demonstrates his

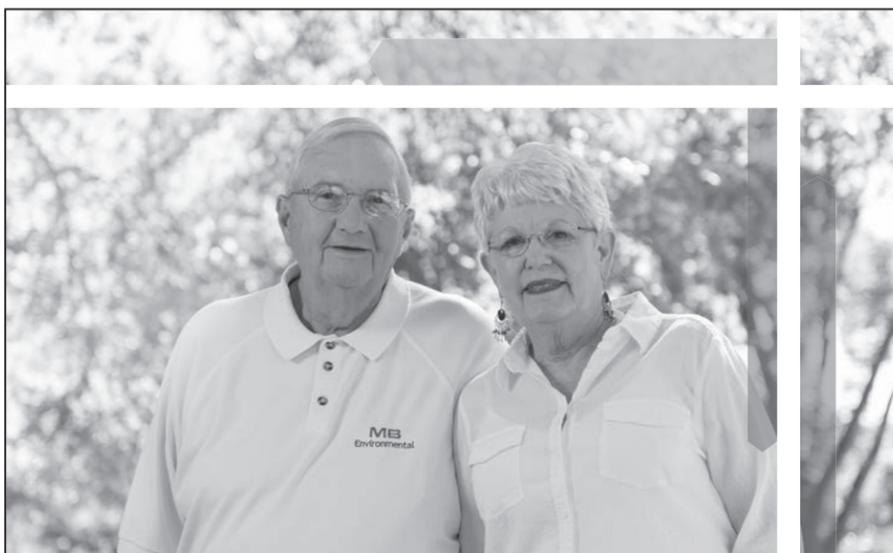
15-inch-long "Sunmobile," the world's first solar-powered automobile. When sunlight hit 12 photoelectric cells made of selenium, an electric current was produced that powered a tiny motor.

• On **Sept. 5, 1969**, Lt. William Calley is charged with six specifications of premeditated murder in the death of 109 Vietnamese civilians at My Lai in March 1968. Reportedly, the massacre was stopped only when a pilot landed his helicopter between Calley's troops and the fleeing South Vietnamese.

• On **Sept. 3, 1977**, Sadaharu Oh of Japan's Yomiuri Giants hits the 756th home run of his career, breaking Hank Aaron's record for career home runs. Oh retired in 1980 with 868 home runs, still a professional record.

• On **Sept. 1, 1985**, a joint U.S.-French expedition locates the wreck of the RMS Titanic, 73 years after it sank after being struck by an iceberg in the North Atlantic. An experimental, unmanned submersible found the ocean liner at a depth of 13,000 feet.

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• Soaking window decals with baby wipes will soften the adhesive, allowing you to remove a decal from glass more easily.

• "Potty training can be stressful for both child and parent. We tried many things, but in the end, you have to wait for the child to want to train. One thing that helped keep our daughter motivated was a sticker chart. Be bought all kinds of stickers, and whenever she used the potty, she would get to choose a sticker to put on the chart. We would remark on how many stickers she had and the variety, which made her feel successful!" — D.R. in Iowa

• "Last week, we found my son's favorite sippy cup half-filled with sour milk under the couch. I washed it very well with hot, soapy water, but it still smelled bad. I stuffed the cup with newspaper pieces and screwed the top back on. The newspaper absorbed the smell. It took about a week, but it's back in use." — T.L. in Texas

• "My pup loves to ride in the car, and my car seats love his hair, too. Seems like it's impossible to get the hair out! A vacuum didn't work, so my neighbor suggested I use dish gloves. Just put a latex rubber glove on your hand and wipe over seats. A very lightly

damped sponge can work as well." — P.I. in Washington

• Lotion scent too strong? Purchase a pump bottle of unscented lotion, and remove about a third to a small bottle or even a plastic zipper-top bag. Add your scented lotion, and mix well by shaking the bottle or stirring with a long stick. The scent will be diluted, and you can always add more scented lotion or top off with the excess unscented lotion.

Send your tips to *Now Here's a Tip*, 628 Virginia Drive, Orlando, FL 32803, or e-mail JoAnn at heresatip@yahoo.com.

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Bret Kuhns,  
 Social Security District Manager,  
 Dubuque, Iowa



**LABOR DAY ISN'T YOUR ONLY REWARD FOR HARD WORK**

On Labor Day, many Americans enjoy a long weekend to commemorate the hard work they do the rest of the year, as well as those who support working people. With barbecues and ballgames, beach trips and fireworks, this annual holiday often marks the unofficial end of summer. Established in 1882, Labor Day has become a timeless American tradition that many look forward to all summer.

If you stop working before you have enough credits to qualify for benefits, your credits will stay on your record. If you return to work later on, those credits will be added so that you can qualify. We pay benefits to anyone who has enough credits.

Labor Day also reminds us that all our hard work is paying off in more ways than one — including paying into a retirement fund that makes you eligible to collect monthly benefits after you reach retirement age. If you work 10 years, and receive four credits each year for a total of 40 credits, you'll enjoy the security of Social Security retirement benefits. Remember, those years don't have to be consecutive. You can check your *Social Security Statement* and make sure you have enough credits by opening a *my Social Security* account at [www.socialsecurity.gov/myaccount](http://www.socialsecurity.gov/myaccount).

When a worker files for retirement benefits, the worker's spouse may be eligible for a benefit based on the worker's earnings. Another requirement is that the spouse must be at least age 62 or have a qualifying child in her or his care. By a qualifying child, we mean a child who is under age 16, or who is eligible to receive Social Security disability benefits.

Credits are the building blocks we use to find out if you have the minimum amount of covered work to qualify for each type of Social Security benefit.

The spousal benefit can be as much as half of the worker's full retirement benefit, depending on the spouse's age at retirement. If the spouse begins receiving benefits before "normal" (or "full") retirement age, the spouse will receive a reduced benefit. However, if a spouse is caring for a qualifying child, we don't reduce the spousal benefit. If a spouse is eligible for a retirement benefit based on his or her own earnings, and if that benefit is higher than the spousal benefit, then we pay the retirement benefit based on the

**Social Security cont. P. 29**

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**Contract Bridge**

by  
Steve Becker



**Tough Stuff**

East dealer.  
Both sides vulnerable.

**NORTH**

♠ K 5  
♥ 3  
♦ A J 10 9 7 4  
♣ Q 8 7 2

**WEST**

♠ 8 7 4 2  
♥ Q 7 5  
♦ K 6 5 3  
♣ A 4

**EAST**

♠ A J 10 9 3  
♥ K J 10 6 2  
♦ Q 8  
♣ 6

**SOUTH**

♠ Q 6  
♥ A 9 8 4  
♦ 2  
♣ K J 10 9 5 3

The bidding:

East	South	West	North
1 ♠	2 ♣	2 ♠	5 ♣
Pass	Pass	Dble	

Opening lead — ace of clubs.

Assume you're in five clubs doubled and West leads the ace and another trump. You win with the nine and, in an effort to establish dummy's diamonds, play the ace and a low diamond. East follows with the queen, which you ruff.

You note that if you play the ace and another heart at this point, planning to ruff in dummy and lead the jack of diamonds, you will go down if

East started with only Q-x of diamonds. There would then be only one trump left in dummy to take care of your two losing hearts, and you would lose a total of three tricks whatever you did next.

Consequently, you should have second thoughts about playing the ace and another heart, which could lead to a dead end. Instead, you find the exceptionally fine play of leading the queen of spades at trick five.

Once you do this, the defense collapses. If East takes his ace, it gives you the extra entry you need to establish and cash dummy's diamonds. And if East ducks the queen, you're still on firm ground. In that case, you play the ace and another heart, ruff in dummy and return the jack of diamonds.

When East shows out, you discard the six of spades, thus establishing dummy's diamonds while at the same time getting rid of your spade loser. You still have a trump left in dummy with which to reach the established diamonds, so the only tricks you lose are a club and a diamond.

All of which goes to show that when the going gets tough — which is precisely what happened when West led the ace and another trump at the outset — the tough get going.

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**Smokey the Bears 71st Birthday Celebration at Dubuque Nursing & Rehab**



*Smokey the Bear and members of the Dubuque Fire Department at Dubuque Nursing and Rehab on Sunday, August 9th*

Smokey the Bear visited Dubuque Nursing and Rehab on Kaufmann Ave. on Sunday, August 9th to celebrate Smokey's 71st birthday.

The Dubuque Fire Department was on hand to escort Smokey to this wonderful event. The fireman and Smokey were greeted by the residents, families and staff. Smokey the Bear shook hands and had pictures taken with everyone. The Dubuque Fire Department parked a firetruck out in front

of the facility for all to enjoy. The children loved it and were very eager to check it out. A birthday cake decorated like a camp site with Smokey watching over it was served with ice cream.

The seniors were all smiles, their eyes wide and shining. The children were in awe, eager to go out to the firetruck. The fireman were truly wonderful—very helpful and supportive—always there for Smokey or anyone that needed anything.



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- Dedicated to building a better Dubuque through better schools
- Over 20 years as a teacher, administrator and teacher trainer
- Curriculum Director at Kendall Hunt Publishing



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# VOTE SEPT. 8



### Oktoberfest from P. 1

a Tug-of-War competition, keg rolling obstacle course, life-size beer pong, as well as Weiner Dog Races.” The traditional games of Hammerschlagen and Masskrugstemmen (stein holding contest) will also take place throughout the day.

The festival is slated for Saturday, September 19 and kicks off at 10:00 a.m. with a Color Vibe 5K run/walk along the Mississippi River, which already has more than 1,700

participants registered. For more information or to register for the Color Vibe 5K please visit [www.TheColorVibe.com](http://www.TheColorVibe.com).

The remainder of the day includes music, food, beverages and games in the park. LT Amusements will be on-site with bounce houses and inflatables for family entertainment. “We want to make this a full family event—mirrored after Oktoberfest in Germany” said Mozena. “The way to do that is to have something for everyone, games for the kids and adults.”

Music will be provided by the Guttenberg German Band, Americana Band and the Loras

Oktoberfest Cont. P. 15



Photo by Digital Dubuque

**Upcoming Events at the James Kennedy Public Library in Dyersville: September 2015**

**Tuesday, September 1: Along Iowa's Historic Highway 20 with author Michael J. Till @ 6:30 p.m.** Join author and retired university professor, Michael Till, as he talks about his book, *Along Iowa's Historic Highway 20*. Copies of the book will be available for purchase and signing from the author.

**Wednesdays, September 2, 9, 16, 23 & 30: Sit and Stitch @ 1:00 p.m.** Join other crafters at this weekly gathering to share crafting and conversation. New members are welcome to join at any time!

**Thursdays, September 3, 10, 17 & 24: The Memoir Project @ 6:00 p.m. to 7:30 p.m.** Area writer and author Jacquie McTaggart will launch *The Memoir Project* which runs Thursdays through October 15 (excluding October 8). Each week participants will focus on writing about one particular memory. So, suppress your fears and join us for this enjoyable, non-threatening and rewarding experience. Regular attendance is encouraged, but not required. Registration requested but walk-ins welcome.

**Friday, September 4: Classic Movies @ Your Library @ 2:00 p.m.** Author A.J. Niles is known for his series of books documenting a bachelor's life in various cities all over the world. In a money crunch, Niles settles down to write a book about life in a California suburb but the only problem is Niles is a bachelor left alone in a suburb of lonely housewives. Rated PG. (105 min.). Due to licensing issues the library is not able to include the title, movie studio, or actor's names. For more details please call the library, check the library Facebook page, or check the library website [www.dyersville.lib.ia.us](http://www.dyersville.lib.ia.us).

**Tuesday, September 8: Inspirational Fiction: A Novel Approach to Faith book discussion series @ 7:00 p.m.** For this meeting we will read and discuss *Thorn in My Heart* by Liz Curtis Higgs.

**Monday, September 14: Books for Lunch Book Discussion @ 12:00 noon.** The book for this meeting is to be determined.

**Friday, September 25: Game Night @ Your Library @ 6:00 p.m.** Come meet and make friends with some of your fellow game lovers at our monthly game night at 6:00 p.m. on the 4th Friday of every month. Bring your favorite game (card game, board game, role playing game, or video game) and meet, teach, and play with others! All ages welcome.

*Library programs are free unless otherwise noted. For information on these and other library programs please call 563-875-8912 or go to [www.dyersville.lib.ia.us](http://www.dyersville.lib.ia.us) or contact Dawn Schrandt via email at [dschrandt@dyersville.lib.ia.us](mailto:dschrandt@dyersville.lib.ia.us)*

**Oktoberfest from P. 14**

College German Band. The University of Northern Iowa International Dance Theatre will also perform traditional German and Slavic Dances. The popular Bier Tasting will present more than 25 breweries offering samples of their finest.

Dubuque Oktoberfest is a family friendly celebration of German heritage, with all proceeds benefiting Camp Albrecht Acres. The event runs entirely on volunteer labor and business donations. For more information about Camp Albrecht Acres, visit [www.albrechtacres.org](http://www.albrechtacres.org).

The schedule for the day is as follows:

**10:00 a.m.** – Color Vibe 5K begins at A.Y. McDonald Park, Volunteer Dr, Dubuque, IA

**11:00 a.m. – 8:00 p.m.** Live German music, games, family fun, food and beverage throughout the entire day

**3:30 – 6:30 p.m.** – Beer Tasting with 25 breweries

Advance tickets will be available August 12, 2015 at all Premier Bank locations. General admissions is \$5.00, Children 10 and under are free. Bier Tasting is \$25.00 in advance, \$30.00 at the gate, and includes a beer tasting glass (guaranteed for first 600 guests)



Photo by Digital Dubuque

along with admission into the festival. Admission is free to those wearing Lederhosen or Dirndl Dress. Tickets will also be available at the gate the day of the event.

This event would not be possible without countless hours of work by our volunteers and generous business donations. Special thanks to our main sponsors: Premier Bank, Sedgwick, McGrath Auto, Gronen Restoration, Weber Paper Company, and Bender's Foods. For more information please visit [www.dubuqueoktoberfest.org](http://www.dubuqueoktoberfest.org).

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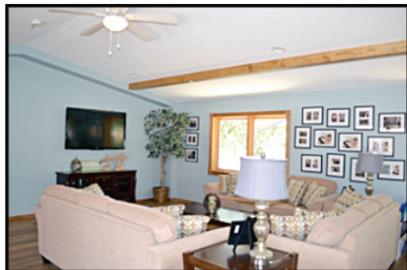
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[www.dbqoktoberfest.org](http://www.dbqoktoberfest.org)

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## YESTERDAY AND TODAY

BY MICHAEL GIBSON



In 1854 a one-room frame building was erected as a school for the Fifth Ward. In 1857 a brick building was constructed and in 1889 the Board of Education changed the name from Fifth Ward to Audubon School after John James Audubon, noted naturalist, painter, and ornithologist. In 1905 petitions were received requesting that the school be closed because it was unsafe. In 1907 a new school (shown in this photo) was built near the site of the old school at 535 Lincoln near Johnson St. An attempt to rename it in honor of Charles G. Kretschmer, who served as principal from 1859 to 1897, failed and it remained Audubon. (Courtesy of the Loras College Center for Dubuque History, OHE p.120 Neg. Hoff. 1433).

Yesterday & Today cont. P. 17



### Tri-States Chiropractic Clinic Laser and Rehab Center

Dr. Peter Lynch treats all ages and all walks of life in the treatment and prevention of pain & discomfort. Dr. Lynch's goal is to provide cost effective chiropractic care for the purpose of increasing spinal mobility and integrity, as well as to relieve pain and suffering from acute injuries or chronic conditions. Once out of pain, the focus is on strengthening and stabilizing the treatment areas, allowing for the pain free life we all deserve.



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### Amber Mattheisen from P 8

schedule, you may want to communicate with your child's teacher before the school year starts. Play a "What if?" game to help prepare children for potentially stressful situations. Use the things your child is most concerned about to help him or her generate ideas to cope with the problem. What would you do if you wanted to join a game at recess, but didn't know how to ask? What would you do if somebody teased you?

Turn this game around and asking what the child would do if he or she saw another child being picked on or sitting alone at lunch. Give your child

examples of how to be brave or kind to others. This tells your child that you see him or her as someone who is capable and in control.

Iowa State University Extension and Outreach supports parents in helping children succeed in school. The Dare to Excel newsletter series (<http://www.extension.iastate.edu/humansciences/dare-excel>) helps parents focus on creating a home environment that promotes learning through developing routines, setting limits, communicating, encouraging healthy routines, positive use of technology and involvement in school activities.

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Yesterday & Today from P. 16

If readers have related memorabilia (post cards, photographs, letters, diaries, scrapbooks, or other documents and reminiscences to share they may contact Mike Gibson at the Center for Dubuque History, Loras College, (563) 588-7163 or via email: michael.gibson@loras.edu. Your comments about this series would be welcome.



In 1973 a new modern Audubon school was constructed at a cost of \$700,000 by Willy Construction Co. The unique design was produced by Durrant, Deininger, Dommer, Kramer & Gordon Architects. It was one of the first public buildings constructed in the state of Iowa under the "design-bid" concept which required architects and contractors to form a team and submit a single bid. Built without windows to block out noise and to discourage window breaking. The interior design reflects an "open classroom" concept with spacious areas and very few interior walls. The Galena Elementary School, near the Galena High School, was designed in a similar manner. The new Audubon School officially opened September 4, 1973 to some 600 elementary students. (Photo by Terry Grant).

**New President/CEO at Stonehill**

Stonehill Franciscan Services, Dubuque, Iowa, is pleased to announce the hiring of Gretchen A. Brown as President/Chief Executive Officer. Gretchen comes to Stonehill with over 30 years experience in Healthcare, Long Term Care and Independent/ Assisted Living.

Ms. Brown is a graduate of University of Iowa with a Bachelors of Science Degree in Nursing and later earned her Masters Degree in Health Administration from the College of St. Frances in Peoria, IL.

Gretchen started her career as a Registered Nurse with The Carle Foundation Hospital System and served as the Director of Nursing for The Carle Arbours. In 1997, Gretchen advanced her career and became a Long Term Care Administrator. Later she relocated to Wisconsin and served at North Central Health Care.

"I am extremely happy to be joining the Stonehill Team, continuing the mission of Stonehill Franciscan Services and tradition of the Sisters of St Francis."

Ms. Brown will begin her new position on Monday, August 10, 2015.

Stonehill Franciscan Services is a Continuing Care Retirement Community (CCRC) consisting of Independent Living, Assisted Living, Skilled Nursing Services, Memory Care, Long Term Care, Outpatient and Inpatient Rehabilitation. Stonehill Care Center is Iowa's largest Long Term Care facility employing in excess of 425 persons.



Gretchen Brown, New President/CEO, Stonehill Franciscan Services

For additional information contact: Jim Weber, Chairman Stonehill Franciscan Services (563) 588-4611.

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Students (18 & Under) Tickets : \$13(in advance) \$15(at the door)

**Platinum**  
featuring the music of Miranda Lambert  
Saturday, September 19, 2015 • 7PM  
Platinum is a kerosene infused fast paced tribute to the hottest female singer in country music today Miranda Lambert. Platinum is all the hits, costumes, and feel of a live Miranda Lambert concert performed by a 20 plus year singer, song writer Laura McDonald. Laura performs all the hits of Miranda's six award winning records with a full band in a 90 minute tribute to today's hottest country star Miranda Lambert.  
Tickets: \$20(in advance) \$25(at the door)  
Students (18 & Under) Tickets: \$15(in advance) \$18(at the door)

**The Four Preps**  
Saturday, October 10, 2015  
7PM  
The clean-cut West Coast-based Four Preps are best remembered for a string of Top 100 hits during the late '50s and early '60s. Featuring the original singer Bruce Belland with Bob Duncan former leader of The Diamonds and Mike Redman and Skip Taylor formerly of The Crew Cuts. Four dynamic vocalist harmonizing on America's favorite pop hits including, Sh Boom "Unchained Melody" "The Lion Sleeps Tonight" "Little Darlin" "Silhouettes" "Earth Angel" "Runaround Sue" "Why Do Fools Fall In Love and many, many more. "Their energy and enthusiasm guarantee a great time, every time" Dick Clark.  
Tickets: \$25(in advance) \$30(at the door).

Box Office Open 9 a.m. to 1 p.m. Phone: 563-652-9815  
Purchase Tickets online at [www.ohnwardfineartscenter.com](http://www.ohnwardfineartscenter.com)  
Tickets can also be purchased at Osterhaus Pharmacy and the Maquoketa State Bank Main Office.

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**Snap to It!**

I'm a huge fan of green beans, and with the abundant summer crop available this year, I decided to learn more about one of my favorite vegetables. Green beans also are known as string beans because of a string that runs down the length of the pod. Modern varieties seldom have the string anymore and are now known as snap beans.



Val Thormer/Depositphotos.com

**SUMMER SALSA FRESCA  
GREEN BEAN SALAD**

1 pound green beans  
1 (16-ounce) package triple-washed baby spinach  
1 cup Summer Salsa Fresca (recipe follows)  
1 teaspoon lemon pepper  
1/2 cup sliced almonds, toasted  
3/4 cup crumbled goat cheese

1. Place a small pot filled with water on the stove. Add 2 teaspoons of salt and bring the water to a boil. Add the green beans and cook until crisp-tender, about 2 minutes. Drain and rinse the green beans under cold water.

2. In a large serving bowl, place the green beans, baby spinach leaves and the Summer Salsa. Season with the lemon pepper and toss gently to combine. Scatter the toasted almonds and goat cheese on top of the salad. Serve immediately.

**To make the Summer  
Salsa Fresca:**

3 tablespoons red wine vinegar  
1/3 cup olive oil  
1 teaspoon sugar  
1 teaspoon salt  
1 teaspoon black pepper  
2 large tomatoes, diced  
1/2 red onion, diced  
1 green bell pepper, seeded and diced  
1 red bell pepper, seeded and diced  
1 yellow bell pepper, seeded and diced

The Kitchen Diva cont. P. 19

Snap beans are picked at a younger, immature stage. The name comes from the snapping sound the beans make when they are twisted between your fingers. They are the least expensive, can be eaten raw and are at their tasty best from summer to fall. Green beans are selected before the tender beans in the pod mature.

Actually, green beans aren't really a bean at all. They are nutritionally more comparable to other pod vegetables such as okra and belong to the same family as shell beans such as pinto beans, black beans and kidney beans. They are all referred to as "common beans," probably because they all derived from a common Peruvian bean ancestor.

Migrating Indian tribes spread common beans throughout South and Central America, then Spanish explorers returning from voyages to the New World introduced them to Europe around the 16th century. Traders of Spanish and Portuguese descent spread the beans to other parts of the world.

Greens beans are low in sodium and very low in saturated fat and cholesterol. They are a good source of protein, thiamin, riboflavin, niacin, vitamin B-6, calcium, iron, magnesium, phosphorus, potassium and copper. Green beans also are a very good source of dietary fiber, vitamins A, C and K, folate and manganese.

Heritage Center from P. 1

**Live at Heritage Center**  
Performing Arts Series

Neil Berg's *100 Years of Broadway*

Saturday, September 19, 2015,  
7:30 p.m.

John and Alice Butler Hall,  
Heritage Center

Tickets:  
\$31-\$36 adult  
\$26-\$31 UD Alumni  
\$19 child/student

*100 Years of Broadway* recreates the greatest moments from the finest shows of the century featuring the actual stars of shows such as *The Phantom of the Opera*, *Les Miserables*, *CATS*, *Jersey Boys*, and *Wicked*. Neil Berg presents brilliantly revived arrangements of Broadway classics as well as thrilling numbers from Broadway's newest hit shows. These amazing performers light up the stage with songs from the hit shows in which they starred. Rita Harvey, Dubuque

native, Hempstead High School alum, and wife of Neil Berg, is part of the cast of performers. Harvey portrayed Christine on Broadway in *Phantom*.

The performance will be preceded by a free pre-show concert on the Cyber Café Knapp Stage from 6:00 – 7:00 p.m. featuring Dr. Charles Barland, UD Professor of Music, on the piano performing a variety of classic Broadway hits. The new John August Swanson: *Passion of Color* exhibit will also be on display in the Bisignano Art Gallery.

Tickets for *100 Years of Broadway* can be purchased now at the Farber Box Office Monday through Friday from 10 a.m. to 5:00 p.m. at Heritage Center, University of Dubuque, 2255 Bennett Street; by phone at 563-585-SHOW; or online at [www.dbq.edu/heritagecenter](http://www.dbq.edu/heritagecenter).

TH Media serves as the Heritage Center 2015-2016 season presenting media partner.

For further information, please contact Kristi Lynch, director of public information, at 563-589-3267.

**University of Dubuque Receives \$2000 in Scholarship Funds**

The University of Dubuque has received two \$1000 American Legion of Iowa Foundation scholarships to support veterans and their family members working to complete their education. The grant recognizes veterans and their family members as American Legion of Iowa Foundation scholarship recipients and provides additional support to cover the costs of higher education not covered by the GI Bill.

The University of Dubuque's Sergeant Jeffrey B. Dodge Veterans Center was created in spring 2014 to invest in the lives of students at the University who are veterans of the military. The center is committed to providing student veterans a seamless transition from military life to civilian college life. A college campus is an unfamiliar place to many student veterans, and reaching their full potential can only be realized with care, support, and access to education.

"On behalf of the University of Dubuque Sergeant Jeffrey B. Dodge Veterans Center I want to thank the American Legion of Iowa Foundation for the generous award of two \$1000.00 scholarships to be used to assist Veterans and their family

members with financial need to complete their educational goals," stated Rick Ernst (CSM, USA, Ret), veterans admission and assistance coordinator. "These funds will make possible for a deserving veteran or their family member to achieve their academic dream. As a veteran and a member of the American Legion, I know that there is no greater mission than assisting those who have sacrificed so much for our great country. By assisting veterans and their families we are repaying our debt to these patriots, and in return allowing them to continue to serve their communities, state, and country as productive citizens."

The American Legion of Iowa Foundation Scholarships will recognize students for their academic achievement and reward them for their dedication to their country and commitment to higher education.

The American Legion was chartered by Congress in 1919 as a patriotic, war-time veterans organization, devoted to mutual helpfulness. It is a not-for-profit community-service organization which now numbers nearly 3 million members, men and women, in nearly 15,000 American Legion posts worldwide.

**The Kitchen Diva from P. 18**

1 small zucchini, diced  
1/2 small jalapeno, diced  
1/4 cup thinly sliced fresh basil leaves

In a small bowl, combine vinegar, oil, sugar, salt and black pepper; mix well and set aside. In a large bowl, combine remaining ingredients with dressing and toss until evenly coated. Serve immediately combined with the Green Bean

Salad, or refrigerate until ready to use.

Angela Shelf Medearis is an award-winning children's author, culinary historian and the author of seven cookbooks. Her new cookbook is *"The Kitchen Diva's Diabetic Cookbook."* Her website is [www.divapro.com](http://www.divapro.com). To see how-to videos, recipes and much, much more, Like Angela Shelf Medearis, *The Kitchen Diva!* on Facebook. Recipes may not be reprinted without permission from Angela Shelf Medearis.

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#### Liz Lynch is back by popular demand.

The following stories were written by Liz at age 92 as she reminisced about the early days in her life.

#### Home Weddings

Suitors keeping steady company on Sunday evenings for two years was a sign that the two might have serious intentions of marriage. The final announcement was kept a perfect secret. Not one of the family would dare divulge the secret that they were having a wedding in the family.

Patch-work comforts were quilted in the heat of an upstairs room lest unexpected visitors would suspect the approaching wedding. Pillows were stuffed with goose and duck down saved from previous butcherings. Dresser scarves were edged with crocheted or tatted edges.

Finally the couple were publicly called - that is - it was announced from the pulpit by the priest or minister. "There is a promise of marriage between (girl's full name) and (boy's full name). If anyone knows of any reason why this marriage should not take place they are bound to make the reason known. This public announcement was made on three Sundays in succession. Never was the intended couple supposed to hear themselves "called" as the term was. Nor were they supposed to be seen at a public gathering, like a dance, until after the marriage was over.

The dowry was set up by both sets of parents of the couple, often a cow and a calf or \$100 dollar bill, and the amount was the same in value for each family if possible.

Preparations were in full swing. The whole house took a thorough house cleaning from

attic to cellar. New carpets were laid, new curtains hung; woodwork painted, in all it was a complete renovation of the whole household.

All members of the house were arrayed in new clothing. Personal invitations were sent to relatives, neighbors and friends.

The best cook in the country, be it relative or friend, was selected to be chief cook. This did not mean that the cook named had any idea of the quantity of food needed, Her orders were, "Have enough food: better to have twice too much than not enough." Chickens were killed, hams taken from the meat barrels in the cellar and boiled, cakes were made with special attention given to a three tiered white cake for the bride, and a three tiered dark cake (often fruit cake) for the groom. These two cakes were placed on large round cake stands, heirlooms of the families. In all, the preparation of the food, would surpass the Inaugural preparations.

Ice cream was brought in deep gallons of round containers packed with ice. A large cake of ice was put in a tub in the cellar to keep everything cool and appetizing.

Candy and nut baskets were made to match the choice of colors selected by the bride. They held the place tags for seating the guests.

The groom came to the bride's home to take her to church. There were two attendants to witness the marriage. A special choir was given the honor of singing sacred hymns during the ceremony.

#### SENIOR NEWS LINE

by Matilda Charles

#### Social Security Increase Unlikely

It's nearly a done deal: We likely won't see an increase in Social Security benefits in 2016. So sayeth the gurus who know about these things. Part of their reasoning is the Consumer Price Index that was issued by the Bureau of Labor Statistics for the year period ending in June, in which all expenditures rose only 0.1 percent.

Broken down into the categories we seniors care about, there's a different story:

- All food: up 1.8 percent
  - Meats and eggs: up 3.3 percent (Ground beef rose 10.1 percent, and the cost of eggs went up 21.8 percent.)
  - Prescription drugs: up 3.3 percent
  - Shelter: up 3 percent
- What apparently balanced the

numbers, allowing them to claim only a 0.1 percent overall increase, was energy: It fell 15 percent. That includes fuel oil, gas, firewood, electricity and everything else related to energy. (Did anyone tell the electric company about that? Or the gas supplier?)

The AARP has gone to bat for us again, saying that seniors don't spend the same way as others who also are included in the price index. We spend more on health care, for example. (The good news is that if the Cost of Living Adjustment doesn't increase, neither will the \$104.90 Part B Medicare premium.)

For this year, Social Security checks rose 1.7 percent, and we thought that was low. In 2014, it was 1.5 percent. The year before it was 1.7, and in 2012 it was a whopping 3.6 percent.

While it looks like we won't get a COLA increase for 2016, keep your fingers crossed. The final numbers won't be in until October.

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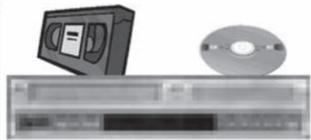
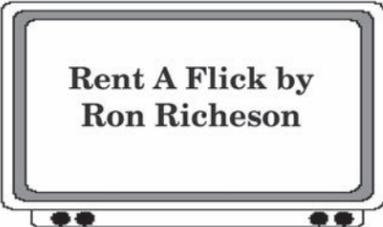
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Rent A Flick by  
Ron Richeson

**Ex Machina**

Science fiction has long been interested in artificial intelligence (A.I.). We remember Hal, the untrustworthy computer in *2001: A Space Odyssey*; the mutinous replicants in *Blade Runner*; the sultry-voiced love interest in her, and now the beautiful and inquisitive Ava in *Ex Machina*.

Caleb Smith (Domhnall Gleeson) works as a programmer for a search engine company created and run by the reclusive Nathan Bateman (Oscar Isaac). Bateman runs a competition among his employees with the winner earning the right to spend a week with him at his remote estate. That winner is Caleb.

Caleb may have been expecting a casual get together, but when he

meets Ava (Alicia Vikander) it is anything but. Ava is an A.I., and Caleb has been selected to be the administer of the Turing Test, an interactive test given to determine whether an A.I. can pass for human. As the sessions progress, the line becomes blurred as who is the administer and who is the recipient.

Be aware that this film is rated a deserved R. The final sequences of events contain a considerable amount of nudity, although it is not sexual in nature.

Technology drives our world, so artificial intelligence is inevitable. Is that a good thing or a bad thing? I don't know. But I do know that viewers will be discussing the startling ending of *Ex Machina* for a very long time.

This film is available at most Redbox locations.

**An Iowa Legend  
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The day after Iowa-born (Winterset, 1907) John Wayne died, the Congress of the United States voted to award him its highest honor, the Congressional Gold Medal. John Wayne was by all standards the ultimate patriot.

A person like John Wayne wasn't born, he was created, and his creator adopted the stature of his creation. John Wayne began life as Marion Morrison, in Winterset, Iowa. During Marion's childhood, his pharmacist father developed heart trouble and a local physician suggested a drier climate, and the family headed for California where Marion grew to a 6'4", 225-pound captain of his high school football team and became known as "The Duke," after the name of his pet dog.

The Duke's neighbors were people in the movie business, so it was natural that one day on a lark, he and some teammates would audition for a football film. From there he graduated to bit roles and behind-the-scenes work, which eventually provided him a job when his college tuition money ran out.

One day the strapping Duke was spotted and awarded a starring role in a movie *The Big Trail*. The film flopped, but contributed one more important morsel to the Marion Morrison movie makeup: a new name, John Wayne. A name that filmmakers decided was tough enough to match its owner's looks.

Movie after movie followed. Most of them were of B quality, but they taught Wayne the business, gave him steady work, and provided screen exposure. Through these years, Wayne cultivated the person he became, adopting a certain swagger, tough demeanor and mannerisms of speech—both on screen and off—which ultimately propelled him to win an Oscar for his role in *True Grit*.

After winning a bout with what he called "The Big 'C'," cancer, and winning another battle with "The Big 'H'," heart disease, the Duke cashed in his chips and took his last journey to Boot Hill at age 72.

While the Duke, America's folk hero, never served in the Armed Forces, he personified the inscription Congress placed on his gold medal. It was: John Wayne—American



Earl Tupper, of Tupperware fame, is believed to have gotten the design for Tupperware's liquidproof, airtight lids by duplicating the lid of a paint can.

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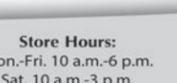
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## Plant Talk

by  
Ken Resch



## Siren Song of the Garden

In Homer's *The Odyssey*, there's a point where he tells his men to put wax in their ears and to tie him to the mast without wax so he could hear the Sirens call. These were not sirens like we might think of them; rather they were beautiful women whose enchanting song lured men toward them only for their ships to be smashed upon the rocks. Such is how I see my forays into the garden.

This past year has been especially difficult for me and I found myself hiring more help for tasks I once routinely knocked off before lunch. I work alongside my grandchildren or other workers but my stamina fades sooner than theirs though I try to cover up that reality. My efforts for this gardening season were aimed at getting my infrastructure in place. I covered my redesigned hosta house with shade cloth, we built a cinder block wall to hopefully hold back the ever-creeping hill slide, and we rebuilt the retaining wall with newer railroad ties so that the raspberries have a nice home and the weed patches have been effectively destroyed.

All this effort has taken a toll on me and as I sit here in

September I wonder if maybe it's time to call it quits. We could sell the house, get a small duplex or apartment and be done with all the yard maintenance and flower planting. Then the Sirens call. I think of bulbs to plant now and into October for next spring or of how I will fill the planter boxes we made this summer. Then there's the new vegetable garden to consider—the one I overlooked this year because I was busy with rebuilding projects. No I cannot stop plunging my hands into the soil.

I am beyond certain that for many of us we *must* garden to survive. For me, rich, dark soil runs through my veins from my father back to my grandfather and beyond. We have all had our hands deep in the soil over the past two centuries and our lives have been enriched for that experience. I am certain that come next spring I will gladly venture out into the garden and enjoy each unfolding flower from the tulips and daffodils to lilies and the irises. But I will keep a promise made to a few of my closest family members: I am finished doing the gardening for others. What strength and energy I have I promise to devote to my gardens—and maybe those of my children.

Yes, I hope to hear the Siren Song next spring and for as many more springs as I am granted. I will answer that call even if, in time, it comes down to planting a few hanging baskets for around my entryway. So long as I have breath to take, I will eagerly answer the song I hear.

## IWLC awarded grant from McDonough Foundation to support Dubuque conference

Cedar Rapids, Iowa – Iowa Women Lead Change (IWLC) has secured an important infusion of financial and community support from the James B. and Melita A. McDonough Foundation. The donation will fund one of the conference keynote speakers at the Dubuque Conference on October 8, 2015 at the Grand River Center.

IWLC is thankful for the generosity of the McDonough Foundation and its mission to improve the quality of life in Eastern Iowa by supporting other Eastern Iowa and Tri-state area charitable organizations. The McDonough Foundation was created to honor Jim and Melita McDonough, a couple who lived in Eastern Iowa.

"We are humbled by the support of the McDonough Foundation," says Diane Ramsey, CEO of IWLC. "Their vision will enable hundreds of Tri-State women leaders and students to experience the inspiration, learning and networking that occurs during an IWLC conference."

"IWLC and its dedication to elevate our community is

clearly in line with our own mission to better the lives of the people and businesses that have made Dubuque their home. We are excited to sponsor the first conference coming to Dubuque and we wish IWLC great success in 2015 and in the future," stated Dale Repass, James B. and Melita A. McDonough Foundation Director.

IWLC provides women with opportunities to enhance leadership skills through resources including conference speakers, peer networking, and other important services. IWLC owes much of its success to generous support from large and small organizations throughout Iowa – such as the McDonough Foundation. Women at all stages of their lives and leadership development – from students to seniors – can benefit from IWLC resources.

The IWLC Dubuque Conference speaker line up will consist of three nationally recognized keynote speakers, including Lisa Bloom, American Civil Rights advocate and legal analyst; Alison Levine, history-

**ILWC Grant cont. P. 26**



**From The Batt Cave**  
**Al Batt**  
 snoeowl@aol.com  
 http://albatt.net/

71622 325 St., Hartland, MN 56042

**The Rhubarb Caper**

The census taker had to use an adding machine.

My buddy came from a big family.

Nobody ever got an accurate count, but we figured about 14. He said that his father wanted a family large enough that he could become lost in a crowd.

He was my friend. I called him Dipes because of a rumor going around that claimed that his mother, when she wasn't wearing her glasses, had sometimes diapered the wrong end.

Dipes and I thought we were Ferraris in high gear. In truth, we were Ford Falcons at full throttle. We loved kicking the tires on a new day. Each day involved us in our own personal country music song. We barely knew things. We weren't old enough to have been tormented by the periodic table of elements, but we had perpetual appetites.

Dipes and I had plowed through Grandma's rhubarb.

Grandma lived in a small town in Iowa that had failed in an attempt to become a city. There were no fast foods available and the slow foods were tethered to meals.

School was out. It was summer vacation. We were free-range kids allowed to do almost anything, as long as we did it outside. We wore plain white T-shirts and blue jeans every day except Sunday. That saved us from having to decide what was and what wasn't color coordinated. Color coordination eluded us. We wanted all colors of all clothes to get along.

We were always up to something. We didn't relax. No one had told us to. Older kids advised one another to un-lax. This was because of something Bugs Bunny had said. Bugs Bunny was the true leader of the generation. A guru who taught us that pretty good was better than perfect.

We were an optimistic bunch. In Iowa, summer optimism was rewarded early with rhubarb and late with sweet corn.

We were often hungry. It wasn't because of a lack of food, it was because eating three meals wasn't enough of a commitment for us. We didn't have a penny between us. That

meant we were almost broke. We had to search for free food.

My mother's response to my pleas of near starvation was to toss me a cold potato while saying, "If you're really starving, this will save you."

It took a village to raise enough rhubarb to feed us.

One of Grandma's neighbors had a big garden. It was the length of a short par three. The neighbor had some rhubarb planted close to Grandma's property line that looked delicious.

My mother, Dipes' mother, my aunts and grandmother had headed off to a beauty shop that might have been named Perms of Endearment.

Dipes decided that we should get some of that rhubarb. I wasn't sure about the whole thing, but I agreed to act as a lookout. He and I took turns being bad influences on one another. We considered freeing some of the rhubarb from the neighbor's garden on the other side of Grandma's house, but the rumor was that the homeowners there might have spent time in prison. I pictured them as someone like Ma Joad from "The Grapes of Wrath" who had attacked a tin peddler with a chicken. The suspected convicts seemed nice and they were friendly enough, but I imagined them attacking a Fuller Brush man with a chicken. I had proof. As convicted felons, they wouldn't have been allowed to have weapons. That was why they didn't own any chickens.

I wasn't good at being a lookout. A neighborhood girl, with only one front tooth left, still had a smile pretty enough to distract me. She tattled on us. The couple that lived in the house caught us swiping their pie plant. They made a citizens' arrest. The only thing that had been arrested before was our intelligence. They took us into their home. At last, they'd have their revenge. We weren't quite too big to spank. We worried that they would call our parents. This was during the era when we didn't care what the school did to us if we got in trouble, as long as they didn't call our fathers.

The woman of the house took the purloined rhubarb from us. We sat and nervously awaited sentencing.

In an odd form of punishment, she fed us rhubarb crisp.

She tried to teach us a lesson by saying, "Now doesn't that taste better than stolen rhubarb?"

It did. It had sugar on it.  
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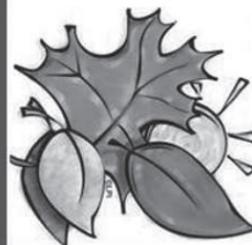
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1. MEASUREMENTS: A quidecennial refers to what period of time?
2. CARTOONS: Who was the voice of Nigel in the animated series "The Wild Thornberrys"?
3. GEOGRAPHY: In what U.S. state did the Battle of Kennesaw Mountain take place during the Civil War?
4. ASTRONOMY: What shape is the Milky Way galaxy?
5. LANGUAGE: What is the meaning of the Latin phrase, "Cogito ergo sum"?
6. MOVIES: What was the name of Meg Ryan's bookstore in "You've Got Mail"?

7. LITERATURE: What is the name of the bookstore in Diagon Alley in the "Harry Potter" series?
8. EXPLORERS: Which European explorer discovered a sea route to India?
9. HISTORY: During what war did the Battle of Trafalgar take place?
10. MATH: What is the decimal equivalent of the fraction 1/5?

**Answers**

1. 15 years
2. Actor Tim Curry
3. Georgia
4. Spiral
5. "I think, therefore I am"
6. The Shop Around the Corner
7. Flourish and Blotts
8. Vasco da Gama
9. Napoleonic Wars
10. 0.2

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**Attention: Alumni**

For the first time in the history of Dubuque Senior High School, since 1858, an Alumni Association is being formed. The mission statement of the Alumni Association is: To

encourage alumni to participate actively in the Senior High community, to attend events, to volunteer, to create new ways for alumni to stay connected to Senior High, and to contribute to the greatness of our High School.

The Association is starting out with a monthly Enewsletter that will share

information on what is happening at Senior and the successes of the current students, share reunion information and important Alumni news.

The Alumni of Senior High School have a lot to share with the school and are an important part of the future successes of Senior and the Student Body, stated Terry

Mozena, Association Member. Many of us have fond memories of our time at Senior and now it there is an opportunity to get reconnected. Please send your email address to [DubuqueSeniorAlumni@gmail.com](mailto:DubuqueSeniorAlumni@gmail.com) to be included in the monthly newsletter. Contact Terry Mozena at 563-584-0282 with any questions.

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Over The Years  
by Grandma

## Highlights of The 40s

When the world was at war, countless American men and women left their loved ones to defend liberty and uphold justice stateside and overseas.

The men and women who were lucky enough to return home from World War II never forgot their experiences.

On the home front, there were plenty of ways to support the war effort in our own communities. If you were a lady old enough, you could work in a factory, where you had the name "Rosie the Riveter." Many communities had drives to collect silk or rayon hosiery, slips, gowns, blouses and even bedspreads. Factory workers rewound these fabrics so they could make parachutes. There were also scrap metal collection centers, many people planted a victory garden, and most people bought war bonds.

During the forties, a movie theater could be found on nearly every Main Street in America. As soon as we stepped inside, we knew we were in for a treat. Going to the movie was like entering another world for a few hours. The theater had ornate chandeliers and a large balcony reached by a wide curving staircase. Westerns and cowboy heroes were a big part of the movie world.

Kids in the 40s were just like kids of every other generation. Their main goal was to have fun. There were no battery operated toys. The toys were operated manually or by using brain power. Board games were popular such as *Scrabble*, *Candy Land*, *Clue*, *Checkers* and *Chess*. *Silly Putty* was invented in 1943. Boys in particular liked to play with Tonka Trucks, their *Radio Flyer* red wagon, a BB

gun and a pocket knife was a must for whittling and cutting apples. Boys loved their comic books that could be purchased for ten cents. Girls especially liked to play with paper dolls, have games of Jacks, and Hop Scotch, and make believe tea parties. Both boys and girls played baseball.

Parents in the 40s spent hours dancing. It was era of the Big Bands and it was exciting with Waltzes, the Foxtrot, Lindy, and Tango. The Big Bands included: Glenn Miller, Benny Goodman, Tommy Dorsey and Harry James. It was a good place to meet a member of the opposite sex. Adults also played lots of card games. The War ended in 1945 and the Fabulous "50's" quickly rolled in. These years were considered the "Good Times." Men came home from war, married, raised a family and took pride in their home.

Every small town had a Five and Dime store. The first successful 5¢ & 10¢ store was started by F. W. Woolworth in 1879. Dime stores purchased in large quantities and sold inexpensive merchandise at discounted prices such as candy, toys, household items, Christmas ornaments, and glassware for less than 10¢. Woolworths added lunch counters with a soda fountain that offered inexpensive restaurant food and added another draw for price-conscious shoppers. It was a good place for teenagers to meet. In front of the counter were stools with padded leather cushions. The stools swiveled and would creak as you turned to nervously look at your teenage friend. There were many soda fountain romances.

There were three Five and Dime stores in our town, Woolworths, Kresge, and Neisner's.

After the war was over, the 40s were a fun time to grow up. There are many happy memories.

Mediterranean Sea, also is an autonomous region of Italy. If you ever decide to vacation there, keep an eye out for "casu marzu," a cheese that's produced locally. Whether you're keeping an eye out in order to sample it or avoid it depends on whether or not you have an appetite for adventurous eating. The makers of "casu marzu" deliberately introduce into the process the larvae of a particular cheese fly. Though the cheese is sometimes cleaned out before it's served, it's often presented in its original state, wriggling maggots and all.

**Thought for the Day:** "There is nothing more dangerous than a government of the many controlled by the few." — Lawrence Lessig

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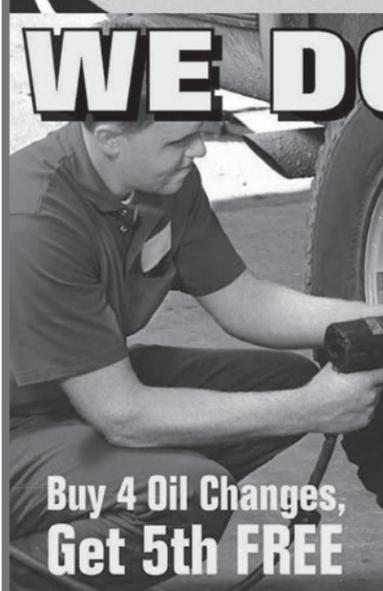
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### Strange But True from Pg. 6

in a public place.

- The lyrics to that favorite Irish ballad "O Danny Boy" were actually written by an Englishman.

- Famed comedic actor Charlie Chaplin was born in England, but at the age of 19 he came to the United States as a performer with the prestigious Fred Karno company. Interestingly, Stan Laurel, of Laurel and Hardy fame, emigrated to the U.S. at the same time, as part of the same company — as Chaplin's understudy.

- In a recent survey of pet owners, nearly half of all respondents said that the best description of their relationship with their pet would be "soul mate."

- Sardinia, the second-largest island in the

# Collecting

by Larry Cox

## Tabletop Radio

**Q:** I have inherited a small tabletop radio, a Zenith Model SR-312. My dad bought it just before he joined the service in 1942. Since it still works, I assume it has value. — *Ken, Sioux City, Iowa*

**A:** Your radio is probably in a dark brown case with pushbutton controls and two knobs. According to "The Radio and Television Price Guide" edited by Kyle Husfloen and published by Krause Books, your radio was manufactured in 1939 and is worth about \$130. This amount can vary depending on what part of the country you sell it. Pre-1940 radios are especially popular in California, where prices are generally above book value.

**Q:** My great-grandfather was an attorney in Santa Fe before New Mexico joined the union. I have some of his old files from the 1880s and 1890s that concern mostly land matters. I think some might be valuable. Is there someone I can contact about them? — *Maria, Rio Rancho, New Mexico*

**A:** Your documents sound interesting, and hopefully they are, indeed, valuable. To find out for certain, you need to contact an expert.

Brian Kathenes is a certified appraiser who specializes in autographs and historical documents. His contact information is P.O. Box 482, Hope, NJ 07844; [www.NacValue.com](http://www.NacValue.com); and 800-323-5996.

**Q:** I have an old \$100 bill issued by the Commonwealth of Virginia in 1862. Does it have any value? — *Mary, Belvedere, Illinois*

**A:** You might be able to find your currency referenced in the latest edition of the Official Blackbook Price Guide to United States Paper Money, by Marc, Tom Jr., and Tom Sr. Hudgens (House of Collectibles, \$8.99). It has a section on Confederate bills and has been updated to reflect current prices in the marketplace.

**Q:** I am in the process of liquidating an estate in Tulsa, Oklahoma. Since there are numerous valuable antiques, I need an appraiser who can help me determine what to sell and what to keep. — *Phyllis, Muskogee, Oklahoma*

**A:** The International Society of Appraisers was founded in 1979 and is one of the largest such groups in the United States and Canada. You can find an appraiser near you by using its website: [www.isa-appraisers.org/find-an-appraiser](http://www.isa-appraisers.org/find-an-appraiser).

Write to Larry Cox in care of KFWS, 628 Virginia Drive, Orlando, FL 32803, or send e-mail to [questionsforcox@aol.com](mailto:questionsforcox@aol.com). Due to the large volume of mail he receives, Mr. Cox cannot personally answer all reader questions, nor does he do appraisals. Do not send any materials requiring return mail.

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Food and Nutrition Services has employment opportunities available for substitute food service workers across the district. High school diploma required. Applications available at: [www.dbqschools.org](http://www.dbqschools.org) — Click 'Careers' AEO/AAE

## Tri-State Singles Social Club

If you lost a spouse, divorced or single by choice, you are invited to join our social singles club. This is a great way to meet new friends and enjoy the company of others. Our club is for adults 40 and over in the Tri-State area. We enjoy activities such as lunches, dinners, picnics, house parties, card parties and much more. For more information, call Jack Tegeler at 563-590-3608.

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**Radio From  
The 20th  
Century**  
by Bill Zwack



The Frank Morgan Show was, in the end, a misnomer of sorts, because Morgan spend most of his radio career sharing a format with someone else. Those shows, covered elsewhere, are recapped as follows: in 1937, Morgan became a regular with Fanny Brice on NBC's *Good News of 1938*. That show evolved in 1940 into *Maxwell House Coffee Time*, slimming down from 60 minutes to 30 minutes but keeping the same sponsor and Thursday night time slot. *Maxwell House Coffee Time* was divided equally between Morgan and Brice; she used 15 minutes for a *Baby Snooks* skit, he used the remaining 15 minutes for a monologue, usually a tall tale about his exploits in younger days. The joint format ran for four years. In 1944, Fanny Brice pulled away for her own *Baby Snooks Show*, and Morgan began his *Frank Morgan Show*. This was essentially a variety hour, featuring more tall tales and backed by Robert Young and Cass Daley. It too was carried by Maxwell House in

the old Thursday time slot. But Morgan without Snooks lost a huge piece of rating. This show lasted only a year. Morgan came back in 1946 for another season of situation comedy, as *The Fabulous Dr. Tweedy*. Most of us fondly remember Frank Morgan as the lovable cowardly lion from *The Wizard Of Oz*. Another favorite movie of mine, and which was heard on *The Lux Radio Theater*, was of a shop owner in *Shop Around The Corner*. It is interesting that even though Frank didn't follow Fanny Brice to be "Daddy" in her own radio program, his voice matched so closely to Hanley Stafford's voice, that they were hard to tell apart. The listeners probably didn't know one from the other until the announcer on the program listed Hanley Stafford as Daddy with Fanny Brice as Snooks. Every now and then you can catch a *Baby Snooks and Daddy* skit if you listen to *The Big Broadcast* which is heard every Sunday night on AM 1370 KDTH from 6 to midnight.

## SAVE the DATE October 2015

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—Ray Kroc



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*The difference between what the most and the least learned people know is inexpressibly trivial in relation to that which is unknown.*

—Albert Einstein

## Memories Passed On (As told to my grandson Maury)

by Jerry Eberhardt

### The Best Of Jerry

#### I Couldn't Tell Anybody

Maury, one might describe this memory in a lot of ways but it is, among other things, "humorously ironic." (Ask Mom or Dad if you don't know, Maury, what that means). When Grandpa was a senior in high school, a very close friend and classmate, Ray Braun, and myself skipped classes one afternoon in May. Because the weather suddenly started producing May showers we, on an impulse, decided to go bowling. (Remember, Maury, the memory about Joe's bowling ball being "dropped in the Mississippi" when Grandpa bowled in the Dubuque Classic League, etc.?) This was several years prior to that time but we were already enjoying and getting better at this sport all the time. Before explaining what happened Grandpa will tell you that after bowling in the classic league for thirty years I never had a 300 game and never made the prestigious 700 Club. (A lot of classic league bowlers did.) One had to bowl these counts in an ABC sanctioned league to receive official credit for these accomplishments. Open bowling does not qualify.



Jerry Eberhardt with grandson, Maury Cohn

My highest game in league was a 288 and my highest three game total was a 687 count but never 700.

Back to what happened, Maury. We didn't have much money at that time, but as I recall Ray and I bowled three games at Armstrong's Alleys. (The proprietor, Johnny Armstrong, later managed our baseball team. You can call it poetic justice (again, Maury, ask Mom or Dad) or anything else but I ended one game with four strikes and then threw twelve consecutive strikes the next game for a 300!!! Ray was my witness, plus a few other people, but there were very few persons I could tell!! Remember, Maury, I was supposed to be in school! (A good lesson to be learned here, Maury, is NEVER skip school!)

Much love, Grandpa

#### ILWC Grant from P. 22

making polar explorer and mountaineer; Cy Wakeman, award-winning author, business consultant and trainer. DuTrac Community Credit Union is the Presenting Sponsor of the conference.

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ILWC is the state's premier leadership organization for women, offering comprehensive leadership resources including

events featuring prominent speakers, frequent networking opportunities, and other important services to advance women's leadership in all aspects of their lives. Since 2007, IWLC – originally known as the Iowa Women's Leadership Conference – has staged events attracting more than 10,000 women and men from across the Midwest. IWLC is an IRS 501(c)(3) charitable organization and welcomes inquiries from grant makers, individual contributors, and other funding partners who share its passion for women's leadership.



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### Don't Cry

On Friday, July 31, 2015, the world — America certainly — was a very different place. We were a world that seemed to have lost its heroes.

The month had started off reasonably well. Serena Williams won Wimbledon, one month after winning the French Open. Zack Johnson won the 144th Open Championship at St. Andrews, Scotland. The women's national soccer team won the World Cup in decisive fashion. We even won the Pan-American Games.

Off the field, South Carolina finally ceded the Civil War, and

thanks to NASA, we now know more about Pluto than we know about Idaho and South Dakota. Good news was coming out of the technology sector and job market.

Then we fell down the stairs. Shootings in movie theaters. Routine traffic stops turned into horror flicks, speed traps became death traps, and a campus policeman in Cincinnati had more firepower than Marines at our recruiting centers in Chattanooga, Tennessee. The guy who used to teach me Picture Pages while he lectured Fat Albert and the Cosby Kids, who introduced me to New Coke, pudding on a stick and Lisa Bonet, admitted he's a serial rapist.

Universal laws of physics teach us that for every action there must be an equal and opposite reaction. American exceptionalism requires more than that, however. We like to turn things upside down, too. So

we made sure that July was the month that had actual crying in baseball. It happened when a shortstop learned during the middle of an inning, with millions of people watching, that he had been traded. And get this — he was crying because he DIDN'T want to leave the Mets.

The guy who wants to be our next commander-in-chief insulted an American war hero and POW, and the only military experience he had was time served as an owner of the New Jersey Generals. Then he surged in the polls.

We passed toy gun legislation that is tougher than our actual gun laws because we're afraid our kids pretending to play cops and robbers may actually get shot and killed by a real cop who may mistake him as a real robber.

We learned that we have dentists in America more lethal than adult male lions. The King

of the Beasts is now thought to be friendlier and safer than some Midwestern oral hygienists. Time was, dentists used to just badger us into flossing. Maybe now, we'll start to take that with a little more seriousness.

Then, everything changed on a Saturday. The first weekend in August took what we thought had left us — the hero — and made things right. Wilmer Flores will now forever be remembered as the King for a Day in Queens when the trade falls through, and he responds by hitting the game-winning, walk-off home run.

And out of Brazil, a bantamweight named Rhonda, and from inside New Jersey, where a horse with a misspelled name answered the clarion call: You can still have sports heroes. Don't cry.

Mark Vasto is a veteran sportswriter who lives in New Jersey.

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## Sports Comment

by Gary Dolphin

V.P. **USbank** – Business Development  
and Voice of the Iowa Hawkeyes

### From Where I Sit

With the football season looming, several other sports dominate the local headlines and rightfully so. Cedar Rapids native son Zach Johnson won the Open Golf Championship at St. Andrews in Scotland. Johnson didn't make the cut at this past week's PGA Championship at Whistling Straights, but what a sight it was to see the 39 year old strolling the fairways, grouped with golf's two present superstars, Jordan Spieth and Rory McIlroy. My broadcast partner Ed Podolak and I spent all day Friday at the Kohler layout, walking the grounds of this incredible tract along the Lake Michigan shoreline.

While Johnson went home after Fridays even par 72 and a two day total of +3, that was one shot shy of the cut line, his future is incredibly bright. Zach sits top ten in Fed Ex Cup points, top ten on the season's money list and is the 12th ranked player in the world. Gaudy numbers for a guy who wasn't number one on his Cedar Rapids Regis high school team nor his Drake Bulldog outfit. Johnson shows us what resolve and determination are. He kept telling his parents Dave and Julie, who are Manchester natives, he was going to make the professional golf tour someday. Did he ever. Twelve tourney titles including two majors and thirty five million dollars in career earnings later, number eleven all time, Johnson shows no sign of letting up.

The Fed Ex Cup is just ahead. Don't be surprised if the soft spoken, class act, from the city of five seasons adds a few more championships to his resume. Johnson should be a lock for this fall's President's Cup.

While Zach Johnson has been living his dream for twelve years, Cascade's Colin Rea is in the initial stages of his. Rea made his Major League pitching debut for the San Diego Padres August 11th throwing five solid innings and beating the Cincinnati Reds 11-6. Rea, a 6'5", 220 pound right hander yielded three runs and seven hits, struck out four and walked one, throwing 75 pitches, 47 of them strikes. Colin started in Double-A and had a short stint at the Padre's Triple-A affiliate in El Paso in late June before being summoned to the big leagues.

Rea was a star at Cascade High School, played for current Iowa coach Rick Heller at UNI and Indiana State before being drafted by San Diego.

Dubuque County has been producing terrific baseball players for over a century. In 1914 another Cascader made his major league debut. Red Faber became a hall of famer over nineteen seasons including a world championship with the White Sox, winning just shy of 300 games. Faber was inducted in Cooperstown in 1964.

Zach Johnson could easily be in the World Golf Hall of Fame someday. Colin Rea has miles to go but has great examples of how it can be done.



by Chris Richcreek

- Who was the last New York Yankee before Jose Pirela in 2014 to triple in his first major-league at-bat?
- During the 1970s, three players hit a home run in their first World Series at-bat. Name two of them.
- Who holds the record for most career wins by a quarterback at the University of Florida?
- Name the last NBA player before Miami's Norris Cole in 2012-14 to appear in the NBA Finals in his first three pro seasons.

- When was the last time before 2014-15 that the Philadelphia Flyers swept the Pittsburgh Penguins in the season series?
- Name the last Olympics in which the U.S. men's hockey team won a medal outside of North America.
- Which two golfers hold the LPGA record for most consecutive rounds under par?

### Answers

- Steve Balboni, in 1981.
- Gene Tenace (1972), Jim Mason (1976) and Doug DeCinces (1979).
- Tim Tebow and Chris Leak, with 35 wins each.
- Scott Williams of the Chicago Bulls, 1991-93.
- It was the 1983-84 season.
- It was a silver medal at the 1972 Winter Olympics in Japan.
- Lydia Ko and Annika Sorenstam, with 29 rounds each.



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### To Be Frank Was to Be a Giant

Truly, there can be no professional sports without an announcer. It just doesn't work any other way.

Think about it ... when you were a kid, playing football or baseball down the street and ruining Mrs. Johnson's front yard, the voices you heard in your head weren't the kind that got you put away upstate for awhile ... they were the dulcet tones of the many maestros of the microphone!

To the untrained eye, sure, you were a 16-year-old string bean wearing sweat pants, but when you went up for the Nerf, you were like Lynn Swann, and when you ran unabated into the end-zone, you followed in the well-worn footsteps of Tony Dorsett or Walter Payton. That time you caught a 5-yard curl and proceeded to drag half of the little brothers on the block that you agreed to let play that "one time" 50 yards after the catch for a touchdown like Mark Bavaro? It would have been all for naught had you not been piping in the play-by-play to yourself ala Keith Jackson, Marv Albert, Gil Santos, Bill Grigsby, Hank Stram or Pat Summerall.

That was a different era, to be sure. It was a time when football coaches wore suits and fedoras on the sideline, a time when Michelob used to come in funky bottles emblazoned with gold and red ribbons and was considered a premium beer, a time when you didn't need a \$99 billion search engine in order to figure out what channel the game was on, because there were only three channels. And on Monday

night, you can bet that all the Mr. Johnson's of the world were watching Monday Night Football.

Frank Gifford was a star long before he was the tolerant All-American glamor boy in the booth, the guy who used to break the games down while preventing Howard Cosell from having a break down. Cosell was the sports announcer who could never be ignored, whose arrogance often transcended his greatness, particularly when he felt he had to do something beneath himself, like announce football with jocks like Don Meredith and Gifford.

But it was Frank who won everyone over. He was a trailblazer — the first guy to really transition into the booth after his Hall of Fame football career. And for all of Cosell's bluster, when it came time to break the news to the world that John Lennon had been killed, he froze, and he looked over to the guy seated at his right, the other guy in the gold blazer. The golden boy, Frank Gifford himself. MVP in 1956. Hall of Famer, triple threat.

And he said to the man with all the words, the man who never played the game, that it was just that: a game.

"Got to do it," Gifford said.

So, what would Cosell say today upon learning of the passing of Francis Newton? They called him "Frank" because quite frankly, he was New York's first football star. The Yankees had the Babe and the Iron Horse. The Trolley Dodgers of Brooklyn had Jackie Robinson. The Jets had Joe Willie, and the Mets had the "Say Hey Kid." But for Big Blue, their first shining star was truly a Giant. Frank Gifford, the man who could kick, run and pass, passes from this vale of tears at age 84. He will be missed.

Condolences to Kathy Lee and family.

Mark Vasto is a veteran sportswriter who lives in New Jersey.



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## Good Housekeeping

### Lemon-Dijon Potato Salad

This light, lemony potato salad uses Dijon mustard and tarragon to give it a greater depth of flavor.

- 3 pounds red potatoes, cut into 1-inch chunks
- 1/4 cup white vinegar
- 2 tablespoons olive oil
- 2 tablespoons Dijon mustard
- 1 teaspoon freshly grated lemon peel
- Salt
- Pepper
- 1/3 cup light mayonnaise
- 1/3 cup plain yogurt
- 3 stalks celery, sliced
- 1/3 cup chopped parsley
- 1 tablespoon chopped tarragon

1. In 5-quart saucepot, combine potatoes with 1 teaspoon salt and water to cover; heat to boiling on high, then cover and simmer 10 minutes or until tender.

2. In large bowl, whisk vinegar, oil, mustard, lemon peel and 1/2 teaspoon each salt and pepper. Drain potatoes; stir into bowl; cool.

3. In small bowl, whisk remaining ingredients; stir into potatoes. Cover and refrigerate. Makes 10 cups.

For thousands of triple-tested recipes, visit our website at [www.goodhousekeeping.com/recipefinder/](http://www.goodhousekeeping.com/recipefinder/).

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*For sleep, health and wealth to be truly enjoyed, they must be interrupted.*

—Jean Paul Richter

\*\*\*\*\*

*Worry is the traitor in our camp that dampens our powder and weakens our aim.*

—William Jordan



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Softball  
1952

## Down Memory Lane

Exerpts From The Pages Of "The Avalon" A Newsletter Of The Dubuque Packing Company

Softball  
1952



### INDUSTRIAL LEAGUE CHAMPS

Champions of the first half league competition in the Dubuque Industrial Softball loop are our own Dubuque Packing Company Packers who finished the schedule with a record of seven wins and but one loss.

Ace twirler "Richie" Miller has a perfect record of four triumphs and no defeats on the mound and hurler Louie Hansen sports an impressive 3 and 1 record in league competition.

Another item of importance in the success of the Packers is the heavy and timely hitting of such stars as Bob Defendi (.600), James Delaney (.563), James Welu (.391), Bill Meyer (.474). Plant recreational director "Maurie" Conwell directs the club's athletic activity, while Defendi is playing manager.

# FLASH BACK

POP, ROCK & SOUL TRIVIA BY MICK HARPER

1. Which Foreigner song was covered by Wynonna Judd, Mariah Carey and Gloria Gaynor?
2. Who wrote and released "Rikki Don't Lose That Number"?
3. Who wrote the musical score for the films "Blade Runner" and "1492: Conquest of Paradise"?
4. What British duo made television sitcom appearances under the names of "Fred and Ernie" and "Nigel & Patrick"?
5. Name the song that contains this lyric: "Follow her down to a bridge by a fountain where rocking horse people eat marshmallow

pies, Everyone smiles as you drift past the flowers that grow so incredibly high."

## Answers

1. "I Want to Know What Love Is," 1984. The 12-inch record version ran for over 6 minutes. 2. Steely Dan, in 1974. It's believed that the song was penned about writer Rikki Ducornet.
3. Vangelis. He also composed the music for "Chariots of Fire."
4. Chad and Jeremy, in the 1960s.
5. "Lucy in the Sky with Diamonds," by the Beatles in 1967. Despite the rumors about the title's initials (LSD), the song wasn't about drugs.
- John Lennon's young son, Julian, did a drawing of a nursery-school classmate, Lucy, and called it "Lucy" — in the sky with diamonds.

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### Comfort Food from P 1

exciting changes are coming....



and even offer many of their entrees daily served hot by the slice.

The business has recently changed ownership and the new owners are proud to announce that the menu has expanded thanks to their passion for cooking. "Cooking has always been a part of my family" says co-owner Richard Hoyer "and I am happy to be adding some of my family favorites to our menu, including Pasty". Pasty is one of the unique comfort foods that Fresh Take will be featuring on their menu. Fresh Take also offers a variety of home cooked baked goods, breads, and soups.

Fresh Take's home cooked meals aren't only convenient to take home, they also cater. Comfort food is a great way to please guests at any event.

Fresh Take offers catering services for events like luncheons, weddings, meetings, and more. Most of their menu items along with many other options are available for small to mid-sized groups.

The chefs at Fresh Take guarantee you will leave their shop with food that tastes just like you remember your grandma's home cooked meals tasting, without the hassle of cooking them yourself. So gather the family at the table and share some quality time and comfort food.



Fresh Take is located at 345 Main Street in downtown Dubuque

### Social Security from P. 12

worker's own record. Otherwise, we pay the spousal benefit. In other words, we pay the higher of the two benefit amounts.

The best way to see what those benefits might be is to visit Social Security's *Retirement Estimator* at [www.socialsecurity.gov/estimator](http://www.socialsecurity.gov/estimator). The *Retirement Estimator* is an easy way to get an instant, personalized estimate of future retirement benefits. The *Estimator* uses your actual earnings history to compute a benefit estimate.

In the past, applying for benefits could be laborious, requiring you to drive to a Social Security office, wait, and fill out paperwork. Now, you can visit [www.socialsecurity.gov/applyonline](http://www.socialsecurity.gov/applyonline) to find out everything you need to know about applying online for

retirement benefits. And, when you're ready, you can securely file the application online in as little as 15 minutes.

In most cases, after you submit your online application electronically, that's it. There are no additional forms to sign or paperwork to complete. In rare cases, we'll need additional information, and a representative will contact you.

Labor Day might mean something a little different once you're retired, but that's a pretty fair trade off when you're no longer laboring. Spend a few moments considering what your hard work has earned in the form of Social Security protection for you, your family, and working people everywhere.

Learn more about Social Security at [www.socialsecurity.gov](http://www.socialsecurity.gov).

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 —Oliver Wendell Holmes

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**HUNGER ACTION MONTH** | FEEDING AMERICA

**What is Hunger Action Month?**

by Kathy Hutton, Executive Director St. Stephen's Food Bank.

Hunger Action Month (September) is the Feeding America® network's nationwide awareness campaign designed to mobilize the public to take action on the issue of hunger. The campaign brings attention to the reality of food insecurity in the United States and promotes ways for individuals across the U.S. to get involved in the movement to help end hunger. Hunger Action Day, which is the first Thursday in September, (this year it will be September 3), is a day where efforts across the country are focused for greater impact. Hunger exists in every county in the U.S., affecting 49 million Americans including 16 million children. The Feeding America network believes that hunger is solvable and we're leading the fight to end it. You can help by mobilizing your community through any of the actions below. As individuals, charities, businesses and government, we all have a role to play in getting food to our neighbors in need.

**4 KEY AREAS TO ENGAGE WITH HUNGER ACTION MONTH IN 2015**

**1. SOCIAL ACTIVATION:** take pictures of people engaging to end hunger.

**2. COMMUNITY ENGAGEMENT:** turn orange and engage.

**3. VOLUNTEER SUPPORT:** Sign up to volunteer at your local food bank or agency.

**4. ADVOCACY OUTREACH:** Invite your Member of Congress to visit a feeding program through your local food bank.

**Hunger Action Month Aspiration:** During the month of September, mobilize everyone in America to take action in the fight against domestic hunger, generating strong and sustainable issue engagement as a build-up to the key holiday time period.

**Hunger Action Day is Thursday, September 3, 2015.**

Panera Bread is helping this September by donating 20% of customer receipts, mentioning Hunger Action Month (HAM) on Thursday September 3rd to St. Stephen's Food Bank. We ask for your help September 3rd by stopping by Panera Bread for breakfast, lunch or dinner and mentioning that you want to support Hunger Action Month.

Thanks for Panera Bread and all of you for your support in helping to stop hunger in our community.

**What's it WORTH on eBay?**

EZSELLUSA specializes in selling items for clients on eBay. If you have an item and you would like to know what it is worth send digital pictures with a brief description to paulhconnor@gmail.com. We moved to 2560 Dodge Street in Dubuque, Iowa. Our new offices are over twice the size we had in our old location. Come visit, we would love to give you a tour and let us help you find out "What's it WORTH on eBay."

**Airplane Toy Memories!**

We all have our favorite memories from our childhood. Many of those memories revolve around a toy, something

that was a favorite Christmas or Birthday present. This 1941 ride-on toy was built strong and has lasted the test of time.



All children love toys that they can interact with and this ride-on airplane was a favorite of many. Over the course of a 10-day

auction on eBay, 7 unique bidders entered 9 active bids to bring the final value on this vintage airplane to \$422.00.

**DRIFTLESS FARM & FOOD WEEKEND**

**SEPTEMBER 11, 12 & 13, 2015**

Celebrate and Explore Local Food in Dubuque Driftless Farm & Food Weekend – September 11-13, 2015

The Driftless Farm and Food Weekend is three days of local foods celebration and exploration. Open to everyone in the Dubuque area, the weekend will kick off Friday, September 11 at the National Mississippi River Museum with a free screening of *Inhabit: A Permaculture Perspective*. It continues Saturday with the Third Annual Driftless Farm Crawl, and culminates Sunday with a four-course Farm to Table Dinner overlooking the Mississippi River at the historic Four Mounds.

The events are organized by a coalition of community groups including the Dubuque Rescue Mission, Four Mounds Foundation, and Dubuque County Iowa State University Extension, and funds raised through the Dinner benefit local foods programming. The Driftless Farm and Food Weekend is a fun way for area families and community members to enjoy local food and wine, and learn more about getting involved in the region's food economy and culture!

Farm to Table Dinner tickets are limited and can be reserved online at [DriftlessFarmCrawl.com](http://DriftlessFarmCrawl.com) or through Extension at (563) 583-6496. All other events and activities are free and open to everyone!

Volunteer and sponsorship opportunities are available. Please contact Local Foods Coordinator Carolyn Scherf at (563) 583-6496 or [cscherf@iastate.edu](mailto:cscherf@iastate.edu).

**WEEKEND ITINERARY**

**Friday 6:30 p.m.**

Free screening of *Inhabit: A Permaculture Perspective*

The National Mississippi River Museum and Aquarium. *Inhabit* explores environmental issues facing us today and examines solutions being applied in the Midwest using a design process called "permaculture" applied in rural, suburban, and urban landscapes. Panel discussion to follow.

**Saturday 1 – 5:00 p.m.**

**Driftless Farm Crawl**

Sites include: Park Farm Winery (Bankston), Sageville School Garden, Hellert Family Farm (Durango), Four Mounds Community Garden & Hideaway Gardens (Dubuque).

Field guide maps available at the Dubuque Food Co Op, The Foods Store, River Museum, Dubuque Visitor Center, and at all sites. Grab a map and travel by car or by bike along the Heritage Trail. Each site will feature kids activities, local food samples, demos, tours and more!

**Sunday 4:00 p.m.**

**Farm-To-Table Dinner**

Four Mounds Inn and Conference Center – 4900 Peru Road.

Four Course, family-style meal prepared by local chefs featuring the season's best ingredients, local beer by Jubeck Brewing, and wine by Park Farm Winery. All proceeds to support the growth of community food projects in the Dubuque area. Tickets are limited, and can be reserved online at [www.driftlessfarmcrawl.com](http://www.driftlessfarmcrawl.com) or by phone through the Dubuque County Extension Office for \$80.00 (563-583-6496).



**Volunteerism Revisited**

DEAR PAW'S CORNER: You recently updated readers about ways to help pets, including volunteering at shelters. Another place to volunteer is at an assisted-living, or senior-care, facility. Many residents have their pets and sometimes aren't able to exercise them enough, and they appreciate someone to take their pets on walks or to help bathe them. There is even a need of "babysitting" if the owner goes in for a procedure. — *David P., via email*

DEAR DAVID: That's a great idea! While not all assisted-living facilities permit pets, many do, since they often have residential facilities in which the residents have varying levels of independence.

Most facilities have a volunteer coordinator; if not, there's always an activities director. Contact information for a facility near you can be found on the Web or in the local phone book.

According to AARP's Create the Good organization, senior-care facilities have a great need for volunteers at many levels, from simple visits to say hello to more involved care or administrative assistance. To volunteer, you generally will need to pass a background check and follow the facility's regulations about visits and volunteer activities, including pet care. You can learn more at [www.createthegood.org](http://www.createthegood.org).

If there isn't a pet-friendly senior-care facility in your area, you still can reach out to seniors in your community. Talk to seniors that you know in the neighborhood on a regular basis to make sure things are going OK, and ask if they ever need free pet-sitting from time to time. Or, look for senior-care organizations locally and ask if their clients have pet-care needs.

Send your questions about pet care to [ask@pawscorner.com](mailto:ask@pawscorner.com).

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Tickets available now!  
**Grand Raffle Prizes**  
 Total value \$1,750  
 Drawing to be held November 8th

**Sunday, September 13**

Please join us for the annual  
**HOLY SPIRIT PARISH Festival**

bingo

**Holy Ghost Church**  
 2900 Central Avenue  
 10:30 AM to 6 PM

silent auction  
 credit cards will be accepted

chicken & ham meal with chicken prepared by Kalmes

crafts country store

pizza & hot dogs

bounce house

wheels & games

\$9 for adults  
 \$4 for kids 5-10 • under 5 free



by Healthy Exchanges

**Zucchini Ham Pasta Salad**

When the temperature and the heat index create readings of 100 in the shade, you definitely need a plan for supper that doesn't add to the problem. Bring this to the table and see if you don't become an instant hero!

- 1 1/2 cups cold cooked rotini pasta, rinsed and drained
- 1 cup chopped unpeeled zucchini
- 1 1/2 cups cherry tomatoes, halved

- 1/2 cup sliced fresh mushrooms
- 3/4 cup fat-free Ranch dressing
- 1/4 cup fat-free mayonnaise
- 1/4 cup reduced-fat Parmesan cheese
- 3/4 cup reduced-fat Cheddar cheese
- 1 1/2 cups diced 97 percent fat-free ham

1. In a large bowl, mix Ranch dressing, mayonnaise and Parmesan cheese. Add rotini pasta, zucchini, tomatoes and mushrooms. Mix well to combine. Stir in Cheddar cheese and ham.

2. Cover and refrigerate for at least 30 minutes. Gently stir again just before serving. Serves 6 (1 full cup each).

• Each serving equals: 151 calories, 3g fat, 7g protein, 24g carb., 557mg sodium, 2g fiber; Diabetic Exchanges: 1 1/2 Meat, 1 Starch, 1 Vegetable.

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**Cremer's Cooking Tips**

**Stuffed Whole Chicken Breast**

**Directions**

Thaw chicken breasts completely. Preheat oven to 350 degrees. Place chicken breasts in a casserole dish. Add 1/2 inch water to the dish. Bake for 1-1/2 to 2 hours. Serve with your favorite side dishes.

With the talk of poultry prices being so high, chicken is still a great value.

**Ingredients**

2-1/2 to 3 lb. oven ready seasoned chicken breast with Cremer's homemade stuffing

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**MAGIC MAZE** ● — LINE : SPORTS

J X U T R P M J G D A X V S Q  
 E C I V R E S T R A I N I N G  
 N K I F D U S A X V T Q E O M  
 J H F C D A O A Y W U R S P N  
 L J H E Y L F C B D B Z A X V  
 W O R H T E E R F T T E B R Q  
 O M K I H N L I H L S F D D B  
 Z Y W V T D T L F C A R R I R  
 Q O N E U L B U A D U H I L S  
 K I R H F D C O A O I O H F Z  
 X W V U S R Q F O N G M T M K

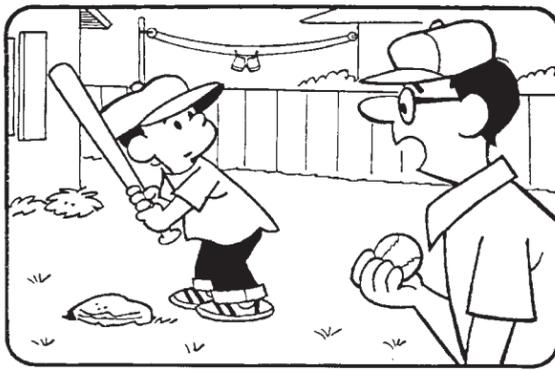
Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

- |        |            |             |            |
|--------|------------|-------------|------------|
| Alley  | First-base | Half-court  | Side       |
| Blue   | Foul       | Midfield    | Third-base |
| Center | Free-throw | Restraining | Touch      |
| End    | Goal       | Service     |            |

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**HOCUS-FOCUS**

BY HENRY BOLTIHOFF



Find at least six differences in details between panels.



Differences: 1. Bat is shorter. 2. Home plate is different. 3. Fence board is moved. 4. Clothesline is missing. 5. Glasses are missing. 6. Collar is smaller. Find Puzzles Galore! • Order at: rbmamall.com or Call: (800) 708-7311 x250

**GO FIGURE!** by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

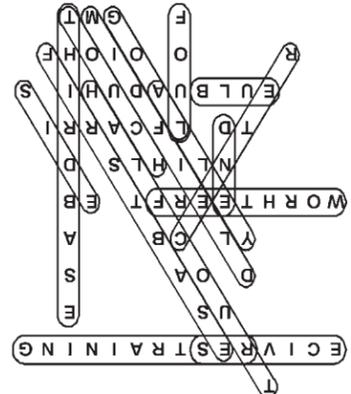
	-		x		8
+		÷		÷	
	+		-		9
÷		+		+	
	x		+		7
4		2		8	

DIFFICULTY: ★★

★ Moderate ★★ Difficult  
 ★★★ GO FIGURE!

1 2 3 4 5 6 6 7 8

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— LINE : SPORTS —

**SUDOKU Answer**

8	6	1	2	3	4	5	9	7
7	3	4	9	1	5	6	8	2
9	2	5	7	6	8	1	4	3
4	5	9	1	2	3	7	6	8
1	8	3	6	4	7	2	5	9
2	7	6	8	5	9	4	3	1
6	4	2	3	8	1	6	7	5
4	2	7	1	5	6	9	8	3
5	8	6	5	4	8	7	4	9

— King Crossword —  
 Answers

Solution time: 25 mins.

R	O	T	C	B	E	N	S	H	A	G	
A	R	E	A	I	R	A	M	Y	N	A	
N	E	A	P	J	A	R	O	M	I	T	
D	O	M	I	N	O	T	A	K	E		
		T	O	U	C	H	M	E	N	O	T
C	O	L	O	R	L	E	A	E	T	H	
E	L	U	L	B	O	X	F	A	T	E	
N	I	X	S	O	W	A	L	L	O	Y	
T	O	U	C	H	A	N	D	G	O		
R	A	Y	S	Y	E	O	M	A	N		
T	W	I	N	T	O	N	D	I	D	O	
S	H	E	D	E	N	E	E	R	O	S	
P	O	S	I	D	O	S	D	O	S	E	

**THE CASHIER**

BY RICARDO GALVÃO



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**SUDOKU**  
 by Linda Thistle

		3	2				6	
4					5	7		
	7			8				9
	3		6					2
		2	7	4		3		
8					1		5	
		1		9		5		
2					6		3	
	6		4					8

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ★★

★ Moderate ★★ Challenging  
 ★★★ HOO BOY!

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**Go Figure! answers**

8		2		4	
7	4	+	1	x	3
	+		+		÷
6	2	-	9	+	5
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8	8	x	9	-	7