



The Golden View

The Community Newspaper For Adults 55 Plus

September, 2025

Dedicated To The Young At Heart

Dubuque, Iowa

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Assisted Living Week: September 7-13 "Ageless Adventure"

by Jen Rhomberg,
Marketing Coordinator, River Bend Retirement Community



In 1995, the National Center for Assisted Living (NCAL) founded the first National Assisted Living Week. Since then it has been a special week observed annually by Assisted Living communities all over the country. It's a wonderful opportunity to spend a week focused on celebrating the residents, staff members, and volunteers. This year's theme for National Assisted Living Week (September 7-13) is "Ageless Adventure." The theme gives residents, families, communities, and staff the opportunity to reflect on how assisted living has grown and evolved. We are encouraged to enjoy the

adventure! It's also a chance to learn and listen. We can share stories and wisdom, and find inspiration in those around us. Assisted living communities like River Bend are encouraged to host various events during this special week that take time to "Inspire Generations." River Bend plans to kick off the week with a BIG party to celebrate not only the start of this special week but also to celebrate our 19th Anniversary here in Cascade! On top of that, Sunday, September 7th is National Grandparents Day! River Bend will host a free meal open to the public. We will be serving from 12 noon to 1 PM!

Assisted Living Week cont. Pg. 11

Dubuque Symphony Orchestra's Season Opens with An American Playlist October 4-5 at Five Flags Theater

by Kathleen Hoeper,
Director of Marketing and Community Relations,
Dubuque Symphony Orchestra



The Dubuque Symphony Orchestra's 2025-2026 season opener promises to be more than just a concert — it's a joyful, heartfelt tribute to the creative voices that have shaped this nation's musical identity.

The concert begins with Leonard Bernstein's *Overture to Candide*, a brilliant and high-spirited piece filled with quick wit and vibrant orchestral color. Its lively character provides an energetic opening, immediately showcasing the orchestra's dynamic range.

The program continues with Duke Ellington's 1951 tone poem *Harlem*, a richly textured musical portrait of one of New York City's most iconic neighborhoods. Ellington's composition captures the energy, complexity, and cultural depth of Harlem through bold rhythms and colorful instrumentation.

Making her debut with the DSO is Grammy Award-winning pianist Michelle Cann, who will perform Florence Price's *Piano Concerto in One Movement*. A pioneering figure in American classical music, Price was the first African American woman to achieve national recognition as a symphonic composer. Her concerto blends lyrical beauty with bold, expressive themes. Cann, known for her passionate advocacy of Price's work, is expected to deliver a performance of emotional depth and historical resonance.

The program concludes with George Gershwin's *Rhapsody in Blue*, a landmark piece that blends jazz and classical



Michelle Cann

traditions into a uniquely American sound. With its unmistakable opening clarinet glissando and sweeping piano passages, *Rhapsody* remains a favorite among audiences. Cann returns to the piano to lead this spirited finale, bringing the weekend's concerts to an exhilarating close.

Performances will be held 7:30pm Saturday, Oct. 4 and 2:00pm Sunday, Oct. 5 at Five Flags Theater, downtown Dubuque.

Tickets start at \$20 and are available through Five Flags Box Office, or dubuquesymphony.org. Purchase direct at the Box Office to avoid Ticketmaster online fees. Open Thursdays and Fridays 10am-5pm (entrance at 4th and Locust Streets) and one hour prior to performance in theater lobby. Visit DubuqueSymphony.org for more details.

This concert is made possible by the generous support of Cottingham & Butler.

Holy Spirit Parish Fall Festival Sunday, September 7

by Marlene Woller, Holy Spirit Festival Committee Member



The Annual Holy Spirit Parish Fall Festival is scheduled at the campus of Holy Ghost Church located at 2921 Central Avenue, on Sunday, September 7th — 10:30 a.m. to 4:00 p.m.

A fried chicken & ham dinner includes potatoes & gravy, corn, salads, rolls, dessert,

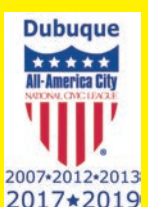
coffee, milk and water. Adults (12 & up) \$15.00, children 5-11 \$12.00 and under 5 are free. A Refreshment Stand will be available with a lighter menu. Indoor air-conditioned dining, plus outdoor tent covered dining. Carry-outs available.

The Country Store features the best pies, cakes, bars, breads, cookies, and more deliciousness from our parishioners' kitchens. Check out the fresh produce, fruits, vegetables, jewelry & unique handmade items.

The Silent Auction is bigger and better than ever. A few featured items include Iowa Hawkeye football tickets, golf

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 603 S. Second Street

PLATTEVILLE, WI
 Sept. 16 at 11 AM
 Country Inn
 630 S. Water Street

DUBUQUE, IA
 Sept. 22 at 6:30 PM
 Holiday Inn Express
 2080 Holliday Drive

DARLINGTON, WI
 Sept. 26 at 11 AM
 Johnson Public Library
 131 E. Catherine Street

MAQUOKETA, IA
 Sept. 12 at 11 AM
 AmericInn
 1910 Nairn Drive

LANCASTER, WI
 Sept. 19 at 11 AM
 Sleep Inn & Suites
 1600 S. Madison Street

GALENA, IL
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Renee Snyder
 rsnyder@mahealthcare.com



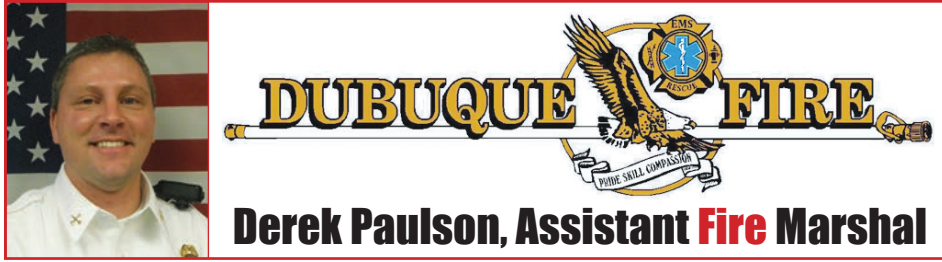
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Derek Paulson, Assistant Fire Marshal

According to AARP, about 38 % of grandparents play the role of babysitter or daycare provider. My wife and I became grandparents three years ago. We watch him on a regular basis and must remember what it was like when we were raising our children. Making sure all those things that can hurt or injure him are taken care of. Here are some safety tips you can do to help ensure safety while watching your grandchildren.

Develop an escape plan and practice it. Practice having two ways out of every room. Work with the older kids on how to unlock doors and windows in case they would have to exit through one or the other. Designate a meeting place so everyone knows where to meet in case of a fire. Make it fun and let the kids help find the best place to meet.

Make sure all medications are up high and secured so kids can't get them. Also, make sure any cleaners, chemicals or other toxic products are secured and out of reach of children. Have the Poison Control Center's number (800-222-1222) in your phone in case needed.

Make sure small items in your home are out of reach of infants and toddlers. Choking

hazards are everywhere and infants and toddlers will put anything and everything in their mouth if they can. Learn CPR and the Heimlich maneuver. If you have blinds in your home, make sure that the cords are put up and out of children's reach. According to Pediatrics, from 1990 - 2015 approximately 16,000 children in the US were treated in emergency rooms for injuries caused by window blinds.

Make sure you have working smoke alarms and carbon monoxide alarms in your home. Have a working fire extinguisher as well. Know where the fire extinguisher is and how to properly use it. Keep all things that have a flame or create a flame out of reach and out of sight.

When cooking, never leave the area while cooking. Create a safe space of at least 3 feet from stove where children can't enter. Never leave a child unattended when they are eating.

These are just a few things you can do to help ensure the safety of your grandchildren while you watch them. If you have any questions or would like further information I can be reached at 563-589-4195 or at Dpaulson@cityofdubuque.org.

HINTS FOR HOMEOWNERS

The Importance of Regular HVAC Maintenance for Home Comfort and Efficiency

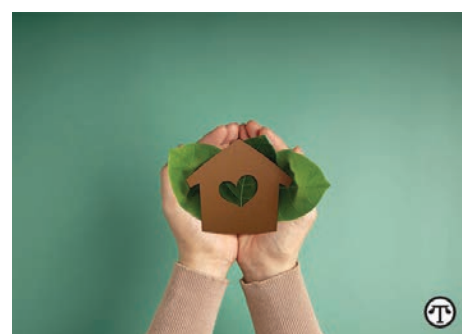
(NAPS)—Whether you're staying cool during the summer or keeping warm in the winter, your HVAC system is a year-round necessity. However, to ensure it operates efficiently and lasts for years, regular maintenance is essential. Here's a look at why HVAC system maintenance matters, the benefits it offers, and simple steps homeowners can take to keep their systems functioning properly. Clean HVAC systems save you money and energy.

Why Regular HVAC Maintenance Matters

Many homeowners take their HVAC system for granted—until something goes wrong. Routine maintenance helps prevent costly breakdowns, improves energy efficiency, and extends the lifespan of your equipment. Here's why it's crucial:

1. Improved Energy Efficiency

A well-maintained HVAC system uses less energy to heat or cool your home. When filters are clogged, ducts are dirty, or parts are worn, the



Your HVAC system plays a crucial role in maintaining a comfortable and healthy indoor environment

system must work harder, increasing energy consumption and utility bills. When cleaned, significant energy savings are seen, with reductions in fan/blower energy consumption ranging from 41% to 60%.

2. Enhanced Indoor Air Quality

Your HVAC system filters airborne particles such as dust, allergens, and pet dander. When these filters are dirty or neglected, they can reduce indoor air quality, potentially leading to respiratory issues and allergies.

HVAC Maintenance cont. Pg. 8



Sarah Boyle & Zoey Kleitsch

Celebrate Grandparents Day & our 19th Anniversary

Sunday, September 7th, 2025

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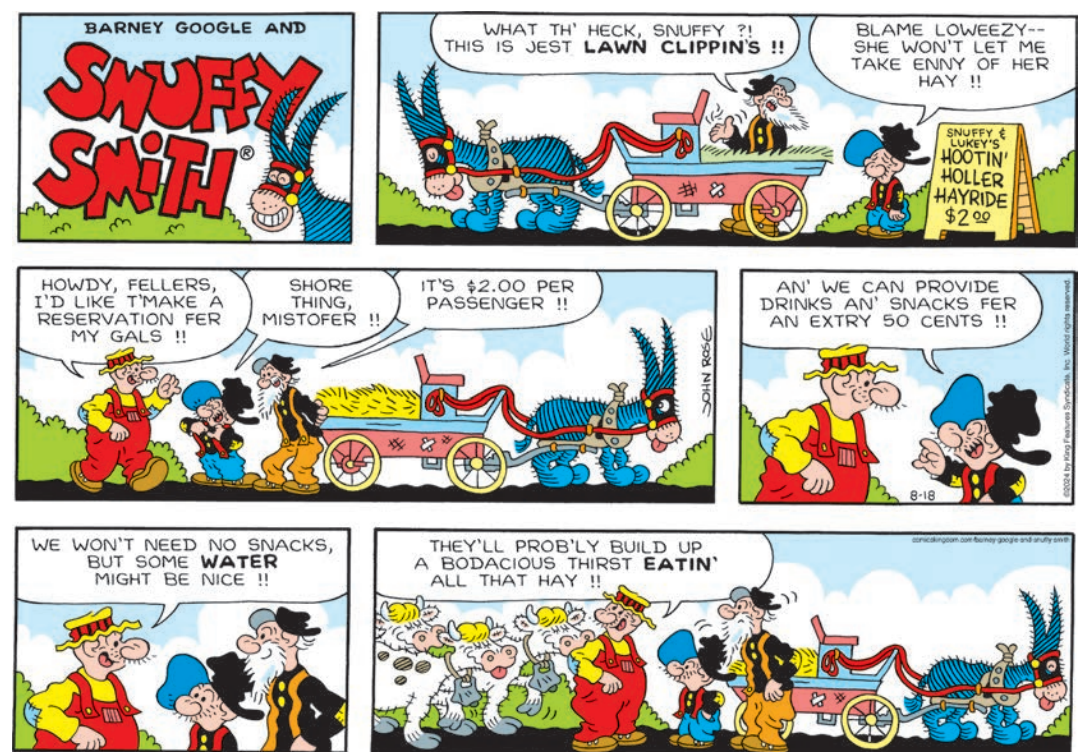
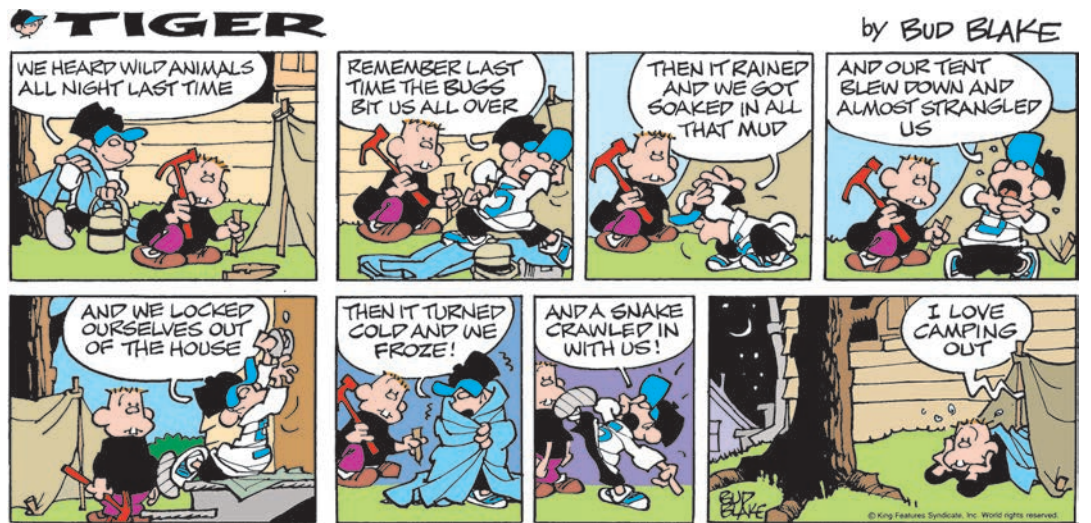
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The Golden View

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- | | | |
|----------------|--------------|------------------------|
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GO FIGURE!

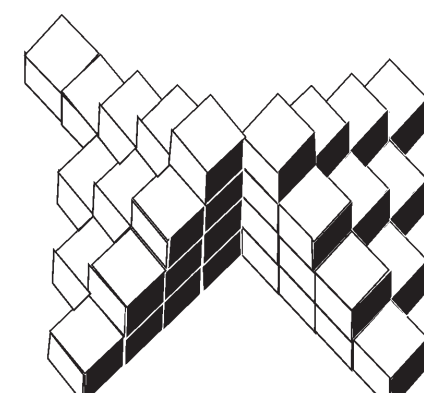
The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

	+		÷		=	5		
+		+		+				
	-		+	2	=	5		
×		÷		÷				
	+		÷		=	1		
=		=		=				
68		13		1				
1	2	3	4	5	6	7	8	9

Go Figure! Answer on Pg. 20
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STICKELERS [sic].
by Terry Stickels

How many cubes are in this stack?
Assume that each row and column runs to its completion.



Stickelers Answer on Pg. 20
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King Crossword

ACROSS

- 1 AWOL pursuers
- 4 Lab sci.
- 8 Beach crawler
- 12 Fair-hiring letters
- 13 Corporate symbol
- 14 Aware of
- 15 — pro nobis
- 16 Long-haired feline
- 18 Windshield cleaner
- 20 Hide-hair insert
- 21 Elite alternative
- 24 Bar legally
- 28 Three digits after 1
- 32 Lighten
- 33 Auction action
- 34 Tools for duels
- 36 — Na Na
- 37 Beatnik's assent
- 39 "The danger has passed"
- 41 Aquarium favorite
- 43 Morales of "Jericho"
- 44 Non-dairy milk type
- 46 Bounds
- 50 "Play it cool"

1	2	3	4	5	6	7	8	9	10	11	
12			13				14				
15			16				17				
18			19			20					
			21		22	23	24		25	26	27
28	29	30				31		32			
33			34				35		36		
37			38		39			40			
41			42		43						
			44		45		46		47	48	49
50	51	52				53	54		55		
56					57				58		
59					60				61		

- 55 Protrude
- 56 Challenge
- 57 — Domini
- 58 Whatever
- 59 Egg on
- 60 Harvest
- 61 Reuben bread
- 7 Earth circler
- 8 Sandpaper type
- 9 GOP org.
- 10 — glance
- 11 Droid
- 17 Caviar
- 19 Ecol. watchdog
- 22 Nightclub of song
- 23 "Rumour Has It" singer
- 25 Hit with a stun gun
- 26 Job-safety org.
- 27 Dessert fruit
- 28 Slightly
- 29 Go by subway
- 30 Redact
- 31 Congers
- 35 Edible mollusk
- 38 Food seller
- 40 Fib
- 42 Small battery
- 45 Despot
- 47 Slightly open
- 48 Weak
- 49 Eyelid woe
- 50 Billboards
- 51 Tube top
- 52 Capote nickname
- 53 French article
- 54 Navarro of "The View"

DOWN

- 1 Calico's call
- 2 Actress Gilpin
- 3 Ivory, for one
- 4 "The Silence of the Lambs" role
- 5 Sweetie
- 6 Custard ingredient

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Is crate training working for this hyper puppy?

DEAR PAW'S CORNER: My best friend adopted a puppy a few months ago. Training seems to be going well: "Freya" gets regular walks, and she heels pretty well and responds when called. However, my friend uses a kennel crate, and whenever Freya acts up (which is pretty normal for puppies, right?) she puts her into the crate. I don't think crates should be used as punishment. What's your advice? — *Glen in Marietta, Georgia*

DEAR GLEN: While you're correct that a crate shouldn't be used as punishment, crate training a puppy can get complicated sometimes. Those little guys are wriggly, fast and always a bit hyper. The line between "calm and relaxed" and

"zooming around your ankles" is paper-thin.

Before giving your friend advice about how to crate her dog, ask a tactful question or two. Like, "How do you know when it's time for Freya to go into her crate?" or, "Freya is so good at going into the crate on command. How did you accomplish that?" Owners are often willing to reply in detail about their training method, especially when it's working well.

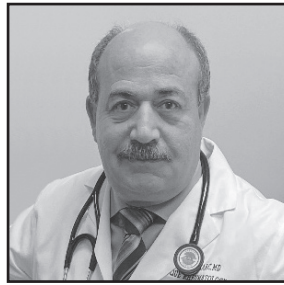
Signs that it's not going well are when both owner and pet seem stressed near the crate; when the dog is deeply reluctant to enter the crate, or even fearful. If the owner is yelling or yanking the dog's leash or collar, that's not a good sign; there's a bigger issue than the crate happening.

Ideally, both owner and dog should be relaxed, calm and happy around the crate. That's a huge help in crate training, because Freya will associate the crate with those emotions (and treats). You could point your friend to the AKC's page on crate training: www.akc.org/expert-advice/training/how-to-crate-train-your-dog-in-9-easy-steps.

Send your tips, comments or questions to ask@pawscorner.com.
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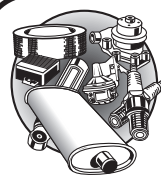
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COME CHAT with ME
by S. E. Persinger



My family moved from Minneapolis, Minnesota, to Wichita, Kansas, when I was fifteen years old. It was a big change for us. Wichita had grown from an old Cowtown to a big city in just a short time. The city was full of new office buildings and other facilities of a booming town. But I had expected an old fashion cowboy town. I had heard of many towns having a Court House built right in the middle of town. And then stores were built around the building creating a Town Square city. This wasn't what I saw in Wichita. But after living there for awhile a friend mentioned that across the border in Oklahoma and Missouri there were still some Old Town Squares. This interested me.

I'm going to bring this fact into my column because it goes with the subject of people and communication. Recently I read in a couple magazines that some dying small towns have reactivated their store ideas to attract people to move to their town. The magazines are Reader's Digest, and The Saturday Evening Post. I think such articles are of interest to people looking for a community minded atmosphere. In these articles that I read it seemed people are starved for the old fashion people to people conversation. And if a town wanted to stimulate a causal conversation with an out of a town visitor what better way


to become acquainted with a person then to invite them into a store set up to welcome out of town visitors.

I guess I have wandered off the path somewhat so now I will back tract to when I moved to Wichita. As I became friends with more people my age someone would ask me if I would like to go to a relative's home for a weekend trip. My first trip was across the border to a family farm in Oklahoma. The family always went to town on Saturday night. The Town Square was a busy place because a lot of farmers came to town for business and also to relax and have some fun. I loved it and never forgot the experience of the Town Square shopping. Once when I went to Missouri with a family, we attended a Town Square dance and that was a lot of fun. Every time I went on a Town Square shopping spree I went home with a ton of family gifts. Each shop I visited had a unique item to buy. A lot of time their products were homemade and this way I could buy something for an individual that had everything, so my gift was something different.

I loved all the Town Square visits I experience but it came to an end when my family moved to Davenport, Iowa. It was so different from Wichita. There were so many old buildings because the town had been around for a long, long time. And yet just the other day a friend said that she knows there are some Town Square areas in Iowa and Illinois, she has visited them. Maybe I will look into this and plan a trip down memory lane. Come join me.

WHY NONVIOLENCE? A QUESTION FOR THE CHURCH IN CHALLENGING TIMES

Tuesday, September 23, 7:00 - 8:30 pm




Marie Dennis will provide an update on the efforts of the Catholic Nonviolence Initiative to move nonviolence to the center of Catholic Church teaching and practice, through dialogue, education, and advocacy at the Vatican and in local communities around the world.

Attend this important conversation in-person or via Zoom.

Free-will donation; please RSVP noon CT on Tuesday, September 23.

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An Uplifting Moment
with Rev. David J. Claassen
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The Blessing of Multiple Generations

Our air conditioner's drain line was clogged. I was having trouble figuring out how to fix the problem and informed our son, Dan. He came over later that day, did some AC sleuthing, and fixed the problem. I told him, "I would have never figured out how to fix it."

While he was working on the issue, I was his able (hopefully able) assistant. What struck me was how time turns the tables on a relationship. Years ago, when Dan was Danny and a little boy, I'd ask him to assist me. Now I was assisting him as he helped take care of me and my AC issue. My experience of our relationship at that moment was profoundly meaningful and beautiful. I shared my thoughts and feelings with him. He agreed, happy to help his dear ol' dad.

Now in my mid-70s, my memory spans the generations. I remember as a boy helping my farmer dad. Then I grew up, and my son helped me. My father became an old man, and I remember helping him and Mom by trimming their bushes, Dad assisting me by getting me the right tools and helping me in other ways with the project.

Now my son was taking care of me with my AC issue, and I was assisting him. Life may be linear, always moving forward, but it's also the circle of life.

Much of God's calling for us in life has to do with dealing in a God-pleasing way with the generations(s) younger than us and the generation(s) older than us. Even if we no longer have parents or never had children, there are still those within our sphere of influence of different generations, for whom we can be a blessing and who can be a blessing to us.

Let's not believe the lie that a person of a younger generation or a person of an older generation can't gain something from us giving them kind attention. Those of us who are of the older generation need to be intentional about relating to those younger than us. Yes, we with gray hair can relate, if we so choose, to the younger generation with their dyed blue, green, or whatever color hair. And, yes, those of a younger generation can add meaning and enjoyment to those who are older, even much older. We need each other!


Our time here on earth is limited to the time span of our generation. But our positive influence can span the generations, blessings that can pass from one generation to another. Helping my son Dan while he helped me reminded me of this.

"I will sing of the Lord's great love forever; with my mouth I will make your faithfulness known through all generations" (Psalm 89:1).


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THE ILLUSTRATED BIBLE



The Lord created me at the beginning of His way, before His works of old. From eternity I was established, from the beginning, from the earliest times of the earth. When there were no ocean depths, I was born, when there were no springs abounding with water. Before the mountains were settled, before the hills, I was born...

PROVERBS 8:22-25

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BIBLE TRIVIA
by Wilson Casey

1. Is the book of 1 Thessalonians (KJV) in the Old or New Testament or neither?
2. From Genesis 38, who was the first individual killed by God for being wicked? *Cain, Er, Onan, Gomorrah*
3. How long had the woman been sick that touched the hem of Jesus' garment? *1 month, 6*

4. From 1 Kings 6, who constructed the first altar covered with gold? *Gideon, Josiah, Noah, Solomon*
5. How often does the Year of Jubilee come around, once every how many years? *5, 25, 50, 75*
6. Which king ordered Daniel into the lion's den? *Darius, Eglon, Herod, Caesar*

ANSWERS

1) New, 2) Er, 3) 12 years, 4) Solomon, 5) 50, 6) Darius.
Hardcore trivia fan? Visit Wilson Casey's subscriber site at www.patreon.com/triviaguy.
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Food Safety Tips

September is **Food Safety Education Month**. Use the following tips to keep your food safe.

- Separate meat, poultry, and seafood from other foods in the grocery cart and refrigerator.
- Raw chicken does not need to be washed in either water or vinegar before cooking. It is ready to cook. Washing raw poultry can splash germs around the sink and kitchen.
- Use separate cutting boards and knives for raw meat, poultry, and seafood. Use a different cutting board for bread, vegetables, and fruits.
- If you only have one cutting board, cut produce, bread, and other ready-to-eat foods first, then wash the cutting board with soap and hot water before cutting raw meat, poultry, or seafood. The cutting board should always be washed with soap and hot water between each different food item. Wash your hands after handling raw meat, poultry, seafood, or eggs.

- Wash utensils, cutting boards, and countertops with soap and hot water after preparing meat, poultry, seafood, or eggs.

- Use separate plates and utensils for raw meat, poultry, and seafood as well as cooked meat, poultry, and seafood.

- Cook food to the proper temperature. Use a thermometer to check the internal temperature of food.

- Thaw food in the refrigerator, in cold water (use waterproof bags and change water every 30 minutes), in the microwave (cook immediately), or cook frozen food (add additional cooking time).

For more information on food safety, contact **AnswerLine** call 1-800-262-3804, Monday-Friday from 9 am-noon and 1-4 pm. Or visit the website at www.extension.iastate.edu/families/answerline

Source: Adapted from PM2099, *Words on Wellness (WOW) Newsletter*, September 2023, Iowa State University Extension and Outreach.

YESTERDAY AND TODAY

BY MICHAEL GIBSON



The 600 block on Iowa Street looking north in the 1960s. Bird Chevrolet once was located on the corner and the Interstate Finance Corporation in the middle of the block. Note that Iowa Street was one-way at this time. (Courtesy of the Loras College Center for Dubuque History, OHE p.83 Frank Hickey Neg. No. 23).

Yesterday & Today cont. Pg. 9

HVAV Maintenance from Pg. 3

The American Lung Association states, "Properly maintaining your HVAC or central air system and upgrading your HVAC filters can improve your home's air quality."

3. Extended Equipment Lifespan

Just like a car, your HVAC system requires regular tune-ups to function properly. Preventive maintenance helps identify and resolve minor issues before they escalate into major, costly repairs or system failures. According to a study by the National Air Duct Cleaners Association (NADCA), "cleaned HVAC systems show decreased dependence on backup equipment, implying possible cost savings in longer-term operational and maintenance expenses."

4. Reduced Risk of Breakdowns

No one wants their air conditioner to fail during a heatwave or their furnace to stop working in the middle of winter. Routine maintenance reduces

the likelihood of unexpected breakdowns, ensuring your home remains comfortable year-round.

5. Cost Savings

Investing in maintenance is much cheaper than dealing with emergency repairs or premature HVAC replacements. Many manufacturers also require routine servicing to maintain warranty coverage.

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NADCA sets the industry standard for air duct cleaning, ensuring that professionals follow strict guidelines for thorough and effective cleaning. They use specialized tools and techniques to properly clean and remove contaminants. You get high-quality service backed by industry standards. Regular duct cleaning not only improves indoor air quality but also enhances the efficiency and longevity of your HVAC system. You can find a certified professional at NADCA.com, and learn more at breathingclean.com.

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Yesterday & Today from Pg. 8

Michael Gibson has decided to take a hiatus from the Yesterday and Today feature. He has given permission to recycle previously published photos and captions for your enjoyment.



By 1969 urban renewal leveled the entire block. New buildings and businesses appeared as did a center median in the street and two-way traffic was restored. By 1972 Goodyear Service Center occupied the new building on the corner and the following year McDonald's built a fast food eating place. A number of businesses occupied the corner building after Goodyear left including Budde's Bar & Grill, Bio-Life Plasma, and most recently Anytime Fitness. (Photo by Terry Grant).



A Virtual Second Opinion Can Be A First-Rate Option

(NAPS)—A little research led to a big relief for one 70-year-old and his family—and it could help you or someone you care about as well.

One Man's Story

His physicians told Mike Pressler he needed major surgery to remove an advanced recurrent polyp—a procedure that would leave him with an ostomy bag and threaten his active lifestyle.

As a gym-going, golf-playing 70-year-old retired school administrator who walks regularly and enjoys traveling with his wife, Kathy, Pressler was terrified.

"I was researching hard, trying to figure out any way I could get out of this," he said.

The Problem

The polyp was non-cancerous, but the cauterization from a previous polyp removal was creating issues.

An Answer

He remembered a friend's positive experience at Cleveland Clinic, which Pressler noted as having a "stellar reputation." That led him to seek a virtual second opinion, which he learned he could obtain without leaving his home, through The Clinic by Cleveland Clinic.

Pressler signed up online and was impressed by the virtual second opinion program. They pulled, collected and compiled his medical records on his behalf, saving him time and effort. Soon after, the care team matched Pressler with Dr. David



Mike Pressler worried he would lose the active lifestyle he enjoys with his wife, Kathy, when he was told he needed an ostomy bag. A virtual second opinion would make all the difference

Liska, Chair of the Department of Colorectal Surgery at the Cleveland Clinic, who then consulted with Dr. I. Emre Gorgun, a top robotic surgery specialist. Dr. Gorgun was confident he could remove the polyp without Pressler needing an ostomy.

Within just 10 days of starting the second opinion process, Pressler was scheduled for a new, less invasive procedure. That's a common occurrence with this program, where 67% of virtual second opinions recommend a diagnosis or treatment plan change.

Before the surgery, there was one potential hiccup. Radiology at Cleveland Clinic reviewed his existing MRI and CAT scan, and they were concerned there

Second Opinion cont. Pg. 10

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Contract Bridge

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North dealer.

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NORTH

♠ A K Q
 ♥ J 7 2
 ♦ A 8 7 5
 ♣ 9 8 3

WEST

♠ 9 7 4 2
 ♥ A K
 ♦ J 10 9 6
 ♣ Q 10 5

EAST

♠ J 10 8 5
 ♥ 6 4 3
 ♦ 4 3
 ♣ K 7 4 2

SOUTH

♠ 6 3
 ♥ Q 10 9 8 5
 ♦ K Q 2
 ♣ A J 6

The bidding:

North	East	South	West
1♦	Pass	1♥	Pass
1NT	Pass	3♦	Pass
3♥	Pass	4♥	

Opening lead — jack of diamonds.

To guess right consistently is the mark of a fine player, but most of the good guesses you hear about are based much more on logic than on a so-called sixth sense. Consider this case where South must guess right at the critical point to make his four-heart contract.

West leads the jack of diamonds, won by declarer with the king. There is no good reason to postpone drawing trump, so South leads the heart ten, taken by West with the king. West returns the ten of diamonds, won by the queen, and South leads

another trump to West's ace.

West continues with still another diamond, the six, and South is confronted with the problem of whether to play dummy's ace or eight. If he plays the ace, he goes down; if he plays the eight, he makes the contract.

Actually, the right play is not really a guess. Declarer must play the eight, not because he can be sure that West started with the J-10-9-6 rather than the J-10-6, but because the eight play guarantees the contract, while the ace play jeopardizes it.

What can happen if the eight loses to the nine? Certainly nothing bad, since declarer is then assured of taking the rest of the tricks, discarding his two club losers on the ace of diamonds and queen of spades after extracting the last trump. And if East ruffs the eight, as in the actual deal, South still has the two club discards.

But if South puts up the ace instead of playing the eight, he courts disaster if East ruffs the ace. Declarer then cannot avoid losing a club trick later and so goes down one. You could say that playing the eight is a good guess, but it would be more accurate to call it a highly educated guess.

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by Steve Becker

Second Opinion from Pg. 9

might be cancer after all, which prompted a sigmoidoscopy and biopsy to make sure.

"Dr. Liska calls me and says, 'We've got to take a time out here.' Now I'm kind of bummed again," Pressler said.

The biopsy would prove to be a temporary roadblock and came back as non-cancerous. The surgery proceeded as planned and Pressler is back to working out, playing golf and traveling with his wife.

"The whole experience was totally positive from start to finish," Pressler said. "From the intake nurse to the doctors and people behind the desks on the first floor. They are all exceptional in my experience."

Why Get A Virtual Second Opinion

67% of virtual second opinions recommend a diagnosis or treatment plan change. You may benefit from a second opinion if you:

- Have been diagnosed with a serious or rare health condition (a diagnosis is required for a second opinion).

- Have a condition that is not improving or is getting worse despite treatment.

- Have been told a health condition is not treatable. • Are considering a treatment that

involves significant risks, such as surgery.

- Need guidance choosing from multiple treatment options.
- Want confirmation about a diagnosis or treatment.

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Step 2: Records Collection and Expedited Matching. The Clinic does all the work of collecting your medical records, then matches you with a Cleveland Clinic Specialist in just a few days.

Step 3: Expert Second Opinion. Following an optional virtual visit with the Cleveland Clinic physician, your second opinion will be delivered via a written report.



Pressler urges other patients to visit The Clinic by Cleveland Clinic at www.clinicbyclevelandclinic.com/lp/vso/

and tap into Cleveland Clinic's specialized expertise. Those who use promo code **2NDLOOK15** can get a discount on their virtual second opinion.